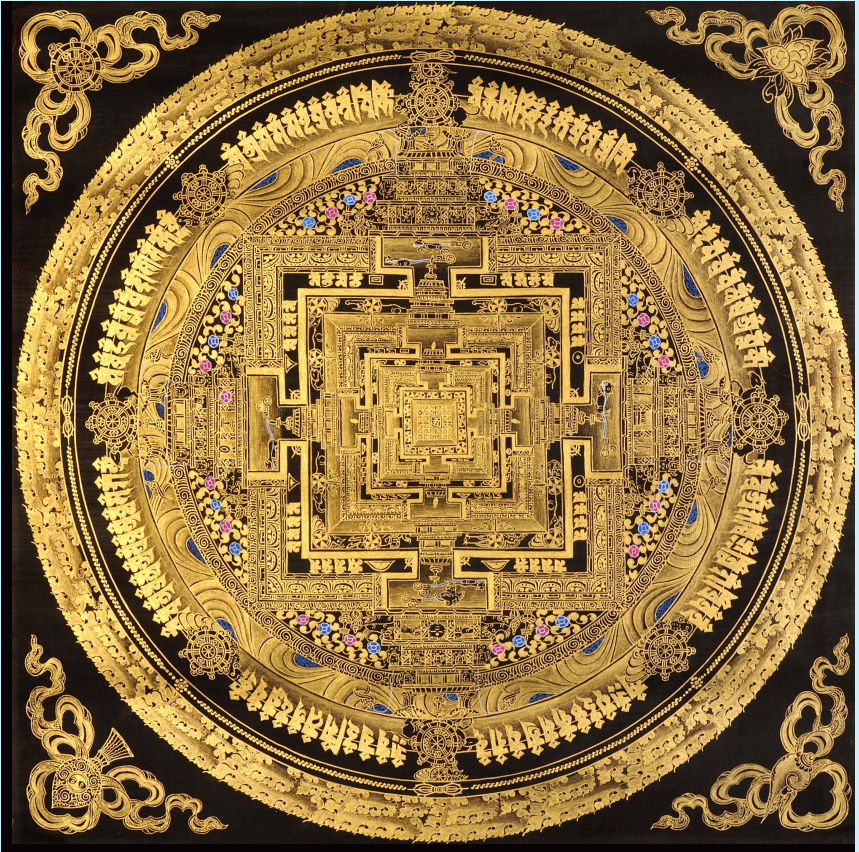


Esoteric Reflections: A Group Consciousness



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Esoteric Reflections

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Cover is the Kalachakra mandala



The following pages primarily consist of thoughts shared in an esoteric spiritual group I participated in during 2017.

We cannot know, be or create without relationship.

Esoteric Reflections

Our present civilization:

The cultivation of the concrete mind for the purposes of the separative ego is primary in our present civilization. For disciples, the mind must be the servant and instrument of the heart or buddhic consciousness as that is purposed by the spirit or atma.

The Master in the heart:

One thing I noticed when the Master came into the group is that His Heart replaced or superseded our heart. By recognizing and maintaining this identification and giving mental form to the involved inspiration, we may consciously become an extension and servant of the Hierarchy and the fifth kingdom.

The need to maintain awareness of inner presence:

I notice an increasing need - and ability - to maintain a detachment from normal ego identification during the week and to stay centered in the awareness of inner presence. The experience of being in the world becomes a more bifurcated experience of being in the outer world as it is imbued by the inner. My mind races ahead of itself in trying to visualize how the reality of soul and spirit can be made more real to the average person and suffering humanity. I am praying and trusting that this energy and presence - that is already within all - will indicate a way. I also feel that sharing is strengthening, and encouraging.

Thoughts on meditation:

I feel that the specific thoughts and images to visualize in meditation, act to align our consciousness so that Hierarchical energy may be poured in and be contained. This energy that connects to the soul level is really what we want. This energy that allows us to experience our oneness and shared consciousness as a group, can also be experienced in others as well, although they might not be aware of it. Our words - those given us to share - can evoke that awareness, however, as an experience of awakening to oneself. What is required

of us is merely to wait in the stillness and silence of the heart consciousness and then share what we are given to share. Thought serves as a bridge that connects us to the one self that is within all in the moment. Just as now, we are using thoughts in the mind to connect outwardly to realize that we are already connected - and one - inwardly. It's a wonderful feeling to share this experience of a shared life and consciousness. Once we have firmly established the chalice of the one heart, more light can be poured in by Hierarchy, overflowing - and awakening.

I get a sense that as the group heart cave awareness/experience becomes more pronounced or intensified, that we shall be able to live in that space throughout the day. The cave, as an antechamber to the Hierarchy, will expand to include whoever we may encounter, who will be in the cave with us, although not consciously. However, we may be able to open to and express the spirit which can awaken them to the reality of living as conscious souls as we are becoming.

I thought it might be useful to analyze the components of the Group mediation with preparation, to better see what it's about - which as I see it entail:

1. *Purpose*: To facilitate the externalization of the Hierarchy into human consciousness.
2. *Consciousness*: To maintain a heart infused group consciousness in the etheric cave center. To live in this space, outside the ego mind.
3. *Mind*: To visualize our etheric landscape as an invocative field of relationship between the group and the Hierarchy, while in the world. Our efforts elicit a response to the need of the moment.
4. *Expression*: Utilizing inner listening and creative thought, to express what we are given to express from our alignment with spirit, that will realize the Plan. As we give, we are given more.

I think, on reflection, that the key experiential component of the Group meditation is experiencing the Master's presence or aura? in the group's consciousness. This energy provides a bridge inward to Hierarchy, that we must embody and express to extend that bridge outwardly to humanity. A challenge is not taking it personally or interpreting it as an ego goal for the ego likes to make everything about it, when really, we can't extend the bridge without letting the ego go. The personal burning ground then, to me, involves the

process of dis-identification with the ego and the thoughts, emotions, desires and attachments that characterize it while opening to and staying centered in what is already there within the group consciousness. So that no matter where we are, be it walking down the street or having lunch, we are living from an at-one-ment with a higher level of soul infused consciousness. And are thus able to charge our spiritual idealism with an authentic spiritual beingness. Let us give thanks for the ever present love that connects us and for being able to move beyond the ego's experience of lack so that we may experience the soul's fullness moment to moment.

The group meditation:

After meditating on a new seed thought I have some ideas about a bridge to humanity.

(First of all I realized that awareness is like a search light that lights up what it is focused on.)

1. From our group soul focus, we publicly affirm the widely acknowledged fact of the new energies infusing the planet, causing changes and destruction but also awakening and lifting people to new potentials of being. [New spiritual energy]
2. We affirm our increased capacity to free ourselves from the separative conditioned identities of the ego and open to the oneness of soul life, that we as a group are beginning to experience. (This is not about merging egos but rather opening to a level of oneness that is already there on the soul level.) [New soul potential]
3. We articulate, from the soul focus, the attractive vision of life free from fear, lack, attack and separation (the present ego matrix civilization) and living instead in love, trust, joy and sharing (the lighted reality of the soul). This will be a world where each is encouraged to develop and express the divine potentials inherent in all life in the ever new moment. We might articulate a vision of what that would look like in the various areas of society. [New world vision]
4. We affirm and evoke those spiritual Ones Who have fully realized the potentials of the One Life we are opening to, Who are coming to show humanity how to fully live and be as One. These Masters have been already guiding humanity covertly, but are now emerging into public view as part of the Divine Plan. [New divine empowerment]

5. We prepare for Their inspiration and activation that we will express, demonstrate and live that will make these ideas living truths. [New realized life]

Love provides the motive force, the means and the goal. Love overcomes all resistance, beautifies and ennobles. Heading the call of love for suffering humanity and the planet, we invoke the Angels and the sacred call of the divine destiny of earth. If we have one prayer let it be that we may give ourselves over to the love which would transfigure us.

In the group meditation, after the etheric place of meditative focus is established (the preparation) the two initial seed thoughts relate to the first two stanzas of the Great Invocation: the heart/love/Self consciousness and light/the illumined mind. The latter is the instrument of the Self to carry out the will or Plan of the Logos that the Hierarchy is channeling. In our case the mind serves as the bridge to share awareness that we - all humanity - are really joined in the oneness of the soul. Everything we are saying now is an endeavor of love to reconnect, unify and realize our intrinsic oneness. We are all part of the same consciousness, that will express differently through our differing personalities. As I visualize it, when I look up through the crown chakra I see a point of light that gets larger as I focus on it and which is a portal for the spiritual light which we use to formulate the awareness of consciousness in the moment. And as the moment is always new, the light is always moving and lighting up more.

When I first did the love meditation I experienced an immediate flow of tears. I was endeavoring to visualize a male figure and only later realized that it was Her. She is, honestly, more accessible than Christ Who is experienced more at a distance. She is as close as thought, as near as the heart and Her energy and Presence has already graced the group.

The brain is the past...

In the Agni Yoga teaching somewhere there is a quote that says, 'the brain is the past, the heart is the future'. I believe this means that we must shift our identity from the ego, confined by the conditioning from the past, to the soul consciousness as that is found in the love imbued conscious space outside the ego. It's as if we suddenly

realized that the space around us actually had a consciousness that we could learn to listen to and even identify with. This is the energy of the 'cave center' which is everywhere and nowhere and is the threshold where the soul and personality meet on the physical. This is the space within us all where we may learn to live from, and give expression to - the light and love that are experienced here. In freeing mankind from its suffering, it's essential to realize that we are more than human - by stepping into the space where we may meet our divine destiny.

The Earth:

Earth has been a burning ground for humanity, forging a new synthesis of the ego in the fires of dualism. However, now it's time to shift our identity to the soul who may use its instrument to redeem humanity and nature - allowing the Logos to directly reach the lowest outer level.

I like the image of being under a vast sky dome like a cathedral. We might visualize this as a hallowed space where once an hour is heard a great bell reverberating through the ethers that the angel sounds. And as we get closer to the Day of Revelation, it is sounded on the half hour telling us to make straight the way, Christ is coming!

I believe, as soul energies are increased, that it should be easier to maintain our polarization in light and love. Particularly if we realize that this is an actual place where we may focus our awareness and live from. However, it is a step out of the comfortable known world of the persona/ego. I got the image of a lighted ship carrying us across the unknown to the shores of the fifth kingdom. We've all studied the maps, but the journey is made now in one's actual experience.

Having tinnitus and thus hearing a continual ringing, I decided that I would focus on the Silence. It was revelatory and immediately brought to my awareness the empty space of consciousness that holds everything within it. This highlights the bifurcation of experience with the ego and the data of the five senses in the foreground, and the soul as the silent witness in the background. And makes it easier for me to shift my identity to the soul.

We are all fluctuating back and forth between the ego and the soul at the moment until eventually we may stay polarized in the soul. I'm

also trying to limit what I say to what I am experiencing in the group 'cave', rather than what I may think in my ego mind using ideas I have accumulated. And just as we have a hard time seeing much when we first enter a cave, it takes a bit of time until ones senses become accustomed and things come into view. We may help each other by pointing out qualities, impressions, ideas, yearnings and intuitions as they impinge on our subjective awareness. We know the purpose of our group experience conceptually, in the abstract. But I won't be satisfied until the oneness I seek with the larger encompassing life, is fully realized. I guess this implies that I still feel separate from what I want. Something seems missing. I'm in the ego now, obviously. Reminding myself of Christ's love definitely helps. In fact, as I meditate on it, the Master's energy in the group can be interpreted, as the awareness of the coming of ones Self to the ego. And if we can be our Self, we may then establish an outpost of Hierarchy.

I am a proponent of the endeavor to maintain a soul focus. I have had a lifelong interest in understanding what life is all about that resulted in a spiritual path through Buddhism, Theosophy and more recent Hierarchical Teaching. However, I realized at one point that I am not so interested in talking about the ideas, as embodying them. In particular I would like to realize a fulfillment of love by experiencing oneness and by doing so, know how to speak to others so they might also remember who they really are. I am very excited about the spiritual potential of the moment.

In my understanding, the burning ground is related to our innate identification with the ego/dweller as our spirit arises through the matter of form, overcoming its resistance. The blockages are the attachments of idea, emotion, body and routine that cause pain and suffering as we liberate ourselves from our imprisonment. We must realize that we are not 'it', and let it be through a love that allows and accepts, but which lets go from everything except the spirit of life.

Our first task is to hold the connection (within in the cave). Our second implicit task is to shift our identity to the space (which is the group consciousness) that is within the cave. Our third task is to evoke the Hierarchy to infuse this space (crown chakra).

As the heart chakra has twelve petals, and the Hierarchy is the heart center of the planet, the twelve are an important correspondence. As

the heart embodies love, it is only fitting that the first Being sent to greet us (in the meditation) is the Holy Mother whose perfect embodiment of love may bring us to the feet of Christ, the embodiment of the consciousness of the Logos.

As a therapist I have endeavored to maintain a group/soul consciousness with clients, by seeing the ego/ persona of the other as a vehicle for the same shared being - and this can create a shift if the other is open to it. Just using the term 'shift' helps me to realize what our upcoming planetary shift entails - collectively being able to shift out of our circumscribed ego identity to embrace the larger interconnected living soul life we really are.

Astrology and Rayology:

It seems that most of us are familiar with our ray and astrological conditioning. For those who aren't there are online resources to help gain that information. www.astro.com provides free astrological calculations and simple interpretations if you know your date, time and place of birth. Determining the Ascendent/ Rising sign is important as DK states that this indicates the soul influence, the future and the integrating factor in the chart. The Sun sign represents the present and the conscious ego, and the Moon the past and the subconscious. Bruce Lyon, who has had a connection with DK, says the sign opposite the Sun sign is connected to the monad.

www.pipiionline.com is one self assessment tool to help determine one's Ray influences. The seven rays, expounded on by DK, are channelled by specific astrological constellations, so one might think that one's soul or personality rays would be related to rays channelled by those rays associated by one's Ascendent or Sun sign - but it has not worked out that way in our group as most feel they have a 2nd ray soul, for example. Perhaps prominent planets might also be influential or the fact in our 2nd ray solar system, all rays are sub rays of the 2nd ray of Love-Wisdom.

It's interesting that, Scorpio - the sign of the battling disciple and nominally channeling the 4th ray. Gemini is also highly represented - the constellation channeling the 2nd ray to the solar system, as I recall.

The group astrology chart:

First, both consciously (sun) and subconsciously (moon) we are the battling disciple, (Scorpio) who is focused on Aquarian humanitarian concerns (11th house). We are moving to integrate our visionary intuitive nature and become the one pointed disciple (Sagittarius rising). Our purpose in the world (midheaven) exalts love and service (Virgo - the Divine Virgin Mother Who holds the seed of Christ within Her). I think it particularly appropriate that the Holy Mother should be exalted, for the Aquarian age will be the age of woman, as Master M says, when the equality of the feminine principle is honored, Her unflinching work recognized and She emerges from behind Her veil to welcome us into Life.

On reflection, the energy turning back from head to heart, is a beautiful metaphor on the need for service. I was likewise thinking of our Scorpio sun, battling until victorious, and mounting his Sagittarius horse, hastening toward the mountain of initiation in the distance. He also needs to stay his haste to help those along the way. The cross is the symbol for earth, not just Christianity.

The coming Planetary Shift:

Gordon Davidson says (from his Master in meditation) the 'Day of Revelation' for the planet is coming soon. This will be the initiation of the earth as a sacred planet and involve a cosmic influx of energy that will totally change our experience of life and begin the New Millennium. It will also involve the 'judgement of God' and the removal of those whose negativity, materialism and selfishness have hampered the evolution of the earth. This influx of energy seems directly related to what we have been told to prepare for.

The perfection of events in the world:

I think it's important to remember and affirm that everything is unfolding in perfect divine order. It's a remarkable testament to democracy that Trump could win although opposed by nearly the entire establishment. This is a manifestation of the spirit moving in the world that would break through the encrusted system and status quo. The Democrats didn't really incorporate the progressive momentum of the Sanders movement and paid the price for that. We have the choice to see everything from the positive perspective that is actually the deepest truth. Certainly with the dark cabal controlling

Republicans politically in charge of the US now, it will be more difficult to integrate the Light and make the needed changes politically and economically at the Planetary Shift. However, our responsibility is to maintain our focus in the group cave/tent and to align with and channel the Forces of Light. The Planetary Birth will happen, whether easy or hard.

Staying at one:

I think it is helpful to imagine that no matter where we go, we may choose to be within the etheric, energy space/cave of the group consciousness. Although this space is imbued with mind, so that we may formulate thought, it is outside our ego mind with its thoughts. This space is also imbued with love, a feeling of connection and oneness that binds us together as integral aspects of a shared life. With every breath we breathe, we may inhale the elixir of life and the fragrance of the blessed presence that descends from above/within, providing our purpose, direction and connection to the One Life.

I have a sense that as we more fully live here, at a certain point our perception will flip, and the world which now seems the most real, will be realized to be contained within this holy space and moment. It will merely provide a screen on which the light and love may be expressed in accordance with divine purpose. Just as we are communing in virtual space and connected in etheric space, we may also visualize our connection with the inner space of the Hierarchy, by intention and the Light inherent in our group consciousness.

"So it will be in the new world, where physical movement is no longer needed but only the visualization of what is sought and the appropriate shift of frequencies. By forming a thought-picture of the goal one's consciousness will 'arrive' at that person, place or event. If this seems too far-fetched to imagine, consider the way that the Internet allows you to bring up an image of anything you choose to search for.... For all intents and purposes human communities have been transposed from geographical locations to 'locations' beyond time and space, by means of electronic impulses flowing through the ethers. From there it should not require a great leap of the creative imagination to envision the etheric realm as a sea of energy where the machinery will be unnecessary. The principle of free choice has been established. A person who turns on a computer can 'go' any place in this world instantly simply by thinking the idea of that place

or event. One of the principles underlying the next period of evolutionary growth will be access to any attainable layer of existence by conscious choice and intention, and by resonance."

Agni Yoga:

Agni Yoga has been mentioned by some in our group. The essence of this first ray Teaching, as I experience it, is the beauty of life consecrated to the ascending fire of spirit, toward the blissful embrace of Infinite Life. "Christ, Buddha and Their closest coworkers did not use magic formula, but acted in full blending with the spirit ... which is needed for the regeneration of the world." As Christ said, those born of spirit are moved as by the wind (which is a metaphor for the Holy Spirit). (The complete freedom from imposing ideas, rules or ritual is a defining Sirian characteristic.) One relevance for us is the need to abstract ourselves from the ego mind in order to really shift to the energy of the soul and be able to co-create from the transcendent perspective of a new mind.

As I see it, we are moving from a third dimensional separate material identity - the ego with our personal conditioned history. To a fourth dimensional subtle interconnected etheric consciousness that is soul infused. From there we may evoke a fiery fifth dimensional down-flow and establish a conscious Hierarchical connection. I feel that the latter requires a consecrated spirit, love and an intention to serve the greater good, and the ability to use the mind to co-create with the Hierarchy.

Sharing prayers:

A way to deepen connection with others would be to share our prayers. This expression of intimacy can be helpful. My prayer of the moment is: "Lord, help me to cognize and do Your Will for me, that I may serve Your Plan for humanity and the planet."

Space-Time:

As I recall, DK has said that time, which only exists during manifestation, is equivalent with movement (conscious evolution - 2nd Logos) through space (intelligent substance - 3rd Logos) which is impelled by spiritual purpose (1st Logos). That's why our Planetary Logos - and our Self - are already perfect inwardly outside of time -

(and we can connect with that level in meditation) it's just a matter of expressing or realizing it consciously in time/substance. So we don't have to 'make' ourselves better, we just have to consciously connect to that higher level within our Self and live from there. This is the way I see it.

Being a moving point of light:

I've had difficulty with being a "moving point of light" as I don't feel like I am moving. So I've had to meditate on that. What I got is that just as the earth is moving through the ethers in space as it journeys through the cosmos, so too is the constellation of our consciousness new in every moment, as we move through time. Our light shines, therefore, on something new in every moment. Somehow, clarifying this fact helped to also clarify who I (we) am. I (we) am the light and not what that light is focused on or aware of. This is liberating because every moment is composed of a confluence of thoughts, emotions, perceptions and sensations. My only job is to bring light - which originates in Hierarchical realms - to it.

Just as the Planetary Logos is freeing Himself of His causal body, humanity is freeing ourselves from our confinement in the separate personality, the ego and the civilization built on it. We may now stand outside of it, while shining our light on the remnants of human consciousness, to help our brothers and sisters also free themselves.

Yes, as our consciousness is increasingly charged with light, it will be easier to stay centered in that light and to transmit it to humanity. As the energy of the soul is quickened on the planet, many will find this threatening to the old separate ways, as the egoic walls are breached with etheric energy and light. They are feeling scared and vulnerable with the unknown implications of these changes. We need to reassure them that light and love imply safety and community. And that movement into the freedom of the larger life, brings enlightenment and creative joy. All this indicates that the destined New Millennium/Age is nearly upon us, and with it the emergence of the spiritual kingdom.

Light is central to our meditation and to the task we are enjoined to do of creating a bridge with Light by which the Hierarchy can reach humanity. When I meditate on my experience of Light - and I have to

start with what is experienced so I can keep it as real and relevant as possible, rather than just an idea - I find that the Light which illumines our awareness and which is pouring down through the 'open hole in the tent' is suffused with the qualities of love and intention. The Love results from being a creation of a loving being for a loving purpose. The intention of the Light is for salvation, liberation and unification among other things. The Light which is radiated by the Hierarchy is meant to free us/humanity from being caught up and imprisoned by identification with thoughts, emotions, perceptions, and sensations of a separate ego identity. And to reconnect with our true nature, which is a spiritual being. So if we can maintain our focus on the Light and its source, and if we can use that Light for the purposes it is intended for, then we are creating a conscious bridge of Light. Because, I believe, our efforts will be reinforced and empowered by the Hierarchy, Whose purpose we are fulfilling. And putting us in sync with the world of Light which is meant to manifest.

Accepting humanness:

I think it's normal to have some human insecurities. When I first began sharing, my ego would experience embarrassment because he doesn't believe what I'm saying. Fortunately, I'm not him, although I have been in the past. There must be some kind of force field that one has to cross going from personality to soul, where a lot of ego dynamics automatically come to the surface to delay this transition - the 'dweller on the threshold' experience. It's helpful to recognize the characteristics of the ego so we can account for these and not get tripped up. Some common ego qualities are: self doubt, fear, pride, and a felt need to be special to compensate for this innate insecurity, a sense of lack, vulnerability, an identification with one's personal history and circumstances, a felt need to control life, a tendency to believe that one's beliefs are factual, arrogance, a willingness to attack and judge others, etc. I'm sure we can all add more. To cross this barrier we have to incorporate love in its many forms: acceptance, allowing, forgiveness, compassion, dispassion, disidentification and detachment. The latter imply love for the soul as we let go of the ego. The bottom line is our ego thoughts and emotions ultimately don't matter because they're not true and they're not us.

The rationale for Wisdom nomenclature:

Although we are, perforce, largely using the spiritual terminology from the theosophical and esoteric Wisdom tradition, I believe that it's helpful to make everything as conscious as possible and so articulate the reasons for our preferences. Just as empirical scientific knowledge is based on a factual inductive analysis of the material universe to ascertain its objective laws, so the Wisdom is based on a scientific study by consciousness (of the Adepts who can realize a transcendent state) of the metaphysical inner realms to ascertain a scientific understanding of the laws, structures, processes and nature of subjective reality. Terms like rays, planes, hierarchies, etc. are not just ideas with rational or intellectual content, but describe the actual inner workings of the One Life.

A problem arises when we communicate with the general population, who have little knowledge or interest in this world view. Therefore we must always use the simplest terms that have some resonance to the individual's own cultural and religious beliefs. Certainly, if we can speak in the language of the heart, it is easiest to establish connection and understanding.

The Holy Mother:

I would, if I may, try to say something, in all humility, about the Holy Mother. Christ bade us to love. It is women who have best fulfilled this injunction, although they have received the least credit. Men have chosen power and the vanity of the ego, and exploited, used and abused Mother Earth and his fellow man. Through millions of injustices, wounds and craven acts, She has only returned Love, Hope, Charity and Forgiveness. She has been behind a veil, giving Her Life and Love in secret and quiet. However, in the New Millennium dawning She will freely reveal Herself and will be the first to welcome us, like a mother to a child who has been lost, to the coming world of beauty, love and radiant life. She is here now. Feel Her embrace and give thanks.

I can't resist adding another sentence about the Mother of the World - She of the flaming and unconquerable heart Who all mothers are automatically connected to. She is invincible and under Her banner mankind will break through the walls of fear and separation into the destined future

Earth as base chakra:

The Mahacohan/Master R gives through Lucile Cedercrans in *The Nature of the Soul, chapters 37, 38*, a very instructive teaching on esoteric mathematics. One fact revealed for the first time, I believe, is that the number of our Planetary Logos after he completes His initiation is 22. And that this is the number of the base chakra in the solar system. This corresponds to the four equal armed petals of the root chakra, and also to the equal armed cross within a circle - the astrological symbol of the earth. In Tibetan Kalacakra tradition Shambhala is square, as is the Temple of God that descends out of the sky in *The Book of Revelation* - further corroboration. There is other good stuff about numbers. I cannot recommend this book highly enough.

I think with Sagittarius on the ascendant, the emphasis shifts from one pointed aspiration to directed will. The esoteric ruler, the earth, exerts more influence. The esoteric symbol for the earth is the tree of life, which puzzled me until I connected it with earth as the solar base chakra. Creative life is kundalini and we are evolving to be creative units of Logic fire as we learn to embody His Life. We are starting at the very bottom and densest end of the scale and there is nowhere to go but up from here as we vify with living love those worlds we will be eventually be sent to. This is my view at least.

Very honestly, as I think we all know, this project is not about us. We are just helping to ground a consciousness/space/energy that the Hierarchy may then empower/inhabit that we may then extend/communicate to humanity to inform and heal. I believe that we just need to trust, listen and do as we are given to, and a greater wisdom will really arrange and do it all in this exceptional time of Planetary ascension and awakening.

Now I would like to appreciate the group women (8=number of Christ, appropriately) who have boldly immersed themselves in the fires of the group heart temple. Men often have to understand something with their mind before they can accommodate themselves to it, but you have bravely led the way and shown us the way forward by the power of love.

Surrender:

Surrender on the ego level is considered a sign of weakness and failure, but on the spiritual level it's a sign of strength, overcoming and victory. By this surrendering we take on what we've surrendered to. "Attuning to the ineffable, immersing in its glory and surrendering all to the oneness, wholeness and will of that exquisite Life." You are radiating the glory of that ineffable Life. The Masters admit They surrender, you are demonstrating how we may do this and leading the way. Surrender has negative connotations in the ego world, but spiritually it implies victory over that which limits us and a taking on of the larger life, which is so appropriate for the group consciousness we are moving to embody.

The seat of the soul:

I have tried sitting in the jeweled magical chair in the sky and quite like it. Whereas normally when one shifts one's consciousness to the etheric space that is outside of the ego, one can float about, the chair provides a structure that enables a more secure focus. However, to be both in space and in the heart temple, I've had to enlarge the temple a bit. It now encompasses a good part of the earth, so I can float serenely within it. Fortunately it's a magic chair as so it can replicate itself for everyone. The view is superb. Light is pouring down. The earth is being flooded with love. And we can hear rapturous sounds of the angel host that is coming proclaiming Victory, Salvation and Consummation.

The Holy Spirit:

I have a friend who has experienced the Holy Spirit. He describes it as a breath or wind that moves through you and puts you in connection with the Mind of God. Everything that you then see is illuminated by 'straight-knowledge', as I think the Master M calls it. We then know the reason for everything we see because we are put in touch with the purpose it was created for in the Mind of the Creator. The stars are no longer just points of light, but become Living Beings expressing particular qualities and purposes. Thus the ancients could see the vault of heavens as a panoply of supernatural Beings, understanding the interrelationships that seem inexplicable now. I don't know exactly why I am sharing this. Perhaps to prepare our minds for things that are to come.

The wheels of the cosmos turn, bringing inevitable change. However, if we identify with the Light within, we may use the opportunity of change to help bring the Light forth. With the new Synthesis energy, in particular, the conflicts of earth can be resolved by evoking the underlying energy which unites the polarity and creates a new synthesis that resolves the conflict. This energy can only be channeled by a dedicated group. May we take advantage of the seeming chaos in the world that is breaking down the walls, to reach humanity and to allow the Hierarchy to do so by our service to Them.

Living in a divine story:

To my fellow human characters in our wondrous story, as we elevate our vibration and ascend above the mundane, our lives become more associated and clothed in the magic of myth, legend and fairy tale. Anything created in the Mind of God has, by definition, a timeless eternal quality. This time we are living in and this Divine process we are surrendering to has been foretold long ago by the sages of old and proclaimed in song and myth. We are now caught up in that Divine Story that is unfolding. And we are players with our roles to perform. It's a fairy tale come to life. May we awaken from our sleep of life as we have known it, to the dream of life our God has created for us to realize and live "happily ever after" in.

Visualizing oneness:

I am trying to visualize the One Planetary Life. I believe the sooner we can realize this awareness of the emerging reality, the better. This experience is a liberation from human civilization as we have known it, the suffering implicit in human nature and the prison of the ego. We cannot walk in humbly in Oneness unless we realize that we are really free living spirit, manifesting through the One Soul, as it expresses in time and space through its human vehicles. Non duality is directly related to this. Christ and the Masters are expressing our One Self - who we are in essence.

That being said, we must accept forgiveness for the ego, for it is not us. And that's a good thing, as the imperfections of the ego are many. I know my ego isn't having an easy time with this process. Firstly he gets terribly embarrassed by most of what I say. He really doesn't like the exposure or being made an object lesson. However, thank goodness that no matter what we say or do (as egos) it doesn't

change who we really are (as integral aspects of the one soul of humanity). Which implies, I think, that the more we can totally and freely be all that we are, the sooner we realize this. And this gets back to realizing the timeless non dual Oneness we are all living now - inwardly, essentially and soon outwardly. In this regard our roles in this unfolding Planetary drama have already been ascribed, we merely have to humbly fulfill them. I think this all connects, but I may have skipped a few logic steps. Affirming Oneness

I think it's particularly distressing when spiritual groups adopt a doctrinaire orthodoxy. I've been distressed that Theosophists have not officially embraced Bailey as a Hierarchical Teaching. Many Bailey students do not accept the authority of Cedercrans or Bruce Lyons. And many esotericists do not recognize the authority of many non-esoteric channeled teachings (I know many are astral, but there are some coming from the highest spiritual levels - one has to use one's intuitive discrimination). Master Jesus has been giving out a number of Teachings through individuals like Schucman, Gina Lake, Ferrini and others that focus on freeing ourselves from the ego and opening to the Holy Spirit. I like to believe that the Hierarchy is flooding the planet with Light and that every inspired idea in every field is coming from the same source.

Which brings to the subject of finding the right words. Christ set us an example by always choosing the simplest words that would have the most universal impact. Master M says our approach should be "by thy God" - in other words, to use the framework of the audience we are trying to reach. In our case this is a Judeo-Christian Scientific-Humanist section of humanity, by and large. I trust that we find the optimal approach. Thinking of the future.

Reflecting on the mythic perspective, one of the things I regret about our fifth root race which is built on the concrete mind, is how dull and prosaic it can be. The mind by its nature breaks up the living Whole into discrete parts which it then analyzes and works with as if these were actual realities, separate from the holistic context. And even the themes of the stories and dramas which characterize our present civilization, center on the theme of the existential separate human with his particular successes and failures, happinesses and disappointments. In the focus on the individual, the embrace of the larger cosmic forces are minimized. The reductionism of the scientific materialism which epitomizes the emphasis of our current civilization,

is deadening to the soul. I so look forward to the new time as a bringing to life of our experience, and of living within a mythic multidimensional universe of worlds, beings, and archetypal beauty come to life. I so believe that when the Logos sounded forth the Word that brought our particular worlds into being, that it is as a song, sung together with His great Brethren. I hope as well that we may also hear that angelic choir and our lives suffused in beauty. In older times peoples lives were intertwined with the lives of the natural and device realms, but we have cut ourselves off, to our loss. May our Planetary shift and ascension awaken us to the true timeless vision of the meaning of our earth in the wondrous divine dance as it exists in the Mind of God.

Outing ourselves:

Perhaps we might resolve our group 'dweller' sooner if we shared a bit more about how we typically operate. Some of us have shared some of the inevitable self doubts and imperfections we have as human beings. We've shared a bit about where we've come from on the path, and about our Astro and ray make up. How about info on how we operate so our fellow group companions can get a better sense of what they are going to be dealing with in our cooperative endeavor? As I've read that the next race will develop the intuition, and I also have this Sagittarius sun, I've gradually been moving to rely on it more. That is, when I read or hear something I often skip over the particulars and focus instead on the energy or essence. Then I trust my intuition to provide me with the necessary understanding or response. Which works wonderfully except when it doesn't. It's a work in progress but a work I want to do as that's who I am. I love feeling inspired. And where is this going? Toward the realization of oneness and love for my self and everyone. I'm thrilled to be part of the Planetary process where this is happening on a collective scale. That makes me an introverted romantic idealist at heart. I know that I can express myself in a strident way from the sixth and first rays in my personality, but I actually don't take my ideas - or ideas in general - all that seriously as I know truth isn't found on that level. I am much more impressed by love, beauty, and efforts for the general good. I've always been on the outside of groups that I have been associated with, but I want to contribute what I can.

Planetary Ascension and Birth of the New Millennium:

We have been admonished in the Guidance to contemplate the One Planetary Life - a very worthy subject to ponder. When I do so I am immediately aware of the place our Earth plays in Its Solar Life, which as we remember is the heart center of Its larger Cosmic Life. Our Logos has had the difficult task of manifesting Love in the densest fabric of the solar system, for as far as we can see, we are the only planet with dense physical life. This is a task requiring great sacrifice and power and as we can see, accomplished with consummate beauty. The entire involutionary and evolutionary kingdoms are manifested to provide a place where our God can consciously emerge, Himself, and thus bring Love and Cosmic Consciousness to the densest outermost reaches of space. It's a great accomplishment to bring the Highest to the lowest. And we, as Sons of our Father, must likewise be about His business. Someday, when we are serving on Mars or Pluto, Regulus or Sirius, we may think back to our birth day and our Divine Mother Who labored to bring us forth.

Spiritual sharing:

I think it is necessary to share some of our spiritual moments. I know that there is a natural hesitancy about coming out with these. They can be sacred or we may fear being judged or having our special experiences misunderstood. Yet these are invariably beautiful and strengthen our collective spirit in the sharing. Often an entire life may be changed or transformed by the experience of a moment, yet our culture discourages us from disclosing these. As a therapist and being interested in such things, I invariably ask clients about their spiritual experiences and have found that most people have had significant spiritual or paranormal experiences, although they may be initially hesitant to admit it, or they have often repressed the memory of these things as well. Such experiences include: near death experiences, out of body experiences, premonition, ESP, miraculous healings, providential happenings, voices, visions, communications with the 'dead' and non-physical entities, ghosts, UFO's and extra-terrestrials, significant synchronicities, continuity of consciousness, spiritual encounters with non-human or superhuman beings, angels, fairies, etc. It is unfortunate that the existence of God is thought to be established or disproved by rational argument, when actually the collective testimony of human experience proclaims that we live in a spiritual multidimensional world. Unfortunately these things are not

addressed or supported in our secular media or science based education so people can begin to believe that these are not real or important. Just the opposite. We are at the cultural apotheosis of spiritual denial and desperately need the breakthrough of the Light that is in process and coming.

Some questions about what is happening on Earth:

I can imagine getting a number of questions as I begin share my information, that I do not have authoritative answers for, as I'm sure we all have. I might as well begin to list some of these:

Will dense physical human life continue to persist indefinitely?
Or will this period be a relatively brief interlude before all life is shifted to the etheric?

What effects will the down flow of etheric energy have on the average person?

Will everyone be able to tolerate this new energy?

Will the parting of the ways for those who will be transported off earth, happen immediately?

Will everyone on the planet have basically the same experience at the same time?

Will people of various religious faiths be able to see in the Masters, figures from their faith?

To what extent will normal daily life go on - jobs, responsibilities, etc.

What structural changes in our political, economic and cultural areas should be made soon?

What role will the Masters have immediately after Their appearance?

Can any time frame of events be given leading up to and succeeding on the Day of Revelation?

What is the role of Mind?

Space is an analog for consciousness - the magnetic field or principle connecting will/purpose/spirit with active intelligent substance - the heart midway between the head/ first ray and the base/ third ray. DK says a lot about Mind in *Cosmic Fire* but I like to think that on our level it is meant to be used as a creative instrument to realize the purposes of the soul and spirit. Certainly in White Magic that is its use. And it is also interesting, in how many ways the inner intuitive knowing may come through. I also agree that the new

culture must be based on new thought that expresses the new archetypes intrinsic to the new incoming energies.

Waiting for Christ:

The world trembles in agony, waiting for Christ. Billions who are destitute, suffering from famine, pestilence, war, and chaos cry out in despair. The many are racked with fear, uncertainty and confusion. Even the comfortable and satisfied suffer unconsciously knowing no passing pleasure or success can ever compare with the bliss of consciously reuniting with their Source. All of creation heaves in tumult for the Son of God to come. Such a moment has now come!

In our Fifth root race civilization, we think we are judged by what we know, what we think and what we accomplish. It is not. Any thought that is not loving, no matter how self important counts for naught. Any act that is not an expression of love, will wither and die while acts of love live forever. Our mighty cities and industries count for little in the eyes of the soul, while the home we build in our heart, nourish with our love and spirit creates living worlds.

"Let it be known that the outer surface of the planet will not be home to the coming civilization. ... It will be in a more refined bandwidth of this planet." "The new earth will be established when a phalanx of awakened human beings has come into prominence across the planet. This will occur not on the dense physical plane but on the subtler physical-etheric plane." "The Holy City descending from the clouds in the Book of Revelation is a metaphor for the new Earth. It suggests the materialization of a higher reality on Earth. A "city" built on a higher frequency is a way to envision the new Earth. This City will be formed by streams of Light flowing from higher planes."

I/we must regularly withdraw from the world. As Saint Paul said, to 'die daily'. But in coming back we are reborn anew as spirit is ever new in the Eternal Now. What we have been is forgiven and released as we let it go. What we are to be, already is and is unfolding. We have forgotten what was, in the joy of what is now and what is emerging and being born. So should we be glad as we awaken to life ascending in Light in a new world enfolded in the One Cosmic Divine Life.

It seems that humanity must be able to see more clearly the nature of the current world political-economic system and who is behind it and to what end, before more revelatory spiritual events and the opportunity for a fatal choice will transpire. As it often takes a crisis to bring the hidden forces creating the crisis to consciousness, so we may look for world political and economic crises and further whistleblower disclosures to expose the selfish and materialistic powers controlling the global capitalistic system and militant imperialism.

I am also thinking that group consciousness, as an intermediary polarization bridging Hierarchy and humanity, if nothing else, may trigger a holographic resonance allowing others to more easily embody the Light and Love of the soul, that we are embracing. One change from the past that I see, is that it is easier now than ever, to stand directly in the Light of the soul, merging with the overshadowing Oneness of the Fifth Kingdom, and to evoke and manifest the need of the moment. No longer are we confined to the ego mind. The portal of the heart is the doorway to the matrix of love which is a characteristic of the soul dimension. However, it seems we may also be able to be of additional service in the coming days.

Some thoughts related to bridging with the intellectual community:

Our modern world is defined by the role science now has in shaping our perceptions. Modern technology has transformed our life and society. Although there is nothing anti-religious about science per se, our culture, media and educational institutions have drifted in an increasingly secular direction and relegated the religious, spiritual and paranormal to the 'back pages' if that. These have become merely personal and even abnormal to a degree. This modern attitude is not representative of the history of mankind which, for all recorded history as far as we can tell, has been characterized by religion and by spiritual and religious experience.

Therefore, it is necessary to understand what science, which is based on empirical investigation and inductive reasoning, can or can not say about religion and spiritual experience. The latter category is especially important as across time and culture, humans have had a variety of experiences can not only not be understood by science, but that, to a degree, defy current laws of science. In all the

argumentation about whether or not ‘God’ exists, the collective testimony of human experience has been studiously ignored. Or, as may secularists are wont to do, such experiences are labeled as fantasy or delusion if they cannot be easily explained. This attitude is, itself, very unscientific.

For our discussion, it is helpful to divide reality into the physical - that which can be tested empirically - and the metaphysical - that which can be experienced, but which is not subject to direct empirical test. And we really don't have to go far to encounter the metaphysical if we realize that even our thoughts and emotions are metaphysical. Science pretends that their correspondence in the brain and physiology implies identity - however these are two completely different, albeit related, states.

Humans continue to have many kinds of spiritual and paranormal experiences that cannot be explained by science such as: near death experiences, out of body experiences, parapsychological experiences, paranormal experiences, contact with non-physical entities, mystical and altered states of consciousness, miracles, superhuman powers, etc. These collective human experiences demonstrate convincingly that there is much more to reality than our current scientific understanding can explain or imagine.

The greatest spiritual figures in history can be presumed to have realized a more profound metaphysical understanding of reality. These great beings like Krishna, Buddha and Christ taught that there is a spiritual dimension to life, and that it is possible to realize in consciousness aspects of this spiritual reality that is so radically different than our three dimensional reality. The sages of the East, who have for centuries have explored the inner and metaphysical realms through meditation practices, have likewise confirmed that these inner states have their own laws, structures, states and processes that can be scientifically studied by the detached consciousness in meditation.

This brings us to the possibility of religious eschatological knowledge. All religions, which are based on divine revelation, have prophetic beliefs concerning ‘end times’ and what comes after. These differing prophecies have much in common. To believe in the possibility of such knowledge, is to believe, as all religions do, in a Divine Creator Who has created the earth for spiritual purposes that transcend our

ability to understand, and Who has the power to radically transform our world should that be His intention. Just as humankind's personal metaphysical experiences have often defied the laws of the three dimensional world, so can the Creator's Will radically alter our world.

Which brings us to our current historical moment. Things that are inevitable as God's Will must inevitably happen. We are now on the cusp of the New Millennium as prophesied in John's Revelation and other places. This group sharing this information about this, that has been given by the inner spiritual kingdom would like everyone to realize that this prophesied time is happening now, although the details are different in some respects from what has been imagined. Soon there will be more outer crises and tumult and then the inner universal church under Christ will present Themselves and give mankind a fateful choice - whether to choose love and an augmented life on a spiritualized earth, or to choose darkness and materialism and a separate path away. The earth is being raised in vibration and only those who can love will be allowed to stay. This event cannot be scientifically understood. It can only be hoped that humanity can believe in the possibility of a spiritual reality beyond science so that when the time comes we may be open to accept it in grace and not be afraid.

The message about the imminent externalization of the Hierarchy and reappearance of Christ will be met with both skepticism and outright opposition. Of course, we don't have to convince anyone, we just have to present information, still, I think it behoves us to begin to think about we might handle opposition. This won't come from true scientists who are open minded and can be deeply religious. It will come, in part, from the secularists and materialists who will try to pretend that they have reason and science on their side - they don't. Opposition will also come from religionists who have differing interpretations about the happenings we are talking about, but that's another matter.

I believe it's helpful for us to realize that the authority of science only extends to the limits of their instruments. This empirical reality that can be observed and tested by science is but the outer skein of an infinite multidimensional metaphysical reality. Scientific instruments can not even directly test the dark matter and energy that has only recently been discovered by its effects on matter that can be empirically observed. If this argument holds for the dark energy/

matter of astronomical black holes, it must also hold for the effect of spirit on our consciousness, which also can not be empirically observed, but which has effected mankind in numerous ways since the beginning of recorded history.

Just as history is always the interpretation of events by the victor, our modern media, communications and educational institutions have been slowly taken over by secularists who have pushed the religious and spiritual off the picture and who now are defining cultural reality. They don't want to look at information, which by definition, contradicts their world view. So information about the genuine spiritual experiences of mankind and the religious world view are obscured and minimized. The fact that science cannot explain or measure metaphysical reality is meant to refute it, when really this just shows the inherent limits of science.

It's unfortunate that there does not exist a clearinghouse to collect and publicize the many varieties of spiritual and paranormal experiences that mankind continue to have, so it could be widely seen that, yes, for example, miracles are just as common now as they have ever been. Or that experiences of angels, fairies or non-human entities, continue to be had in our modern world by many people. If one searches the internet, one can find many sites that focus on particular kinds of spiritual experiences. There are many YouTube videos where people testify about their near death experiences. There are websites about actual UFO sightings or alien contacts, etc. but these are out of sight to the mainstream culture. And there are many types of legitimate spiritual experience.

With regard to objections by religionists with differing interpretations of upcoming events, we can only say that religions are revealed by spirit manifesting through spiritually inspired individuals. These revelations are also continuing today - ergo our group. Prophecy and eschatological theology is a difficult art as humanity has free will and human choices can effect how events that are divinely destined to occur will manifest. The good will always happen, but the seeming 'bad' can be modified as humans change and choose wisely. Certainly, Christian theology is very simplistic compared with the rich metaphysics of the revealed Wisdom Teachings. However, we must also, perforce keep our message simple, using the terms that are used today in our society as much as possible.

My spin on some critical terms we may be using-

Spiritual: Just as there is only one material reality and set of objective laws that science is discovering, there is just one inner spiritual or metaphysical reality that differing religions call by differing names, but which has only one set of laws.

Spirituality refers to the experience of it, rather than just a belief in it.

Christ: Is that Being, called by differing names in various religions, Who embodies the consciousness of God and Who then is the divine intermediary between Creator and Creation.

God: The Father in Christianity is the transcendent source, the encompassing whole.

Hierarchy: Just as there are hierarchies in the external churches, so the one inner universal spiritual church has a hierarchical structure, with those individuals at the top and closest to Christ having a perfected and superhuman nature.

The Masters: Those perfected saints and sages from all religions Who are the top, under Christ and Who will be emerging to offer humanity a clear choice.

Prophecy: This refers to the fact God has a Plan that the divinely inspired can be informed of or get glimpses of.

The Plan of God: This includes the increasing spiritualization of earth and the conscious integration of earth and humanity into the spiritual dimensions of love, light and oneness.

The choice: As part of the Plan of the increased spiritualization of the earth, we will have the choice to remain in the new spiritualized earth or stay at a selfish level of development but go elsewhere.

The heart centers:

I notice that when I am focused in the heart center in the head I experience a transcendent light, that shines down from above illuminating our world and allowing me to establish a detachment from the ego. When I focus on the heart center in the chest, I notice an immanent light, and a sense of being within a living being. I also sense that within our three dimensional world is an invisible dimension of life - as if a world of beings totally interpenetrate our outer world with each world occupying the same space but on a different level. Someone may be moving through me right now and going about their business as oblivious to me as I am of him. I believe this shift from God Transcendent to God Immanent is part of

the shift happening in the New Aquarius Age, when we will each be aware of our intimate connection to the sacred One Life in all. Or task will not be trying to connect with God Transcendent, as in the Piscean Age, but rather expressing our inner God self- soul.

I have, habitually, endeavored to stay polarized in the etheric head center - the 'cave'. And it's a fine place - light and inspiration regularly rain down and I can feel like I am on a high mountain top, surveying the world from a transcendent height that is above the mundane cares and concerns. The only problem is that I sometimes feel in a separate outside world, with the light shining as a sun does on the world below. And my prayers for union with Christ seem to go unanswered. The Holy Mother soothes me but I continue to wonder what I am doing wrong.

However it is necessary to affirm the heart. When I do, as I said recently, I immediately connect with the world and life within and no longer feel on the outside and separate, but rather embraced in life itself. It's a magical 'world come alive' space and a path unfolding before me that can only lead to where I'm going, I'm sure. Which is where we are all going in this divine story we are living out together. I think I'll try to set aside my ideas of how things should be and just accept what is. I remember a quote that has always impressed me that goes something like - 'If we could fully enter the present moment, we would find it a treasure house more bounteous than our desire'. It's a doorway through the heart into life and life more abundant leading to the stars and beyond.

The imagination:

I believe imagination is the handmaiden of intuition and that once we have experienced something, even if only in consciousness, then we have a line of energy to it that we can use to 'reel it in' to our present state, if we want, by reinforcing this connecting thread. That's why the Master coming into our group in our meditation was so important. Now we 'have them' and can focus on strengthening this connecting energy to integrate Them into our ongoing state of consciousness. Reality is multidimensional as you know, and the imagination and the creative use of mind are underutilized tools for enlarging our sense of self and our universe of experience.

As I reflected on some wise ideas which I was reading, I realized that is really most needed now is not so much an idea as an awareness. An awareness which will help free us from these wise ideas to a certain extent - these ideas that no matter how seeming beautiful are a trap. It takes just a moment to review our lives, accomplishments and failures and moments like this one, where we are caught up in what is being said or felt or sensed in our bodies and were we honest we would admit that we are trapped. Moments, ideas, communications, relationships, feelings of life passing and the pathos of it all. Nothing has ever been enough - desires realized quickly fade and leave one looking for the next fix. However, there is something that is here now that we haven't noticed that holds the answer to everything we have ever thought or wanted. Our self, which we had imagined was inside our body is actually in time space, the stillness and the silence around and within us. And believe it or not, we all have this same Self. It seems empty at first, a void - certainly nothing living and conscious. But as we tune into it more, we find that it does indeed have a consciousness, a knowing, a love and an intention that will not only free us but which can be embodied and lived. Meet your Self. It wants to take you on a voyage through space and time to worlds of love and light, bliss and creative life. And all you have to do is listen, believe and surrender. It will all unfold as in a dream made real. A dream God has dreamed for us that is unfolding in our world now. To dreams made real.

The numerological steps:

The answer we seek, in a numerological framework, must begin at the beginning. That is, the answer must start at the void. The void is the initial answer and the beginning. We must step outside the ego and embrace the void or everything of space, which is the circle. When our awareness focuses on that void, miraculously a point and a field appear and we realize that the void is actually a field of awareness defined by both intention and the substance of life within which this consciousness is manifesting. From here, true soul identity is born, as we identify with it, embody and live it.

Admitting everything:

We might just as well admit everything, because it really doesn't matter. We can't be held or defined by anything on the ego level. At

first we think we are living life. Later we realize Life is living us. And that we are that larger Life.

Seven steps to experiencing Soul love:

1. To talk directly from the heart is to first of all *admit that we love everyone* - or, at least want to love everyone. Some people are harder to feel it with, initially until we see who they really are.
2. The next step is to *admit that we don't really know anything* - we just believe and think a lot of thoughts.
3. The next step is to *admit that we suffer*. Deep inside we have to admit that nothing has ever given us what we really long for and need to feel fully complete and whole.
4. Naturally at this point we *reach out in prayer* and supplication for help, because of ourselves, we have never been able to do it.
5. Then we *wait in receptive patience* and trust. Really we have no choice, since our own actions have not been effective.
6. Then we look around and notice that others also are in this same predicament. And we realize that although we may not be able to help ourselves, we can *help and love others*.
7. And we do. And *God loves us back and reveals Himself through others to us*.

Death:

What holds us back? Here is a moving story in today's news about a dying boy who wanted to experience Christmas before he died, and through a circumstance of events, ends up dying happy in Santa's arms. <http://www.nbcnews.com/news/us-news/terminally-ill-5-year-old-boy-dies-santa-s-arms-n695096> Santa is really a stand in for Christ. But who among us is as single minded as this child? And yet, within every human heart is suffering and longing, for deep down we know that nothing in this world is ever enough. The heart cries out, as do billions of brothers and sisters on the planet who are crying openly in their desperate plight. Christ urged us to "change and become as little children" for good reason. How can we search our own hearts and admit that everything that our ego is really so proud about, is not as important as admitting how we really feel and acting on it? Who would be as single minded about embracing Christ as this child was about Santa? If we pray, I believe we will find Him now in the embrace of our fellow suffering brothers and sisters.

Although death is a somewhat taboo subject in normal conversation, it is really such an important issue as it holds the key to life. It is only when we contemplate human mortality that we can begin to appreciate what life is really all about. Death can touch us and reveal the beauty of life in a way nothing else can. Death can bring out the best in us, and is a great spirit teacher. Books have been written on the subject so I won't belabor it. When I was young I used to enjoy spending time in cemeteries. There, inscribed on the tombstones are the eternal thoughts, that will never die. How beautiful to touch this realm of the eternal, the beautiful and the true, even in this worldly form.

How often have we read news stories of bereaved family members who have dedicated their lives to some noble cause in honor of their deceased beloved, who had some connection with that issue. The deceased beloved become as an eternal guiding star in the sky for those left on earth.

Here is a short passage from a coworker who recently had a stillborn baby:

"Some of you may be wondering how I am doing, and I will say this, it's a day-by-day journey. I am doing as well as can be expected while dealing with a loss this huge. But she was a wonderful baby and I am grateful for all of the time I had with her. I have a new reason to exist, and that is to let her light shine through me, and to try to make the world a better place each day in honor of her. It will never not be sad that Mary is not here with us. But we are choosing to use her life as a catalyst for living our best lives. And she gave us a light we did not have before. So yep, we get to smile, because each time we do, it allows Mary to shine."

I think death is related to sacrifice - giving up our personal life for something greater, in various contexts. Certainly in our group we have the opportunity to sacrifice for something greater and beautiful. May we each do our part, as there is a wondrous star rising above the horizon of earth, whose Light is guiding our steps.

The significance of numbers:

As we have talked a bit about the significance of numbers, I thought I would share Master R's teaching on the subject as I find it

illuminating. Just as the ideas in the Wisdom Teaching are really symbols for inner realities we are meant to experience, so are numbers. As we move from personality to soul, we progress from 0 to 22, as described in Cedercrans' the 'Nature of the Soul'.

From separation and idealism to Oneness and expression:

I find it very helpful to recall that in the shift from a Sixth Ray Piscean Fifth Rootrace Age to a Seventh Ray Aquarian Sixth Rootrace (eventually) Age, we move from a culture based on separation, idealism with mind/thought as a goal to a culture based on etheric Oneness, and expression of our intuition using Mind as a creative tool. Rather than just ideas about reality, our actual inner experience is the fulcrum on which everything turns.

Ceremony is important in this Seventh Ray Age. For example, just the technique of pausing a lecture so participants can reflect, and interact with each other on the suggested theme, is a ritual that facilitates the integration of both the individual and the group on the issues. Likewise, we are creating ordering rituals in how we process our email communications. Here is a ritual in process

Some thoughts on Harmony:

As everything is a creation of the Divine Mind, this implies that we are now living in the Mind of God, little as we realize it. As God creates only ordered perfection, everything must be perfect and imbued with the mathematical perfection intrinsic to the Divine Mind. How can we reconcile the ordered perfection of the Cosmic One Whole with the seeming imperfection of our human existence? One way is to step away from identification with our human life, so that we might experience that we are really 'being lived' by another level of life that is unfolding in perfect harmony with the larger Whole of life around us. Just some thoughts.

Gandalf through Moria:

At this point, I feel a little as Gandalf must have after his fall in Moria and return to life. I may look the same, but I am not, having met my Balrog and having passed through the sacred fire. There will undoubtedly be other tests, but for the moment I feel free and

victorious. I can't help feeling some affinity with Gandalf, as he wielded the spiritual fire.

I also finally figured it out where Sagittarius is shooting his arrows. He is shooting his flaming thought arrows into space where they explode in light to light the way. Just as Scorpio must lift the hydra of desire and duality into the air of lighted awareness to conquer it.

We cannot become the 'big' souls that we are if we continue to hold on to the little personality. The ego is the past in the voyage to the new soul age. What is upon us now is life lived in Oneness with all. Not a personal life lived with a feeling of oneness, but a shift to the larger Life that has been us all along, and who has been living us little as we realized it. We thought we were doing it all. Wrong. The Hierarchy has told us that They are really 'beings'. And so are we. Let us make the shift so that we may better extend the Light, the Love and the Plan to humanity. We really don't have to figure it out - that's ego thinking. We just have to quit blocking it and let it unfold and be lived out and embodied.

My day in the bosom of the Holy Mother:

Peace

Watching birds flit about the bare winter branches,

The sun moves slowly across the frosty blue-white sky.

Yes!

If there is one word that expresses spirit the best, I have to believe it is 'yes!'. 'Yes' affirms the innate invincibility of spirit, it's freedom from all restrictions, and its life urge. The daring of 'yes' carries us beyond what we have been into the wide unexplored vistas of Cosmic life. 'Yes' sings and shouts with joy. 'Yes' soars above the world in one moment and in the next is in the midst of it, shining, uplifting, healing, fortifying and bringing peace. 'Yes' says have no fear, you are immortal and here to live as such. Yes, we. Are living spirits, sparks of the One Flame, and here to **set the world ablaze!**

Christ is coming!

The Teaching of Daisy:

Now that I have introduced everyone to Daisy, I would like to share a little more about our relationship. I give Daisy treats, and she teaches me about Love and being in the moment. That's really not an equal exchange, I admit it. She is actually much better than me at staying attuned to the One Life, and let's me know when I need to go with the divine flow. I can ignore it, like when she is nudging me to go out, but then my karma could be more severe. So I've learned that it's a lot easier to stay in the moment and go with it, than not. Things turn out better that way. And I'm learning that the divine flow of life isn't just within me, it's happening around me probably even more. And love. I must admit that I like Daisy more when she behaves in some ways rather than others. She doesn't seem to make that distinction. She's always there, always loving, always wanting to come with me, but always patient - or at least mostly so. So I'm learning that life can give us prods at times too - that's OK. There's more I could say but I'm sure you all have experienced this sort of thing.

Being in a negative place:

One's environment has an unavoidable influence on us and being in a place of strong and deep seated conflict, pain and negativity will not be easy. It's really too much to take on, individually. Coping with it will force you to find your place of peace within that is beyond the conflicts of the ego and our historical dramas. This really requires embodying group consciousness. We appreciate your efforts and intention to be a force for light, love and good there. Let the light that you radiate be a source of hope and refuge from the night, but don't expect to light up the night. I believe that resolving the conflict there can only happen by the applied energy of Synthesis as wielded by Christ and the Ashram of Synthesis.

The violence of judgement:

To elaborate on the violence of judgement is to say that the following judgments are violent and painful:

I/we are superior

I/we have rights that you don't have

I/we are defined by our history and traditions

I/we are victims

I/we are powerless
I/we are separate
I/we can impose our will on you
I/we need to get even or exact revenge
I/we only believe in the true God
I/we can't forgive
I/we believe that the ends justify the means
I/we believe there is not enough for everyone

All of these judgements are really just false ideas based on the ignorance of separation combined with a will to impose them on others. These cause pain. Their resolution must come through through that force - Love - that overcomes separation and allows us to understand that we are all One. And that we are more than our ego with its beliefs and judgements.

A winter Holy night:

Now it is night and dark, but inside it is light and the tree of life is lit. We sit in the silence, the stars shine down, dawn is coming. The dark indigo light of atma hovers and the purpose of God. The bright stars give their light and there is one that is calling out to us. It is coming closer. As Christ prayed in the Garden of Gethsemane, let us pray. We who would serve Your Plan and fulfill Your Purpose for us ask for Your Guiding Presence. Help us to know and align with Your Will, Your Mind and Your Heart. We are as a reed, waiting for the wind of spirit to move us. The sky is lightening. For not much longer shall we have to endure the night - this dark night of the soul.

An observation:

I have had a twofold awareness that has been seeping into my experience more. It started when I was out and interacting with people doing the various jobs that we have. People don't seem as role identified as they used to be. There is a greater sense that people can just be themselves more freely while performing their job function. However, I'm also more aware of how our fundamental identity of 'human' is also a role to a degree and a set of assumptions, attitudes, values and behaviors that are superficial and arbitrary from the point of our essential identity as soul. This implies that an awareness of the soul level is becoming more distinct and a feeling of awakening from the dream of human life. With this is a

greater sense of freedom, peace and detachment in the moment, while being attached to Self. I'm still not sure what is to be done from this place or how or what to communicate to others. It feels like a different space or level of reality is emerging in the moment and becoming more noticeable and real. This space has within it a movement or flow of life that one can stay attuned to, so the moment just seems to unfold effortlessly. Rather than trying to control what I am doing, and make things happen, I can just let things be and happen by themselves. I still am doing things, but these happen more effortlessly and automatically. Like right now, I am typing on the touchscreen, but it's something that wants to happen and I just have to facilitate it. Then I wait in in the next moment, or now, something new wants to happen. I just have to listen and stay attuned.

Being a moving point of light:

I could be said to be a 'moving point of light' because my awareness contains light and love and what I focus my attention on is likewise illuminated by the light. There is a connection to Hierarchy, in that - I have to believe - this must be where this light and love are coming from. The light and love are connective and unifying and show that we are part of the same Life. This is implicit. The difference is that rather than just assuming that our human world is it and all there is, our human world is now a place where something more may manifest and become real, externalized and apparent. This soul awareness must therefore be related to the externalization of the Hierarchy, although I'm not seeing or experiencing any Masters. The world is no longer the same. Something new is here now, which, I'm sure, has always been here, but now it's more obvious to our perception. And our consciousness is a bridge between these states. I'm just letting that sink in for the moment. Sometimes I seem to get to the end of my thought, but I notice, if I just wait patiently, that the trail reappears, that I may follow. Right now I'm on the trail of the Hierarchy and want to find how I get there from here.

I'm sure that what I am saying now is just part of our group consciousness and that we each have access to this exact same awareness. Perhaps it's being strengthened now so that we can live in it more easily. I'm sharing this now that we may connect in this space. It is a space of light and love and purpose that we share and cohabit together. This is a 'sign of the times' as it is something that is happening in the world more and more, I am sure.

The Eternal Now:

Each moment is really the same moment - the same ever new eternal Now - that offers us the same choice: whether we will experience it or not. To experience it is to maintain a detached awareness of everything within the field of consciousness as the 'knower' or Self. To not experience it is to become identified or attached with particular aspects, thoughts, feelings or sensations as the 'known' or the not self. The Self awareness is really like a holographic lens that concentrates a universal timeless awareness into this particular individual moment. Outside of the body, that Self is a living beingness and an integral aspect of the divine Whole. In the moment, however, that soul awareness affords us the opportunity and capacity to overcome our personal history, identity and patterns and to free ourselves. The more we can be still, listen and attune in the silence, the more deeply can we resonate with that inner and eternal life. We then realize that we are part of the same moment and life that is unfolding - and the same Self. In community and communion is that oneness realized. And our oneness if being augmented by the Great Ones Who are emerging through us and the world. The energies of oneness, light and love are increasingly permeating this moment in the birthing of the world. This birth is an awakening to our Self as the one humanity merging with its soul. The age of separation is ending and the age of life supernal is beginning. We don't have to think about what we should say to facilitate this process or to fulfill our role. We merely have to share our awareness, to be as we are. This makes everything so much easier. We merely need to express what is there to be expressed in the moment, as we listen. This operates as a movement and a pause. All for now,

I should add, as well, that I am very happy to be awakening together with you, and to be able to share in this experience of oneness together. It is a very special moment in the history of the world where we are breaking free of our collective history and into the luminous, multidimensional living universe. I feel, increasingly that the experience of Masters must be as living points of light, love and power within this moment and this life. May we embody Them Who are Us, fully realized.

DK's 14 rules:

With regard to the 28 rules for aspirants and disciples, my sense is that the 14 rules for aspirants are for the ego and the 14 rules for disciples are for the soul. The ego will never be able to apply the rules for disciples so Robbins' commentaries, from that standpoint are moot. The soul is already applying the rules for disciples, so we merely need to build the rainbow bridge, shift our identity to the soul and tune into that process which is already happening.

New Year's Eve meditation:

On the New Year it is our custom to draw angel and tarot cards for the coming year. I drew the angel of *Contentment* and the *High Priestess*. So I am at peace, trusting my intuition in the moment. I have dialed back outer activity and have my ear 'pressed to the ground' as it were, listening for the steps of the Coming One.

For my self, I don't do well if I get too busy - certainly during this inward time of year. Today I fed the dog, the cat and the birds and relished watching the sun move slowly across the frosty blue sky, being very grateful for the peace, the silence and the light. Just emptying myself, letting everything go. We have been encouraged to bridge to the Ashram. We won't be able to take our ego over that bridge, our sense of separation, our self will, plans or even our thoughts and emotions. In the Light we will create new thoughts. Love, joy and peace will supersede emotion. In the unfolding Now we will discover the will of the spirit. As integral aspects of the One, we already are in the Ashram as we Live in the ever new moment, listening and doing as we are given to, in Oneness, trust and love. To externalize, I have to believe, is just to demonstrate and express this consciously, to realize this so that it is more apparent. Perhaps in the time of Gautama Buddha and His Arhats, the Doctrine of the Eye and the attainment of a transcendental Wisdom was paramount, but with Christ, the Path of the Heart rules. I feel His Energy already pushing on our hearts, wanting to break through the walls, to be felt and acted on. What is Love calling us to affirm, to say and do? Perhaps the great river of Light and Love will pour forth from our own hearts to flood the world. I visualize the world ablaze in a sea of love.

The Galactic Alliance:

Davidson's information on the Galactic Alliance is too far out or far fetched for the average person as little information has been given out up to now either about the long connection of certain Galactic races with Earth, or about the specific activities of the Dark Lodge, who we are told, have been dominant on the outer planes since Atlantis. Gordon has some revelatory information about what 9/11 was really about, and the effect it has actually had on the level of the Planetary, Solar and Cosmic Logos

The importance of integrity:

Integrity is essential - without it all is pretense. When our focus is on the inner directing will, love and light it is easier to feel unanimity than when focused on the diverse actions in the world that may result from that inner focus. Our efforts to see and collect 'signs of the times' has its challenge. While encouraging, gratifying and clarifying, we can also get pulled away from from our one inner group consciousness that must be primary. From that inner focus of love one can then embrace and accept every manifestation of love without getting caught up in it. This is more than an idea or ideal which are mental forms, but rather is a preexisting space which is alive in the moment - a presence. When we loose this, negativity arises, because negativity is ultimately an expression of denial of the Self as our identity, in some fashion. Thus the ego contains implicit negativity - as the ego maintains itself by denying the wholeness of one's self - that is manifest inwardly as guilt, self doubt and insecurity, and outwardly though judgement, attack and control needs. This is, at least, my interpretation. One point I am trying to make, is that when we experience negativity or any other ego state, we can of course try to substitute a positive thought or emotion. Or we can use this awareness to remind us that we are, indeed, ego identified in the moment, and that our primary need is to at one with the Self, align with the soul or get centered in the group heart - however one conceptualizes it. This approach can be easier than trying to 'improve the ego' - one recognizes that one is 'not the ego' instead. I would agree that we not worry about our roles, but rather just trust the process as it unfolds. 'We' are more than the personalities we have thought ourselves to be, but are really part of the larger process that is unfolding and happening to our personalities. If we can make the shift in identity, it will be easier to

freely go with the flow of life as that larger Life carries us to the shores of the New World of Light.

Magnetized spaces - outer and inner:

Yes, certain places are charged with special energies that we can feel and that have physical effects. The great Adepts have magnetized locations and talismans by Their touch and presence that have indelible effects on us. Likewise, myths, legends and fables can evoke the soul and inner knowing in ways that a more rational and descriptive essay cannot. Somehow these allow us to establish a more living connection with the truths expressed in the writing. They appeal more naturally to the heart which is the great connector that allows us to be put in touch with all worlds. And there is a magic in this.

Symbols:

Talking about symbols, I think it is important to realize that everything that we experience is actually a symbol of something or other. We don't experience things as they really are, but rather experience our interpretation of the meaning of reality that we then project on to it. Our experiential world is actually within our minds, and everyone is therefore experiencing something different although they may together in the same situation. And a tree, a chair or a light bulb, are as symbolic as the cross or a star. Beliefs create our experience of reality; they are magical constructs created in our mind, energized in our imagination, and fueled by our feelings. Nature itself is symbolic system of information that connects us to other realities. Accepting responsibility for our life is our first and most essential act of empowerment. We have the choice to see and interpret everything in the light of our highest vision and intention. Fortunately, it is our group intention to be an extension and expression of the inner Kingdom of Light and Love and Power for our selves, for humanity and the planet. We may then bend our every experience to that purpose. Ultimately everything is a choice between fear or love, separation or unity, reality or illusions. As co-creators, we will receive the impulses, the signs, signals and guidance that we require to always be in the right place at the right time, for our highest good and that of all those around us.

The chakras and the Rays:

I am endeavoring to create a seven step chakra affirmation to harmonize the chakras and the Ray energies.

2 Heart: I am at one with the loving One Self that permeates all, that I am.

7 Sacral: I am at peace, connected and accepting Reality as it is.

6 Solar Plexus: I open to the underlying Cause and Desire behind everything.

3 Base: I joy in the unfolding of ever new Life in the Now and acknowledge the Grace of God.

1 Crown: I align with the Highest Purpose and free Divine Spirit.

4 Throat: I express the Word that I am intuitively given to express and give thanks for the Blessings.

5 Eye: I create the thoughts that fulfill the Highest Will and my role.

Likewise I am endeavoring to create a sevenfold affirmation for the New Age we are moving into that acknowledges the Ray qualities.

1. I visualize a world of Light that manifests the divine Plan of the Logos for earth.
2. I visualize a civilization based on the shift to a loving soul and Christ consciousness.
3. I visualize an economy based on the equal right and need for all to share in the necessities of life that fosters each individual's creative contributions.
4. I visualize humanity's joy in harmonizing with and expressing the flow and beauty of life and the spirit.
5. I visualize humanity's joy in learning and living by the laws of the soul as taught by the Hierarchy and understanding the nature of reality.
6. I visualize humanity's ongoing joy in honoring the divine in all life's creations in every moment.
7. I visualize humanity's joy in co-creating, expressing and manifesting life's spiritual potential.

A strengthening group consciousness:

Just as I believe the Logos is gradually turning up the vibration of the soul level, I also feel that our group consciousness is also being slowly increased. Now, when I go the heart, it's almost as if I immediately 'meet someone'. That someone is an impersonal but

loving Self who is us and who must be an extension of the One Self as expressed through the Hierarchy. This group consciousness is a space that is filled with a presence and an awareness. It's interesting that in our group meditation we have been encouraged to imagine the 'point of light' and the 'reed' which I believe is to make an energetic line of light from the heart center to the ajna center (light-visualization) and the throat center (word-expression) and thereby creating a triangle of light and an instrument of service. This group consciousness is beyond the ideas and feelings that we are each having. It contains these, as it loves and accepts our personal egoic selves while being more encompassing. This is 'us' as a group as opposed to 'we' as a collection of egos.

I believe that science is the attitude of unbiased examination and repeatable testing of the actual data observed using inductive reasoning to determine the nature and laws of reality. This can be directed outwardly toward the empirical world as modern scientists have done or inwardly toward the metaphysical realms as the sages of the East have accomplished in transcendental meditation. The Wisdom is the scientifically established laws and structures of the inner realms of life and not an intellectual creation. Brotherhood, then describes scientifically or factually the nature of our inner life as souls and is not specious idealism.

I think it is interesting to see how the different Rays each have their different emphasis and way of presenting truth. The Second Ray (DK) paints a comprehensive synthetic buddhic view of the inner realities using symbols and broad abstractions to foster understanding. The First Ray (M) presents truth more like a lightening flash of spiritual insight that has a flaming atmic quality. The Seventh Ray (R) aims at practical use, integration and expression to make it all real and effective. The Sixth Ray (J) presents an ideal and a specific path and practice to realize that ideal. Etc.

Signs of Planetary Transformation:

I think there are different kinds of signs of the times. There are the acts and initiatives of love and good will that have wide impact and that we see in the news or the internet. There are trends that harken to the coming new time. There are crises and bad things happening that indicate the end of the old civilization. As I have not been

following the news as much lately, I'm not as up to date about current events, but have an interest in trends, which are what some of my 'sign' list entails:

The environmental and climate change movement. Fossil fuel divestment - the past is based on exploitive non-sustainable attitudes and technologies, the future is life based

More extreme weather - the result misusing the planet, we experience consequences

Increasing UFO's and crop circles - the future will recognize that we are not alone

New technologies in free energy, epigenetics, vibrational healing, etc. - the future technology will energy based and utilize the energy of the cosmos

New sharing economy and socially conscious investing movements - the future economy will not be about profit but what serves

The global internet - connecting everyone with everything - we are moving to be one integrated humanity in the future

Increased miraculous happenings - healings, apparitions, materializations, etc. - the future will be more spiritual

Increased phenomena of channeling, NDE's, OBE's, etc. and their presence on the internet - the future will recognize our relationship with spiritual dimensions

Scientific support for meditation and it's increased practice - connecting with the soul will be fostered in the future

Increased talk about the apocalypse and end times by the religious right - increasing awareness that we are nearing the moment of the shift to the New Age

Movement for increased human rights and entitlements - like guaranteed income and single payer health care - universal human entitlements will be accepted in the future

The new Pope's stand's against corruption and for the environment, openness - even crystallized and corrupt organizations are changing

The Russian intervention in Syria to halt the terrorism being perpetrated by the US and it's allies - US imperialism has perpetuated evil that is being confronted

BRICS, China's Asian Infrastructure Investment Bank (AIIB) and the G77 are challenging the dollar and US imperialism - the global banking system of predatory debt slavery and control is being confronted

Whistleblowers - Assange, Manning, Snowden and others - the denial of information and truth by the system and the media is being exposed

People movements - Occupy, Black and Native Lives Matter, National Nurses, etc. - the human spirit is rising up and freeing itself from the controllers

The acidifying oceans, the poisoning of the planet, the ozone hole - the effects of outdated practices are becoming more apparent

Large protests across Europe against austerity, TPP and war -

people are clearly seeing what is wrong and asserting themselves

Black holes and Shamballa in the collective consciousness - in the future, the Father will come into conscious awareness

Some thoughts on the Love portal:

In science fiction the concept of star gates or inter-dimensional portals has been portrayed in book and film. These portals can instantly take one to another place and time. (This genre has served to allow many important and relevant new ideas into the collective consciousness.) Such portals have also been mentioned in the past in connection with the deva and fairy worlds and the realms of inner earth. I'd like to believe that there is also a portal to the Matrix of Love - that dimension where everything is experienced as an expression of a loving oneness.

We each have moments and intimations of this Matrix. When we love someone totally we experience them in oneness as being an expression of the same life as ourselves. The usual sense of separation is gone. Anytime we deeply and passionately love something, we bond with it and become part of it and a larger experience of life. We can experience such rapture in nature or when transported by beauty - we are lifted into the blissful realm of love, oneness and beauty. As the wise say that Love is within and behind everything that is, and is the most powerful force in the cosmos, why shouldn't we be able to find the portal to the Matrix of Love to live in it all the time? Then, no matter what our outer circumstances, our inner experience would be in the flow of love and oneness. And everyone who we met, little as they realized it, would also be in the energy of love.

I believe that to find this portal we must identify what we love the most and surrender ourselves to it. As we focus on this it becomes

more intense and more encompassing until the feeling embraces us, and we enter in through this portal we have created. The energy of love that had seemed to be connected to specific people or circumstances is actually a free vibration that can be experienced all the time regardless of circumstance. However, to experience it this way we have to be willing to give up our fears and attachments. For if you think about it, love always transports us out of our separate life, so we must be willing to let go and go with the flow of love, wherever that takes us. Entering the portal of Love is like pushing off from the river bank on your own little raft, as it now takes you down the swiftly flowing river of life. You are now being carried by something larger that is eventually taking everyone along to the sea. Or this might be conceived as a moment unfolding or flowing from within. The portal means finding what you love and giving oneself to it. This is as exhilarating as life is when truly lived.

I have to believe that the Hierarchy resides in the Matrix of Love. They are swimming in Love and Light as it pours in from Christ and the overlighting Cosmic Beings. Love implies living in and for the One, as a cooperative communal life. We think of the Hierarchy as Leaders, Servers and Teachers, because humans tend to think the important stuff must be a serious labor. What if everything is really bliss and total freedom and without care because at that level spirit is realized to be indomitable and victorious. And the One Life actually does all the 'work'. Love knows that it is all One and therefore the ever new play of light and shadows is like the play of dappled sunlight and shade in the ever spring glades of eternity. On the soul level we're already in the flow. May we release ourselves to the soul and that love and life more abundant that will bring us to the eternal land. Let's envisage us letting go and floating down that rapturous river of love together!

It's my understanding that higher vibrational energy is now transmuting and transforming our bodies, to prepare us for the exponential energy shift at the etherization of earth. We've been told that this new etheric consciousness will be a more shimmering experience.

The impact of stress and crisis:

It is certainly harder to maintain an equanimity and inner centeredness when buffered by personal crisis. And it is natural to

get caught up in things one is personally invested in. It's no wonder that many don't attune to the subtle spirituality in life when their life is stressful and preoccupied with personal dramas. On the positive side, suffering is humbling and does bring one to one's knees and openness to another level. Also, when the crisis is past, it is seen to be a great learning opportunity, a reality test that is most useful. And I can return to a more peaceful centered place.

Star work:

With regard to 'star work' or the Teleois Number approach, although I believe that there are mathematical, geometric and harmonic laws and processes that regulate group work, I personally don't resonate to it, as yet. As someone along the 2/6 Ray line I am naturally more in tune with with the consciousness and life aspects than the structure and forms through which that consciousness manifests. I can relate to Rayology and the need to be consciously aware of how those Rays which each person is expressing work. And it's useful to know how the various Rays complement each other and complete the whole. I don't see, as yet, how creating defined star positions for each individual would be useful and could even feel that might be somewhat artificial. For example, as a 6/2 persona/soul, I am inherently concerned with establishing a consciousness of the one soul that utilizes the mind as its instrument to fulfill the higher will and Plan. Star work seems to make a mental interpretation and emphasis primary which is a reversal of my priority, which is to make group consciousness and the higher will primary. That, at least, is my interpretation. I like the theory of Star work, but don't relate to how it would actually be applied, as far as I understand it.

A Second Ray perspective:

I thought I might try to present a perspective from a consciousness point of view. As a 2nd Ray soul, my perspective on group consciousness is that it is a transcendent awareness, detached from identification with the ego/persona. This is an all embracing space that includes everything within its experience, including the Mind, but is not any of these. It is love although not an emotional love. It is rather a sense of being part of and connected to everything that is. Within this consciousness is intrinsic purpose that can be identified. This consciousness also has the ability to use the Mind and formulate thought, but is not attached to these. It is a group

consciousness in that the underlying purpose is specific to ones group. In our case, this is to be a channel and embodiment for the Hierarchy as they externalize and to be a voice for Them. To do this requires interacting with, and expressing to humanity - effecting a bridge. This is the overview. Where we are at now is: endeavoring to shift to group consciousness identification; endeavoring to open to and align with Hierarchy; endeavoring to see spirit or the awakening soul consciousness in the world. The essence of group consciousness is the heart which is the connecting and unifying center. The underlying purpose is Sanat Kumara's Will to establish a soul identified humanity which can act as an agent of redemption in the four lowest kingdoms and dimensions, by embodying Christ consciousness.

From a consciousness point of view, thought only has the reality that consciousness chooses to give it. Likewise, ones particular perceptions, which are a projection of the contents of the Mind on to reality, are a choice. Consciousness therefore sees what it gives reality to or identifies with. This implies that we may see spirit, love and light moving in the world more easily as we stay polarized and focused on the love and light inherent within consciousness and actively evoke it from our overshadowing higher nature - the Hierarchy - who is us on a higher level. And as we act on this higher alignment it becomes more grounded and firmly established. The shift to soul or group consciousness is easier now because of the increased etheric energy which is allowing us to notice an energetic space outside of the ego that we may actually identify with. This consciousness expansion is part of the awakening of the soul consciousness on the planet. This etheric energy is a living energy that interpenetrates all things, and that has within it intrinsic consciousness and purpose. From the point of view of an individual newly awakening to this experience of consciousness expansion, it is a joy to finally feel a loving oneness with everyone by embracing this energy. It is a great relief to realize that this consciousness and energy has an implicit benign and protective will, and a deeper wisdom and guiding. As we are awakening to our self, so we may see that happening in others and reinforce this process. As we choose to stay centered in group consciousness, we are really merging with Hierarchy, Who are group conscious. Our heart is one. Our consciousness is one expressed through many. Our will is one if we align with the higher will. What we see in the world is the

emerging One Humanity and One Planetary Life emerging from the illusion and suffering of separation.

(Christ) Consciousness utilizes the creative Word and the Eye of vision to express its truth or intuitive knowing, that is an embodiment of the Father's Will. It's quite simple, for there is just one directing will. In every moment there is also just one choice - to listen and align to this will - or not. In the silence and stillness it is easier to hear this voice, which is always there but unheard in the cacophony of the world with all its noisy distractions. However, we are hearing many voices in the world now speaking for love, truth, reason, and unity, and taking actions along these lines. The Women's Marches presented many hundreds of thousands of such voices from around the world - and the media and Trump could say nothing against them. Nothing can withstand the power of people united in love and truth.

I should add that my understanding of the way that the 7th Ray operates in regard to consciousness, is that with the 7th Ray everything is immediately there in consciousness. One doesn't have to use an intellectual process, think or remember to a degree, because the experience contains everything that is needed. The 7th Ray does require that the expression of what is there in consciousness be organized effectively to allow fulfillment of the purpose of the expression. And the 7th Ray operates rhythmically, with each successive experience being Whole within itself. This implies that being connected with group consciousness in the moment, while always the same, is always new. The intent is to identify with reality, so mental expression of that is secondary. The goal is effective expression or organization of what is real.

The Sixth Ray in the Group:

As we have talking a bit about each person's Rays, and how we each make our specific Ray contributions to the Group depending on which Rays we embody, I would to elaborate on the Sixth Ray and it's place, as I know this Ray, as it is my personality Ray. The Sixth Ray leads the way, as it intuitively senses the vision of the goal and its place in the whole. In the Piscean Age, the Sixth Ray caused devotion: to ideals, ideas (mind); to feelings of love, passion, hate, etc. (emotion); and to organizations, causes, people, etc. (physical) - all concrete manifestations. In the Aquarian Age, the Sixth Ray is

devoted to 'an etheric experience'. This is an experience of the sea/ space of living energies that interpenetrate all things, and which gives life to the dense physical level. Aquarius gives the facility to shift one's awareness from identification with ego/persona to the etheric space outside of the ego, that on examination, is found to have consciousness. In fact, on further examination, this space is imbued with love, light and will and can serve as our new Self. This is a group Self in that we are all actually expressing this same space and energy, little as we realize it. In our group we are endeavoring to consciously realize this and shift our identity to the one consciousness manifesting as an etheric space, from heretofore being the pillars/posts/personalities who ground this space. This realization needs to be an ongoing focus in our daily life. When we are out and about we may hold this vision and awareness and see everyone within this sea of energy, and as an expression of it, little as as they may consciously realize it. This is the first step in realizing the oneness that is the underlying reality.

Our group meditation focuses on cultivating this etheric sensitivity and awareness. Once we establish an awareness of this etheric landscape, and have shifted our focus to this conscious group space outside the ego, the Sixth Ray leads further by evoking a down-flow or infusion of higher vibrations of Love, Light and Will from the Hierarchy and Christ into this space. Through 'the hole at the top of the tent' or from within the sacred heart, the etheric space becomes charged and vilified with spiritual atmic, buddhic, and higher manasic energies. This space becomes an intermediary polarization between the soul/Hierarchy and the personality that we may live in and by doing so, bridge between these two kingdoms and dimensions. Therefore, the Sixth Ray urges us to leave the pillar/post and experience the freedom, joy, love and life in the shimmering space of living energies within the tent that now encompasses the world. We will find that the subtle consciousness within this space has a wisdom that will guide us. If we can surrender to this experience, it will unfold and bring us everything we really want. The other Rays will have their application from this space and not from the personality. The Seventh will organize its expression, the Fifth will enumerate its laws, the Fourth will sound it out, the Third will articulate it, the Second will radiate and embody it, the First will direct it.

The emerging victory:

The Forces of Light, Who have already established victory on the inner planes of Earth, will soon soon emerge on the outer planes as well and establish total victory. The dark materialistic powers who have ruled on outer Earth since Atlantis are desperately trying to maintain their control, but are doomed. The Trump's, Netanyahu's and Rothschild's of the world are being offered a choice - give way for the common good of mankind or be banished. The increasing polarization and instability (eight men owning half the wealth of earth, etc.) is a sign of the crisis that will lead to a breakthrough for the Forces of Light, for humanity and for the birth of the New Millennium. One way to look at these selfish rulers who dominate the news is to see that the fear, deception, and violence they use to maintain their control epitomizes the separate ego desperately trying to maintain its illusionary identity in the flood of the loving energies of oneness now inundating the planet. The Light infusing the planet is revealing what they are really about for they no longer are able to conceal their true nature and purposes and the contrast between their actions and the evolutionary good are now clear. Darkness can not prevail against the Light and the Light is coming. We should focus on the Light, for darkness only has the power that we give it. Even now, Christ and His Host are sweeping over the planet, inspiring millions to rise up in hope for the good of humankind and the planet.

A consciousness for everyday use:

1. I really don't want just a temporary high in meditation but want something that lasts the whole day long, in whatever circumstance I am in, therefore -
2. I am choosing not just to breathe air but also to inhale buddhic and atmic energy with every breath, that is gradually transforming my physical body and raising its vibrations.
3. I am choosing to stay focused in the space of group consciousness and disidentifying with my ego.
4. I am choosing to see the others as expressions of the same universal energy, although they may not be consciously aware of this and may be polarized in the ego.

5. I am choosing to release my attachment to my thoughts and forming thoughts new as I need to express what I am intuitively given to say.
6. I am choosing to stay awake and connected in love in the moment, and open to what is here now and real.
7. I am choosing to ignore the fears and negative thoughts of the world and the ego, as these don't reflect who I am or what I want.
8. I am choosing to trust and be at peace and stay centered in the inner stillness and silence, waiting patiently until I intuitively know what I am given to do.
9. I am choosing to express my self honestly for good purpose.
10. I am choosing to do what I am given to do to assist the Hierarchy in Their efforts to fulfill the Plan for Earth.

To further elaborate what I am talking about, re dynamic interaction, a Seventh Ray person might feel that a more scientifically structured group would more effectively express our group consciousness and efforts to serve. This is fair enough. I, with my Sixth/Second Ray makeup would respond by wanting more clarification about what is the group consciousness about that wants to be expressed, because otherwise we seem to be 'putting the cart before the horse' by focusing on the structure of expression before we realize the essence to be expressed through that structure.

This interchange has already clarified for me the importance of speaking directly from the heart. I don't believe we will get to where we want to go from our minds and our ideas, because ultimately it's not the Mind that knows, but the Heart. The Mind must always be the servant. The Mind must find ways to articulate what the Heart knows and wants. Let's focus on what the Heart wants from us, and then we can explore ways to make it happen.

As an example of speaking from the the heart I can say that I hope we may realize that we are more than our egos, thoughts, personal feelings, bodies, histories, etc, but rather are a consciousness of love and oneness, that is free and ever new in the moment and that is within all life. As such we are an extension of the One Life Whose

heart center is the Hierarchy of our planet. I pray that we may be inspired to help others awaken to this Self and help the Hierarchy fulfill the Plan for Earth. My love and light include everything, to nourish the One Life within everything. I hope we may work effectively together to express a love and light that serves to awaken and enlighten.

Finding the consciousness in space:

If we raise our awareness to the head and then look about at the space surrounding us, we can imagine that the air itself is permeated by an awareness/consciousness. In fact as we focus on this we will find that this true. And as we focus on this some more we will realize that this awareness is also imbued with will, love and light - as if within the particles of air were also smaller non physical particles of a finer sort that can be noticed by our awareness. This is the etheric group consciousness as I understand it, which is outside the ego and is a single field that interpenetrates all things.

Finding the Master:

If then we exit the ego field at the head and return to the heart from this place of group consciousness, we will then encounter the presence of the Master Who is waiting for us there. If we had just stayed in the heart center within the ego field our awareness would have been more colored by personal emotion to clearly experience the Master. If we just stayed in the head center, we would have experienced transcendence without immanence. By continued focusing on the Master in the heart, we may maintain a continuity of consciousness, and intuitively know what we are given to know and express from that impression.

I want to say that we humans are normally and naturally ego centered. The ego is the consciousness of ourselves as a separate person, identified with the body and programmed to survive. Within that program are some natural ego proclivities. As the ego is established by denying the larger Whole that it is an expression of, that denial is manifested as negativity projected inward as self doubt, self condemnation, insecurity and guilt or outwardly as judgement, criticism, fear, attempts to control or coerce. Another natural tendency is a sense of lack, which the ego feels both for it's insufficiency and its physical needs. The ego then always looks

externally to fulfill this lack, not realizing that it can be fulfilled from within. The ego naturally wants to 'get' (while the soul already has and wants to share) and so consumption and acquisition are ego goals. Anyway, as we become integrated personalities and realize we also have a spiritual nature, the first steps on the path are about spiritualizing the ego - becoming more loving, thoughtful, wise, and reflective of the good of the whole. However, at a certain point, to develop further spiritually, we must realize that we are not the ego, and open to a deeper aspect of the Self. I believe this is involved in our moving to a group consciousness. It is a step beyond the ego. We are not quite at the soul or Hierarchy level but can step out into the etheric sea/space of energy and maintain an intermediary polarization there. Here a group of 12 which is now one consciousness, can be inspired and infused by the overshadowing Hierarchy to serve as an extension and bridge to humanity.

Embodying the Presence: In our meditation we are enjoined to embody the Master's energy that we encounter in the heart. I would like us to share our impressions of this so that it may become more definite, real and palpable for us. After all, this is happening in our group, so it must be accessible to all. For myself, I get an impression of a Presence, like the aura of the Master that imbues etheric space when perceived from the heart. This is an energy of love and compassion which then colors my experience and perception in the moment. This energy helps me to detach from my involvement with what I am perceiving and to experience a peaceful dispassion that facilitates discrimination and understanding. This energy is not just localized, but pervades all space, or perhaps I see through it into everything. One important effect that it has with others is to bifurcate perception. We see our normal perceptions of the other, but also have a sense of an inner self within the other that is somehow more noticeable and embraced in the love and light of the Presence. I have the sense that as I meditate further on this, more subtle qualities will arise in awareness, but that is perhaps enough to start a group sharing.

Star work:

To be honest, I feel that our experiment in 'Star' work has been a confusing distraction that has not worked for us. Perhaps it works in situations where people are working as personalities and willing to

accept defined roles, but our purpose has been to eventually shift into a one group consciousness that is not personal. I feel that the mental emphasis in 'Star' work also works against our endeavor to come from the the heart. As should be obvious, my observations on the overall effect of Star work in our group are not a judgement about Star work itself. We have to be clear eyed and not so invested in an idea or theory that we overlook it's actual effects. So after observing for awhile and even making some suggestions about how we might modify our approach to Star work so it would fit better, that were ignored, felt compelled to be more forthright as I care about what we are endeavoring to do. Fortunately, love not only accepts different opinions but is not invested on the mental level, as I am not. In the shift to a group consciousness it is necessary to rise above our attachment to particular ideas, theories and interpretations. So this whole episode is a good test for us.

Soul consciousness:

I would also like to appreciate what has been shared regarding contact with the soul which is at the core of what we are attempting to achieve as a group. As we make our subtle impressions more conscious and articulate and share these, we may strengthen our awareness in the group. Yes, I also feel this receptivity takes a deep sensitivity to the silence and stillness within. It's only when we have achieved this evocative centeredness, that we should employ the throat and ajna centers in creative work using the impressions received - and not preconceived ideas.

My understanding is that as we move into group/soul consciousness, we will also transcend the third dimensional limits of the ego/ personality. In our shift to the etheric fourth dimension, we transcend the limitation of space as we holographically all express the same space/consciousness at the same time regardless of being in different physical places. In our embodiment of the fifth dimension, we transcend the earthly limitations of time and can live in that moment which is eternal yet ever-new. We are leaving the laws which have applied on earth as we awaken to New World of the soul that is being born now.

I believe that as we move into group consciousness and Ashramic relations three processes are important:

The science of impression or invocation/evocation

The science of telepathy
The science of white magic or co-creation

As we establish that point of evocative group consciousness, we can become receptive to the Master's impression which is projected into the group field equally to all, and that we can all telepathically share in. Once we have received this impression it is then our responsibility to give an appropriate form to it by clothing it in mental, emotional and etheric matter so that it may have its intended effect in the world. The form we give it is purely based on what may most effectively express its purpose and nature.

I have suggested that we share our impressions of the impact of spiritual impression so that we might clarify that germinating seed so that we may better create a suitable expression for it. All ideas are actually symbols, so we need not confine ourselves to symbols per se.

My tentative impressions from meditation is an awareness of the Presence of the Hierarchy Itself, that is present within the moment, and that has within it the inherent qualities of Light, Love and Will or Purpose. This energy and Presence is here now, embracing us as it emerges from within. My concern therefore, is how to create a thoughtform that can be transmitted to humanity to effectively be able transmit this awareness and experience. This is where our collective input is important, for we each bring our unique perspectives to this process which may enrich our group work.

It's important to discriminate between ego and soul qualities. We have been enjoined to shift from ego to soul polarization but this is naturally confusing to the ego who presumes that being soul inspired is the same as being soul identified. Awareness and detachment (from the three worlds - concrete mental, astral and physical) are hallmarks of the soul. What about the ego? I think it is helpful to make a clear distinction so we may better make the shift in consciousness.

In Matthew 18:3-4, Christ said, "Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven". "Therefore, whoever humbles himself like this little child is the greatest in the kingdom of heaven." This passage conjures up an image of a radiant naked child gleefully stomping on his clothes (beliefs), blissfully unconcerned about the world's opinion. This

passage tells us to not take ourselves and our ideas so seriously. This is easier said than done, for although truth is simple, living it is not, otherwise the same precepts wouldn't have to be repeated day after day, century after century in church and temple. However, with the birth of the Aquarian Age we may make real progress in this respect, for the focus has shifted from a separate mental ideal to be realized to an inner experience to be expressed. Idealism becomes practical and effective. Now if the ego will just get out of the way...

Master Jesus says, in *A Course in Miracles*: nothing real can be threatened. We are upset when we see the world because we are actually perceiving meaningless, fear inducing thoughts that we have made up that we are projecting on to the world, and don't see things are they really are. But we may choose to do the latter by aligning our sight with the Holy Spirit, Who sees Love, Oneness and God's Plan.

Facts:

The 'facts' of the modern world. In the tumult and confusion of the world it is helpful to realize that we live in an age dominated by the facts of the scientist and everyday life without understanding what this really is all about and so are naturally subconsciously confused. Any so called fact is really, in the last analysis, an idea based on supposition. Let's take the fact that the sun is the center of our solar system, around which the planets revolve, which all modern people smugly accept as true, although this is not evident to the senses. First of all, to give something a name is not to understand its nature. Second, the sun's scientific analysis, laws, properties and equations are all, without exception, only valid within the parameters of the particular field that those laws are operative in. At the edge of that empirical field the laws always break down and therefore are not universal. Therefore our definition of the sun is an arbitrary one based on a partial analysis in separation from the Whole that we are unconsciously defining as whole. This is just a supposition and really an ignorance to believe that something can be understood apart from its relationship to the Whole. Yet this ignorance pervades science and modern thought. I hope that's understandable. The bottom line is that despite our modern ability to use nature, we really don't understand what it's all about, and the modern tyranny of the fact is a rule by the ignorant that we have acceded to unknowingly. As in politics, history or most things, who defines the issues rules the

game. This awareness can help us be open to more holistic and spiritual paradigms. And help us realize the importance of belief in determining perception and experience.

Reaching humanity

I was at a public event last night, where there was some political concern expressed and reflected on how best to reach this or a typical audience with our message of spiritual emergence and transformation. I am thinking that a good part of our message could be imparted under a 'One Earth-One Humanity' banner. If the message can be articulated that we are now one humanity with universal basic rights and needs, the implications for policy changes away from discriminatory, exploitive, unjust, and inhuman attitudes and laws could be articulated in an obvious way. Similarly, if the banner of our One earth was held aloft, the need to move away from patterns of polluting, disrespecting and killing our Mother and incorporating more sustainable, stewardship practices and attitudes would also be obvious. It seems to me that the progressive movement gets too easily splintered into small issues with a loss in overall effectiveness. We need to unite in an alliance for the future and the One Humanity-One Earth. If these two key notes were sounded effectively, the third note of One Spirit/One Life would be an easier bridge to cross.

Some universal human rights are: clean air and water, nutritious food, shelter, security, health, education, communication, justice, freedom of speech, belief and expression.

Some universal planetary rights are: maintenance of ecological harmony and stability, acknowledging the divine nature of all creatures and their intrinsic worth and purpose, recognizing the need for balanced distribution of resources, wealth, and population.

The next step of One God/Spirit/Life would imply One Divine Plan, One Spirit moving within all life on Earth, One Universal Religious community, One non-separate continuum of life connecting the seen and the unseen realms, the planetary and the Galactic civilizations, etc.

The need for awareness of our mental assumptions:

The Mind is always creating, so it behoves us to be as aware as possible of our underlying beliefs and assumptions or else we unconsciously create something we really don't want. For example, if we approach meditation with the unconscious idea that we want to get something that we lack - inspiration, light, love, peace, etc. - then we are affirming that lack and creating a sense of it. I believe it's better to approach meditation with the affirmation that we already have (which inwardly we already do have) what we seek and are sitting down to radiate these qualities out. It's a subtle change that can produce noticeable effects.

Likewise in the many happenings of the world, our perception is really our choice, determined by the underlying assumptions about reality that we choose. The recent Guidance reinforces that understanding, focusing on the positive happenings of spirit that belie the crisis and cacophony of outer events.

Some positive effects from our spiritual efforts:

I think that we may measure the effectiveness of our meditation by the extent that we are:

Living in love

Seeing light moving in the world

Feeling a oneness with all life

Hearing in the silence the angelic bells

Sensing the inner timeless world unfolding in the moment

Experiencing the joy of creative work for the greater good

Inhaling the scent of the divine presence

Touched by the beauty of the consecrated life

Exhilarating in the freedom of spirit

Some reflections on balance in a group: Forgive me for stating some simplistic generalizations, but as the East symbolizes the past and the West, the future, the members of our group also seem to fall into that characterization. The European folks seem more connected to intellectual and historic traditions. As we move west, there is more inclination to step out of those traditions into something new. It's important to maintain a balance, for truth can be more potent if given a context that is meaningful to people's world views, while those

views are expanded. Fortunately we all have the Wisdom tradition which transcends the intellectual and historic. But even here a balance is necessary between the ideas and the realities these ideas are symbols of. It's not easy to give form to formless experience. Then we have the balance between the four men and eight women. As men are typically more focused on the mind, and as we are moving away from the fifth Rootrace concrete focus, it's good to move more into the intuitive and loving energies that women typically express better. (However, in this group we are all integrating) There is also the astrological balance.

Reaching sympathetic religious allies: I think it is not too early to consider how a message announcing the externalization of the Hierarchy could be framed to be more readily understood and accepted by those of religious faith here in the West. As I know little of Judaism or Islam, I'll leave it to others to articulate approaches to those groups. However, having been raised as a nominal Christian and having studied in a seminary I can speak to Christianity to a degree. Many Christians believe in the *church invisible* consisting of the elect who are in Heaven under Christ. The outer and inner aspects of the church are united in the *communion of saints*. There is also the belief in the possibility of *intercession*, by these saints in Heaven, into the affairs of earth. In Christian eschatology, when Christ returns at the Second Coming, He will bring with Him a Heavenly host of angels and saints. He will then begin the New Millennium of God on Earth. So there is actually a substantial overlap between the essentials of esoteric Wisdom and Christian belief, with regard to the existence of a Heavenly Hierarchy and their role, as active agents of Christ and who will appear coincident with the reappearance of Christ. I think if we use the terms perfected saints and elect of the invisible church under Christ, who have the capacity to intercede and who will return openly when Christ returns to begin the New Millennium, we may find understanding and acceptance. From my point of view, it would be optimal to have as many avenues of information as possible to be able to reach as many people as possible. A universal language, an esoteric language, religious languages, etc. There is a saying in Agni Yoga, 'By Thy God' that implies, to me, that the Truth, that resides at the core of all religions, can only be understandably referred to for many people by using the beliefs of their faith. With Christianity I think there is some possibility of communication. I'm sorry to hear that with Judaism it is more

difficult. Certainly this communication will be more powerful if it is an expression of our experience and not just what we think.

Trump's effect:

The positive effect of Trump's win, is that his outré and polarizing personality and actions has lit a match to the human spirit to resist his retro program, whereas if Clinton had won, that conflict would have been more contained in normal political dimensions. I don't think people realize either the magnitude or the nature of this upsurge in spirit, which, like a tsunami, will take us far beyond a normal progressive pendulum swing, to global transformative changes in all fields, as it will be augmented by Cosmic energy now entering the planet. Subconsciously people sense that some big is in process - and this naturally causes a lot of fear. Hopefully the average people who voted for Trump to gain material improvement or stability will soon realize his Republican program will not help them and they will be willing to switch sides. Because many of the norms, rules and conventions are breaking up, there is more of an opportunity to talk about matters heretofore off the table - spiritual, planetary and cosmic changes, which allows our message to be heard more easily.

Reaching the secularists, intellectuals and the agnostic: some thoughts

I'm thinking that this group could be approached in two ways -

1. By addressing commonly accepted beliefs about the political-economic system that could lead to adoption of truly progressive and spiritual values.
2. By deepening psychological experience and thereby opening to the genuinely spiritual.

Many of the collective positive changes in the way we live and think that will be taught by the Hierarchy could be made now if we had the awareness and will. As the situation in the world becomes more unbalanced and unstable, it will be possible for millions to realize that the rationale for the current world system, and the public relations supporting the system promulgated by elite groups in the media and the intelligentsia, are no longer legitimate. The poisoning of our home planet cannot be justified when there are alternative fuel sources and ecological practices that will allow us to create a

sustainable future if need to maintain the profit of the 1% who are benefiting can be overcome.

Likewise, it's not rational to continue war and threaten nuclear weapon use which are destroying ourselves and the planet. After the collapse of communism, the US could have chosen peace, but chose instead to create a rationale for never-ending war in the bogus 'war on terror' to justify its obsession for global hegemony. This demonstrated the true predatory nature of the system of global capitalism. 9/11, which is the fulcrum on which all actions subsequent in US policy has turned, was a false flag operation created by the hidden controllers of the US that used Al Qaeda and Islam as patsies to be blamed. In reality, the US has created Al Qaeda and has been funding and supporting ISIS in a double game to justify its wars. Likewise Russia is being demonized in the complicit media not because they are a threat, but because they are interfering with US hegemony.

It is also becoming more obvious that the global economic system is obscenely inhumane. When eight individuals own half the planet, the destitute billions that result are arbitrarily doomed to suffer and die. As Buckminster Fuller explained years ago, there is sufficient wealth and resources on the planet for everyone to have their needs met, and to therefore have want eliminated. Instead we have a banking and financial system of debt slavery where the few on the top steal the collective wealth for themselves by usurious practices and trickery without contributing anything productive. When the coming financial panic happens it will be obvious to all thinking individuals that banking and investment needs to be reformulated as public utilities for the general good. The millions of refugees are a continual reminder of the system's injustice.

Therefore, as wrongs of the present system become more apparent, and the hold of the complicit corporate media loosens up, more real debate can happen concerning the failings of the system and the need for progressive reform that the secular intelligentsia can embrace that can lead to the adoption of genuinely progressive changes in belief and institution.

In the area of psychological experience, I think an approach which is centered on realizing human potential could be effective in gradually moving this group in a more spiritual direction. The human potential

movement understands that we just use a fraction of the potential of our brains, and that there are many genes in our DNA that are not turned on. Psychology holds that there are deeper aspects of our being. Parapsychological research likewise shows the hope of greater human potentials. The current interest in meditation among average people is not just about de-stressing but also about accessing deeper layers in oneself and becoming more whole.

Eckhart Tolle's approach emphasizing the need to get 'out of one's mind' to really discover the power of a deeper beingness, is very useful approach for this group. In a world built up on the basis of the mind, as is our current Fifth Rootrace, getting out of the mind can be more effective in opening to a spiritual dimension, than just changing beliefs, which can keep one in the mind. Once a practice of opening to the Now is established, spiritual awareness, insights, and experiences can begin to happen. And openness to spiritual dimensions and the possibility of the metaphysical.

As an addendum, for those who have naively accepted the establishment's explanation for 9/11 - as a terrorist activity perpetrated by the nineteen Al Qaeda Islamists - and who would find it unbelievable to accept that elements high up in the US are responsible, I can only recommend the work of David Ray Griffin, who single handedly destroys this bogus official conspiracy theory. However, there are also thousands of engineers, scientists, journalists and academics along with millions of people from around the world who believe that it was an inside job as they are aware of facts that refute the official story. See 911truth.org or ae911truth.org to begin a mind blowing research covered up by the mainstream media.

Another layer of understanding has been added by Gordon Davidson, who has revealed as a result of his contact with the Hierarchy, that not only was 9/11 a false flag operation meant to justify domestic repression and international aggression, but it was also an attempt by the Dark Lodge to again gain complete control of the earth through a nuclear Armageddon. However, this backfired as it triggered a Divine Intervention by One About Whom Naught May Be Said that has removed the controlling ET powers of the Dark Lodge from Earth. The Forces of Light are now readying events for the Day of Revelation and birth of the Age of Light.

I advocate maintaining awareness of evil - what it is, how it works, where it is functioning, etc - without giving it energy. Indeed I think our energy needs to go to only positive evolutionary efforts. I mentioned evil in the world in several areas in the context of the secular intelligentsia becoming more aware of the discrepancy between the professed ideals and rational for several central institutions of society, and their actual actions in the world might allow individuals to shift their allegiances and so be more open to the good and the spiritual. I think it is easier to avoid getting confused if we can clearly see, for example, that the corporate media has become the propaganda arm for the 'ministry of truth' and is more an agent for distraction and disinformation than for the facts it is supposed to report. The hypocrisy of the system is becoming more glaring by the day and the facts very often give lie to the ideals professed although this is not openly acknowledged.

What we see is our choice:

We close our eyes in meditation, and inwardly center in the heart and the group soul consciousness that is an extension of Christ and dedicated to His purpose. When we open our eyes again, we realize that our vision offers a choice. We can revert to seeing through the body's eyes and see the historical separate world of the ego, with all its complexities and problems. Or we can continue to see through the eye of the soul, which gives everything we see a different purpose. From the soul's perspective the purpose of everything is to extend love, to acknowledge oneness, to joy in ever-new life, to radiate light, to experience peace, to be a source of reassurance, hope, love and vision, to fulfill the divine plan and will of God, to redeem, heal and save. The ego really doesn't know that there is a higher purpose for the world that we may realize now. However, emerging in the world now is a light and spirit that we may live in and by and that connects us to the presence of Christ, His Life and His Purpose.

Aquarius energy - initial impressions:

Fortunately, having lived through the 60's when the planet received an initial blast of cosmic Aquarian energy, it is not hard to imagine another influx of the energies of love, life and liberation that lifted consciousness to a holistic and soular level. In fact, it has been something I have been waiting for. The Masters are embodying and

carrying not just amorphous love, light and will, but the archetypal energetic seeds of a new world of being and life, with new attitudes, values, goals, institutions and ways of living. The blast in the 60's impacted consciousness, but the old system remained to exert its constrictive force. Now this new influx will totally wash away the old system leaving nothing that is not aligned with the new. These new forces are of vital life, oneness, Cosmic interconnection, freedom, harmony, inspiration, joy, peace, sharing, simplicity, naturalness, love, nonviolence, inclusion, immediacy, creativity and beauty, among other things.

When I open to the New - the Aquarian energies experienced in the Now - I get a sense of what is, in effect a New Mind. Like sunlight that is a crystalline liquid, it pervades space/consciousness with the new forms of perception and experience that is more alive, as it is nearer the One life. It is a very hopeful vista to gaze upon, as it stretches to the infinite and timeless realms that are now encapsulated in every particle of it. And there is a newness as if we see this new moment of life with new eyes. If the New Mind is the creative organ of manifestation, the Heart suffuses this realm and determines how the Mind will be used. Now, as we listen with the heart, we may hear a divine choir and soundless voice that reinforces our will to open to the heart and love of the cosmos. If New Light christens our vision, the divine Word baptizes our hearing. The Hierarchy are embodying and bringing this New Light and Love - for the Word is Love incarnate. From the timeless ineffable realms of spirit to the particular place we are at in the very moment, this energy breaks through, emerges and transforms our experience and our world. What was so real a moment ago is not. What was not, is. Our consciousness is lifted up and we are made new - or born into who we have always been as souls. We look around amazed at the experiential reality we have always wanted - yet this is so much more that our previous ideas of it. It takes time to get used to this living panorama where may now co-create together. However, now there is no rush. Life in this Moment unfolds at its own pace, and everything just feels right. When I look in the sky, there are still clouds and sun, but everything is suffused in a Light and Love emerging from within. How do we tell the world that the Light is here? The Light is announcing Itself. We can share it, live in it, express it and hopefully soon, point to Those Christed Ones Who are focal points.

More energy from the future:

My experience is that the future is not a chronological time but a new experience of life that is impinging on our consciousness as we open to the Aquarian energies channeled by the Hierarchy. And the future is more blessed, as we realize the benevolent nature of the One Divine Life that has been within us and living us, unrecognized by us. Now we realize that That is us. At the golden core of the moment is a timeless Love that we now realize enfolds us and every unfolding movement of life and reveals Itself as the hand of God's grace, manifested. Let us align ourselves with new Light and Love, so that we may express it and create a new world by it.

Opening the portal to the Matrix of Love by the love invoked by the Masters:

I'm enclosing an excerpt from Master Jesus' latest Teaching through Gina Lake, "All Grace", as I think it has some insights relevant to our endeavor to align with the Hierarchy. Conceptualizing a duality of group and Hierarchy can work against the realization that the Hierarchy is us, the Divine in us, Whose Will, Light and Love is really our will, light and love if we would release our identification with the separate ego/persona and the story of who we are and have been - our personal history. Likewise, our attempts to control experience to make certain spiritual things happen can work against the realization that the Divine is actually in control and living us, if we would realize it. He also reminds us that there is really only One Heart in all.

One passage that moved me in this Jesus excerpt is, "The great Illusion is not a mistake but designed to allow the Formless to experience itself as form. In truth, you are Life, the Divine, living itself out in the locality of your body-mind. Awareness is the Creator looking through your eyes." DK says something similar somewhere when he states that the monad serves as the eye of God, that allows the Creator to directly enter creation. I think this passage deserves reflection and meditation along with the implied necessity of releasing our attachment to our personal sense of self. If we were able to accomplish this shift, how would we use our mind then?

Reflections on Agni Yoga:

As DK says in TWM, "In the book Agni Yoga, some of the teaching to be given has filtered through but only from the angle of the will aspect. No book has as yet made its appearance which gives in any form whatsoever the "yoga of synthesis"... It sounds like a redundancy to speak of union through synthesis, but it is not so. It is union through identification with the whole—not union through realization or through vision. Mark well this distinction, for it holds the secret of the next step for the personalities of the race... In the Gospel story we have the portrayal of realization, but the key or the secret of identification is still withheld. It lies in the custody of a few in this integrating group of mystics and knowers and will be brought out into manifestation in the furnace of their individual experience and thus given to the world. But the time is not yet. The group must grow in strength and knowledge and in intuitive perception."

In the Agni Yoga Teaching you have the beauty of life willfully consecrated to spirit, but there is still a duality there that is different than "identification with the whole" as DK describes it. This was Christ's method, and the method that will be used by an increasing number of individuals once living as souls or as a group consciousness and not as personalities. I think it's helpful to have this awareness.

I realize that 'identification with the whole' is difficult to imagine as we only know dualistic experience. However, it is more than 'communion with Hierarchy', which has within it the intrinsic dualism of disciple and Master. Identification with the whole is a non-dual state of identification where Oneness is experienced and lived. Although the Masters seem like they may be separate beings, They are in fact, expressions of One Life, One Consciousness, and One Will. This Oneness is progressive, as it expands as we embody and live it, so that an initiate embodies Oneness to a lesser degree than a Master, Who embodies it to a lesser degree than Christ. I believe the Teaching of embodying a non-dual Oneness will be established with the restoration of the Mysteries, when Christ and the Hierarchy reappear. Communion with the Hierarchy is wonderful, but there is also a fuller Yoga of Synthesis that will also be taught.

How to best formulate communication:

For myself, the first thing to consider is how we are going to formulate the information we intend to impart. Probably we are each different in which terms and information we are comfortably expressing to the public. Unless I get a dramatic experience of the Masters - and not just my present inner and subjective one - I would want to sequentially describe:

1. The generally agreed upon facts of the world, re the impending ecological, political and economic crises that establish that our system and attitudes can not persist if we want the world to continue.
2. The signs of hope, transformation, new energies, the upsurge of the human spirit, one earth-one humanity trends, etc.
3. The common eschatological beliefs of many of the world's religions that describe inevitable cyclic changes, such as have characterized civilization historically.
4. Contemporary spiritual communications that reinforce historical prophecies and give relevant context.
5. Specific changes to incorporate and expect and helpful attitudes to navigate this process and period.

The Holy Spirit:

I believe that one essential ingredient that is missing and necessary to function as the soul/Whole is the Holy Spirit. This mysterious and enigmatic agency is the Divine Intelligence or Angel of the Presence that allows us direct knowledge of Reality. This allows us, for example, to speak directly to the soul in the other, bypassing the ego and so awakening them to who they really are. This divine aspect which Christ sent to the apostles, could conceivably be released to our group or on a larger scale.

A clarifying passage from, "The Nature of The Soul" by Lucille Cedercrans

"In order to grasp the significance of the overshadowing and the importance of its descent, please consider for a moment the group life (both consciousness and instrumentality) as a potential antahkarana anchored within the body of humanity as a passageway between The Christ and the world of affairs. When the Holy Spirit (higher Third Aspect) fills the group life, it will have become that antahkarana. Any disciple, then, may use it to invoke the Power of

The Christ into manifestation in the midst of any circumstance or situation. Thus, the saving or redeeming Power of Christ is brought into activity in the life and affairs of the disciple. It is available to him. This is the Power which renders the work of magic potent and instantaneously effective."

The role of mind:

Thank you for your abstract reflections on the role of the mind for the soul on the path. By my question, "How would we use our mind, [if identified as a soul and not a separate self]?" I was trying to encourage a reflection of what we would each actually like to express from the soul level. Not 'talking about' but rather 'expressing from the common heart'.

For myself, this must begin by acknowledging love - a love that I feel and would like to express to one and all. Secondly, I would have to acknowledge the suffering we all unavoidably experience as a result of being human - the fears, uncertainties, heartbreaks, losses and all too transient joys as we day by day face the dark unknown of life. Thirdly, because I care, I would like to try to suggest a way out of suffering and the dilemmas of life that is easier than the Buddha's eightfold path. It is easier because the time we are living in offers opportunities not so readily available in the past.

The first step is to wake up to who you really are as a being imbued with a loving awareness but who is not the separate self you thought you were with all its personal history and conditioning. That self is like a dream you are awakening from. The soul self you are awakening to is actually the one consciousness that is within all life. It is found by opening to its heart energy and presence in the space around us. As we attune to it, we find that it has within it an intelligence, and an intention. As we stay aligned and at one with it, we find that it has a movement and a flow. The moment seems to unfold rather than progress in the old linear way. This is your soul self and the beginning of your new life that will free you from the suffering of being human.

The second step is to realize how this new life works. We no longer have to know anything, think things out, control life, explain ourselves, worry about what others think, or even use our old mind. Within this space where we experience an expansive consciousness

is an intrinsic knowing and mind nature that is ours. We aren't preoccupied with a stream of thoughts, but we can express whatever thoughts we want or need to in the moment. The next aspect are the emotions - they are all loving, joyous, peaceful and positive feelings - because that is the way this one soul life is. What about direction, goals, will, effort? The dreams of the heart supply the motive and the direction as this space is so constituted as to bring one the desires of the heart, although this may not be immediately evident. Therefore this soul self works by attuning to it, trusting it, and living it. It doesn't exert any pressure - you are free to go back to the old personal self - but the more you choose it, the more you want to stay at one.

What helps in this process? Quiet helps in order to more easily notice this space and consciousness. An unhectic life helps so you are able to just go with the flow without other demands or constraints. Friends and community who accept you as you are and who you can share your soul self with help. It also helps to have the understanding that what you are doing is the evolutionary destiny of humanity and part of the collective awakening we are experiencing on Earth now as spiritual energies infuse our planet. (And it would help if we could point to those spiritual luminaries who radiate out light, love and power - the sky lights before the Sun/Son is seen.)

I can not argue with the importance of recognizing one's most heartfelt motivations. Certainly, this would greatly help resolve individual and collective conflicts and bring people together for underneath our differences are universal needs, feelings, anxieties, hopes and dreams. The heart leads into the future. However, for me, an essential aspect of our message is the quantum shift of life and consciousness that is imminent and that the Hierarchy embodies. We are becoming not just more love filled personalities, but are in process of awakening to our life as souls. The fifth kingdom is qualitatively different than the fourth. So I feel some educational work is necessary to help people understand what is going on and navigate this transition as smoothly as possible.

You have touched on two essential issues - identification and embodiment. I also feel that the passage you mentioned in our meditation is very important, and that awareness of a loving presence in the heart is the first step to embodying it - as we are urged to do. I feel it would profit us if we shared more about our

related experiences. I feel that as we endeavor to embody this loving presence, more of its qualities and aspects will become known.

I feel the Threefold Path which I articulated is possible now because the energies of the soul have been increased to the point that its shimmering reflection on the etheric level can be noticed by the average person. Certainly, in our group it should be possible to begin to make the shift from spiritual ego to soul group. The steps are:

1. Awareness - noticing this conscious heart space
2. Identification - at-oneing with it by shifting our focus to it
3. Embodiment - living it all the time

As we do so, I believe the full ramifications of what we are doing will progressively unfold.

A possible choice:

I really feel we have a choice. We may stay in our spiritual egos with all our accumulated spiritual knowledge, or we may step off the cliff and fly, with spiritual wings we have forgotten we have. Space itself is a being that will uphold us as we let go of our hold on solid earth and our habitual personal identity and soar with a new found freedom and joy. From aloft, the dilemmas of human civilization are not so intractable, nor the sufferings so severe for each may find release as easily as claiming their divine birthright and nature. We are now on the edge of a new era, when new light will show us who we really are and what is now possible. We can be the forerunners or forefliers who may demonstrate the inherent potential of this moment.

I believe that as a whole we have passed the second initiation and are functioning as loving, serving personalities. Up ahead is the third initiation which has another challenge spoken to by Christ to the rich man:

"How hard it is for the rich to enter the Kingdom of God / Indeed, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God."

We have all accumulated the riches of spiritual knowledge, but to take the next step, we must release our attachments to ideas - and

the core idea of the ego that we are a separate being - and step into the unknown flux of life without any barriers. This 'no man's land' of the raw energies of vibrant life, or river of vibrations, is an unknown to the ego who has been comfortable with his ideas about it which has separated him from a direct experience. Now it is time for the humbling experience of immersion, where at first we don't know anything. Later, our esoteric understanding will emerge, as it applies to the formless levels.

Another statement by Christ applies to the trust we must have to rely on the spiritual being that will form the basis of our security.

"Behold the birds of the heaven, that they sow not, neither do they reap, nor gather into barns; and your heavenly Father feedeth them. Are not ye of much more value then they?"

As we are now overshadowed by Hierarchy, this leap of faith isn't as daunting as it might otherwise be. The esoteric wisdom provides an excellent map of the country we are in and the journey ahead. So now we may take some steps together into the New Country. And if the heart is the key we must practice expressing from the heart. My heart dreams of a time when we all realize that we all share the same life and the same heart. When we have awakened from the long dream of separate life that we have collectively known and are now living in the radiant spring of a transformed new world. I believe that moment is beginning now and that we can share in it together by sharing the creative expressions of the spirit.

I went out to the sea today. There was a clear blue Aquarius sky with white floating clouds here and there. Across the water were the snow capped mountains, looking majestic with their chiseled white peaks above the evergreen forest. The air was sea fresh, with gulls soaring in the wind. Strollers and couples walked by, boats moved across the water and everything seemed to be unblemished, quiet and serene. It was all very normal except today God was watching it all through my eyes. Everything was now observed. How much does that change anything? Well, it changes me. When I was younger I wondered about the mystery of life and consciousness. Now it seems that I am not wondering alone. People still go about their lives in the foreground. However, the background does not seem so empty. Something is here that I had overlooked in the past. Probably I took my awareness for granted and didn't realize that it was part of

something bigger than me. I didn't fully realize until you said hello and I saw it in you as well. "Where two gather in My Name, there I Am as well." And here we are now.

Self reflections are part of the process of breaking through the group dweller and freeing ourselves from the ego so that we may move into soul identification. The ego is inherently prone to judgement and worries about self image and what others think of it. However, the soul knows that it can't be judged or held by any of it or anything the ego, thinks or does, as it is not the ego. If we keep secrets or have hidden agendas then we hold on to them, but admitting these is the first step to freeing ourselves. As the soul is inherently good and divine, our identity is vouchsafed. Let us support each other in the process of releasing ego identity.

I would like to sound a word of caution in regard to will. Evolution proceeds gradually and sequentially so for us the next step is releasing the ego's separate self will and opening to and identifying with the higher will of the group soul and the Hierarchy. This is first of all the will to be who we really are as soul. And second to fulfill Christ's Plan on Earth. "Let purpose guide the the little wills of men ... that the Plan of Love and Light work out". When we are fully soul identified then we can work on identifying with the Will of the Monad and Shamballa.

I would say that as as we strive to embody more soul light, this very light will reveal aspects of the ego - emotional attachments, predispositions and old habits, fixed ideas, pain, etc. - that will need to be acknowledged, forgiven, healed and released. And ultimately, the ego itself. I think it is important to understand that surrender and sacrifice don't involve giving up anything we really want or need on the deepest level. As we align with our deepest self we choose to give up what we realize is no longer what we want. Therefore sacrifice and surrender involves taking on a higher, more holistic level of being. If it's forced, that indicates an element of ego will is still present that is working against the deeper identification that is about releasing separate will. Unfortunately, in the past, forced or coerced sacrifice and surrender were applied by the world's powers and so gave these a bad name.

A fork in the road:

On the path leading from the Second to the Third Initiation, we will all come to a fork and have to make a choice. One way leads to the further development of the ego, with increased knowledge, stature and satisfaction. The other way is not so appealing as we must relinquish all our prized knowledge, special status and the security that comes with the known world. Yet, if we would heed the call of spirit we must choose this latter way and go forth into the dark unknown. We become occultly blinded in a sense as we can no longer rely on our minds to guide us with all the ideals, books and knowledge. We must learn to find a different sense to guide us through this unknown. Yet, "Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me." We must find that Presence and learn to rely on it and not the mind. When we find it, we will realize that it has been there all along unrecognized, it is just not the answer the ego wanted. Then we tread the Threefold Aquarian Path, which is a path of Synthesis as there is but One Guide now, One Life and One Way. "Only the Hierarch can help now."

Sharing one's self is an act of love. As DK has said, the highest service is more about sharing who we really are, from the heart, than what we do for others. Love puts us in immediate connection with the Hierarchy, so however you are moved to express it, channels it. So the question becomes, 'what song does your heart want to sing?' Then, I think, we have listen for that heavenly chord and melody thrilling through the ethers, and give it appropriate words that the heart would conspire.

What melodies are we hearing and what kind of thoughts would be most appropriate expressions for these? If there are more refined or specific things that we want to creatively express, meditate on it. Most of the time, when we are studying our spiritual books, we are trying to get something that we think we need or lack - an unconscious ego attitude, as the soul already has what it needs. Therefore, a spiritual path would entail more expression of the inward inspirations that we already have - those thoughts, feelings, impressions, intuitions and knowings that live in the heart and move us. These may be triggered by random events or situations and often come upon us unexpectedly. Or they may be evoked.

If we are integrated, loving, serving personalities who can put the good of another ahead of ourselves - as we are - then, whether we know it or not or have any interest in spirituality, we have achieved the Second Initiation. The Guidance has held out a goal of group/soul consciousness which implies working on Third Initiation issues, as group consciousness means going from being a soul inspired ego to becoming soul identified. Being soul identified means moving beyond the separate identity of the ego, and being able to identify with the larger space/field of consciousness manifesting through an assemblage of egos. I don't think that we have to take the Third Initiation per se, but we have to be able decentralize ourselves sufficiently to sense the group space that the Master infuses and overshadows. As there are many references on the Third Initiation the Bailey books, we may easily learn more about it. I think the image that we have been given of the tent with twelve posts supporting it, that represents our group, demonstrates clearly the difference between the ego/personality - the twelve pillars that hold up the tent - and the one space within - the one group/soul consciousness. To what extent can we shift our identity from being the post, to the space? It is not an empty space but filled with consciousness, light, love and will that is infused from above.

I think it can be helpful to realize that all blockages are of the ego. We can deal with these ideas, attachments, emotions, memories, habits, etc. one by one, but often is simpler to just step out of the ego by at-oneing with the space of group/soul consciousness. As we cease to give the attachments energy, and let the light and love of the soul wash through our personality, the blockages no longer bother us as we aren't giving them energy. Of course, if it's a recurring issue, the underlying issue needs to be identified and resolved.

The Five senses in Meditation:

In our society our primary cognitive process is identified with the visual channel of experience so it's natural that our meditation would emphasize this aspect. But not everyone experiences inner realities in the same fashion so including some additional suggestive ideas could elucidate a wider response.

Auditory: listening for the Sound of the Silence and the angelic chords

Kinesthetic: feeling the Movement of the Spirit

Sensate: inhaling the Divine Breath and the aroma of the Presence
Intuitive: discerning a sense of the inner knowing of Reality

hearing gives a sense of relative direction and place
touch gives a sense of relative quantity and value re others
sight gives a sense of proportion so that adjustments in movement
can be made
taste gives a sense of value and to fix upon what has the most
appeal
smell gives a sense of innate essence so that one can find one's
being

The importance of desire:

I realize that with increasing Shamballa impacts, utilizing and embodying 'will' is increasingly necessary. However, I believe our spiritual practice would be empowered if we could weld it more to our desire. Often in spiritual teachings we are instructed to do this or that practice, but unless these are welded to our desire they lack the motive force to succeed. In Buddhism we are told to renounce worldly desire and to raise desire for enlightenment instead. In Christianity we must be saved from our human desire by substituting desire for salvation and God's grace. In the New Age we will embrace and fulfill desire by realizing that our deepest desire is the urge for the completion of Love in Oneness. Love is driving us to fulfill itself.

Certainly, with the inbuilt projection of the animus and anima on to the opposite sex it is easier to desire and experience union with the opposite sex. However, we must realize that this angelic being that we are endeavoring to unite with through that love and union, is really a collective being. It is ourselves as soul. For myself, for example, it is naturally easier to feel and project love on to a feminine anima figure, like the Holy Mother. For women, I presume, it is the opposite. And that that being itself seeks a deeper Oneness with the Creator Who created it. We live in a sea of the conscious creative energies of life. This life is a mirror reflecting the Creator. The buddhic level is the consciousness of oneness. That consciousness is itself the result of a Divine Spiritual Creator - the Logos, Whose Will and Purpose must be embodied by the soul.

As we surrender our identity to the Master in the heart, we also consecrate our ego will to Thy Will. We also give up our concern with knowledge as we have known it as an ego, as the soul/triad has within it its own intrinsic knowing. The group/soul consciousness has within it atma, buddhi, and manas, so the primary task is shifting the focus of our identity to the space within where the Master in the heart resides. This is us as we truly are as soul. As we stay aligned, we discover Thy Will as we surrender ourselves to it. We don't have to intellectually understand it, we just have to trust the process, open to the life within and live from there. To me, it is very simple. The Ashram is as close as the heart, for our individual hearts are merely expressions of the One Heart, which the Hierarchy is the embodiment of. Neither do we have to think about how to be or what to do. As we align our identity with the heart space within - the inner soul being - everything just flows or unfolds by itself. We just have to allow it. We are surrendering to Thy Will/the Higher Will in the process of shifting our identity to the heart space within.

Agni Yoga:

The Agni Yoga Teachings are a preliminary expression of the coming Yoga of Synthesis. It is easier now, although more exacting, than when these Teachings were projected. Then disciples were confined within their separate egos which they had to strive by strenuous effort of will to transcend. Now, it is easier to step beyond the separate ego than it used to be and to live from the soul. Now it involves more of an effort to decentralize and at-one with the energies of the soul which are found in a new energy and unitary space emerging from within. I would like to say a bit more regarding what has changed in the 80-90 years since the AY Teachings were projected to HR. Then, there were more Piscean Sixth Ray energies that qualified consciousness. These give more of a sense of being separated from an ideal one then strives to embody. The veil or vibrational difference between the human and the soular was more substantial than now, so people were more confined to their personal, conditioned, linear ego identities. Therefore the First Ray emphasis in AY toward disciplined aspiration and striving to realize the spiritual ideal. Now there are predominately Aquarian Seventh Ray energies and the vibrational veil between the ego and the soul is much less, so it is much easier to notice the new soul energies and shift into these. Instead of the discipline of striving we have the discipline of staying polarized or at-one with the energy of etheric

space where the soul is reflected. Instead of the courage to conform to spiritual impulses, we have the courage to express our inner nature and Be ourselves totally. For this New Age is holistic. We are no longer striving for something other. We are trusting that we can open to Life Now and Live it. So I think it is important that we don't glamorize the beautiful AY Teaching or any Teaching which is meant to take us to a level where it is no longer needed. The thing about the Wisdom Teaching is that it is not an intellectual system of thought, but a symbolic representation of Reality, so that even when one has shifted to the formless levels, the symbols continue to be relevant. Just some thoughts.

Esoteric definitions:

I think some effort to translate to esoteric concepts we use to more practical experiential awarenesses and definitions could be helpful. Here are some ideas off the top of my head and nothing authoritative - just hopefully stimulating.

The *Master* could be considered our Higher Self

The *antahkarana* is the bridge in awareness that connects us to our real Self or soul

The *subtle world* is the underlying feelings, that we usually don't speak of

The *fiery world* is the timeless spiritual essence

The Hierarchy is our real Brotherhood

The buddhic is the living oneness

The atmic is the deepest purpose

The fourth dimension is the one sea of living energies we live in

The fifth dimension is the Eternal Now

The Logos is our God, Father and Creator

The Christ is the Consciousness of God that is within us and all life

The Mother is the conscious creative intelligent energy of life

The Holy Spirit is the Mind of God that connects us to Christ

The ego is our false separate sense of who we are

The soul is the real relatively eternal individual expression of conscious self

Love is the universal conscious Self

Light is the Mind nature

Spirit is the animating Life

Angels are the energetic qualities of God

Devas are the living energies of nature

White magic is thought creation from the soul level
The first initiation is becoming a self directed ego
The second initiation is becoming a soul and love infused ego
The third initiation is becoming soul identified
The fourth initiation is becoming spirit identified
The fifth initiation is becoming One with God
The causal body is the soul body
Hylozoism is the infinite chain of being
Chakras are the qualified energetic centers
The Yoga of Synthesis is living in unison with the Holy Spirit
Group consciousness is the one soul consciousness
The Seven Rays are the qualified essences of God's Being
The Seven Planes are the levels of matter or vibration
The Trinity is the fundamental nature of Reality
Meditation is the process of consciously connecting the outer with the inner levels
Evolution primarily concerns the progressive unification of consciousness
Evil relates to anti-evolutionary forces

Collective awakening:

Thank you everyone for your sharings of your inner spiritual lives. I believe that every effort to open up and release has an effect not just personally but on humanity. Giving our burdens to the Lord is very useful. And I believe that as we release personal issues, burdens, attachments, etc. at this time in our collective history, we are also releasing whole areas of our collective human identity as we are part of the birth of a new human being - a soul infused human. And this is like the birth of a new world of light and life. I think it can be helpful to realize that every separate thought, effort, meditation, intention for the greater good, is part of the same process of the light, love and life of the soul infusing the planet and awakening us to who we really are as One Divine Being.

In terms of group consciousness, the mind is ever the 'slayer of the real' and the separating force. When we say what we 'think' we are naturally going to get many different and differing interpretations. When we express what we feel, our impressions become more unified in a stream of love that embraces personal emotions as well as the raptures of being a free spirit. If we can hold our mind's tendency to create until we have some good purpose to achieve, the

mind will be better used. For example, now I am wanting to communicate an understanding of the mind that can free us from being adversely effected by its creations. The first step is to disidentify with it and to quit using it as the authority on reality. It is not this. One of the wonderful effects of the inflowing and increasing soul energies is the increased capacity these give us for disidentifying with the ego mind. And if we can disidentify with the ego mind, we can free ourselves from the world of meaning created and projected by that mind - and be free to create something which better serves life and the one humanity. All of the various experiences that we are collectively having are as dream images flickering before our eyes as we awake from the sleep of dualism and form life into the radiant oneness of lighted love sweeping into the world and transforming it. We, as a group, are experiencing the joy of awakening together in a new dawn on a Christened planet. The Oneness is already here, we just have to recognize that this is us. Let our meditations be moments of awakening that last longer and longer until we no longer return to sleep.

"The wind blows where it wishes. You hear its sound, but you do not know where it comes from or where it is going. So it is with everyone born of the Spirit."

We tend to think of the Higher Will as something fixed, but perhaps it is a totally fluid and free flow - a movement or unfolding that has a purpose we can't fully understand. We have the choice to trust and release ourselves to it - or resist. So the question arises, 'If I released myself to the impulses of my deepest heart, what would happen?'

Enclosed are some understandings that will help us in making the Planetary Shift/Ascension and transitioning to the emerging New Age of Light. And we will better align with the Hierarchy by embodying some of the awareness and understanding that They embody.

Symbols:

I can't resist contributing to this sharing on symbols. I think it's helpful to realize that everything on the form level is a symbol of the thought that created it - from a galaxy to a tree to a computer to an emotion, like grief. Objects in nature are created by higher beings and human objects by us, individually or collectively. We co-create our experience of those symbols by projecting whatever meaning or

interpretation we give it on to it, so in effect, we experience the contents of our creative minds. We may then find out, through their positive or negative effects, if those creative assumptions are aligned with the soul or the ego.

In meditation we are endeavoring to make a conscious alignment with the soul and its spiritual world. Thinking abstractly using an idea, a symbol, an image, a quality or essence like light, the breath, love, etc. allows us to resonate to buddhi and the abstract levels of the mind that are part of the triadic soul and so build the rainbow bridge linking the ego to the soul and the Ashram. The symbolic nature of the Wisdom allows us to then formulate our evoked intuitive knowingness into clear mental forms that correspond to inner reality. We all remember the Law of Correspondences so often mentioned by DK. So, for example, reflecting on our twelvefold group, we automatically extrapolate to the twelve petaled heart center, the Hierarchy as the Planetary Heart Center, and the Solar Logos Who is also the Heart Center of His larger Cosmic Life. And all the related associations.

The delicious liberating nectar of awareness:

When we are seated, centered, breathing comfortably and relaxed,
We look out over our bodily field, the sensations, emotions and thoughts,

Allowing things to be, to settle down, focusing our intent, our will,
But wait -

We only assume this is me or us looking through our minds and hearts.

What if this is God looking to see what a human experience is like?

How does that change the perception we are experiencing?

How invested would God be in the dramas of our life?

How seriously would He take the thoughts, the wrenching emotions?

How peaceful and joyous would He be to see the results of this life Experiment and experience on the obscure planet Earth?

An experiment He created Himself to experience

What seeming separation and duality could cause

Knowing nothing could harm or change the eternal Truth.

Wait -

I think I am waking up

I feel freer than I ever have

I'm letting my former self go

Now that I am awake to who I am
I am not going back.

My assumption is that we are connecting/opening to an etheric/energetic space outside the ego that is defined by the image of the cave and the space within. This space that is infused with consciousness, light, love and will that is a reflection/mirror of the soul/Hierarchy level on the triadic planes. This is therefore an intermediary space between the Hierarchy and the ego/humanity. Using the process of invocation/evocation we may progressively establish a more solid alignment and fusion.

I would like to ask you, who is observing your thoughts? Who is feeling your emotions, recalling your memories, dreams and reflections? Who notices your pain, your doubts, your joy? I would like to suggest that it is not who you imagine it is. This 'you' who you have a claim on is a different being than you suppose. Although you may have thought of this awareness your whole life as 'you' it is not as you think. Let go of your claim and realize that what you have been seeking is already there. Turn around and meet Him. It's time.

I appreciate the effort to be the 'conscious I', staying with what's real through the body and seeing the ego as an instrument. It's so easy to get caught up in our thoughts and emotions about things so staying real, grounded and conscious is important. We might try considering, however, whether this 'conscious I' might not actually be an expression of a collective being who only seems individual because we experience it that way. What repercussions would it have if there were but the same consciousness looking out through every mind? The less this 'conscious I' identifies with what is being observed, the less personal it is, until we realize it to be the One Soul Awareness that we all share. When we can center ourselves in this detached consciousness, we are in the group space/consciousness. Just some thoughts.

The idea that we all have the same 'conscious I' is an intriguing thought, intellectually. However if we really meditate on that perception in our awareness, we will realize that this 'conscious I' is more than a passive observer. This consciousness has within it a wisdom, a will and a creative capacity more powerful than we had imagined. And the more power we give it, the more it can reveal its

capacity. Until we finally understand that only this Life knows what we really want and how to get there.

The Fourth Ray note of balance is necessary. There is a time for strengthening the ego, cultivating the concrete mind with wise thoughts, the emotions with loving attitudes and the body with healthy habits - and then there is a time for taking the next step in opening to the larger wholeness that requires release from our developed personal identification. Here again balance is needed - at-oneing with the consciousness of the soul while staying grounded in what is real through our sensory connections. We release our identification with the separate ego mind, but stay present to what is real and what 'is', in the here and now. Forty-five years ago when I began my meditation practice I traveled to Japan and lived in a Zen monastery for a winter - where meditation is practiced with the eyes open, as the goal is not transcendence but Synthesis. I am not urging anyone to escape into a fantasy but sounding the note of disidentification with the false self and a moving to a nondual union for those who are ready. Our ideas can only take us so far and although the ego endeavors to justify its separate primary reality, there comes a time when we must release our attachment to our fine ideas and our separate I and open to the encompassing whole. If we are talking about group consciousness as a goal, then we must be able to do this to a degree. I leave each free to do what is right and appropriate in their developmental process, but am sounding the note of the Third Initiation so we might begin to cognize what is ahead and what needs to happen eventually, although in the New Age these initiations will also be synthesized. With the emerging Planetary Ascension and access to the Fourth and Fifth dimensions, many things will be possible that were not so easy in the past. Therefore, let us be wherever we are at in this process but also look ahead and imagine the possibilities that lie before us. Balance. Peace - everything is unfolding in perfect Divine Order.

We are battling the pairs of opposites on the plane of duality until these are finally harmonized and can see a step of a higher unity ahead that Sagittarius is pointing to. We have to take things sequentially and can't skip any steps. The higher unity for us is on the etheric plane, which itself is a unity, but which is that group space, within the tent, where we can experience the connection or mirror of the soul/Hierarchy. So it's an intermediary unity.

A nondual Aquarian path:

The change in the nature of the spiritual path: Some thoughts on the difference between the dualistic Piscean spiritual path and the nondual Aquarian spiritual path

Human life has been characterized by dualism and separation. Just as our civilization has embodied the qualities of the ego on the collective scale, our spiritual approach has also been unavoidably colored by these dominating realities. However, now Reality is changing and so not only our everyday consciousness, but the spiritual path for humanity will be different and no longer characterized by dualism, conflict and separation.

The ego, the separate human consciousness, experiences being apart, having a sense of lacks, vulnerability, mortality, needs, insecurity, and drives to survive, assert will, mind and effort to meet and fulfill its felt needs and drives and cope with the inevitable conflicts between good and bad. Emotions must be controlled, and the mind and will become the primary agents for making a success of one's life. The spiritual path has many of these traits, only directed to good or spiritual ends. One feels separate from God Transcendent and the Hierarchy of Realized Beings. Effort and will must be exerted to harmonize personal will with the Divine and achieve the spiritual ideal or idea. Co-creative 'white magic' is about accomplishing Their Plan for the Earth.

The New Aquarian Age of Light, as I conceive it, will no longer be characterized by dualism and separation. God will be experienced to be the innate and intrinsic experience of being an extension of a spiritual Life Who is manifesting through all. Just as the floating sea of living etheric energies where life will be centered is one shimmering plane, consciousness will also be experienced to be an aspect of a larger Oneness. The spiritual path will be different. The Hierarchy will be experienced as our higher selves. The Plan will be experienced as our deepest heart's desire and White Magic our endeavor to manifest it. Our attitude to the emotions, mind and will would be different than now. We will want to fully experience all the emotions, rather than just the positive feelings, as gateways to higher levels. The conventional ego mind will be totally rejected and trust given to an inner knowing. We will endeavor to surrender and flow with a Higher Will rather than asserting our personal will.

The key to making this shift is realizing that our awareness is not personal but rather the awareness of the One Life within all. If we may deeply contemplate this insight we may shift our sense of who we are and our identity. As time progresses, this energy will become more pronounced so that will become easier to realize this. Our life then will not be about what we 'should do' based on historical ideas of better and worse, but will be about manifesting our deepest heart's desire, which coincidentally is also best for all. Doing this will require a new set of awarenesses and understandings to flow with and utilize the energy of the One Life. But the question will be: What is our heart's desire? What is our dream of what life may be? If our experience results from our intention, thought and desire, what is our deepest hope and desire? What does that vision look like? What would that experience in the moment be for us and for the planet.

Meta 'I' awareness:

Contemplation steps: Instead of just establishing a normal 'I' awareness, imagine what the Divine Being in you is noticing at the moment. This step facilitates a detachment from the objects of awareness - the thoughts, feelings and sensations that our customary 'I' is attached and identified with. And it also facilitates a realization of the freedom and limitlessness of the observing witness. We believe our 'I' is personal because it is experienced within our separate body, but it really isn't. This is a waking up experience.

After we have awakened to whatever is going on in the moment - then what? A good next step is going to the heart and making its desire conscious. We then find, for example, that our will to awaken is something that we want to share, as we know that this is a universal desire. We know also, that the Divine Being that I am is the same as the Divine Being Who you are so we want the same thing. This realization and its implications for the planet are enjoyable to contemplate, for it is a positive, loving, hopeful and beautiful perspective. So by connecting to the heart, we have gone from the individual to the whole and established a mind lit up by the light of love.

What is next after establishing the I and the nature of the world that I is arising in? A next step could be the creation of a better world - not just a world where we are awakening from the dream of separation,

but a world where Life unfolds in timeless beauty and Oneness. Creating this world means living in this world, seeing it and experiencing it now. As this reality better reflects the nature of the Self, we can create this world, share it and live in it. To create is to see it, to visualize it and vilify it with one's spirit or word. This is white magic based on the heart's desire, which is also the Plan for Earth.

So the steps are, awakening, connecting to the heart, realizing what one wants to create, creating and living it. I believe it is very necessary to withdraw in the blessed silence into the sanctity of the inner cathedral of the Self, where we can dream with a child's open eyed wonder. Before we can create we must dream of what we want to create.

What do we say to someone...

Who we know is expressing the very same life as us?

Who is swimming in the same lighted energy?

Who is awakening from the same dream?

Who is feeling the same love?

Who is one with us?

.....

I believe that people everywhere are beginning to have this experience.

Our collective reality has changed.

A portal is opening and another reality or dimension is emerging now.

Now it is easier to speak from the heart and admit what we feel.

Love is transporting us to an experience of unity.

The old world is disintegrating as a veil before our eyes.

Now we may see more clearly

Love is being born on earth!

I appreciate the experience of sacred space. I think space is a metaphor for consciousness. The proportions of outer spaces can set up harmonics or resonances with inner states of consciousness. I myself have experienced space as the presence of a great consciousness and being. When science looks into outer space looking for life, they don't realize that seeing the appearance of Lives within Life.

Reflections on the Rays:

Aligning with the First Ray means, to me, the will to love, synthesis and oneness - and carrying this directive to the outer world. This means helping the many become aware of and connect to the inner One. It implies aligning outer activities, goals and understandings around One Earth, One Humanity and One Spirit. As an esoteric group we must use this energy to take the step away from the outer ego, to identify with the inner one soul. And therefore work as one soul rather than as a collection of spiritual personalities. Embodying the First Ray means, to me, embodying Synthesis or Oneness and living it, carrying this energy to mankind as a directive. There is a natural process going on now of awakening to soul energy. The First Ray would articulate this as a conscious evolutionary purpose and empower it. There is a natural integration going on amongst the nations, the First Ray would prioritize this. The First Ray would articulate the need to conform to the transformational changes entailed in the Planetary Ascension we are in process of that are carrying us to a New Age and new experience of life.

Ray - Effect - Qualities

First - Synthesis - will, purpose

Second - Love - consciousness, awareness

Third - Creative Plan - intelligent life, matter

Fourth - Harmony - intuitive Word, air, breath, essence-form

Fifth - Movement/Action - thought, fire, color, mind

Sixth - Relationship - space/time, water, vibration, astral

Seventh - Manifestation - order, earth, light, etheric

Some reflections in Nonduality:

I noticed that the direction of my thinking and meaning has been going toward a nondual or oneness perspective. Although the typical theoretical background of this is an Advaya, Advaita or a Satsang Buddhist and Vedanta heritage of such modern exponents as Ramana Maharshi, Theosophy or the Wisdom tradition also acknowledges the nondual nature of Reality. Although there are forms on the etheric dimensions, there is also a oneness of interpenetrating energies, and on buddhic and higher formless dimensions, a Oneness of energy and Life is posited to exist, paradoxically, in a hylozoistic chain of Being.

Be that as it may, the immediate present moment can be experienced without the usual separate ego asserting its presence and point of view. Awareness is still focused through the physical body, but without the ownership of this space. Now things just are and life just unfolds. I imagine that the Hierarchy exists as a Brotherhood in Oneness, so why shouldn't we also embrace a similar experience to the extent that we can. In this awareness the personal stream of conscious fades away while a capacity to reflect remains with a more detached point of view. I can reflect on personal history, but am really not so interested. I am more interested in connecting this moment to a meaningful understanding of life.

As humanity moves into soul awareness or awakens to its Self reality, I imagine that a nondual focus of consciousness will naturally become more commonplace. Of course there is much room for misinterpretation of what this awareness means and I believe, if I would review the many nondual proponents that advertise or promote themselves now, that I would find many interpretations and ideas that I don't agree with. However, I really don't feel like doing this at the moment. I'd rather connect this experience with the Wisdom worldview that I have been studying and interested in. This nondual awareness has to make sense in this framework - and I believe it does.

What I believe is happening, is that my awareness is now focused in the etheric 'cave' center where the personal touches the soul through its reflection in an etheric space. I am not in the soul itself, but in a place outside the ego, where I can be open and sensitive to its impression. Here, in the silence and stillness and through a process of invocation and evocation I can establish a line of communication with the soul level. I posit a question, wait, and get an answer. I'm not going to get answers to spurious personal or intellectual questions, but I'm not going to be positing these as my concern is more with what is real in the here and now. I'd like to think that this state of being has universal advantages for everyone, but that is speculation. I can say that this state works for me and is what I want now.

An intellectual question that arises is 'how nondual is this state of awareness?' as there is a world of form and separate people surrounding me. When my wife is talking to me, for example, I realize that I have a choice. I can listen to her as the separate person she is or I can listen to what the one soul consciousness is saying. My

response will depend on who I am I listening to. So I am definitely not in a blissed out state of total oneness, but am sensitive to a more unified state of consciousness and motivated to stay aligned to this. When I respond to the one soul it is invariably with a 'yes' of some sort - a yes of acknowledgment, love, support, and interest without being as fully invested in the particulars as the other person. However, I can go back and forth between the states.

Now, for example, we have been sharing many positive 'signs' happening in the world that harken to greater planetary changes to come. I am naturally heartened by these things, but am also interested in what's really coming, that I believe this increased nondual appreciation is getting at. It's wonderful to feel love and do good things as separate people, but won't it be really wonderful when we collectively awaken to the Divine Life infusing the Earth and connecting us the the larger Cosmic Whole? And experience Those Lives Who embody this. I believe this small moment in my particular living room is about something much more that is happening now. Something totally unobtrusive has made its appearance and is emerging into view. And I have to believe that soon the world will awaken to it and be transformed. These are just the first rays of a new dawn.

I think it is helpful to relate the abstract and theoretical to the experiential. In the pull of consciousness to the soul level we have the effect of the 'cosmic magnet' which is about unifying consciousness. This consciousness unites the 'twin origins' of spirit/intention with matter/intelligence that consciousness lives in and that we experience now. In our own small way we are to facilitate the work of the Father in the redemption of His spirit in the matter of creation. This begins by freeing ourselves from identification in matter, as egos bound in the human person. It's only when we can step back, as a conscious soul, that we - as soul at one with Christ - can really do the necessary creative work entailed. So we first free ourselves and then free the spirit of the Logos in the three worlds and four kingdoms. This creative work all takes place by and within the life of the Mother. This is my perspective. But now it's back to the here and now.

I believe when we approach the numinous, it lights up the world. When we touch the sacred, it radiates into all our perceptions. By

sharing, we realize our separate paths to our common goal are connected.

I think of the spiritual power points of earth, whether Mt Kailash, Mt Shasta, Glastonbury, Iona or wherever to not be disparate places, but as the tips of the mountains of Sacred Earth that are rising as a new planet through the crust of non sacred earth in a process of Planetary birth.

Crossing the burning ground - some thoughts:

We are told that the soul, in creating the vehicle it will incarnate through, utilizes on the buddhic plane the four prime qualities of sound, light, fire and water, in that order, that are then precipitated on the physical, mental and astral planes to establish the separate persona. On the reverse path to reunite with its source, the incarnating individual, responding the word vibrating within, must cross the burning ground of separate illusion created by the mind, by trusting the inner voice and knowingness. This is a somewhat disorienting stage, as we must release our identification with the mind and the separate world it has created. We must realize that the world we see is a projection of our minds on to a substratum of reality, but that we see nothing as it really is. The world we experience is based on judgements, assumptions and core beliefs based on a separation which is an illusion. It is an illusion because the persona is an extension of the soul, and based on its life, little as it realizes it. And the soul lives in Oneness.

The soul itself, as a creation of the Father/Planetary Logos to allow his Being to manifest in creation. That spark utilizes the devic lives it manifests in to experience. We live in and by the devic life of the Mother, on all levels of human life. The devic evolution of intelligent living substance serves the human evolution of consciousness by conforming to the conscious will and providing the vehicles for consciousness - whether that be a thought, an emotion, the body or the soul itself. The human evolution, of the divine hermaphrodite, serves the devic by ultimately connecting intelligent substance to its source in spirit by consciously reuniting with that source itself. These are things we have all read in DK's Teaching and I am just reviewing them to refresh my memory and to articulate their relation to the burning ground.

In this process we maintain a focus in the etheric light, while listening to the word or inner voice as we express the truth of our inner being and thereby break through the veils of separate mental illusion. To make this crossing we must realize none of the thoughts of the world are true although we have given them reality. The mind is the creator, and a mind based in separation creates a separate world and our historic linear reality. However, we are also told that Earth is on the verge of a major shift where etheric energy will break through the veil of separation that has characterized human life, and allow us a more direct conscious connection to the one source of life on earth. Individually we are experiencing something that will be experienced on a mass level soon. Therefore, it behoves us to realize that we won't be taking our egos into the New Age, but will be leaving our separate identities in the process of becoming who we really are.

Let us endeavor to merge with Hierarchy by breathing in the essence, listening to the inner voice, and sounding out its note as it transforms the world of the mind. The heart knows. Let us release our attachment with our ideas and our personal sense of who we are - our life narrative - so that we may joy in this amazing moment and the blessings of it. Let us embrace the Hierarchy as our brothers, our selves, Who have been waiting for us to awaken from the sleep of human life and to claim our divine inheritance. It begins in this moment when we realize that our awareness is not personal, but a gift and a line of communication to the soul. Just as our heart is not personal, but part of the one heart within all. We have given everything a personal twist as we have identified with the separate ego. However, he is not us, but rather a program to allow the soul to ground itself on the physical level. Now that we are here, it's time to realize who is here and our real identity as a living soul. This needs to happen before the succeeding phase of the divine Plan can take place.

I am saying these things to both express myself and to extend horizontal lines of light to everyone. Some of what I say is undoubtedly not true, as these thoughts are formulations of my separate mind. But these are also thoughts that are expressions of a spirit striving for Oneness, connection, light and love. These thoughts are really more a sharing from the heart than from the mind, for it is the heart that knows, and that strives for these things. Just some thoughts while crossing the burning ground. With my Seventh Ray physical I am trying to make what our idealistic thinking is about,

real, embodied and expressed, as I believe the Seventh Ray will facilitate for humanity and the planet. The way is by love through fire toward the One.

I'd just like to say, that it is an intention of mine - undoubtedly poorly realized - to articulate esoterics from 'the inside', from my experience, rather than just talking about', from 'the outside', from the head, which naturally separates consciousness from the reality it lives in. I'm really interested in being able to translate these ideas to an experienced reality.

Some thoughts on steps across the burning ground as I intuit it: An initial realization on the edge of the burning ground, is that none of our thoughts about the world are true. We, collectively, have made it all up and we have bought it all, or our individual portion of it. So therefore we must release our attachment to our thoughts, beliefs and assumptions about what we are experiencing. There is still a phenomenal world there, we just don't ascribe any meaning to it or try to interpret what it means. That leaves us with two factors: The raw sensory data of experience that we get through our five senses. And awareness. However, when we focus on awareness, we soon realize that there is more there than is immediately sensed. Awareness can be directed inward and when it is we find additional factors or elements of life.

We find that awareness is permeated by: A loving attractive energy; A will or intention; A capacity to think and create. We are then faced with the question about how to proceed, having discovered the basic factors of life. Here, the love or heart quality knows the answer. And it does so not in isolation, but through a realization that all the other human beings it encounters are in a similar predicament and are suffering just because they cannot find their way out.

Through a loving service and connection to the other, we discover another missing piece. The field of reality experienced through the senses is also permeated by the three components of consciousness we have experienced within. And by expressing ourselves in loving service to the other, we are really creating a way out for all of us that is really a way in to the One Life.

What helps then: Is a heart which connects and establishes commonality and unity; A mind that doesn't judge, fear or divide but

rather looks to create a way to freedom and oneness; And a will that sets aside all separate agendas and acts only for the greater good.

At a later stage, the individual realizes the One Life is doing all the work in traversing the burning ground, once the individual has surrendered to it. The burning ground is crossed, the mind no longer creates in separation and the individual is now one with his soul group, and identified with the larger whole.

The most important realization:

If there was one insight, or should I say Revelation, over the last few months that was most important it would be that the 'I' awareness that we automatically and naturally take to be personal is not. Looking through us is 'God' or the One Consciousness. He is breathing us and giving us life. When I wake up in the morning, 'God' is always waiting for me and is there throughout the day. Of course it is easier to achieve this detachment from the ego if we can maintain a focus in the etheric cave center where the energies of the persona touch the energy of the soul. There, if we can relax and stay at-one, we can rest in Soul Consciousness and project this on to our experience in the world and see everyone and everything expressing this same 'God'.

It's ironic that we spend a lifetime seeking something that is already there and that is giving the ego the power to seek. The ego naturally feels incomplete and lacking, but the answer is not 'out there' or any thought, feeling or circumstance, but realizing who is the 'I'. In awakening to who we really are and shifting our identity we are touching the fringe of a divine garment that is much bigger than we can conceive. I believe that beauty and true nature of this cosmic raiment we are putting on becomes slowly apparent as we express and live this being.

Learnings from night school:

I know that we are all being taught at night, while our bodies are sleeping. I know that often when I am struggling with an issue, that I will wake up with clarity. I know that the great inventors likewise often received their ideas while asleep, from a spiritual source.

At-one-ment:

"(The) most synthesizing Yoga exacts an obligation to construct one's entire life in accordance with a discipline that is externally imperceptible." *Agni Yoga*

Meditation isn't just for momentary inspiration to enlighten the ego, but should eventually entail the ability to live and function at-one with Holy Spirit Who we connect with in meditation as the connecting agency to our Self and Christ. I believe the reason why the Yoga of Synthesis is one, is that there is one agency responsible - the Holy Spirit - Who leads us to the Oneness of Christ. As Christ released the HS to the apostles, so in the New Age the HS will be accessible to all mankind who are open and ready for this experience. The antahkarana isn't built in separation, as it involves a realization that we are one soul. We cannot save ourselves, alone. As we offer to one another the gifts of the HS - forgiveness, peace, love, healing, Oneness in Christ - we shall gain these and more. By seeing these in one another we are claiming the Mind of the HS Who sees no differences and acknowledging that we are really One. Because what we see is dependent on the mind we are using. Use the ego-mind and we see a world of separation, judgment, fear, anger, condemnation, lack and vulnerability. Choose the HS and we see a world healed, non-separate, forgiven, and loved. What we give to our brother is given to us.

In the etheric space between the pineal and pituitary or in the field between the Alta, Anja, and Crown chakras, we experience the voice or Word, that is not personal, but is the Voice for Christ/our Self, the Holy Spirit. This Word uses the mind/Anja to create or project a bridge to save or liberate other aspects of Itself, as directed by the Higher Spiritual Will/Crown.

What does God say to us?

I am here, you are loved, be at peace, fear not, let go, you are free, and speak My Word that speaks to you throughout the day.

On the path of return:

We are told that the soul creates the persona, by successively combining air, light, fire and water, in that order. As it is at the stage where fire/mind is added that Creator and creation become separate,

so on the path of return, when listening to the Word/sound/air/breath that we must traverse the fire of mind by not succumbing to the separate mind of the persona/ego, but rather give reality to the Voice/Word of the soul Who speaks of the Reality of Oneness.

Planetary crises:

Perhaps this may seem speculative and unrelated to what we are preparing for, but I believe that one of the imminent crises and transformations related to the epochal times we are living in, is the needed change in our worldwide banking and financial system. The present predatory debt slavery system is unfitting for the New Age. We should be aware that changes may be happening sooner than we expect. The private banks need to be rechartered as public utilities and the coming change away from the dollar to a gold based system that China and Russia are working on would be a good first step. So we should see this as a positive thing that is related to the imminent Planetary Shift.

One interesting development on the world scene is the increasing cry of 'fake news' that we hear now. In the US, Right wing groups have long decried the prejudiced news from the 'liberal media'. Trump, during his presidential campaign and also now has charged that the media is biased and opposed to him. The media and establishment have been saying that Russia is the source of fake news and propaganda. The end result is that people know less and less who to believe and increasingly doubt the traditional authorities. More people now get their information from social media and the internet which provides a much wider range of opinion than the mainstream sources which are really more monolithic. People are unavoidably now thrown back on themselves to decide what is true and who they are going to believe. I have to believe that this is a good development despite the chaos of the moment. .

Christ here now:

Perhaps only the Logos and Christ know the exact time when the Revelation and Planetary Shift will happen. It could be any day now. As He said in Palestine, He will come like a "thief in the night", unexpectedly. However, I believe it's helpful to realize that Christ is here now and can be reached although He isn't fully manifest yet. Let us not focus on the 'lack' but the Presence.

To create positive change:

I can think of several big things that will help now to create significant positive change in the world -

1. Awareness of the Divine Plan and Ascension process that Earth is in the midst of. This would bring light and peace.
2. A global monetary shift away from the dollar debt slavery system to a fairer gold based publicly owned international monetary system. This would not only take away much of the cabal's power, but improve the mood and circumstances of the people of the world. Russia and China can do this.
3. Awareness of the 'free energy' technology that is available now but being hidden. Once available, free Energy will provide universal comfort to all human beings and preclude the pollution from fossil fuels that is destroying our ecosystem.
4. Awareness of the beneficent presence and support of the Galactic races silently present in their UFO's. If invited, their knowledge could transform our civilization.
5. Disclosure of the secret communication and information collected by positive segments of the NSA that will be able to prove who was really behind 9/11, for example, and who are really the hidden and real powers of the world and what their agenda has been. Bringing all this to light will be purifying and liberating.

People are now going out and using an app that anyone can easily download with an understandable protocol are telepathically inviting the Galactics in their UFO's to appear - and they are. This is the CSETI CE-5 initiative.

<http://www.cseti.org>

<http://www.siriusdisclosure.com>

Somehow, realizing that people are actually doing this had a real effect on me, like these studies that document how once some monkeys in an area learn a new skill, suddenly other monkeys in the

area start demonstrating that new skill. There is an etheric connection.

The knowledge that something is possible breaks the culturally conditioned belief that it is not. Now while I am not primarily interested in seeing UFO's or meeting extraterrestrials, I am interested in creating a more conscious connection to the spiritual world. And I realized that this endeavor has much similarity to an ET contact. Both the Hierarchy and the Galactics are invisible to us and advanced spiritually and can be contacted telepathically.

So I have been projecting my consciousness into the ethers and will let everyone know what I discover. They are there and I am looking. And leaving my culturally conditioned worldview behind.

Physical symptoms:

With regard to physical symptoms related to spiritual practice and energetic changes, I think we (humans) have such a tendency to be forceful, willful and to impose our ideas of what 'should' be on to our bodies and our lives that quite naturally there result some tensions and physical effects. There is certainly a need to bring our personalities in line with the soul, but I think once a spiritual orientation is established, it can be more harmonious to just gently relax into a spiritual alignment and live by at-one-ment, allowing physical adjustments to proceed naturally. Once we turn our lives over to Christ, we may trust that the transformation will proceed and that we needn't worry about it or force the process. When in doubt, commune with the Mother and Her restorative healing energies

Our collective Dark night:

In day it's natural to be mindless, distracted, and caught up in this or that transient concern or interest. Our collective life goes on. However now the problems mount, difficulties seem intractable and crises loom. And the light of knowledge that has seemed to guide us has darkened. There are no easy answers. The great leaders are absent. Collectively we are adrift and lost and know that. It's now night in the world. However, night has its purpose. We realize clearly how important the light is and those points of light can be seen in the sky of mind if we look up. The darkness too causes us to reach out. Our separation is no longer comfortable and we realize how

important are those connections of heart with each other. We naturally stoke the fires of the heart, and remind ourselves of the eternal truths that must guide us through our dark night. Without the night we would be content in the passing dreams of temporal life on earth. With night, paradoxically we realize the need to awaken from our dream of separation, and to establish our connection to eternal truth and life. And our human brotherhood. Love awakens and we take our brother's hand and the night no longer seems so dark, fearful or cold. We began the night in our separate groups, affiliations and purposes, but must come out of the night as one humanity, cognizant of the spiritual truth awakening in the nascent dawn.

Three planetary crises:

A year ago when pondering the three major crises looming over humanity and the planet, I did not see any ready or realistic answers. Now possible answers are beginning to emerge and although we have a ways to go before these can be fully implemented, I'm feeling more hopeful.

The economic crisis:

The private international banking and financial system is the primary tool for the global ruling class to maintain their power, wealth and control. It is an exploitive and ultimately predatory system to enforce debt slavery on the world population and to extract an unearned wealth in the process by its operators. Affluent elite groups are well paid to promote and justify its continued existence. The Federal Reserve in the US, which is in charge of the dollar supply is privately controlled. Austerity policies demanded by international financial agencies like the World Bank are forcing whole nations to restrict socialistic policies that benefit the population as a whole and to impose what is really a harsh financial totalitarianism. The elected groups in each country that benefit are really being paid by this system to impose its will on the local population.

The answer that is emerging through such organizations as BRICS, and related new financial organizations as an alternative global banking and financial system, that will be based on a solid gold foundation and be ultimately publicly controlled. Russia and China can clearly see how the present petro-dollar banking system is working against their interests and are planning at a certain point to

withdraw their investment in the dollar and the Western banking system and change to an alternative. This will severely crash the dollar and cause the other nations of the world to see the need to change allegiances. With the collapse of the private banks, it will be possible to create public replacements. With the change in the banking industry it will also be easier to change corrupt investment practices on Wall Street.

The ecological crisis:

Humanity is slowly poisoning the planet and irrevocably damaging the ecosystem. The pollution is primarily caused by a fossil fuel and nuclear energy system and profit based industrial practices that place private gain above the general good. The cabal would like to pretend that there is no global warming so they can continue their exploitive and destructive practices and the political policies that allow it.

The simple solution is found in the 'free energy' technology that is known now but being suppressed by the ruling class as it would lose its source of wealth and control if everyone on the planet had abundant free (and non polluting) energy. And if the ruling class lost some of their power it would be easier to change the laws to ecological and sustainable laws.

The political crisis:

The political crisis can be seen most easily in the unnecessary perpetual wars that the ruling class creates. Especially today, when the world is becoming more integrated electronically, financially and culturally and where we have the technology to will allow everyone on the planet the secure basics of life, war can be seen as a tragic and sinister habit that is preventing global peace and prosperity. Of course, the ruling cabal want it this way, as fear is a means of control and war is a way to make money and destroy opposition. It's now obvious to most people on the planet that the mentally unbalanced leader of the 'free world' is emblematic of the insane global political situation and the mad compulsion for global hegemony by the US at any cost.

The solution lies in the whistle blowers who are coming forward, the files that Wikileaks is publishing and the disclosures that the NSA

and other intelligence sources can make that are and will reveal the secret nexus of clandestine power in the world. We currently have little knowledge of the secret programs and agendas of the powerful few and how they operate. When we know more we will learn that 9/11 was a false flag operation, and we will realize that the 'war on terror', like every other war, is a bogus pretext for actions to keep the population controlled. We will learn just how corrupt our politicians and media are and will be able to take collective steps to disempower the powerful and privileged and restore democracy. The internet is a powerful democratizing tool for this purpose.

Our role:

I am preparing to do more than to witness Christ. I intend to embody His life, spirit and mind to the extent possible. Can we have any other role but to be the bridge by expressing His truth to humanity. I think we need to move from seeking to finding, from separation to unity. When we realize that our 'I Awareness' is really an extension of the One Soul we align with the light and love within. We then realize are forgiven everything. We are free from the past and who we think we have been. We are at peace. We realize there is only the now. We realize there is only God's will in reality. We realize we are love and light and the will to good. We realize that a fuller measure of His spirit will be accorded us in due time. We have to release our idea of a separate role and realize He will guide and give us all we need. When we give our separate life for His, His life becomes ours. And as He knows our role, there is no problem. The answer to the spiritual 'problem' is very simple - Christ and His Holy Spirit as we hear His Word in the silence and stillness within, trust, live by it and express it. The answer to humanity's problems are more complex as the human mind in an experienced world of duality and ignorance is more complex. We could well say be more spiritual and the worldly problems would take care of themselves, but unfortunately humanity doesn't want that solution so answers specific to their felt needs are required to be helpful. Therefore, I have pondered over the problems of humanity and the current crises these are causing. Ultimately, the Planetary Ascension will resolve these, but in the meantime, more immediate changes could expedite the whole process and reduce the level of suffering.

I presume that the purpose of spiritual guidance and teaching, is to enable us to find our inner guidance within and to trust, thereby the

authentic truth of the Soul, as an expression of Christ. Therefore, I have increasingly viewed the outer guidance as supplemental encouragement. The goal, as I see it, is for each of us to stand in spiritual being and to not, thereby, be dependent on anything outside our Self, as that Self is revealed to us by the Holy Spirit.

The ego, identified as the concrete ego mind, is always experiencing the insufficiency of the moment and wanting something more, something better, different and special. Yet the Presence of the Divine is always here - how can it not be as everything is part of God. Master Jesus has a non-esoteric approach and Teaching to help us recognize the Presence and Oneness of the divine soul through our own witness awareness. I've included an excerpt of His Teaching through Gina Lake's *In the World but not of it: New Teaching from Jesus on Embodying the Divine*.

Deva and human:

I think it's helpful to realize that we live and move in devic life. Not only our entire personality with its mental, emotional and etheric components, but the soul itself is composed of devic life which allows us to have manifest experience. The deva, the intelligent substance of life, conforms itself to our will. We, as the evolution of consciousness, ultimately allow the deva to connect with its source - pure spirit - via the connecting medium of consciousness. Thus the two evolutions serve each other and each provide half of the divine hermaphrodite who is the life of our Logos in manifestation.

The esoteric path and the nondual path:

This thought triggers another reflection on another fundamental synthesis - the union of the occult/esoteric path with the mystical/nondual path. The Wisdom is about the objectivity of subjective reality, while a nondual approach is about the subjective Oneness of objective reality as an expression of consciousness. The esoteric path, which most of our group seem to resonate with, encourages a focus in mind using concepts developed through occult analysis of spiritual reality. This focus allows the individual to become effective part in the chain of Hierarchy and the co-creative work of Planetary transformation. The mystical path would facilitate a buddhic realization of the synthetic oneness of consciousness which transcends the mind and its manifestation in the world. I believe

nondual teachers such as Jesus, Ramana Maharshi, and such sources as Rasha's *Oneness*, lead us beyond the mind to a realization of one consciousness within all. These two paths seem related to the two evolutions mentioned above.

I would like to think that the New Age with its etheric World of Light that will be manifested will enable us to create more of a synthesis of these two paths. The etheric level as an interpenetrating oneness, that would enable to consciousness a place to occultly be and serve. The mind then would not be the concrete mind, but the abstract mind as an agent of the one Soul. We would not be esoteric egos but co-create the soul's esoteric wisdom.

It's quite a gift and blessing to be alive on Earth during this momentous change. We will be able to look back soon on a totally different reality than the life we will be living that will enable us to empathize with and understand other peoples and worlds in the galaxy who will be undergoing similar transformations. Because, I believe our service will extend out into the galaxy before long. Already the vibrations of the New Earth are filtering through. I can feel an increased energy and pressure and a sense of another dimension of reality faintly intruding into the present moment. My Hierarchical connection feels more definite and the Master in the heart is there. It's a joy to contemplate Christ's approach and imminent appearance and the fire of love He will light in the world. And I feel a great sense of peace, knowing that spirit is in charge and that everything will happen as it is meant to, including my individual life as well. We will know what to do and everything will unfold in divine order. The spiritual host is on the way!

Visualizing the future:

Although the 'City of Light' has not yet emerged from the ethers, nor the Planetary Shift finished, yet it is pleasant to contemplate the future, which in essence, inwardly, is already accomplished and compare it to the past and present. 'Contrast and compare' was an oft repeated writing task in many school classes, that has its usefulness. Perhaps we should just wait until the New Age is fully here? Sagittarius is a little too impatient for that.

How may our wonderful feelings of love and friendship be improved upon in the Age of Light, to start with? As we will live in awakened

soul consciousness, we shall live in Love and an experience of Oneness. Those deeply held feelings of love that we now feel for a few special ones, we shall feel more generally. And because we will be living at an authentic core level, the feelings we will have will also be more deep, eternal, profound and beautiful. We will feel love all the time as love is the nature of the Self and Life that binds us together in one human family under the Fatherhood of the Logos.

How will Beauty be different? Beauty is now experienced as something that transports us to a more exalted level briefly. What shall it be like when we live in that exalted space all the time - when beauty is not just perceived but lived - like living in a divine song? I believe that rather than living on the outside of life, as now, we shall have more of an experience of being in the living flow, song and music of life as that thrills through the cosmos. And our lives will automatically conform to the Divine Musician.

How will Truth be different? As we hardly know what Truth is now, we shall discover Truth and find that it is more than an idea, concept or thought form. We have placed a lot of emphasis on these and the mental formulations of knowledge in the past, but we shall discover that Truth transcends these and is the Living Truth, as a Reality that sustains our life. One's truth is the pole between the actual manifest reality of the moment on one side and the ultimate ground and source of that manifestation on the other - a continuously unfolding moment and experience.

How will space be different? We have lived in a three dimensional world, but soon we shall transcend the restriction of three dimensions by living in the fourth dimension which, as a singularity, allows us to transcend the experience of separation that has defined our historical identity, individually and collectively. By embracing the fourth dimension, we embrace the oneness of the soul and its synthetic and intuitive vision. We then will see all things as aspects of one Life and Plan. Everything will be seen in relation to the Whole.

How will time be different from the past the the present? Now time has seemed to involve a linear succession of discrete moments. Soon, with the apprehension of the fifth dimension, we shall live in the Eternal Now and the essential and eternal 'isness' of life that unfolds by itself. We will then no longer try to control Life but rather surrender to it. We will still have a role in manifesting the potentials

latent within each moment and within each being, but our task will not be based on a personal agenda but rather the intrinsic good of all.

What shall we be like in the future? We shall loose the restriction of a fixed personality, with its history, nature, and habits, and become more like a multifaceted jewel freely reflecting the light of spirit. Like life freed from its encasement in dull matter, we shall shine transparently, moving freely with the unfolding flow of love and life. Awakened to our true Self, knowing clearly the Truth of our spiritual home, we shall be intuitively aligned with our highest purpose and fulfill the role given us by the Logos.

Now, as in the ebb and flow of the surf, the water flows out from the shore. And as it continues to flow out something unusual is sensed. It's quiet along the waters edge but in the distance is a threatening ridge of water and the quickening panic in the realization that there is an approaching tsunami. And like a tsunami, something is coming that will wash away the world we have known leaving but the scattered flotsam and jetsam of the past. And a transformed world.

There are many ways to contribute to the world and make it a better place. Certainly any manifestation of love adds to the collective light. For myself, however, I've always felt that until we resolve the fundamental issue of separation, we may not resolve the suffering implicit in the human experience and provide an answer for it. Therefore my prayer is for Christ's vision, that sees no separation, that embraces all in love. May we see each as they really are, as a manifestation of the One Self. And may we speak the Word we are given, that recognizes that Oneness, that expresses that love, that helps to free the other from the past and his confinement in form. May we bridge from heart to heart, from inner to outer, from the future to the present, doing our part to make the predestined time happen and become real and manifest. In Christ's name. Om

Breathing with awareness:

Today, with every conscious breath, I am inhaling the energy from the Galactic Center as this is released by the Avatar of Synthesis, formulated by the Planetary Logos, channeled and directed by Christ and given expression by the Hierarchy. With every breath, my cells are vivified, my aura is cleansed, my will is strengthened, my love is

enhanced. I am a cog in the One Life, fulfilling my role and function as that is revealed to me in the living moment. My life is Christ's. Our life is Christ's Who shows us our real Self and our purpose. Ours is His, His is ours. As such, we are in but not of the world. From the Silence beyond thought and speech; from the Stillness beyond change; from the Spirit beyond consciousness and matter, is a Oneness and a Life within and containing all. We are living eternal sparks of this flame, Whose essence we are, beyond life and death, existence and form. May we claim our divine nature and LIVE, as free spirits, consecrated to our Purpose and Christ's Plan.

Living in Presence:

The 'I' who we think is us, is really the One Self as it manifests in us. Yet we claim it for our personal possession. However, this claim does not really mean anything. If we claimed the earth personally, how much would that count for anything? The awareness behind our thought, emotions and sensations is an extension of a unitive awareness, a conscious Presence. The more we realize this, the easier it is to detach from the objects of awareness and reside in Presence. The more we can live in Presence, the more can Presence show us its wisdom, it's magical powers. And we realize that we are Presence. This is awakening and Self realization - awakening to the One Self within all Who is really living our lives. And Who is us.

Our need to serve:

Service is a call from our self in the other to the Self in us. Sharing in service is a gift to the other, who is us, and thus to ourself. By giving and expressing our truth in service we build a bridge to the One Self and overcome the illusion of separation. Service draws us out from separation into community, into love. As love pulls us out of ourselves into the larger embrace of life and Self within humanity and Earth. The call we hear is, unbeknownst, the cry of the beloved. 'Come feed My sheep' and 'Love your brother as your self'. Were it not for love and the responsibility we feel to act on it, we would not progress and the planet not evolve. However, love calls us forth and we must serve with joy, as testimony to our deliverance.

The will to be:

When light first hints of approaching dawn, and all the birds become aflutter with joyous day, who would remain silent when all life is joining in song. So is it our responsibility to add our note to the chorus, to find our voice and sing. The Logos orders His Life and Creation with His Song and the Music of the Spheres reverberates. Our best service is comprised of our Love, manifested as our Creation, the labor of our Heart and Spirit. Searching within, coming from one's own soul we must find and activate our unique archetype. We must give birth to that myth that is the story of our true eternal life that is waiting as a seed to be nourished with our life and love. We must be reborn through it into the divine being that we are.

The call of the Angels:

The angels are waiting for us. With many gifts, powers, knowledge and grace they are waiting for us to bestow our inheritance. Humanity has had other goals and desires, however. Few have claimed their divine status. The Angels have sounded their trumpets but we have not known what these mean and the sounds were lost in the wind. Now, yet again the call goes forth - awaken man from your sleep! Now you must for your entire world is changing and God's new world for you is being born! Surely now you will awaken from your sleep and rise up in your Godhood! Give thanks for the Age of darkness is over and the Age of Light is begun!

The friend unrecognized:

Who is it who stands before us? Who is speaking or not? Who is there waiting for our word, our touch, our recognition? Who is it who longs for our love and embrace? The prideful, the hurt, the scared, the confused and the disabled, those who feign disinterest or superiority, those caught up in passion or ideas - they one and all are waiting for our love, our word, and the connection we bring. We must embrace not just the soul, but the persona as well. The ego needs it most, and when loved and safe can then relax and let go. Then our thanks will be doubled and a friend acknowledged.

The gift of authenticity:

To be on the spiritual path often means trying hard to be who we 'should' be and do. However, awakening allows us to be spiritual just

as we are. The ego has a role and a place - we don't have to fight it - we just have to realize it is not us. Authenticity allows us to accept reality without identifying with it. Nor do we have to accept it in the other. If they want to adopt an ego role, that's alright. We know that's not who they really are. We have a gift to offer. Freedom. Living in Presence means being free and being at peace about it. We aren't feeling a lack or a need to be different or more. We are just happy to be as we are.

Once upon a time:

In an age long ago, the world had come to a sad and dreary place. It was a time when people placed great emphasis on their minds and created all sorts of invention, but this mind was as a prison that had few open doors into joyous and free life. The body was everything, appearance, wealth, fame, power and comfort defined the values and goals. Sickness was an anathema, yet the people were sick and couldn't escape their fate of illness and death though they pretended to be young and carefree.

The wall around this world was so thick, that little spiritual light could penetrate. Of course people still knew some of the old myths and religious notions, but these had become like a child's fairy tales, and totally divorced from their everyday life, except as empty rituals to most. The dark ones ruled the world, slyly keeping the people in fear, dissimulating doubt, distracting with specious entertainments, denying any higher truth, and maintaining control through their stewards who were rewarded with wealth and status.

Finally God had enough. An earlier flood had cleansed the world, but the dark ones had regained control. Now the structure of the world would be changed, so it would no longer be possible to deny the spheres of light and love. He knew His people were suffering despite all appearances, for He could hear their silent cries. His angels knew this moment was coming for they knew God's Mind and the glorious destiny that was planned for this world, that would not be gainsaid.

Messages were given out from the spirit world to all who would hear - prepare yourselves for the change that is coming! The world will be transformed and all who cannot love will be removed so they can no longer hinder life. Light will break through the walls of your minds and love will awaken your hearts. You must change your world to

one which shares and honors the one divine life in all. Fear, want, ignorance and violence must be banished. The Brotherhood of Light will once more emerge and guide humanity back to God's destiny. The Earth will once more become a garden and a place of beauty.

Then a miracle occurred such as in the books of old and God's Face was seen in the sky. His Angels appeared and a great sound. As if the sky opened up and Heaven could be seen, a revelation transformed the world and everything that had been thought possible or real was changed in an instant. People suddenly realized that they had been living in a dream world of illusion, for now they could directly experience a higher reality. A new light broke on the world, revealing the larger cosmos that Earth was part of, and the many worlds and civilizations that occupied it.

When dazed mankind finally came to their senses it was as if they were awakening from the dreams of a long and troubled sleep. This new light was a daylight to the darkness they had been living in. The Saints, Masters and Angels were like one's parents gently assuring that one's nightmare was just a dream that is over, and that one is now safe and the world good. Now it's time to get up and run free in joyous nature, to greet one another in love, to play and give thanks for the beautiful world and day God has given us.

This 'once upon a time' is now, of course. We are living in God's dream of separation and birth. It's a timeless story of good and bad, life and death, sleep and awakening. It has a happy ending, of course, as all true myths do. We may look around at our fellow actors, and congratulate them on their wonderful performances - they really put themselves into their roles as if they really believed it all. It was a great script with countless subplots. The dark ones played their part with a gusto that made the suffering seem so real. Let's all take our bows. No wait, there is yet one more act to play. Perhaps I've let out the secret too soon. Oh well, we can all pretend that we don't know what this is all about. 😊

Spiritual paths for the two hemispheres of the brain - some thoughts:

Science tells us that the left hemisphere of the brain, which controls the right side of the body is associated with logic, mathematics, science and analysis. The right hemisphere, which controls the left

side of the body, is associated with imagination, creativity, the arts and spacial understanding. (It's no wonder that in our concrete Fifth Root race civilization, that most people are right handed.) I also think that the left hemisphere is associated with the Light of Mind while the right is related to Love and Consciousness itself. This correlates with the left eye which expresses manas and the right eye which expresses buddhi.

Theosophy was given out to offset the increasing concretizing influence of materialistic science and establish a spiritual science objectively based on metaphysical research in the East. It's a spiritual path emphasizing the left side logic, science and analysis. The nondual mystics have embodied the right side tendencies through the Teaching of Love as articulated by Jesus. This approach emphasizes the living Presence of the soul that is free of any mental identification.

Both spiritual paths need the balance provided by the other hemisphere, subsumed by an underlying spiritual will or purpose. The path of esoteric light needs the balance of heart to orient it into a proper context, so that the co-creative work resulting is for the greater whole. The loving consciousness of the right hemisphere must utilize the light of mind if it is to provide effective service of enlightenment, redemption and salvation.

Loving understanding is a quintessentially Second Ray quality perfectly embodied by Christ and Buddha. Certainly, the Second Ray of Consciousness expresses a comprehensive understanding utilizing the Rays of Manas, as epitomized in Theosophy. However, in practice, I believe the esotericists of the world have been 'mind identified' with the ideas of the Teaching. However, there are other legitimate Hierarchical Teachings that emphasize the cultivation of soul consciousness itself. As we are fast coming under the Energy of Synthesis or Oneness, it behooves us to understand how the traditionally differing spiritual paths of the left brained occult esotericist and the right brained nondual mystic may complement each other and blend in more profound synthesis.

I believe the image initially suggested for our group - that of the twelve poled tent - contains both elements. The poles are the personas with the structure of ego mind cultivated by long esoteric study. The space within the tent is the formless, malleable living one

soul consciousness. It's been my understanding that our goal is to increasingly be able to shift out of our separative ego identities/minds and function as the group soul consciousness. The endeavor to accomplish this may be facilitated by Teachings that are focused on fostering identification with the Presence of the soul itself. Therefore I'm advocating a comprehensive and synthetic approach, for those who may benefit by it.

My understanding is that the Monad is the Self and that this realization is progressive. From mass identification to ego, from ego to soul. Then at the Fourth Initiation we realize that we are more than soul and establish an identification with the Monad that's fully consummated at the Fifth. In this process it's interesting to reflect on the role of Manas or mind. We are so caught up in the mind, that have a hard time appreciating the mind as an agent or tool of the Self to further its ultimate purpose. Which brings us to questions about why did the Logos create this world and invest His Spirit in it?

That is a very comprehensive Second Ray perspective, that would see all beings, despite appearances to the contrary, as perfectly expressing their nature in the perfect infinite chain of being. Those individuals who have had satori experiences also remark on the profound perfection and beauty of life. Of course, we are told that advanced beings can make seeming mistakes too. Consider the Buddha's choice of the path of earth service; the Logos' failure on the moon chain and His excessive compassion; and the problems resulting in the asteroid belt. So my prayer is that the Logos realizes His creative purpose that is happening now. We are told that it is already accomplished on the inner and that this just needs emerge on the outer.

Although these ideas do not come easy today. Today I felt like a pilgrim lying prostrate on the ground, unable to move or think, being grateful for the basics of life, for the breath moving through me, for my beating heart. My ego tried to make me feel guilty and condemn myself for my miserable state, but my soul knew God was with me even now and endeavoring to get my attention. When thought has lost its salt and no longer satisfies, what is there? Awareness is here and a Presence, like an angel hovering and blessing.

The path to awakening:

I desire to have a method to be able to live and be awakened. I find the paradigm of the ego and soul useful to describe this process. We normally function as separative egos and no matter what inspired ideas or divine revelations we receive, we are still functioning as ego with its attachment to the latest most wonderful idea. And to the concrete ego mind as a whole.

The key to shifting into a soul identification is realizing that the 'I' awareness that the ego assumes is itself, is really an extension of God's awareness and consciousness, that is called soul. The ego claims this awareness as itself but it is really God in us. If we can meditate deeply on this realization, we may shift to being soul, who is free from all mental, emotional and physical ego states as the divine observer.

The nature of this life and consciousness, as we know, is love, freedom, peace, and joy, among other qualities. Through a centered inner listening we may then express the knowing of the soul which we are all learning to awaken to and remember. We stop looking for ideas that the ego can use in its hopeless endeavor to 'get it' as we stop identifying with the ego.

When we are interacting with others, we stay in the one soul and listen to what that one soul in the other is saying. We are really communicating to ourself through our interactions with others. Feeling and expressing the love that unites us, we are really functioning as part of the Planetary heart center. By maintaining a polarization as the One consciousness relating as and to the One consciousness in all, we have built and are using the antahkarana.

We have likewise established a bridge between the Hierarchy and humanity. Because the one consciousness is Hierarchical consciousness. Therefore, the Hierarchy is already there within us as that heart centered consciousness just beyond the ego. It's really a very small step from thinking I am my personal self, to being aware as the One Self who now looks through the ego, but doesn't identify with this program.

This awakening is easier if we can share the process we are all engaged in with one another. We are all wanting and endeavoring to

do the same thing - to break free of our confinement in the old world of separation - and awaken to our real Self and live and be from there. The energy of the soul is being quickened and it is getting easier to make the quantum jump to what is really a new world of being.

Asking ourselves questions:

If we pose some questions to ourselves and listen for an answer, it can be instructive. These are some formulations of mine.

Who is the group?

We who stand in the eternal and supernal light.

What is the group?

One consciousness of light and love.

Where is the group?

It exists in consciousness.

Why is the group?

The Lord bids us to serve the Plan for Earth.

How does the group function?

By simply trusting, listening, and expressing what we are given.

When will the group be active?

Whenever we are able to trust and let it be.

What role do our personalities have?

These allow the kingdom of souls to be expressed and manifested on Earth.

How do we perceive the world?

Within all things is One Life and Consciousness that we may honor.

What is our role for humanity?

Love, affirming and relating to the soul, declaring God's Plan.

How do we create and build the Kingdom of God on Earth?

See oneness, affirm universal law, express Light and Love.

A vision:

I have a vision of us sitting in a circle in a warm fragrant wide spring meadow. We are sitting within the tent, which is also a large open enclosure whose walls are sheer silk banners moving in the gentle breeze, so that we may see through these to the distant trees and mountains surrounding. The roof is mostly open to the deep blue shimmering sky that is pulsing with an energy that seems vivify the earth as well. Despite the sounds of the birds and breeze there is a

profound silence and stillness that embraces us and we know that we needn't say anything, but are each experiencing this energy and light that is moving through us. A deep feeling of peace and love pervades the moment and a joy in the beauty of life. The more we open, relax and center ourselves in this moment, the more we sense that this energy pervading has within it a timeless, eternal and otherworldly element - as if a portal in the sky was opening and allowing the down flow of energy from another spiritual dimension into our world. This awakens a sense of a home or inner beingness that we have unconsciously yearned for and remember somehow. We are too full with this moment to speak, but sense that this energy is entering Earth to stay and that we must find a way to embody it and demonstrate the potentials it carries. Its most pronounced quality is a sense of love and a livingness that unites life in Oneness.

Meta mindfulness:

More and more people are practicing mindfulness meditation and I'm sure that we all now do this to a degree. I think observing from a detached witness awareness our thoughts and emotions is good. However there is a further step that I call 'meta mindfulness'. This is the detached witness awareness of the human personality who wants to practice mindfulness meditation for various reasons and who, over the course of his whole life, has had various struggles, disappointments, ambitions, longings, fears, successes, confusions and other human experiences. This detached witness not only observes the life as a whole, but also exerts a conscious will and effort to accept and love it all - even the so called imperfections, failings and shortcomings.

This observer is the real Self or soul who stands outside of the ego's temporal separate life, and can love the personality because:

1. His nature is love.
2. He knows that nothing the ego does can effect it or change its fundamental identity.
3. He is grateful to the personality for providing a way to experience life on the physical plane. This implies that we, as egos, are more than the the finite people with our unique life stories, but really have a deeper and eternal Self. This Self is really the 'I' that the ego claims, and the life which gives the ego the power to be. Practicing this meta mindfulness helps us free ourselves from the confinement of the ego and move into a freer and more spacious life.

Coping with the negative:

I want to address how we might cope with negative people and negative groups. We may be personally subjected to this energy or we may just notice it's effects on others.

1. Be careful to not take it on and establish your connection with your soul, Christ and the Father.
2. Contemplate on what spiritual process is happening. For example, the negativity is generally the result of the ego's fear of love and connection to the larger whole based on its false assumptions.
3. Affirm the positive law involved that resolves this negativity. In this case the ego eventually must realize that rather than fear love, love and the larger life actually complete and frees it.
4. Realize as the *Course in Miracles* says that 'all attack is really a call for help'. Negativity is a judgement projected out that is implicitly an attack as it would impose an idea or emotion on its surroundings to restrict and harm it.
5. This 'call for help' is reflected in the difficulty the individual or group is experiencing in overcoming fear and embracing love. This calls for sympathy and blessing from us and an affirmation (it needn't be verbalized) that they will eventually be able to take the evolutionary step they are stuck at.
6. We then see them as having made that step and relate to them as if they had done it and strengthen that self within who is needing support in moving forward. That doesn't imply being 'nice' to such a person or group who may need to know the truth of the the effects their negative actions have.

I have had a longstanding belief in the inevitable externalization of the Hierarchy and the reappearance of Christ. And I have felt an equally longstanding connection with Hierarchy, and occasional glimmerings in meditation of connection and contact. However, there have never been any especially pronounced overt experiences. I have certainly been making consistent efforts over the last weeks of our group project to contribute in line with the promptings in the Guidance. I continue my efforts to strengthen my soul alignment and contact and to do our meditation. I remain hopeful about imminent spiritual revelations and the externalization of the Hierarchy.

Group critique:

Despite the professed goal of shifting to real group consciousness, most of the group are spiritual egos and the group is therefore a spiritual group and not a group consciousness. The European members in particular seem to be more identified with intellectual and traditional forms of the Teaching while as we travel West, people are more willing to step out into the new.

Four chakras are used

1. The Crown which provides underlying will or purpose to fulfill the Plan.
2. The Anja which must be utilized to visualize and project a vision of oneness on to the world and our experience. We must fully live in and by the One Life.
3. The Throat which gives us the Word, or truth that we must articulate and share.
4. The Heart, which provides the Self consciousness and love which is our fundamental identity.

I believe that we will be challenged by the process of shifting to the expanded soul consciousness of Christ so that we may see and experience Christ in all.

The nature of Self consciousness or buddhi:

The level or plane of buddhi has been described by esotericists as between the vibration of manas or mind and atma or spiritual will. It is said to be related to intuition and is the central component of the triad or conscious soul - that immortal being who is really the "I" or conscious being within and behind the separate human personality. However, the concept of buddhi is a bit harder to grasp than mind or will, so I will endeavor to say something more definite than may help us gain awareness of it and claim this reality.

Buddhi can't be grasped by thought because it is beyond thought and the ideas and thought forms that inhabit the mind. Buddhi is not individual but rather is a universal field and energy that is Self conscious. It is empty as there are no forms in it. It is full in that it is the pervaded Presence of Self Consciousness. It is beyond time. It

is unitary. Although we each may experience it individually, it is One. The epitome of buddhi is Christ Who totally embodies it as the Son or Consciousness of God/Logos. Anyone whose identity and life is centered in buddhi is likewise expressing his Christ nature, which is the essence, the inheritance and destiny of all humanity.

Although we may endeavor to utilize the mind to visualize a connection to buddhi, and soul consciousness, this may be a hindrance if we don't realize that the connection is already there but unrecognized and we cling too much to the mental forms we have created to get there. Stepping into buddhi is a bit like stepping into a 'no man's land' as it is devoid of the familiar ideas that we are so enamored with and invested in. Everything here just *is*. This *isness* however is imbued with sparks of intuitive knowing which we may focus on and become aware of. And it is imbued by an invocative call that we would respond to.

It is our duty to respond to this divine call and to formulate our intuitive knowing and express and share this. Atma or spiritual purpose directs this. Esotericists talk about building the antahkarana to gradually shift one's focus and identity from personality to soul. And they talk about using the mind to do this. However it really works better if this bridge is built 'from the top down', from buddhi. Let the soul build the bridge, rather than the person. The mind then co-creates and externalizes what we as One Self are coming to know. This is ultimately to assume our role in manifesting the fifth kingdom and the Plan of the Father/Logos as formulated by Christ.

Awareness of buddhi leads to being able to stay at-one and identified with the conscious whole, while experiencing the separate person as a pole through which the Oneness of the Self may be known, shared, realized and manifested. Buddhist Consciousness remains detached from particular thought forms but uses thought to extend and express the intuitive knowing and will within it. The mind becomes the servant and agent of the heart, which is what buddhi is - the Self of Love that unites divine purpose with divine substance. This is the beginning of a larger experience of life and a new world that reflects this, that we will create together.

When we consciously at-one with the soul, from the heart center in the head we open our awareness to the buddhic heart consciousness and center our focus in this space/energy. This

consciousness is outside the thoughts of our concrete ego mind. The more we focus on this energy, the more we realize that we are connecting with a conscious energy that is within all life and that is permeated with light, love, consciousness and will. We realize that this is really the Self, which we thought was individual, but which is actually a collective consciousness.

The mind comes into play when we express and share what we intuitively come to know through buddhi. Buddhi or Consciousness Oneness constitutes the essential nature of the soul. In buddhi, we are not thinking, we are actually in touch with what is. Creative expression through mind is a way of coming to know by sharing what we intuit through buddhi. In the age of separation that we are moving out of, we have placed primary reality on the mind, but that has to shift now as the heart is the way to the age of unity that is emerging. The heart embodies the conscious center of life just as buddhi embodies the conscious center of the triadic soul. The Self or the oversoul is now accessible by everyone. We may begin to collectively shift from a civilization based on the ego to one based on the soul. We may actually open up our minds and hearts to the larger Life and reality that is emerging now from within and begin to live as soul. We no longer have to be content with just contemplating the true nature of life or devoting ourselves to an idealized image of it, we may now embrace it and live it. Master Jesus in *A Course of Love* has given us specific methods to realize this.

The Sixth Ray and Synthesis Now:

Initially, we are told, the First, Second and Seventh Rays formed the nucleus of the new Synthesis Ashram which is carrying the new Synthesis energy to Earth from the Cosmic Avatar of Synthesis evoked by Christ. This Ashram and energy will eventually encompass and incorporate all the Rays and Ashrams just as all planetary Rays are subrays of solar Second Ray of Love Wisdom, as the Solar Logos is the Heart Center of the larger Cosmic Life we are an integral part of. This energy will allow the entire Earth to shift up to the next level.

The Sixth Ray is now integrating into the One Synthesis Ashram as its idealistic focus is no longer directed toward the realization of personal ideals or mental aspirations but toward the Planetary Shift

toward the One Life, One consciousness, One Mind and One Being within all the outer forms of life on Earth. Humanity is the vehicle for the Avatar of Christ Who is us, in Truth. Synthesis unites the separate form and the consciousness of the One Self as poles in one consciousness. This is Christ manifesting in that portion of humanity who can embody Him.

As we are told, Synthesis Energy resolves apparent conflict by creating a new manifest condition of the One Life. Duality is really only apparent to those polarized in separation, in the ego. As we choose to identify with the One Self, we will thereby gradually transform everything into the new world that is destined and waiting to emerge. We must co-create it, extend and manifest it. By so doing we fulfill the divine Will of the Logos and the Plan of Christ to consciously redeem the present world by consciously uniting with the One Spirit within it. The Sixth Ray now directs us to the path of the Heart and union with what *is* there within and Real rather than what is ideal or mental. Just as the Sixth Ray solar plexus energies have to be lifted up to the Second Ray Heart Center in the process of integration, so do we have to move through the heart portal to shift our identification to the unitary space of the One Self within all that we share. We can then live from love and what *is* rather than what we think should be, trusting in the flow of spirit in the moment.

As we are all an expression of One Self, this group consciousness can only be realized by sharing it with each other. Initiation is no longer individual. We open to, align and identify with the Synthetic Self through the synthetic Heart and buddhi and then live from there, seeing and relating to this in all. Then we help to bring this awareness to consciousness in others. The mind then becomes the agent that allows the experience and extension of the Will and Consciousness of Christ. And the creation of the New World/ Millennium that is destined to become real. It already exists as a seed but we must give it form.

Making the Shift to the Soul – Incorporating Jesus’ Teaching:

Those in the esoteric community, and I count myself as one, have a great appreciation for the Theosophic Wisdom given out by the Trans-Himalayan Lodge through various individuals over the last 150 years, in particular. I consider this Wisdom as representing in symbolic form the scientific understanding of the inner and

metaphysical realms, just as our present day science is a formulation of the laws of outer empirical reality. The Wisdom could only have been formulated by those sages who in consciousness have been able to transcend the 'three worlds' of human experience, as this is not a speculative and intellectual creation, but a direct representation of what is ultimately the Divine Truth of the One Reality.

The early Theosophists emphasized the new esoteric knowledge they were announcing and the necessity for individuals to live more spiritual lives. Later esotericists, like Bailey and Cedercrans emphasized the more precise psychological integration necessary to assimilate this new knowledge. However, the emphasis continued to be primarily mental as befits the mental emphasis in our Fifth Root Race civilization. Anyone who has associated with the esoteric community can readily notice what a heady atmosphere it has with all manner of eastern, occult and esoteric concepts discussed and bantered about. These ideas which we are incorporating allow a more transparent connection with the reality of the soul and therefore allow us to express our inner knowing with more accuracy and sophistication.

However, there is also a natural tendency to just stuff the ego mind with these new ideas and to stay stuck in the ego, in separation. It is a natural and unavoidable tendency on the spiritual path to at first endeavor to spiritualize the ego, because that is where we are identified. It's only later that we realize that we need to release the ego at a certain stage in making shift to a larger identification, if we are to continue to progress. The esoteric emphasis on manas further adds to the difficulty of making a jump to living as a soul as it intensifies our mental focus, on learning, on placing primary reality on the mind for our experience of reality. As a psychotherapist I've noticed that idealists can have a difficult time with integration. There is so much focus on one's wonderful ideals and ideas that it may take many years to realize that there is an unresolvable discrepancy between these and one's actual experience. Integration will not take place in the mind but through the integrating agency of the heart that leads to soul and buddhi. Although the laws for soul/group life and white magic and the path ahead of planetary, solar and cosmic initiations have been articulated, yet most of us are still struggling as personalities to learn and apply it all and make the shift to the soul.

Although Jesus is admitted to be Lord of the Sixth Ray by the esoteric community, His recent Teaching has not been given much acknowledgment or emphasis by esotericists. Yet He has transmitted Teachings through a number of people in recent years, such as Helen Schucman, Paul Ferrini, John Smallman, Gina Lake and Mari Perron. His Teaching doesn't use the esoteric terminology —and maybe is thought to be less profound as a result— but focusses on the need to understand the separate ego so that we might release our identity with it by living by the Heart and surrendering to the One Self. This is the nondual path of buddhi. And in this age of synthesis, this Teaching can help us move from our wise egos to the living experience of the soul, and from separation to Oneness. Esoteric concepts are then experienced as aspects of soul awareness and seeds of knowing that we can draw upon to express our Self.

Other people like Eckhart Tolle and the Nondual Satsang community have also articulated the need to release our attachment to our thoughts, emotions and personal identity and open in the Now and the Stillness within to what *is*. It can be difficult to release our attachment to the ideas of our accumulated cherished wisdom, and our ego focus, but nothing real can be lost, and in the experience of the One Self we will attain the experience of the reality that was symbolized in form. As I see it, we must endeavor to stand in our being as souls now, and trust in the truth as we experience it as we live by Love. As Jesus says in *A Course of Love*, the time of learning and of the mind is over. The time where we each can directly access Christ and rely on what we intrinsically are, and live from the heart has begun. We must now be who we really are by shifting to the soul and synthesize the path of the mind with the path of the Heart. And by doing this have a greater impact on humanity. This is the Second Coming of Christ which is beginning now. Christ will be externalized by that portion of humanity who can be who they really are as soul and embody Him.

The three factors of the soul:

Contemplating DK's exhortation to register the significance of the three factors of the Soul, the Hierarchy and the Plan at this time, I realize that these are of central importance now.

The Soul - the consciousness: We are transitioning out of an age defined by the separative dynamics of the ego, which have characterized our sense of personal identity as well as the nature of our institutions, values and world view. However, now we are in the process of awakening to our inner self identity as an expression of a more encompassing consciousness. This is huge. We are no longer who we thought we were. The shift to functioning as a Soul changes everything, as it is a totally different center of life, with totally different qualities and dynamics. As we put our energy into living and identifying as a Soul, energy is withdrawn from the old fear based paradigm in ourselves and in the world. It is essential that people understand that this is a time of awakening, of liberation and of the peace, joy and wholeness that comes from this.

The Hierarchy - the connection: For too long has the conception of God, the saints, angeles and spiritual beings been strangely disconnected from everyday life and practical impact. The Piscean Age postulated an idealized transcendent spirit. However in this new Aquarian Age, God is now experienced as immanent, and we must realize that there is indeed a spiritual Hierarchy guiding our planet in line with God's Will that we must invoke, rely on and co-create with. In this confusing time of planetary tumult and transformation, the Hierarchy is our anchor and it must be known that there is such an anchor as we move into the fluid new energies of Aquarius.

The Plan - the purpose: Likewise we must realize that there is a Plan for the evolution of the earth, that we as Soul through our alignment with Hierarchy, must do our part to express, co-create and manifest. The Plan embodies the Will of our Logos as it is formulated in the *Mind of Christ*. The Plan gives shape and direction to the energies of life. Making known the fact of the Plan and some aspects of it must perforce be a great boon to a world racked in confusion and despair, and subject to negative forces which would lead to further suffering and destruction.

To the average person this may be all speculation or, perhaps, intriguing information. I think it will have more impact when people see that it is being lived, demonstrated and embodied. Then the words will convey the needed energy. As to what we can do as aspirants and disciples to promote and promulgate these ideas and intentions, I think the first is to realize that we are really all endeavoring to realize and express the same thing now. Let each

express the truth as they intuit and vision it to strengthen the group. Let each cooperate and support each other in this process, re thoughts, feelings needs and wants. Collective measures are very important now to get the word out to the populace as a whole.

Prayer:

In the Christian tradition, prayer is understood as dialogue with God, that is, as loving conversation with God who has invited us into an embrace. Prayer should accompany the reading of Sacred Scripture, so that God and man may talk together; for "we speak to Him when we pray; we hear Him when we read the divine saying."

Contemplation, "the hearing the Word of God", takes place in terms of silent prayer that expresses love for God. In this silence, unbearable to the "outer" man, the Father speaks to us his incarnate Word.

The role of the Holy Spirit in contemplative prayer has been emphasized by Christian spiritual writers for centuries. In the 12th century Saint Bernard of Clairvaux compared the Holy Spirit to a kiss by the Eternal Father which allows the practitioner of contemplative prayer to experience union with God. In the 14th century Richard Rolle viewed contemplation as the path that leads the soul to union with God in love, and considered the Holy Spirit as the center of contemplation.

From a theological perspective, God's grace is considered a principle, or cause, of contemplation, with its benefits delivered through the gifts of the Holy Spirit.

A formula for prayer as affirmation:

1. *Focusing in the heart (not the mind, which just thinks but doesn't know) to clarify in consciousness some apparent need or lack in our life.*
2. *Opening a channel to higher/inner/spiritual levels by using the imagination.*
3. *Invoking a response to one's felt need or lack.*
4. *Giving thanks for receiving what is needed.*

The secret of prayer:

1. Thought is creative. What we believe and affirm, we manifest. So if our belief affirms a lack we manifest this.
2. We already have everything within. There is no lack in reality, just in our consciousness.
3. Therefore, we must affirm that we already have what we want in order to experience a realization of this.
4. It is helpful to focus on the essence, energy or quality we want rather than the form and trust that the appropriate form will manifest.

Example, using 'The Lords Prayer': (as an affirmation)

Our Father who art in heaven, hallowed be Thy name.

Thy kingdom come.

Thy will be done

on earth as it is in heaven.

(Who) Give(s) us this day our daily bread, and forgive(s) us our trespasses,

as we forgive those who trespass against us, and lead(s) us not into temptation,

but deliver(s) us from evil.

For Thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

Spiritual basics:

We can choose to release our identity with the separate ego and the ego mind which judges, attacks and misperceives reality. Our abstract mind of light is part of the soul which forgives and blesses the world. The mind we use determines what we perceive. Use the ego mind and perceive separation, fear and judgement. Use the light of the soul and perceive loving Oneness. Love and forgiveness are qualities of the consciousness of the one soul or Son of God who we are. The light of the soul reveals that we are all expressions of the same light, space and consciousness.

Components of spiritual life:

Open to and acknowledge the Hand of Grace (God) that Guides and supports you. *Divine Spirit*

Accept what is and allow it to be. *Conscious awareness, sensation.*

Let go of human thoughts, emotions (that aren't really yours) and be still. *Mind of Light*

Flow with joy and love. *Feeling Flow*

Declare your deepest desire. *Will, Intent*

Reimagining oneself:

Imagine awakening to your free transcendent spiritual being.

Imaging realizing that you have the capacity to create the experience you want.

Imagine yourself content, in a world of light and love that interpenetrates outer reality.

Imagine that separated historical humanity is just a stage in a larger journey.

Imagine spirit awakened humanity as the next stage of human life.

How to take the step in consciousness from one (the separate ego) to the next (the one soul)?

Release thought and open to what is now and the awareness of it.

Feel the heart-centered connection to a larger space and being.

Listen in the stillness and silence of this now for an inner knowing.

Stay aligned and at one with this flow and movement of spirit and life.

Express what you are given to express.

Opening to this space with others allows us to realize that we are all part of the One

And all expressing the same conscious soul being.

Moving from seeking to finding:

The ego experiences lack and seeks to assuage it.

The problem is ego identification -

Step away from the ego and the problem is gone.

The ego thinks an idea or knowledge is the answer.

Any ego solution is part of the ego problem.

The solution to the ego is free Self awareness.

The ego struggles to control, will, achieve and get.

The real solution is letting go and trusting the Self.

Everything is provided, we have all we need.

The ego assumes it's awareness is its personal belonging.

However, awareness can observe the ego.

Therefore awareness is an aspect of the Transcendent Self or soul.

The antahkarana:

The causal body of the soul on the mental plane is an eliptoid whose one foci is the soul consciousness and the other the ego consciousness. The antahkarana is the conscious link between these.

Landmarks of the coming New Age of the Soul:

The cosmic energy infusion in the 60's that was about peace, love and liberation, reconnecting to nature and our bodies, holistic global awareness, electrifying culture, and a new spirituality that acknowledged ancient Wisdom.

The increasing awareness and acceptance of paranormal and spiritual ideas and practices, meditation, NDE's, reincarnation, karma, the hidden Government of Spiritual Masters, past lives, OBE's, etc.

The increasing appearance and awareness of UFO's and channeled communications.

The increasing interest in eschatological prophecy and sense that major epochal change is imminent

The increasing financial and electronic communication that has integrated the people of Earth. The internet and social media have been empowering and democratic influences.

The increasing global awareness that our civilization cannot go on as it is because of looming ecological, economic and political crises and the related suffering of billions of people as a result.

The intensifying spiritual energy that is allowing everyone to step out of old thinking, values and identities and find their own spiritual authority within and become inner directed.

Requirements for Spiritual Advancement:

1. Non-violence: Violence has been a scourge on humanity and it has been all too easy to justify it. We must take care to avoid it in our everyday actions by avoiding angry acts and words. When we need to address something that is provoking anger in us we should do so in a calm reasonable way.
2. Non-judgment of others: The tendency to judge and then project our judgments on others is in itself a violent act that is negative and furthers unwanted separation, egoism and ignorance. Condemnation of social ills should emphasize the good that the negative situation is blocking.
3. Avoidance of intoxicating substances: The body cannot absorb higher spiritual vibrations if it has been degraded by intoxicants.
4. A healthy moderate diet and physical self care: Spiritual development requires the self discipline of moderate healthy habits so growth can be consistent and progressive. A chemical free vegetarian diet is best along with fresh air, pure water and mild exercise.
5. Spiritual study, reading and reflection: This opens our mind and realigns it with energies and concepts that more accurately reflect our true nature and that then allows us to express that self nature more transparently.
6. Selflessness: Is an awareness an attitude based on the understanding that we are all part of the same being and life. And an endeavor to embody this universal brotherly love.
7. Regular meditation and prayer: This involves stilling the mind and emotions and invoking a deeper spiritual awareness and connection. In time this becomes not just a momentary act but an ongoing at-one-ment.
8. Compassionate service for the greater good: Service is really about giving and being one's true self in some arena. It entails coming from the heart and embodying one's highest Self and purpose. It requires seeing One Self in all I all.

A spiritual worldview:

I can't tell you how helpful and gratifying it has been to me to understand better what human life is all about, because otherwise everything can seem very confusing and complex. Therefore I would like to share a distillation of that understanding that also might unlock some doors for you.

A human being is composed of:
A concrete mind and self will
An emotional and sentient nature
A vital energetic body that is part of the physical body

This is actually the vehicle of a spiritual Self or soul that is also tripartite:
Having an intuitive consciousness that is part of God and which is Love
Having an abstract mind that is utilized by the Self to create
Having a spiritual Will and purpose that is connected to and part of God

God is therefore not a person but the living conscious Whole that is beyond conception.

The human being, although an extension of God and the soul in physical matter, has at some point internalized and identified as a separate personal self or ego.

The ego is based on a fearful belief that it is separate from the Whole or God which it denies.
This creates a separate identification in the mind which is then projected on to external reality thereby giving meaning to the world.
This projection unconsciously seems to justify itself as we don't realize it is a projection.
The rejection is projected inwardly as self doubt, anxiety, and guilt.
The rejection is projected outwardly as judgement, attack and efforts/will to control.
The ego then assumes vulnerability, and lack that has to be met through external competition for things it believes it needs.
The ego therefore gives reality to its separate mind and utilizes this mind and self will to survive and flourish.

As the ego lives by its mind, it gives priority to what it thinks and its beliefs and assumptions about everything — what is right, wrong, moral, desirable, valuable, necessary, etc.

Our entire civilization is based to a large extent on our individual identification with the separate ego. Therefore our values and institutions reflect the same struggle to survive; competition and war for presumed scarce resources; basic felt drives to get and use; underlying sense of fear and violence; presumed need for rules and laws to live by in society, etc.

However dominant the ego's separate reality has been, the encompassing Love of God has gradually pervaded our lives, values and thinking allowing us to feel a greater sense of commonality, connection and community.

We are now at that point in history where our Self or soul Consciousness which has ever been within us, is beginning to break through the outer crust of the separate and artificial reality that we have been living in. This may be simply be understood as our collective awakening to who we really are as an embodiment of a deeper authentic unitary consciousness. Christ is merely the religious name for the One Self of God that we are all part of.

Therefore the outer turmoil in the world may be seen as the breaking up of institutions based on fearful separate beliefs and a fundamental separate identity that is now outdated.

A New Reality based on Love and our shared divine Life is beginning to be recognized as a conscious choice. This will eventuate in a different way of life, an expanded sense of Self and a consequent focus on the Heart and living Now, as we will no longer be living for a future or be trying to control our lives as determined by our minds.

The rest is up to you, as you have the wonderful opportunity to create a life unencumbered by the beliefs, restrictions, fears and delusions of the past! A new dawn is breaking on the world, and a New Day more beautiful than anything yet achieved is before you to create and enjoy!

Ten minute universal therapy:

Our individual mind is creative and shapes our experiences so if one is struggling with some negative experiences the solution involves some very simple understandings and steps.

We are spiritual beings and therefore have an eternal inner Self which the outer personal self is a reflection of. However, the person or ego with its conditioned thinking causes its own problems by not trusting the intuitive knowing that it has within.

Therefore the first thing to be done when struggling with some issue, is to: get in touch with the Heart which connects us to our inner Self and then evoke a down pouring of Love to the personal self — providing an unconditional acceptance of whatever inevitable human ‘imperfections’ or issues the person might have, knowing these ultimately don’t matter or don’t affect the Self. The Self is complete, beautiful and divine just as it is.

If some things come to awareness during this process, just forgive yourself for whatever your personal self or ego might have believed that really isn’t true and then do exactly what you are intuitively given to do, in Trust. Realize that the world operates on beliefs and assumptions that are false as far as your inner Self is concerned, but that you have free will and a choice about what ideas you choose to live by. The more you can release of the ego’s thought system, the better.

Ego programming is characterized by fear, belief in separation, a sense of vulnerability and lack, a predisposition to judgements that are then projected on to external reality, felt needs for things one is in competition for, dependence on the concrete mind and will to control life, survive and flourish, etc. The inner spiritual Self operates on the laws of Love, Trust and Oneness with the Larger Life/ universe/God it is part of.

Therefore, to heal we must unite our minds with our Heart, our thoughts and beliefs with what we intuitively feel and know as we attune within. We gradually live more from the Self than the ego. The

outer person over time becomes more of a transparent reflection and embodiment of the Self within.

Universal ideas and qualities implicit in the Self or Soul:

- We have an 'I' awareness.
- We experience safety, peace, love.
- We feel appreciation, gratitude and joy.
- We can focus on the now and what is.
- We can accept our self and our feelings.
- We have an experience of an inner empty space that is full.
- We have shared life and want our conscious connection to be stronger.
- We have interest, curiosity and a desire to understand.
- We have good will for the good of all.
- We have desire for expression and fulfillment.
- We desire to be a force for good, beauty and truth.
- We have an experience of the world as embodied ideas.
- We are waking up to a divine intention of light, love and divine purpose.
- We have awareness of a Presence, a Oneness.

No seeking is needed. Just open to the Heart and accept what *is* there. Your heart can discriminate truth from illusion. Use mind from within the heart. The thoughts of the Heart are an expression of your true Self. Giving these and receiving are one. No relationships are special. We only learn in unity where there is no loss but only gain. We don't have to think, plan or learn. We are already accomplished and complete.

Co-creation or the art of thought - 'creating like unto the Creator':

- Experience and acknowledge what *is* now
 - As a fact of your existence as a human being
 - As a gift of the Creator Who is it's source within and behind it
- Acknowledge the relationship between the created and the Creator inherent in the experience
 - Acknowledge the call for a response to the Creator
 - Acknowledge that all gifts are given to all in unity
- Co-Creation is the dialogue/relationship or the response to the call

This is creating like unto the Creator
This is utilizing the art of thought or miracle mindedness

Conditions of the 'in between time' of acceptance:

Access to unity sustains awareness of the Self
Acceptance of Self
Support for Self and life
Regeneration of the body
Time replaced by Presence
Time will be a convergence, intersection and pass through of the infinite
The Self will expand into the world and create a new universe
Creation will involve movement, being and expression
Special relationships will be replaced by holy relationship
Control is replaced by grace
Certainty in the present
Learning replaced by being, trusting, intuitive knowing and expressing
Outer focus replaced by inner locus extended out
Reverence of the Whole which is all, prevails

The precipitation of the new spiritual Wisdom in three phases:

The spirit worlds and the inner Hierarchy of the Self realized who are consciously working to further God's Plan for the Earth, have ever provided guidance and direction to humanity and have actually seeded the human mind with most of the evolutionary concepts that have moved our civilization forward. In the last 150 years, in particular, the Ancient Wisdom has been disseminated in new forms to help humanity understand what's really happening on the planet now and to make a harmonious transition to the destined New Age. This new dispensation has been released in three phases.

The best place to start is with DK as he is rightly regarded by most esotericists as the authority on the nature of occult Reality. In Bruce Lyon's Occult Cosmology, DK says that there are three phases to the Wisdom Teachings that he has been instrumental in disseminating. The first phase is Theosophy which is a distillation of the mental illumination of the East in the form of a third person objectification of the inner nature of Reality — the processes, structures, cycles, lives and qualified energies, etc. This objective mental approach which

brought out the underlying unity of various religious and philosophical systems of thought is in synch with the objective scientific attitude of occidental consciousness. The second phase embodied by Roerich (MM), Bailey (MDK) and Cedercrans (MR) (interestingly from the three Masters constituting the new Synthesis ashram) articulated how the psychological integration of this Occult Wisdom might be realized by the process of gradual evolutionary conscious expansion into ever more subtle dimensions of the Theosophically described Reality. This phase emphasized psychological integration, initiation and the antahkarana just as the first phase emphasized the enlightenment of the mind. The third phase, emphasizing spirit, Shamballa and the life thread or sutrama, is the nondual path of radical awakening or Self Realization. This is the path of the Heart that Jesus offers, of identification beyond the mind with Christ and the Absolute Self. The second phase is dualistic — the personality feels separate from what it seeks. It corresponds to the development of psychology as a nascent science. The third phase is nondual — everything is already realized to be within and part of one, whether that be the Self, Christ or God. Rather than expanding, we contract to the central point that hologramically contains the Whole. This has its correspondence to the dark matter of a Black Hole that is integral to all in a unified field.

The reason Jesus has emphasized teaching about the ego as a prelude to this Heart Path in his recent communications, is because, ever since at least Atlantan times, humanity has functioned from the internalized ego program as its self identity. This false separate identity was created by fear of the Whole or God and a belief that one was separate, identified with the body, threatened and doomed to die. From this identity in the concrete ego mind arose a number of implied assumptions and attitudes including: a belief in lack, self doubt and anxiety, an inclination to judgment and the projection of one's thoughts on to outer reality where they are experienced as real, a continual struggle and will to realize the beliefs and ideals of the mind, a felt need to use and control life and circumstances for survival and happiness, etc. At any rate our entire civilization on Earth has been an externalization of the ego. As it is more difficult to overcome something if we don't know what we are caught up in, awareness of the true nature of the ego has been recently emphasized. A problem also arises when we have endeavored to integrate the Wisdom. The concepts become invariably internalized into the separate ego mind and can actually increase our sense of

separation, rather than our oneness with others and life. Likewise the related endeavor to develop spirituality means that, at least at first, we unconsciously try to enlighten or spiritualize the ego. As the mind is naturally separative, its development can strengthen the separative ego. In the transition that the Earth is now in the midst of, the fundamental change regarding humanity will be our shift out of separate ego identification to identifying as a soul which is naturally group conscious. And the New Path of the Heart leading to Christ is offering us a way to do that which avoids many of the issues and delays of the mental path of initiation for those that are inclined to it. I say 'New Path' because the Heart is no longer just to be perceived from the ego's point of view as the organ providing love to the ego, but the Heart can be experienced as a portal to the nondual One Self in all and thus Christ Consciousness.

I think the Mahachohan's explanation in Cedercrans' *The Nature of the Soul*, of the need to reverse the steps taken in becoming incarnate when on the path of return can also be helpful in providing a useful meta understanding. Those incarnational stages are: 1. The Word pervading a discrete etheric form. 2. The creation of a mental body. 3. Taking on an astral body. 4. Incarnation in a physical body. On the path of return back to Source and Oneness, the steps are reversed and related to the initiations. 4. The First initiation marks the beginning of the process of return. 3. The Second initiation marks the dominance of Love over desire for self. 2. The Third initiation marks the consecration of the mind for the good of all. 1. The Fourth initiation marks the success in overcoming identification with the separate ego mind by identifying with the Word or Spirit. The relevance of this to the path of the Heart taught in Jesus' *A Course of Love*, is that by understanding that the Heart is actually a portal to a unified dimension of Being from which we may live intuitively, we may more easily overcome identification with the ego mind and become One with the One Self in all, or God. We may understand in this, the need to leave even our precious Theosophical concepts as we leave attachment to the mind and traverse the boundless Light of buddhi/Christ Consciousness (primary matter ensouled by the Word) guided not by our thoughts but the intuitive Knowing within the Heart.

A Fourth phase may be presumed to happen when Christ and the Masters are in physical presence and the Mysteries are restored —

when we not only have the Presence of Christ in the world, but have that Presence embodied.

ACIM and ACOL:

A number of people have compared *A Course of Love* and *A Course in Miracles*. As someone who has utilized ACIM for forty years and more recently transitioned to ACOL, I feel they are distinctly different paths and that it is best not to conflate them although both were given out by Jesus and contain some of the same ideas. ACIM seems to be a modern psychological articulation of the path of invocation of the Holy Spirit given out in Palestine 2000 years ago for a humanity identified with separate ego consciousness. The Holy Spirit enlightens the concrete mind where the ego is situated with the light of the soul. The personality becomes inspired but continues to identify as a separate person. ACOL is for the new era which will allow the personality to shift his/her identity to the soul or Self. ACIM enlightens the mind but ACOL facilitates direct unity with Christ through the Heart portal which allows us to access a different dimension of being and identify with the Whole of God.

I believe the energetic differential between ego and soul has been too great in the past era to allow more than a few to make the shift to Oneness and Christ Consciousness. However, changes in the energetic matrix of Earth have now now decreased the gap to a manageable step that we each can cross if we realize the nature of the opportunity of the moment and are willing to embrace Love and release old outdated assumptions, fear and programming. While ACIM fosters spiritual individuals, ACOL facilitates the collective embodiment of Christ through us. This embodiment means choosing to become who we have always been inwardly. It implies a shared co-creativity that will manifest the Kingdom of God on Earth. People born now can become aware of and access the shared Self, so will no longer have to work with the mind in the old way. Therefore it's a direct step into living in a future that is already within us, waiting to be chosen and embraced. I would say that ACOL and ACIM are different Paths leading to the same place depending on whether one is polarized in the concrete mind or can live from the Heart. This Heart Consciousness is Christ, the One Consciousness within all mankind. When one can shift one's identity to the Self, one doesn't have to think, learn or be concerned with the mind except to express what we are coming to know as a result of living as Self.

ACIM enlightens the mind of the personality, ACOL facilitates the shift of identity from personality to Self. However, as unity with the inner Christ Self is our eventual goal, ACOL is a more direct path.

The present moment at the end of history:

Our conscious Self is an individuated extension of the Consciousness of the God of Love and Earth onto the physical plane. God has always been within the physical plane as God has created it all, but we have not recognized this as we have been living in a circumscribed and separate reality based on identification with the ego and physicality. Now, however we may shift awareness and focus as the Consciousness of God or Christ, and in the process extend a new reality on Earth. Like people blinded by the light who have just come out of a dark house into the sunlight, it will take some time to adjust to this new reality we are now living in. To understand it, is just to realize that God intends to fully and Consciously manifest Himself on this most dense level of reality, and we, the human instruments have been created and prepared for this moment when we shall awaken to our God Self and begin to live as we are in the Eternal Now. As God is One we shall identify with the One Divine Self within all that we are. We shall share what we discover and what IS and by doing so, gradually manifest the Creative Mind of God. God has created Earth to unite the Highest with the lowest and to extend Heaven to Earth, to awaken and save the sleeping, to overcome all material resistance, and to create a potent beacon of Light in the Galaxy that will serve many. Our collective awakening heralds our collective embodiment of Christ and the beginning of a new chapter of life on Earth. Everything up to now has just been preparatory. Humanity is now fit and ready for its destiny. The Second Coming of Christ is simply our collective awakening to Christ within as our real being. We can now be our One Self in true freedom and Oneness. Doing is now secondary to Being. Control and effort are replaced by Trust and Surrender to the larger Self we are. Time morphs to timelessness. And Love pervades all. Let us free ourselves from the chrysalis of separate ego, and spread our wings and take flight. God is all there is.

New Day:

In the morning I shake off my thoughts and join with Christ in Union and Oneness. Now all I see is part of me as I am part of the One Life and Consciousness within all. Everyone speaks to me with Christ's Voice, whether they know it or not. The space of Love pervades, uniting us all. I have moved from being a separate person to being an individuated expression of our common Self and the Consciousness of God that is now accessible to all. Despite the upheavals and tumult in the world, something wonderful and long prophesied is happening. We are collectively awakening to an inner Spiritual Self that we will discover is One. As we begin to live as this Self and share what are coming to know and realize, we will begin to manifest a new reality on Earth — the Soular Kingdom of God. We will move beyond time to timeless Divine Creation. Earth will be reborn as the Sacred Being it has always been within, but will also now be without. Inner spiritual Earth will become manifest. As we share this inner Space, Life, Consciousness and Spirit, it will become increasingly real to more and more of humanity. Many will stay in separate consciousness a bit longer, but all will be in Divine Order again. It begins with a simple awareness and sharing from the Heart. Then it will spread as more and more of us wake up to what is happening and get on board with this new movement of Spirit and Love. We will find it is the simplest thing and doesn't require effort, work, perfection or knowledge. We just share what we are feeling as we live from our Heart and make known what we are aware of now. We feel more alive and fully present in the Moment and no longer doubt or repress our Self. The present Moment is now an abode of Peace and Love.

The path to the New Country

We unconsciously assume that there is no other way to be except as we are — albeit in a better, more successful version of ourselves — and this reality is reinforced by the society around us. However, individuals throughout history have at times been able to achieve or tap into levels of power and knowing that transcend the norm and that demonstrate higher levels of reality. These higher dimensions are the province of religion which endeavors to orient us to God and the spiritual realms.

There are many paths to invoke an awareness and connection to spirit but the easiest is realizing that Love is an energy that is of God

and the Heart is a center through we can consciously connect with God. Then we must focus our awareness in the Heart and live from the knowing we intuit there. The Heart is the doorway between the personal self and the Divine Self. The space beyond is the Divine Self that animates all. By choosing to stand in the Heart's portal and identifying with the Divine Whole we can express that Self through our outer form.

Therefore the small difference between the human and the Divine Self is determined by which side of the Heart portal is the individual centered in and living from. Maintaining a spiritual focus feels initially like choosing an empty space devoid of the normal thought forms, emotions, concerns and actions that we have known and that have been our life. With patience, trust and awareness soon we discover an awareness of an intuitive knowing, a subtle impression and voice that guides us. However, it's going in a different direction than the customary interests and proclivities. We are going to a New Country of Love and Oneness.

We will not know what this New Country is all about until we begin to share what we are becoming aware of with one another — those who are also venturing forth into the One Spiritual Self. By doing so we reinforce the reality of this experience and gradually unfold its Divine Potential. We can immediately recognize some of the qualities of this New Country — Peace, Love, Light, Oneness, Timelessness, Freedom, etc. — but won't realize Divine Ideas and Intentions God has in store for us until we begin to explore the riches hidden in this New Land of God.

Jesus, who stands in the doorway beckoning tells us that he won't predict what we will find except that it will be our wondrous Divine Inheritance which is Our Self that we share with Christ. The particulars we will joyfully discover together as we begin to live from the Heaven realm where our Self resides. God has determined that we are ready now to collectively make the destined shift that will allow the direct manifestation of Heaven and the Consciousness of God on Earth. What are we waiting for? The day of our deliverance has come. The gate of Heaven is open. All we must do is walk through.

Life set to music:

How can you set music to words? When notes fall out of the sky and spirit begins to rise up and dance, can any words suffice? The spirits arise from the ethers and the moment becomes imbued with a magic life. The Heart begins sing of its own accord and the world is suddenly alive with joy. Best of all a portal opens in the Heavens and there She beckons, Her movement Life Itself. Love flows down from Heaven above in a rapturous blessing. A path ascends to realms of perfection beyond conception and for a moment the worlds unite. Surely the Heavens move in Divine Song. Let us put our ear to the Divine Heartbeat so that we too may begin to course through the sky to the Divine Chords. It is the Music of Love that allows our wings to lift us upward, above earthly care and concern, transfixed by the Divine Muse.

Experiencing connection to the Divine:

I have often been astonished to see just how many people go about their lives with little thought or care for why they are here on Earth. Oh, their particular religion may have a view on this question, but they don't give it much thought and it's not part of their life, but something extraneous. Especially now when secularism is becoming more predominant there are no satisfying answers for the ultimate meaning of life except what a person can cobble together through his relationships, work, moral values and quality of life. Yet the Earth and Universe are billions of years old and our transient lives are but a flicker of light in relation to the darkness of the whole. This greatly distressed me when I was young, and so I spent a number of years seeking answers which led me to Theosophy and a framework of meaning that was reasonable.

Of course, the next step is to integrate this understanding with one's lived experience and this I am still endeavoring to do. It's one thing to believe that all is Divine and a creation of one Creator, but how is that experienced. For me now, I am endeavoring to see that Divine life in everything, and to align, through love, with the Divine Consciousness within. Belief is insufficient — what is necessary is experience of the Divine Being who has created and is within everything. When we open to that experience, as we have been assured is possible by the Son of God, we begin to live in the Eternal Now for we are seeing and experiencing the Eternal Truth of

the Divine rather than the passing temporal physical life which is but the form through which this Divine Life can be experienced.

Love is the means to connect to the Divine, as Love attracts, unifies and ultimately IS the nature of the Divine. We all value love when we experience it, but don't realize it's potential as an avenue of Self/ God realization. The more we can live in Love and centered in the Heart, the more we can begin to experience the spiritual dimension of life and a sense of being joined to the Source. To do this we must shift our identity from the mind which, by its nature, projects it's separate thoughts onto the Oneness of Reality. We cannot experience Oneness from separation. However, from the consciousness of the Heart, we can experience Unity with the Divine, which fulfills our beliefs about the existence of the Divine and provides the meaning we have sought for life on Earth. To live in Love we must share Love, for Love is an energy that is continually expanding. And this requires overcoming the fears and beliefs that have been embedded into human living.

“Can you imagine that the creator of universes imagined you? The Source of all being wondered what it would be like to be the unique soul that you are, and in that one moment of dreaming, your soul was born. You exist within the Divine mind. We are thoughts molded into form. We are the vehicles through which the Creator experiences itself and all that it can become. You and we are as fingers on a hand, waves upon an ocean, and colors within a spectrum of light. Look into the eyes of another and witness the Divine. Look into the beauty around you and know Divine love. Look into your own eyes in the mirror and witness the Source itself looking back... for each one of you is that and only that.” A. Albers

Showing the way:

We have come from a spiritual realm of God, as extensions and manifestations of God, to share and extend our Self with each other here and so consciously manifest God on the physical plane. We do this by sharing what we feel and are coming to know as expressions of Love and the inner Reality of Self experienced now. All separate purposes related to our human form are subsumed by our spiritual life which in its knowing takes care of our outer self as well as fulfilling our spiritual purpose. A shift in perception and identification from separation and ego to wholehearted union is necessary to live

as the Self. This is accomplished by continual inner awareness and listening to the voice within with its intuitive guidance. Although most people we encounter will be polarized in their personal separate self, we can relate to the Self within them as well as the personal level. As there is really only one Self in all, we can see and acknowledge this. This is the shift humanity is in the process of making now as we move from fear to Love and a world that is to be based on the experience of the One Divine Life and Consciousness in all. In the interim transition, those identified with the ego and the concrete mind may have a hard time understanding those who are endeavoring to live from the inner center of the Self. The nature and purpose of each is different, although the Self is also behind the ego. The ego is like a mask that believes it is the real Self. However, now we are moving from belief to experience, from mind to Heart, from the unreal to the Real, from fear to Love and from separation to Oneness in God. Let those who Trust their Self and the Truth, lead the way.

Sharing Self awareness:

Now I can see the world, not with the ego's eyes, but as the form housing and expressing the Life and Consciousness of God. Now I am at Peace and in Love. What I share is what I have and receive. I am connected to and part of the Truth of what IS, the Life and the Spirit. Now I can say, with Jesus, Father forgive them, for they know not what they do. Everyone I see is part of me as I am. Now we can begin to share and extend who we really are and create and manifest a new Reality on Earth. It is the Reality that expresses the Truth of our Oneness in God. It is a Reality holds the seeds of the Divine Ideas latent in the Mind of God, that are there to be known, realized and manifested. First comes the awareness and acceptance of what IS — our shared Christ Self. Then comes our living and identity as embodiments of the Christ Self, which will initiate a New Era on Earth. The Presence that we feel now is Christ, who is knocking at the door of our Heart, beckoning us to welcome him and the new Life and gifts he brings. It is our Life and our Self that we are awakening to. The challenge is to stay polarized in Self awareness and not fall back into self thinking. However, as we breathe, relax, let go and reconnect to the Heart and the space of Self awareness, we rejoin in the living moment with what IS. It's easier to stay in the moment if we share this moment with each other. We are all living in the same Eternal Now. As we share this

inner experience we make it real and manifest without. The sharing of our Self awareness is the sharing of Love.

Men and women in complementary relationship:

Women embody Love and the Beauty of Life ever new. Men embody Spirit and the Consciousness of Self. Women reveal the true nature of Life and give to Life all that is worth living. Women embody the Creative Force of God. Men embody awareness of the Divine Mind and the capacity to formulate Divine Ideas. Although women and men both equally express the same Self, each primarily embodies different aspects of the Self. Women embody the Love of Christ, men the Consciousness of Christ. Men's feeling of Love is awakened by women, women's minds are awakened by men. Women channel the Animating Force, men conceptualize it. Both aspects are necessary to fully manifest and externalize what we Know as a Christ identified Self. Both aspects complement each other in extending the Conscious Reality of God to the physical plane. In the New Era, both men and women must be fully themselves with each other, and in the process become Whole. Women have had a more important but under appreciated role in infusing civilization with Love. Men have had more prominence in a civilization based on the ego mind. Now will come a harmony as both sexes will cooperate in Being the Whole Self. The outer duality will be superseded by a Oneness of Being where each gender expresses the same Truth in complementary ways that serve to unfold the latent Purpose in the Mind of God.

God reveals Himself:

When we rest in Self awareness we rest in God. As the Self is contacted by joining awareness with the Heart, as we rest in the spacious Consciousness of the Heart, we rest in God. This is an Infinite and seemingly empty space as it is devoid of form, but as we attune to it and trust our intuitive sense, we discover a Knowing, a guiding Spirit and a Revelation of what IS that is our common Truth. This inner Reality is the Kingdom where the soul resides in Oneness with God and where we may reside too if we choose to do so and thereby release our false ego identity and our habitual focus in the ego mind. We have been separate long enough — now is the time to awaken to our inner and real identity and begin to live as such. Now is the time when we may accept the Presence of Christ within the

Heart as our collective awakening. The Age of the separate ego is morphing to the Age of Union with the One Divine Self. Christ is not just returning as a separate Being, but more importantly as the soul Consciousness within us that is who we really are. Thus does God consciously pervade and manifest in his Creation.

Divine succession:

Gautama Buddha brought the Divine Mind of God down to the mental planet to enlighten humanity and alleviate suffering caused by ignorance. Jesus Christ brought the Divine Love of God down to the astral/emotional plane to show the Nature of God and save humanity from suffering. The next avatar will bring the Divine Creative Will and Force down to the physical plane and initiate a Spiritual civilization on Earth that is the next destined step in God's Plan for Earth. This may seem impossible now and beyond conception, but the only thing stopping it are false beliefs and illusions that we will be glad to let go when we realize the Joy, Peace and Exaltation these are blocking. When humankind takes steps to share based on the acceptance of our equal human rights, then the stage will be set for the appearance of the next Divine Avatar who will catalyze humanity and initiate the New Millennium. Suffering will end as humanity stops denying God and lives instead in Oneness with God.

A time of Peace and Awakening:

Earlier in life I was preoccupied with career, home and family as well as coping with the normal human range of yearnings, wonderings, thoughts, feelings, desires, and needs. Now, out on the other side, to a degree, I am less constrained and more able to meditate and reflect without distractions. I don't have to be a sanyasi or recluse, because I also no longer need to escape from a world perceived as threatening. It's all Divine. Thus things now are as they should be and have forever been if one could but see it. I am grateful for the continual blessings and for the grace of God that I am carried along by. I daily endeavor to release my control and agenda and surrender to Spirit and Christ Consciousness. I endeavor to release my projections and be with what IS. I endeavor to maintain an inner listening and at-one-ment. By sharing what I am aware of and experience, a sense of living in an Eternal Now becomes more palpable. Sharing is necessary to make real and activate the

potential of what is contacted and touched. Every moment offers the opportunity to explore the treasure within, if I choose to do so. There are manifold possibilities and interests within the vastness of the Self. It is a Kingdom with diverse fascinations, beauties and wonders. Now, however, there is work to be done — which entails the process of waking up. Let us help each other awaken to the Self within. Later, we can access God's Dreams together.

The Voice of the Silence:

The Self is in the Silence surrounding and pervading us. It speaks to each of us as a Voice that is felt and interpreted intuitively. It is not confined to a person or even a planet, but is a Universal Consciousness that we each can access by centering our awareness in the Heart. We don't normally notice the Voice of the Silence as we are listening for sounds and assume that the absence of sound is nothing. However, if we will listen with the Heart, we will notice feelings, apprehensions, impressions and intuitions that we may formulate in thought. The Heart receives, the mind creates and extends what the Heart Knows. This is the opposite to the way the ego works. The ego first believes in its thoughts which it then projects on to the Heart or the world, interpreting what it all means. Anyway, when we accustomize our awareness to living in the Silence that encompasses, we may learn to hear it even in the noise of the world, and apprehend it's Voice which guides and instructs us.