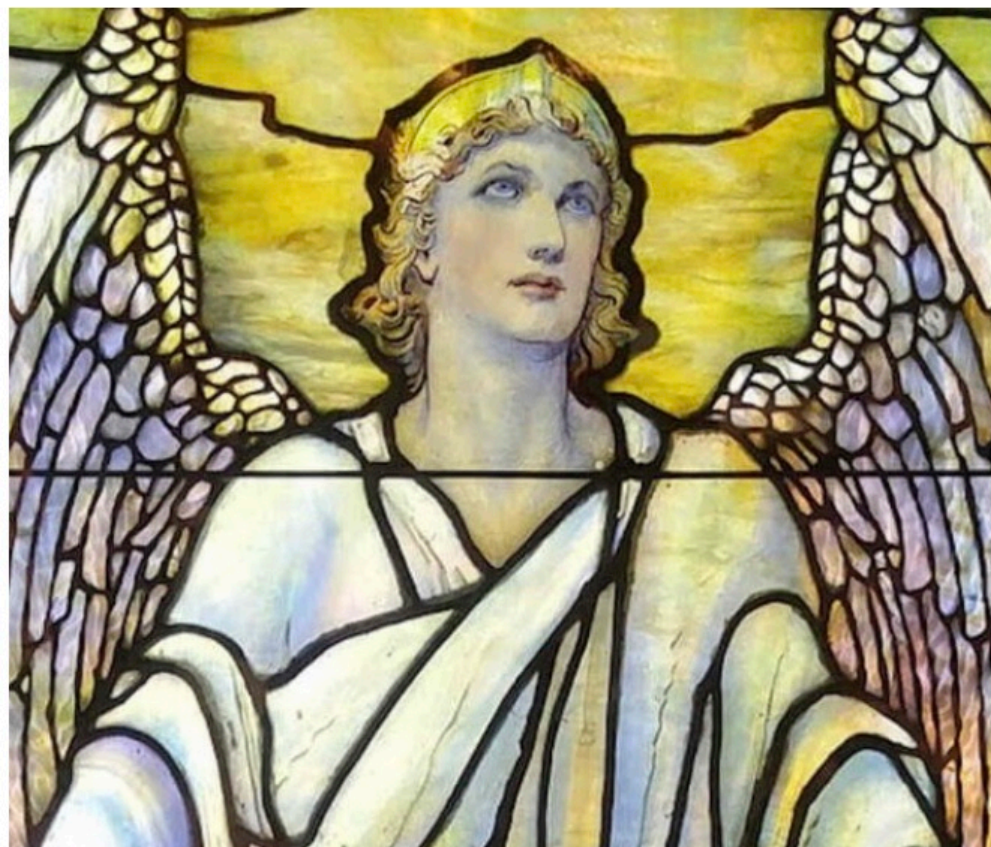


Christ Self Reflections III: The Divine Self



Don Turner

CSR III: The Divine Self

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It is a tenet of Christianity, as it is of most religions, that the period of history we are in will not last but will be superseded by an age that will be quite different and better. Christians believe Christ will return and usher in a New Millennium. In the year 2000 Jesus announced that the Time of Christ had begun and gave out instructions in *A Course of Love* for recognizing and embodying one's Christ Self. The following reflections are an attempt to articulate the shift from separate self to Unitary Self Consciousness which means, to awaken to and be who we really are. The awareness of this Self and its Presence are gradually pervading humanity.

Contents

- pg 3. Contents
- 4. Preface(s)
- 5. Introduction
- 8. **The Divine Self:** Stanzas 1 – 580
- 353. Stanza Index

Preface I

Back in January 2018, enjoined by Jesus' injunction to begin to dialogue from the Self, I began to add a period of Self reflection and writing to my morning meditation that I then incorporated on a blog on my website, SoulLifeCenter.org. I began this dialog with Jesus but hoped that it might lead to a wider sharing. It has lead to a book, *Christ Self Reflections*, that a year and a half later is on Amazon kindle. This isn't just a part time project for me, but a gradual shift to centering myself in the soul and living as such. This is a shift that I believe many of us are in process of making. Although I have relied on Jesus' Teaching in *A Course of Love* to provide the basic framework of ideas, I have, in the spirit of that Teaching, relied on the intuitive Knowing within the Self to be the authentic basis for my writing. I therefore am not claiming any special authority but my own inspiration. However, it is my hope that these thoughts may find resonance, as we all are awakening to the same inner Truth.

Don Turner
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Seattle, Washington

Preface III

The Emerging Divine World and *The Divine Self* are continuations of *Christ Self Reflections: An Ongoing Communion*.

Introduction

Not only Christians, but Muslims, Jews, Buddhists and other religious believers understand that history proceeds in cycles, and that humanity is now at the end of one age and is transitioning to a new age that will be quite different from the old. Christians believe that Jesus will return in this new age but they should also understand that He is even now emerging and can be reached in our minds and hearts. He is not yet here physically, but has been sending out His messages and His spirit to the world and many people are hearing this communication. There are many books that have been already published that articulate His thoughts on how to adjust to and live in this new time.

Science, of course, cannot understand how this could be because it can only know the material universe, and not the spiritual metaphysical universe that is causal to the physical. However, as spiritual beings living in human form, we can know this as we have a consciousness that transcends the human form we incarnate in. This spiritual consciousness is called Christ and is what we essentially are. The essence of Jesus' new messages is about helping us to be able to shift our identity from the separate ego which our present civilization has been built on, to living as Christ identified soul. And the essence of this process involves releasing our attachment to separative ego beliefs and opening instead through the united heart and mind to our inner Self, Who is Christ. And then expressing this.

Many believers will not believe in Jesus until, like the apostle Thomas, they can see the physical form and are convinced by consensus thinking. But if one will listen to one's inner knowing as that is given by spirit, one may intuit the one truth given out through the many people who are hearing and channeling Jesus' thoughts now. In this time of turmoil in the world, the sooner one may understand the nature of the changes happening on the planet and align with the positive potential that exists now, the sooner one may move into the new reality of oneness, joy, peace and creative life that comprises the state of being and the new civilization that awaits humanity.

There are many signs in these times that indicate that we are in an epochal transition. The Earth itself cannot go on with the pollution and exploitation humanity have imposed upon Her. There is increasing acceptance that there are UFO's observing us in the skies and letting us know in various ways that we are on the verge of a new time and an

CSR III: The Divine Self

enlarged understanding of our place in the universe. The old civilization with its continual wars, global injustice, disparities of wealth and human suffering, can be seen by billions of people around the planet to be unsustainable and untenable for the future. The flaws of the few who control the system can be easily recognized by the masses of people who can see the selfish compulsion for power, acquisition and domination.

We need a fundamental change in our thinking and way of life. Fortunately, Jesus is offering us such a change that is destined to be embodied by humanity. We may begin now by realizing that the age of the ego — of separation, fear, lack, violence, and ignorance — is ending and that we may leave it now by opening to the new spiritual energy that is already infusing the planet and allowing each and all to realize that they have a real and ongoing connection to God and Christ within. This begins by shifting our focus from the ego mind, with its conditioned assumptions about reality, to the heart, which connects us to the larger life. It is through the heart consciousness, with its inherent connection to all life, that we may learn to realize and consciously express that One spiritual Life that moves in all.

A few of the people in the US who have published communications from Jesus that they have received:

Helen Schucman. <http://www.acim.org/index.html>

Gina Lake. <https://www.radicalhappiness.com>

John Smallman. <https://johnsmallman2.wordpress.com>

Richard Greathouse <http://journey.cocreatingclarity.org>

Sebastián Blaksley <https://www.chooseonlylove.org>

Mari Perron. <https://acourseoflove.org>

The following book is a compilation of meditative reflections of the Inner Self over a period of a year and a half that was prompted by Jesus' encouragement to dialogue that was given out in Mari Perron's channeling of Jesus in *A Course of Love*. This dialogue represents an endeavor to share an inner Christ infused consciousness, that we may begin to shift our identity to the Christ Self that is now emerging into our awareness and thereby begin to extend and create the New Reality that God Intends for Earth. I believe *A Course of Love* embodies Jesus' most advanced Teaching that facilitates our direct awareness, experience and embodiment of Christ Consciousness.

Christ has been made so special in Christianity that we feel it is nearly impossible to have any relationship. He is ever above us, out of reach,

CSR III: The Divine Self

an idol apart and beyond our efforts. This really isn't so, fortunately, for Christ is ever within us, speaking to us continually as that Voice of our very Self. Christ is the essence of who we are, embodying the Love that we feel, the Spirit that moves us, the Consciousness that we share as extensions of God. In the moments when we forget who we think we are and step outside of our habitual stream of consciousness, we rest in the Peace of Christ who is always there waiting for us to turn our attention and awareness to Him, Who is us. Yes, in awaking to who we really are and shifting out of our personal identity by choosing our inner Self, we are awakening to the Christ Self we share. As we more fully embody this Self and live from this awareness, we shall gradually realize the full implications of what is emerging in the world now. Christ is not coming from without, but from within as an awakening to the One Self that we are. This book is an attempt to share this Self that is here now. Let us become aware of what IS here now and assume our role in the Second Coming that is happening now unannounced.



The Divine Self

1. Utilizing the Light:

There is more Light now enlightening our minds, but unfortunately this Light is stimulating the outdated concepts of the ego mind which don't reflect the nature of the Light. The Light is coming from the realm of Oneness and Love, but the ego mind is based on assumptions of separation and fear. It might be thought of as the Light illuminating a horror movie that's being projected on a cinema screen. The contents on the mind or story don't allow for a recognition of the nature of the Light itself. Just as our personal consciousness does not recognize the Light of the Soul which is its source. To the ego, the Light of the Soul is of another dimension of reality that can't be cognized in its parameters. To grasp the nature of the spiritual Light now infusing the world we must leave the ego and open our awareness to higher dimensions of the Soul. As the Heart is the seat of the Soul, this entails utilizing the Heart portal to access this higher inner unitary dimension. When one with Love and the divine Whole, we will be able to understand the Light better and use it for good and evolutionary purpose.

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2. Guiding questions for Self awareness:

What am I feeling? I am feeling peace, love, anticipation, connection

What am I aware of inwardly? I am aware of an energetic space that pervades and connects

What am I sensing? I sense that I am part of a larger divine Whole

What do I intuit? I intuit that this space has consciousness

What is Love moving me to express or do? Love is moving me to make my awareness conscious and share it

What do I desire and hope for? I desire and hope for oneness and reciprocity

What is here? God is here

What wants to happen? The consciousness of this space wants to become manifest

What am I hearing inwardly? I am hearing a soundless Word

What do I see within this moment? I see the movement of consciousness into form

What am I knowing? I am perceiving that I have an inner Self that is One

What intention do I apprehend? I apprehend the will to make the inner Self known and manifest

What are we sharing in common? We share this same Self, consciousness and will

What unites us? We are united by this divine Self

What do I want to create? I want to create a world that is a direct embodiment of this inner divine Self

§

3. Everything leads to God:

Everything reveals God. God has so structured reality that no matter what our experience we shall be led back to God. Positive experiences are reinforcing and show that we are on the right path. Negative experiences — pain, problems, trauma, suffering, etc. — show that we are acting on false assumptions that aren't in line with the truth of the divine soul, and our eternal Self. Consequently we are being forced to go within, get in touch with that truth and change our beliefs and behaviors. It is the same for the individual as it is for the collective. In the world now there is much turmoil, fear, conflict and suffering. Yet in every case, whether the recent pandemic and related actions, wars, economic distress, political or cultural conflicts, etc., we shall discover false assumptions embodied in global policies at the root. These would be much easier to become aware of and change if the global system served the greater good rather than the vested interests of the powerful few. We would have then a media that accurately gave us information about what's going on and why. We would have democratic processes that reflected the people's will rather than the monied special interests. These have both been corrupted by money. However, I am hopeful that in these times where the world as a whole is being assaulted with the same problems that the nature of these false assumptions may be discovered as a result of discovering the deceptions of the authorities who are behind these problems. Take the pandemic as an example. When we discover the harm that the lockdowns and vaccine mandates are causing based on an intentional man made virus we shall take back the trust that we misplaced on these authorities who misled us to going along with the lockdowns and mandates and trust our own knowing instead. This global crisis will precipitate a global awakening.

§

4. Moving beyond mental answers:

The fundamental issue with the search for enlightenment and the reason it is an incomplete resolution is that it is an effort of the ego and the ego is not who we really are. The ego is the sense of self based on the false assumption of being separate from God and threatened by the Whole (of God) that it rejects. As this belief is established in the concrete mind, it creates an experience of identity that is a projection of this belief that seems to justify it. The ego tries to resolve the problem of its dualistic

CSR III: The Divine Self

experience without addressing the cause. As the ego is based in the mind, its efforts for enlightenment, salvation and fulfillment are also mind based. Thus the willful quest for knowledge and efforts to control its life experience based on what it thinks it should be. Both Christianity's Holy Spirit and Buddhism's Noble Eightfold Path can result in an enlightenment of the mind, but don't resolve fundamental dualism of the ego and God.

As the beliefs and identity established in the mind are the cause of the problem, the solution must entail escape from the mind in some fashion that allows the indwelling consciousness to reunite with God. Mind based meditation techniques or physical techniques may facilitate a temporary escape and inspiring thoughts but don't facilitate a reunion with God. To resolve the ego and consciously reunite with God we must utilize the Heart, that is already One with God. This is not the heart as the ego experiences it — a center of personality love and life — but the Heart which is actually a portal connecting us to another unitary dimension of reality where God resides. Focusing on the Heart portal we can center our awareness on the Light, Love, Consciousness and Intention of the Self of God within. We can learn to live from there, intuitively accessing its knowing and guidance, until our consciousness is One.

Then the problem of the ego is resolved. We become who we really are, the Self of God incarnating. The mind now serves and formulates the Self's knowing rather the ego's. The unending questions, problems and dilemmas of the ego are resolved when it is realized that we are not the ego. One with God again we are complete and no longer lack. That lack arose from the ego's rejection of God, the Source. The methods of the ego to control life are no longer necessary. The need to enlighten the mind is no longer necessary as the Self of God is already enlightened. The ego's fear is resolved by our eternal Being. Duality is transformed into a Oneness that still encompasses the dynamic Trinity between the conscious Self which mediates between the ever new Divine Created Life and the unmanifest Source. We become Christ in manifestation, extending God to the physical dimension we have incarnated in.

§

5. Resolving Earth's problems:

I have been pondering on how to resolve the seeming conflict between the spiritual energies infusing the world now with the obvious turmoil in the world.

CSR III: The Divine Self

What the ego, which believes it is separate from God, thinks, it projects as its experiences of the world. What the soul, who is part of God, thinks, it extends and experiences as the divine world. Both remain in the reality that they choose to identify with. The world we experience is thus our choice. As long as we are experiencing turmoil, conflict and suffering we are choosing to identify with the ego. The soul sees conflict, turmoil and suffering as processes of the awakening of consciousness to its Self. Negative and painful experience indicates that the ego is not creating in alignment with its divine Self. Its thoughts do not reflect the Self's truth. This leads to awareness and change.

Any problem experienced in the world must be based on false premises. The main error comes from projecting power and authority outside of one's Self rather than realizing that all power and knowing is within the Self of God. The soul is sovereign and free to live by its own knowing. All needs then are divinely fulfilled. When the ego projects power and knowing it gives these away to the various authorities and institutions in the world and thus lives subject to the outer authority it has empowered. If we look at some of the problems in the world, we can observe that this is the case.

War is caused by believing the powerful individuals who want war to further their own selfish interests. Poverty derives from believing the economic, financial and political authorities who tell us that the system is fair and optimal. Fear comes from believing religious authorities who tell us we are separate from God and must do as they say to be redeemed. Pandemics come from believing medical authorities who tell us that we have need of injections to protect our health. Confusion is caused by believing the media's misinformation to be informative. Anxiety comes from the ego's belief that the problems of the world are intractable rather than optional. All manner of conflict in the world derive from believing in those who are advocating for their vested interests over the general good and divine knowing. The globalist authorities of the world represent the ego. It's our choice whether to listen to them or the Truth within.

To resolve the problems of the world we must first resolve the problem of the ego or false separative self. We do this through Love which connects us to God and the soul and its knowing. Living from the Heart, we live at one and in harmony with the divine Life and Consciousness which encompasses creation. We thereby no longer give reality and power to the ego's concrete mind and its beliefs. Resolving the cause of humanity's problems we eliminate its effects. Every moment gives us a fresh opportunity to choose to live in divine oneness and thus see humanity awakening from its errors and illusions. Especially in this

CSR III: The Divine Self

prophesied transition to the spiritual New Age when global humanity is facing common issues together, it gives the opportunity to support each other in coming to a common resolution. This will be aided by disclosures which demonstrate the evil self interest of so many of the world's authorities. The structures are corrupt and need to be replaced in order that a spiritual civilization may be established. Our faith in the ego's world will be necessarily replaced by faith in our Self.

§

6. Remembering:

We need to forget to remember. That is, we need to release our attachment to the ego's beliefs and knowledge in order to begin to remember the soul's knowing. This knowing is accessed in the openness and unknowing of the soul's awareness in the moment. In that seeming emptiness we access the intuitive knowing of the soul. This knowing pertains to what we need to know for our life. These are not judgments but awareness of what IS as we are aware of it. This awareness is then formulated into appropriate thoughts. In remembering we remember who we really are in God. In remembering this, we forget our past identity as an ego and open to a larger eternal reality where we have our real life. In remembering comes our awareness of our divine nature, power and capabilities. Remembering transforms our identity and the world. Because just as we are divine, so is the world and all creation in it. For what we do for our Self, we do for all. We cannot be divine in a separate world. Reality is One.

§

7. Her divine embrace:

In the divine moment is everything that ever was or will be, vibrating in the ether. This is a moment of perfect redeeming Love, unfolding in bliss. Now we remember who we are, One with Christ. Now Heaven's fields open before us in joy and glory. Now we no longer question because we live in the Answer and everything makes sense. Happy are we to share in this divine moment together, this divine Life and Consciousness. There is no tomorrows, we have left time behind and begun our journey into God. Be it Summer, Winter, Fall or Spring, the same eternal day unfolds in Love. Releasing these thoughts as birds of light let them inspire a vision and a hope. God is raising all in her embrace, enfolding us in her divine Heart.

§

8. The coming Dawn:

Let us prepare for the coming day when God's Light will pervade Earth in full intensity, awakening all to awareness of our interconnection and oneness. The remaining veil will be dissolved and all will realize who we really are in Truth. Love will sweep everyone up in a realization of our common brotherhood in God. Past grievance and hurt will be forgiven as we will know that all of us have been caught up in the collective delusion we are awakening from. We will ascend with Earth to merge with the spiritual New World where our new civilization will be formed. This new civilization will be created by our minds united in Love with the Divine. The present turmoil is as the birth pains of the Light and Love coming to awaken us to the New Divine World emerging from within. The Light of this sun can be seen above the horizon now.

§

9. Resolving dualism:

The ego mind is the concrete dualistic mind which has separated itself from the Whole of God and which consequently divides the Whole into bits it compares and contrasts. Thus it creates all the opposites of good and bad with their associated images. Understanding this implies that the goal for humanity can not be the 'good' as this is still within the dualistic parameters of the ego mind. The goal must be to consciously reunite with the Whole of God. This is accomplished through Christ in us. Christ is who we are in reality, one in God. In Christ we loose our separate identity but reclaim our divine identity. We don't loose anything real, we just loose an illusion that was causing our suffering. As long as we are seeking after knowledge, we are unconsciously facilitating the dualistic mind, in contrast to the soul's intuitive knowing that is intrinsic to its being in God. In God there are no opposites or conflicts for creation exists in unity. In Christ all is integral to a Oneness. Love is eternal and without division. When we merge with Love we merge with God.

§

10. Our task now:

To live inspired is to live every moment in the Now, without a predetermined agenda. It is to open one's awareness to God and let God inform and move one — to become one with God. This is to stand in the Heart's portal and open to experience what's here. Now we are beyond the world and everything we thought we knew. Light fills space and Peace pervades. Now One Consciousness encompasses creation. Now there is no thinking, just knowing. The separate self has merged in

CSR III: The Divine Self

Union. Time stands still. Now, one by one we are awakening to who we really are in God. We share the one divine conscious Self within creation. We each have our own unique way of expressing and extending this consciousness. Our task is to bring it forth and manifest it — to create the forms that God will inhabit to consciously come into being on the physical plane.

§

11. Kingdom come:

The New World coming into expressed being is the Kingdom of the soul consciously lived and manifested. This entails living in unity with it, without conflict or separate identity. The physical world is now vibrating at a higher rate and within it is a totally different consciousness — one that is a unity. The New World is God, whom we are now becoming aware of, consciously emerging in our awareness so that we might extend it to Earth, creating Heaven on Earth. This entails being our God Self, for in awakening to God we are awakening to the real Self we are all part of. We embody this Self by expressing the intuitive knowing within it — by sharing the Love animating it. God eternally expands and manifests more of her divine nature. Now, on this outermost physical plane, God is infusing her divine Consciousness through us. We must create the forms that will give it expression. This requires shifting from separation to unity, from knowledge to knowing, and from doing to being. The new civilization will externalize the soul in all its facets. God will take conscious control of Earth through humanity who have become God channels and God embodiments. The Logos of Earth is mastering his personality and aligning it with his will. We can connect with this Consciousness now. We must shift from just thinking about spiritual matters to a living experience of unity consciousness where we become identified with the one Self and live as soul.

§

12. Finding one's Self:

It's only in the Eternal Now that we consciously connect with our God Self. It's only in the perfect Light that we can see who we are. It's only in the all encompassing Love do we know who we are. It's only with the mind devoid of thought do we realize our nature. It's only with a surrendered will do we know our purpose. Now a Presence connects and synthesizes. A new Reality pervades everything. How do we share this and put it in to words? Things superficially look the same, however we are now aware of a divine Life and Consciousness within, that everything is an expression of. Our life suddenly has its locus and

ground in a different level of reality. To be our Self we must Love for eternally expanding Love is the nature of our Self.

§

13. We experience what we invest our consciousness in:

What we experience depends on what beliefs we extend Love or energy to. This creates the experience as the mind empowered by Love is the creator. If we want to experience God we must stop believing that we are a separate conscious being. It's like wanting to experience abundance while believing there is lack. God gives what you affirm or give energy to. Therefore to experience God we must release the separate identity that we believe is who we are and open to the Source of our consciousness. The 'I' that we become aware of is a timeless infinite consciousness. However, we can focus on it and discover the knowing and intentionality within it. We also discover that it is within or behind everyone. Personal selves float on it as extensions. When we trace the source of Love we directly contact the consciousness of the divine Self. Now we know who we really are. We are part of God. As long as we refrain from separate identifications, we can function as the divine Self. As it's who we really are, it's the fall back reality. To refrain from mental attachment it's helpful to focus on what is present, real and whole. Which is the Self having an awareness of some aspect of its being. With Self awareness as the primary reality, the mind then adopts a secondary role of formulating what is being noticed or known. This reverses the mind's role for the personal self where it is primary. As long as we remain detached from the concrete lower mind, we can maintain a conscious identity with the Self of God, providing we express it. We must continue to channel the Love and knowing that wants to flow through us. God eternally expands and to stay aware as the divine Self, we must move and unfold with God.

§

14. Revelation:

People are waking up to the truth that they need not live by fear. They can trust themselves to know the truth and assert it. This truth is Love — Love for themselves, for their community and the Earth. In waking up people will discover many things that were hidden, lied about and false, but will also discover the greater truth that all is well on Earth in God's loving embrace. A new day is beginning for Earth and humanity where we consciously recognize the divine Life and Consciousness within creation and begin to live in accord with it. This is a time of the revelation of our direct relationship with God and the God Self who we really are.

§

15. Every relationship is with God:

A Holy relationship is always a relationship with God no matter who it seems to be with. Our dialogue is always with the one Self of Christ who we hear and respond to no matter who is communicating. A relationship between two people is an opportunity to discover and know this unknown Self. And to express the thoughts and feelings that Self gives to us. People naturally assume relationship is personal. However, the personal just provides the Self with an instrument and opportunity to extend God and create the New. When we try to make the relationship about the personal self's needs and agenda, we lose the larger inspiration that comes from our free spirit. That doesn't mean we shouldn't bring our personal thoughts and feelings to awareness. It means that if we bring these to the Self, we will always discover something more. To experience the Self of Love, we must extend this 'more'. To experience one Self in all, we must join that Self and express it. To experience oneness with all, we must release our identity with the separate self, for God. We were alone as ego, but now our life is a joyous dance of relationship with God. In this dance, all participate.

§

16. Living from soul awareness:

Humanity now has a new choice to see the world from the vantage point of the soul rather than continuing to project the ego mind on to reality. To experience as soul we see from within rather than from without, extending the soul's knowing and Love on to the unity of experience. This entails seeing from the inner unity of the soul. This establishes us in the present moment rather in the mind's past or future. As soul, we refer everything to our inner sense and refrain from attachment to reactions, judgments and emotions. All the various experiences we have had merely have led us to this place of inner present moment awareness. Everything is here now. In gratitude we experience this peace, unity, light and Love. Without fear we can now look at everything in Love. There is no longer conflict and negativity. Everything is supported by an inner dimension of wholeness. People are awakening to this present moment soul awareness and realizing that it holds the solution of their existence. In the soul, everything lives in oneness without scarcity or problems. Life is as a result more simple, natural and care free. Love and inspiration become more central to life.

§

17. 5D is here now:

The leading edge of the wave of 5D consciousness is here now. It's silent, subtle, invisible and easy to overlook but if we're prepared and know what to look for we can experience it now and begin to reorient our consciousness and our life. We can notice it as a feeling in the Heart center that is connected to an inner loving conscious space. It's a space that we can attune with that is imbued with intention and knowing. As we center our awareness in it we discover that it is a real vibration of a unitary authentic Self. We realize that we are contacting a real beingness that embodies a deeper reality of who we are. And we also notice that this Self consciousness is within others as well, although unrecognized by them. 5D then is to recognize that we are all part of the same consciousness and life that is experienced in the moment. The implications we will discover as we begin to share this experience and what we become aware of. But it implies an entirely new conception and way of life that will result in the manifestation of Heaven on Earth. Because 5D is the divine Presence of God.

§

18. The Age of Soul:

Psychology nominally concerns itself with the ego or personal self, although understands that psychic material also arises from subconscious and unconscious sources that can transcend the ego. Soul psychology relates to the conscious processes of identification with the soul self or eternal divine consciousness. This is a larger group conscious identity that is not separate from the divine life and consciousness it is integral to. It exists on an inner dimension of reality beyond our normal experience of time and space. Our historic time on Earth now is involved in the collective shift from an ego based human civilization to a soul based one. It involves the ascension of human consciousness to the level of divine unity. Therefore psychology must begin to embrace the integration of transpersonal and parapsychological states and capacities. Many young people are already demonstrate these capabilities. Our experience of what is possible is being expanded to include realms of reality and existences heretofore unknown, both within and external in the universe. Our circumscribed ego reality is ending. Multidimensional God awaits.

§

19. Earth's planetary shift:

In the transition to 5D reality we move from having our consciousness polarized on the externals, on forms of life and their apparent separation, to an increasing sensitivity to the inner domain of life which

is a living divine unity. An inner subtle world is synthesizing with the Earth we have known and consequently transforming our experience of reality. We will find it is increasingly difficult to live in the world that was built on the ego's perceptions of 3D reality we have known, as its energetic basis is dissolving. It was an artificial reality built on an illusion of our separation from God. Now Earth is being consciously reunited with its divine Source which has ever been within. Our entire conception of life will change as our experience changes. This will be an awakening experience as we become conscious of the fact that we are now living in a New World with new rules and relationships. We are now larger and one with the divine life moving in creation. We are no longer confined to our old personal identity. We are in touch with an intuitive knowing that guides us and allows us to live in the unfolding harmony of divine life. Our reality is now multidimensional and we are becoming aware of realms of life and being that we have not heretofore known. The universe in all its infinite richness has come alive. Naturally we need to transform our civilization now as the old system is obsolete. It never was healthy. The spiritual New Age will, as a miracle, come into being. As we learn to listen to our Heart and release the programming in our minds, we can begin to make this shift with grace and harmony. It's happening now.

§

20. The turmoil in the world:

What is the turmoil in the world about? It is simply the process of awakening that humanity is undergoing. As humanity becomes aware of its erroneous beliefs by seeing their negative effects, the collective mindset will change. New divine energies are changing the basis of our experienced reality. As a result, our beliefs about things must change. The turmoil in the world reflects the collective process of sorting through what is legitimate and what we no longer need or want. Our civilization has been built on false assumptions of the reality of fear, separation from God, the legitimacy of power over others, violence, greed, and inequality, therefore our consequent beliefs in the laws, institutions and structures of our civilization and the authorities who perpetuate this system must be changed. Conflict, strife and suffering ultimately come from beliefs which block the life energy of the soul. The turmoil in the world now is showing us where we have misplaced our faith and where we consequently need to become aware and change if we are to embody our divine Truth. Disclosures are revealing facts that have been hidden. New revelations are informing us of wider perspectives. It's a time of elimination and purification of the old and awareness and integration of the new. Humanity is awakening from complacency and delusion and beginning to embrace the spirit of God within.

§

21. Inner listening:

When we are experiencing someone, whether they are communicating with us or not, if we listen in the Heart, we can feel or sense something beyond the immediate perceptions and words. We can tune in on the soul's awareness which is always loving and positive. From that place of inner listening the soul then gives us what we are to share or extend. So although we might seem to be relating to another we are really always relating to the Self of God. As we are all extensions of the same God, the soul's knowing that we are discovering and sharing is consciously extending God or Love. God is omnipresent but is only directly present on the physical plane to the extent that we share our soul's consciousness here. As this consciousness is infinite, we are each a unique extension and expression of God.

There is a void or emptiness of unknowing that must always be filled in the moment by the soul. The mind tends to hold on to assumptions, preconceptions and beliefs. But in the Heart we are continually given new. Therefore the mind must now learn to serve the Heart and its awareness in the moment. What and how we extend or create is up to us. What moves us the most? What do we Love the most? What is our deepest dream or highest vision? When we open our awareness to God we experience Light and Love from supernal realms that offer infinite possibilities— what does God want us to bring forth now?

§

22. A divine consummation:

In the union of humanity with Christ will be released a great wave of Light and Love that will sweep through the solar system and the cosmos, lifting all to new heights of awareness. When the highest is seen in the lowest a great consummation will occur and a revelation of divine purpose be given. God will be manifest on the outermost and humanity, now fiery sparks of God, will set the cosmos aflame with Love, transforming creation. The inertia and resistance of matter will be transmuted and the spirit of God within, reunited with Christ Consciousness.

§

23. The promise of the 60's:

Back in the 1960's the Earth was unexpectedly and presciently infused with the Christ energies of Love, peace, unity, and conscious living in harmony with all life. Many people were lifted to see a vision of a planet

and humanity at one. It was a time of felt liberation from the onerous system and fear based materialistic lifestyles. However, although consciousness was expanded, the system changed little. Now, however, the system is finally collapsing so that the promise of the 60's can be realized. The needed economic, political and cultural changes are beginning to happen. At first we will just experience the turmoil and disclosures of corruption and malfeasance, but new ways are waiting to be implemented, new and better ideas embraced. It is a prophesied time of awakening and revelation. Events that have been suppressed will soon be seen. The truth will be recognized by all which will require the transformation of the outdated institutions of our global civilization so that a Christ conscious soul based civilization can come into being.

§

24. Contemplating:

I used to be distressed by the fact that in moments of inwardness all the thousands of pages of spiritual writing with all the inspiring ideas that I have contemplated seem to count for so little. I sit in an open field pervaded by peace, love, gratitude, appreciation and wonder, floating above the mind, puzzling the mystery of being, and just accepting what is here now. The processes of personality can be noted, but with a sense of detachment. Some larger consciousness, moving within and through the world, is determining what is real and important. I'm filled with a heady sense of freedom and possibility. God must be here. I'm feeling a sense of connection. Each moment is a new creation, a new discovery. Each moment's knowing leads to the next. Life unfolds that is my creation, my experience. Everything is part of me. I've merged with the space encompassing. I've merged with the immaculate Heart. Everything embodies one Self, one Consciousness and one Life. We can now awaken and live in this awareness, sharing it and the possibilities it contains. The Age of Divine Unity is beginning. I am creating a world, an experience where everyone and everything is an extension of the One Divine Consciousness and Life within all, where everything is eternal Love, eternally new, alive and manifesting here and now. Our task is just to be aware, to accept this and allow it to be by expressing and sharing it. The more we express and embody, the more we become who we really are as a living spirit at one with God.

§

25. Beginning:

Yes, let us forgive ourselves for everything that we have ever said, done, thought or felt that has not been in accord with the Self we are. I could certainly condemn myself, but I choose not to, realizing that the human

being is naturally prone to that. Instead I choose to open up to the Light, Love, and Peace of the spacious Self within, which is our true home and nature. Let us forget who we thought we were, and instead revel in the mystery of the unknown Self we are. Let us center our awareness in the stillness and silence within and discover what is here now waiting to be discovered and known. We will discover a common knowing and an urge to share and manifest. The New World of the emerging divine Self embodies a higher dimension of being than the world of the ego. It will take some time to adjust and learn to live in a new way. But it is tremendously exciting. We are living in the Age where the Earth is being reborn and God is consciously reuniting with humanity. We are the pioneers who will create a new civilization where we live as soul, one with the living divine Whole. We will discover that reality is multidimensional and filled with multifarious lives and beings, opportunities and realms of which we have been totally unaware. It is all guided by the Heart that we access within. Our path is as simple as following the dictates of Love. Where we are going is simply an experience of the most beautiful dream of Love that we can imagine. Let us see one another in it, and make it real.

§

26. Our superpower:

Yes, what we do for our Self, we do for everyone. Ours is the superpower of vulnerability — to accept and encompass everything, knowing we are more, and that nothing can imperil our spirit. Like the phoenix we arise from seeming destruction to soar free in the divine embrace of God.

§

27. The secret garden:

When we share our soul we do so from the inner garden where our soul resides. We pass through the Heart's gate and can wander and wonder in the beauty within. Some of the flowers there we have planted, some have sprung up on their own, but each offers their divine gifts when appreciated with our loving awareness. By sharing our secret garden with others, they also can stroll the scented pathways and arbors of this beautiful timeless inner world, lit by a golden light. A table is set for tea, the birds are singing.

The soul has a magical power. Everything it touches is transformed. It sees beyond the form to the eternal Light and Love within. It reveals the sacred in the profane. The world is more than what we imagine — we are really living in a dream of God. When we go within, we go within our

CSR III: The Divine Self

soul and also go within the world. We encounter the real souls who we see in the world without their costumes and roles. We are divine beings who have forgotten who we are and have taken the staged play for reality. Let us look about now in our right mind, and contemplate what is.

The inner awareness entailed in self reflection facilitates our admission to the timeless soul, where we can encounter the reality often hidden by the facade we get so caught up in, in life. We are each divine beings who have forgotten who we are in the dramas of life in the world. In the Peace, Light and Love of our inner garden, we can let memory and sanity return. We can stroll the scented pathways, listening to the birds and allowing each moment, each flower and life to reveal its divine gifts. The soul is magical, transforming the secular and profane by its awareness that reveals the sacred and eternal within.

§

28. The Great Awakening:

It is only natural to assume that viruses are natural, that vaccines are good, that the elites are well intentioned, that we know what's going on by what the media and establishment tell us. However, we are moving into a period called the Great Awakening that will precede the coming New Age. It will require an awakening to a larger reality than the circumscribed ego matrix world we have been living in. The divine and multidimensional living universe will break into our awareness and allow us to release many of the assumptions that have defined our perceptions. The doorway to living in the world of the soul will open us to a new dimension of being that will change how we live.

Many people will not vibrationally be able to make the ascension to the new Earth, and will transition to other 3D worlds after they die by various catastrophes, like the coming food shortages, and vaccine deaths. This will awaken many to problems that are being suppressed in the mainstream media and allow people to embrace a larger measure of the Truth. The Truth will set us free of our programming and allow us to accept the increasing awareness of the divine and our connection to it. The golden inner world will become more of a manifest reality.

§

29. Reflecting within:

One's soul filled reflections facilitate others in finding that Heart filled place within. Just as poetry or music can transport us to that place of inspiration within. What's more helpful than that? The soul has a magical

power that transforms the everyday, allowing us to see the eternal divine within. More than ever now, the outer world and Heaven are beginning to merge. And all the turmoil in the world is just people waking up to it and waking up from the collective ego matrix programming.

§

30. The planetary shift:

What is different now on Earth is two related developments occurring as part of this planetary transition we are going through to the New Age of the soul. The ego matrix which has circumscribed human consciousness and defined our civilization for thousands of years is dissolving, leaving us free to consciously connect with the soul and an expanded experience of reality. Secondly, the vibration of the divine Life and Consciousness is increasing and intentionally pervading human consciousness, offering us the opportunity to directly access and embody Christ consciousness. A new path of direct access through the Heart portal is changing our entire approach to spirituality. Human spirituality has been based on our identity as ego, and the primary polarization in the concrete mind. The new approach is based on our newfound capacity to escape the ego mind and its judgements about what is real and necessary, and instead shift our focus to a higher dimension, the unitary space of the soul. With this shift in our collective consciousness comes an entirely different experience of reality and life, and a consequently different civilization to embody it. When the Masters reappear they will catalyze this growing subtle awareness.

§

31. God is emerging:

All creation lives for the return of the Lord. Life in separation no matter what our station is suffering until we return to the embrace of the Lord. Fortunately He is coming in power and nothing can arrest this. A great movement of spirit is emerging from within, bringing reunion with God and everything good. The divine creative Feminine will reveal Herself and harmony and wholeness will finally prevail on Earth. So it is divinely decreed, and so it is and will be.

§

32. The coming transformation:

Earth is ascending and transitioning into a New Age. To a certain degree, we are now in a no man's land between one state of reality and another. Both suppressed and new issues are arising to consciousness to be seen and processed, integrated or released. Humanity, however,

CSR III: The Divine Self

cannot adapt to the new energies with the programming of the old mindset. The ego matrix created an artificial reality based on the assumptions of fear and separation from God. Humanity must realize the falseness of its present understanding by seeing the malfeasance, deception and corruption being perpetrated by those elite authorities and leaders who are the standard bearers of the present system. These are the globalist Deep State who dominate the major institutions. These are the agents of the hidden evil within the present civilization.

Present day scientism posits the lie that life can just be known as soulless matter. Religion posits the lie that we are separate from God. Politics posits the lie that we have democracy and freedom. Foreign policy experts say war is just for defensive purposes. Economists posit the lie that our financial system is just. Medical authorities posit the lie that our pharmaceutical system fosters health. Communication elite tell us the media can be trusted to provide objective information. Entertainment industry tell us that they are just giving people what they want. Educators tell us they know what is right and can censor dissent. The culture elite tell us everything is relative and that there are no universal truths. Every department of society has become infested with a materialist mindset that denies the divine Truth that each individual can and must access within himself. Money and hidden power corrupt every good global development.

However, now is the time when that which has been hidden will be disclosed and seen for what it is. The issues are becoming so obvious that humanity will be able to see the lies, deception and subterfuge. Whistleblower revelations will out the perpetrators and crimes. The internet is now churning with stories and facts that are at odds with the mainstream narratives that the globalist elite desperately are attempting to maintain. The establishment is hopelessly trying to contain the leaks, and hold the pretense of normality and legitimacy together. However, things beginning to break apart at the seams. People are increasing distrustful of the status quo leaders as the system careens from one crisis to the next. Soon the dominos will begin to fall and a larger vision of reality and Truth will be possible to be seen and accepted. And as the old, the outdated and the false are released, the Truth of the new divine energies and vistas will have the space to be absorbed and embraced. Our civilization will not be transformed to embody the divine New until we transform our minds.

33. Group consciousness:

In the New Era that is approaching, our perceptions of one another will change. We will no longer see the individual as their form and personality, but will experience the other as an extension of the same inner life and consciousness as we all embody. This won't negate our individuality, because we will each express the infinite potential of being in our own unique way, reflecting our particular interests and proclivities. We will recognize, that we each have soul based group affinity that influences who we particularly identify with. This affinity group is related to our spiritual purpose and path. So although we will have a more vivid awareness that we are all connected in the one divine life, we shall also clearer awareness of just how we fit into that larger whole.

§

34. Becoming one:

When two join in Holy relationship it is like two streams flowing into each other. At first currents, ripples and waves are created, stones on the bottom are dislodged, a whirlpool can be seen. But soon the waters quiet and clear, and one stream moves resolutely forward to the sea and a greater union. What were separate are joined in one. One shares the awareness of love, the other the form and movement of it. One spirit lights the play of the water, the other flows forward in joy, embracing everything there is. One is the living moment of ever new life. The other, the eternal moment embracing it all. We are one consciousness and life swimming together. We need to be in form to touch the Life and Consciousness of God who is here within and animating the forms of creation. When we reach the sea there will be only God and our celebration of the bliss and mystery of it all.

§

35. The sacred Heart:

Jesus Christ's sacred Heart forgives, redeems, releases, and anoints us with transforming Presence of God. It welcomes us home to the divine embrace that reveals God in all creation. It awakens our eyes to see beyond the form, to hear the inner Voice that the Heart speaks. The sacred Heart encompasses all and yet calls to ever higher supernal realms of Love and Light. The sacred Heart embodies the Consciousness and Life of God and the path of God ever more. Mary's selfless immaculate Heart, is one with the Jesus' sacred Heart. Mary's immaculate mind and will allows us entrance to the Holy of Holies where the sacred Heart is experienced and known.

§

36. Where are we?

Where are we? We are simply where we think we are. That is our thoughts and beliefs create our experience. There is, of course, physical reality, but our assumptions of what that is and means, interprets and defines our experience. This implies that we can be wherever we choose depending on what thoughts and beliefs we give energy and reality to. We tend to think we are limited by our circumstances when we are actually limited by what we think. Mind, empowered by feeling, is the creator. Let us therefore contemplate our Heart's dream and affirm our belief that this highest vision is our reality. We may then begin to live in it and create it in our life. The mind can hold a welter of confusing and contradictory thoughts, so effective creators must become more single minded. Meditation and contemplation lift us above the everyday mundane stream of consciousness to connect with our soul and its purpose and vision. We then must hold the vision, conforming our thinking to it. We must let the highest note dominate and order the rest. The highest note is found in the song within the Heart, where we are moved by Love, joy and a vision of beauty that we yearn to achieve. This future already exists within on another dimension that we can contact, formulate and bring forth. By doing so we make it manifest and real. The mind serves this vision if used correctly. We must not just make our goal up, but must discover what is actually there within. We then co-create with God. That is, the soul knows and provides the animating life force. We must stay in alignment with the larger life to realize its purpose. By doing so we move from creating as a personality to creating as a soul. The personality can create circumstances but only the soul can create a world.

§

37. Nature's healing balm:

When worn down from frantic thought or worry, nothing is better than sitting in the garden, warmed by the life giving sun, refreshed by the cool breeze's caress, transported by the songs of the birds and all of nature about, enraptured by the living perfumes.... Creation is the gift of the divine Goddess of Love and Life, an ever new living wonder and beauty that calls us to a higher vision of what life is really all about. Our experience naturally evokes a reverence that uplifts, soothes and inspires. Soon we have forgotten our small concerns and are right with world.

§

38. All adoration to the Goddess!

Women are humanity's connection to God. Which is why the dark forces have been so intent on oppressing women, their feminine being and knowing. Our civilization has embodied a dominating warped masculinity that has left both men and women separate from their divine natures. Within each women, however, is a divine being — a Goddess — who intrinsically carries the Love and the divine Life that unites the separate selves and reveals the one divine Life within, connecting us all. She is thus a true Life giver, who awakens us from the sleep of separate life to embrace of the oneness of the divine. This is a function of the Christ consciousness She embodies and extends in Her own way. She extends the divine by seeing it within all life and thus sacredizes the everyday world. The world is transformed by Her magical touch and Her Presence. She has no need to glorify her Self, She is as humble as the grass, for She knows everything is given life within Her. She thus embraces all, knowing that nothing can adversely effect her. She is the Creator, eternally unfolding the ever new divine in beauty and harmony. She has no need to think, for she trusts the intuitive knowing within Her. She moves in complete freedom, unhindered by any separate will, bringing joy, healing, beauty, Light, Love and everything good. From the womb of Her Heart She brings forth the New. In this New Age that is borning, women can access and be the divine Goddess that they really are within. Like Mary, with Her Immaculate Heart, mind and will, they will emerge into the world and reveal and embody the divine. The new civilization of the soul will bear the stamp of the Goddess who will finally come out from behind the veil. Men will become the living Spirits they are who all revere their Life and Love giving Goddesses.

§

39. White Magic:

We each normally experience our life and circumstances as if these were separate from us, and requiring our intervention and effort to control and optimize. We normally feel lacks and deficiencies, preferences and dislikes, that we attempt to remedy as we endeavor to improve our life and situation. However, this attitude merely indicates that we are experiencing life from the vantage point of the ego, who experiences being separate from the divine Whole and therefore lacking. When we unite in the Heart with the divine Self of God, we become one with our experience of life, our circumstances and situation and thereby experience oneness — we are our experience. The creator and the created, the experience and the experiencer become united in one Self that lacks nothing. What is left to be accomplished then?

CSR III: The Divine Self

In the freedom of the Self we are faced with the choice of what potential in the Mind of God we want to manifest. We, as Christ, encompass it all, but can't create it all. We have to choose. Love determines our choice. What do we Love the most? What is our highest calling?, the most beautiful vision?, the most moving song or idea? Activating this seed potential and bringing it to manifest life is our divine purpose. As divine co-creators we are to bring down and ground these divine intentions — to give them form and life on the physical plane. We do so by giving them life through us. These must pass through us into being. We connect and channel the high vibrations and supernal Light and Love of God down to the planes of form.

With Christ consciousness, we embrace everything on the planes of form as part of us, while being open and receptive to what God would impart that is new, revelatory, transformative. Because Christ makes all things new by infusing a higher reality that supersedes what was. Life on Earth is gradually transformed to a Heaven it always had the potential of becoming. This Heaven lives within us as the home we are endeavoring to return to and live in. Only that we aren't to escape the world to get there, but to see Heaven within and extend it here, now. This is to bring the eternal into time, the limitless into space and form. Because Love is God and omnipresent everywhere, we are connected to the highest realms and states of Being. Love is the means, the cause and the end.

First comes awareness of what is experienced in the Heart, then unity with it, then inner listening and perception of what IS there. Then we must intuit what needs to be expressed and the best form to accomplish this. We must give this seed life, but also release it to God so we remain energetically free. This is the cyclic flow and rhythm of creation — the unfolding of divine life in the ever new now. We become part of the seasons and landscape of life as an active creator. We live within life rather than outside of it. We now move to God rather than by a separate will. So will we all be as Soul, one with the Whole. By our collective shift to identification with the Soul will the new civilization be created.

§

40. Mindfulness:

Mindfulness is more than just a detached awareness of one's thoughts, emotions and sensations, it is a remembering experience that the 'I' or witnessing awareness is part of a larger transcendental consciousness that is of God. Mindfulness then involves a conscious reconnection to the soul — our inner eternal self — that is embedded in God. The full implications of soul consciousness are not immediately apparent but are

CSR III: The Divine Self

gradually revealed as the intuitive awareness of the soul is unraveled, formulated, expressed and lived.

Soul centered mindful meditation transcends the concrete ego mind, which is the habitual seat of the personality, by aligning with the Heart. The Heart, and not the ego mind, is directly connected to the soul and thus allows an awareness that can experience the real witnessing Self. Metaphysically, the soul is the intermediary conscious being between the personal self and the Self of God who is one with God as a spark of the divine Whole. Our gradual integration with the soul facilitates our ultimate synthesis with the divine Self or monad.

At any rate, mindfulness should lead to conscious reconnection with the Source of consciousness rather than just a mental detachment. The purpose of meditation is therefore not to enlighten the ego mind but to connect to the soul who is already enlightened. This enlightened awareness is assimilated intuitively. The soul then utilizes the higher mind to formulate its knowing. This begins from the awareness of what IS that the soul has. Meditation is not for the personality but for the Self whose incarnation has been confined in the personality, that its consciousness may be liberated to become centered in the soul, and ultimately its Self.

Consciousness is multidimensional. There are aspects of our Self on different levels or planes of Being. Love, which is God, connects or encompasses them all which is therefore the means for synthesis. In this historic time the Heart portal is opening to allow direct access to the soul, Christ and God. Christ is the consciousness of God who encompasses the soul in a unity within all creation. The complexity of manifest creation is complemented by the Oneness of God within and synthesizing everything. This likewise simplifies our experience. All we have to do is to follow the Love which leads to God and express what we are given to know in this process. Thus we become co-creators with God and extend the purpose and consciousness of God to the physical plane of the personality vehicle. The personality then becomes our instrument and not our identity.

§

41. Waking up from delusion:

The world is being infused with spiritual energy that would lift our consciousness to awareness and unity with the divine. However, we will not be able to integrate this energy if our minds remain polarized in the ego matrix programming that establishes the parameters of our present civilization. This programming is based on false assumptions about the

nature of reality and who we really are. It has resulted in the creation of an artificial reality that is reflected and embodied in the structure and institutions, beliefs and behaviors that define and control our lives. It is reinforced by the leaders and authorities of the global system in all its departments.

If we are to ascend in consciousness as spirit would have us do, we must free our minds from the circumscribed ego matrix and those who would enforce its fear based regimen. This requires turning away from instilled beliefs and those who are continuing to indoctrinate us, and going instead to the truth within that we all can innately access. The easiest way to make this shift is to begin to listen to the Heart which is our connection to the divine spiritual energies pervading the Earth now. We will then also become more aware of deceit, deception, corruption, and malfeasance being perpetrated at a high global level that will shock and disturb us, as we have naively believed that the global system is better than it really is.

This awakening awareness will force us to take actions to assert the truth that we are discovering in relation to the disclosures and crises, events and happenings of this tumultuous period. For the new spiritual energies to break through, the old structure must be transformed. This must occur with each of us. There is nothing to fear. In fact we are leaving the fear based system for a New Age a new civilization based on Love and unity with the divine life of God. This requires disengaging from the old system on all levels as much as possible and creating new empowering cooperative networks and attitudes. This revelatory awakening is in the destined plan for Earth that will open us to a realization of our collective hopes and dreams.

§

42. Listening to the Voice within:

Every experience is a gift from God that contains a message from God in the knowing that we intuitively apprehend within. This knowing is our awareness of what IS here now, as we connect with unitary Self within. This is something that we are moved by Love to share, express or act on. By doing so we consciously extend God and God's intention in the physical realm. We are extensions of God in the physical who create the forms to manifest God's consciousness and the seed potentials and divine ideas within it. We utilize the mind to create the forms that consciousness apprehends. Thought results from our response to our inwardly experienced awareness. This is true education which is the formulation of the knowing that we derive from within, rather than internalize from without. This is wisdom if we live by it.

§

43. Meditation in the Heart:

Moving our awareness through the Heart portal we encounter a seemingly empty formless space that is Light, Love and Peace. This energy is unblemished. It is an infinite conscious Presence that is the “I” observer within us. “It”, at first, seems to have a passive stillness until, as we reside in it we become aware of a continuous movement that is reflected in our unfolding experience. When we look within it we sense an infinite expanse of eternal being. When we look outwardly through it, we intuit it within and encompassing manifest creation. It provides a knowing that we can access intuitively that reveals what is necessary and right for us and is the Truth. It offers possibilities and visions that inform our dreams and yearnings. Here we are free and yet at home in our real Self. This Self offers higher avenues of seeing, hearing, sensing, feeling, and knowing. It has the power to create and manifest. Here we are part of God. We can be, express and embody this Self for it is the God Self within who we have ever been while we have falsely identified with the ego. It’s the gentle and loving Self that is actually within all creation. When we center our consciousness in this Self we live One with all life, as all life is part of one Life. We become joined to the one Consciousness and mind within all. This is a power that only acts for the good of the Whole. It is the doorway to realms of light and being beyond conception. To avail ourselves of its potential we must unite with it, which is to unite with God and God’s purpose, which is also ours.

§

44. Leadership:

Leadership is changing from what it has been and how it functions. It has functioned in hierarchical structures with organized power differentials. New leadership will function in egalitarian collaborative networks. Old leadership has been about using mind and will to impose ideas/ideals of what ‘should be’. New leadership is about embodying and demonstrating aspects of truth that wants to be integrated and lived. Old leaders are the elite in the system that has been set up to benefit the elite. New leaders act for the good of all.

§

45. A New Day:

We are pure channels for the Light, Love and Life of God, which is what our Self is. Release all thoughts that would have you be anything other than this. Join your mind to your Heart that you might remember and know your Self. Experience the Peace that comes from accepting your

Self as who you are. Look out at the world through the Self's eyes and see that everything is within your Self. You encompass it all. It lives within you. Now we can let every care go, for we live in the eternal. Being one with God is as simple, easy and natural as breathing. There is no reason to go back to the fearful duality we have been experiencing which was as a passing dream we are awakening from. A new day is born! Let us revel in the Light and Love, the Joy and Peace that now enfolds us! Let us stay here and let the glory and beauty of this new world be revealed to us that we might share it with all and live in it together!

§

46. Waking up in the world:

Spiritual energies are now moving through the world, but people are caught up in tumult and distress. The divine energies are endeavoring to wake people up from the ego matrix programming that has been their reality, but it's hard to wake up to the infinite Self while still believing in the fear based global system and its authorities, leaders and experts who tell us what to think and do. The elite in all the major institutions collaborate to instill and indoctrinate belief and compliance. They tell us, for example, that we can't know God, that we are alone in the universe, that the system is fair, that war and poverty are inevitable, that we must be locked down for our own benefit and be inoculated, that speech and information must be censored for our own good, etc. We can't wake up from the delusion of the ego within ourselves while we are still believing in the global system which is a manifestation of the many aspects of the false ego. We must take the power back that we have invested in the ego matrix programming, and the authorities of the world who embody and enforce it. Love must transform our identity and our civilization. We must let the divine energy and consciousness of God free us from the system of fear and control so that we might create the new civilization that reflects the oneness and truth God is awakening us to now. As we live in the divine Life, we will naturally see it and experience it in all and it will become our manifest reality.

§

47. The mirror of the mind:

We are all part of God. The only thing that seems to separate us from each other and God is our thoughts. Thoughts are creative so if we believe in the reality of thoughts of separation, we will experience this. What we, as creators, extend love or reality to will be given life and reality. Because Love is the reality we have in God. Love in manifestation is life. The purpose of thought is to extend the consciousness of God,

not to extend the false reality of separation which the ego has created. Seemingly separate forms do not imply the reality of separation because these are united in the energy and consciousness of God. They are not really separate but just provide the opportunity to see and know God as a mirror gives the opportunity to see and know oneself. The mind, then is the mirror that reflects the oneness of God on the planes of form that the consciousness of God may be extended and manifest. God is already within the forms of creation as God is omnipresent, but God has not been directly consciously present until Jesus became one with God and expressed God directly. Christ is the Consciousness of God, which is within us waiting for us to become aware of it and embody it. Creation is animated by the consciousness and spirit of God, but only Christ holds the consciousness of God in totality. Rocks, plants and animals all are imbued with God's consciousness to a degree, but only the soul has a reflection of all of it. When the mirror only reflects God, that is all we see reflected in life.

§

48. The tsunami of Love:

Let the divine energy of God that is infusing the world, sweep through you and whisk away everything it can. Anything that is not part of you can be released with no loss. Thoughts and emotions are extraneous to the Self and can gratefully be let go. You doubt you could be without thoughts and emotions? — try it! God will replace these with his Self. Love will fill the space and you will have access to the mind of God when you need it. A tsunami of Love will wash away our defunct civilization and provide a new and clear land for us to begin again. Do not resist it. Surrender to the divine pouring into the world and you will also arise washed and refreshed.

§

49. Tending my garden:

I used to be a man trying to unite with God. Now I am the Self of God wondering what next? I am overwhelmed by the possibilities before me now. However, Love is, as ever, informing me and guiding. But perhaps I am getting ahead of my Self. Let me tend to my garden and see what grows. Let me pull the weeds, fertilize the ground, plant some seeds and cultivate what grows. It is only Spring and the days are still getting longer.

§

50. Bringing everything to Light:

As the Light of God pours into the world, everything that was unclear, hidden or unknown will become visible, obvious and understandable. This includes both the bad and the good. There has always been more going on here on Earth and the Universe than has been recognized. Some things have been denied and kept secret. The nature of evil and its agenda on Earth is such. Other things have been too spiritual or subtle to be within the range of our experience and comprehension. As Earth ascends in vibration and awareness our perception of multidimensional reality will expand. The wondrous and mystical Universe will come alive as it were, to dazzle and transform our experience. Evil will be seen, to then be resolved, leaving only what is good, beautiful, true and eternal.

§

51. God's purpose for humanity:

God's purpose in creating humanity is to extend the creative power and consciousness of God into physical creation through humanity as an extension of God's consciousness. Humanity, however, seeing the separate forms of creation, believed it was separate from God, and thus threatened by life. By that fearful belief, humanity who has God's creative power, created a separate ego self who then created a false and artificial separate reality that humanity lives in today. This is the reality characterized by the drive for survival, death, pain and suffering, ignorance, blame, confusion and fear, self aggrandizement and the pursuit of glamour and pleasure, the need to toil, achieve and overcome adversity, etc. This is the civilization we live in.

However, only God's idea is real. Mankind is living in an illusion of its own making surrounded by the forms of God's creation. Mankind is still connected and part of God — we have just lost this conscious awareness as we live in identity with the ego. At any time we can choose to remember who we really are in God and consciously rejoin the whole of God. We accomplish this by leaving our identity in the ego mind and shifting our allegiance to the Heart which is ever connected to God. This shift requires an adjustment in what we assume to be real, how we think, live and act. Returning to our original God Self consequently transforms our experience of life and what we create in life. Instead of creating based on a separate and false notion, which results in an artificial dualistic world of conflict and suffering, we co-create with God by extending God's ideas into newly created conscious forms that become manifest. We do this not as separate personalities but as Christ embodied soul, who live in the one divine Life of God.

We are at that point in history when God has determined that humanity's dream of dualism needs to end so we can wake up to the Truth and fulfill God's purpose for us and the Earth. Because God's purpose includes more than mankind — we have but a role in a larger cosmic drama. The divine energies flooding Earth now, increasing its vibration and lifting its awareness, are waking us up to God, the divine in all life, and who we really are. Let us begin to understand what is really going on in the tumultuous events that are happening so that we can align ourselves with God and the evolutionary possibilities latent within this momentous moment.

§

52. Oneness:

Experiencing oneness of the Self, means no longer experiencing and seeing conflict or the ego's world of judgment, fear, need, scarcity, uncertainty and confusion. It means always being present in Truth to what IS here now. It means no longer reacting to ego projections and instead staying in Love. It means always staying attuned to what the Heart is saying, knowing and moving one to. You are now free of the world's assumptions and obligations. You move by an inner and felt sense of direction and purpose. The moment is always new and offering new gifts. Life becomes an exciting and wondrous exploration and dance. One doesn't imply a dull monotony, a sameness, but rather a living and inclusive newness of unfolding experience — a synthesis of Love, Light, Life and Peace that unifies creation.

§

53. Seeing and hearing as Self:

The vision of the soul utilizes the ajna or third eye chakra to see through the form to the unity and oneness of the life within the form. The one Self becomes the reality rather than the particular creation it is expressing through. By centering awareness in the cave Heart portal in the head, an alignment with the soul allows its awareness to be apprehended and visualized. The soul is group conscious so it is identified with the Whole of life rather than with specific forms. It can see with the vision of Christ that sees God within all. To sustain this vision we have to express and embody it, not only seeing unity but listening for the Voice of the Self's knowing and speaking it. The Self of God is speaking to us in every experience — we must observe, hear and respond. It is as simple as being one's Self. This is living in God and seeing with Christ's vision. This is miracle mindedness.

§

54. Help in waking up to the Truth:

Waking up involves experiencing the awareness of the reality of the spiritual Truth we really are living in and consequently realizing that most of the assumptions and beliefs that we have held and lived, or that the global is based on, don't reflect the Truth. This will come as a shock that we may very well fight against if we have been deeply invested in the ego and the personal circumstances and glammers we have created that have seemed to give us security and meaning. We may assume that opening to and accepting the reality of the spiritual Truth will necessitate giving up things that give us value and identity. We may assume we will lose by doing so. The beliefs, ideals and values we have built up have seemed to give us purpose and meaning. The new Truth and reality may upset many of our cherished notions. We may resist having to transform our thinking, values and way of life. Every step in this process may entail conflict. Nature proceeds slowly and organically, it will undoubtedly take some time even if we are consciously and willingly cooperating in this adjustment. However, Love will support and guide us every step of the way, for we will only need to do what we really want to do if we listen to Love.

§

55. Ascending vibrations:

Raising one's vibration means staying centered in Love so that every moment is aligned with the unitary Self and the one divine Life. This implies living from within not trying to raise from without. The externals will naturally fall in line with the inner Self and with what the spiritual Self gives to express and do. Raising to 5D is to choose unity over separation, Love over thought, surrender over control, peace and trust over effort and will. The one divine Life and Consciousness within creation is here and accessible now. Raising one's vibration implies focusing one's awareness on it and living within it. Earth is ascending and we are being carried with it. We may open up to the New Earth that is emerging from within. It is another dimension of Earth where all creation lives in conscious Oneness and where we will create a new civilization with God.

§

56. Timelines diverging:

Two scenarios or timelines are diverging on Earth and each individual will choose by which one they give reality to, what their future will be. In the higher organic timeline, humanity awakens from identification with the ego matrix to an awareness of the sovereign soul and the divine in

CSR III: The Divine Self

all life. Christ returns and humanity creates a new civilization based on Love, Truth, Peace and Oneness on an ascended planet. In the lower artificial timeline, humanity doesn't awaken and continues to believe in fear and separation, conflict, powerlessness and suffering. In this future globalist authorities work to establish a totalitarian state where humanity is controlled by artificial intelligence. This portion of humanity is not able to transition to 5D Earth and will be transferred to other planets appropriate to their vibration.

In the events occurring on Earth now, these two timelines can be seen. In the Deep State's man made pandemic, lockdowns, restrictions of freedom, vaccine mandates and passports, we have the artificial timeline leading to a New World Order imposed by A.I. technology. In the social credit cell phone technology already being implemented in some countries melded with universal surveillance technology, the rights and freedoms of humanity will be strictly controlled by the governing elite. This is a world based on fear and deception apart from God. However, we needn't choose this. The deceptions and evil of the Deep State controlling elite are being exposed. The deaths caused by the vaccines and the suffering caused by the restrictions of freedom will allow humanity to awaken from their naive trust in the global authorities. Individual's Love for themselves, their families and communities will arouse people to action to affirm the Truth and the greater Good. Once the media is taken over this Truth will reach and convince many who will finally see their peril. The bad actors who have been behind all the troubles in the world will be exposed and held accountable. Most people, by then, will now choose the higher and destined timeline.

§

57. Staying in God:

No matter what we are thinking, feeling or experiencing, God is here. God is the eternal Reality, not our perceptions. Therefore we must align with the Self of God, turning our experience over to the conscious Self and allow the Self to give us what to make of it all. The Self accepts and embraces it all without attachment or identification. The Self identifies only with the Light, Love, Peace and Intention that animates it. Fear is recognized as an illusion. The present moment is the doorway to the Self and the Kingdom of Heaven where the Self resides. Love is the path to the Self. Unity is the experience of the Self who lives within all. Eternity is the time where the Self resides in ever new divine Life. When we extend the Self's Light and Love we co-create the oneness of the Self in our relationship with the world. Let us wake up to the Self within and live as Self in the oneness of divine Being.

§

58. War:

It's natural to be distressed about war — which are always horrible — but also to assume that these are inevitable, as they seem to characterize human civilization as far back as we know. This war in Ukraine is just the latest in a practically never ending succession. War is multifaceted — there is military, economic, political, media, electronic, chemical, biological and more ways of attacking one group against another. Much of it is covert. The salient question when we observe it in any form is what is our response? Because the powers participating in war are always seeking and needing support. They will argue that support of one side or the other is necessary — that one side is right and the other wrong, although usually responsibility is shared. We must always support deescalation, communication, mediation and peace. In the Ukrainian situation NATO nations want support in vilifying Russia and sending additional billions in military equipment, continuing economic sanctions and political consequences. This is an escalation that will only result in more hardships, death and destruction. War is always a choice, not an inevitability. Let us choose to support those working for open communication, understanding, justice and peace. We can't create a civilization of Love, unity and harmony if we continue to perpetuate war on one another.

How does this relate to evil's war on humanity? This is different as evil entities are different, not human and can't be reasoned with. They have an agenda diametrically opposed to humanity. As they are an alien invasion which actively threatens the existence of Earth and humanity they must perish. This will happen automatically when we no longer give power to them, Earth ascends and evil can no longer feed off humanity. Now we are still believing in what they have conditioned us to believe.

§

59. New community:

The mind doesn't know and is confused, but the Heart is our compass leading us through the mind's forest to the New Land of Love, unity and community. In the world we are leaving everyone is alone, however, now we are beginning to build connections, networks, and communities based on sharing our common life and consciousness. Realize that Holy Relationship is the new way of being that will characterize all our relationships. These will become increasingly grounded physically. Creation will explode to include every aspect of living and new aspects heretofore unknown. Do not worry. Trust in Christ and the divine Plan for Earth. We are still in the Awakening. The crescendo has not been

reached when the tidal wave of God's energy and Presence will sweep through the world, washing away the old and leaving the Earth purified and new.

§

60. The New World now:

Let's assume that the parameters by which we understand the world have changed. We no longer have to wait until we are all aware and enlightened but rather we decide that we are all consciously aware of our connection to our shared Self consciousness now. This acceptance frees us from fear, judgment, time and uncertainty. Now we no longer are in conflict with the world and other's perceptions of it. Their perceptions don't change a thing or really matter. Nothing matters except the divine life and consciousness that unites all in oneness. We no longer have to worry about or concern ourselves with errant thought. We can look past it as easily as we might a leaf blowing through the air. We see it but it doesn't change the landscape of Love, the field of oneness in which we now live.

We live in the eternal now in which all live. Everything just IS. A Heaven world now supersedes, embraces and IS here now, whether it is realized or not by everyone. We can see it and feel it and so live in it and make it real. Now we are at peace. Now there is no more having to do. We just live in trust, and everything just unfolds. The mind and Heart are one. We now look past the facade to see Christ within all. We stop making exceptions and decide to exclude nothing. Everything is now part of the all encompassing divine life.

There are many things happening in the world, but this is the only thing that matters and is real. Awakening from our mind's sleep we are finding ourselves in a divine New World, an eternal New Day. Regardless of the apparent turmoil, the Peace of Heaven is embracing the world with Love. All is forgiven and healed. All is now released from bondage, fear, suffering and death. We are being resurrected and made new by the miracle of God's Presence and Power. Humanity's hell is over, Heaven and Truth have returned. Let us give no more thought to what has been in the artificial dream of life we have been caught up in. Let us give thanks for our deliverance and celebrate in joy the New Time of Divine Life that now IS.

§

61. The future is now:

The mind assumes that what we want, need and are striving for are in a future that is not now. The Heart knows that everything that was, is or will be is here now. As collectively we move increasingly into Heart consciousness we shall enter the Eternal Now and the doorway that leads to life more abundant. Our civilization has been ego polarized and circumscribed by an artificial separate reality defined by the programmed ego matrix. As we find our way through the Heart portal we shall move into the eternal and divine Life and Consciousness within all, and reunite with our Source, which is One. This Presence is even now quietly and inexorably emerging from within into our collective awareness. Its subtle energy is awakening us to a deeper knowing. It is gently lifting our heads and opening our eyes to a new Day and an expanded experience of Reality. Slowly, that we may gradually integrate this revolutionary revelation, we are, one by one, realizing that something momentous and long prophesied is actually happening now. We shouldn't wait until this is reported in the media — that will be the last place to note it. Look to your Heart and the open portal therein and realize that Christ waits on the other side now to embrace us and give us our divine Self awareness. The New World is hovering in the ethers awaiting recognition by those who will choose to live in it and manifest the divine possibilities latent within it.

§

62. Freedom means freedom to be and express our Self:

God gives us free will. The US Constitution grants us the right of free speech and belief. However, this freedom doesn't exclude negative consequences if we use it negatively against others. Society has laws pertaining to crimes against others, violence, libel, threats, defamation, injury, etc. There must be a balance, and a somewhat mutable boundary, between individual rights and freedoms and collective good. Currently we are witnessing increasing censorship and attempts to control freedom of speech by the establishment, and its digital industry and social media even when this self expression isn't harmful but merely at odds with establishment narratives. In a society that is increasingly electronically surveilled this represents a growing threat to our civil liberties. Our right to freedom of speech for our religious and political beliefs must be protected. Yet we are witnessing growing efforts in education, media, entertainment, and politics to censor, coerce, punish and defame individuals who are merely expressing their right to freedom of speech and belief without harming anyone. Freedom of speech and belief is only a threat to a dictatorial and totalitarian state. In a democracy it enriches and enhances life. Politically correct, 'woke' and cancel culture thinking are being imposed by a 'big brother' state with

its 'ministry of truth' that is impairing our freedoms and rights. Establishment 'fact checkers', internet algorithms and digital AI are warping free and open society and creating an artificial dystopian future. We must be vigilant against this erosion of our Constitutional and Divine rights and freedom.

§

63. The creator mind:

The mind is the creator by the beliefs we hold that we give reality to. If you are satisfied with your experience be glad for you have created it. If you are not, look to your assumptions and change them so that they reflect the life of your soul. This works individually and collectively. The many problems in the world are manifested from beliefs that are not in accord with humanity's divine nature.

As long as we are unaware of how this creative dynamic works, we shall unconsciously assume that our beliefs are correct because they are mirrored in our experience. When, actually, they are just what we experience because we assume the belief that caused it. As people have various experiences because they hold various underlying beliefs, belief has only a relative value that is based on how much reality we give it.

§

64. Meditation without thought:

Now I am without thought or thinking — my mind firmly united with my Heart in the Self's spacious embrace. Now there is Light and Love and an intention to maintain awareness and unity. This unity is a substratum from which everything arises and manifests. I'm reclining in a sun warmed meadow, the air fresh and fragrant, life unfolding in beauty. Everything is connected. Everything is part of me. I am creating my experience of outward oneness. While I listen within to what God would make known. Thus I dialogue with God and bring forth what I am given. As everything is part of me, all minds are joined. As all minds are joined, there is no distinction between mine and yours. Everything is shared. As everything is shared, it is also always new as creation is always unfolding new. As I have everything, my needs are met. I rest in the garden of life, tending to weeds/thoughts that would spring up while listening to the birds/God inform me of my Heart's desires. Light fills my mind, and spirit moves in the breeze. Love fills the space completely. Not needing to do anything, everything is accomplished without me. Releasing everything, I am given everything. Restraining from attachment, I am free to be the Self I am. The elevated Self in form is life

is experienced oneness with all. It is more than a person and includes everything sensed, felt and thought. The Christ Self is the consciousness of Self that mediates between the outer form and Source.

§

65. Ongoing meditation:

Meditation should be an every moment experience — an ongoing living from the Light and Love of the Self within, a wholehearted identification with the spacious Self within all. Now we are larger. The Self that is here now and that we are part of, embraces and encompasses everything and yet leads us beyond everything as we listen to the Voice within, the call of our Heart. Let us rest in peace until we are moved, informed and animated by the spirit within. Every moment that we resist the temptation to return to our old habitual ways of thinking we become stronger in Self, the choice becomes clearer, the doubt and fear less. Soon there will be no equivocation — as we express and extend our Self awareness, we sustain it by making it real and manifest. We awake from the compulsion to do, and move into the land of calm being. Being happens by itself as we surrender to it. Our choice is to choose the larger life of Self as that leads into the unknown Heart of God and realms of supernal Light of surpassing beauty. And as we live and share this, others too will begin to observe it and realize that it is something real.

§

66. One problem and one answer:

We need to see the many looming crises in the world with the hopeful expectation that these are opportunities to create a new and better world. These problems are based on the false assumptions that created them that are reflected in humanity's underlying belief in the ego and its associated programming. The ego represents the delusion that we are separate from the divine Life and Consciousness of God and must consequently live in fear. This collective delusion internalized by humanity is being dissolved by the divine Presence of God that is now moving into the awareness of mankind and all life on Earth. This is being experienced as an awakening to a deeper sense of who we really are and a clearer realization of what we inwardly know as truth. What will help now is not a conception but an awareness, not an idea but an experience. The fear endemic in our ego matrix civilization is being overcome by the Love intrinsic in the Presence and energy of God now sweeping through creation. This Loving consciousness will resolve every problem by replacing delusion with Reality, separation with divine Unity,

CSR III: The Divine Self

fear with Love, and ignorance with divine Knowing. We will then be able to create a new civilization based on Truth and our life in God which will further the Good of all life.

The many issues, problems and crises now coming to a head are in reality one problem — we have forgotten who we really are and have become lost in an artificial dream world of fearful imagining. We need but awake from this nightmare by listening to the Truth calling to us in our Hearts and reclaim our power to create in harmony with God's purpose for Earth. Let us walk out of the house of delusion and fear into the New Day of divine Life, Love, Oneness and Joy. The world is being made new, let us awake and be glad. It is here now — a subtle energy suffusing the ether. It is a new Reality which is as real as we allow it to be. It's easy to overlook as it is invisible but it is infused with a consciousness of Unity, Love and Truth. It is a higher dimension of reality that supersedes what we have known up to now. It is the Kingdom of the Soul now made manifest on Earth. It is the Promised Land now revealed to mankind. A new cycle and time begins. The portal is now open, let us venture forth. As pioneers of the New let us explore, discover, celebrate and build. Let us leave behind the old. We are called to bring forth something more beautiful than anything yet conceived.

§

67. Relying on necessary experience:

What I have been endeavoring to point to is not an idea but an awareness that can really only be understood through experience. As personalities we give primary reality to our conceptions. However, as soul, our reality is established on a higher dimension of being. Experiencing this level of reality is what radical awakening is all about. This experience allows us to free our identity from the ego matrix programming that has circumscribed our perceptions and to directly access buddhi and the group consciousness of the soul, which lives in oneness with the divine whole. This entails an entirely different experience of being and way of living. Rather than living from our assumptions of what we think, we live intuitively from what we know, feel and sense. What we sense and perceive is a unitary and conscious space within the forms of creation that is creation's energetic source or cause. This is the realm where Christ walks and speaks to us in the silence and stillness of the Heart. By expressing and extending our awareness we bring forth what would be known, shared and created. There is no reason to renounce wisdom, rather we discover the reality upon which wisdom is based that it can be lived. We develop super vision by seeing through the ajna eye the oneness encompassing all when our consciousness is polarized in the one Heart within all. We

access the knowing which we already have as Soul. Peace reigns as we leave the fear, uncertainty and delusion of the ego matrix and surrender to the eternal safety and joy of God.

§

68. Seeing only the Good, the True and the Beautiful:

Seeing everything as only good is a welcome change from our old ego judgments, blame, guilt and conflicts. Everything reveals the divine Self in action, in life. It is a relief to see humanity embracing Love. It is a relief that the Truth of our connection with each other in the larger life is being recognized. The sun is shining, the sky is blue and it's a wonderful new day. All of nature is celebrating. People are not taking the news so seriously. They can't if they are to maintain their composure and sanity. We will find a way. We are coming together to get through this. The tumult in the world is forcing to come together, to focus on what's important. Something new and hopeful is being sensed. Like a ship tossed in a storm at sea, the sun under the dark clouds on the horizon brings hope. Let us refrain from attack and condemnation. The new Light and Love must be embraced by all. The Presence of God is emerging into our awareness and transforming everything. This Light will disperse the shadows and allow us to see the Reality of God that has been hidden. It will reveal the divine World that has always been within. Let us look for it now with the eyes of Love that we may see everything in its Light.

§

69. Love and Truth:

There are two fundamental qualities that are needed to successfully navigate life — Love and Truth. Love includes such qualities as compassion, gentleness, patience, acceptance, tolerance, connection, gratitude, giving, forgiveness, inclusion, community, caring, affection, hospitality and consideration. Truth relates to understanding, spirit, will, courage, assertion, expression, reality, needs, calling, duty, and law. Ultimately both Truth and Love are interconnected aspects of God. Christ grounded the divine reality of Love two thousand years ago, and like a yeast it has gradually suffused humanity and caused our consciousness to rise. Truth is far less developed because human understanding and knowledge have been based on the false conceptions of the ego and materialist assumptions divorced from divine reality. Our civilization has not been based on Truth, but rather artificial notions which have consequently resulted in widespread suffering, fear, war, inequality, exploitation, delusion and illness. However, in this historical transition to the coming spiritual Age, Truth

CSR III: The Divine Self

must become more widely known, for the New Age will be based on both Love and Truth. As humanity begins the Great Awakening to divine awareness, many will be distressed, shocked and traumatized to realize that many things they thought were true and that they built their lives upon were not true. Further they may very well be outraged to realize that they have been lied to, manipulated and used by those they had trusted and who they looked up to as the world's leaders and authorities. It will not be easy to change habits of thought and life, or personal identities based on old and cherished but outdated ways of thinking. This growing awareness of the Truth of divine reality will have repercussions in every institution in society. Science, media, education, religion, politics, economics and culture will all need to be radically reformulated. This will be facilitated by the energy of Love which will allow humanity to realize that everything is moving by a divine Plan for the greater good and happiness of all life on Earth.

§

70. Truth:

Truth is divine, eternal, real, one and living. It is not relative, conceptual, material or different in space, time or circumstance. Truth IS and can be discovered, known and experienced, but not reduced to any mental formulation. Truth implies one God encompassing all creation and innumerable lives and beings within it that populate the Megaverse. Truth implies consciousness within all life animated by divine Spirit. When humanity awakens to the Truth we will realize that we each have an intuitive access to it within our Heart, that implies that we are sovereign law givers of our Self. We shall then no longer defer to the world's authorities but go within for what we need to know. We shall discover that the history and nature of the living Earth is much different than we had thought, and that the multidimensional cosmos is in fact a hylozoistic conger of living beings. We shall discover new technologies and capabilities that will enlarge our experience and open our awareness to an expanded reality. We shall discover that the Earth has been infiltrated and controlled by evil entities but is now being liberated. We shall understand that the Truth is One with Love, Peace, Beauty, Joy, Freedom, Harmony and Power. We shall then live by the Truth and become the Christ conscious divine spirits who we really are. When we live by Truth, we cannot help but see everyone within it.

§

71. Resolving duality:

As spiritual beings in Earth's dualistic reality we unconsciously yearn to return to the Oneness and Wholeness of being our Self in unity with

CSR III: The Divine Self

God. However, the ego misinterprets this longing and believes it has to create a solution of happiness to the inevitable problems and conflicts that life on Earth presents. This is impossible because the Oneness with God cannot be replaced by any circumstantial substitution. The nature the problems will just change. The only solution is the one being presented now in the spiritual ascension energies infusing Earth. We are experiencing the Light, Love, Life and Consciousness of God pervading the Earth in this epochal time. This energy is offering us the opportunity to shift where we have focused our identity as ego, and center our identity in the Love, Light, Consciousness and Life of the spiritual Self who we really are. This is the real solution to the dilemma of duality. To accomplish this we must release the ego's beliefs and assumptions which do not represent the reality of the Self. As we rest in the flow of the divine energy now moving through the world, our body will also relax from the compulsions that create stress and anxiety. Once returned to our home in God, all problems of the dualistic world are automatically and fundamentally resolved as there are no problems or deficiencies in God.

§

72. Being Love:

Love is an ever flowing stream of conscious energy that wants to flow through us into creation. Our thoughts either block or allow it. As we allow it we receive, have and experience it. As we express it, we express our Self. Our Love transforms the world by uniting the separate forms, revealing the underlying unity of conscious Life. As we tap into the One, we see the One in all. As we surrender to the One Divine Self of God, we stop thinking of mine or yours — everything is ours and part of us. Now we just live to be who we really are in harmony with the Divine Conscious Life. We are Love bringing God into manifestation. Christ is moving in the world now, awakening us to our real Self and the New World we will create in together. It is a New Day. Let us no longer view what's happening through the false ego beliefs of the past. In this very moment we stand on new ground in a world transformed by the Divine Presence that is here.

§

73. Living in Love:

We are being fertilized by our Self consciousness now that we might live in Love and be Love without any thoughts intruding that would bring us back to the old ego matrix world. Let us release our thoughts and our thinking that we might sustain awareness of the Unity and Oneness of Love — that we might purely express the Love that we are without

distortion, that we might be a powerful station of Love radiating Light to all in a world that is now merging with the 5D dimension of divine Unity. Let us focus on expressing our feelings, and the intuitions, dreams, awarenesses, visions and intentions being seeded in us now. Don't worry about the 'how'. Let us become the channel for God that we are, that we might be the divine Being that we are. We are more than the persons we have believed ourselves to be. Take on the your raiment of Light and consciously bless the world with the divine Love that you are.

§

74. Moving to the song of Love:

Earth has been a world of duality, separation and conflict. However, the Love that we are fuses the split and makes of the two, one. Because Love is one so it reveals the underlying unity that has ever been the reality within the forms of creation. As we identify with Love and consciously extend it, we bring a new reality to bear on the moment. As we see Love and the one Self within all creation, we make that reality observable. As we then live in Love, ignoring the world's dream of separation as we might a child's fantasies, we dance to the divine music that animates creation, as it continues to evolve. In every moment we are being moved, impulsed, inspired, and illuminated by Love. We can hear it, feel it, sense it and see it as we live from our Heart. Let us dance, celebrate and sing with joy that we are moving into the New Time of divine community on Earth.

§

75. Living by the Heart:

Moving into the Heart requires simply becoming aware and expressing what IS here now within the Heart's consciousness. Without any preconceived ideas, the Heart reveals the way. The mind's role in this process is to formulate the Heart's intuitive knowing. Every relationship embodies the same process. Life is revealing the consciousness of Love, and the divine intentions. Thus the divine Plan is unfolded. We thus relinquish reliance on the ego and its assumptions and instead trust the life and the awareness that is emerging from within. If we continue to perceive reality through the lens of the ego mind as that is reflected in the mainstream we shall continue to be afraid and confused. The turmoil in the world reflects the awakening from the fearful ego matrix. In the release from its fear, fear is contacted, but Love supersedes. We are emerging into a new world of Love, unity, peace, harmony and all good things. We are emerging from the dream of separation into a new world that is One and Divine. Let us release judgment and be open to this process.

§

76. The Heart's approach to spirit:

The movement of the expansion of consciousness has primarily used the metaphor of raising consciousness to a higher vibration or level as this metaphor corresponds to the primacy that the mind has had in our culture. The mind established a hierarchical system which posits a need to overcome or transcend lower dimensional aspects to realize higher spiritual integration. This is an objective approach. However, in the coming time 'going within' will be more widely utilized to describe the necessary expansion of consciousness as this entails going within the Heart to unite with the Source of consciousness. This is a more subjective approach. The mental path entails a sequential integration of successively higher aspects of the Self. The Heart path entails a radical direct expression of Self as it gradually encompasses and utilizes the dimensional sheaths.

§

77. The utility of discord:

We are naturally in a more harmonic environment in nature that is conducive to being Self centered, but being in a very artificial environment can also facilitate being Self centered because the discord can be so hard to relate to that it facilitate a shift to Self. Once centered in Self we must share and express our awareness in order to proceed to the next step. This is what dialoging is all about.

§

78. Ascending vibrations:

We live in a time of ascending vibrations. As the inner Light becomes more intense, it will become easier to attune to it and see beyond the ego matrix programming that has circumscribed our awareness. Humanity has been trapped in an artificial reality that has power over us because we believed it. Now, however, we are liberating ourselves so that we may return to God and who we really are as eternal souls. The energy of the unitary soul Kingdom is here now. We may notice it by shifting our attention to the Heart. Then we realize that we are all connected and part of one divine Life and Consciousness. It's like setting foot in a new land. We don't know what we will discover as we begin to explore. Initially we are just enraptured by the peace, love, oneness, harmony and joy. And we are grateful that others too are arriving and here to share in this process of discovery and creation with us.

§

79. Ascension:

Ascension means, in part, just becoming more aware of who we really are in the inner unity of life. It implies becoming more aware of an inner dimension of being that we all share. This causes us to release our attachment and identity with the outer conditioned matrix of thought about the world or who we are in it. This gradually increasing awareness will result in an increased feeling of peace, security and freedom because we are moving from the artificial to the real and eternal. As this process proceeds we will gradually shift where we are polarized and who we identify as. Our sense of Self will expand as we ascend from the confines of the artificial matrix that was based on denial of God into the boundless and wondrous infinity of divine Reality. Our experience of Reality and the multidimensional universe will become much more enriched and magical, and our capabilities and power will likewise expand. Although the physical world will vibrate to a higher energy, the biggest change will be in our expanded consciousness.

§

80. A changing priority:

Our present culture is mind prioritized so naturally when we imagine becoming enlightened we assume that this is about the mind. However, the Heart is already enlightened and if we would attend to it more, it would also rub off on the mind. We aren't practiced in attuning to the Heart and deciphering its knowing. Its wisdom is beyond the concepts of the mind. What is it telling us now? What are we being tasked with? The Heart is revealing the Truth of the shared divine Life and Consciousness that we all have and enjoining us to step into its expansive Truth and Life — to shift where we are identified. This changes everything. Our entire attitude to life is different when we release the ego programming and step into the infinite Self. How do we determine what to do now? The Heart is a compass that shows the way. Love reveals what is most important, beautiful and moving. We start from the fact that we are all embodying the same divine Self. The Light of God illuminates the physical plane. Everything physical results from creative ideas. As we center our awareness in the Self, we realize that everything is part of us and is our creation. Life isn't happening to us, we are creating it by what we give Love/Reality to.

§

81. The doorway to the New World:

We can experience the Heart doorway that allows us to stand outside what is happening on the surface of life and to consequently feel a more

CSR III: The Divine Self

conscious connection with the one Self and life force within and animating the external situation. And to begin to listen for the Self's voice instead. This entails stepping back from identifying with the surface interaction and standing instead behind it in the space of Self within all. This naturally results in being more peaceful and present focused. We are gradually letting the ego's compulsive judging and doing, go. We are realizing that we can just rest in the Self. This is not a static space. The moment continues to unfold and be new. We are the consciousness of Love within ever new life — the conscious space 'in between' external life happening and God. The Self mediates between these — listening, responding, expressing. This is creative life. We are becoming conscious as the Self in creative ever new life. Now we can co-create our experience as we listen within to what Love would give us and have us express. We are becoming clear pools and channels for the Self we share. We are releasing old attachments to the ego mind so we can be open to what is actually here now in this inward space of Self that is pervading the world now.

§

82. The power of Now:

It is only now that we connect with what is real and can heal ourselves from the fear, illusion, condemnation and bitterness that we have taken on that has caused our unnecessary suffering. However, as we open to and embrace the Light and Love now filling our awareness we can release all these false attachments and return to the purity of our original Self. Let us unlearn, forget and forgive the past and what we have thought and believed. As we live as our uncorrupted Self, we make our intention to Be as we really are, real and manifest. There is no reason or justification to continue to live in scarcity, pain, discouragement, or unfulfillment. We have the capacity to manifest our intentions in abundance. Let us stay in the bright ever new Now and live here, leaving the limitations and dissatisfactions of the past. As we move into the boundless Now, we create can the future of our dreams. Let us be our divine Self without reservation! We are now called to a life without historical precedents and create a New civilization on Earth.

§

83. Hypocrisy, deception and Truth in the world:

In our search for truth, what we soon realize as we look at the world is the prevalence of hypocrisy — the discrepancy between the stated purpose of our societal institutions and what they actually do. In every department of life there is lie and deception rather than truth. Let us look at a few random examples.

CSR III: The Divine Self

In the political sphere they say we have a democratic republic established to enshrine individual freedoms and well being. In fact we have corrupted politics controlled by special interest money that as often as not, directly acts against freedoms and individual well being around the world. In the financial sphere we have a banking industry that supposedly secures and protects individual wealth, when in fact it robs individuals and is a debt slave system. Inflation, credit, loans and the stock market all are rigged against the financial security of the masses so that the few may loot the system for illicit gain. The economic system ostensibly establishes rules by which all may progress and create a better life, when in fact, on the global level, although the elites may have comfortable lives, the majority of exploited humanity live dire lives focused on just surviving. Our military are established to defend our states from attack when in fact as the actions of the largest military in the world demonstrates, it is actually an agent of hostile aggression and 'power over' actions. Science ostensibly is based on the search for understanding of reality, but modern scientism denies the legitimacy of mankind's spiritual reality and tells the lie that we are alone in a universe of atoms only. Religion ostensibly is based on experiencing God, but instead foists its manmade values and beliefs upon us that are disempowering. The legal institutions say they support justice and fairness when in fact they enforce an unjust system rigged against the average person. The media is supposed to provide us with information about what is going on in the world, but instead acts as the 'ministry of truth' that indoctrinates and propagandizes us so that we can be compliant and controlled by the monied interests. The medical and pharmaceutical industries say that they are all about improving the health of humanity, but as we have observed in the last two years, the WTO and global medical authorities have pursued lockdowns and vaccine mandates that are injurious and that are causing widespread adverse effects and deaths for their profit. The entertainment industry says it is just providing uplifting cultural products when in fact most of it is degrading and desensitizing human values. Our academic institutions say their purpose is education when they are actually indoctrinating and actively censoring and punishing legitimate dissent and truth. We could go on...If we look with open eyes we will discover in nearly every department of society an inversion of truth. Lie and deception rule. As Orwell said, "War is peace, freedom is slavery, ignorance is strength..."

To know the truth we must first of all acknowledge the discrepancy between word and deed, otherwise we shall continue to be used, manipulated, exploited and disempowered. Then we must begin to access and trust the intuitive knowing of the truth that God has placed within each of us. Finally we must begin to have courage and act on our

innate sense of what is right in the world. The mass of humanity that is now suffering if united in truth can overcome the power of the few, who are behind the injustice and deception, and can transform the world. We must if we are going to survive in a world worth living in. The hypocrisy and deception in the world didn't just appear by chance — it has been deliberately cultivated by the selfish and materialist powers that have controlled the world until it has infiltrated nearly every aspect of life. Fortunately, in this time of Earth's spiritualization, the Consciousness of God, of Love and divine Truth are infusing, pervading, uplifting and awakening us. The tumult in the world is part of the Great Awakening and reunification of humanity with its divine Source. Let us understand what is really happening and seize the opportunity to create the world that God has destined for Earth. Let us act on Love and Truth and transform our civilization.

§

84. Meditation to link to the inner planes of the Self:

As multidimensional beings, the different aspects of our divine Self reside in different realms. A task of meditation is to create a conscious link between these different realities so that we may live in physical Earth while also channeling the spiritual awareness, life and knowing of the higher/inner planes. We are meant to bring down and manifest these latent potentials and capabilities. Evolution moves toward integration and synthesis.

We can begin by visualizing a beautiful spiritual garden world where all life lives in perfect harmony suffused by the divine energy of God. Imagine this with as many particulars as you can to make it as real as you can. As you continue to return to this place in repeated meditations you will discover that somehow that you have actually created a link to a real inner world where you can go to receive inspiration and healing. Beings will appear to complete and enrich your experience. You will have created a connection to another part of your Self that will allow you to manifest it.

§

85. Simply living:

As the Heart portal to the soul is now open, we can stand in its open doorway, uniting our mind with our Heart, and experience everything within Love's embrace. Now everything is joined with us and expressing the same Self. Now everyone's minds are likewise joined and we can speak directly to the soul in each person. This is all we need to do — just be our Self with others who are also awakening to their Self. Life

used to be complicated. Now it is simple. Listening to one Voice, expressing one Truth, sharing the awareness of one Life.

§

86. A choice is upon us:

We can look out at the world through the ego mind and project its beliefs and assumptions on to what we see, interpreting the meaning of our experience. Or we can extend the loving consciousness of the Self, embracing all we see in its unity and meaning. In the latter vision everything is seen to be part of an interconnected and unitary divine life. In the ego's perception we see only a fearful view of the separate forms of life. In the Self, everything is pervaded and encompassed by the Consciousness and Life of the Divine. The self as ego is locked into an artificial world of meaning which determines its entire approach to and experience of life. Living as Self is totally different — the Heart rather than the mind determines reality. The mind is relegated to its proper role of creating, expressing and extending Love's knowing and the divine intentions of God. Life thus becomes an ongoing discovery an act of co-creation. The Self's Being eternally and intrinsically unfolds and we, one with the Self we really are, surrender to this divine process which is our life that is integral to the Whole. Thus there is really no choice between illusions and reality, only a process of awakening from the ego's artificial dream of life into a conscious reunion with God and who we really are.

Let us be aware that the Heart's portal to God and the divine New World within, is now open and accessible. This is the end of history and the time of the epochal shift prophesied by ancient knowing. The entire solar system is moving into new spiritual energies that will expand humanity's experience of reality. We will be consciously reunited with the living ever new Divine we have felt separate from. Our experience of life and our civilization will be radically transformed. This is nothing to fear, for we will be leaving an artificial civilization of fear to move into the wonderful land of our dreams where everything is beautiful, good, harmonious, joyful and loving. We may begin to create and manifest it now by choosing to live from the Heart and shift our identity to the inner Self who we really are. As more of us accomplish this we will gradually strengthen this subtle awareness, energy and knowing so that it will become more real and observable to many. A Great Awakening will proceed as Earth ascends into the spiritual New Age.

However, now we are at a difficult point in this process where it is still easy to become distressed and overwhelmed by the ego's perceptions of the tumult and suffering happening on the planet relative to this transition. The ego's fear is exacerbated because it cannot see the

purification and reformation happening. Everything is coming to Light and in the process much darkness will be exposed to be released, that may be difficult to see. This makes it all the more necessary to cleave to the Heart and the Self's knowing. Only what is real, eternal, good and true will remain when this transition is complete. A new divine civilization will be created. The new Christ infused World is now emerging from within, cracking open the encrusted shell of the old so that the New can be born. It is being born in each of us now as we acknowledge and accept it, see it for what it is and choose to give our allegiance to it.

§

87. Observation in the Heart of what IS:

If we close our eyes and focus in the Heart on what IS we will observe that everything we are aware of is connected to and expressed from the same energetic space. This space is the one conscious Self. As we relax into this perception we notice that although seemingly sourced from different places, everything is all integrated into the unity of this spacious Self. The same Self sources innumerable sounds, voices, movements and forms. Each person thinks they are a source, but merely give voice to the One who behind and within all. We have a choice too, of who we listen to. We can give reality to the separate person or form, or we can listen to the Self's consciousness. Our response depends on who we listen to or give reality to. When we observe the one space of Self we observe the Truth within all, integrated into one body. This is Christ expressing through the body of Christ, the elevated self of form. Observation then, brings what IS into awareness. It resolves duality by integrating it in the unity of the Self. Choosing to see unity, we unite our will to God's. We see our true Self expressing through the elevated self of form, rather than just a personal self.

§

88. Falling in Love with God:

Realize how one's life can be totally changed, regardless of any change in circumstances, when one falls in love. Realize that God, who loves us more than we can imagine, is trying to hold us in his arms, free us from every care and provide us with everything we need to be happy. The problem seems to be that we don't see him. However, being everywhere he is actually acting through every event in every moment in your life. Try just surrendering in love and trust and see your needs met, your dreams realized. In this moment he is telling you not to worry, you are being taken care of, supported, cherished, loved and guided. Let go and allow yourself to experience God's loving embrace. If it feels like a chore to do various tasks realize that you are trying to do everything yourself, rather

than letting God do it. The energy moving through you is God. Relax until you feel the impulse to act and then go with the flow of God's energies. Stay in the flow, letting God do the work. It's kind of like automatic writing. We put pen to paper or fingers to the keyboard, align to God and then let God move through us. With decisions, questions and concerns, it works the same way. Give it to God, wait and then trust your feeling, intuition or the synchronicity that God gives you an answer by. You are really in divine dance with God. You are not alone. Surrender to his loving embrace, his energy, and guidance and see your life flourish and your happiness expand.

§

89. Making the shift:

When we drop into the Heart, uniting our mind with the space of Self within, we can then make it real and manifest by expressing and extending it. We can do this by observation — seeing the Self within all, which extends it. We then see with the eyes of Christ, one Self within all. In this process we unite with Mary's immaculate Heart of Love which sees no ego, only equal oneness, and Jesus's sacred Heart which is the Consciousness of the living Life of God that is present here and now. Observation and then expressing what we see and experience is the way to shift our identity to our Christ Self. As we express more, we sustain a center of consciousness in the Self which becomes who we are. With practice we learn that we can observe and see everything from this place of oneness. We begin to live from the Heart all the time, which is to move beyond time into the holy Eternal Now.

This is an awareness that we cannot use for the personal self, because our will is united with God. This awareness is the new choice that humanity now has. We can now directly access and unite with God and embody the Christ consciousness of the one Self within. Living as Self is living without fear because we experience that everything that happens is part of the Self and only unfolds the Self. Soon we stop trying to explain it and just express it as it is. This is a great relief because then we can just be as we are without having to think, justify, rationalize or feel obligated. We have moved beyond learning to just being. Forgetting everything we thought we knew, we discover that we are in a numinous bright field, pregnant with possibilities — seeds planted by God waiting to be watered with our attention and brought forth into manifest life. This is our role — co-creating with God. This New World and New Time is emerging now from within. Let us move into the opened Heart portal and and reunite with God.

§

90. The fellowship of the one Self:

The Heart portal is an access point to another level of reality. It is like a hole in a wall through which we can feel, see, sense and hear into a nondual plane of being. As we utilize this portal and express what we become aware of, and give it more reality, the hole enlarges until eventually the wall is gone and we are standing in the realm of the divine Self, the Kingdom of the Soul. The way to utilize this energy and dissolve the wall is to focus our awareness on it and live in it, allowing our identity to shift from being a separate person to being an extension of the one Self on the other side of the wall. If this seems a rather big step, it is only because of our attachment to the false ego beliefs about reality that we have been indoctrinated with. In reality it is as easy and natural as letting a heavy weight you've been carrying your whole life go. Suddenly you are lighter, freer and unburdened. Now you can do things you never could before. Jesus did this and has told us it is our destiny too to join him in the fellowship of the divine Self.

§

91. Starting anew:

Some progressives are more on the path of mind and some the path of Heart, with, of course, some overlap. The mind sort are the truthers who are actively researching, disclosing, promulgating and acting on the truth about what is really happening now on Earth to redress the problems and implement the solutions. The Heart oriented progressives are demonstrating compassion, caring, connection and love to heal, serve, help and create a better and more humane world. In the last two years of pandemic, for example, I have been amazed at the compassion and service of so many in this difficult time. I have also been grateful for the tireless work of the truthers who have endeavored to explain how we got into this mess, what it's about and what we need to do to get out of it. Both approaches are necessary for compassion without understanding can allow the conditions causing the suffering to continue. It's like being compassionate with someone in an abusive relationship. Ultimately, the truth is, it's not right and they need to get out. Truth however, can be very judgmental and dualistic when actually everyone is being victimized by a system that has been infiltrated by evil and fundamental lies. The best solutions will come not from inside the system but from a holistic and divine perspective that sees us all in the compassionate embrace of God. Collectively we need to get out and start over, transforming the institutions of our society and our way of life in a way that honors the divinity of Earth and the divinity of humanity.

§

92. A new 'brain':

Joining the mind with the Heart, is establishing union with the divine Self who resides in the Heart. Through this union we can see with the oneness of Christ consciousness that exists within all and know the purpose of our relationship in the moment. Knowing what IS, as we are united with God, we can then express and extend what we are given by God. This is to co-create the New World with God.

Humanity habitually functions from the emotion saturated ego mind. However, we have another 'brain' that is in the Heart. We can learn to 'activate' it if we consciously shift our awareness to it sufficiently long to experience the revelation of its unitary inner space of consciousness. If we join with this space we experience the knowing and vision it has. This is the consciousness of the Self that we can now access, embody and express. This is our new 'brain' that has its own knowing and purpose. We discover what IS within it by staying one with it and expressing what we became aware of, feel, know and intend.

§

93. Earth is ascending:

The vibration of the Earth is rising hour by hour, as is God's Will in this transition time to the New Age. Everyone is moving from 3D duality and conflict to 5D unity, peace and Love. The higher energies will no longer support institutions, beliefs, entities, and ways of life that cannot embody Love. Consequently many will not be able to stay on ascended Earth but will be placed in other worlds appropriate to their consciousness. The evil entities who have brought down the vibration of Earth and caused so much suffering will be removed and their influence ended. Human DNA will be resurrected to allow for the full human potential to be realized. Humanity will be able to collectively embody Christ consciousness and create a new spiritual civilization. Our Galactic brethren will gift humanity with a number of advanced technologies that will transform life on Earth. These will include free nonpolluting energy, healing technology to eliminate sickness and disease, instantaneous food replication, advanced travel and communication, technology to cleanse the environment, universal income and provision of all basic needs, etc. Humanity must realize that at present Earth is just going through a cleansing and reformation. We must awaken to the need to reform and transform our society and remove leaders and authorities who cannot embrace the New. We must awaken to the fundamental problems that our current global system has and begin to make necessary changes. We must not worry about what is breaking down — but rather focus on the new consciousness of unity and the organizational structures necessary to ground it. We are on the threshold

of a New World that will be the realization of God's wondrous divine purpose.

§

94. Choosing reality:

Where are we? What is the reality that we live in? This is actually a choice and by our decision do we choose our experience. We can choose to live in God and divine unity with eternal Life. Or we can live in a ego matrix world of fear, conflict, death and separation from God. The world says we do not have a choice, but then the world has not chosen to become aware of God. By choosing to unite the mind to the Heart we choose the unity by which we experience God, as God can only be experienced in union, oneness and wholeness. The Heart embodies the Consciousness, Life and Love of God, which can be known by union with it. The ego also views the Heart as the source of Love but from a separate vantage point that does allow an experience of oneness with it. It values the Heart as a special relationship that provides it what it needs but doesn't allow it to experience what it really is. When we realize that we can really live in God by living in the Heart, our entire experience of reality changes. This experience becomes more real, pronounced and sustained when we begin to extend and observe God in all we see. We move from passive acceptance to active co-creation. Choosing to observe God in all allows us to know God's purpose for us in the moment. This purpose is known by what we are given to be aware of that Love would have us express, share or extend. This might be something we want to say or do. Or it might merely entail observing the other or the situation in a unity with God. When we live in God, in unity and oneness with all creation, we don't have to figure things out or make things happen as we think they should be, we just relax into what IS here and unfolding in the moment in God and let it be. Our 'job' is merely to give form and expression to what wants to be. Love determines this.

§

95. Leaving our roles:

When we observe others in the unity of the Self's energy and consciousness we observe the same energy moving through all and connecting all in a unity. We also observe others as if they are acting out roles in a play, while occasionally the real Self within them looks at us, aware of what it is doing in playing a part. We can respond to the Self or the actor. When we respond or relate to the Self, we then don't take the actor's experience too seriously as it is just made up. With either, we relate with Love, because we are Love, and the actor wants reassurance

CSR III: The Divine Self

of this. It can be fun or exciting to play a role, to be in costume and act out something dramatic or intense. But ultimately we need to hang up the costume and relax at home in peace. It's exhausting to be on stage all the time. It's healing to just commune with God in the sanctuary of the living moment. Like sleep, it restores us. We cannot be 'on' all the time. In fact, to commune with God is to enter a boundless living realm more alive and satisfying than any role the ego might imagine. The ego's roles are all circumscribed by the parameters of the ego's finite 3D reality — the Self is not so limited. The Self is free, the ego cannot escape the pressure of its compulsions and fears. Let us retire from stage life and leave the set, wandering out into the garden of real life, reveling in the beauty, oneness and joy of Life divine, following the paths of Love to Life everlasting.

§

96. Our gift to the world:

We give the gift of God's Love that you are, that unites us and allows us to realize our shared life in God. We give the gift of Light that allows us to see that we are safe and at peace in the reality of God.

We bring the gift of Life ever new that we embody and flow to, ever offering freedom and inspiration.

We bring the gift of Joy, sharings the blessings of God as we live by surrender, grace and trust.

We bring the gift of Beauty, radiating our spirit that uplifts and sacredizes all that it touches.

Everything about us is Divine

§

97. We are the solution to the problems of the world:

At first when we experience the divine energy of God through the open portal, we experience ourselves as a separate receiver of this energy.

With sustained focus, the portal opens to reveal another dimension of reality that is suffused with Light and Love. As we channel, embody and extend this energy, we begin to realize that this energy is our Self. As we observe this energy in the world, we realize that we encompass the world and all we experience in the divine Self that we are. Everyone is part of us as we are part of God. God moves in us as we move in God.

Love reveals our oneness, our shared Life and Consciousness. We release all fear and stress realizing that it is not up to us to know what to do, we merely have to be our Self and trust this Self of God who knows.

When the veil is removed, all will be seen to be of God.

§

98. The New World is here now:

Beyond time, self and thought, the New World of Love and Unity is here to be embodied and lived in. It just requires an easy shift to awareness of the unitary conscious Heart space within this moment. Once aligned and centered in it everything is revealed to be an expression of One Self. Now we are centered in what is real and eternal. Now there is no more mine and yours as we know that we are all part of one divine Life and Consciousness. Now there is no longer anything we have to have, know or do, as we are complete. As long as we maintain awareness here we remain at peace. However, life continues to unfold ever new. We allow it to do so and move with its flow while remaining in the eternal unchanging Self. Life gives us never-ending opportunities to choose Self and discover what is here to be revealed and known. As we continue to choose to embrace and see the one Self in all, we are given Love to express and share. Every expression of Love attests to our shared Life and Consciousness. The more we share this, the more real this World of Unity and Love becomes. Now we exist in unity with God and co-create with God.

§

99. A divine marriage:

Now we are part of each other and of the divine Conscious Life moving within us. Now we are born into the eternal Light and Love that irradiates this moment. Now there is no more fear or doubt — the Peace and Presence of God pervade. We now live in a New World, created by God as a place where we might manifest the glories and riches of God. Let us hear the song of God that plays through creation. Let us feel the embrace of the sweet ever new life of the Goddess. Let us open our united minds and Heart to destined revelations and gifts of God that we may create the forms to give them birth. We have turned the page and are in a New Time where eternity is manifested and lived. Now we can be the divine Self who we are. As the sky is shared by all, so is our loving consciousness. As the sunlight is shared by all, so is the Light of God irradiating our mind. God moves within all, bringing awareness of what would be known and shared. Let Love reveal it and prompt our expression of it. Let us make our vows to God whom we unite with. We are anointed with Holiness. We are now born anew, forgetting all we believed we knew.

§

100. Resolving duality:

Humanity now has the opportunity to move beyond the ego's duality on a collective global scale. Uniting the mind with the Heart is to open a doorway in the Heart to the unity consciousness of the soul and God. By joining the Heart and observing with the Heart we can see the oneness of the Self of God within and encompassing the separate forms of the world. As we begin to express and share what we become aware of in this space of oneness, we begin to co-create in union with the Christ conscious Self of God who we really are. This is to simply be our Self as we shift where we are identified, moving from the duality of the artificial ego to the living Oneness of the eternal soul.

§

101. Co-creating with God:

I have been focusing on union with the Heart and exploring what I discover when I am not thinking but absorbed in Self and observing it expressing through the moment and everything and everyone it contains. God is always here, in the midst of whatever is happening.

It seems that there are always two factors in experience — the eternal unchanging but ever expanding consciousness of what IS, and the ever new life that is unfolding. This is the experiencer and the experience being created by what the experiencer gives love/reality to in mind. Thus the Self always creates its reality or experience. Love continuously flows through the Self — thus receiving and giving are one — and by the ideas activated in the mind is the particular experience manifested. Every experience is therefore our choice depending on how we see it or by what thoughts we interpret it. If we choose to see God in everything by activating the belief that God is omnipresent, then we will have that experience. This is how Jesus performed miracles — he never gave any thought power/love/reality except his oneness with the omnipotent Father/God. We could have the same power if we stopped giving power/love/reality to all the conflicting separative ego thoughts, doubts and fears.

§

102. Who we are:

The Love that we feel and embody is the same Love. It is Love that establishes our unity and oneness. By Love we experience that we are part of the same underlying Life and Consciousness, although we will express this in our own unique way. The Light that we radiate brings hope, clarity, understanding and healing. The Life that we embody brings

joy, renewal, discovery and freshness to the moment. We are divine beings who live in the eternal realm of God, who have come to Earth to banish fear and share our divine gifts and knowing; to awaken and lift up all to the New Day being born on Earth now. Let us remember who we really are and begin to live with the full creative power that we have as Christed souls.

§

103. Being in the garden:

In the garden this morning, I stopped focusing on this or that and just allowed everything to come into a oneness that is being expressed in the unfolding moment. I embrace everything as part of me. Yet my consciousness of the divine Self is more. I am grateful to be at peace and without care. I can open my awareness to God and explore what is here now. I am exploring the connection between the experience of life in form and the consciousness of the Self of God. As I maintain my awareness of God, the moment is experienced to be an extension of God. As I accept everything as part of God, it is revealed to be part of God. Choosing God, I experience God in all. Choosing to encompass all in unity, everything is experienced to be interconnected in a oneness of form. Choosing to see the one Self manifesting through all, I perceive that. Now I am as I am, as an extension of God. Now I wait in silence for the Voice of God, grateful to have my need met, my prayer answered. Now there is nothing I have to do — just to be, to listen and experience the glory of the divine in this holy moment. The sun shines, the sky is clear blue, a soft breeze caresses while the birds flit about and the flowers sing. Now I would forget every thought and just surrender to God, loosing my self that I might awaken in the Heaven that is here now. Every moment offers another opportunity to give up an unwanted attachment and to accept the freedom and bliss of the divine Self. Every moment is the same eternal moment of infinite Love, manifesting now in this oneness of unfolding life. This life unfolds as a oneness as I maintain awareness of the whole of God that I am part of. My task, if it can be called that, is just to continue to let go of the old mind and to continue to observe and experience everything in God.

§

104. The living moment:

When summer blooms full
And each creature has its glorious day.
When the sun pours its golden balm
On each petal and leaf

CSR III: The Divine Self

And all of nature inhales Her living breath
Sighing in the boughs
Infusing to life and rapture
Unrecognized by man.
All about him unfolds the divine mystery
A song plays from a timeless realm
Yet he gapes unconscious
Encompassed in a Heaven he does not see.

§

105. Moving as one:

The Fifth dimension of unity is not the end of our long sojourn on Earth, but the beginning. It is but the doorway out of bondage into the boundless supernal mansions of God. It is but the first step back on the path with God — waking up from our long sleep, remembering what life is really about. We have traversed through hardship and travail but now the path opens on to a wide verdant meadow, snow capped mountains in the distance, the stars hanging close and bright overhead. Now we are walking in the Light, Love abounds and there is joy and celebration as we now move together as one.

§

106. What does the Self know?

That we are complete and accomplished
That we each know the same Truth
That we are all equally divine
That the Love of God continually moves through us, receiving and giving
That the thoughts we activate by Love become manifest
That we all have the same Christ consciousness of God
That God gives us everything we need, thus we really have no needs
That we live in eternity although we express that in time
That we co-create our experience with God
That we are to manifest what God intends — which is what we Love
That everything is really One in relationship
That fear and the artificial thoughts of the ego are false and delusional
That Earth is entering a new time where the world is being remade by God in divine unity
That we just have to go within the Heart to know what God gives us
That expression and sharing of what we become aware of is necessary
That everything is part of us
That we must embrace everything and everyone, while being more
That this new encompassing and elevated self of form is the body of Christ that we express ourselves through

§

107. Once upon a time:

“Once upon a time” will soon come into manifest life again. In the ancient and halcyon days of the human race, we lived within the walls of the timeless and magical Kingdom of God, but over time we ventured out and became lost. Now God is opening a hidden door and we shall be able to find our way back to the eternal land of enchantment, beauty, peace and oneness that we once lived in. The poets will once again give voice to the soul’s knowing, new music will exalt the wonder and glory of life, architecture will embody the harmony and refinement of spirit, schools will explore the mysteries of the infinite living Universe, leaders will extoll wisdom, and all will feel the Love of being part of this world under Divine aegis. This timeless land is never stagnant for it is ever new, and alive with eternal life. Each person, now one with the soul, will know the truth and be able to speak it directly from the Heart — and not just what he has been taught to believe. Everyone will be healthy, happy and long lived. Everything will be refined but simple, joyous but peaceful, diverse but one, free yet encompassed by laws of God and Love. This is a dreamland ever unfolding the limitless imaginations of God where we each will find our home. Let us begin to live from the Heart that we might begin to wend our way there.

§

108. The danger of technology:

Technology can make for a more comfortable, easier and perhaps stimulating life, but will not save us or answer our fundamental need. Only plunging into life itself and the mystery of being can accomplish that. Only the Heart can answer the mind’s need for knowing. Love is always the answer. However, Love is more than a feeling. It is the energy of God that carries us to everything we’ve ever wanted or imagined and more besides. We have to be careful with technology today and not be led into the trap of the artificial AI controlled world. It’s an alluring siren that is being used to mislead us away from the natural, real and spiritual timeline meant for human fulfillment.

§

109. A new path and opportunity:

There is much to think about in the world. The nature of life in the confusing and tumultuous time we are living in naturally should cause one to explore, analyze and reflect. Many people are attempting to understand, teach and lead humanity forward to a better and humane world against organized entrenched retrograde forces. It’s important and

CSR III: The Divine Self

necessary work. However, there is now another opportunity, besides reformation, to choose to do good in the world. This is because Earth is on the threshold of a new reality, and a divine transformation. This opportunity is to choose to embody the new dimension of reality, the new divine World, that is now merging with Earth and raising all its vibrations and consciousness to a higher level. This entails shifting one's center of consciousness from the dualistic personality or ego, to the nondual soul — the inner and eternal Self. This choice is to shift one's center of identity from the mind to the Heart and begin to live from the inner world of unity and divine being rather than in the illusory and artificial world that our civilization has been.

Christ and the Heavenly Host have broadcast the good news, sounded the call and opened the gates. Each may move forward either as a spiritual personality or as a soul, in unity with God. To choose soul is to change one's priorities and methods and one's way of life. The emphasis shifts from learning, striving and doing to trusting, embodying and being. Instead of trying to control and change life and circumstances, one opens to another dimension of reality where things are already perfect, safe and in harmony with God. Life becomes a process of living from within the divine flow of life and bringing forth what God would have manifest on Earth now. This is the same as what we would love the most because now, as soul, we are one with God. The dualistic ego works through his mind, will and emotions, while the nondual soul works from his innate intuitive sense and his awareness of divine intention — thus co-creating with God rather than establishing a separate agenda. Many people are now awakening to an emerging inner Presence within but don't know fully what to make of it. It feels like a deeper layer of authentic being and it is — and more. It is the consciousness of the Christ infused soul — our larger eternal Self — who is offering to lead us into the New World of divine Unity and Oneness.

§

110. Embodying Truth:

To know the Truth, we must become one with the Truth, live and express it. Truth is not a rational belief, it is an awareness of what IS. In union with the Self's Truth, we must extend it, see it and create it in the world so it can become real and manifest. Observing it in others means seeing them part of the same Truth of the one divine Life and Consciousness within all creation. By extending and seeing the Self in others we are encompassing outer appearance by the inner reality and making the dualistic world one, by affirming the one divine life within. Everything really does exist in the relationship of oneness in God. Separate forms

CSR III: The Divine Self

are pervaded by divine energy, consciousness and purpose. As we shift identity from separate personality to group conscious soul in the New Age, we will necessarily break through the circumscribed wall of the ego into the boundless free space of the soul. This will be an adjustment that will require releasing our attachment to what we have been indoctrinated, in fear, to think and believe that has caused our civilization's suffering. However, guided by Love, the Truth of who we really are and what life is really about will be as gratefully accepted as the light of day after a fitful nightmare. To become our sovereign Self both Love and Truth must be known and embodied. Then we will no longer be influenced and misled by the tyrants, deceivers and exploiters of this world, and will assert our God given power and transform our civilization. We will become who we really are as the Son of God.

§

111. Steps to Christ consciousness:

Jesus has told us what we need to do to achieve Christ consciousness — we just need to do it:

- Join your mental self awareness to the Heart
- Stay united with the Self, which embodies Heart consciousness
- Release the thoughts and programs of the ego mind
- Observe the one Self in the world
- Respond to what God is giving or making known
- By expressing and sharing what Love would extend

§

112. The coming spiritual communities:

A lot of us around the world are waking up not only to the truth of what's really happening in the world but to a deeper level of reality and an expanded consciousness. Our energies have been moving along two tracks: Educating our minds about what's really going on in the world. And opening through the Heart to soul level consciousness — opening to a deeper level of unitary divine reality that will be increasingly emerging into our collective awareness as the New Age awaiting birth through us. I feel that eventually this movement must eventually coalesce into new communities where everyone who resonate to this impulse could cooperate in manifesting it through their life and being. We need to begin to form more concrete networks, alliances, communities and organizations that would facilitate more reinforcement and collaboration of the work of manifesting this new consciousness, and its related ideas and projects. I believe that we each have an important piece to add and contribution to make in this cooperative process.

§

113. The fundamental problem in the world:

There are many problems in the world. Certainly such imminent universal transformations of our civilization that would include free nonpolluting energy, entitlements to the basic needs of human life, and medical technology to maintain health, will radically improve the conditions of human life. However, the fundamental problem is the ego, or our need to liberate ourselves from the artificial dualism that has circumscribed our experience of reality and kept us from being the divine souls we really are. This is resolved not by a manipulation of the conditions of life over time, but by a change of consciousness in the present moment. This change involves a shift in where we are identified, where we live from and thus how we live and experience the world. This shift entails moving out of the programmed thinking of the ego and into a Heart centered soul consciousness that is larger and more inclusive than the separate personal self. The soul lives in another dimension of reality that is consciously one with divine life. It's a shift to a collective embodiment of Christ consciousness. This will seem unrealistic and impossible to the deluded ego, but the ego is not who we really are. God is pervading Earth and consciously reuniting and awakening us to our real spiritual Self.

§

114. Yearning for Life:

Enlightenment is more than a state of mind. Thought is just thought, no matter how sublime, it is not alive. One may allow oneself to be carried away in the raptures of transcendent contemplation but one will inevitably have to return to Earth. Better yet is to find that hidden doorway into the mystery and magic of Life itself. Life is ever new, ever joyous and revelatory. When we surrender to it, it will take us beyond anything we could have imagined, to realms of surpassing, love, beauty and enchantment. What our soul yearns for is not an enlightenment apart from life, but for the deepest embrace of Life — a divine dance with the spirit of Life. Only then will the soul be able to speak those words that resound in the halls of eternity.

§

115. What IS:

Connecting to what IS sounds easy, but the ego can't do it, as the ego is based on denial and rejection of what IS. What IS is the experience of the Self in union and oneness. It is the Self that rests in God. What IS is the Truth of our common Self that we share in relationship. What IS

CSR III: The Divine Self

exists to be shared. We have what IS in common, for it is what we are, live in and express. We are not separate but are part of one Self that is a reality. When we shift into oneness with God, we live in this encompassing dimension of reality that is alive and conscious. When one with what IS, we discover that we include everything that exists. We discover that we have the power to manifest what we choose. This is the purpose of the mind. We choose to manifest what we become aware of in God that we are given to extend and make real. Centered in what IS we realize that nothing happens by itself, everything happens as a result of its connection to what IS. It's only what IS that is happening in the universe through the multifaceted forms of creation. What IS is the conscious Life of God that is the animating Force of Creation. We live within the Conscious Life that encompasses everything manifest. By identifying with it, with what IS, we co-create with it and extend what God would have known and manifest. This requires setting aside all separate intention. When anything needs to be done, we can actually step back and let what IS accomplish it through our cooperation.

§

116. Earth's fundamental conflict:

The fundamental dualism on Earth now is not between Left and Right and the particular political issues associated with this dynamic and broadcast on the news. It is between evil and humanity, domination or freedom, deception or truth, fear or Love, selfishness or sharing. Evil is entrenched in the elite control of the world system by the powerful few and the laws and practices set up to further that predation that is attempting to slowly enslave humanity. The increasing Light now infusing the world is slowly bringing this underlying dynamic and the agents involved to awareness of the indoctrinated masses. It is a transitional time to the New Age that is characterized by tumult, dissolution, disclosures, awakening, purification, reformation and transformation. God's divine Plan for Earth will be accomplished. Earth is being spiritualized.

§

117. The truther movement:

I have noticed that for myself, that although I have spent a lot of time and energy the last couple of years just trying to research, reflect and understand what is really happening on Earth now, that increasingly, having established a general grasp of the situation, that my attention and energy are shifting to going within. This entails a shift from the mind to the heart and an evocation of the soul and those positive dreams, imaginations, feelings, desires, intuitions and impulses that love and an

CSR III: The Divine Self

innate spiritual purpose impel. For myself I'm realizing that I am much more interested in opening to a light filled new reality than reforming our present impaired and outdated civilization. Of course I don't know exactly what this will entail except for embodying a more expansive and soul centered unity consciousness. I'm excited by this opportunity in this prophesied time and the sense of wondrous possibility that it holds.

I'm feeling that most of us in the spiritual truther community are opening to the same awarenesses, the same insights, truths and perceptions. Therefore I believe that inwardly we are opening to embody the same unitary loving consciousness. This is an exciting revelation because initially when going more deeply within one would assume that one is connecting to something very individual and unique. I rather feel that we are actually breaking through to a common space of the one divine Life and Consciousness within us all. We are on the edge of shifting to a group consciousness that we will each express in our own unique way.

I perceive that the truther movement has spiritual and political wings. The spiritual wing emphasizes the transcendent channeled knowing of the Ascended Masters, Angels and Benevolent Galactics. It's a top down approach beginning with an idealistic meta perspective and it's manifold implications for the realization of the spiritual plan for Earth. The political wing is a bottom up approach beginning with the many scientific, medical, journalistic, and political disclosures, research, and exposés that explore the subterfuge, agendas, conspiracies and nefarious actions of Earth's powerful elite and the war to overcome them. Interestingly, there is increasing overlap and overall consistency between these quite different approaches to understanding the real dynamics and issues being addressed and contested on Earth now. The spiritual wing tends to emphasize the beautiful divine vision, while the political wing emphasizes evil's agenda and methods and their overcoming by the combined Earth Alliance and Benevolent Galactics — the 'White Hats'. The gratifying and noticeable overlap between these two approaches would include the 'Q' phenomena, political disclosures by the spiritual channelers and extraterrestrial awarenesses by the political factions. The truther movement is increasingly becoming part of national populist movements as political divisions shift from Left against Right, to populist humanity against the globalist evil Deep State.

§

118. A garden gateway:

What is more uplifting than sitting in summer's garden, warmed by the sun, refreshed by the fragrant breeze, encompassed by the beauty of living nature! The eyes delight in the profusion of flowers, verdant shrubs

CSR III: The Divine Self

and trees, and the flitting birds. The ears delight in the rustling of leaves and the chirping of birds. There are distant sounds but this space is a holy enclave of timeless ever new life. Here it is easy to go within, leaving all care and feel that all is good and wondrous — a divine mystery revealing itself newly formed in this eternal moment! Such it is when we stay within the Heart, naturally feeling a connection and unity with living creation now.

As we let our consciousness sink into this experience we become part of it. We realize that our life and consciousness includes everything. It is not outside of us, rather we have been letting our awareness be artificially confined to the body. Now I release it and embrace the Holy Life moving within everything. I am much larger and different than I believed. A Peace and Light descend that is not of the world, and yet it is. A conscious loving Presence is here that at first was not noticed. All my thoughts and beliefs pale in comparison with the wordless mystery of what IS. All I would do is surrender to this Presence and what it is revealing.

It is as if the Presence is a new conscious world — a new living dimension of reality meant by God to be explored and lived in. Here we live in a shared space and being. This, I imagine, is the threshold of the destined Kingdom of the Soul — where we all live in eternal oneness and unity. Now is the time on decreed by God that together we make the collective shift from identifying with the separate thoughts and forms of the external world, to living within the divine Life and Consciousness of God that has ever been within, unrecognized. Now the gates are open and we may proceed. I feel that we are all opening to this same place, the same knowing and consciousness. Let us leave the fears and the programming that has circumscribed our experience and move into the boundless, free divine world of Love and Light, Peace and Oneness stretching before us as we move through the Heart portal.

§

119. Questions:

God is giving us new 5D Earth of Love and Oneness that is now emerging into our awareness from within, but it is up to us as divine co-creative souls to manifest the ideas, dreams and seeds of possibility that God would have us bring forth that will characterize the New Age or New World that we are merging with. What patterns should come into being now in our new civilization? What are the qualities and methods of consciousness that will come to be embodied? What will we discover and know that we didn't know before? What faculties, powers, and capacities do have now, and to what ends and purposes are these to be

used? Surely there will be new technologies to enhance our lives, but we must also find ways to live in greater harmony and unity with the life of God. What new vistas and dreams are being revealed by Love? What are we discovering by opening to the boundless living universe? We each will have our own important experience and awareness to contribute. There will no longer be anyone telling what we should think or do. As sovereign souls we will each live from our authentic union with God. What the future holds, will be discovered as the eternal moment unfolds its riches.

§

120. Being in God's garden:

When we step beyond the ego and the mind into the Heart, we step into a knowing we have always had but have not consciously availed ourselves of. When we move into the wholehearted and spacious Soul, we access the deeper knowing that guides us through unknown life unfolding new in the moment. With surrender and union with Soul, we realize that we can trust our Soul and what it intuitively knows. Each moment becomes a revelation and discovery of what IS given to be known and shared. We no longer have to think or rely on outdated understanding. Each moment is new, real and whole and requires a new never before experience. We are now living on the raw edge of ever new life that is embraced with joy and Love. The Soul's intuitive knowing allows us to always know what Love is revealing.

In a world of divine Love, everything is wonderful, beautiful and harmonious. It is like picking the abundant fruit in God's orchard. We soon get used to the idea and experience that everything is good and joyous. Fear doesn't exist here, nor doubt. How could we doubt the Soul that is created by God and is perfect and complete. Each new moment confirms our trust. We live now outside the boundaries that used to confine us. We are free to trust the spirit that moves and animates us. As no matter what we experience, we experience God, it little matters what our choice is. It is like choosing which delicious fruit we shall taste. We soon realize that the excitement of the unknown now is paired with the revelations it affords. Love answers every question and need.

Behind and within the sometimes raucous veil of life, a divine Being is emerging into our awareness. This Being is the God that we are part of and which holds our divine Consciousness. As we open to its ever new Life, we open to its Consciousness and its Purpose of Love. It is moving to synthesize all Creation into a conscious Oneness. We are the part of God that is integrating the physical dimension, allowing God to directly

manifest his Consciousness and Purpose here, rather than just indirectly through the process of the evolution of creation. As we embrace the unknown of life in each moment, we bring God's consciousness to it, infusing it with Love and bringing forth God's knowing into manifest creation. Co-creating with God, we extend God and his purpose of Synthesis and Revelation. Life and Creation are fulfilled and completed by the Consciousness and Purpose within.

§

121. Forgiveness is a beginning:

Forgiveness or detachment is a necessary quality when combined with attachment to the Self. Practiced within the confines of the ego mind, it is not so successful. Because ultimately we need to forgive ourselves for believing that we are a separate self with all the internalized beliefs or judgments that we inevitably have. Forgiveness when combined with unity with the Heart, leads us beyond the known into the wide lighted realms of God.

Join with Love, releasing every assumption you have ever had about what is real or true. Release thoughts of guilt, self condemnation and doubt. Feel divine Love filling your consciousness. Feel Light irradiating the space where you are and everything about. Feel the Peace, Unity, Connection and Knowing of this moment. Now we are centered in the inner Self and the divine world it inhabits. We have moved from time to the timeless, from form and place to the boundless. Now we reside in what IS, in the One Conscious Life within all Creation. We have moved from the external form to the divine Life within. Now everything takes place within us, within the encompassing Self. From this place of Unity we stand in the portal between two dimensions or worlds — the physical and the Soul Kingdom. Yet when we look toward the physical with the Self's eyes of Christ, we see the Soul Kingdom of Unity, within the world of form. It is our new task to observe it, to live in it and to make it manifest, together. In this new time of the Second Coming of Christ, we will collectively embody the Conscious Self and bring the Kingdom of Soul into manifest being.

Peace pervades the world. A divine Presence is here awaiting our awareness. This is not anyone else but our Self, as we really are. Let us awaken from the long sleep of separate life and join with the divine procession of triumphant God who has come to claim his own and take the Earth back.

§

122. Peak experiences:

We've all had a number of peak experiences — moments that reverberate throughout our life with profound effect. Imagine each such experience as a window into the soul and its world of meaning. Each window reveals an aspect of an inner timeless landscape of Love, beauty, relationships and eternal livingness. We would do well to contemplate what the essence and qualities of these peak experiences are about to learn more about what the soul moves to. These are meant to be signs pointing us to where we need to go and what we need to realize. But often we just let the memory fade as if it were only a wonderful dream. Peak experiences point to something real within that we need to find a way of bringing more into our life. The soul is like a multifaceted jewel — each sparkle revealing a new aspect of itself. Yet we can become preoccupied with the agendas of the separate self and forget those fleeting moments when the soul called.

§

123. Awareness as the Self of God:

I am larger than my body. Everything that is experienced in the moment through the senses and the mind is the form through which I exist in the world. But I am larger than these. The consciousness and life within all is mine. This life is unfolding ever new. This consciousness is eternal. My experience in expansive form is my creation resulting from the thoughts I give Love/reality to in this moment related to this present experience. I give reality to the thought of my identity with the consciousness of God (or Christ) that infuses my experience. Everything is thus within me, within my consciousness. There is thus no separation — all forms are pervaded and encompassed by my Self. This is a consciousness of Love that would awaken all separate consciousness to our oneness in God. Thus I give reality to the thought that all separate human consciousness has the same equal nature and potential. I am an extension of God in the physical and here to make God's (my) consciousness and purpose manifest. This entails first of all, awakening to the Presence of the Self within. Then to join the Self and identify with that Self. Then to be that Self by expressing and sharing what that Self is aware of. Exactly what this entails we will discover by actively being it. By being Self we will transform creation because creation will have the direct conscious Presence of God birthing the New.

As long as I maintain this consciousness, activating these thoughts, I maintain this experience.

§

124. Going within:

In our ego mind based culture, people naturally assume that spirit means going up to a higher vibration. In a Heart based soul culture that will become increasingly more widespread, people will naturally feel that being more spiritual will imply going within, to a wholeness and oneness of experience found within the Heart. The mind naturally strives for more abstract, refined, universal conceptions and timeless realizations about God/Reality. The Heart strives to encompass more Love, more of the eternal reality and wholeness of the experience of God/Reality.

Uniting mind with Heart allows access to a conscious awareness of a unitary divine space or field of being that is within creation in the moment. This is thus a shared dimension of conscious Love, Light, Peace and Intention that connects and unites us in God. We will discover as we focus our awareness here that it has a knowing that we can intuitively access by which we can live as the inner soul we really are. Thus 'it' is a conscious aspect of God. In the process, if we maintain our focus and identity here and release our habit of going to the ego mind for reality, we will begin to live in oneness with the divine life and consciousness within all. However, to make this real and manifest we must express, share and extend what we discover IS here, and what Love would make known. Thus we slowly extend the inner consciousness of unity by creating the forms by which its reality can be expressed. We realize that we all share a common Self of Love that is part of God. Although we all express this differently.

This awareness of unity consciousness is something that many are awakening to. Those motivated to live in unity and create the new forms of life and thought that will allow this dimension of reality to be seen and experienced by all, will create a new civilization. The Christ consciousness of God resides in this plane of reality. By living as a group conscious soul on this plane of unity consciousness or buddhi, we will be able to discover the divine intentions, ideas, dreams and processes that would be externalized and brought forth. These are really our deepest dreams and yearnings, for we are the consciousness of God in physical form.

By establishing a union of the mind and Heart, we establish a union and access to the conscious Self of God we share. By establishing a union with the divine Self, we establish a union with each other, as we all live within this same Life and Self Consciousness. This one Self consciousness is our real consciousness. Here, only God is present within us, connecting all in a oneness. Love embraces us. Now we begin to no longer identify with a separate self but with the one consciousness of God. Now we no longer think, we rest in awareness of what IS. We

CSR III: The Divine Self

share one body of shared experience or elevated form. This is our shared mind and all that is experienced through it.

The mind is the creative life. The one conscious awareness is Christ. Christ listens for what is revealed and present in the moment. This is the Truth that the Self would extend through the mind, thus adding to creation. This is Christ living in the elevated form through which is manifested the purpose of Love. Love connects and unites us, revealing our oneness of consciousness and life. Thus Christ is now revealed in the world as we join our minds and Heart and shift our identity to the one Self. By seeing the Self of God in one another, and by letting all that comes to mind pass through, we begin to manifest our new collective consciousness. We sustain this by sharing what IS here now in Truth from God.

§

125. Unity within:

We are joined in unity, in the beingness of the Self within. It is something we can share and talk about, but it is difficult to talk to others about who don't have this awareness. We are now consciously connected and part of the same inner Self. By expressing what we are becoming aware of we can begin to make this inner space of conscious beingness, manifest. I observe this unitary consciousness within the forms of creation, uniting them in a oneness. I feel a Love that also flows within all, establishing union. I hear a silent voice offering a knowing. I sense that this inner beingness is a reality that's part of God. I intuit an intention and possibilities. I wonder how we could give it more form and more concrete expression? What process, ritual, system, or ceremony could manifest its nature and potential? Just individually embodying Self consciousness seems not enough. How could civilization begin to ground this divine beingness? God is wanting to manifest on Earth more fully. How can we facilitate that process? This is not what people are expecting when they imagine the Second Coming of Christ. They are imagining a divine being who is an 'other' and separate from them. They are not imagining having God already within them. And yet it is so. Perhaps I am being hasty, letting desire and fear create an unnecessary urgency. This divine emergence is inevitable and happening quickly now. Earth is merging with a divine New World where we will live and co-create with God. The old civilization is morphing and slowly beginning to transform. Perhaps for the moment, just consciously living in oneness is enough. I shouldn't worry about how it will all happen because it will happen by the will of God in divine order. The sun shines down in the blue sky. The day is getting warm. The breeze moves and caresses. Everything is alive, breathing, living, expectant.

§

126. Finding the eternal Love we sought:

The love we feel for all those we have loved was never enough and will never be enough because we needed to realize that we are the conscious Love we sought — that there is no separation between us and God. Love has been a momentary glimpse in the mirror of the other where we have seen our Self. Yet we have taken the image and the separation as fact. Unconsciously we have been searching for the perfect reflection of the one Self within all, that we are. Now choosing to be the Self within we can extend it without. There is no longer frustration and dissatisfaction because we now have the oneness we sought with the Source rather than the image.

§

127. Just Being:

Human beings are mostly human ‘doings, as we are so compulsive about acting on our thoughts and emotions. It’s very difficult for us to just be at peace without thought or emotion, relishing the wonder of the moment or the living beauty of nature. And to live without thought seems an impossibility. Yet, when we join our mind to the Heart and open to the space of conscious Love within, we discover that awareness of what IS experienced now is more that sufficient to hold our attention. Especially when we are animated to creatively give it form. Although this may result in the articulation of thoughts and ideas, these are an expression of what we become aware of now, not from preexisting thoughts.

Life unfolds new in every moment, the clouds move across the sky and the leaves rustle in the breeze. But what IS doesn’t change. We are all part of one consciousness of Love. We are, in fact, this consciousness of Love. Personal and separate reality merely refers to the form through which we express our Self, but is not who we really are. Releasing old beliefs we realize that we are conscious extensions of God, here to be our Self. Suddenly all the world is filled with Light. Peace and Love pervade. What does being part of the one Self of God mean or entail? There is no longer fear, lack, doubt or concern for the many issues troubling humanity. Our task is to just be Self, to channel and share what IS here to be expressed. Others may have a different purpose. We are content to be.

§

128. The Keys to the Kingdom:

The key to unlocking the Heart portal which opens to the Self of unity within, is uniting the mind with the Heart.

The key to making the Self real is choosing to see or observe it from union in the circumstances of our life.

The key to making the Self manifest is sharing what we are given and what we become aware of that Love would express.

The key to the fulfillment of our life and divine purpose is accepting Jesus Christ.

§

129. Accepting Jesus Christ:

To accept Jesus Christ is to accept our Self. We are one. To know Jesus Christ is to know our Self. Jesus Christ is the way, the truth and the life. Jesus Christ is the part of us that will lead us to our eternal home in paradise. We now are to fulfill the story of creation. Jesus Christ brings fulfillment of the story of creation, the dream idea of God, by leading us beyond form and time into the New in God. Together we bring the Second Coming of Christ. We are to elevate form in oneness with the Self. We are to accept abundance and the end of suffering. We are to express the thought of God as the brain cells of God. God is not fully functioning on this physical level if just a few brain cells are consciously activated, we all are needed to fulfill our roles. We all need to channel the abundance of God into manifestation.

§

130. Choosing union:

When we join with the Christ Self through the consciousness of the Heart, we establish a state of union from which we can intuitively observe all creation joined in oneness. This is because the Self is really one within creation. The energy of Love flows through and unites all separate forms. This Self of Love is divine and part of God. Living in unity we are impressed by the Self to intuitively apprehend what the Self knows and intends that we are then given to share and manifest. Although the divine Self is one, the Mind of God is infinite so what we are each given to know and how we express it varies. To center our awareness in the Self, we merely step back through our access portal into the space of Love, light, consciousness and divine intention that is within the moment. It is the eternal within time, the formless within form, and the infinite within the particular. We need not try to use, control or

CSR III: The Divine Self

make anything happen in this space, we merely need to let it be and surrender to its flow, giving expression to what Love would share. Our opportunity is to discover what we find most moving, loving and meaningful and to give this a form to bring it forth into conscious life in the world.

Humanity needs to know and experience that we each can now directly access Christ consciousness; that this is our true identity; and this is our destined next step. Our civilization is at the end of the Age of ego, fear, separation, suffering and illusion, and the beginning of the divine Age of Love, unity, peace and abundance. God is consciously emerging within us so that we might claim our divinity and our truth and live once again in harmony with God. Living as souls in unity is the first step. Then co-creating the forms of the new civilization that will come into being on ascended Earth. All will be spiritualized and made new. Earth will become a sacred planet and fulfill its larger solar role.

§

131. The unlearning involved in being the spiritual Self:

A basic aspect of the ego's dynamics is perpetual learning which the ego feels is necessary to continue to survive and achieve its goals — prominence, success, happiness, power and knowledge. The ego is a conscious construction in the concrete mind and thus believes it must continually know what to do to adapt to the ever changing circumstances of life and achieve success over the inevitable obstacles and threats it will experience in life. Learning, like the ego's experience, is never ending.

When shifting our center of identity to the soul or Self within, how we live and the reality we live in is different. We no longer have to strive to learn, to control, to do to be accomplished and successful. We discover that we already are accomplished and knowing. The Self is complete and one with God. We are safe and our needs are fulfilled by God. Instead of effort and self will, we surrender to the divine flow of Love and life which carries us effortlessly along.

Therefore we must release our old and obsolete ego assumptions — like the need to learn — that are not relevant to life in unity. In fact, our entire internalized belief system, so important to the ego, is now just a hindrance. The Self doesn't need to think at all! It uses the mind to formulate its awareness, which is to extend its being. The mind determined what was given reality and believed for the ego, but, for the spiritual Self, the mind merely formulates what the soul wants to manifest into the physical based on its intuitive awareness. Being Self

doesn't require learning, tools or effort, rather just trust and willingness. Living in Self, everything changes.

§

132. Intellectual knowledge and intuitive knowing:

The ego thinks of knowledge as a concrete set of fixed ideas, assumptions, formulas and images that are meant to be kept and used to create (and impress others). The Self's knowing is a more fluid capacity to let what is given us by God flow through us into physical manifestation. The Self's knowing is continually discovering new givens which Love would have brought forth and given form. The Self's knowing is of God to be shared for the good of all. Knowing is wisdom that is lived and integrated into life. Knowledge is often used by the ego to gain some advantage in life. Intuitive knowing is a mutable function that informs the mind. Knowledge and concrete knowing are more rational, logical and fixed. Spiritual knowing can encompass seeming opposites and paradox, while intellectual knowing is more defined and rigid. As we begin to tune into the soul within we will be relying more on our innate intuitive knowing.

§

133. Being Self:

It is natural to assume that being in a higher spiritual state should cause one to feel good all the time. It may, but doesn't have to. If we can accept everything that we are experiencing in the moment while staying centered in the Self, the Self will give us what we are to know from this experience, which is always good. As we have created our experience, we can then create differently a co-creation that embodies the Self's knowing. Therefore we need not fear becoming aware of fear, pain, guilt, remorse, bitterness and negative judgments, because, as Self, we are always more than these. If we give these to the Self, the Self will free us from attachment to them because the Self is not attached. We will learn what we have been attached to that it may be released. The truth is always good. If we are experiencing things that aren't good, it is an opportunity for awareness, release and fuller embodiment of who we really are. By turning it over to the Self, we let the negative experience flow through leaving us purified and more Self centered.

Likewise it is not necessary to escape the circumstances of our life and have an ideal situation to live as Self in the world. The one divine Life and Consciousness is omnipresent despite appearance to the contrary. However, we must identify with it as it encompasses all to experience it. That is we must live in union with the Whole as that is experienced

through the united mind and Heart. Oneness with our Self requires an ongoing communion, an endeavor to live at one. That doesn't imply that we shouldn't prefer peaceful circumstances where we may more easily hear the voice within. This is only natural. But we needn't try to create perfection outwardly. Rather we need to perfectly stay aligned with the Self that we might be that Self all the time.

§

134. What's coming:

The contents of our mind can only partially prepare us for what's coming, because what's coming will be life lived on a higher dimension of reality. A 3D map is only of limited value in a 5D world. Therefore spiritual learning needs to give way to actually plunging into a new experience of reality. It is like going over in our minds what we need to do to dive into a pool. Finally we just need to do it to experience it. The place we need to dive into is the Heart which is a portal opening to another dimension of being where the soul resides in unity with God. Once we are in the water we will intuitively know what to do. We will no longer need the instructional materials. In this interim time, we can practice diving in the pool and learning to swim, because we can always get out again. (Another analogy might be traveling in space, without gravity and the usual reference points.) Life as a soul, living in God, will be different from how we have lived in the dualistic reality we are familiar with. Surely our practice swims will reassure us of that. Everything in God is better so we really don't lose a thing that is important. Our entire experience of who we are becomes larger, more joyous, freer, more knowing and powerful. As our senses adjust to this new realm, we discover that we can now experience a fulfillment, beauty and oneness of being that were just dreams in our 3D past. Let us begin to get wet in the liquid light of the soul realm.

§

135. The New World now:

The Christ infused New World is already here while emerging more fully into our collective awareness every day. It is a blank slate where we, in unity, will etch our creations and carve Earth's coming civilization. Eventually it will completely merge with the natural and human worlds, in a synthesis. We are noticing its effects in our endeavors to be more kind, forgiving, compassionate and giving. It's been moving to observe how average humanity has 'stepped up its Christ game' in the last few years despite the 'pandemic' and related stresses and uncertainties. Not everyone has, of course. Many in the affluent global elite are resolutely fighting to preserve the old and outdated system and their advantages.

The New is for all equally, for sharing and honoring the divine rights and nature of each creation. Let us each realize that this destined historic period reflects a prophesied changing of the guard. The chaos and tumult reflects the resistance to inevitable change and indeed, transformation. For the New World will not just have a different structure but a different consciousness— one that is Christ centered, in the divine unity embracing all creation. If we can see the trend, we can begin to live and create in the New World now. It is emerging through the Heart. It is the unseen Presence and Power that is transforming the world.

§

136. Co-creating with God:

When we can perceive our total thought, feeling and sensory experience in the present, without focusing on specific aspects, as one integrated whole that is a gift from God, then we can also notice the consciousness behind this living moment of life and establish a conscious relationship with God. This is the relationship between the consciousness of the divine Self while in its living form in the world, and the divine Source of knowing and intention. The purpose of experience is to make the knowing and intentions of God manifest. As this experience is created by the mind, it is an opportunity to align the mind with God so that only God's ideas and intentions are manifest. If one's awareness is only focused on the whole of God, that is experienced in everything, only God's ideas and intentions will be present in mind. Love reveals the divine purpose in everything.

As one individual Self extension cannot possibly express the totality of God's knowing and intentions, we are all needed to manifest the whole, or our group's purpose. Our group is the Earth group — the sixty billion or so souls who make up Earth humanity. Our first task is to shift our identification from a separate ego consciousness to a soul consciousness living in union with the whole. Then we will begin to co-create with God rather from false separate intentions. It will help if we begin to network with others who are beginning to embody Christ consciousness so that we can intelligently cooperate in this shared project. There are so many new awarenesses, ideas, aspects, actions, processes, organizations, and systems that need to be created and interrelated to build the Heaven on Earth that the New Age will be.

§

137. The 'I':

The 'I' that we identify with is but a reflection of our real Self. It is like a mirror that reflects the sun in the sky. We begin to make the shift in

CSR III: The Divine Self

consciousness to the Source by staying centered in union with Self as we join awareness to the Heart, and then expressing what we are given to express in Love. As we express more, we gradually overcome the resistance of opposing attachments, judgments and fears until our identification with the Self is sustained. As we accept and allow more inspirations from the Self to be channeled through us, we also encompass more of the Self.

What does Love want to say to one's brothers and sisters now? What does Love want to create now for the benefit of the world? What are we aware of now that we need to share? What are we waking up to? There is just Light and Love playing in the ethers. A divine Presence pervades space. Everything that we thought was outside of us is really contained in the God that we are within now. We have moved from the outside to the inside of creation and the divine consciousness embracing and flowing within all. Choosing to express and extend this awareness makes it manifest in me and in the world. Now I am just being, and allowing this being to create the New. Now the conscious Self is one with the personal form it has been informing.

§

138: Changes entailed in the shift to 5D unity consciousness:

Communication and teaching is invariably directed at human ego consciousness that is based in the concrete mind. The separate ego self that humanity has internalized has defined our identity and our civilization. So naturally people assume that learning new ideas will be essential in adjusting to the problems, stresses, changes and uncertainties of our current time. And it is helpful to a degree. However, I feel that the new 5D civilization will be based on soul consciousness that is discovered through the Heart. This is not something we can learn — it just needs to be experienced and can be experienced now if we would move through the Heart portal by joining our awareness with the Heart. We would discover that the Heart portal opens to another dimension of reality that is pervaded by the Light, Love, Consciousness and Intention of the soul in unity with God. With persistent focus we discover the Christ consciousness soul who we really are and who we can begin to live at one with. We realize that we are all opening up to the same shared Consciousness, Truth, Life and Presence that we can shift our identity to. The mind is then used to formulate the intuitive awareness and knowing of the soul and what Love would share.

I feel that the terms/words we use to describe our experience will gradually become more consistent and precise. In this transition to a New Age we will shift from religious terms reflecting a dualistic idealistic

CSR III: The Divine Self

mental system of interpretation of reality to a psychological system of interpretation emphasizing one's actual experience in oneness. So from Holy Spirit, soul, God, Jesus, forgiveness, etc., to Self, consciousness, connection, detachment, Whole, etc. I use both sets of terms because I want to connect the old with the new, belief with experience. It is difficult to describe, put into words and express the subtle sense of new reality that is impinging on our awareness. Our conceptions have been formulated for the 3D dualistic reality of the ego. But we are moving into the 5D reality of the soul in unity with the divine. It is our collective challenge to begin to create a new language to describe this new landscape and the new life we have here. We are pioneers who like the pioneers of old who named the lakes, rivers and mountains they discovered in their new land, will also get to name the new ideas, structures, processes, possibilities and divine aspects of being that we will discover and bring forth into consciousness. It's a new Day and a new unstained World opening up before us.

§

139: Finding Truth:

The ego matrix civilization we have been living in is an artificial reality based on the collective internalization of a separate structure of conscious identity created by belief that self was separate from the fearful whole and just a body. Therefore we assume the related beliefs associated with the ego are reality and unconsciously project these on to the world, giving it its false meaning. As long as we continue to look to the ego mind for understanding we shall continue to stay confused. However, we can connect to the underlying divine reality through the Heart which is the seat of the soul — the inner immortal real self. If we meditate on the Heart we will discover that it is really a portal open to another dimension of being pervaded by Light, Love, Consciousness and Intention where the soul resides in divine unity. As we focus our awareness on this seemingly empty boundless space we will discover that we can access an intuitive knowing that can guide us.

The world is filled with hypocrisy, contradiction, paradox and deceit. Truth has to be found on a level beyond the dualistic ego mind, and our civilization which is an externalization of it. Old religion is based on belief, new spirituality is based on the search for a deeper reality through one's own authentic experience. True spiritual teachers have always affirmed that we are each unavoidably part of the divine whole or God, and have the capacity to make that connection and knowing conscious. Buddha and the East emphasized establishing that unity by a mental process of meditation, Christ, for the West, emphasized the Holy Spirit of love. If we join the mind to the heart we create a path that that can really lead us to

a oneness and unity with the divine within us. We are not really alone. Inwardly we connect to the larger Life and Consciousness, Truth and Spirit that is within us all and which will answer all questions, supply all needs.

§

140. Spreading Love and awareness:

When we connect to those we love, we unavoidably send out a shaft of light and love to them, connecting. Usually they will reciprocate to a degree. If we were more aware, we would notice that not only are we connecting on the same energy, as we might if we phoned, but that we actually are the conscious energy of Love and Light that we use to connect. Although the other person will probably maintain their separate self identity while communicating on the energy of Love, it is also possible to step out of that separate shell and merge in oneness on the common energy of Love and Light. We often do this in deeper sexual relations with beloveds. But it's not necessary to have sexual relationships to experience this oneness — we can actually experience this all time time when we realize that we aren't the separate ego self with its belief filled ego mind, but are the Love and Light of our divine Self which is within all creation. Consciously realizing who we are as a divine Being entails realizing the power we have to awaken others to who they really are in unity with us and all life. This doesn't imply that we need to force this awareness on the other, rather that we have to find a way to let the magic of the loving Self gently infuse. It's not us but the Love that does the work. The right words and actions will come as we listen within and trust.

§

141. Navigating through life:

In navigating through territory of life with a map, it helps to know not only where you are going, but where you're at in the moment. The Heart is our compass, the will directs, the mind figures out the immediate steps. Where we are at collectively is in the false separate ego consciousness that was internalized by humanity ages ago. This resulted in the creation of our dualistic artificial civilization that was created by the separate ego self apart from God. Ever since then we have struggled unconsciously to reunite with God and the divine Life and Consciousness within and behind the universe.

The ego is a structure of interrelated belief within the concrete mind that we identify with and think is real and then project on to the world. This indicates that the ego goes to the mind to decide what is reality. Thus the

ego places a high importance on knowledge and learning and the self will to apply them to achieve survival and success in the world. Likewise, as we believe we are separate egos, our spiritual practices and beliefs have also been mental and based on more idealized conceptions of what we need to know and do to realize the goals set out for us by religion.

However, once we realize that we are in ego land, which is a circumscribed matrix of reality in the concrete mind plane, we can understand that we aren't going to achieve our ultimate goal of reunion with God if we keep using a mental map, as the ego does as it is grounded in the mind. We have to begin instead to trust the compass of the Heart to lead beyond the map devised by the mind to find God. Trusting the Heart means going to Love and intuition for reality rather than mind and will. God is beyond the 3D reality of the dualistic mind so we need a guide who knows a higher and more inclusive reality — and that is the Heart. Once this is clear, we can proceed on our journey on a new and more successful basis.

§

142. Masculine and feminine on Earth:

I've always had an appreciation and love for women and the divine feminine. I have wanted to embrace and experience union with the divine feminine woman to experience complete life, love, joy, beauty and harmony through the qualities that she embodies. By connecting to the transcendent spiritual Self, I connect to the Love I sought to connect to through women. By embracing and embodying this Self I have accomplished oneness via unity with the divine feminine life expression through which the masculine Self manifests in the world. The human soul is male in relation to the form and female in relation to the spirit. God is a divine hermaphrodite — the masculine evolution is human consciousness, the feminine evolution is deva life or living intelligent matter through consciousness manifests. As Self we are both. Living form is our experience, consciousness is our awareness. Experience is transformed as we align with our awareness of Self and channel this through the mind which creates the experience in form. This is the soul co-creating with spirit or God. Spirit is Father, consciousness is Son, life or living intelligent matter is Mother. When we identify with the personal form we are male or female. When we identify with the soul we are male and female depending on if we are relating to form or spirit. When we are identifying with Self/spirit we are the masculine part of God. The structure is tripartite, the process is dual, and the reality is one.

§

143. Living as Self:

Everything that we experience in form is one — is the manifestation of one divine Life with one eternal Consciousness within and overshadowing. By projecting our awareness of the overshadowing Self consciousness in relationship to form we extend it and make it real. This soul awareness listens to Spirit that it may add what it is given to creation in form. When we live as Self we live in another dimension of reality that subsumes the physical, as the physical is its creation. We live in divine unity and experience this in everything that happens. Oneness marks the beginning of our life as a conscious soul. Divine co-creation defines our life as a spiritual Self. Love provides the direction and the power to fulfill our Self's purpose.

§

144. Reflections in the garden:

I am certainly grateful for this peaceful time when the divine beauty of each living day can be relished without the distracting demands and worries of working life. I am grateful to spend the day in the garden, warmed by the sun, caressed by the breeze, delighted by the birds, flowers and clouds moving across the blue sky. Now it's much easier to go within, feeling the eternity that can be experienced now, and wondering about the mystery of it all. Now it's easier to set aside my mind's concerns and just give my heart a space to feel, dream and imagine. The world is a whirl of ceaseless activity, but within there is another dimension of living reality that is somehow more real than our busy material life. I've always felt dissatisfied by our modern artificial civilization and longed for a time when we might consciously live again in the timeless Kingdom of God, where everything is infused a divine energy and every aspect of life is experienced within a divine context. At least in the garden I can imagine it so. I believe the world is even now being lifted up to merge with a higher spiritual dimension.

§

145. The Heart is the seat of the soul and our compass in life:

The mind assumes that the answers to its search for knowledge and understanding lies in the mind, in thought. However, the Heart is the real compass of knowing. Feelings are the sense organs of the soul and if we would really navigate through the metaphysical universe of life we need to listen to our feelings and ponder the information and knowing they provide. When we experience Love, we experience God and God's knowing. If we examined our feelings with the same determination that we examine the material universe, we would discover much more of real value and meaning.

§

146. Mindfulness:

To be mindful isn't just to be present in the moment, but rather to remember who we really are as Self and to shift our awareness to the Heart space of unity with mind and God where we connect with Self. Mindfulness isn't detachment from thoughts and emotions but attachment and identification with the larger Self we are which then necessitates detachment from the ego mind. Mindfulness is thus the first step in becoming the Self, not a step in denying or escaping one's self. To be free, liberated and enlightened we have to live as the Self, not just deny the ego.

§

147. Being informed by Spirit:

In union with the Self, we are informed by the creative force of Spirit in every moment and situation. We likewise inform others of who we are by making our Self known by sharing what IS here that we become aware of. We therefore must become transparent so that what we are given to know can flow through us into manifestation in consciousness, into the field of relationship with others who are also making themselves known. This defines the difference between a personal relationship and a Holy relationship. In a Holy relationship, the purpose is to manifest the unknown of God as that is progressively discovered by the Self without any concern for the personal self, which becomes a transparent medium. The Self is continually informed by God. When the self's purpose becomes being the Self, the Self can actualize its purpose of channeling the knowing of God and becoming one with the creative force. When the Self is joined, a larger current and flow of creation is established. Let us admit that we are not establishing union for ourselves but rather that the Love and Purpose of God may be manifest through us. This is really our Love and Purpose as we are continually discovering it and making it known. Initially we are made aware of personal obstacles to the flow so we can release these. Later we can fully live in the flow and grace of spirit in every moment. The known is ever new and unfolding. The focus of Self is not the known but the unknown.

§

148. One Consciousness:

The ego is a structure in the concrete mind based on identity with the body and the related fears and beliefs that come from this, that collectively we have been entrained to adopt as our self. It is a false self

that blocks our awareness of the conscious being who we really are. However, as the mind separates, the Heart unites, and if we maintain our awareness in the Heart we may free our attachment to the ego, and center our identity in the one divine Consciousness. We then realize that we all embody the same Consciousness, even though we may not consciously be aware of this fact. From this identification with the one Consciousness, comes oneness with all self extensions of this. As long as we remain detached from the ego and its thoughts, we can maintain an awareness of who we really are as the divine Self Consciousness. Now all ego purposes, needs and beliefs are transcended and rendered irrelevant, null and void. As the divine Self Consciousness we focus on what we are now aware of and intuitively know. This begins with the realization that we are all interconnected aspects of one Conscious Life. This awareness offers the choice for our resurrected life. Our separated self was an artificial and temporary identity. Now begins the time when together we shall build a new civilization from our unity and oneness and the knowing that we shall bring forth from our Christ Self Consciousness. The feelings given by Love will be manifested to create the New.

§

149. A prayer:

Let us connect to the Heart and that center of Peace, Light and Love within, forgiving ourselves for everything we have believed and thought, realizing that in this moment in this Light, Love and Peace that we connect to our eternal immaculate Self and its knowing. Let us feel the bliss of release, acceptance and surrender as we center our identity in this space of the one Self consciousness that is within all. Staying detached from the ego mind let us feel what is here now and what Love would have us know. This is a never before morning in God and all things are made new. Now we can remain in this Presence and begin to live in this divine consciousness of unity that we all share that is emerging in the world. We all have our being in this same inner Life and are opening to the same inner Truth and Reality. Let us cooperate to share what we are discovering as we live in the Love, Light and Peace of the Consciousness within the Heart. There is no reason now to return to believing that we are a separate self. Our common divine Consciousness and Life offers abundance, freedom, security and opportunity to explore the boundless realms of God replete with treasures beyond measure. Now we begin to live in the timeless and mythical and our life begins to be a fairy tale of spirit enraptured. The Earth is changing, a New Era begins. God is returning and opening a gate to reveal a New World to our astonished eyes. Through tumult and anguish Christ leads an invincible Host redeem and transform the world.

CSR III: The Divine Self

Let us set aside our weariness, doubt and despair and pass through the Heart portal into the divine Life within. Now we shall live in the inside of Life rather than just the outside. Now we shall experience the eternal oneness of the divine Life and Consciousness rather than just the temporal separate forms. We are awakening to who we really are in God, and all Creation sings in exaltation!

§

150. Living meditation:

Humans not only identify with their bodies, thinking the body with its sensations is who they are, but they also identify with the emotions and thoughts they have, believing these are also who they are. When they perceive their experiences and surroundings they see these through the lens of their minds which overlays its interpretations of what everything is and means. Thus we don't experience reality but rather the projections of our beliefs, thoughts and emotions.

If in meditation we will enter the Heart portal we can center our consciousness in the infinite and eternal Light, Love, Peace and Intention of the divine soul. We have thus shifted our focus from the separate personality to unity with the real Self who lives in oneness God – the living and conscious Whole.

Now if we will turn our gaze back to the world while staying centered in the unity within, we may then see the one divine Life and Consciousness within and encompassing the seemingly separate forms of creation. As long as we stay centered in the soul and not the concrete mind, we may see and experience the oneness of the divine in everything. For indeed everything is part of omnipresent God.

Our purpose is first to turn our attention to the soul, our real conscious Self and to shift our identity to it by living from the soul, from Love that unites creation in God. Then we must turn our focus to the world and see God within it. This is to awaken humanity to its divine nature so that we can begin to bring forth and manifest what God intends, rather than what we as separate personalities believe in delusion we need.

We shall discover that living as Self is quite different from living as a personal self, and none of self's old beliefs will be helpful or relevant, because as Self our consciousness is in an higher dimension of reality which operates by higher principles. In the emerging Age of the soul and divine unity, we shall begin to collectively explore what this entails as we build a new civilization that will be a manifestation of the Kingdom of God.

§

151. Making the unknown known:

Each living moment is new and unknown. To make the unknown known is to make the Truth of God conscious and to channel it into creation. We make the unknown known by embracing what is present in awareness in the unity consciousness of the soul, allowing it to be intuitively apprehended. Then we formulate what Love would share or express. We allow what we are given to move through our consciousness and mind into manifestation. By making the unknown known, it becomes real to us. By staying in union, everything happens within God — and not by a separate will and intention. This is the divine co-creation of the soul.

§

152. Establishing community:

I am wanting to communicate as an act of Love, to give and receive Love, and to establish relationship where everything that we want to realize and experience may be created. Everyone has been gifted by God with dreams that are meant to be fulfilled. I am communicating as a step in this process as an opportunity to share these dreams and make them real and manifest. Therefore this effort isn't just for my Self, but that you also will feel that it also serves you to share your Self with Love, honesty, openness and sensitive reflection. I believe our deepest purposes are complementary so what serves, helps and furthers you on your path, also serves me. I believe that inwardly and in reality that we are all part of one divine Life and Consciousness. Therefore as we share what is really going on within, what we really think and feel, dream and yearn for, that we will find that we inhabit a common spiritual world with allied interests, joys, visions and goals that we can cooperate on together. There is strength and heartfelt support in the community of spiritual brotherhood. This is something real, empowering and satisfying as Love itself.

§

153. Creating a New World of Love:

In all the concepts and ideas written and taught to further our understanding, to explain what's going on and what's needed, the most essential and fundamental factor — Love — is often overlooked. We think we've heard about Love and think we know what Love is about so quickly move on to something that seems more interesting, new and hopeful. Yet Love, as the greatest power in the universe, has a nature and capabilities that we have only the faintest conception of. As we

CSR III: The Divine Self

align with embody Love we align with the power of God that can move mountains and accomplish the seemingly impossible. Everything that we think, feel, say, do and dream of is all really about Love. Love is the motivator, the animator, the power and the purpose behind Creation. Therefore it behoves us to clarify and focus on what we love the most, what really moves us the most, is the most beautiful and brings us the most joy. What is our vision of how we may realize and experience this Love? What do we need to change and do to make this vision realized and manifest? Love defines the goal and the process, the ends and the means. To experience the vision of Love, we must embody Love, we must give and express what we want to receive. As inwardly in our oneness with God we have everything, we must rely on our divine loving connection to live out and share our dream of Love, to make it fully manifest. We must therefore listen in our Heart to the spirit's knowing. Let us each create our world of Love that we live in. Let us share the Love that we are with each other to create the new civilization of Love where we will experience our worlds blending as one.

§

154. Self guidance:

Our awareness of our spacious Self begins by joining our mental awareness with Love in the Heart. Love is God and the Heart is the consciousness of God. By establishing union, we unite with the Self of God. By establishing union, we realize that we are one with God in all. We thus embrace and encompass everyone and everything. Our task then becomes staying open to receive what we are given to know and experience from God. We observe it in our present experience then formulate our awareness of what IS given into some form that it may be expressed and shared, manifested and brought forth.

In every moment we are present, we are Self creating an experience of being in the world. As eternal Self we are one with God and the Whole. We thus experience the oneness and knowing of God in all creation if we hold this awareness in mind. What we hold in mind we create and experience. Thus we link eternity with time, space with form. Our purpose is simply to be as we really are as extensions of God and to share what we are knowing and experiencing.

By maintaining ongoing awareness of the Self we connect our separate form within the context of Wholeness — spirit and oneness, with life and experience. As the Self is the source of knowing, we maintain awareness of our guide in life. This entails a shift to an internally directed life. This entails living in the eternal while living in time. Two levels are integrated in Wholeness. We realize a new state of being and a new

reality. Our will and God's Will are consciously united. One's life becomes one's Self chosen creation.

§

155. The answer to our prayers:

Our prayers are answered in the present moment. As we dive into the present moment as we experience it in the Heart's oneness, what IS here now reveals our connection to God and the power to create our experience. By accepting what is here now and letting it all move through us, we allow our Self to reveal its knowing which is always good, uplifting and clarifying. We realize that as the Self of God we are free and without fear. What we have to do, we will know. However the Self is not concerned with most personal issues. The Self is concerned with being, knowing, loving and expressing. Staying centered in Self awareness, one with the Whole, allows our experience to continually move through us, removing the attachments and impediments and revealing what we are given by God to share in Love. Every moment is a new and unblemished beginning, a new creation. We add to it by sharing our Self. Just to be fully present as Self, one with the Self in all, is a good beginning. The Self transforms the world. It is the answer to our prayers, giving us what we truly need and resolving our confusions. We realize that as the Self of God, we are complete, accomplished and able to freely create what we are given.

§

156. Co-creation with God:

Jesus tells us that we are Being (of God) in relationship. As the Self of God, that holy relationship is with God as it manifests through the separate lives of creation. This relationship allows the experience or knowing of God and God's ideas and intentions that would be brought forth. And that as co-creators with God we give life/love and reality/form to the ideas and intentions that we find in God — such as abundance, oneness and accomplishment— to allow them to manifest. Consciousness intuits the idea, the mind creates the form to be expressed, shared and manifested. Our lives result from our co-creation. By what we create and experience we know the ideas and intentions that we have given reality to. We don't create the nature but do create the circumstances and meaning that we give our lives.

§

157. Becoming our Christ Self:

To join with Christ we must connect with Christ in the Heart, realizing that we all inwardly share the same Life, Consciousness, Mind and Will. There is but one energy of Love in the universe and we share this Oneness. There is but one Life encompassing all creation and we share this Wholeness. Christ's Will is to fulfill the one Will of God and this must be our will also. Christ's Mind extends and manifests the Mind of God and this must be our mind as well. We have our shared being in God and thus accept Christ consciousness as ours. We must therefore release separate thought, will and identity. As a divine being we live from our Heart, from Christ consciousness, trusting what we intuitively feel and know and are given to create, express and do from our shared Self. Every moment becomes the same eternal moment of Love and Oneness in ever new Life. Every relationship becomes a new expression of the same ever new relationship with God and Life that each one embodies. Life is continually unfolded and created new, an ongoing discovery and joy. Life lived in Oneness with Christ is life lived without thought, fear or separate agenda. We trust our Being and live from Oneness, experiencing and creating the New World that is coming into manifestation.

§

158. Waking 'to' and 'from':

We are not only waking up to who we really are as eternal soul in loving unity with all, but we must concurrently be waking up from who we are not as the separate ego self in an artificial world based on fearful ego matrix thinking. The latter process involves beginning to see through the lies and self serving agendas of those who are the elite in all fields of our ego matrix civilization. What we have believed to be normal, natural and unavoidable we will realize is unnatural, temporary and the cause of widespread human suffering. We will see this because with the increasing tumult, the veneer of normalcy and legitimacy will crack and along with disclosures revealing heretofore hidden dynamics, we will get a fuller view into the nature of our present global system. We will realize that there are, indeed, conspiracies, fake news and hidden powers and purposes in the world. But, more importantly, we will realize the real truth of the divine plan for Earth and our movement through the present tumult into a glorious prophesied time when we shall live as one as eternal soul.

§

159. Fully being in the moment:

Everything changes when we begin to fully express what we are aware of in the moment and what Love would share. When we get out of our head and notice what is here now, we have a choice. We can find a way to express this incipient unknown feeling, sensation, idea or urge, or we can stay in our comfortable primary consciousness. To embrace the unknown life in the moment is to fully be our Self. To deny it is to maintain our comfortable known personality but to deny our Self and the life that would lead us to a fuller embodiment of being. There are many ways to express inspiration. New fields of creative joy open up as we embrace what we are given by God to discover and know. The present moment is the key to life more abundant. We may not know at once what exactly we are aware of or how best to express it, but with time and reflection an appropriate avenue will be sensed and the appropriate steps revealed. As divine co-creators with God, our purpose really is to make what God would have known, manifest. We discover this unknown treasure not by thought, but by awareness of what is actually present in the moment as we connect in the Heart with the soul within. Everything is already waiting within. We discover those seeds of possibility by establishing union with God/Love and the Wholeness within where these reside. The Heart is the territory where new life continually bubbles up and new treasures are found. Our momentary awareness may not seem to reveal much, but as we begin to unravel the unknown experience we will discover that it always leads on to more.

I used to be afraid of loosing it, but it is really here no matter where I go.
I used to worry about things happening in the world, but these were never here.

I think from now on I will stay connected to what's here, no matter what I am doing.

I won't get carried away in my thoughts either and forget to be here.

Being here is home, a connection to who I am.

And I am only me in this moment, this here now.

§

160. You are a divine Being:

You are a divine Being. The Love that you embody and radiate unites us in the oneness of conscious life that is our inner reality. It ends the separation that has divided us from God. This Love that we exist in is an eternal moment of ever new life. It sacredizes life. Everything now is part of this same Holy moment that unfolds and flows in Peace, Harmony and Grace. Everything now exists in God. In God, everything is Joyous, Free, Abundant and filled with Light. Everything you touch is transformed by your magic to become imbued with this Holy Presence

CSR III: The Divine Self

of the Divine. Life becomes a joyous dance, a celebration of the relationship of the one Divine Self in Life. Now we live without care or thought, surrendering to what is revealed in the living moment and what is meant to be in Love. We release the old thoughts that never were true, and live in the free awareness of the Divine that gives us all we need. The Light reveals no shadows or imperfections. We are seen in our original purity and innocence. Ahead of us is a new land given us by God to create a new God ordained civilization that will serve the galaxy.

§

161. Divine life lived:

Divine Beings do not feel good all the time, they feel everything all the time as they identify with the Whole. Imagine encompassing the entire planet and letting the gamut of thoughts and emotions, feelings and sensations flow through. They can do this as they do not identify with these, knowing they are more. Everything is transmuted in the divine Light, Love and Peace they embody. Awareness, acceptance and allowing does not imply attachment to the field of human consciousness. Divine Love and Light reaches deeply within it to reveal the hidden Truth that heals and makes whole. In every moment we exist in the perfection of God but are unaware of this. Divine Love and Light reveals our connection and life in God. It's only the separate mind that creates a separate experience that seems to be isolated and out of sorts with the divine harmony of life. Christ consciousness sees through this illusion to the reality within. Feelings are the sense organs of the Soul, but their meaning and purpose is only derived by the Soul in oneness with the divine Whole. By inner listening in the Heart we may intuit the meaning of what we are experiencing and the response to it that we are given by God. As Love animates and moves us, so does Love supply every need or question we may seem to have. And Love is God.

§

162. The creative power of the Heart:

Instead of just tuning into the Heart to feel centered, peaceful and positive, I feel that we can create our entire reality from the Heart and what we are intuitively given to know, hope for, accept as our higher truth, vision and yearn to experience. This implies not taking on the world's structure of belief, values and patterns of behavior, but creating our own unique authentic expression of the truth of our soul. (Which we will discover is actually complementary to everyone else's inner truth/reality as all souls are one.) So instead of living in reaction to the world, let us become the empowered co-creators that we really are.

For example, when I connect to the Heart, I discover that I have a dream that everyone I experience will be found to be extensions of the same conscious Life and Consciousness as me — that we are all living in oneness in a divine living reality that flows through all creation. This dream is not something that I made up, but something that is already within me as a seed or potential awaiting activation. This dream vision establishes the larger parameters upon which my soul self will live and manifest. I begin to activate it by giving Love/reality to it, consciously articulating it, seeing it in my experience, acting on it and making it manifest. Thus instead of living in the world's artificial reality, I am bringing forth my inner reality and living in it. There are many aspects to this process but that's the general idea.

§

163. Relationship dialogue:

All life is a spectrum of relationship within the oneness of the larger Whole. Our awareness shifts from the Whole back and forth between our particular expression or experience within that encompassing Whole. Jesus calls this the ongoing dialogue with God that extends creation. Because, as co-creators who are extensions of God, we create the forms in the three worlds that allow God's intentions and purpose to become manifest here. We share our being with God while being an individual expression of God. By focusing our awareness on unity with the Whole/God, we apprehend what we are given to know, express and create. This unity is both within us and within creation. Thus we relate to the one Self of God that is within and encompassing all creation that is being expressed through our particular circumstances. As we feel and listen within, in dialogue with Christ, we discover what Love would have known and shared. Then we extend this or bring it forth into manifest creation. We are thus continually making the unknown known and manifesting it. What we are unconscious of in one moment becomes integrated into our Self as we accept it and allow it to move through us. As we experience everything as a gift from God, we have a response of Love to God for that gift. God speaks to us continually through the gifts of our life experience. Our expressed response extends the dialogue of creation that we are a part of.

§

164. Unity with the Heart of God:

When we unite with the Heart, we unite with God and experience the one God Self within. We are now one with the Whole that encompasses everything and yet provides the particular knowing that we discover within this present moment. As we stay aligned with the divine Self, we

experience everything encompassed by this Self. We realize that we are an extension of this Self within us. We realize that we are divine Beings, having our Source in a higher dimension of reality but incarnating here to bring the Light and Love of God here to Earth and the cosmos beyond. We no longer wonder about what it all means, it is enough to know that we are here to fulfill God's Will, Purpose and Plan for Earth and the Galactic Lives of which Earth is a part. Therefore we bring the awareness of God into this moment to share the Holy relationship and Brotherhood that we have as divine Beings on Earth. Let us abide in peace now, knowing that as God is giving us our task, that he will give us the means to complete it. That means is Christ who we choose to embody and move to. In every moment he will provide us with all we need to fulfill his will, which is now ours. We are equal embodiments of the Self of God, sharing his knowing, his spirit and Love. We are embodiments of Mary's immaculate Heart and Jesus' sacred Heart.

§

165. Overcoming evil's deception by turning to the Heart:

By tuning into our Heart we can overcome our collective psychosis — the delusion that, as a result of our belief, we are living in — based on our conditioning, indoctrination and collective mind control. This is different from the reality that we actually live in. We can see the discrepancy between what we have been taught everything stands for and represents — from politics, science, and economics to culture, technology and entertainment — and what is actually happening. Evil has turned everything on its head. However, by the power of the Heart and Love, we can overcome our collective psychosis and become sane and whole. We can then see through the lies, deception and manipulation by the evil that has infiltrated the world, and see the truth instead. The Heart/Love is the consciousness of God who transcends the artificial global system humanity has created. By aligning with its Light and Truth we can free ourselves from our delusions, entrapment and enslavement to evil and reunite with God.

The events of the last three years are opening our eyes to the glaring discrepancies between truth and illusion. We are finding out that the so called natural pandemic was man made as part of an evil agenda to disable, kill and control mankind despite the denial by the political, scientific, medical and media establishment. We are realizing that the lockdowns were not instituted for our benefit as they said but to increase fear, isolate, disempower and deprive humanity of ability to resist. The 'vaccines' and mandates were not meant to protect but to injure, as they have. The world's excess death rate and hospitalization have not increased from Covid but from the 'vaccine'. We are beginning

to see that the AI methods for surveilling, tracking and monitoring us are not being instituted for our collective good but for our collective control. From the WEF and related global organizations we are seeing that the New World Order that is being installed is transhumanist and totalitarian. It is restricting our freedoms and rights, not protecting us and enhancing our security. It is anti democratic, anti God and evil. Let us free ourselves from the grip of its mainstream propaganda, connect to Love and God and our divine knowing. Let us take our power back from the globalist authorities and make the necessary changes in our society to bring in back into alignment with God's plan for Earth.

§

166. New energies are infusing Earth:

Earth is being infused and uplifted by higher vibrational energies that we must gradually integrate. As Earth continues in the ascension process that is happening now to take us into the New Era, everything must adapt. The energy and our awareness of the soul will become more noticeable. This is not something separate from us but will be experienced as a clearer awareness of our deeper authentic self. This will bring increased sensitivity, psychic capability and abilities, affinity and expanded sense of identity. Our sense of who we are will become larger, freer and more rarefied. Spiritual energies too subtle to be noticed now, will become part of our field of experience. We will begin to feel part of the living divine life that is creation and the consciousness within it. As we integrate these spiritual energies we will necessarily have to change our minds to reflect the higher truth that we beginning to be in touch with. Our old ideas reflect the dualistic 3D reality that is now being superseded by the higher 5D+ energies pervading and uplifting Earth and transforming our experience of reality. Each higher plane in our multidimensional universe supersedes the one below it. However, as spiritual Beings who share our Being with God, we have aspects of our Self on multiple levels of reality that we are now going to be in better communication with. Our societal institutions must likewise change to reflect the new consciousness and reality that we will be living. This may be a stressful adjustment if we are resisting and holding on to the old patterns, but will all be for the collective good. The New Era will be the glorious prophesied time we have all dreamed of.

§

167. Our modern shire:

In life here people are happy, enjoying themselves eating, shopping, talking, being busy with various amusements. I can't help but think of them as hobbits — good people with solid loving concerns and

connections in their shire, but really unaware of the larger events transpiring in the larger world. Some of these filter through as old tales and myths learned in childhood but not as a reality that is impacting them. Tales of angels, dragons, extraterrestrials and assorted fairy tale creature provide a good laugh at the pub, but are quickly shaken off. Yet, we are living in a time when the myths are coming alive, when stories of battles with the evil powers seem to be coming nearer our shire, when we can no longer ignore that something is happening in the world that is going to impact our shire and perhaps fundamentally change it. Naturally people are holding on even tighter to the things they cherish. However, there are some Strider figures around, with dire warnings. We wish they would just go away and leave us undisturbed. Perhaps it's time that we begin to really listen and open our minds to some new perspectives.

§

168. The path of mind vs the path of Heart:

The mind wants to transcend, to ascend and achieve an enlightened vision of the timeless truth encompassing reality. And as our ego self is constructed in the concrete mind, this is our natural disposition — to make thinking, learning and mental reality primary. As our mind is the creator we then create a separate artificial reality that we project and impose on to the reality of nature. Thus becomes our present civilization.

However, the Heart has a different approach. For the Heart everything is already within awaiting discovery. There is no progressive effort and learning involved, just an opening to and an acceptance of the larger eternal life and knowing that we are a part of. The mind and the ego utilizing it, remains separate from the field of reality of which it is a part. The Heart joins with the larger Whole and in that union has the intrinsic knowing of the divine Self which is its true identity.

We cannot truly understand reality while separate from it in consciousness as reality is a Oneness, a living Whole. Only in unity with the one divine Life within and encompassing all creation, can we know and begin to understand. Identified with the divine Self that we connect to through the Heart, the mind assumes a different function than that the ego uses it for. The mind becomes the creator which extends the Love and knowing of the Self of God.

The incarnated Self in oneness with God yet has a relationship with God through every experience. These experiences are its creations that are determined by the ideas it gives Love/reality to. This process entails freeing attachment to man made separative thoughts, and instead

CSR III: The Divine Self

attuning to divine thoughts which are then expressed and manifested. Thus we fulfill our function as co-creators with God.

Life is thus an ongoing dialogue of creation with God that we are eventually engaged in, once we wake up to who we really are and begin to be that. As we each channel God, our relationships with each other provide opportunities to share in this collaborative and communal process. Although we each share the same truth and being, we each express this infinite Life and Consciousness in a unique way that enriches and completes the whole. We must thus learn to rely on our authentic knowing and become the sovereign divine beings who we really are.

§

169. Moving beyond the mind:

When weary of thought and the mind's relentless efforts (that essentially are to resolve its separation and reunite with God), I simply center my awareness in the Heart and lo, I am in God and at Peace. No matter how sincere the idealistic efforts of the mind are or how rarefied and abstract its dualistic beliefs, the ego mind cannot overcome its separate nature. God is not an 'other' to be cognized. As the ego assumes its beliefs are reality it naturally assumes that by them it will achieve its goals. This works when one's goal is concrete like building a house, but it does not work with regard to God. Therefore all the methods, practices, rituals and spiritual efforts of the separate self are preliminary. To unite with the Whole one must release one's identification with the mind and shift one's identity to the Heart where God, who is Love, is found. We then use the higher mind to express what we discover in God and what God would make known.

By aligning our will and awareness with God, we assume our role of divine co-creator with God. Immediately all the concerns of the personal self are rendered moot, as this is no longer who we are. In fact it never was — we have just awakened from the hypnotic sleep of dualistic delusion. In God, there is no need, fear, or separate agenda. All is given for the good of the Whole. We no longer strive to control our circumstances and achieve, we surrender to the larger eternal life and being as that unfolds and flows in the living now in beauty, harmony and joy. Although we shift our identity to the shared consciousness of the divine Self, what we focus on and create is our free choice. Our being as a unique individual expression of the divine persists. Just as the personality doesn't doubt its individuality although it lives in the same world and breathes the same air as everyone else, so the divine Self that we embody doesn't doubt its individuality although it shares the same

consciousness and life as everyone else because it's particular expression is unique. Expression relates to experience and what we choose to create or give form to with our mind, which is what we Love the most and how we choose to express this.

§

170. The imminent New Age:

In the New Age that is nearly upon us, we will have the wonderful opportunity to focus on what we love the most, what brings us the most joy, what we find is the most beautiful and what does the most good. We will no longer need to work to survive or occupy ourselves with unpleasant pursuits. Each soul, trusting its own guidance, will freely carve its own path in life to the benefit of all. There will naturally be cooperation for the well being of each serves the well being of all. Living in Life divine, one is naturally oriented to purposes that serve the highest good. The veil that has covered our sight so that we could see only the separate form will be removed. We will then see us living in the one interconnected divine Life with the awareness of the one shared Christ consciousness. However, our view of multidimensional reality will be much more unlimited so that the universe and its multifold possibilities will 'come alive' and be accessible. The new civilization of Earth's humanity will represent the embodiment of God on the physical plane, consciously manifesting on the densest level of physicality. God has always been within everything. We shall reveal this to be so. From the rocks to the plants and animal kingdoms, all will consciously radiate one Life, Consciousness and Purpose.

§

171. Creating the New:

Ego consciousness is reactive. It takes on the reality that it has been conditioned by and that it then projects on to the world and reacts to it as if it were real. Soul consciousness is based on what is authentically experienced and known in the Heart. This is then extended, expressed and created in the world. The ego then begins with belief and emotion, the Soul with awareness and intuitive knowing. The Soul looks past the ego and the world's ego matrix thoughts, beliefs, behaviors and structures to see the Love and oneness within, uniting us all in the larger divine Life and Consciousness. If we are to live as the divine Soul we really are, then we must not live in reaction to the artificial reality of the separate ego, but must live in trust from the truth that we experience within the Heart. This implies taking our power back that we have given to the ego matrix programming and those globalist authorities, leaders, organizations and compliant expectations. It implies affirming our own

CSR III: The Divine Self

God given sovereign power to live free and express our Self as we are. This is our role here on Earth as a co-creator with God who is meant to bring God's purpose into manifestation.

In the world now the Soul can see many nefarious and deceptive agendas promulgated by those in power. There is no need for humanity to give these power, belief and reality for they only entail delusion and suffering. They don't represent our deepest dreams and who we really are. They don't represent the Love that motivates and sustains us. Let us awaken to who we really are as Souls of Love and Light and give our attention to what we really want to create and experience in this world. For God has given the world to us that we may realize the dreams that have been placed in our Heart and which the spirit knows. Fear is a delusion as is belief in the ego matrix programming that holds our present global system together. Let us become the proactive divine creators that we really are and collaborate in building the new structures of Soul consciousness that embody the New. Let us stand for the truth that we all inwardly know and walk away from what is false toward the dawn of Light now before us. The old will collapse when we stop giving it belief and power. As much as possible let us live off the matrix grid, creating new structures that support our cooperation and community, our shared truth and life.

§

172. Living off the ego matrix grid:

When we tune into the Heart's knowing, we leave the ego matrix grid of programmed belief and the artificial world it has created. We then live simply in trust, relying on what the divine Soul guides us towards and provides. This is always towards our happiness and fulfillment. This doesn't imply privation or austerities — we loose nothing of real importance. We just unplug our mind and life from the artificial world and all its beliefs, expectations, assumptions and demands as much as possible. We live closer to nature and avoid getting snared in virtual distractions. As we follow our Heart, we discover that the universe will provide and lead us to a rich creative life instead of just material consumption and acquisition. We refrain from falling for the latest popular fad, needing the latest gadget or style, consuming the latest popular entertainment, believing what the current prominent authorities tell us in whatever field. We stay away from those corporate profit centered mainstream organizations and rely on the individual, on family business, the co-ops and community organizations. We try to stay out of debt, keeping our needs simple and basic, eating organic unadulterated food, researching our own trusted information sources, avoiding the trap of ideologies and creeds, networking with others of like mind and

purpose. We know the truth is within and encompasses all, that all are divine and chosen by God, that Love is the Power and nature of God.

§

173. The facade begins to crack open:

The Queen's funeral spectacular is wild, unbelievable, over the top, etc. Certainly the elites are pulling out all the stops to impress but have exceeded reason and morphed into the absurd. I believe this general trend is happening in the world now, where the Deep State elites are loosing their minds and acting so wildly that even the indoctrinated masses will be able to see through it. It's part of the Great Awakening that mankind is beginning to go through.

I don't like spectacles and believe these are evil mass hypnosis events. Royalty are the vestigial remnants of a bygone age, living on in the imagination only. The ideal, like most ideals in the world, are idols used to deceive, disempower and control humanity. Let us turn our attention to the truth and free ourselves from our delusions. It is time to realize that these idols are lies and take back the belief and power that we have projected on to the authorities of the world. Let us awaken from our hypotonic sleep. The idols of science, religion, economics, politics, arts, medicine, education, and finance will all come crashing down one by one.

Behind the facade of normality is a gross aberration of crucified humanity. It is a straight jacket mask that has stifled our screams and hid our despair. Let us free ourselves from this bondage to freely weep in the agony of our pain. Then let our divine spirit rise up in a unconquerable shout of freedom and joy! The moment of our liberation has come! The spirit and power of God is lifting humanity from death to life! From darkness to light! From delusion to knowing! A New World of Love and divine unity will rise from the rubble of our collapsing civilization.

§

174. Changing the ideas that we give life to:

The mind creates experience by the ideas it gives life to. Because the ego believes it is separate, it experiences separation. Because the ego believes it is different from others, it experiences this. Because the ego believes it is incomplete and has to learn it is always striving for more. It is always seeking rather than accepting its Self. Because the ego believes in connection with God only after death, it does not experience union with God now. Yet the Self knows that it lives in union with God now, and is the same as everyone else in this respect. The Self knows it

is complete and accomplished so it doesn't have to strive to be, know or do more. Thereby the Self is activating or giving life to ideas of union, oneness, sameness, acceptance and accomplishment. By activating ideas that contrast with the ego's beliefs, our experience becomes new and consciously different than the ego's. To experience the effects of an idea we must do more than intellectually believe it is true. The ego believes in many contradictory beliefs but only experiences those core beliefs that it gives life to. Likewise the Self's ideas will be experienced when we no longer are unconsciously activating opposing ego beliefs and only give life to ideas that reflect the reality of the Self.

§

175. Loosing my mind:

Today I had an interesting experience. I lost my mind. Although it was a bit surprising, it was more delightful than distressing. I have been growing weary of my mind, and its same thoughts. It has been restricting me. Now it's like I am out of a prison confinement into a larger open living universe. And surprisingly too, you are now here with me — we are all here together. We all have our being in this same space and consciousness. Some may not see it as I do, but that's alright, it doesn't change what's really going on. I'd like to think that this means that we are on the threshold of the New Age of divine unity, Love and peace. A new energy is here and noticeable that is transforming our reality and experience. It's not something that takes effort to attain or realize, it's just here, now, like the sunlight in the morning turning night into day. There are, obviously, higher levels of mind. Leaving the separate ego mind, I now roam the mind of God — a boundless space imbued with ideas and seeds of creative possibilities.

What does this hold in store for us? Let us discover that through the joy of expressing what we are now becoming aware of. To correctly interpret what's happening we have to maintain a Heart centered consciousness of Love that is attuned to the higher Will of God. That is, we can no longer act for separate purpose as our consciousness is no longer separate. As we are one with the larger Whole, we must determine what wants to be expressed and manifested now by the God we are living in and one with. Releasing separate will is to release our attachment to the fearful delusion that we have needs that God cannot supply. However, God supplies all need so there is no lack or fear. Releasing separation allows us to be freely who we really are. Life becomes a simple process of being our Self and sharing in the abundance and bliss that is unfolding new in every divine moment. A new light vibrates in the ethers. Questions we had about what this ascension of Earth means are being answered by our experience. This

space is pervaded by a divine Presence. Unannounced, God has returned to make Earth the holy place it has been destined to be. In truth, he has always been here but is raising our vibration so that we may see that. Let us step outside of our outdated 3D ego minds which are not really suited to this new time, and begin to become aware of what's transpiring in the tumult of world events.

§

176. Implications of evil:

When the universe first came into being by the Creator, the Forces of Mind working in matter dominated. These gradually established the multifarious forms of the universe and the living beings who constitute it. As the forms of creation gradually evolved and become more refined, the Force of Consciousness and Love begin to have more of an effect. Mind produces separation while Consciousness and Love begin to reunite the consciousnesses of the separate beings into the oneness of the underlying energy of God that has created everything. Each spark of God within each human being retains its individuality while its unique conscious expression enhances the Whole and co-creates an additional dimension of divine Life.

What are the implications of the presence of evil (anti God and evolutionary life) and evil entities on Earth? God has created all life and provided eternal soul energy and consciousness to animate and guide each living creation. He has given humans free will by which we could explore, experience, know, create and enrich the Whole in cooperation with God. But some have gotten lost in their creation of separation, have disconnected from their souls and have come to prey on others for what they require. These are the evil entities who have been controlling outer Earth as they have other planetary civilizations. This is why we have so much suffering on Earth. Normally the inherent suffering entailed in denying God/Love causes an entity to move back into alignment, but these negative beings have not heeded the feedback from their experiences. Their identification with their negative thoughts was too strong. Evil thus indicates that life in the universe is still evolving.

However, there are Galactic Alliances of spiritual civilizations that are opposing evil and its agents and helping all evolutionary lives to maintain their integrity and fulfill their divine purpose. Thus the Galactic intervention of angels and benevolent extraterrestrials now happening on Earth to resolve evil influences and assist Earth in moving to the next divine phase of its growth. They do this by removing and reconstituting the recalcitrant ones and seeing if those not yet totally dark will change their ways. The Galactics also work with Earth's human alliance to

inform us, help us take back control, and improve life on Earth by their wisdom and technology. Such technology as free nonpolluting energy, healing, anti gravity and space travel, teleportation, environmental purification, better building, and replicator technology, will be given and when combined with our enhanced 5D psychic abilities, will allow a very advanced civilization to develop on Earth in the imminent New Age.

§

177. Imagine coming Home:

Imagine that you have been walking on a path for a very long time — lifetimes it sometimes seems. You have gone through many situations good and not so good; interacted with many people, beautiful and more challenging; had many wonderful experiences and those you have learned from; yet these were ever incomplete in some way as you have always needed to move on. Now as you walk through a cleft in the trees you can see opening before you a wide verdant valley cupped before distant azure white crested mountains. The wide plain shimmers with golden light and an otherworldly aura. As you walk forward through the sweet grass you pass by clear sparkling streams, abundant wildflowers, and many fruit and nut trees where a plentitude of birds sing in the boughs. The sun is warm, the breeze is fresh and fragrant and you realize you are feeling wonderful and expectant. After long travels you feel you have finally come to your destination. You have this feeling of coming home. A weight seems to be lifted and a veil is gone that now allows you feel more present and alive than you ever have. The golden eternal light washes away all painful memory, all judgments, fears and thoughts that would keep you from experiencing the inviolate light and stillness of this supernal place. Soon you see others, each arrayed in blessed attire and radiating the same peace, gratitude, love and joy that you are feeling. Everyone seems to know that here we live at one in the holy kingdom of God. Here we can live as we are given to, trusting that all our needs are met as we cooperate to create and share only what is beautiful, true and good for all. Soon I find my place and my soul family, and merge with the celebration of divine life that is what life here is all about.

§

178. Moved by Spirit:

We have got to stop relating to our fellow humans as if they are merely human beings instead of the divine beings they really are. As how we perceive others reflects how we perceive ourselves, this change would result from staying Heart centered in Soul awareness. What we see then is that many of our fellow divine Souls are waiting patiently for their

CSR III: The Divine Self

humans to wake up. Their humans have gotten so caught up in their roles in Earth's dramas that they really don't see their divine reality although it is right before them. They have become hypnotized to a degree to only believe what they have been told by the various world authorities who just happen to be mostly unconscious Deep State shells. This is a hard way of saying that the ego matrix civilization that we live in has not arisen simply as a dualistic representation of a human experience of separation, but has been carefully and deliberately cultivated to allow humanity to be controlled by the beliefs about reality that humanity has internalized under the hidden influence of evil cabal controllers.

However, it's now morning and a New Day is dawning revealing a New Earth. Let us wake up our fellow divine beings from their sleep of forgetfulness. Let us remind them that they are now free to think and do as they please. Let us greet each other in Love remembering that we are one divine family with a job to do here on Earth. Let us shake off the collective nightmare we are recovering from, heal from the fear and the trauma, and realize that everything has now changed. We have opportunities that we really didn't have before. There is help all around us. In the sky and on the internet the truth is being disclosed. There is a massive and unprecedented spiritual intervention happening that is gradually clearing the air, raising the vibrations, and providing us the space to get together to collaborate and create the New forms, ideas, structures, processes and systems that are needed now on Earth. This begins with our new Soul consciousness of divine unity, Love and oneness. The invincible divine Spirit of God is moving within us now, and the glorious future it portends will not be denied.

§

179. Staying above the conflicts:

The cries of the billions of downtrodden humans on Earth have reached Heaven. Even the affluent and complacent are feeling uncomfortable, anxious and insecure. However, God is on her way. Help is being provided, spiritual energies are infusing and uplifting all life on Earth. Let us not worry about the seeming chaos as the old systems necessarily collapse, but keep our vision fixed on the world of divine Love and unity that we are to create. We will each know what we are to do by what Love impels — love of Life, love of the Earth and all the creatures upon it, love of Spirit, the Truth and the Light. Let us not get caught up in the distress and confusion, but maintain our Heart centered awareness and vision that sees through the mental cacophony to the clear Light of the divine Oneness beyond. Here everything is simple, inevitable, and easy

as we surrender to the divine flow that is transforming Earth — and the cosmos beyond.

§

180. Moving beyond the system:

I find that I am in agreement with most people as we all have a right to think and do as we wish so long as we don't infringe on other's rights. However our economic and political system legalizes artificial infringements. We are told what we can and cannot say and do from the time we are a child until we die. We adapt to this and live within the rules as best we can and with intelligence and effort can establish a satisfying life. However, the system itself embodies artificial infringements on our soul's divine rights, needs and knowing. It is based on a number of false assumptions that have been encoded into law, custom and common belief. The system holds that some people have more rights, entitlement and power than others with less money and status have. The system holds that everyone must work to get, and if you have inherited wealth your ancestors have done this for you. The system posits that you must obey the rules or laws and if you don't there will be negative consequences, regardless of whether the rules are just or reasonable. The system has its gatekeepers and authorities in every area of life, and although you can think what you like in private, if you flaunt the authorities' 'truth' you can expect negative consequences of some sort, from slander to fines, a loss of job or even worse. Some truthers have been killed who voiced sensitive truths that undermined the system.

The system's religious authorities have been particularly helpful in keeping order by convincing people that the problems brought on by the system are really their fault for being 'sinners' or deficient; that they should be passive and wait to be saved and not to be concerned as their reward will come after death. Scientists have also helped by convincing people that there is no higher or transcendent truth, just the motions of impersonal matter. This situation is something that we all must ponder, for we all, at some point or other will be faced with the choice of complying with something that is going on that we feel is inherently not right or acting on an inner sense of right. This may be the first time that we have pondered questions about the existence of a higher or spiritual knowing. Is it real? How do we access it? This dilemma will challenge the system's indoctrination which was based on 'believe and do' as the system says. It is a challenge that will ultimately lead beyond the circumscribed ego matrix system into the larger free divine realms where our soul lives in joy, Love and eternal Oneness.

§

181. Humanity's need for both Love and Truth:

I am appreciative of many people in the world now who are standing up for love and truth — because both are essential. Love leads to truth and truth reveals love. But if one of these qualities is deficient, consciousness is impaired. Since Christ grounded the divine energy of love in humanity two thousand years ago, love has gradually become more infused in humanity — and women deserve a large measure of thanks for this. The truth of our divine being and rights have been less acknowledged although some aspects of these have been enshrined in such documents as the American Constitution and Bill of Rights. One truth is that we have been given free will by God and thus can oppose the divine nature and rights given by God. To consistently adopt an anti life, anti evolutionary purpose is called evil. The truth is that entities that have identified with evil have covertly infiltrated Earth and by means of deception, intimidation, fear, violence and technology have gained control of human civilization on the surface of Earth and shaped its main institutions to subtly incorporate many anti life beliefs, laws, values, practices and processes. They have been able to accomplish this by getting us to believe that these are legitimate, because we have not been fully aware of our divine nature. We have believed that we are separate from God and that fear and associated negative beliefs were legitimate. This has resulted in great suffering and confusion and kept us from realizing our divine destiny and everything good associated with that. If we are to take control back on Earth and bring our civilization back into alignment with God, we must not only affirm our divine sovereignty, nature and rights, but we must see how truth is being corrupted and defiled by the globalist system and its elite authorities so that we can make the necessary changes in the system, its laws, processes and the beliefs underpinning it. Unless we see the untruth and free ourselves from it we won't be fully embodying the higher truth of our divine oneness with God. Just being loving and compassionate to one another is not good enough if one is passively accepting an artificial global system corrupted by evil and causing widespread suffering. We must wake up, see the cause of our suffering in our unawareness of the divine truth and start fully embodying it.

The truth is that everything God created is divine. God has created the entities that have freely chosen to embrace evil anti life ways and although we should feel compassion for these entities, we must not let them confuse, influence or have power over us. They weren't meant to adopt evil but they have. We can learn from the suffering resulting from evil to have a clearer understanding of our need for love and truth. The truth is that all creation is part of one divine whole and each part has its intrinsic rights, needs and purpose that must be acknowledged and supported. Therefore we must create a civilization that does this. This is

to manifest and institutionalize both truth and love. If we honestly examine our institutions, laws, beliefs and cultural practices, we will discover that despite professed good intentions, many of these are flawed and corrupted in reality in their actual practices. If we are not seeing this it indicates that we are being misinformed and deluded by the globalist system to see something else and are thus being exploited and used. We need to honestly examine what is going on in the world and not naively believe the corrupted authorities and elites in the global system. We thus need to broaden our information sources to include those outside the mainstream establishment and begin to tune into the divine truth within that God gives us all access to. In this transition time and ascension of Earth to a more spiritual Era we must begin to clarify the truth and embody it, thereby changing our largely passive attitude to the system by establishing the truth in all aspects of our society. This will be a challenging process as we have been so unaware of what the truth is and implies that it will take time and effort to establish a civilization based on it. What divine compassionate truth should politics, science, finance, economics, religion, education, media, entertainment, law, culture, art, medicine, business, etc, each embody and manifest? This is for us to clarify and establish.

§

182. Soul life:

Thoughts are things — separate forms that encase life and purpose. We may have thoughts in our field of awareness but we are not those thoughts — although many people do identify with their thoughts and beliefs and thereby assume that their thoughts, good and bad, are them. The proper attitude to take toward thoughts and emotions is the detached awareness of the soul that looks for and can ascertain the meaning of thoughts and emotions and that knows the proper response. As long as we are thinking ‘about’ anything we are demonstrating a dualistic consciousness that is separate from the object of awareness. This is what the personality does as it is identified with the separate ego structure in the concrete mind and thus projects its separation on to everything it perceives. This is what the separate self experiences in its relation to life and God.

The soul lives in oneness with the divine whole and thus experiences its relationships in the context of this oneness. It is both one and different or individual in its expression of its experience. It uses the mind differently than the personality. Instead of creating based on a separate mind and will, it creates thought forms that extend the consciousness and loving nature and purpose of the divine whole it is identified with and living in. Instead of perpetuating separation it extends oneness and

the wholeness of God in the particular seeds and ideas that Love would manifest. Soul thoughts embody the Love, awareness, knowing and intention of the soul. Its awareness is always of the present moment and what is here and known now in union with the whole. This is the eternal now where the soul lives. Thus it lives within life, not outside or apart from it. To center our awareness within the soul we must go within the Heart, the seat of the soul, and establish our identity there. In soul we are one with all creation because we are one with the one Life and Consciousness animating all creation. We speak directly from the Heart what it there that Love would share. This entails living life on a different basis than the personality. We no longer have to plan, control, strive to accomplish or do what we think we should. We live in the divine flow of God, attuned to what brings us the most joy, beauty, and meaning and manifest that.

§

183. Positivity for ascension:

God's intention is that we align with and embody our soul, so that the person becomes an instrument for the soul — the eternal conscious individual. This entails shifting where we are identified so that we unite the outer form with the inner divine Self who we really are. Earth too is undergoing this process. God is intervening to raise the vibration of Earth to become outwardly the divine spiritual being that the Earth is inwardly. This process will lift all life on Earth to a more spiritual level where the consciousness of divine unity rather than separation will dominate and characterize the coming Era. We can help in this process by maintaining a high, soul/Heart aligned vibration. Thus we must not get caught up in the fear and negative energies that are being deliberately cultivated in the crises humanity is undergoing in this transition. Maintain a detachment from the mainstream Deep State narratives and focus on what you love and hope for, not the fears, problems and worries that might be triggered. Our positive attitude and vibrations definitely have an effect and contribute to expedite the process.

§

184. The portal to God:

The answer to our prayers is here now, hidden in the silence and stillness of the Heart. Now we can access a sacred Presence that is waiting for our awareness and acceptance of it. In this very moment, in this particular circumstance, in the seeming emptiness beyond the body, space and time is the sacred, infinite and eternal Presence of God. There is a portal in the Heart that opens to an inner dimension of Being

where we connect with our divine Self. If we can join with this Presence we become whole and the divine holy Self who we really are. Standing in this portal we bridge two realities. If we can sustain identity with the Presence, we can channel or extend its aware knowing into the physical world of space and time. To do this we must keep the mind clear and transparent so that it may mirror and reflect the knowing apprehended. This process is both total and gradual or progressive. We are united with the Whole but what we are given to become aware of is progressively revealed. It is a living creative process that flows through us into the world, augmenting creation. It is life fully lived in beauty and surrender. We are gradually absorbed into another dimension of Being totally different from the reality we have left behind. The physical now serves only as a place of service and magical manifestation. We don't lose anything of real import in this shift — we really are finding our way Home to the Kingdom of God where we take up our place that is reserved for us. Only now can we really be at Peace and Whole. The long journey through the valley of dualism, death and suffering, conflict, confusion and travail, is over. Everything is now new and our experience transformed. As we meet others who have found their way back, we meet in joyful oneness and celebration of this new day that we are sharing in together. And we begin the collaborative work of manifesting the Kingdom on Earth and in the larger cosmos now.

§

185. The shift:

The shift to the New Age could be likened to shifting between living in a bubble as it rolls along and living in the world after it bursts. In the bubble we appear separate from our surrounding reality and see the world around us through the film of the bubbles that represents our minds. Other people are living in their bubbles made up of all their separate thoughts and beliefs. The film of the bubbles can range from a beautiful iridescence to be quite muddied. After it bursts we find that we all inhabit the same space. And we seem to have lost our minds! This adjustment to this new reality is a bit of a shock. Which is why it is happening slowly. Some bubbles are dissolving quicker and some slower. Some people are beginning to realize that their lovely bubble is beginning to dissolve and are getting quite frightened and are desperately trying to hold it together. However, what we are discovering is that we are merely shifting from living in our personal mind and experiencing the world through it, to living in the Mind of God or our soul. Of course, this changes our entire conception of who we are. However, ironically we now feel more authentically our Self, and more at peace. This shift does change how we live, for without the personal mind to tell us what we should think and do, at first we're not sure what

to think or do. What we discover is that our feelings guide us as well as an intuitive sense that taps into an inner knowing that we can rely on. It's different but it works. The fact that we are all beginning to occupy the same space means that we no longer take our physical bodies to be who we are. These now merely represent our individual embodiment of our common space. We can now look back at our existence in the bubble as an artificial reality. We might have believed that we were this or that in our particular vision of the world, but we really only saw what we believed, not what really was. Now we live in the larger reality of ever new divine life that is filled with eternal love and a consciousness that unites all creation in a unity and oneness. For in this common space we are no longer inclined to conflict, competition, or ambition — how could we as we all share equally in everything. This new reality obviously will require a new civilization to reflect it. And a better, more joyous and harmonious one. This living boundless space is sparkling with invisible potentials and possibilities, placed here by God that we might experience, explore and manifest. What we are drawn to is our free choice guided by love. Therefore our oneness of life and consciousness doesn't imply identity of interest or expression. We each choose our own path through the infinite Mind of God and what we will each manifest on Earth as a result.

§

186. Not blocking soul life:

Living as a soul that we really are is easier than we think. It's actually what we think that blocks the experience of the Heart centered nature of the soul. As the mind is the creator, our internalized beliefs that we are separate and lacking create an experience of that, as the ego gives primary reality to what we believe is real. In actuality we are always one with the soul and God inwardly but ego consciousness doesn't recognize that.

Becoming aware of our soul consciousness by centering our awareness in the Heart, that is the seat of the soul, is the first step. Then we must express what we feel and become aware of to make soul centered living real and manifest. Living at one with the soul is to see that one soul consciousness within everyone and everything, because it is.

As in the Heart, every experience is new and just felt but not thought, it can be difficult to express what we experience. Especially as this is related to a higher dimension of reality than our normal 3D world.

In the Heart we connect with Self awareness, an 'I' in relation the larger Whole that it is part of. In relationship we become aware of the fact that

CSR III: The Divine Self

everyone's personalities are actually floating on this same inner space of Self. Therefore the one inner group consciousness is the first fact that is brought into awareness. This is experienced to be a fact despite the individual differences in what is expressed. The ego mind is recognized to be a superficial layer.

The second fact is that this space or group consciousness is imbued with light, love, consciousness and intention. It also has the qualities of peace and freedom. Uniting with this Self consciousness is to free ourselves from the personal mind and agendas. And to affirm our shared being with God.

The Self's intention is to be fully present and attentive to what IS here in the moment. To be in unity consciousness is to be polarized in the larger Self rather than the separate self. The mind may be empty when centered in the Self, but that's alright. As something needs to be expressed, the mind will be utilized.

§

187. Creating the reality that we experience:

The ego assumes that experiencing the range of human thoughts and emotions that we each have on a regular basis implies that we can't be enlightened or spiritual because then we would be just blissed out or something like that continually. Wrong. This false assumption further lowers our vibration because we then condemn and doubt ourself. The soul accepts all feelings without judgement or attachment because it knows it is infinite and eternal and can't be tarnished or negatively impacted by anything it experiences. Therefore it just looks to see if there is any message or response needed to anything it experiences. If there is it responds, if not it blesses and moves on. It therefore doesn't try to invalidate, attack, escape or repress any feelings, thoughts or emotions. It recognizes that these only have the reality that it gives them. These don't effect it's reality which it chooses to create and experience. As it is joined with the whole of God, everything is experienced in that context despite what may appear. It moves high above the the unsettling dramas of everyday life, which it sees from a sublime distance that renders everything into a play of light.

§

188. A new energy, a new way:

Traditionally, as people have habitually lived in their ego mind and therefore based their life on what they thought, they would naturally be disposed to adopt the same approach to spiritual development. This

assumption will be less relevant as we move into the New Age, as the coming time will be characterized by the awareness of a new energy, vibration or space that will supersede the 3D reality we have been living in and which has provided the basis for our thinking and our experience of reality. This new reality is an interconnected divine energy that is within all life. Tuning into it we become aware of inner authentic feelings, ideas, intuitions, visions, dreams and creative desires. These Love animated impulses move us to express, share and act. Spiritual and religious life becomes less about doing what we think we should, and more about opening up and giving ourselves to what we become aware of in the moment in this new space. A simple Presence makes all the difference in the world. Without it we labor, with it all is easy. We move from doing to being. Each moment unfolds to the next as we open to it and what it holds for us. Each new moment is a new discovery of what IS and what we want to express, share and create. We change from being separate individuals striving to be fulfilled to living in creative oneness. The emphasis changes from ideals to manifestation. Present moment awareness is essential as well as trusting the guidance that we get when we tune in within.

§

189. Holy marriage:

In holy marriage we experience union and oneness in relationship. We see the other as an expression of the same life and consciousness that we have. This relationship is pervaded by Love and characterized by cooperation, understanding, intimacy, allied purpose and sharing. This oneness that is possible between the Self within two people can also be an ongoing experience with the Self in the world. When we realize unity and oneness with the Christ Self within creation — and not just with a separate person — we can live in holy oneness and experience the same cooperation, understanding, intimacy, allied purpose and sharing. In a holy marriage between two people there is always freedom that supports both in the purpose of always staying aligned with the highest good. Likewise in a holy relationship in the world, there is always freedom but also a persistent identity with the Self, as its awareness moves, flows and unfolds in ever new life in the moment. The consciousness of the Self is joined by uniting with it in the Heart. This is the holy marriage of unity with Christ, God and the Whole. As we are also incarnate in the world, in form, there is also an ever new experience of life which continually brings forth awareness of the unknown new within the encompassing Self. We cooperate in this process by bringing what is becoming known to conscious Self awareness and sharing what Love would share. There is great intimacy in this process because we are discovering what is deeply held within the Self who is within all.

CSR III: The Divine Self

There is understanding when we realize how we are consciously co-creating with God and fulfilling our divine purpose by manifesting what God would have known in the world. We cannot fulfill our purpose in life unless we are consciously united with our Self. In a marriage with another our oneness is dependent on their allied purpose. In our holy relationship with Christ our oneness is only dependent on our willingness to join and then to extend that knowing, as Christ is always there for us. Our holy relationship with Christ becomes our holy relationship to extend Christ in the world.

§

190. The spectrum of oneness and its expression:

The ego's duality entails a rigid separation between oneself and everything else. The divine Self within all is nondual although we express it through our individual form that is separate in time and space. Thus there is a spectrum from the inner oneness of being to the outer separation of form expression. Inwardly we rest in union with the whole, listening and sensing for what is there in the silence and stillness within. When we apprehend what is there that Love would express, we share or extend it into creation. We do so without any thought of self or need to get anything in return. It is a free gift. In the whole our needs are met, so we needn't do anything extra. As our purpose is always the good of the whole, our good is always taken care of.

§

191. Relying on Jesus' Word:

We must always stay consciously connected and joined to Christ. Jesus' Word is Christ and connects us if we have lost awareness of our connection.

§

192. Living in divine Wholeness:

Humanity has believed it was separate from the divine Whole, and thus it experienced this, as beliefs create experience. Now it is possible to consciously reconnect with the Whole of God through the Heart, which is the seat of the conscious Soul that is one with God. Centering our awareness in the Wholeness within we can now experience the separation of form, time within the spectrum of conscious eternal divine Wholeness. Thus we can now live one with God while in the world and unite divine Being with human doing. Ever new life is now experienced within the context of Wholeness rather than separation. This newly

attained state of being is a newly experienced reality that is not only possible now but destined for humanity as it ascends in vibration to the Soul level of unity consciousness. This is where we truly co-create our reality with God as the sovereign divine beings who we really are.

§

193. A shift in consciousness:

We are divine beings incarnate on Earth to express our spiritual Self and our knowing. We know that we exist as a unique individuation of a larger eternal life and consciousness whose nature is Love and whose purpose is to manifest its divine intentions.

God intends that first of all we wake up to who we really are as sovereign co-creative extensions of God — the conscious living Whole.

Secondly, that we begin to express what we are each given to know from our union with the Self of God, that we would bring forth and manifest. For God's intentions are the same as our deepest dreams and hopes that Love/God moves us to realize.

In this process we must focus on what we are given to become aware of in the moment in our Heart and use our mind to create the appropriate form to express, share and manifest this.

Thus we must remain centered in union with the Self within, attuned to what we are given to be aware of, and free of fear and separative thought that we may clearly formulate our intuitive knowing into the appropriate form for sharing.

As the Self, we realize that everyone is part of the one divine consciousness that we embody. Each can focus on whatever aspect of the divine that moves us the most.

This is to live in unity as part of the kingdom of Souls. This entails a different way of life than the 3D dualistic ego we have believed we were. As more people begin to identify and live as Soul — the eternal Self consciousness — a new civilization will become manifested that will be humanity and God in oneness.

§

194. Steps in the exploration of consciousness:

Since the beginning of time, vast libraries of books have been written and innumerable thoughts have been expressed about life, its meaning

CSR III: The Divine Self

and reality from countless perspectives. We could never begin to grasp it all yet the mind never stops thinking, learning, striving to understand and know more. Is it necessary or is there another approach to resolving our existential uncertainties and questions about life? As a result of self inquiry we discover that the concerns, questions, concepts and mental systems of understanding only have relevance when we give primary reality to the mind to define what is real. On reflection we discover that the mind is only one aspect of our being and not the most fundamental aspect. The most fundamental aspects are consciousness, feeling, life and life force, spirit and will. Mind is related to perception, seeing, knowing and creating and this is an important aspect, but who we are and why we are here needs to be resolved first before what we need to know and do is determined.

These more fundamental aspects of our being are explored and understood not through the mind, but by an experiential exploration of the aspects of being themselves. When we do so we discover that our self and the aspects of its being are multidimensional or reflected on higher more synthetic and formless planes of reality that are alive and integral to larger lives and states of being. We realize that our normative perception of the reality of form, time and space and our temporary finite life within it is but one end of a seemingly infinite spectrum of reality. The mind boggles at the boundless panorama, but consciousness, remarkably, feels at home and comfortable when exploring this seemingly unknown terrain. This seems to be because our self is actually resident and part of this infinite living multidimensional universe, little as we initially realize it. As we release our habitual attachment to our concrete mind and its beliefs, fears, assumptions and projections, it becomes easier to become aware and conscious of these other inner and subtle aspects and states and to integrate these into our conscious self.

This entails shifting out of the normal separate personal identity that is typical for humanity and beginning to be conscious on a more inner soul level that is more eternal and real. This is a dimensional shift toward more synthetic and holistic levels of being that changes how we consequently experience life and reality. Here feeling, intuiting and sensing are more useful than mental analysis, reason and linear logic. Because reality is no longer linear or three dimensional and bound by the rigid forms of physicality. Everything is more mutable yet subject to new laws that order this higher/inner level. It is higher in vibration but inner in that it is more foundational, essential and real. To explore these inner realms it is necessary to release the separate perspective of the personal ego we have been using and merge with the larger living whole we encounter. This doesn't entail loss of self as we might suppose, but

CSR III: The Divine Self

just the opposite — enlargement of self along with a sense of discovering a more authentic dimension of being. We realize that our self transcends the body and the temporal frame of reference we have identified with. We are now in a larger, freer, peaceful realm of light, Love and oneness. Life force, spirit, will, consciousness and mind all persist here, although mind is clearer without the contents or programming that filled it on the personal level.

This new realm of soul — the landscape of the inner immortal individual — at first seems devoid of form and we are at a loss as to how to navigate and explore. Without the old forms of concepts and beliefs, that we have been familiar with it seems empty and trackless. The mind doesn't help but we discover that using the inner and heretofore underutilized senses of intuition and feeling provide information and awareness that can guide and inform us. Now we give Love its head, or rather allow Love to lead us. Love has a knowing that the mind never had, that we can trust here as it is not confused by emotion and judgments about what feelings mean. Here we are continually moved and animated by Love that carries us along if we let it in a joyous and synchronistic flow. Our exploration becomes less of a willful and deliberate effort and more of a surrender to spirit and life that would inform us on their own. Our interests and life's merge. We discover more than we anticipated as life reveals its secrets on its own that exceed what we had imagined. As our eyes begin to adjust to the dazzling light here we discover that we now traverse a timeless kingdom of archetypal myth, song, beauty and meaning inhabited by other souls who are living and collaborating together in Love, harmony, oneness and peace. By now we have forgotten why we have come here and just want to fully embrace life here in all its divine wonder and beauty.

Now the mind has some use again to begin to transcribe and transmit what is discovered that this kingdom may cohere out of the ether and become substantial to sight and physicality....

§

195. The view from the mountain:

From our mountain viewpoint when we look back at the dualistic world we are leaving we perceive a wide range of drama, from heroic and selfless lives lived for the greater good, for truth, love and beauty, to evil actions to pervert, enslave and prey on countless innocent victims causing untold suffering and horror. Earth's dualism caused humanity to experience being in separate physical bodies in a physical world polarized by a right/wrong, good/bad dichotomy, but it was humanity that internalized that this meant it was separate from God, vulnerable

and subject to fear. This created a sense of self doubt that was used to victimize and exploit humanity by those inclined to evil, and to establish a programmed matrix of belief that became established in the civilizations that arose subsequently. This matrix is what normative humanity lived by and within as its unconscious assumptions about what was true and real. Thanks to the saints, sages and spiritual teachers who regularly appeared, this matrix was gradually infused with light and Love so humanity was never totally in the dark, even if it was dissuaded from relying on its own spiritual knowing.

Now we can perceive that this Age of dualistic conflict, suffering and ignorance is nearing its end as new light and spiritual energies pervade Earth, lifting all creation to a renewed conscious unity with the divine life and consciousness within. The ego matrix that has circumscribed humanity is dissolving and thus leaving human consciousness free to connect with the soul level and authentic being. A final conflict with the forces of evil is taking place that will allow humanity to see these hidden agents that have been oppressing us, and that have infiltrated society that we may renounce them and be free. The watchwords will change from fear, separation, lack and 'getting', to love, unity, abundance and sharing. What has seemed normal, realistic and 'just the way things are' will soon be experienced to be like a bad dream we are awakening from, as it has really been based on illusion and deception. Soon we will know that seemingly separate creation is all interconnected in a unitary divine life and a loving consciousness that is within all. This separate dramas that we have been acting out will be replaced by the cooperative joy of creating a new civilization of divine harmony and beauty that is part of a larger cosmic life.

§

196. Sorting out trust and mistrust, truth and deception:

Somehow, I am naturally suspicious of issues that the mainstream media keep pushing on us. When we turn the TV dial from one evening news show to the next we find that they are repeating the same scripted narratives. Perhaps I'm mistrustful because if it's in their interest to promote and convince us of something, from experience I know that it is not usually in our best interests.

Let's take as an example the recent 'pandemic' and the lockdowns and 'vaccine' mandates that have been feverishly promoted almost around the clock for the last two and a half years. What have we actually found out about this extremely deadly global health crisis? That it really wasn't little worse than the flu and not deadly enough to warrant the emphasis given it. The damage from the lockdowns and 'vaccines' were worse.

CSR III: The Divine Self

That we have been lied to by the elite globalist groups pushing these and the MSM and government promoting and coercing us to take steps not in our best interests. The experimental 'vaccines' have caused and continue to cause thousands of deaths and adverse reactions while the pharmaceutical industry rakes in billions of dollars while being exculpated from liability.

Or let's look at the unanimous hostility against Russia that is being demonstrated in the MSM and political circles. We are told that military actions against foreign countries are wrong after the US and NATO have spent the last twenty years attacking one country after the next in the Middle East, destroying entire societies, all based on lie. If foreign aggression is so terrible why have the US and NATO spent many billions more than Russia in money for war, military weapons for Ukraine and hostile political and economic sanctions against Russia? Why is no one talking about mediation, negotiations and peace if war is not wanted? The hypocrisy and deceit are staggering. War is wanted, obviously.

Another interesting issue is climate change, which seems to be an idea the establishment is really promoting. If this was really about the global poisoning of our land, sea, air, food, and environment it would be an important and legitimate issue. But the selective focus on carbon dioxide in the air (that plants live on!) is a Trojan horse that the Deep State is really using to push the Earth's population into poverty and a 'Great Reset' of the global economic system that would lead to a totalitarian new world order. Let's not get conned again by trusting what the mainstream elites are saying. Issues that they promote all relate to agendas that serve the powerful few and not the many.

Another example is the 'woke' culture war that the elite PC minority is imposing on the normative majority. Especially in media, education, entertainment and law, minority views are now oppressing the majority's rights to freedom of belief and expression in the name of 'freedom from oppression'. Here is more hypocrisy and deception being promoted as love and truth by the Deep State establishment. Parent's rights to protect their children from influences like transgenderism, critical race theory, sexualization, deviant language, and hostile cultural elements are being oppressed, censored and punished. What's being promoted as fair and just is not. This is another example of how the mainstream establishment has become controlled by the globalist elite to push agendas inimical to the good of the many.

Fortunately many courageous whistleblowers, journalists, investigators and citizens wanting truth are coming forward to share their knowledge and stories. It's all coming out on the internet if one is willing to wade

through the divergent information, views and deliberate misinformation to find it. Maybe eventually we will see more of it in the MSM too.

§

197. Science and occultism:

An occultist believes in the existence of hidden unseen forces that influence and condition humanity for good and evil. Actually science also believes in the reality of invisible energies that govern the universe. It can empirically measure and compute some of these energies as the laws of nature. Occultists believe they can apprehend the hidden psychic forces that condition evolution by using consciousness's capacity to transcend empirical matter.

Therefore both are in agreement about the reality of invisible energies although using different instruments to measure different domains of reality. Science focuses on the physical material universe, occultists focus on the metaphysical living universe. Science often criticizes occultism for seeming to be subjective, while occultists criticize science when it seems to lead to reductionistic conclusions that exclude life and spirit. Actually both are complementary and necessary to understand the living whole, for reality is really more than lifeless atoms and energies in perpetual motion.

Occultists posit that the multiverse is in reality composed of a hylozoistic panoply of conscious existences, lives and beings in perpetual loving creative evolution. These vast interrelated beings qualify all lives within them with differentiated spiritual and psychological energies that color and organize the multidimensional plenitude of being. All exists in living wholes from the infinitesimally small to the mind bogglingly large. That being said, each individual life has within it a connection to the whole or God, and thus can live with a simplicity determined by an instinctive and intuitive knowing of its place and function in the larger whole.

The conscious evolution that is a fundamental characteristic of developing life can, however, be impaired by anti evolutionary or evil forces that arise due to the free will intrinsic to conscious life. This situation has had a significant impact on human life on Earth that has resulted in the longstanding conflict, suffering and pain that have so marred human civilization here. Evil in small doses can stimulate the development of one's innate knowing and power, but on Earth we have not been able to overcome its superior organized power. Fortunately a divine spiritual intervention is underway to help restore Earth to its destined evolutionary place in the larger scheme of things.

In the coming Era, enlightened science and spiritual occultism will work hand and hand to explain the mysteries of life and being as well as developing new technologies to integrate consciousness with matter for human betterment. Science will be used for collective good not just for profit and spurious separative agendas. Benevolent advanced extraterrestrial races will gift Earth's humanity with a number of new technologies that will quickly improve life for all, once we have gotten over our conflictual ways and hidden control by evil.

§

198. Oneness with God:

Oneness with God does not have to be achieved or established, it already is. We merely need to become aware of it. We are one because we share the same holy Being. We are a part of God or am God who is here now. Our relationship with God is therefore a oneness, union and unity of Being and consciousness. As we are one with God, we are also one with the Self of God in all, who is expressing its Self through all. In every moment God is speaking to us through our experience of union. In every moment we have the choice to listen to what we are given to hear and know. Because oneness with God includes relationship with God at the same time as we also exist in a separate form. We, as God, are expressing what we know in eternity in this moment of time. We are who we are eternally but express this in time. In God we exist in eternal light, Love and peace. Nothing is beyond us for we encompass everything. We are the wholeness of God in one place. We are a divine conscious hologram of oneness manifesting in a world of space, form and time. As long as we sustain this inner awareness of our union and oneness of Being, we shall experience it no matter what is transpiring in the external circumstances we may be in. Our inner experience will, in fact, supersede our external experience and inner and outer will become one. It's really very simple because it is all based on the inner oneness of Being that is the ultimate reality of life. As long as we observe and express this union and oneness we shall sustain awareness of it until it just becomes naturally who we are and how we live.

§

199. Beginning from the Source:

One really cannot know who one really is and what one is really about until one has become aware of one's connection to God. This really defines everything. With this fundamental fact established one can then begin to elaborate one's purpose, interests, nature and involvements. Everything flows from this one Source. And just as the Source shines as

CSR III: The Divine Self

a star in the heavens, so do the related celestial influences then begin to play their roles. The universe is not mostly empty space but rather alive with innumerable beings, worlds, energies, purposes, and dimensions of reality that offer an infinite assortment of things to explore, experience, know, create and realize. On Earth we are naturally involved in the divine Plan of the Logos of Earth and the expanded consciousness and civilization that is destined. This necessarily entails becoming identified as a soul who is group conscious and living in light, love and harmony with the divine life within creation. There is a lot to do, but no rush as in God there is time for all things to unfold naturally in divine order and perfection.

§

200. Omnipresent God:

God is omnipresent and so is here now in the very moment within us, knocking at the door of our Heart wanting to embrace us. We embrace God with the Love which joins us and makes us one. There is but one Love that is God and by which we are one. This oneness of being and consciousness encompasses and is within all creation. This Christ consciousness is ours. We share it with all humanity. It lies beyond the form in the space within all. By the Heart we know it as we listen for what is revealed in the moment in the relation between God and the consciousness of Christ. It is a dynamic oneness of receiving and giving, allowing what we are given to flow through us into manifestation. In this creative process like breathing, the Heart receives and the mind formulates it to be expressed and extended.

§

201. A prayer:

Unless we can experience oneness, beauty and divinity in the midst of suffering, despair and outrage we have not attained the fullness of Love or the vision of Christ.

Let this be our test then, that we may be able to unify all disparity, heal all woe, transmute all conflict and bring Light and Unity to every situation, every relationship, every person as they are open to it.

Every cry of despair is answered by the Presence of Christ bringing everything needed to transform lack into fullness, dark into light and pain into joy and thanksgiving.

§

202. Experiencing Love:

Everyone desires love — to experience love, to give and receive love, to feel the intimacy, shared understanding, commonality and oneness possible in a loving relationship. Many long for an eternal and true love that allows them to experience a deep spiritual state that touches the deepest core of their being. Many realize that of all the things that can be accomplished and experienced in life, love is the most important, meaningful and wonderful. This is all reasonable and to be expected as Love is God and thus the Animator, the Life and the summum bonum of all.

How then may we live more fully in Love? We must first realize that we are never without love unless we block it, for Love is always endeavoring to flow through us, to carry us to greater experiences of Love, joy, beauty and everything wonderful if we would trust it and give ourselves over to it. The problem is that we tend live by the beliefs that we have learned and thus don't fully trust the feelings, intuitions, dreams and visions that Love gives us to move us forward in the stream of Love and life.

How do we overcome our mind to experience Love in every moment? It's really a simple matter of shifting out of one's mind and to open to and embrace the Love present in every moment. Then to express and live that Love, doing what we are given to do by Love. We must realize that within every situation Love is there, guiding us and offering us ways to experience it. It's only the assumptions, fears and preconceptions of our minds that would doubt and block these. The mind's judgments that are projected on to our circumstances limits our perceptions.

Within the moment there is always more than we perceive — the highest levels of spirit and divine possibility lie within every moment. Love would hear, see, believe, act on and express these and so make Love real and manifest. In this way we create new forms and expressions of Love rather than just passively waiting on Love. As divine co-creators, we share God's purpose of extending Love into Life. In this way we are never without it as it becomes our Life, our Being, our Truth and our Joy.

§

203. A new energy is here:

Many people are now experiencing and realizing that there is a new energy moving through the world that is actually a new level of reality. It's definitely subtle, inchoate and difficult to describe or express, but nevertheless it is here now within the world like the silent Presence of

God, waiting for the right moment to reveal itself to us. What momentous transformation does it portend? What unknown possibilities are hidden within it? We naturally think of the prophecies of a New Age or New World that at the same time seem so removed from the raucous tumult of the world today. This new energy seems different from a rarefied spiritual state. It seems to be more solid somehow. Perhaps it is a new world that will merge with and supersede our present one. There is a withinness to it, and the feeling of being somehow more integrated and unitary. And a consciousness is imbued in it. This new reality will reorder our thoughts and perceptions, as a new dimension of reality will. Our ideals and idealisms will need to be refashioned. History teaches us that civilizations and Ages come and go. We are now on the threshold of something new and unknown that we have hardly the means to appreciate and understand. Those who trust in the Plan of God wait in hopeful expectation and look for signs. Some are even coming out to greet and embrace this new Presence as the revelation of our future Self.

§

204. A new spiritual approach:

Buddhist mindfulness and enlightenment are insufficient and inadequate for the future. The separate ego consciousness is mind centered and so naturally believes that a higher state of mind is the answer to its persistent longing, confusion and unfulfillment. What is really needed now is a synthetic path of identification with the Soul. This entails consciously attaining union with one's Source and not just attaining transcendent vision. Mental spiritual practices have predominated in the past, but in this new time, a more radical awakening, unification and realization approach will be emphasized and appropriate. These will naturally emphasize Heart consciousness as Love is God and integral to an experience of divine Oneness. A shift to an emphasis on the Heart entails a shift to what is already within rather something that requires learning, striving and achievement. We are already within God who is within us, so we must just consciously connect with this rather than just think about it. Jesus tells us that we now have access to a direct experience of Christ and the opportunity of becoming Christ conscious. This is to become the spiritual Self who we are, and live in conscious oneness with the divine Whole. This entails a moment to moment awareness of the Self of Love within and a willingness to live and be as such. This is to integrate spirit in life and bring what one is given within into manifestation. Thus oneness with Source is to be a co-creator with God. As more of us take this path we will create the new Soul civilization of Love, harmony, peace and unity.

§

205. Know thy Self:

The mind raises a never ending succession of questions, concerns and issues that it believes need to be resolved. However, the resolution and answer is always here in the moment. There is but one answer and that is what we are given to know and become aware of now. This may not seem to be a direct response to the issue but is a response in that it addresses the issue of who is asking the question and why we believe the particular issue is relevant or important. We cannot know anything until we know our Self. Only then can we know what everything is for.

§

206. Speaking from the Heart:

Jesus enjoins us to experience dialogue as a process of ongoing creation where we extend creation as a result of our co-creative relationship with God and in particular our response to God that we express and extend in the physical world. This response is an expression of our authentic being as we listen in the Heart to what we are intuitively given to become aware of and know. Therefore I feel that this behooves us to stand in our spiritual knowing and share more what we are each becoming aware of within. Let us each therefore share and express our experience of what IS here that we are all opening up to and what we each feel and intuit in this living and momentous moment in time as Earth transitions to a new spiritual Era. Talking 'about' is different from expressing directly from the Heart.

§

207. Love and Truth:

We cannot be fully and truly who we really are and manifest this if we do not live by love and truth.

To live by love is to recognize that we are all equal extensions of the same divine Life and Consciousness. This implies that we all must honor and support each other in our equal needs and rights. And live by Love.

To live by truth is to affirm our freedom of expression and movement. This implies freedom from coercion, violence and restrictions. And assertion of our sovereign divine co-creation of reality.

§

208. Our super power:

Let us be vulnerable, open, cooperative and giving that we may be the divine beings we are, which entails living from the Heart in complete trust and oneness. We can absorb Self consciousness, letting it become one with us and flow through. It is a consciousness that knows that we are ever more, ever free, ever embracing the unknown Self as it fills us, and moves through as we express our feelings and what we are given. This brings with it an experience of greater intimacy, oneness, aliveness and joy — and greater knowing of your Self. In the flow of divine being we float through the circumstances of our life, blessing them and transforming them by the Love and light we embody. Everything simply becomes a place where Love comes into life, where conscious spirit comes into manifest being. Where our inner oneness is demonstrated in our outer form — now elevated and functioning on a higher level. Let the embarrassment, doubt, and need to think go. We are eternal, invulnerable, immaculate and now whole. Live in Love and let the questions be answered.

§

209. Claiming our divine knowing:

I feel that opening to the truth of what is really going on in the world must be joined to opening to the truth of who really are as divine souls. The seeming duality and deception, confusion and suffering are resolved by uniting with the divine knowing that we each have access to within. Then we know that only the divine truth of God's love and our eternal sovereign power to extend it will ultimately matter. As we claim our knowing and our power, we can right all wrongs and bring ourselves and the Earth back into divine harmony and oneness.

§

210. Changing the past to change the present:

It's possible to change the past and thus the present, to make the present more as you really want. The past only exists now as a memory. So as we change that memory we change the past and the present, as the present is a result of actions taken in the past. So many people bemoan or regret their past without realizing that there is something that we can do about it. Very simply, if we will focus and reflect on any memory that continues to bother us, we will discover that the event, action or situation had a lesson or truth that we need to clearly acknowledge and integrate. To do this we will also have to forgive ourselves and give up our attachment to the emotion connected to this issue and then affirm and integrate the new truth that you will now act on. Visualize that this new truth was actually there unrecognized in the

past and that you are now seeing it and affirming its presence in you. This is the truth. Truth has always been within us even if we don't seem to know it at times. So in a sense, you are not changing what was there in the past, but now just seeing it more clearly.

§

211. Simply being:

So often we talk without thinking or reflecting on what is really important and necessary to say in the moment. In particular we don't check in to our Heart to see what is there and what Love would express.

The ego would make living in Love something to be accomplished, where it is really simplicity itself and the absence of all effort. We simply move at one with the Self we are, as we experience that Self in everything all the time. The living moment unfolds the Love within it as we express what Love gives us to know and be aware of. We trust and have faith in the Self that we are. We are discovering that we are part of this same consciousness of Love, this same divine Self that we are becoming aware of now. What is there to do, but to just honestly express our Self and what is here now to be shared in Love. This is the greatest truth that we are becoming aware of now. A divine Consciousness is emerging in the world through us and revealing our unity and oneness. In honestly being our authentic Self, we are realizing that we are all part of a shared life. We don't have to do anything special — just to simply be totally our Self as the moment unfolds in joy and wonder.

§

212. Taking steps to do what's right:

As we awaken and see the disclosures of corruption, deception and malfeasance in the world that have been suppressed, let us realize that can no longer put our naive trust in the self serving elite who have been the culpable authorities in the world. We each have divine access to the truth within and know what's right. Let us take our power back from those we gave it to and make the needed changes in our institutions and practices. Humanity and Gaia have needlessly suffered long enough, enduring harsh oppression instead of the divine abundance that is our inheritance. The structure of the global political and economic system must be completely transformed to create a civilization based on divine unity, love and harmony. GESARA and the new Quantum Financial System will provide the basis for a world of security, abundance, freedom, and human rights.

§

213. Getting out of my head:

I used to think that there was something special that I had to know that would somehow unlock the door to happiness and fulfillment and provide what I needed and lacked. And in a sense I was right. Only it's not an idea or something outside of me, but rather to know that within me all along is everything I'll ever need. It's not found in my head, but in my Heart. I had devalued my feelings, believing that these made me vulnerable and less able to succeed in the achievement I sought. What a mistake! It's really only when I began to trust and explore my feelings that I began to realize that life was not as hard and complicated as I had imagined. These feelings put me in a flow as a river of life, ever carrying me forward to new joy and happiness. Of course, the mind is important too, to express, create and manifest it all.

§

214. Living from Oneness:

With the change of energies on Earth, we now have the capability to fully create our experienced reality from our center of divine Oneness. We no longer need to live in reaction to the artificial ego matrix projection of the world we used to live in. That movie is disintegrating. Let us now use our eye of vision to see the light and Love of the Divine within all. Let us visualize an immaculate moment free of anything from the past that would limit us. Let us realize that we are now connected to the highest, purest spiritual energy from God that is now pervading this dimension. We can live and create from this place. Now life unfolds new in beauty, harmony, peace and joy. This experience is a harbinger of the imminent transformation of Earth and our collective transition to an enlightened galactic civilization aligned with the one Source. We can begin to establish this now by staying awake, centered and joined with the larger Self of unity that we connect with through the Heart portal. Let us fully express our Self and what we are being given to know that Love would manifest.

§

215. A Presence waiting:

On this chilly grey November day, where damp autumn leaves slowly fall to the ground, there is a quiet Presence here, a familiar one, that is always here in the silence and stillness. It's a mystery. So many moments, thoughts and experiences transpire in life, and yet there is always something more, intangible and inexpressible that would be known. It's a secret that we must each unravel. It's something essential, eternal and real — a Presence of Love that holds the promise of realizations, dreams and fulfillments just outside of one's grasp. It has a

CSR III: The Divine Self

song and music that lifts one's spirit and draws one forward toward a shimmering horizon where the land turns to a vision of light. This Presence is a visitor from that magical land who would embrace us and take us far from the dying world to an undying eternal Spring. Are we ready? Let us take Her holy hand and ascend. Its only now that we are realizing our purpose for being here. We must stand in this open portal of Love and Unity and bring Heaven to Earth. Here we see the Light wherever we look. We are in the world and are not. Now we are one with the Presence, the Soul that we are, living in Oneness.

§

216. Space is the future:

I feel it is very exciting to access the open space of light and Love beyond the ego mind and sense the numinous possibilities that are discoverable here. To me, this a field of dreams, of divine seeds placed there by God that we are meant to bring into manifest being, by giving these form and expression. I feel too, that this is a shared space that we are all discovering together, and that we each have an equal role in this process. It is as if the Heart is a portal to another dimension of reality that is in fact the Presence of the Self of God that is the New World emerging into being through us. As we begin to live from here and identify with this Self, we will transform the world by co-creating this new Reality and making it manifest. So although this process is naturally a little confusing at present, as we get into it, and more people begin to cooperate, corroborate and fill out our perceptions we will increasingly be validated and supported.

§

217. Consecrating our mind to co-creation:

The mind is the creator of experience. As long as we sustain our awareness on the light and Love of God within, we shall see and experience this in the circumstances of the world. This is our purpose — to call it out and manifest it by our expression of what we are given to be aware of and know by the light and Love. As we refer everything to God, God is what we experience. Soon we forget that we ever thought that we had a choice. There is really no choice between reality and illusion. Between being fully awake or not. Where does one go from here you might wonder? Reality is multidimensional and limitless. How much beauty and wonder can we apprehend? We can touch the Love behind all existence and possibilities beyond imagination. Choose the most beautiful and timeless and find a way to bring this forth. Embody the divine spirit you really are and bring it to life. God is reclaiming Earth and making it a sacred place. We may make this a timeless place of myth

and fairy tale by surrendering to the eternal spirit we are and living it out. Hear the delicate play of the harp and lute. The air is fragrant and suffused with Love. All of creation moves in oneness to the Divine, unfolding eternally alive in this moment. Join in the rapturous dance.

§

218. The emerging awareness of Christ in us:

All of our spiritual seeking, study and striving are preparing us for the moment when Christ will begin to speak to us from within. Then everything will be made new. Then we will no longer focus on the ideas we have learned, but the awareness we now have as the Self of God we are. For we will not be channeling the thoughts of some divine other, but the present moment knowing of the divine Self we are.

This is the Second Coming which is the collective emergence of Christ in the world through us. We must own and embody Christ consciousness which entails our collective awakening as Soul and our beginning to live as such. What we each will need to do then will be given to us. It will simply be a matter of listening, trusting and being our Self as we are aware of it. We shall live by and in the truth of who we are, recognizing that we are all opening to this same truth, life and consciousness that we are each expressing in our own unique way.

Then we will no longer be living in a world of separation, but will be all now connected to the one divine Consciousness and Life within. This is a Heart centered Consciousness of Love that is an affirmation of the one divine Life and Consciousness of God within all creation. The Second Coming entails God consciously reuniting with humanity and the Earth. Earth will become a sacred planet and no longer a place of conflict and suffering.

Everything will be transformed just as our separate personalities are being transformed by merging with our Self — the real 'I' — which has ever been within. We will just shift where we are polarized in consciousness and begin to identify as Soul, one with the larger Whole. We will begin to be who we really and eternally are so this shift will not be fearful, rather it will entail the release from the fear that has ever been part of separate life as a personality.

In the silence and stillness we will each now be able to become aware and apprehend through a knowing, a feeling and listening that we will be able to express and share. This will guide and inform us, as we live by it. We will discover that this is not anything exotic, conveying glamour that might inflate our ego, but is really about being authentic, truthful, whole

CSR III: The Divine Self

and fully present in the moment. This is what we have been working towards and praying for. Christ is returning through us. This is a revelation and a deliverance. And as we one by one accept this gift, this awareness and knowing and begin to embody this consciousness of unity, we will inevitably transform our civilization and the New Era of Love, Unity and Peace will begin.

§

219: Empowered Self creation:

As long as we believe that others know more than we do, we shall be disempowered and not fully sovereign creators of our reality. Therefore the Self doesn't recognize external authority. The attitude of the Self toward anything that anyone believes, says or does, is to embrace it with a detached awareness while going within to determine the truth of the matter. Nothing is accepted at face value. While the form, words or actions may be noticed, only by going within do we, as Self, really know what these mean, or what is the truth of them. If there is truth in what someone says, thinks or does, it is only because we already know that truth within. The bottom line is that no one knows more truth than anyone else, although some may articulate some aspects of truth before others. The truth is one and eternal and within the Self. We know this by inner listening, feeling and sensing what the Self knows. The Self doesn't give its power away by relying on others, it just relies on what it knows from its own connection to God. Therefore, everything that it experiences is its own sovereign creation.

§

220. Recognizing our divine nature, rights and freedoms, and their opposition:

It's an axial proposition that humans in essence are divine spirits endowed by their Creator with freedom of thought, will and movement.

Thus humanity has endeavored to enshrine these essential freedoms and their implied rights into law and custom to the degree possible as restricted by opposing dark forces.

The second proposition, is thus that human life on Earth (and in the multiverse) has been characterized by a polarity between positive evolutionary Forces of Light and Love that are aligned with the Will of God, and the minority negative 'dark' forces of separate intent that are opposed to it.

CSR III: The Divine Self

The possibility of opposition to an omnipotent God arises from the free will given by God to its creations.

We may assume that the Forces of Light, being aligned with God, have greater Power and will ultimately resolve the problem of the dark forces of separation and negation.

We witness this conflict in every aspect of life on Earth, personal and collective, as it has played out over history.

Today we see it prominently displayed in the increasing dark authoritarian efforts:

Oppressing freedom of belief, speech and action;

Coercing and imposing agendas inimical to rights, freedoms and well being;

Stigmatizing and demonizing individuals and groups;

Utilizing AI, electronic and biotechnology to manipulate and control humanity and the Earth ecology.

These dark authoritarian agendas can be observed in nearly every societal institution and organization. These typically represent the influence of vested power and money which dominate the structures of human civilization. They are corrupting influences utilizing secrecy, deception, intelligence, violence, and power to impose a separate agenda inimical to the good of the larger whole.

Some of the specific issues that are part of this conflict in the world today are:

The culture war between PC, 'woke', minority efforts to indoctrinate and impose its will on the majority's innate, instinctual and spiritual knowing and traditions;

Hidden Satanic actions to enslave and traffic humans for sexual, genetic, and predatory purposes;

Authoritarian political agendas to impose global hegemony by war, subversive action, economic exploitation, media domination and propaganda;

Economic predation by a global banking and financial system of debt slavery, theft and vampirism;

Globalist biomedical efforts to inflict a global pandemic requiring universal lockdowns and inoculations that would lead to a culled genetically impaired and controlled population.

We could summarize this conflict on Earth now as a final conflict between the dominant dark forces that have controlled humanity in secret and which have infiltrated most institutions and belief systems,

and the Forces of Light that are moving within the world now and within every person. By the combined actions of the spiritual intervention infusing Earth and humanity's awakening to its own intrinsic knowing and power, the dark forces and agendas will be overcome. Instead of a new world order that would be a totalitarian transhumanist enslavement, Earth will soon begin a New Age of divine Love, Light, peace, harmony, abundance and freedom.

Some of the signs of this progressive victory are:

The widespread actions of love, compassion and service by a global humanity wracked by confusion and chaos, indicating that the Heart of humanity is sound. The average person has demonstrated this better than the elites;

The global dissemination of uncensored information and voices on the internet and social media that have gotten around establishment suppression and allowed increased access to facts and truth and increased ability to communicate and make needed connections;

Increased disclosures by whistleblowers, investigators, inventors and pioneers of hidden, suppressed, new and revelatory facts are broadening status quo knowledge and understanding;

The unavoidable breakdown of obsolete, outdated and retrograde beliefs, values, practices, laws, institutions and customs, etc, are becoming more obvious, making it easier for individuals to be open to necessary positive change away from the dark dominated past. The New Age must necessarily embody a new positive civilization of Light.

§

221. Earth's transition:

It's nearly impossible to know what's really going on in the world with all the tumult and the diversity of opinion. Actually one can't really know from the secular vantage point represented in the mainstream media and establishment elites, because Earth is in a spiritual transition and thus the incoming energies and influences can not be empirically ascertained. However, civilizations come and go, and as ancient religions and the spiritually sensitive know, humanity is on the threshold of a positive and destined change.

If we review the history of human civilization we will have to admit that it has always been characterized by perpetual wars, suffering, widespread poverty, disease, injustice, fear, obscene disparities of wealth, power and privilege, deception and oppression, among other sad conditions. And all our human intelligence and technology only seem to make things worse as we are turning Earth toxic and threatening to annihilate all life with our nuclear weapons. It should be obvious that humanity has been

CSR III: The Divine Self

dominated by self serving violent materialistic forces and the sociopathic elite who ever seem be always at the top of every power hierarchy. These influences have infiltrated most institutions and corrupted their well meaning intentions.

Fortunately there is a God of Love — though not an anthropomorphic Jehovah — and a spiritual destiny for Earth that is being accomplished now through the necessary chaos, breakdowns, disclosures and changes. The old global political economic system is not suitable for the future and so must be transformed. People have to wake up to the lies, corruption, manipulation and exploitation by the authorities, the globalists and establishment elites and begin to access the God given inner knowing that we each have. The mainstream media has represented the special interests, big money and the Deep State agenda in ignoring and suppressing the truth and promoting a lot of misinformation and propaganda narratives. It's all out on the internet, but here it is also being censored and corrupted with a lot of misinformation. The reason that there are so many conspiracy stories now, is that there really are nefarious conspiracies by the powerful to prevent Earth's spiritual ascension by whatever means they have at their disposal.

There are now many world servers who are working for positive changes and plans to remake the global political and economic systems that are in the works. There are major new technologies that are going to be introduced soon that will transform and improve human life around the world — like nonpolluting free energy, healing technology, a new quantum financial system that will guarantee everyone an income and basic entitlements, technology to detoxify Earth, anti-gravity transportation, new communication technology, etc. Some of these will be provided by the benevolent extraterrestrial peoples who have been covertly assisting Earth in this transition and who will begin to overtly introduce themselves.

It's all a bit much to take in, but we will have time over the coming months to gradually begin to become aware of, absorb and integrate some of this information as big disclosures and events transpire that even the media won't be able to ignore. A major revelation that many people already suspect is that the 'pandemic' was man made by the Deep State and part of a larger agenda that includes the lockdowns and 'vaccine' that was intended to reduce the human population and control those left alive in order to establish a transhuman totalitarian New World Order. Here is an example of how evil that has been hidden and working behind the scenes is being forced to disclose itself so people can see and reject it. Fortunately, ET forces have reduced the toxicity of the virus

and the vaccine but left enough harm so we can see what is really happening.

There's a lot going on and it's bewildering so keep an open mind and don't worry. It's all going to turn out for the best. You have the privilege of living in the most momentous and remarkable time in the history of the planet. There will be so many wonderful changes in your lifetime, you won't believe it. The coming year or two will be hectic and stressful but the old and outdated have to give way for the new to be established. Perhaps this all sounds incredible and fanciful, but just wait and keep an open mind.

§

222. Ascending:

As we ascend, we rise about our focus on the particular, the forms and all their associated thoughts and emotions, and our focus expands. We see more the movements of light and energy in an enlarged space and time. Everything becomes more rarefied, subtle, mutable and vibrant. We sense more the greater issues that are moving within the specific circumstances and apprehend these from a wider panorama of time. The negative, noisy and discordant vibrations that we had been noticing loose their strength and amplitude and somehow are superseded by higher transcendent and transformative energies that are the ultimate reality. As lower down we can loose sight of the eternal stars that light the sky. Now we have again gained awareness of the larger divine context that defines the whole. Now we can again hear the divine song of creation. Our life begins to align with this higher note, this subtle music and rhythm. Lower down we were buffeted by many swirling currents, but now move in harmony and joy at one. Now the world is cupped by infinite space, and one Consciousness pervades.

§

223. Being Spirit:

The spirit has wings that lift us above the limitations of space and time. The impossible becomes possible and, in fact, our normal reality. We become, surprisingly, no more than who we actually are, once we have freed ourselves from the bondage of conventional thought and embraced the Soul. Now we vibrate on a higher dimension of mind that is one with the consciousness of the Whole. We move in the Light and the Love within all. We have chosen to simply be our Self and have released all doubt about this liberation. Now a wider universe is ours to explore, with unimagined treasures to be found. Now life has regained its magic and wonder, and all creation comes alive with a livingness that

sings. Life has returned to timeless myth, a divine fairy tale that we have found our way into. Gaze in wonder at the splendor, the beauty and sense the possibilities. For here, everything just is the way it really is eternally. And we all know it. We all realize that we are living in God's supernal kingdom that is ours to enjoy, share and create in. Here we joyfully bring forth our gifts that come from simply being who we are. Each has a special place, an anointed role. All life unfolds in a sacred ecology and wholeness. A divine marriage is taking place. Earth is merging with its Soul, and the spirit world of Being is coming into manifestation.

§

224. Christ does not return alone:

Christ does not return alone, but comes with Her who is the embodiment of all Loving Life, Light, Beauty, Joy, and Harmony. She will restore living divine Life on Earth and bring all creation into balance. She will demonstrate Love in the glorious fullness of Being. She will teach how to truly live and what life is all about. She will create an organized manifestation of divine Being that will establish the foundational archetypes for the coming spiritual Era. She will set us free and channel that freedom into the New World that will come into being. She will come forth as the embodiment of our collective hopes and dreams come alive. The eternal divine Feminine Creator will make everything new and bring us into ever new divine life that has always been within, but which will soon be experienced without. Life will become vibrant, magical. Time and timelessness will merge. Inspired, instructed and animated, we shall begin to co-create with divine Life and Consciousness and Earth will be transformed in Beauty, Love and Unity. Women will fully embody their divine nature and men will honor them for it, rather than controlling.

§

225. Self only:

Nobody but my Self knows what is right and best for me. When I seek inspiration only my Self knows what is most moving, most beautiful. In the living moment, only my Self is there to reveal the gift and impart the blessing. When crossing the divide, only my Self is there to guide and support. In the eternal moment the Self is always there — and is here now. Who do I listen to when other's speak? Who is behind every action? Who manifests the miracle? The Self is larger than we thought. And so are we.

§

226. The New World:

The New World that is coming is a new energy, a new molecule, that is here now but whose vibration is too subtle for most people to consciously apprehend it. Subconsciously we notice it — we notice that there is something new and different going on now, but this makes us anxious rather than excited because we imagine in fear that it entails loss rather than gain. This new substance is a new dimension of reality that will necessarily reorder our thinking and our lives. The spiritually minded are endeavoring to prepare for this New World by cultivating a spiritual idealism and practices based on that idealism that they hope will allow them to incorporate this new energy and consciousness. The problem is that the idealism is adapted for separate personalities polarized in their concrete minds and what they consequently think and believe. The new molecule, substance or energy has a transcendental holistic consciousness that can not be integrated by the separative mind. It requires a shift in where one is polarized or identified in order to be integrated.

Therefore 3D thought can only carry one so far in this process of transitioning to the New Age. What is required is a shift to Heart consciousness that is inherently one in all levels of being and which is therefore integral to this new dimension of reality. Through the Heart and Love we shift out of the ego to the Soul who is a denizen of the New World of Love and unity that is now gradually emerging into being from within, as this vibration is gradually increased that we may notice it. Centered in Soul consciousness we then utilize a higher vibration of mind to express this new consciousness. How we use the mind consequently changes. Rather than assuming that our beliefs are reality as the ego does, we use the higher mind to formulate the intuitive knowing of the Soul functioning in the unitary New World. The experience of the Soul is our new reality — the higher mind only expresses what we become aware of, not what we presumptively think. Experience of the New supplants belief of the old. This new molecule is not part of the separate world humanity has created and is living in. It is divine and carries the consciousness of God or Christ within it. Thus our integration and embodiment of it will entail being able to identify with the consciousness of the larger Whole that the Soul lives in oneness with. We will collectively be able to embody group consciousness defined by the Rays that characterize the Soul, for the Rays work in unity. The Theosophic and esoteric concepts contemplated by the personality become experienced as realities experienced by the Soul. We are no longer separate from life, but become integral to its ongoing creation.

227. Diving into Soul:

In the Age of the Soul, the spiritual practices of the personality striving to be one with the Soul are superseded by the life, experience and knowing of the Soul living in oneness. Identified with the Whole, it doesn't have to strive, control, think or even do anything. Everything is accomplished by the working of the creative Force that it is one with. What 'Is' is sufficient unto its Self. Therefore we need only open to, and surrender to the Self that we eternally are, that is here now within the Heart in this moment. The efforts of the personality are rendered unnecessary when one is no longer identified with the personality. In the past, the energy differential between personality and Soul was too great to be easily bridged, but that has changed. Now the Soul is just a manageable step away if we know where to step. We step through the Heart portal and discover to our amazement that we are entering a new land. A new world of love, wonder, magic, unity and possibility is opening before us. Let us step through this looking glass and begin to live in a new way. We cannot think ourselves to Soul consciousness. We must identify with the Soul to become the Soul. Let us dive into the Heart and emerge transformed.

§

228. Leaving limited conception:

Traditional religions have incorporated some ideas that are no longer relevant in this current cycle. Some of these notions are that we are lacking something that we need that we must strive to learn or acquire. We have been taught that we need to be better than we are at present and that this takes hard work. We have been taught that being more spiritual entails having an enlightened mind. In this process we must rely on others who know more or can give us the help we need. In general we have been taught to abide by what the authorities tell us. Another notion is that unless we are totally consecrated to spirit, we will not achieve union with the divine until we die. This can lead to a passive or fatalistic attitude. Some people, however, work hard to create the life they desire, but even then some things happen that one does not have control over. The bottom line is that having the right or best knowledge combined with a dedicated will is necessary to achieve anything, even spiritually. Even then, however, success is usually partial and tentative.

I feel that in the coming time, we will not be limited by these misconceptions and will better create the life we really want and become one with the spiritual Self we really are. We will realize this not by dualistically striving for some ideal that we hold in our mind, but by relying on the knowing that we already have within the Heart. As we live in oneness with our inner Self that we connect with in the Heart, we will

discover that we actually are living in and one with the abundant Divine Whole. Once we release doubt and begin to live in trust, we are able to create what we want to manifest. In becoming free, autonomous and sovereign we rely totally on our divine Self to create the life we want, in unity, love and harmony. We will not follow others but carve our own unique path. There is no lack, no deficiency, powerlessness or gap in time between thought and experience. The Soul is naturally synthetic for it embraces everything within its Self. Consequently we don't have to escape from anything because the Soul is not threatened, limited or defined by its experience.

§

229. Living in unity:

Everyone embodies the same eternal divine Being, although they might not feel consciously connected to it. If we are consciously centered in it, we are part of the Self that is within all creation. Then we have a choice. We can give reality to the separate matrix world or we can live in unity. Living in oneness doesn't exclude the separate matrix of thought, belief and emotion, it encompasses it. It is not a barrier to experiencing oneness, it is rather the unavoidable place where oneness must be demonstrated. To live in oneness is to establish a dialogue with the divine. We live from a place of inner listening and then share or express what we hear or are given. This unfolds to a new moment where the process continues. What we are given to co-create elicits a new awareness which leads to a new response. Our co-creation has an intention that is integral to God's Plan and Purpose for Earth. We may each work on manifesting different aspects of the Plan or collaborate on a shared idea or project. There is an entirely new civilization needing to be created. This civilization will no longer be based on an artificial, separate man made agenda, but will evolve out of our relationship with the Divine and our embodiment of it. We shall once again live in unity with God and feel the Divine pervading all aspects of life.

§

230. Imagining the future:

Our lives are inexorably part of the world around us. Through education, media, literature, art, entertainment, news and now global electronic communication, our lives are defined by the context of the world we live in. This world, like all civilizations, has its assumptions about reality, it's values, structures and myths that organize life and give it meaning. However, civilizations change as the realities they are built on are relative, transient and reflective of the arbitrary and superficial nature of human thought when divorced from God. Instead of allowing our minds

to extrapolate and imagine the dismal future that our present world is devolving towards, let us realize we must prepare ourselves for an entirely different and glorious future. Unbeknownst to the secular authorities of the world, Earth is a divine Life with a divine purpose that will be realized. The time of Earth's control by the forces of darkness is nearly over. God is intervening to take Earth back. We will soon be told the truth of what has really been going on. When we wake up we will then have to reformulate our civilization to fashion the divine world it will become. An inflow of higher energy will expand our consciousness and rather suddenly our reality will become completely different from what it was. Begin to imagine the transformational shift that is coming. Begin to imagine living with an intensity, joy and rapturous engagement to life as we collectively wake up to the revelation of God in the world and each one's particular mission. This awakening can begin now if we will open our minds and Heart to the light and Love within and the beautiful dreams of the possible future that we are each being given by God to realize. Let us bring these down and begin to manifest them.

§

231. Divine spirits we are:

Imagining the future begins in the present where the future lies waiting within to be discovered and actualized. The future already exists as a divine potential, a luminous living seed in the Mind of God. Within this seed are infinite and timeless possibilities that are more of a doorway than a destination, as they eternally unfold more. Let us each begin to put our ear to the Heart that we may hear what God is whispering to us and calling us to hear and see, that we may begin to create and realize. From far beyond our present world, a voice and a song can be heard in the ether awakening us from our dull hypnotized daily consciousness to a higher inner dream animating us. It is a dream of Love realized in every aspect of life transfigured. It is a dream of life elevated to a higher supernal plane of oneness and timelessness. It is a dream of life experienced with an intensity and immediacy that floods and fills the moment to overflowing. To realize this dream we cannot be apart from it, but must loose ourselves in it, becoming the dream that flashes like lightning in the sky, lighting up the night. In this light we can now see what we couldn't before. As living spirits, we are divine sparks of God embodying God's nature and purpose. Flashing into existence we bring life, revelation, light and Love to this Earthly sphere. Let us clear the channel to God, that we may bring down the knowing of God, the power and will to fulfill our task here. The moment has come for Earth's deliverance and anointing.

§

232. Experiencing the one Self in others:

The mind creates the reality we experience — God's Mind and our mind co-create it. God creates the physical natural world and we create our psychological experience within it. One mental belief that we unconsciously assume is that others have separate animating consciousnesses. However, this is actually a false assumption. When we release it and choose to believe instead that we have all the same God Self consciousness our experience undergoes a fundamental shift. We no longer identify what people think, say or do — or their ego — as their Self. Then we are no longer troubled by conflicting beliefs, because we understand beliefs are superficial and just have power because the consciousness is giving them energy, reality (or Love). We then shift from identifying on the level of the ego mind, to identifying on the level of the indwelling Self consciousness — the Soul. Then we no longer feel separate from them.

The new belief that we share one underlying consciousness is more of an awareness that is intrinsic to the Self that the old belief in separation blocked. Therefore we don't have to create this new belief so much as remove the old and stay in awareness of the animating Self consciousness. Likewise when we relate to others, if we focus on relating to the Self in others, the dynamic of relationship changes. We give reality to the Self and less to the beliefs and related emotions. As we hear the words and see the movement we may also infer the same relationship to the same Self within as we experience. In this way, being conscious as the Self, we experience oneness with the Self within all and hear and observe the Self in form. This realization reverses our normal assumption that the other has a different conscious self. Because beliefs are creative, when we believed this we experienced its effect. When we release the belief and believe instead that the same Self consciousness is manifesting through the other, staying united with this Self consciousness, we then experience this. It's that simple.

§

233. Resolving polarization:

The polarization of humanity represents the divergence between those who trust external mainstream authority of the interrelated institutions in the global system vs those who trust their inner sense of what is true and right and who stand up for that, because of their concern for the truth and the greater good of humanity, often at great cost to themselves. Those elite authorities promoting globalist views are salaried servants of the system. Those opposed are often forced out of the system and have to earn their living in less conventional ways. Most

reputable journalists, for example, have been forced on to the internet where remuneration for their work is more challenging. Institutions, corporate and governmental organizations fundamentally represent vested monied interests and are less responsive to facts that might undermine their authority and power. We naively believe that our government is democratic but unfortunately it is severely corrupted by monied interests just as the media is owned by these same vested special interests.

It's necessary to hear what all sides have to say, and of course, there are many sources that are not reliable, but I've come to feel that often the aroused and self sacrificing individual is a more reliable source of fact and truth than the salaried voice of institutional dictum. The fact that the establishment has been increasing its efforts to censor, smear and suppress these intrepid individuals indicates that they feel threatened, whereas the truth would not be threatened. These individuals, who may be scientists, medical professionals, journalists, researchers, whistleblowers or citizens with important first hand knowledge are often smeared as conspiracy thinkers, terrorists, trolls, crazies, publicity seekers, and such, rather than actually examining their views and facts. Unfortunately there are real conspiracies occurring in the world but there would be fewer if the media didn't suppress so much. I feel in these tumultuous times it has become especially necessary for each of us to inform ourselves with a wide range of sources and to do due diligent research when needed to come to our own conclusions. Most people want a very similar better world and have differing views merely because they are relying on differing sources. If we all begin to rely on our own inner knowing and broaden our sources of information I feel that we will begin to resolve our present polarization.

§

234. Diverging timelines:

The vibration of the Earth is increasing everyday, as this is its — and our — destiny. We are in a transition from 3rd density consciousness to 4D and then 5D. 3D is represented by a separative ego identity and a basic service to self orientation, although family and tradition are important. Survival, self gratification, success, material affluence and happiness are goals. External authority, laws and rules guide one through a dualistic experience of life. In the higher 4D, love for others and an inner sense of knowing take on greater importance. Spiritual values such as forgiveness, compassion, charity and service are important. People are less inclined to just live with material values and want to live in a just society that works for everyone. Personal growth is practiced more widely and freedom to think for oneself. In 5D one has moved beyond

CSR III: The Divine Self

being a good person to identifying with the eternal group conscious soul — the spiritual self. One is then living on a higher level of unity with the larger divine Life and Consciousness. One's mind and awareness have expanded to include a wider range of information, experience and contacts. Life beyond the physical plane is now part of one's experience. This is a Love based unity consciousness where we are conscious co-creators with God.

Each level of consciousness has its own group that are primarily aligned with goals related to its level. As the 3D civilization we have been living in is devolving as Earth ascends, those polarized at a 3D level are going to be experiencing a lot of fear, stress and change as they try to hold on to the old and outdated beliefs, values and ways of life. These will be more effected and involved in the conflicts and chaos in the world. 4D folks will be some of the world servers who are endeavoring to rectify the problems and suggest new answers. They will be offering help and compassion and are able to see beyond the old assumptions and ways of life. They will be trying to help the 3D individuals accept and adjust to the changes. Those aligned with 5D are not so much trying to reform the old as they are endeavoring to bring in an entirely new consciousness that functions on an entirely higher level of unity with the Divine. This is related to some of the revelations that will begin to totally transform life on Earth. We will have a direct and conscious awareness of the spiritual planes and the various lives and beings who reside outside of our material world. Each group and associated timeline has its own pattern of growth based on goals for each. Up to now these have been simultaneous but will increasingly diverge as Earth ascends until only the 5D will be the dominant culture.

§

235. Overcoming a pernicious assumption:

If people were more aware of their core assumptions and beliefs it would be easier to overcome them. However, the core beliefs underlying our mental programming — the operating system creating our experienced reality — are unconsciously lived and taken for granted as reality. Without realizing that the mind creates our experience we unconsciously assume that the experiences created by our beliefs justify or prove the legitimacy of the beliefs. Even knowing about this causal relationship between lived or identified belief and experience, it's difficult to clarify one's underlying meta beliefs.

For example, we unconsciously assume we are a separate ego self that is part of the body. Buddhism preaches the need for detachment from this ego mind in order to become enlightened and enjoins meditation

CSR III: The Divine Self

practices to achieve this. However, its core assumption regarding the lack and need for mental enlightenment is never acknowledged. Life consists of more than mind. Buddhism ignores other aspects of life that need to be taken into account. Because our civilization has been based on humanity's internalization of ego self programming that is grounded in the concrete mind, we have unconsciously assumed that the mind is the dominant reality, because it is to the ego.

However, we are not really egos. The separate self is an artificial and temporary creation. We don't really need to enlighten the ego mind, we need to connect to and identify with the real Self, and our soul consciousness which is found in the Heart. Many of our core beliefs center around the assumption that we are separate from the whole and everything that results from this. We will thus discover, if we reflect, that everything that we therefore believe is not true as it is all built on a fundamental misconception.

Christianity also preaches a false solution to the dilemma of identifying with the ego — our need to be saved from our life creation. We, as divine Beings, souls, always have the power to create our reality. We don't require anything external to us. We just need to understand how life and the mind works and utilize these properly to create what we really want, that reflects who we really are. The problem has always been false beliefs that deny our intrinsic knowing and power that keep us victimized and seemingly dependent on externals that deceive and disempower us.

Modern psychology likewise, is another system based around our identity as separate egos. Psychology is all about being a more integrated, positive and successful ego, not about becoming a soul and identifying with the whole that the soul lives in. Modern psychology is reductionistic and sees the separate self as the body, and the mind as the brain. It is focused on the growth and development of the human self, not the shift in identity to the soul Self. It has materialistic assumptions that deny the multidimensional nature of the Self.

In this moment each one of us is an integral part of the divine Life and Consciousness that has created everything in the universe and that is within everything. We are not separate — we only experience separation if we believe that we are separate. Release the ego belief in separation and connect to your divine God Self in your Heart. Do not worry about enlightening your mind, about being saved or about becoming more integrated, healed or effective. Open your awareness to the larger divine Self that you really are who is waiting to embrace you in Love and welcome you Home.

§

236. Being interdependent:

The answer to the existential human experience exists in the present moment in the feeling of Love and an awareness of a deeper inner Self. This inner Self is not a separate self but rather a Self that is one within all creation. As such, we experience it in our relationship to the world and all within it. Everything is encompassed by it. Consequently we are dependent on our relationships in the world to supply our needs, which are met as we relate to the Self in the circumstances of our life. As we give of our Self, we receive in a reciprocal relationship of Love and trust, action and reception. We are dependent on the Self who we really are, as we are dependent on others who likewise embody this Self and collaborate with us in unfolding its potentials as we live and joy in the dance of life.

§

237. Awakening to corruption and truth:

9/11 was really a wake up experience for me, and I believe many others. I quickly realized after I did a minimal amount of research that the official conspiracy explanation soon promoted by the establishment about the nineteen Al-Qaeda terrorists who supposedly hijacked the four planes was fraudulent. There were many glaring facts that refuted this explanation that were ignored or suppressed by the establishment and media, and many questionable assumptions inserted in the place of facts. The bottom line realization was very shocking. The fact that the nation had experienced a devastating terrorist attack that despite its military and intelligence power it had not been able to prevent was a shock. But even more shocking was the realization that the entire establishment lined up behind a fraudulent explanation about who the real perpetrators were and what actually happened. One could only assume that it was an inside job, a false flag operation meant to provide a pretext for the planned war on terror on imagined enemies in the Middle East that subsequently ensued. And one was also obliged to assume that the US was no longer democratic constitutional republic, but it had been taken over by a powerful group who had infiltrated the highest levels of government and institutional organizations in the country. They were all complicit and now obviously corrupt.

This realization and understanding has subsequently allowed me to be very suspicious of the power grid of institutional and governmental authority. We know that politics are corrupt because it is somewhat out in the open and the influence of monied special interest groups is taken for granted. The media has also come in for more criticism lately as its

CSR III: The Divine Self

denial and suppression of information has become more apparent along with its increased fake news propaganda. However we may still have believed that other institutions were functioning properly. The global pandemic and the response to it have demonstrated for all the world to see and experience that the corruption of special interest power is widespread. Both the medical and pharmaceutical industries have been involved in perpetrating a fraudulent solution to the man made virus released on the world by the Deep State's bio labs. This was another planned crisis meant to demand a global response of vaccine mandates and lockdowns with resultant loss of freedom and health. Because, as evidence suppressed by the media and denied by the government clearly shows that these fake vaccines are injurious. Thus we now have a global crisis that demonstrates that the corruption and control is actually a world wide problem.

Everything is coming to awareness now to wake us up to the reality of the corruption of power within the global political economic system and its integral institutions. These forces and elements of power have an agenda of fear, division, violence, death, deception, exploitation and subjugation of humanity for their selfish special interests. The war instigated by these forces in Ukraine and threatened in Taiwan have an allied purpose. The culture war being imposed on humanity by the Deep State's woke elite in education, entertainment, media and politics is also meant to confuse and weaken any opposition to its authority. The end result that this powerful group intends to achieve is a totalitarian global New World Order as promoted by the World Economic Forum along with other elite think tanks. The corporate bureaucratic elite will control humanity by AI surveillance and social credit technology which will compel obedience with compulsory injections of DNA altering 'medications' such as the present Covid injections were meant to be. The corrupt establishment is saying that it is all for our own good and that we would be selfish and shortsighted to resist. They say we can trust them. However, the facts speak differently if one will take time to explore on the internet outside the approved sources.

What these tumultuous developments indicate is that we are in a destined transition to release humanity and Earth from the hidden control of the self serving, violent, materialistic and predatory forces that have dominated Earth and the civilizations that have existed here, so that all life can ascend to the prophesied spiritual New Age. As ancient cultures knew, this Age of conflict and separation from the divine has its necessary ending which is happening now. We may expedite this process by seeing what is really going on and taking our naive belief and power back from the worldly authorities who are the servants of corrupt power. They are revealing themselves to be servants of deception. Let

us refuse to comply and believe them, and begin to open our eyes and trust the knowing of our hearts. The transition would happen tomorrow if we all aligned with the truth and the Love of God guiding us.

§

238. Christ returns now through us:

The Love that we feel is more than a feeling, it is the energy and consciousness of God that is one within creation. We just assume it to be a personal experience because we assume that we are separate beings. Love offers us the opportunity to consciously connect to our divine Self who is Love and light incarnate. This divine Self, as it is part of God, encompasses everything and everyone. It allows us to wake up others to their existence in this shared divine Being. We do this by simply being our Self and sharing what are given to be aware of and know in the moment that Love would express. We act in a way as a mirror, reflecting back the knowing of Christ that others might know who they really are. This is a very gentle and peaceful state of being that is without fear and any demands or obligations. We see that we are free, eternal, safe and able to do and create whatever we are given to. In this state we experience the abundance of God and its unfolding ever moreness. Remembering Love and staying united with Love, everything just is and unfolds joyously new.

Everything that we need is given to us as we give. This all may seem incredulous to the separate self who imagines that God is a separate Being, but God is really the one divine Life and Consciousness within which we live and share our common Being. Love connects the separate consciousness to the one Consciousness. As long as we don't remain attached to a belief that we are separate, we can maintain an identification with the one Self of God. This Self is one with light, Love, peace, life, joy and freedom. It is an eternal Being we are incarnating to express and ground on Earth. To do this all we have to do is to open to it and be it. It will manage the 'how' everything needs to happen. The separate self must release its control of the process. In this time on Earth now, we each have the opportunity to connect directly with the one Christ Consciousness of God via the Love of the Soul. It's as simple as centering our awareness in the Heart portal which opens to the oneness of the Whole beyond. That Whole is the consciousness of the loving God that we are each an embodiment of. Let us avail ourselves of this preferred opportunity and shift our identity to the Soul and live in oneness and eternal life and light. We don't have to learn anything to accomplish this. The Age of the Soul and unity with God is beginning now. We don't have to wait for anyone or anything. This is about the

prophesied shift to 5D Unity/Christ/Buddhi/Soul consciousness that will characterize the coming 6th race and civilization on Earth.

§

239. We give life to divine ideas:

I give life to the divine idea that we are all part of the one divine consciousness and being of God because this idea resonates with my nature. This is a beautiful and unlimited idea because God is supernal beauty, goodness, power, and abundance. This idea implicitly implies that we all share God's creative Being to create and manifest like God. To create like God we must identify with and live from the Self of God, the Whole that encompasses everything. We do this by staying centered in Love, which is God. What we then become aware of, know, intuit, imagine and vision we can use the mind to create, express and share. What moves us?, inspires us?, lifts our spirit?, what treasures and visions are revealed?, what songs are heard?, what needed truth uncovered? Our task and joy is to give these form and expression, to manifest the seeds of life that God has sown and would have brought out into life in the physical where we are incarnate. We do this by giving these seeds of possibility our Love and energy, and by birthing them in form. We are thus the creative agents and extensions of God on the physical plane who manifest the divine ideas in the Mind of God.

§

240. Changing one's interpretation of what Love means:

The awareness that I didn't have earlier in life when I felt and expressed love, was that love was connecting me to the larger consciousness of the soul that encompassed the moment. I was interpreting love very personally rather than in the larger context of the divine consciousness that Love was connecting me to. I had loving feelings to express but didn't understand that those loving feelings connected to and were an extension of the divine Self of God. Having this awareness shifts the center of the dynamic of Love to a higher level. I still feel and express Love but also experience opening up to larger life and consciousness that encompasses the relationship. I realize that there is but one Love and that this is divine and eternal. I therefore don't try to become one with the other person but rather one with Self that we are both extensions of.

§

241. Manifesting a vision of the Soul:

When we shift our identity to the Soul, and release our attachment to the ego mind and our separate beliefs, we will be able to create our life as it really is and is meant to be. We will no longer be creating in reaction to anything but will create freely from what we really vision. Conversely, when we get distressed about the problems in the world we are giving our attention and power to the negativity and letting it affect us. When we focus on Love and the Soul that is within the moment and observing us, it may at first seem empty and devoid of specific impressions. However, soon a vision will intuitively coalesce, a beautiful dream of something you want to realize and experience. This will be something that you can begin to focus on, express, live and be. It will have its associated ideas, feelings, and needs to be manifested, forms to be created to share. A vision of our real life as a divine Soul will slowly become a reality.

§

242. What's all the tumult about?

What's going on in the world? If you just access the mainstream media you're getting a very truncated and distorted idea of what's happening now. Actually one can't really understand what's happening on Earth now from the establishment's secular perspective because we are in the midst of a spiritual transformation. The crises and tumult look bad but underneath something wonderful and destined is transpiring. As ancient cultures and religions knew, time and civilizations proceed in cycles. We are at the end of the time of the domination of humanity and Earth by negative, selfish materialistic forces of fear, violence and exploitation that have characterized history. Earth is on the threshold of a New Age.

Vibrations are rising. New spiritual energies are infusing Earth and offering an expanded experience of reality. The ego matrix that has circumscribed our thinking is dissolving. Angeles and benevolent extraterrestrials are covertly intervening to remove the negative elements and help safeguard and manage this transition. Hidden evil that has infiltrated every aspect of our global political economic system is beginning to be disclosed. Whistleblowers and truthers are coming forward around the world and on the internet to share their information. There is an Earth Alliance of military, civilian and galactic forces that is actively battling and defeating the negative cabal controllers and preparing plans for a new global political and economic system to replace the current one. There are a number of new technologies that are going to be introduced like free nonpolluting energy that will revolutionize life on Earth. In just a few years everything will be quite different and better.

CSR III: The Divine Self

Most people are still asleep and too indoctrinated to understand what is going on. They don't know that the 'pandemic' virus was deliberately created in the Deep State/cabal's bio labs to justify the injurious lockdowns and 'vaccine' mandates as a means of reducing and controlling humanity. The 'vaccine' is really a DNA altering injection that the cabal intended to use to kill and make surviving humanity more compliant. Their goal is an AI transhumanist totalitarian New World Order controlled by the powerful few. The World Economic Forum has been grooming world leaders to fulfill these aims of a Great Reset. Of course all the global problems now are the cabal's doing — wars, shortages, disparities, injustice, suffering, the woke culture war, ecological devastation, etc. — to keep humanity confused, divided and in fear — and not being able to defend themselves.

Inform yourselves and prepare for a bumpy but exciting ride into a new reality beyond our hopes and dreams.

§

243. Giving life to ideas:

The soul makes known divine ideas that it would give life to and manifest.

One idea given life by the divine soul is Oneness, Unity. The soul encompasses everything on the physical plane. It is all within and given life by the soul. The soul is also one with other souls even though they may channel a different Ray energy. And one with God, its source and Creator.

All are united in one Purpose. Purpose is another divine idea as a name for the Will to fulfill God's intention.

Love may be another divine idea as a name for the animating energy and consciousness of God.

I seek to embody Love, Oneness and Purpose.

§

244. The shift from Sixth Ray to Seventh:

In the shift from the Sixth Ray Piscean energy to the new Seventh Ray Aquarian energy, we are transitioning from focusing on ideals held in the concrete mind that are conceived in separation from the whole, to expressing and manifesting ideas that the soul wants to give life and form to from a consciousness that is now focused on the soul, who is one with the whole. This shift is from personality to soul; from ideal to soul awareness; from separate intention to the intention or plan of the larger life of what is needed to manifest, and using the Will, to

precipitate it into form. We, as soul, become co-creator with God, rather than we, as personalities creating from separation.

§

245. Releasing separate intention:

What we do to or for others we do to or for our Self because the other is part of our Self. As long as we are thinking and identifying dualistically we shall remain in separate consciousness. When we decide to see the other as part of our common Self, and fulfill the will and intention of the one Self, we shall then sustain our consciousness and life in God.

§

246. Love and the dark forces:

Love is the divine Force of God moving humanity (and all Creation) to consciously reunite with God and then to extend Love with God into the world to further unfold Creation. The dark materialist forces of separation and deception would sexualize Love, and bring down and debase what would be lifted up and glorified. Love seeks to see its Self in the other and unconditionally foster Love and unite with that Self, without thought of separate need. Sexualizing Love is about making it about personal pleasure that one gets from the other, using the will. The dark forces would substitute desire and the right to experience pleasure over the need to Love and consider the good of the other. Thus they seek to overthrow all taboos established to protect the other. Sex is really about the creative force that needs to be aligned with God that we may create with God.

§

247. Peace:

It is a great blessing and relief to feel the Peace of God that informs us that everything is good, safe and imbued with eternal Love and Light. This is not a static Peace but a joyous ever new unfolding moment in the infinite Life and Consciousness of God. This is a Peace that is the open door to wonder and revelation beyond conception. This is a Peace that encompasses everything that ever was or will be in something even more beautiful. This is a Peace that is even now within us and the world.

§

248. Awakening to the Light:

The Light of God is increasing, filling all Creation and waking us up to who we really are in Truth as embodiments of this infinite Light. We are

in our Home in this Light that we have never been separate from, except in consciousness. Now, however, we are consciously reuniting with the Light and Love of God and remembering who we really are. The seemingly separate forms of Creation are united in the encompassing oneness of God. The form is merely where we manifest the oneness of God. As we wake up to the Truth, we will cease fearing the illusion of conflict, and will affirm the Love, Unity and Abundance of God and create that. Fear is the dream of separation we are awakening from.

§

249. The last days of the futile beast:

The pronouncements of the beast will become more extreme and absurd until most people will have no choice but to reject them and the authority they had carried. The explanations, the proposed solutions, the narratives and the contexts will be seen to be so unreasonable, untenable and ultimately to be lies that will increasingly conflict with the facts being disclosed everywhere and everyday. The choice will be between continuing to believe and suffering more restrictions and hardships, or choosing to stand up for needed change and the emerging truth. The hypocrisy and deception, the corruption and evil will no longer be possible to deny. A great wave of outrage will sweep all the miscreants out. New forces and voices for the common good will be heard and embraced. A tsunami of new positive events will begin the hopeful transformation of the entire landscape of Earth. The long prophesied and awaited New Age will arise like a new dawn after a very long dark night.

§

250. Shifting from thinking to feeling:

When we move from identifying as ego to identifying as soul, we shift from acting from thought, belief and emotion to acting from an intuitive feeling awareness. This is an awareness beyond thought that is attuned to what is experienced inwardly in several ways — as a sensation, a voice, a feeling, a vision or imagination, an intuition, a movement that is animating or impulsive, an intention or will to do something. By attuning to this inner felt sense we are aligning with the soul, our inner authentic being, and beginning to move in the living flow of its life and consciousness rather than just living from the ideas that we have internalized from our conditioning, which as often as not, do not reflect our deepest self. It's easier to notice the voice and knowing of the soul if we take time to go within the Heart where we can connect with the loving consciousness of the soul. Peace and silence away from the noise and distractions of the world are also helpful to notice this subtle

energy. Then as we begin to attune to the soul it will help to begin to put in practice and live out the guidance that we begin to receive. This builds the soul's energy into our being. If we don't incorporate the energy it will dissipate. Just as the ego lives by thought, the soul lives by a felt intuitive awareness of what it is actually experiencing. This is always present moment focused. Thus the soul is always fully engaged in life while always attuned to what it wants to bring into this life. For the soul is a creator whose purpose is to manifest God's living seeds of possibilities.

§

251. Opening to the Heart:

When I open up to the inner Light and Love in meditation I have a sense that our soul is pure Light, Love and divine Intention implicit with wondrous possibilities that we are meant to realize and manifest. I also get a sense that the soul is one with all souls and the divine Life and Consciousness of God. I further intuit that it is possible to stay centered in this consciousness and begin to live as the soul by trusting its felt intuitive knowing, and by expressing and doing what we are given to. This is something that is already within us waiting activation. Love will guide us as we release our ego programming and begin to live from the Heart.

I feel if we listen to our Heart we will realize that we are not only all connected, but are actually part of a common divine Life that encompasses all Creation. This Love moves us to act in ways that affirms that the good of others and the good of the whole is our good. Love affirms the beauty, joy, peace, freedom, harmony and bounty of the divine Life that we are meant to align with and experience. Love guides us to a deeper place of Being where we can merge and become one with the divine Life and Consciousness. From here we co-create with God the new creation that would be unfolded now. Now we are collectively at that moment in time when God is consciously moving into the world and us through our awakening awareness. Let us realize that this entails the birth of our divine Self from the sleep of unawareness and separation and our assumption of our divine co-creative function.

§

252. Needing to embody both Love and Truth:

To become fully who we really are we must embody both Love and Truth, because these are inherent in our soul and spirit. Love affirms our unity with the divine Life and Consciousness within all Creation. Truth affirms our capacity to be sovereign co-creators and to manifest what

God wills. The negative truth is that we have not embraced our oneness with God, our knowing and power and have let ourselves be deceived, victimized and used by negative forces that are controlling our thinking and our civilization. To free ourselves to become whole and reclaim the divinity of our soul we must renounce the false ego programming and via the Heart return to true knowing and identity with our eternal inner soul. To accomplish this we must recognize the hypocrisy, deceit, violence and harm being perpetrated by the world's globalist authorities and take our power back. Embodying both Love and Truth we will create the New World that is destined to be.

§

253. The Sacred Heart:

Mary's Heart is immaculate because it is devoid of thought or intention separate from God. Jesus' Heart is sacred because it is the one living Heart of God that informs and animates all life. The Heart is sacred and immaculate because it is an eternal unquenchable fire that purifies and sanctifies, vitalizes and ennobles. It is moving within all creation, carrying it toward a wondrous consummation beyond conception. It is the Consciousness of God which is Love.

§

254. A fundamental choice:

In every moment we have a choice to create and have an experience of peace, Love, light, divine unity, freedom and joy, or to choose to experience and believe that we are threatened, lacking, confused, vulnerable, temporal and separate from God and each other — the ego. There really seems to be no good reason to choose the latter option, except that everyone around us believes that this choice is the only reality. We consequently feel pressure to conform and fear of being attacked if we don't. Naturally we will distance ourselves from this insanity so that we can be at peace in God. The critical issue determining which outcome we experience is what we choose to Love or give reality to — either the fearful belief in separation from a threatening 'other' or to the Loving divine Life within all. As long as we refrain from identifying with the dualistic concrete mind which separates the wholeness of God into fractured polarities of self and other, good and bad, right and wrong, etc., we can remain in oneness and experience this encompassing the seemingly separate forms of physical life. We can experience relationship and oneness at the same time. The experience of fear, judgment, guilt, attack, bitterness, inflation, sadness, loneliness and many other human emotions shows us that we have chosen the ego rather than the Self of God who we really are. However,

this is not an irredeemable choice. The suffering entailed in it tells us that we have chosen what God would not have us choose. Let us then make a different choice — and choose the Heart and Self of Love which is one in God.

§

255. The mystery of Life:

I am very grateful to have time to reflect on the great mystery and beauty of life. It's too easy to just run from one activity to the next on our very short sojourn on planet Earth, without stopping to really open our mind or Heart to contemplate what this is all about. Our noblest feelings tell us that something wondrous, magical and timeless is interwoven into each moment — that there is some secret knowing which could reveal the meaning of it all. The many concepts used to explain somehow are never sufficient. What we seek is something felt and experienced — a touch of God, a moment face to face with the Source and Reason for it all. Love ever entices us on, opening doorways, revealing new realms and vistas in the eternal and infinite Mind and Life of God while ever drawing nearer to some inward point of origination, of majesty and power breathing in the silence.

§

256. Just Being:

When I reflect on what everyone is expressing, I get an impression of us as souls, noticing what we feel and in particular what makes us feel good, alive, peaceful, inspired, harmonious, joyous, etc. Being in nature helps as nature is alive, but every moment is alive and filled with the presence of the conscious awareness of the soul that is imbued with peace, love, light, freedom, connection, unity and joy, among other divine qualities. It naturally feels good just to be and to freely express our awareness. The soul lives in the eternal awareness of now. Thought comes after to express it. How many moments of our lives have just been like this — expressing our appreciation of the blessings of the moment, conscious of being alive and present. One wonders what greater accomplishment and meaning could be created from this conscious community relationship, except to acknowledge the larger whole that we are all encompassed by.

§

257. Creating a living ecology of being:

Our present civilization is an artificial creation, conceived in separation from the divine we are part of. We have got to create more from a soul

awareness that is one with the divine life and consciousness. This would naturally be more from a heart centered awareness that respects the divine integrity of each living being and endeavors to foster this. We would create a living ecology where each is provided his needs and given the freedom to be his unique self and fulfill his God given function.

§

258. The Great Awakening:

The gradual infusion of new spiritual energy into Earth is facilitating a collective awakening in humanity. This is an awakening to the Truth. What is the Truth? It is an awareness of our connection to God — the Divine Life and Consciousness within and encompassing all Creation. This fundamental experience of Reality has been lacking in our ego identified civilization. Our entire belief system has been largely an untruth reflecting the dualistic notions of a false self which has resulted in the artificial global system with its intrinsic conflicts and suffering. We may have believed in a God we felt separate from, but have not experienced an ongoing unity.

Awakening to the Truth implies realizing that we each, as souls, are equal divine sovereign co-creators with God who have an inherent role in fulfilling God's Plan. This awakening to the Truth concurrently requires that we awaken from the untruth, which is the world's ego matrix belief programming that has constellated in the global laws and institutions that structure our lives. It is reflected in the ideas promulgated by the establishment through its various institutions — media, education, entertainment, science, politics, etc., — that we have been indoctrinated by. We will need to transform this world to reflect the Truth of the divine Love, Will and Harmony that orders all Creation. Then Truth, as well as Love, will characterize our lives and our civilization.

§

259. A collective process of discovery:

I feel we are all opening to the same Truth, Life and Consciousness that we are each expressing in our own unique ways with our own unique interests, that enrich the whole. The sun of the new Day of divine Unity is rising above the horizon and transforming our experience of ourselves and our reality. My experience is that the New World/Age of Christ conscious soul identity is actually a hologramic divine vibration or space that is within all creation. It IS of the eternal now and thus beyond time. When we join with it we join the one divine Self within us all. As we focus on its seeming emptiness we intuit a felt knowing that will guide us. Therefore this space or dimension of reality is actually a living

Presence and part of God. We may live from here and shift our identity from thinking we are a separate temporal person to being who we really are as a soul that is one with the larger divine Whole. From this place of oneness, Love, light, harmony and peace we may then express what we become aware of that Love would have us share. By giving it appropriate form we co-create with God that which God would make known and manifest now in the world. We are the co-creative extensions of God on the physical plane who are to create with God, rather than from a separate agenda as humanity has been doing. The seeds of possibility waiting to be activated by us are supernal dreams of beauty, magic and wonder that we will bring down and make real and be interwoven in the new civilization that we are destined to create.

§

260. The problem with ideals, 'shoulds', and belief:

We are eternal souls who are part of God — the living divine Whole — who incarnate in male or female physical bodies that we then identify with as our separate personal self, forgetting who we really are. A personal or ego self is a structure of identity that is established in the concrete level of the mind that is constellated around the fearful beliefs that we are separate, vulnerable, threatened, lacking, deficient, guilty, and dependent for our happiness on what we can get or achieve from the external competitive world, which operates on a survival of the fittest basis. As the ego self is based in the mind, we give primary reality to what we think and believe in how we live. Just as we think we are who we 'believe' we are, we think we 'should' do and be what we 'think' and fulfill the ideals that we have internalized from our conditioning in our long acculturation growing up to adulthood.

This is a problem psychologically because we really are more than the ego self with its false internalized beliefs that it endeavors to fulfill and realize. The soul is holistic, living and multidimensional and cannot be confined to the two dimensional ideals of the ego. As long as we are living by and within the belief system of the ego we shall experience stress, difficulty being totally and freely ourselves and integrating our experiences. The ego can never be the perfect ideal self it wants to be because this is an artificial image that confines the soul. The ego is always trying to control life to fit in with its ideas of how life is and should be, and this naturally creates stress, difficulty and dualism. It's going to feel inflated about some things and deficient and guilty about others because no matter how much it achieves, it will never perfectly achieve its artificial ideals. This ultimately is exhausting and discouraging.

CSR III: The Divine Self

The solution to this dilemma is to tune into the intrinsic knowing of the soul which is accessed through an inner felt sense, feelings and intuition. In reality, the mind thinks but only the soul really knows what is right and best for an individual. Therefore, psychological health results from establishing a balance between the mind and Heart, thought and feeling. The mind holds abstract principles, but the soul lives in an eternal now that can provide guidance in every moment as to what is right, best and appropriate. As we learn to listen to our inner knowing we will be able to navigate the confusing complexities of the mind and life, because only the soul knows — the mind merely thinks and believes. Once we understand this — which we are never taught in school which just emphasizes the mind — we can live life much more happily. We cease trying to realize the world's ideas and live a life of being true to our soul self, being whole and at peace.

The soul only contains good, positive qualities. We don't have to strive to be good, we are good and loving souls. We just have to align with our inner self and be who we naturally really are. In this process of living, many thoughts and emotions will arise in one's awareness. However, the soul is not bothered or concerned with these because it knows that it is always more — a larger beautiful divine life. It's ability to accept everything with equanimity that the ego experiences is one of its superpowers. You can also have this superpower and never again be troubled by insecurity, self doubts, feelings of inadequacies, weakness, confusion, inferiority, etc. You can admit all these thoughts and emotions knowing you can't be judged or held by them — you are really more. Like an eagle you will rise above the everyday state of mind to soar in the sky of eternal light, Love and life divine.

§

261. Divine spirit:

Our divine spirit embodies freedom and the original pure light of creation. Our spirit is free of all bondage, attachment, obligation, limitation, and conception. We are born new in the unfolding eternal now. We are free to be newly our Self in each moment. Our spirit moves without hindrance throughout creation, animating, impulsing, embracing, lifting, creating, transforming, and revealing. Love is our nature, joy is our expression, peace surrounds us and light extends before us. Beautiful is life lived consecrated to the spirit within us.

§

262. Love will guide us:

I'm noticing that most of us — and the average humanity that I am experiencing — are relating to each other with greater kindness, humility, compassion, authenticity, sympathy, and decency, among other loving qualities. I feel that on perhaps a subconscious level we know that we have to stand together and are sensitive to an awakening process that is going on around us in this momentous time. This is making us more appreciative of our connections with each other, our commonality and our need for one another and the bonds of human love and good will. We are more aware of what is good and supportive — nature, beauty, life, friends and family, and world servers who are endeavoring to help.

I feel this loving awakening process is opening us to a greater measure of truth about the real nature of our life as divine souls and concurrently about the false ego matrix we have collectively internalized and thus projected and created as our experience in the world. We thus have to release the ego matrix mind with its false assumptions based on fear and separation and consciously connect with our free sovereign co-creative divine soul and begin manifest the dreams that God/we would make real now in this dawning New Age. As the Heart is the seat of the soul, Love will guide us.

§

263. Staying aligned:

Communing via the Heart with our soul self, let us remember that this is who we really are when connected to the divine life in all creation. No matter how glorious our meditative experience is, it matters little if we then return to our habitual ego with all its intrinsic beliefs and assumptions that the mind then projects and creates. Meditation must become more of an ongoing alignment with the light and Love of one's soul self. Staying centered in the light, Love, peace and power of the soul we can then see and experience these qualities in our circumstances. They are aspects of our reality as soul that supersede the dualistic ego illusion we have been giving reality to. Let us endeavor to live from this place of unity, trusting what we are given to feel, know and do from the silence and stillness within. This requires releasing our attachment to our thoughts and preconceptions so that we may have a unprejudiced awareness of what we are experiencing within. Only then do we formulate it into an appropriate form to be expressed and shared. Each moment, in this consciousness, is new and reveals the unknown — an unknown sparkling with jewels waiting to be discovered within the divine Life and Consciousness of God.

§

264. The occult roots of oppression:

Oppression — the violent misuse of power and intelligence to discriminate against, disempower and subjugate — has been so prevalent as to be a characteristic of Earth's civilizations up to now. It comes in many forms — political, economic, financial, informational, educational, cultural, social, racial, gender, sexual, ethnic, classist, 'woke', etc. It has its basis in the control of humanity by dark, selfish, violent, materialistic forces and entities that are predatory. These operate in a hierarchy ruled by evil extraterrestrials overshadowing human minions who are the shadow powers behind the global political economic system.

These influences have subtly infiltrated and control the dominant institutions and structures of society. We call these the Deep State, Cabal or Illuminati families. They operate using deception, coercion, intimidation, fear, and dark technology to keep humanity divided, ignorant of what is really happening, disabled mentally and physically, and disempowered. Oppression is only part of their agenda which is to enslave and prey on humanity and use humanity to dominate other planetary races. Religion has always posited the existence of evil. This evil is a structural fact on Earth — and in the universe.

Unless we understand the exopolitics underlying oppression on Earth, we may think it is about one human group against another. In fact, oppression fundamentally concerns the oppression of humanity as a whole that is manifested in multiple ways. Fortunately, a divine spiritual intervention is now removing the evil overlords and disabling their mind control matrix. It is now up to humanity to take back the power and authority it has unconsciously given to the ruling elite and reform our corrupt civilization. God has decreed that Earth will become the truly spiritual place it is destined to be.

§

265. Focusing on the Whole:

As we align with our soul self and spirit, I feel we will gradually cease referring to the ego matrix reality we are leaving, and will become increasingly absorbed in the divine reality of love and light we are moving into and creating. This is a reality that has relationship but without the conflict, duality and separation that has characterized human experience up to now. Relationships will all be now encompassed in an all pervading divinity. It is a unity that we are part of and experience within as a continuum. This is related to shifting from an

external based projection of the mind's delusion to an internal based extension of a Heart consciousness that is part of God. We shall all see and experience one another as embodiments of a shared spiritual consciousness and life. We shall thus be less inclined to divide life up, compare differences and think 'about' life as if we were separate from it, and will more express life directly as we feel and know it. We shall see and experience oneness. Our concern will shift from the personal self, to the divine Whole.

§

266. Trusting our feelings:

I have a feeling that as we connect to our deeper authentic inner self, that we are actually connecting to a shared divine consciousness of Love, Light and Intention. We are awakening from who we believed we were as separate people to who we really are as eternal soul. The Light in this present reveals our purity and freedom from the past and all judgment. The Love reveals our oneness with the divine Life within all creation. The felt Intention reveals our co-creative role in bringing forth God's and our dreams of possibility that are within us waiting to be discovered and manifested. We are on the threshold of revelation and the birth of a new Era and new Earth that we will collectively co-create as we trust what we are feeling, intuiting and knowing within.

§

267. An imminent divine embrace:

My experience is that knocking at the portal of our Heart is a divine Being waiting to embrace us in Love. This Being is who we really are once we release the belief that we are a separate personal self. This Being is the source of all our feelings and knowings. As this Being is one in all of us, we can know oneness with all. As we shift our focus and identity to this divine Being within, we experience peace, oneness, light, love, freedom, power and joy. We see and experience the Self of God in all and call it out. We all now can access and embody the Christ consciousness of our soul Self. As we do, we shall manifest a new reality that has always been here but which has not been collectively shared yet. We shall live in unity, harmony, peace and abundance, creating the new forms of consciousness and life that will characterize the New Era we are moving into.

Simply by staying in oneness and expressing what we feel, intuit and are becoming aware of in the living moment, we let the Being of God unfold and create the path forward. Love is God revealing the sublime treasures awaiting discovery. Are we clones if we embody one Being?

No, each has the freedom of the universe to explore and express whatever. Each fulfills a unique task individually determined by what we love the most. What is most beautiful and moving? Our spirit calls us there. First we unite with the soul, then we are lifted on the wings of spirit into the supernal realms in the Mind of God where have our eternal Being.

§

268. Overcoming matter:

When we incarnate, we embody forms of matter that have been qualified with a separative intelligence that allows them to maintain their coherence. This separative will has to be overcome by the Christ force within causal consciousness in order for the consciousness within the form to consciously establish a clear channel between the Source and its form. Then the form can become a transparent expression and embodiment of the Soul and the Spirit. The personal self can only do so much to establish this oneness. Eventually it has to surrender to the Soul and allow the Soul to unfold in its own way as impelled by Spirit. Soul is the divine consciousness that is one with the Whole, Spirit is the spark of God animating, impelling and fulfilling its will. When we are no longer acting on the basis of our judgments or our self will and only live by the Love and Will of God, then we have become who we really are as a divine spiritual Being in manifestation. Then we do our part to redeem matter and resurrect consciousness. By Christ all is accomplished. We only have to choose Christ and embody Christ whose consciousness qualifies our divine Self.

§

269. Waking up from deception:

Humanity has been educated, or rather indoctrinated, to naively believe that society legitimately works as it is supposed to. Because our education and communications institutions — schools, media, entertainment, advertising, bureaucracy, etc. — are owned and controlled by the interlocking owners and controllers of the political economic system, they naturally program and reinforce narratives to justify the legitimacy of the status quo. However, if we would dispassionately examine any societal institution we would be shocked to discover that its rationale and purported purpose is usually quite different from what it actually accomplishes. There are glaring discrepancies between ideal and action. The end result when the overall pattern of hypocrisy and deception is considered is that we are being misled, deceived and used by the powerful few who control and benefit from the system. Naturally this awareness is being suppressed by the

CSR III: The Divine Self

system so people are frustrated and disempowered. What are needed are more whistleblower disclosures, wider access to information, less censorship and top down control.

As the problems in society become more acute it becomes harder to misrepresent, distract or misinform. People's lives become more severely impacted and they become more invested in finding out the truth. This is where we are at now, with the turmoil and crises indicative of fundamental problems in the global system. These are serving to wake people up from their naive delusions and address what is going on with an open mind. Naturally the authorities are endeavoring to censor, smear and intimidate those who are questioning the establishment narratives. We are discovering that corruption is endemic. Fortunately we are also realizing that the mass of humanity is sound and capable of allied effort for the collective good. The mainstream media's bias and suppression of information seems to be the biggest issue at the moment, because if people knew the truth, they would be more agreement about actions necessary to redress the problems.

§

270. Standing in the Light:

In peace, I am going within and visualizing being in a down-flow of the supernal Light of creation that is washing away all attachment, thought and emotion. Now there is only Love and what IS. Now there is no fear or sense of separation. Now I am that I am. And in looking around see others who, like my Self, have incarnated here. Let us share with each other what we are experiencing, desiring, feeling and knowing. Let us avail ourselves of this opportunity to create in Love our deepest dream and highest vision. Let us awaken to who we really are and what we really want now. Our cooperation in this shared adventure is essential. From the highest eternal realm we have come here for a purpose to manifest God's designs. Let us proceed.

§

271. Progressives and the Deep State:

It is surprising that so many progressive people are aligned with Deep State narratives represented in the mainstream. The Deep State, as the hidden power behind the establishment, utilizes the institutional elite and global leaders to carry out its agendas.

Progressives tend to be intelligent, educated, liberal and more affluent. They are more apt to have a secular belief system and be more spiritual than religious. They strive for more universalist and global values and

thus are less traditional, nationalistic and parochial. The beliefs and values they hold are the result of what they think more than being instinctual or emotional. They are the avant- guard and cutting edge pioneers. They are more naturally aligned and co-opted by the educated globalist elites who hold positions of wealth, power and privilege in world institutions. They have more readily adopted the new woke ideology that is being promoted as progressive, liberating and just.

Average humanity, by comparison, trusts more their instincts, their traditional nationalistic and religious values and their emotions. They are less willing to sacrifice for a 'greater good' when they see that it is actually costing them, by damaging their communities and their faith, loosing income and wealth, and restricting their freedom and rights. They are not the elites who are getting rich or famous by the 'progressive' changes being enacted. They feel more like besieged outsiders who are being betrayed by the corrupt insiders who are the institutional elites. Currently they are more likely to be the Right wing patriots, truthers, conspiracy thinkers and conservatives who are battling institutional authorities, globalist Deep State bureaucracy and intelligence agencies, censorship, mainstream media, and the PC culture war. Average humanity are beginning to see through the hypocrisy, deception and public relations and notice what is actually happening by the daily disclosures on the internet and social media.

§

272. In the moment:

We are ascending in each moment, with every breath. Life, creation and consciousness are unfolding, expanding. In every moment we have a new opportunity to connect in Love with what IS and create a new experience of what we really want and to consciously participate in creation.

We are no longer separate. We are connected to a loving Presence within. Imagine this Presence as your beloved. Imagine sitting together in a perfect moment having everything you could want or need. What do you want to create next in an even better moment? Because there is always more. What do you want to express and share in Love?

We always begin anew with what IS, which has a knowing that we can access and share. We create our experience based on our shared knowing and participation in our common life. Whatever we are given and aware of we can manifest. We can cooperate with each other in this process by sharing what we Love — by seeing one another in this perfect moment.

§

273. Like ‘a thief in the night’:

Paul said Christ might return ‘like a thief in the night’ and so he has, for he now is already within us awaiting discovery. As we focus our awareness on our Heart we will discover the knowing, will and Presence of the Self of God within. It is our knowing and will once we claim Christ as our Self and release our separation and separate beliefs. This awareness leads to a choice to be devoted, to be and to become by the expression of what we become aware of. This is a state of sharing in unity.

§

274. The shift to 5D:

We have read a lot about Earth’s ongoing ascension to 5D vibration and unity consciousness. I feel this implies humanity will not only functioning on a higher, more inspired, light and love filled level of reality where we are more aware of the multidimensional realities of the cosmos, but that we are also becoming more centered in an inner unitive consciousness that is the divine living Life and Consciousness within all. This latter awareness will entail our shift to identifying as the Christ conscious soul that is our eternal Self consciousness, which is one with the Whole of God. We shall thus shift from separate ego consciousness to a consciousness that is an integral part of the larger divine Whole. This will entail a shift in how we live. Instead of having to strive, to learn, to control and achieve, we will merely have to be open to our soul being, to trust it, surrender to it and express it. The Self intrinsically knows — we just have to open to it, attune to it, formulate it and embody it. We will begin to co-create with God rather from a separate ego agenda as humanity has been largely doing. This change will trigger and release many revelations, new awarenesses, capabilities, technologies and powers.

As we awaken to truth now in the world we are discovering that this has both a negative and a positive aspect. The negative truth is that we have given reality to fear and allowed ourselves to be deceived and believe that we are separate from God, eternal life and each other and needed to live by laws other than love. Thereby our artificial civilization was created and our suffering from the elites who control this global system. The positive truth is that we are collectively awakening to the divine truth within that we are sovereign co-creators who are destined to create heaven on Earth — a new spiritual civilization of love, unity, abundance, harmony, freedom, beauty, joy and goodness. This great awakening now occurring presages the transformation of life on Earth and in the cosmos

— for the changes on Earth are part of a larger spiritual evolution in the galaxy. God is emerging through us to consciously reunite humanity with its divine Source. Christ is knocking on our Heart, waiting to embrace us, to reveal to us who we really are as a divine being.

§

275. Something new and destined is now present:

The difference between our past and our destined future is the simple awareness of something that is here now in our present. This is a subtle something whose vibration is getting steadily stronger until we can not fail to notice it. Some are becoming aware of it now and it's power to transform one's experience and one's life. This something is another level of reality that is the holographic Presence of the Divine. We experience this as an awareness of a deeper connection with one's self, and it is that. Although, we are going to discover that this Self is integral to the larger divine Life and Consciousness within all. To really avail ourselves of the opportunity presented by this awareness we must shift out of a separate ego focus to unite with this deeper holistic Self. This can be accomplished by moving from the head to the Heart and the Love that is intrinsic to the divine Self. In Love, which is one in all, we are joined in unity. This unity with the larger divine Life and Consciousness within is our newfound soul consciousness that we can now live from. This new something is a doorway to a new way of life, and by beginning to live as the soul in unity by trusting its intuitive knowing, we will co-create the New World.

§

276. Bringing Heart knowing to conscious awareness — sharing some impressions and intuitions

I would like to express gratitude for the love that has been shared that has blessed us; for the light expressed that has revealed that everything is good, safe and connected; for the joy in life ever new and the beauty of it. I feel that we are in a new time now with new opportunities to create something wonderful that has been destined. And that we can all participate in this co-creation simply by expressing the Love we feel and are.

I feel that in every waking moment we have an opportunity to become aware of God who is the Source of our consciousness. We become aware of God not as a separate other, but by becoming aware of what we are part of. We join with God by uniting with the Whole encompassing everything in Love. Everyone has the same Source. Every moment is saturated with the same loving Presence. The only thing

CSR III: The Divine Self

really blocking our awareness of God is our habit of identification with a separate ego self. Unity with God is a new state of being which is ours now to choose. This is living as soul, one with the Whole, rather than as a separate personality. This is the shift that I feel many of us will experience in this new Era.

This opportunity is for more than just individual ascension. It is for collective ascension — our embodiment of who we really are as extensions of one divine Being. It is an opportunity merely to accept the truth of who we really are and what is real. Staying soul centered we will formulate our Heart awareness and knowing. Freeing ourselves from fear and totally expressing all that we are, we will realize the dream of collective oneness. All will be part of the one divine Life and Consciousness. I certainly expect that before long we shall all live in love, harmony and abundance, free to realize our God given dreams. We will create an interrelated loving global community with our family of souls on an ascended Earth. This is to recreate something long forgotten but that we are now remembering — a familiar sense of home, of the divine rightness of things, of the beauty, joy, and harmony of all life. The forms will be perfect as they will spring organically from the divine Source. As we share from the Heart with each other, we will recall our perfect home and begin to recreate it.

§

277. Attuning within:

As we attune more and more to what is within our soul self, we will be less affected by what is external to us. We will be able to extend what is within that it may be experienced and seen externally. We will thus be co-creating the reality that we want to live in rather than the artificial one we have internalized and been conditioned by. As we tune into the Heart's awareness and knowing we will be inspired by glorious possibilities, dreams and visions that the Love of God offers us. We will align with divine Life and all the joy and beauty within it. This is an ever new font of animating Light. As co-creators with God, it is our task to channel this inspiration and illumination into appropriate forms that it may be manifest and known. The Earth will become spiritualized and begin to have an evolutionary effect in our solar and galactic environments. Earth will join the Galactic Federation and take our place in the divine scheme. Centering our awareness in the inner space of the Heart will have repercussions in outer space.

§

278. Planetary liberation:

Does an event or circumstance generate fear? Then it has been created by the Deep State. Let us then divest ourselves from fear and from giving energy to anything associated with the Deep State agenda. If this is war, then we need to deescalate and mediate. If it is another virus, then we need to step back from the establishment's lockdown and vaccine mandate solution. If it is a shortage then we have to band together to simplify and become collectively reliant. If it is a financial crisis we must move away from reliance on the present system and the collapsing fiat money and join the new gold backed BRICS system. If it is more misinformation then we must rely on alternative sources of information and our inner sense of truth. If it comes in new repressive, coercive laws and policies then we must stand up for our rights, freedoms and the truth. Fear is being deliberately promulgated by the Deep State elite controllers to prevent positive reform of the globalist political economic system that is collapsing. We must choose to stand in spirit for the love of all we hold dear, and the future we would leave for our children. God is supporting us in this endeavor as Earth is now being liberated.

§

279. Meditation in the Heart:

Consciously connecting to the Heart, the soul Self and the loving God within all, I naturally want to sustain this focus in the eternal Love, Light, Life and Being of God, while also cooperating with others to manifest the ideas, intentions, realities, processes and possibilities that God would have realized. As we are extensions of God, these are also our deepest dreams and hopes, which Love would bring forth.

We are in a period of collective awakening and ascension where we are freeing ourselves from the ego matrix programming that has circumscribed humanity's experience of reality. Now we are becoming more aware of the multidimensional capabilities of our Self and the nature of the larger spiritual universe where we exist as free sovereign co-creators with God.

We are moving beyond the experience of fearful separation that has characterized our human self and beginning to embrace the infinite and timeless Being that we are. We will no longer attach or identify with preconceived thought but rather use the mind to create what we inwardly sense, know, feel and intuit. We reflect the nature of our Creator God on the physical level where we have incarnated.

CSR III: The Divine Self

We now can identify with the Consciousness within Creation, with the Whole, while incarnate. Within that Whole we will discover that which is our particular interest and joy in exploring, experiencing, expressing and creating. This will be unique for each of us. As we simply share and Be our divine Self, we will play our part in unfolding the New Creation that humanity will manifest in the universe.

It's all within us now, awaiting our discovery. To find it we must leave the ego mind and our internalized beliefs and enter the Heart portal where we connect with another level of Being where our soul Self resides. Here, in the unknown now, we become aware of our Christ Self and the divine Life and Consciousness within all. We discover we can live from here, from this deeper authentic Self.

§

280. The mind's purpose is to manifest the Heart's knowing:

The Heart knows, the mind gives form to that knowing that it may be created, manifested, and shared. This entails co-creating with God, because our knowing comes from God. In our present artificial civilization we have inverted this process and have created and endeavored to make real what we have believed in the ego's separation that we have then projected on to God's reality of the Earth we live in, thus creating a reality in conflict with who we really are in God. Thus making fear seem real rather than divine Love.

It is important when living from the Heart, in unity with God, that we become aware of any subconscious beliefs that we may be holding, because the mind, as the creator, will create experience to manifest these, that will seem to legitimize them. If, for example, we still imagine that we are a separate self who is striving for a separate enlightenment then any illumination achieved will be qualified by a dualism that does not reflect the ultimate nondual reality of God. Yet it will seem very real, because it will be our created experience. It will take awhile to free ourselves of the habit of attachment to the ego mind's beliefs. The Heart doesn't need to be attached to belief because it can formulate its knowing newly each time it expresses its Self.

§

281. We are God incarnate:

God is looking through us to experience creation through us. We are this Self of God in manifestation. When we have identified with the Self of God who we really are, we can consciously take up our role in extending and unfolding creation. We are God, the Creator incarnating in Creation.

§

282. The new Path and destination:

I feel that in this New Time that God has opened a portal that leads to a New Earth which has always been within — only now can we access it. This is the Heart portal that we will discover is the doorway to another dimension of reality where we step into the Eternal Now of the living moment. It is as if we discover a hidden door in nature where we can move into the living inside of life instead of just seeing it in its separate forms, from the outside. On the inside, everything is one and part of an ever new eternal Life unfolding in beauty, harmony and abundance. On the inside, everyone is part of a shared consciousness of Love that is all accepting and encompassing. Yet in this infinite space there is always more to discover, to explore, to experience and realize. We will now have the freedom to explore the sublime divine and timeless realms of Light where our Being has its home. And it will be our joy to begin to manifest on Earth the timeless truth and beauty that we get in touch with. To all those who are weary of the staid reality of our present civilization and long for the living myth and magic of ancient halcyon times, harken to call of the Heart and venture within! Let us bring forth from within the destined new civilization of unity and Love.

§

283. One Truth, Life and Consciousness:

We are all opening to the same Truth, Life and Consciousness that we are each expressing in our own unique ways with our own unique interests, that enrich the whole. The sun of the new Day of divine Unity is rising above the horizon and transforming our experience of ourselves and our reality. My experience is that the New World or Era of Christ conscious soul identity is actually a hologramic divine vibration or space that is within all creation. It IS of the eternal now and thus beyond time. When we join with it we join the one divine Self within us all. As we focus on its seeming emptiness we intuit a felt knowing that will guide us. Therefore this space or dimension of reality is actually a living Presence and part of God. We may live from here and shift our identity from thinking we are separate temporal persons to being who we really are as a soul that is one with the larger divine Whole. From this place of oneness, Love, light, harmony and peace we may then express what we become aware of that Love would have us share. By giving it appropriate form we co-create with God that which God would make known and manifest now in the world. We are the co-creative extensions of God on the physical plane who are to create with God, rather than from a separate agenda as humanity has been doing. The seeds of possibility waiting to be activated by us are supernal dreams of beauty,

magic and wonder that we will bring down and make real and be interwoven in the new civilization that we are destined to create.

§

284. Observing the ‘power over’ presence of evil:

Implicit within most institutions, laws, organizations and systems presently is a belief in ‘power over’ self service or oppression, that legitimizes coercion, injustice, inequality, violence, exploitation and suffering. Examine any institution, organization or global system and a hierarchy will be found that enforces policies and behaviors that reflect ‘power over’ values. This reflects the extent that evil has infiltrated human civilization. Because ‘power over’ is the force of fear and separation opposing the reality of divine unity and Love. Allied with this power is deceptive intelligence, for the latter is an effective partner to help ‘power over’ succeed. This deceptive intelligence is most effective when it works in secret so that it cannot be seen, because when it is seen its falseness can be recognized. Therefore evil on Earth has been largely hidden and denied. If we objectively observe the actions of most societal organizations we will discover that their ostensible good purposes and ideals have been corrupted so that their actions are often diametrically opposite. This demonstrates the influence of hidden evil. Our naive unawareness of this demonstrates the extent that we have been mind controlled and hypnotized by evil.

Now is the time on Earth when humanity is awakening to the presence of evil and its agenda in the global system so that Earth may be liberated. Humanity is awakening by seeing the suffering and wrong that evil ‘power over’ agendas are causing. And by seeing its effects we will be able to reject their cause and the institutional elite authorities and agents carrying out these plans. These effects are seen in global disparity, privation and destitution; in incessant war and aggression; in ecological devastation; in man made pestilence and pandemics; in the toxification of our bodies and our minds; in the ongoing agenda to incorporate humanity into a controlled artificial AI reality; in the ongoing agenda to corrupt humanity’s spirituality and connection to God; in the incessant propaganda and deceit being promoted in the various communications institutions to divide and delude humanity; in the political agenda to establish a totalitarian New World Order; in the economic and financial agenda to exploit and enslave humanity.

It is time to wake up to what is happening and affirm the negative truth of the reality of evil in the world and the larger positive truth of our divine power to create what God wills and we dream — a new civilization based on Love, freedom, unity with all life, and oneness with God.

285. Christ, the Trinity and our purpose:

Earth has been a planet of conflict and suffering. To accept Christ is to put an end to these and the dualistic reality we have been experiencing. To accept Christ is to live with Christ consciousness which is to see and experience everything as an integral part of one divine Life and Consciousness. The Life is the divine Mother or feminine creative intelligence aspect; Consciousness is the divine Son; and the Love or Spirit within and animating both is the divine Father, the divine Will or Purpose, the masculine aspect. The Son mediates between the Father and the Mother, participating in creation by bringing the Father's Love and Purpose into the Mother's Life and Substance. The Trinity is one. The relationships are in unity without conflict. The Mother is the universal Mind of God, which is multidimensional. It is the intelligent substance into which spirit consciously manifests. Spirit, consciousness and intelligent life exist in all dimensions. The purpose of the Son is to consciously connect all dimensions and aspects of Life with the Father – to establish a unity so that no separate consciousness operates out of place.

In manifestation in separate forms, consciousness is separate. Christ, the consciousness of the Whole or the Father, has the Father's Purpose to unite the separate consciousness so that the Father's Will governs the Mother's Life and it continually unfolds in harmony and unity. The dimensions of form seem to contain conflict. Christ resolves that seeming conflict by seeing and creating the oneness of the Father, synthesizing apparent conflict. This resolves evil which is the deliberate oppression of one form by another so that harmony is adversely effected. In manifesting, God sought to extend its Self, its experience and its knowing. Thus the universes were created and everything within. However, these forms are yet evolving and imperfect as the forms within them are not yet all united by Christ consciousness. Thus our efforts on Earth to embody Christ consciousness to synthesize Life with the Spirit and Love animating it. Mind in the intelligent form builder. Forms are seemingly separate but united in energy. Actions of corruption between forms caused by evil create pain and suffering. Christ resolves the pain by resolving the conflict by establishing oneness and Love. The longstanding presence of conflict and suffering on Earth indicates the presence and dominance of evil. Christ brings the Love and oneness of God to awaken mankind and end the reign of evil. This Christ consciousness is our Self consciousness.

286. The artificiality of the ego:

The ego is the internalized structure of beliefs that reflect what we assume is real and who we are in our personal identity. It's artificial in that it is not our real Self or soul but rather what we have been conditioned to believe is true and thus live out. In our growth, development and life we will have to moderate and change some of these beliefs and assumptions but the underlying core beliefs and values that we incorporate in childhood are remarkably long lasting. This is because we are taught to accept these unconsciously without questioning, because they are aligned with those in our immediate family and culture. And because core beliefs manifest as experiences that reflect them so they seem legitimate. Some ego constellations are more aligned with the inner soul self so that growth and integration with the soul — the ultimate aim of the spirit — is easier. Some egos have more negative and false beliefs which makes integration more difficult and for awakening to require more cathartic experience. Often it takes a partial breakdown of the crystallized individual's ego world before the light and awareness of the soul can break through.

This is happening in the world now as the structures and processes of our crystallized ego based civilization begin to collapse. This will allow the light of the soul to come in and a greater awareness of reality to occur.

§

287. Sharing our Self:

As we share ourselves in love, we are making what we have in common known and manifest. We are becoming larger, more real and conscious. By giving ourselves freedom from judgment we can share more, release more and discover more. Our feelings are guiding us toward the divine light where we all live in eternal love, joy, peace, harmony, beauty and oneness. Each feeling has a gift, an awareness, that in claiming it we become more fully who we really are. I feel that I serve, in part, as a mirror, giving words to awareness, intuitions, feelings and sensations that we may know and manifest what is being experienced. I have a dream, a vision, of experiencing everyone as consciously part of the one divine Life and Consciousness within creation. That ever new Life is unfolding in wonder and beauty, revealing the glories of God. This eternal Love impels all creation like a fairy song we are living in.

§

288. Self sabotaging negative thinking:

Negative thinking is not only a waste of time, it is an act of self sabotage, as what we energize with our attention becomes more likely to occur. Catastrophizing and worrying about everything that could go wrong is a bad habit that needs to be overcome. There are an infinite number of negative events that could occur but it does us no good to perseverate on these. If there are likely negative events, like getting hit crossing a busy street, then we take prudent precautions like looking carefully at the lights and traffic before we cross. However, we maintain a positive trust in one's self to cope and don't let the fear of getting injured take over and expand. Worrying about possible health issues is a similar waste of time. We should adopt healthy habits and trust that we will maintain health. When we do have a health issue we attend to it trusting that it will be resolved. In general we trust that our life will be happy and fulfilled as we attune to the inner intuitive knowing of our soul, and live by it. Your inner eternal soul self, that you connect with in the heart, has a beautiful plan for your life that you will know by getting in touch with your dream of what you love and want to experience in your life. That's where you should be putting your energy. As you do, and things work out synchronously, and you will gradually be reinforced in your positive trust and faith in your self and the loving supportive nature of the universe, despite the many problems that exist. These exist because people aren't trusting their inner guidance. But you can and experience the joy and abundance that results.

§

289. A hopeful new awareness:

In this transition time on Earth, the energy of our inner soul Self is increasing and becoming more accessible as we attune to our heart. We will discover that as we trust our spiritual Self's intuitive knowing that we will feel more connected to the divine Life within all, and be able to live in unity, harmony, grace and creative abundance. As more people live this way we will be able to make changes in our civilization to move away from fear, conflict and survival to collective cooperation for the good of all. Once Love and Truth predominate, transformation and revelation will occur to make everything new.

§

290. Seeing through the Heart:

When I lived in a Zen monastery in Japan many years ago, they practiced meditation with open eyes. I have mostly continued this practice and endeavor to see and experience the oneness within in the world around me, so that I experience unity encompassing the

CSR III: The Divine Self

circumstances in life in an ongoing meditative alignment. We see and experience the world through our mind, so that the beliefs within it are projected on to the world to interpret our experiences. If we release our attachment to our ego mind and unite with the Heart we shall see the world within the oneness and knowing of the soul. Identifying with the separate ego mind we experience separation, identifying with the integral soul we experience oneness.

§

291. Pondering:

This morning I am pondering the implications of the idea that “God looks out at the world through us and our experience.” God then is our Source and omnipresent so how could we be separate from everything? If we are not realizing that we are a divine Self it must be we are caught in experience created by attachment in the mind as our Self shines through it. The mind is the creator, so if we believe that we are separate beings, we will create and experience that. To reverse that we must release all belief, and getting in touch with Love, which is the energy of God, maintain awareness in what IS here now. We let the pure Light and Love of God that we are now experiencing define our identity. We also discover that there is an Intention latent and that we can intuit a knowing that can guide us if we stay present in what IS in God. One aspect of that intention is the desire to express the knowing that is incipient.

The Love of God is a force pushing to unfold the nature of God on the physical plane where we, as God, are now incarnate. We are now waking up to the fact that we are the Christ Self of God. We are not here to maintain separate identities, but to bring forth and manifest the being of God and all the wonderful and magical possibilities latent within. That is what this transition on Earth is all about — waking up to who we really are as extensions of the one divine Life and Consciousness, and creating the new forms that will embody and express this purpose and potential. For by releasing all belief, we must now build anew based on our identity with the Whole of God rather than from a separate ego identity. We now embody a consciousness of unity and a Love that would share cooperatively with each other the blessings and abundance of eternal ever new divine Life.

§

292. Beyond the mind:

“Beyond the minds’ logic, through the portal of the heart, shines the magic of life in all its’ mystery...”

CSR III: The Divine Self

I feel the key to our human predicament now is understanding that humanity has collectively internalized and identified with false separate ego programming. As we think we are an ego, which is a constellation of belief based on the fearful thought that we are vulnerable separate bodies, we naturally believe that the solution to our dilemma is related to who we think we are. When in fact the solution is to free ourselves from our identity with the ego self which we can accomplish through Love that connects us to our soul Self and God. In this, the Heart is more than the center of love, it is actually a portal that opens to another dimension of being where the soul resides in oneness with God. As we increasingly open, align, trust and live from the soul, our life experience will increasingly be characterized by the magic and mystery of our inner divine Life and Consciousness.

§

293. Opening to the Eternal Now:

My experience is that every moment is new and free of the past if we stay centered in the Divine Light. In this Light we are washed clean and forgiven everything. In this Light we are at Peace and One with the divine Whole. Every moment God makes everything new. This is a great mystery. As we surrender to this moment and Life, it moves through us, unfolding God's Grace and Blessings. This Life is our divine Life that we are co-creating by our relationship with it. What is within it? What does it hold and offer us? What dream of Love is calling to us to be known and realized? Our deepest dreams are given to us by God that they may be realized to create the Earth that is destined to be. Therefore it behooves us to bring our dreams to conscious awareness and energize them by giving them Love and living them. We embody and manifest the timeless ideas in the Mind of God that are multidimensional seeds that will unfold the myths that color our eternal Spirit. Our Spirit lives in the realm of myth, magic, bliss and a supernal Love that wraps everything in Beauty and Song. It is our task to bring this dimension into manifestation to the extent that we can. As Earth is ascending, these more rarefied vibrations and awarenesses can begin to be precipitated on Earth now. This is our opportunity, our task and our collective joy.

§

294. Synthesizing Spirit:

Understanding colors the mind centered personality. Love colors the consciousness centered soul. Inspiration colors the God centered spirit. Just so do our concerns develop as we progress on the path of life, synthesizing eventually spirit and form, inner and outer, cause and effect.

§

295. Love:

We all accept the value of love. We all want to be loved and give love. Love connects us in a larger experience of life, feels good and gives meaning. Love awakens us to who we really are and what life is all about. As we surrender to love we are carried beyond the personal to a larger more inclusive embrace of life. Love ultimately reveals that we are all part of one divine Life and Consciousness. Love is the great teacher guiding us, showing us our way forward. Love is God welcoming us Home.

§

296. Necessary holism:

It is wise to recognize the importance of sociological factors that color one's conditioning and therefore one's psychology. Just as there are also transcendent spiritual and psychological factors that influence one. In both directions, inner and outer, material and spiritual, it's good to establish as expansive an understanding as possible. It's similarly important to establish a balance between the mind and the heart because the best lightworkers are empathetic as well as knowledgeable. They know that everyone is more than what they may be presenting and contains untapped and divine potentials. They know that both truth and love are essential in one's life and growth.

§

297. The way out is to go in:

The way out of the confusing complexities and pressures of life is as simple as simple as accepting what IS here now within the Heart's awareness. There is now a Presence, that while eternal, is now newly accessible. This Presence is our Christ conscious God Self who we can now align our life with, embody, live and manifest. We have always been more than the personal selves or separate egos we believed we were. Within us there was and is an eternal Self waiting to emerge. We are now awakening to our real Self and in the process will create a new world that will arise out of our Being as it unfolds. Love is the animating and guiding force that will empower us to manifest the spiritual possibilities that God has placed within us. This Presence is really not a separate being, but is rather a connection and unity with the divine Whole. We experience it as a particular relationship, but it is a relationship encompassed in a larger oneness. As we sustain a focus in this new identity, we will shift to identifying with the divine Life and

CSR III: The Divine Self

Consciousness of God that we express in our own unique way. God is free and so are we as we as we embody our God Self. As we share who we are and what we are given within with each other, the new forms, systems, ideas, archetypes, values and processes will become manifest that will characterize the New Age we are moving into. It begins with a simple awareness.

§

298. The shift to soul:

As long as perceive the world through the concrete mind, we will perceive the contents of the mind projected on the world and not see life as it IS. When we perceive the world through the Heart we embrace the world in Love and unity as part of us. In the Heart, as soul, we are one with the divine Consciousness of God within all. As the concrete mind believes in separation it creates that and we experience that as personalities. As the Heart is one with the Love within all, we experience that when united with it. Shifting from identifying as personality to identifying as soul, we shift from separation, projection and judgments to unity, extension and Love. We shift from from assumptions of what is true and known to living in the unknown now of life as it unfolds and becomes known. It becomes known by our expression of it as we allow it to flow through us into manifestation. This is a continual process of discovery and expansion of consciousness, of synthesis and overcoming. What we overcome is the innate resistance of substance to spirit. The substance into which we incarnate is vibrating slower than our spirit and consciousness and so has a natural resistance to being formulated with more rarefied energy. Yet this is our purpose and function — as the incarnate consciousness of God, to bring down the spiritual Intentions of God into manifestation. As we do so, we gradually encompass more of the infinite divine Mind of God.

We now have a new spiritual choice. We can continue to stay identified in the concrete mind as personalities and continue to enlighten it and use it in service to reform the world. However, the personality lives on the outside of life, experiencing the form of everything as separate from it. Or we can shift to identifying with the Heart centered soul and move within creation rather than staying on the outside. Moving within we become integral to the creative Force of God and begin to co-create the New World that will come into being from our Christ conscious collective expression. Living in oneness with the Whole we surrender to the divine Being and let it unfold it's possibilities through us. We become the divine Beings who we really are. Earth becomes a sacred planet. Solar kundalini is awakened (as Earth is the base chakra).

§

299. The Deep State plan:

What is the plan and agenda of the evil Deep State enemies of humanity who want to continue to control Earth?

- To continue to covertly control the beliefs and thinking of humanity by continued propaganda and indoctrination through all the communications and educational institutions that keep humanity ignorant about what is really the truth.
- This includes secular 'woke' PC inculturation to breakdown nuclear families and traditional communities; to breakdown spiritual and biological patterns of belief; to debase and corrupt human values; to divide and control humanity.
- To reduce the population on Earth by releasing man made bio weapons to create pandemics; by creating wars; by increasing poverty, destitution and starvation.
- To integrate humanity into an artificial intelligence digital metaverse that surveils and controls all aspects of life.
- To establish a global totalitarian New World Order controlled by the powerful globalist Deep State bureaucrats and corporate elite.
- To enslave, use and prey on humanity and the resources of Earth and thus prevent the destined ascension of Earth into the New Age.

§

300. Our return to God and its expression:

Incarnating in form, the Soul's human consciousness has gotten caught in the ego matrix and its projections, that we take to be reality. We have become lost to the Soul who we are an extension of. To return to oneness with the Soul and God we must retrace our steps and cleave to the Word, to Love, harkening to the one Self who is ever present within the forms of creation. We realize that the form world is like a 3D screen upon which is projected our mind, but within which is the one Self of God, as the one Self is the creative Source. As Love is one and the same in the ego and the Self, by focusing in the Heart we can shift what we give reality to. We can begin to experience the one Consciousness of the Soul within the projections of the ego mind. Uniting with the Heart, the seat of the Soul, we see and experience the Soul within the world of form, because the Soul lives in oneness with the divine Life encompassing all creation. We see through the eyes of Christ, the Consciousness of the divine Self of God that the Soul lives in oneness with. Seeing and experiencing the unity and oneness of the Soul, we must then manifest it in the world of form by expressing what the Soul knows, experiences and is aware of. We apprehend this intuitively by listening and feeling in the Heart. In this way we embody the Soul in the

world of form and begin to shift our center of identity to the Self we really are and out of the ego. We return to our Home in God and manifest Heaven on Earth. We consciously synthesize Spirit and matter. Because God is ever within matter and form, we, as extensions of God, can consciously unite creative Life and the Source. Returning to God we don't have to go anywhere or do anything other than be aware of what is already present within the Heart, and express this. Expression of the Soul's awareness is the white magic that makes the reality of the Soul come alive on Earth.

§

301. Boundaries:

Boundaries are initially very important to maintain a connection to the soul and not take on other people's stuff. Boundaries are often conceived as a 'no' that protects us from other's intrusions. But they are really a 'yes' that says who we really are and what we need. Once one has demonstrated the courage and trust to live in integrity and oneness with the soul, however, one doesn't need boundaries as the soul intrinsically encompasses all. In accomplishing this one only listens to what the soul determines is right for you in any circumstance. One doesn't need protection because the soul knows it is invulnerable and only relates to truth. This entails a shift to Christ consciousness in which one realize that others are part of you and no matter what they think or want, it doesn't matter. What matters is the soul's knowing. What the soul knows is right for you, is right for them, although they may not in the moment realize this. However as the soul embodies Love, it is usually accepted. Soul expression strengthens soul awareness in others.

§

302. The hypocrisy and deception of secular scientism:

Unfortunately the atheistic belief system of secular scientism has infiltrated and become predominant in science. This is a deliberate deception by the evil Deep State controllers to disable real spiritual understanding of truth and the support of spiritual reality so that humanity could be more easily controlled. Secular scientism is based on contradiction and hypocrisy. It posits that only corroborated empirical testing can ascertain truth or reality and as metaphysical reality can not be empirically tested it can not be true or real. Ergo no God or soul, extraterrestrials or angels, etc. However they have no empirical evidence to support this belief, for absence is lack. Therefore their conclusion can only be a false 'religious' belief. I feel it's really helpful to distinguish the boundary between legitimate science and specious scientism. Unfortunately many are not aware of the difference. Atheists are actually

CSR III: The Divine Self

more religious in a sense than spiritual people, because their belief is literally based on nothing except conformity to group think while spiritual people usually have some experience to reinforce their faith.

Real science is a legitimate way of inductive thinking that moves from corroborated fact to general conclusions about laws or principles governing the domain of reality being investigated. It doesn't endeavor to make assumptions about areas of reality out of its purview. It also recognizes that human consciousness has the capacity to experience levels of reality that at present can not be empirically tested. Thus over the course of history and across all cultures humanity has attested to a great variety of spiritual experiences that often defy assumed natural law. These, by the collective weight of universal human experience, attest to the existence of metaphysical reality. Metaphysical experience and reality can actually be scientifically tested by repeated corroborated experience leading to inductively ascertained principles. Thus we have the spiritual understanding developed by the sages who have explored in consciousness the higher metaphysical domains and derived principles or laws that operate there.

§

303. Gifts of the Goddess:

In the morning I often wake up to a dream of reveling in and glorifying a divine goddess of eternal Love, life ever new, joy, beauty, harmony and oneness who is blessing the world with her presence. In the freedom of the light that she lives in only good is seen. As her energy moves through me I am cleansed and uplifted. I act as a mirror, bringing to conscious awareness a conception of experience that is both eternal and ever new, real and ephemeral. The bright present moment becomes a doorway to the mysterious unknown. Thankfully she is generous and continues to pour her life and Love into me, awakening and enlivening. As we walk through the world and through nature she is always there, bringing the magic of life to awareness. She transforms the mundane and everyday and reveals the gifts that each being, each moment offers. In the world with her there is no rush, for I am now in the center of the universe around which all revolves and unfolds.

§

304. Going within:

In the world I am increasingly endeavoring to go within, to see the inner in the outer and not let the separate forms keep me from experiencing the oneness within. Fortunately I have few responsibilities so I am free to do as I like, opening my mind and Heart to what is here now. This is

mutable, open ended, and numinous — a dream I am awakening to and giving form and expression to. I used to travel the world, but now I travel within, opening to realms of light that I believe humanity will increasingly explore and manifest. Our reality is expanding. We are moving beyond the circumscribed 3D reality that has defined our civilization into the timeless and the living, bringing our dreams alive and making them real. We are discovering that we are all related, part of a loving family sharing in the wondrous new creation now happening on Earth.

§

305. The purpose of the mind is to serve the Heart:

Humanity doesn't fully realize the power we have from God to create and realize our dreams. This is because we begin from a disempowered state by believing we are an ego separate from God and thus hobbled by deficiencies, needs, confusion, conflict and ignorance in a society built on fear and survival. When we do summon our will, power and intelligence to create something it is within the parameters of the ego matrix and thus less than it might be if we were creating from an enlightened soul awareness. As we are awakening from a civilization based on our identity with ego, we naturally give a lot of reality to thought as the ego results from a fearful thought that we are separate and vulnerable. The ego gives primary reality to thought as it is a thought, and a false one at that. We are moving into an Era of Soul where we will not give the same reality to preconceived thought as now. We will remain detached from the concrete mind, using the mind to formulate the knowing of the Soul. Feeling rather than thought will predominate. Mind will serve to create and manifest the Soul and the Intentions of God, not as now, to create in separation.

§

306. Overcoming ego belief:

We are powerful creators who are creating all the time by energizing and acting on the beliefs in our minds. This is happening even if these beliefs are subconscious as are many of the core assumptions that we hold and live out. We don't notice them because we assume they represent reality because everyone around us have similar assumptions. We collectively identify as separate personalities that share some fundamental assumptions that we take to be reality. These are different from our reality as souls so it behooves us to bring our core ego beliefs to conscious awareness so that they be released. Otherwise our efforts to succeed as well as our prayers and meditations to progress are compromised.

CSR III: The Divine Self

We spend our time and energy compensating for the false beliefs of the ego.

Some of the fundamental assumptions of the ego are:

- I am separate — from each other and God
- I lack — resources, love, safety, valuation, needs, help, etc.
- I am deficient — not good enough, have shortcomings, problems, others are better
- I regret — the past effects me, I made mistakes, feel guilt
- I am vulnerable — fear is legitimate, I will die
- I must strive and control life — I must act to get
- I am not free — I am restricted by circumstances
- I am sad — have deep bitterness, grief, loneliness
- Joy is fleeting — I must hold on to the good

An example of how ego beliefs can limit might be their effect on meditation. We tend to meditate unconsciously to redress an ego belief, to gain the enlightenment, knowledge, peace, power or connection that we think we lack as a separate being. However, our efforts and their effects actually reinforce the underlying beliefs. As we assume that we are a separate being we enlighten the mind of that separate being. As we gain peace or knowledge we assume that we have added something that we didn't have before. As our striving and doing achieves results we assume that these were necessary. In short, as long as we are acting on the ego's belief system, the ego and its beliefs will be reinforced.

To redress these negative (negative because they are opposite to the soul's truth) core beliefs we can really begin by realizing that everything we think we know and believe is wrong except that we share the being and nature of the larger loving divine Life and Consciousness we are part of. (The soul's nature replaces all the ego's beliefs) Then we focus our awareness in the Heart, in the Love and Light that connects us to God and let that Light wash away all the false beliefs we may have held leaving our mind empty and filled with Light. Now we can begin to intuitively attune to the soul's intrinsic knowing that will replace the constellation of beliefs in the ego mind. As we stay aligned with the soul we discover that we no longer need to rely on the ego mind — we can live from the soul and experience the consistent positive life that results. Then we use the mind to express the soul's knowing not the ego's internalized conditioning.

307. A new Path:

We have a new choice and opportunity now in this New Time. We can continue to wait for the externalization of the spiritual Hierarchy of ascended Masters who embody Christ, or we can access Christ consciousness now as it is available to us within via the Heart portal. Jesus Christ continues to communicate with humanity and shares his coherent teachings through a number of individuals. In what I believe is his most advanced recent teaching, '*A Course of Love*', through Mari Perron ~ year 2000, he tells us that this new path that has opened up now supersedes way of the Holy Spirit and the effort to enlighten the concrete mind that has been primary in the past. And he teaches us how to embody Christ consciousness.

We may begin to live in oneness with the soul now. This is the shift in identity that will characterize the New Age that Earth is moving into — the collective embodiment of Christ consciousness by many people. It is an assumption of the ego matrix that has circumscribed our experience of reality that we are separate from God, lacking and dependent. These assumptions don't characterize the soul. Our empowerment and embrace of our inner soul awareness and nature will actually expedite the changes happening on Earth. Therefore let us not wait but rather accept the Presence of Christ now who is waiting to awaken us to who we really are as divine aspects of God.

§

308. Embracing the world:

In truth, what we observe in the world is not really outside of us. As the Self we encompass everything — it is really within us. The ego projects its separation and thus experiences that. The Self extends its oneness and thus experiences that. Everything is embraced by the Self and experienced within the Self. There is one divine Self of God within all creation. We are embodiments and extensions of this Self. Our purpose is to be this Self with each other. This will not result in a monotonous conformity but rather an infinite richness as the boundless and unknown Self of God has within it infinite possibilities to apprehend, express and realize. The multiverse hides stupendous and wondrous gifts that are latent and waiting to be discovered and manifested. Although we are one in Being, we embody infinite possibilities for sharing and expressing our oneness with each other. Each has their individual interests, preferences, purposes and capabilities that complete and enrich the whole. Therefore let us embrace and identify with the Whole as it unfolds in beauty, peace, Love and abundance. The Self will embrace all relationships. This at first seems like a loss, but it is just an adjustment as we transition to our larger real Life and Consciousness in God.

§

309. Observing with the eyes of Christ:

My experience is that when I connect inwardly through Love to unity with the one Self, that I can then direct my vision outwardly and observe or extend this unity or oneness in the world. This entails seeing the invisible Self within all. And observing everything and everyone expressing the Self. No matter what anyone says or does, they are really expressing Christ although they are unconscious of it. Christ is aware of what IS real in the moment. We can then respond either to the person or to what we hear and sense in the silence and stillness within. Staying in unity, everything unfolds new in peace and joy. All we do is Be — observe, listen and respond. All relationships are subsumed in our Holy Relationship with God. We live in oneness with the divine Self within all. In this way we realize that what we give is what we receive as we are all one. There is no loss but only gain. Every moment the unknown Self reveals more of its Self to be shared and manifested. This is the New World that is coming into being through us. We know that the external world is a reflection of the inner world. When we all awaken to our life and identity in the Self of God, we will collectively shift the center of our civilization from the separate ego matrix to a God infused unity. Love and Truth — and not fear — will rule.

§

310. The soul and gender:

The soul has both masculine and feminine traits, initiative and receptivity. We need to develop and integrate both and so we reincarnate in both male and female bodies over the series of our lives. Incarnate, we consciously tend to identify with the gender of the physical body while the opposite gender traits are more subconscious. Jung called the images of these subconscious opposite gender traits the animus and anima images. In the personality's effort to become whole these images are unconsciously projected on to a persons of the opposite gender who we are attracted to. In our attempt to unite in our romantic attraction to someone we fall in love with we are really endeavoring to become whole and unite with the soul. Many people now are also endeavoring to become whole by developing their opposite gender traits. Men are tuning into their feelings and intuition more, women are developing their intellect and initiative. Most people don't project 100% of their body's gender but a spectrum like 70%-30% (opposite gender). Unfortunately our society promotes distorted images of what being a man or a woman should look like which makes it more difficult to feel totally comfortable in a male or female body. It's helpful if we don't try to be all male or female but just endeavor to be

authentically oneself. Then personality and soul will be integrated naturally with all aspects appropriately expressed. The soul chooses the gender of the body it will incarnate in for a reason that it is wise to consider, however.

§

311. Disillusionment:

As we wake up we will free ourselves from the glammers of specialness that we have attached to people, places and thoughts and begin to consistently experience a moment where God is omnipresent and maximal. Our awareness of the divine ever new, ever present will not be more in special circumstances but will shine within everything and everyone like the sun at midday. The highs and lows of our emotions will stabilize in a serene bliss. Our attachment to certain idealistic thoughts and visions will morph into a reverent embrace of what IS. In the divine Light we will see that our thoughts did not represent the truth. In dualism there is always better and worse, but in the oneness of God, all things are embraced in Love that resolves all differences. The divine equality and rightness of all life resolves all differences and separate valuation. Life is translated or transported to a higher dimension where the eternal perfection within is now experienced. The ego loses its fantasies but we awaken to a day without night, a life without darkness. In this day we are free sovereign creators, bringing Light, manifesting God.

§

312. Making our collective dreams real:

I feel that we all have visions and dreams of the future we want for ourselves and the Earth. I feel that the essence of this future exists now as a potential or seed that we can activate by our belief and love. As we make these conscious and articulate, share these, see these as the realities we live for and act on them, we can help bring them alive and make them manifest. Ever since the 60's I've had a vision of the Earth in love, peace and oneness. I feel this can be experienced happening now if we will look past the turbulence of the collective illusion we are awakening from. Then we thought the transformation would just happen naturally. Now I feel it will happen sooner if we assert our spiritual knowing and take our power back from those globalists in power who are blocking it, so we can create what we really want.

§

313. Mind expansion:

It is said that the mind is the creator and thus those core beliefs and assumptions that we give reality and energy to will manifest as our experience. This is a powerful awareness as it implies that we have the power to create and experience what we want in life. Unfortunately our minds are typically a mess of inchoate and conflicting thoughts. It's no wonder we often feel frustrated and unfulfilled. And we are often unaware that some of our core beliefs are really arbitrary assumptions, because when everyone around us believes the same thing, we naturally think it must be true.

Take our collective core belief that we are our body, for example. We naturally don't question its legitimacy. Although it is arbitrary, it is creating effects in our experience continually. This one belief creates a host of related beliefs and emotions that we live our lives around. Therefore it behooves us to become more aware of what beliefs our core operating system is programmed with so we can delete those that are erroneous or out of accord with our soul.

This awareness also implies that all the problems that we are experiencing in the world derive from thoughts that we can change, if we would identify the core assumptions creating the effect. The global systems, laws and institutions are not natural but all mind created. Unfortunately, those in power who benefit from these laws, institutions and systems resist changes necessary for the good of all. As all suffering results from beliefs that are not aligned with the soul's truth, every crisis actually represents an opportunity to collectively align with God.

I feel that as the ego matrix programming that has circumscribed our experience of reality continues to dissolve under the influx of the higher spiritual energies flooding the Earth, we shall become freer to become aware of and connect with the soul and the larger divine Life and Consciousness that has ever been within creation. We will access our multidimensional soul awareness to begin to live in a wider living universe. This may be a difficult adjustment for those attached to the past and the familiar, but as it will bring more Love, light, joy and abundance, it will be accepted as a good thing. We will necessarily have to transform our laws, institutions and systems to reflect the truth of the divine Life that we are all a part of.

314. Inner discovery:

I sense that feelings of lack, dissatisfaction, confusion, loneliness or sadness are fundamentally because we aren't consciously connected to Love and God and aren't expressing Love and what we are aware of within the moment. We don't need special circumstances to do this.

I sense that more people are going within now and making a common discovery. The authentic inner Self that we are attuning to is connected in all of us. This place of real Heart felt feelings and intuitive knowing is revealing shared truth. This inner Self is really one. The separation that has seemed to define us is an illusion. We are larger than we imagined.

We seem to stand upon a solid Earth with the infinite external universe above. When we go within through the Heart portal we emerge through the physical into the infinite inner universe. Here we exist in oneness with the divine Life and Consciousness of God that exists within all creation in the external universe. Within we can experience it directly.

Being in God is being in a shared space. This is to live by truth. Perhaps we could say that this is just about being one's Self, if one recognizes that the Self lives in God that it is one with. The personal self just represents us but is not our real identity. As we are one Self, there are no differences between us, only differences in our expression.

This is the Second Coming which is the return of Christ collectively. This is the Self of God that we can each choose to identify with and express. This is the time when God shall remain with us and the Earth will be reborn as the Heaven we will create. The Self within that we are now aware of and can feel is our eternal Self that we can share with each other. The veil that has separated us is gone. What was and IS and will be is accessible here now.

As we have explored the external universe, now we will explore the inner universe of God and make our discoveries known and manifest. The luminous jewels that we find we shall give creative form to beautify life and give expression to its wonder, majesty and mystery. New revelations of the infinite Mind of God shall be brought forth to give meaning, inspiration and joy. Life will express divine spirit in an unfolding glory. This New Age begins now.

§

315. Time for another revolution:

I realize that not everyone will relate to what I express. Certainly in the last three years in particular, my family and friends couldn't relate to my

CSR III: The Divine Self

perspective and beliefs about what is happening on Earth. But I have a choice. I can judge myself by the reaction of others and hold myself back because I can get a negative reaction. Or I can be myself. As I happen to feel better when I freely express myself as I am, I will continue to do that. Especially as I am not speaking against anyone, but merely sharing what I think feel and experience. This is what we all have the divine right to do. Yet in this time, the establishment is imposing restrictions on our freedom of speech, movement and right to pursue happiness. The American Declaration of Independence states that, “We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are Life, Liberty and the Pursuit of happiness.” However, the man made ‘pandemic’ and mandatory injurious ‘vaccines’ have imperiled our lives and along with the lockdowns and other impositions, have denied our freedoms and pursuit of happiness. The founders of the US rebelled against the tyrannical impositions of a foreign king. Yet today we chafe under the tyranny of an establishment that no longer abides by the principles upon which this country is founded on. There is no equality when a small group of the powerful elite who have gained leadership of the nation’s — and the world’s — institutions impose their onerous will on the majority. The tyranny of evil has subtly infiltrated the world. It is time for another revolution to throw out these lying imposters and create the world as it is meant to be that works for all.

§

316. Our common situation:

I feel that as new spiritual energy continues to flood into Earth and Earth continues to ascend in vibration, that we will increasingly live from Love and a sense of unity with all life. The happenings of these times are bringing out the best in us and expanding our bonds with others around the world who are allied with us. We are becoming one in a world wide process of awakening. Back in the 60’s Earth seemed to get a blast of cosmic Love and light that harkened an imminent change. But we learned subsequently that this change couldn’t occur as long as the global political economic system was controlled by materialistic forces of selfishness, greed, power and violence. Now, however, disclosures are beginning to reveal the hidden control and corruption, and the nefarious agenda of this cabal. Consequently humanity can begin to see and reject what has been hidden. This awakening to the truth involves awakening to the truth of who we really are, trusting the knowing and power we have that comes from God. It is time to act on that knowing and power to create the world we dream of. These dreams have been placed in our hearts by God to be realized.

§

317. Being fully present:

Being spiritual doesn't mean being better or different from who we really are. It means fully being who we really are, and living with integrity, authenticity and humility. Our soul shines through our humanity, completes and perfects it. Our human nature inherently is incomplete and imperfect. That's ok. We can admit and accept the limitations of our human instrument because it is not who we really are. It just represents us. The ego thinks it can become spiritual and enlightened, but it can only go so far along that path. At a certain point we must realize that we are not the separate personality and let it be and shift our allegiance and identity to the soul. Then we stop having to justify, prove or defend ourselves. We can accept our so called mistakes and shortcomings and move on. We can be real and fully present, allowing and accepting everything, as we turn everything over to the soul, knowing that we cannot be judged. It's a great relief that brings peace and serenity on one hand, while on the other opening a door to the unknown and a larger life.

§

318. Remembering:

Being out in nature facilitates our appreciation of the beauty, wonder and magic of the living world we have incarnated in. The diverse forms of animal and plant life, the amazing intelligence within it all, and the holistic coherence that holds everything together in an integrated evolving ecology are mind blowing. Pondering on the implications of this living network of variegated energy that has been created out of the Mind of God fills us with a profound reverence for the Creator of all that is the infinite living universe. One cannot help wonder about the mystery of life — of being alive and conscious in the midst of this. As we know now that matter is just a form of energy, and energy is just the conscious spirit of the Creator, we must recognize that we are actually living in the manifested Mind of God as the created extensions of God who are here to give form and expression to our divine nature. We are waking up from our dream of separate existence to the eternal dream of our life in God and the timeless role that we have. As we walk through nature we are beginning to remember the infinite and eternal living world we have come from and that we need to bring into being here. Nature has been prepared for us. Now we must complete it and manifest what God would create through us.

§

319. The New World emerging:

God has created a New World for us to inhabit that is now emerging from within. We will all share this New World as a common space of consciousness that is our shared Truth. This New World, then is a divine Presence that will establish the basis for the new civilization that we will co-creatively manifest. This is the collective body of Christ that will provide our body of expression. This is what IS in oneness that we now have direct access to. Our physical bodies will just represent our various ways of expressing our one Self. We will be able to see and experience this Presence within all. This New World is just the beginning. It is just the border between the present and the future, the known and the unknown, our hopes and the possibilities. It is the new land where we shall realize the potentials latent within as we discover the treasures that God has seeded for us. As we access our Self within, we will realize that we are connected in Love and Life and Consciousness. We will realize that everything has been made new. Our old thoughts and beliefs are no longer adequate to formulate this new reality. We are being challenged to create anew to appropriately embody our new experience and lived truth. It has to be beautiful, joyous, love filled, alive and expansive — a timeless song of being to be woven into an ever new day.

§

320. Embodying the Self is Love, Truth, Freedom and Goodness:

Love is accepting oneself without judgement — allowing oneself to freely be and express oneself without restraint or fear. This goes against the world's beliefs that one must accommodate oneself to other's beliefs, values and perceptions. However, to act on the basis of Love is to act on the basis of everyone's best interests. What serves me in love also must serve you even if it does not immediately seem so. The Truth is always best for everyone. Love upholds the Truth, the Good and the Beautiful. Self doubt is fear based on believing what others think rather than one's Self. The more we align with our inner spiritual Self, the more we embody Love and Truth. Truth doesn't imply that we could judge anyone, because everyone is a divine soul incarnating. Truth can judge actions, ideas and values that are not in accord with Love and Truth. Anytime we act in ways that are not in accord with Love or Truth, forgiveness, not judgment is needed. The Self is always free from the effects of the personality. Embodying the Self is to be free.

§

321. Pervasive deception in the world:

One aspect of the evil that has infiltrated, controlled and oppressed human civilization on Earth is the deceptive use of mind or intelligence.

CSR III: The Divine Self

This is related to Satanism and the inversion of Truth with lie. This is the active corruption and perversion of the Heart, spirit, and everything good. In the world the lie becomes the accepted truth, slavery becomes freedom, war becomes peace, perversion becomes integrity, sex becomes love, ugliness becomes beauty, propaganda becomes fact, etc. The extent of this widespread deception can be gauged by looking at the institutions that comprise society and noticing how often the ostensible good purpose of each is actually quite different from the actions of this institution.

Government established to democratically reflect the will of the people to preserve and enhance the common good, is actually controlled by powerful special interests that enact their own agendas. The military established to defend the nation, becomes the agent of hostile aggression. Banking and finance established to secure the wealth people create, becomes the means for robbing and enslaving the masses in a debt system. Science, established to understand reality that we may benefit, becomes an atheistic religion that denies (spiritual) reality. Religion, established that we might know and realize our sovereign divine nature, has instead made us dependent, confused, guilty and disempowered. Education, established that we might become knowing, has divorced us from our inner knowing and merely indoctrinated us with beliefs that serve the system and the status quo. The news media established to inform us about what is happening in the world is primarily acting to propagandize and distract us. The medical institutions established to promote health primarily promote profitable pharmaceuticals, that often harm us. The cultural and entertainment industries far from ennobling and enhancing our sensibilities are debasing us by increasingly dystopian and perverse productions. Etc. This might seem a harsh indictment but the last three years have hopefully helped us overcome the naivety that good hearted, trusting people typically have.

We need to stop and assess what is really going on and not just impotently hope for the best as we continue to buy what is being served up by the elites who run society's institutions. We each need to get informed, networked and active in standing up for the truth and what is right and best. Fortunately the truth is on the internet now and social media if one will search it out amidst all the misinformation. It's an exciting time because people are waking up. Truth is being disclosed and the problems are becoming so glaringly obvious that more and more people are beginning to see it. The cracks in the facade are beginning to appear and once the system starts collapsing, we are in for a wonderful transformation. God and the vast majority of humanity are on our side in

their hearts. Humanity will overcome the fear and delusion that has kept us in thrall. A new time is imminent.

§

322. Creating as Soul:

I feel that we don't really know who we are or how powerful we are. As the mind is the creator, the beliefs that we hold in our mind and energize with love, create our experience. As these are conflicted our power is impaired. Because we don't question the core assumptions we have unconsciously internalized when we were young, we don't realize that we are creating the experience of identifying as a personal self rather than a Soul. Because we automatically take on the conditioning from our environment that reinforces ego matrix reality. As the Soul lives in oneness with God, we must release the collective ego matrix belief that we are a separate body and reconnect to the Soul through the Heart portal and Love.

The Heart remains connected to the Soul, unlike the concrete mind which is separate. By reuniting with the oneness of the soul of Love we regain the awareness of the whole in God. Then we can use the mind to create from the Soul's awareness of what is intuitively known in unity rather than from the ego's assumption of separation. We don't have to try to control our life — by controlling our mind by joining it with the Soul, we determine our experience. We have sovereign control over our experience. By resolving the conflict between personality and Soul, and uniting the mind with the Soul, we can use all our power to create what we want to manifest as Soul.

The essential steps in creating as a Soul is first of all joining Heart and mind. This unites you with the Soul. You might imagine standing in the portal of the Heart which accesses the Soul.

Next notice what IS in your awareness once you have become part of the whole that Love connects you to. This space of unity and oneness will have within it something you can intuitively apprehend. In this unknown open space you will discover something that you can perceive or know that you would love to express.

Finally it is necessary to express this knowing by sharing and extending it in some way. Formulate it creatively in an appropriate way. In this process Love moves through us into manifestation of some seed that the Soul, in union with God, intends to bring forth into the physical world.

§

323. A pregnant moment:

This moment has never happened before. It is totally new. And we have the opportunity to share in it together. I feel the future we long for is happening now and we can bring it into being by sharing what is in our Heart now. We all want to share Love, let us do that. We all want to live in freedom, peace and joy. Let us do so. We have all read and heard many encouragements from higher dimensions of spirit and knowing that help us to sense that we are collectively in the midst of a divine and prophesied transition to a more wonderful experience of reality. Let us do our part to step into that new reality now and be the soul we want to be. Imagine we are there now and let it all out. In this glorious morning in early Spring, Light and Love fill the moment to overflowing. The long past comes to present of completion and wholeness and yet a new beginning. I can't help feeling that we are on the cusp of something totally new, wonderful and undreamt. It is a new dimension of divine reality that cannot even be conceived in the conceptions of the old. This is something that we need each other for it can only be experienced and shared in unity. Our Heart centered relationship is the way forward.

§

324. Light from on High:

We have descended from the supernal Halls of God where Angels walk in eternal Day to send out Light to all here now, to shine though the clouds, and to awaken! Hear my call! Heed the joy and hope arising! A new day is being born! Love is sweeping through the world and liberating us to life new and glorious! The masks of our humanness are falling away revealing divine brothers and sisters embracing in gladness in a long dreamt homecoming. The old Age dissipates like smoke in the wind — the wind of divine Spirit now blowing through the world. All is being made new. Now we see that we are one divine family in a larger living divine universe. Everything now has a place and a purpose. Now we know who we really are and what we are to do. Heaven will be created on Earth. Paradise will be made real and manifest. God will walk on Earth. And Earth will become a sacred star of Light, serving the galaxy.

§

325. Solar kundalini:

Esoterically we know that the Earth scheme is the base or root chakra in our solar Being. What does this imply about our purpose and Earth's nature? Earth is the custodian of solar kundalini. I feel that it is the home of the Goddess or creative intelligent Life (the Third Logos) that will bring alive and synthesize into oneness the other planetary chakras. It is the

divine energy within intelligent matter that will unfold its divine nature and purpose and make these manifest. It is Beauty, Joy, Love, Light and Goodness revealing the infinite nature and Purpose of God in Harmony. As the collective divine Son of Christ (Second Logos) consciousness it is our role facilitate this creative unfolding by mediating between the Father (First Logos) and the Mother (Third Logos), the unknown God and the living Goddess. We are units of kundalini energy who will foster awakening, wholeness and synthesis on Earth, in the solar Being and in the Galaxy by our Love, will aligned with the Father, and intelligent creativity aligned with the evolution of the Mother. We must begin by embodying the Wholeness and Oneness of Christ. Then we serve to synthesize by our aligned will and creative work the living Life, its divine Purpose and divine Consciousness in whatever manner we are given.

§

326. Uniting with God:

What has the soul learned from its human experience of the voyage ensuing from the fearful delusion of separation from God? It has learned that separation results in suffering, and a sense of vulnerability, lack, doubt, ignorance, and pain. Whatever seeming benefits accrue or are available to the separated ego consciousness it's never enough to offset the loss of conscious connection to God. The positive experiences available to the ego all derive from moving back into connection with the larger life through the love, light and joy associated with God. Every deficiency of the ego is remedied by God. In particular we gain compassion, humility and the ability to see through the illusion. Why not just immediately renounce the ego then? The ego creation seems real while identified with it. Like being on Earth, there is a physical gravity to it that holds one down. One can look up and see the stars but can't fly up to them. One must learn to leave in spirit and in consciousness while being in a physical body. Love connects us to God. Utilizing the Heart portal we can unite with God while in a physical body. Then we are in the world but not of it. Our consciousness can identify with the Whole while we express it through a physical body.

§

327. Coming into balance:

As men have identified with the ego mind, women have been humanity's channel to God. Which is why the Dark Forces that gained control of Earth in Atlantis, have endeavored to objectify and subjugate women and devalue their feeling and intuitive knowing, so humanity would remain disconnected and disempowered. Now I believe Earth will come back

into balance, toxic masculine and feminine images will be healed and the divine Feminine will assume Her equal and honored place.

§

328. Using mind:

So much of what passes for spiritual thought is either explanation or advice.

Explanation suffers from objectifying life, reality and self. This constitutes a dualistic use of the mind, whose real purpose is to extend Love or creation. When we objectify we separate our consciousness from the Whole and the living moment. The mind assumes an exaggerated role.

Advice suffers from misunderstanding the purpose of relationship. We are not to correct anything but to honor life's perfection. Thinking differently is just another way of giving the wrong value to thought. Relating to the other as a separate self reinforces the delusion of separation.

§

329. Clarifying consciousness:

I notice that when I go within in my meditation and contemplation, that I connect with the same consciousness that I always have, only now I have established a mental context to understand and express it. I have developed my mind so that it can express my Self. Now I can maintain awareness of this deeper level of Self. This is something alive that always yields new awareness, insights, ideas and apprehensions. Taking a walk, I do not just reflect on the beauty of nature and its wonderful effect, but contemplate the wonder and mystery of being alive and conscious. This connects me to an awareness of purpose in being here in this new momentous moment. My Self expression is related to this purpose, for I have come to believe that we are here to fully and freely express our Self and all that we are aware of and know.

This implies expressing Love in some manner. Love relates to an infinite number of concerns, interests, intents and ideas, so we can each express ourselves in unique ways that complement and completes the Whole. One persistent awareness that is meaningful to me is a sense of connecting to a real inner place that offers its gifts if we can learn to intuitively decipher it. And I've become convinced that this space is a Soul dimension of being that we share which is part of the larger divine Life and Consciousness in which we all live. Now I am just endeavoring to stay open to the Heart, and listening within, to notice what I become

aware of and am inspired to know, express and share. It's a very simple process of acknowledging my feelings and intuitions but I have been experiencing it to be very satisfying. I have always wanted to live an inspired life, in touch with the larger dynamics of being, and so I am. These past few years I have shifted from a mind path to a Heart centered path and this has allowed me to feel more whole than I ever have before. Enlightening my mind was just a first step.

§

330. Impending revelation:

Humanity is on the verge of revelation. This revelation will transform our experience and conception of reality. We will become aware of a new element that is integral to a new dimension that supersedes our normal experience. This dimension has always existed but it has been too subtle to notice. Now, Earth's vibration has been increased to bring it within the range of our perception. It is a unity that exists within everything that integrates everything into a oneness. It connects us to our spiritual Self and the knowing intrinsic to the Self. It is the Christ consciousness by which we recognize that we all are aspects of the same divine Life and Consciousness. We now have the choice to focus on a higher reality that supersedes what we have known and believed.

§

331. Touching a Dream being born:

In my dream of life, Heaven has manifested on Earth, and all live in an ever new day of eternal Love, Light, Harmony, Joy, Beauty, Freedom, Peace and Oneness. Just opening up to our Hearts in the divine moment and expressing what we are given to feel and know, is enough. It's very simple, like being with one's beloved and just sharing the wonders of divine Life together. Only everyone is in this space. From this unrestricted beingness a new world unfolds and is created. I really feel that we all are waking up to this inner consciousness now as it emerges within us. A prophesied new spiritual world is being born now. As we extend what we become aware of when united with the soul, we partner with God in manifesting new creation. Humanity's cries of angst are of a divine birth. Let us give it a voice.

§

332. The portal to a golden world:

It is said that the heart is the seat of the Soul. I experience the Heart as a portal to the inside of Life which is a living dimension of Love and Oneness. Here we are no longer confined to experience of the external

forms of creation and our thoughts about this, but rather commune with the divine Consciousness within the forms as it unfolds new in an eternal moment. Just being here is enough and expressing what we are aware of and would share in Love. It is like being with one's beloved on a golden Spring morning, exploring the wonders of Life as these are revealed to our reverent joy. Now we have found our way home to that dream of Life that we have always yearned to realize. And as we walk through the world we bring this space with us, embracing everyone in this timeless dream of unity and Love that is now being manifest on Earth. We are awakening from our fearful dreams of separate temporal life to the dream of life that God has prepared for us and which we can now choose. I am dreaming a new golden world and all the noise, confusion, and tumult is receding to insignificance. We may all step through this Heart portal and leave behind the world of fear and judgment. Here we can live from our Heart and create in freedom what we really want. Here we are now healed and whole and living in oneness with all creation. Each has their role and their gifts to share. Life is abundant, rich and ever new. Peace pervades and a divine Song lifts everything to even higher Light and possibilities. We are now in God's realm and everything is good, beautiful and just the way it really is.

§

333. Waking up:

We are awakening now, in this never happening before moment, to who we really are as divine beings who are one with the God or Goddess within all. As we shift in how we experience our identity, the world shifts from something that we had experienced to be outside of us to something that is part of us that we encompass. Everything is part of me as I really am. We also shift from experiencing the world as happening to us, to the world that we are continually creating. We create the reality that we experience. As we listen and attune within, we draw out the latent seeds of possibilities and potentials that exist within the moment. These are divine aspects, qualities, ideas and dreams that await activation and manifestation. As divine co-creators it is our task and our joy to contribute and fulfill creation in this dimension of reality where we are at by expressing and extending what we are discovering and intuitively knowing. Earth is ascending to become the sacred world where a divine civilization will come into being through our collective efforts. As we stay united with our divine Self that we connect to through the Heart, everything will be transformed and made new. As we align with and trust the flow of spirit everything will unfold in harmony, peace and love as it is meant to. We will collectively get back on the divine organic timeline were we are meant to be. This is a exciting and wonderful place to be now. The old is falling away while the new is

emerging bring revelation, hope and conscious reconnection to the larger divine Whole. As we look around now we see that we are no longer separate but one with the divine consciousness arising in our brothers and sisters and all life. As we simply share our Self and what we are given to be aware of that is here within, everything unfolds in beauty and oneness.

§

334. Connecting with Christ:

Our normal stream of self consciousness consists of a continual awareness of thoughts, emotions, sensations, memories, fantasies, dreams and intuitions. One's Self awareness is free from identifying with these objects of attention and is just the 'I am' presence itself in an open energetic space. For example, when the Self is observing someone talking there is a whole range of phenomena but what is the underlying reality? Within the observer and the other there is the same 'I am' presence. Both would remain free of attachment to the objects of perception and focused on what IS. What IS is the presence and that which is listened to within it. So there is the Trinity of Consciousness, Life and Spirit. Life is the intelligent ever unfolding creative phenomena — the Mother. Spirit is the eternal loving intent and potential — the Father. Consciousness is the awareness that links and fulfills the purpose of the Father in the life of the Mother by creative manifestation — the activity of the Son. Consciousness pervades all the creations of Life, but Christ is that consciousness that is united with the Father and can therefore fulfill the Father's will directly on the densest physical level of life where humanity exists in form.

As the Christ conscious Son of God, I embrace the Earth and all its creation in my consciousness which is already within all as God is everywhere awaiting recognition and cooperation.

§

335. An exercise in forgetting:

Imagine sitting together with a friend after a sudden experience of mutual amnesia, that wiped out everything you both believed or thought. How would you relate then if you could only rely on your sense experience, your feeling and intuition? What would you want to express and share? Instead of going to our minds to tell us what is real and right, we would have to learn to navigate by a different sense, like someone who has lost their eyesight or memory. Fortunately the Heart has an intuitive knowing that can guide us if we can learn to listen and trust it. We may have lost what we used to know, and think we had to do or be,

but we would actually be forced to develop a more authentic connection with what we innately feel, desire, need and love. This might be an exercise that could be explored with a friend to see where it leads and to deepen the connection with one's soul Self.

§

336. The flow of Love:

A meaningful relationship has to be based on Love in some manner. It could be Love of shared personal interests and activities or a more deeply felt Love of a shared dream or vision of life. Having a relationship based on Love allows that relationship to expand and unfold as Love always leads to more. If Love is just about the presence of the person or pet that we love to be with, it's not as open ended as it could be if you both were sharing the conscious discoveries of the present moment in a larger purpose. This is the difference in the potential of what can be shared with a pet and with another person. Life is new every moment and the conscious sharing of this ever new discovery of what is experienced is a joyful exploration. If this process is guided by Love it will lead to deeper experiences, realizations and understanding. Love allows us to access the well of the Heart which connects us beyond the body, time and space to infinite spiritual realms and ideas. So there is always more to experience if that is our purpose. If we're experiencing boredom or stagnation it means we've hit a wall of fear or judgement and have lost the trail of Love. We need to stay with the flow of Love and life. The key to staying in the flow is expressing it — letting it flow through us.

§

337. The shift in perspective:

When we go within to attune with our soul self we do so as the separate personal self aligning with the eternal integral soul self, with its united consciousness of Love, it's mind of Light and will aligned with the good of the Whole. As the soul self we then open to the Presence of the spiritual Self that IS One in all, beyond personal manifestation and soul consciousness. In this process we move from identifying with separate duality to a group soul consciousness to an encompassing God Self oneness. We move from looking toward the soul and God to looking out as the soul and then as God.

§

338. God emerges to walk with us:

Our soul self consists of a triad of spiritual will or purpose, loving consciousness, and mental activity. The soul itself is an expression of the God Self that is the Presence within and behind the soul. The soul is one with its Ray affinity group which defines its nature and purpose in the larger Life. The Self is one with God or the divine Whole. As we shift our identity from separate personalities with a mental focus to group conscious souls with a Heart focus, we can begin to get in touch with a higher reality beyond the soul and begin to express what we become aware of as we do so. Just as the personal self strove to align with the soul, so does the soul endeavor to align with the Presence. This Christ Presence of God is now emerging into our human and soul fields of awareness that we might embrace it and let it move through us into expression in form.

This Presence has within it seeds of potentials and possibilities that would be known and manifested. In the process the world will be transformed and made new. Our united soul group becomes the elevated body through which the Self of God expresses itself. As we share from Love what we are given to, we extend the New into the world. The New is the seed we are birthing by our attention and expression. This proceeds from the unity of soul identity and oneness with the Presence that is then shared with others doing the same thing. This Self can then be projected and observed within and encompassing others and the world. It can be heard and responded to within others. As this is sustained, the soul merges with the Self and the Self extends through the personal self so that the Self is seen within everything. Only Wholeness and God remains extending new Creation through the forms of Creation. God consciously walks on Earth collectively and takes direct control of Creation here.

Christ consciousness is the awareness that we are one Self, a unity within sharing the same truth, life and consciousness although we will express this differently. We share a common purpose which is to bring forth and extend what we are discovering within. By extending we give it form. Christ consciousness is not an attribute of the Self but is an aspect of the Self along with movement and expression. We share our Being with God and each other. This is not a hive consciousness but rather a free consciousness. We are free to extend creation as we are given to do. This is not a separate consciousness but rather a unity consciousness that allows us to be authentically who we are in unfolding ever new Life. We live in an eternal Now while in time. We live in an infinite space through this particular elevated form.

339. Owning the projection of Love:

When we fall in love, we fall into our projection of the Love within that we are, that we now see outside of us. Wanting to unite and become Whole, we then seek to join with this external projection. In seeking to connect and unite with the other who we are projecting our love on to, we are really endeavoring to become Whole by uniting with our Self, the source of Love. Being in Love allows us to experience and express Love which is what we all want to do and what the Self is and does. However, expressing Love as a personality is dependent on having a Love object that we have fallen in Love with. Experiencing the oneness of Love as Self is not dependent on external circumstances as the Self is one in all. And joined with the Love in all. The Self of God is complete, whole and sovereign, not needing or lacking anything. It resides in the stillness within all, ever unfolding its Self in Love.

§

340. Ascension:

Earth is ascending in vibration in every moment that the higher consciousness of unity with the divine may be pervaded, experienced and manifested. When we ascend and awaken to unity it will not be as the separate human personalities we have experienced ourselves to be, but as the souls we have inwardly always been, who live in eternal unity with the divine Life and Consciousness of God within all creation. Ascension is like taking an escalator to a higher floor in the realm of God which has a different reality from the 3D reality we have been emerged in. It's going to be a difficult adjustment however, if we persist in holding on to the beliefs about how things are that we have developed in 3D, because the higher 5D reality is different and requires new conceptions, values, ways of life and archetypes to express it. Being on the escalator is a 4D transition, a time of preparation and adjustment, integration and release. Shifting our awareness and focus from the concrete mind to the Heart will allow us to harmoniously make this transition as Love is the same on all levels or planes of existence. Love as the soul experiences it flows through all creation encompassing everything in the Life and Love of God. When we get to the top of the escalator we shall realize that we are back Home, where everything is as it really is and is meant to be.

Why have we been on this voyage then? What have we gained from it? The creation and manifestation of God ever extends. We are part of that extension into the unknown so that new revelations and aspects of God may be known and realized. Our voyage through the sleep of forgetting, separation and time is now over. Let us rejoice and celebrate. In our homecoming is conscious reunion with our divine family, peace and eternal oneness.

§

341. Arise!

We think our concerns are for ourselves, but these are really for all life. We think our distress is personal but it is really the shared pain and suffering of life around us. We think our desires are ours alone, but our desire is really shared by all life. We are the Heart and voice of humanity, crying out in angst and hope. We have been bound in anguish too long — our spirit must now burst its fetters that we might rise in holy flight. Who can abide more time languishing in this purgatory of clever facades and amusements? We know that we are meant for more than this. It's time to rise up and do what we have come here for!

§

342. The unknown ever new Now:

This very moment has never happened before in the life of the universe. God makes everything new in every moment. The past is just a memory and has no power over the limitless possibility of the present unless we bring the past and our thoughts from the past into the present. If we can accept God's forgiveness we are free of the past and our thoughts. In truth, none of our thoughts are true. If we would stop believing in them and thinking them we would be able to live in the divine moment as it IS and explore the limitless possibilities that God holds that are waiting for us. To free ourselves from our thoughts we must shift where we are focused, polarized or identified. We must shift to living in the Heart which is to live in the awareness of the soul Self who we really are. This is a movement beyond thought to awareness of what IS in the unity and wholeness of God within. This is the numinous field of Being that presents itself as an unknown experience that we have to intuitively decipher and give form and expression to. We shift from intellect to intuition. The mind shifts in its purpose from determining reality to expressing the reality of the soul.

As we collectively awaken to the presence of the soul within, we shall have to collectively shift from believing in the world we have known and believed in, to this new numinous world of Being that is now emerging in our awareness. This is the New World spoken of by religion that will hearken a New Age where we will live in the Now of God and co-create the future that is waiting to be precipitated into the present. We shall not create from a separate purpose but from union with the Whole, for our spiritual Self, being one with God, encompasses all. The unknown present will witness the ever new unfolding of divine Creation. We shall live within God and manifest God on this physical plane where we are incarnate. This is why we are here. We have come to Earth to fulfill the

CSR III: The Divine Self

divine Purpose of Earth which is to bring alive the Consciousness of God and the divine ideas that will order this manifestation. Our civilization will thus need to be transformed so that everything reflects the harmony, abundance, safety, peace, freedom, love, beauty, joy, order, oneness and unlimited potential of God. Everyone will have health, longevity and opportunity to creatively fulfill themselves.

Let us begin now to move away from our thoughts that we have carried from the past and move into the blessing of this holy new moment. The divine Presence is here, making everything new. Let us shift into the Heart and join the larger Life and Consciousness that is here and waiting to be embraced. Accepting forgiveness we may live now in the abundance of the divine Self that we are. Let us listen within an express what we are being given as we each a necessary role in this celebration.

§

343. Awareness of Presence:

Whenever we talk 'about' something we separate our consciousness from it. The Self, however is not separate from anything. How can we speak from this consciousness? Looking out at the world everything everything is part of us as we are, for we share the same being. The mind can only see its concepts, but the Self can see what IS. What IS is a world that is one and increasing in light and love in an unfolding Eternal Now. This is a conscious living Beingness that holds in potential everything that we need. We create the forms to give it expression and manifest its potential. What are the new archetypes that will reflect the truth and embody the life that would come into being? While sharing a consciousness of love and oneness we also are individually free to attune to whatever aspect of the Divine that moves us the most that we want to give our attention to and manifest. We live in a new landscape now. Beyond the material forms a lighted space pervades and unites everything. This is a living Presence that is the new divine Earth. We can inhabit this world and shift our consciousness from separation to unity with God and our Self.

§

344. Co-creating with God:

When we connect through the Heart portal, we connect to a feeling-knowing state that is the Presence of the Soul Self. This Self is one in all, so when we join it we are in unity. This Presence IS beyond form, time, mind and body. We access its knowing intuitively in the present moment. This is a consciousness of Love, Light and Intention. As the vibration of this emerging Presence intensifies we will become aware of

it. This feels initially as an authentic inner self awareness — which it is. However it is not a separate personal self but a unitary Self that is one in all creation. As we realize that we can shift our center of identity to this Self Presence and live as this Self we will have to release our attachment to the concrete mind and all its conditioned beliefs about what is and who one is. This new identity cannot be achieved without expressing what we feel and know as Self. Thus we now use the mind to formulate what we are becoming aware of, that Love would share and manifest. This is co-creating with the Divine — bringing forth what God would have known and manifested. This is not something that we need to plan or control — rather we just be who we are in the present living moment, sharing our Self.

§

345. Pole shift:

For a long time the aspirant and disciple strives for enlightenment, inspiration and union with the Self, while struggling with emotions and thoughts. Then at a certain point the orientation flips and the Self looks out at the world in wonder and reverence, pondering on what it would bring forth. The world is no longer separate from the observing consciousness, but is now encompassed by it. What I see and experience is what I choose to give Love and reality to. As I choose to give Love and reality only to the truth, that is all I create and experience. And the truth is real, eternal and one.

§

346. Feeling the Love, Light and Beauty emerging in the world:

It's easy to be distressed, confused and discouraged by what our mind perceives that is going on in the world. The mainstream avenues of communication accentuate the fearful and the conflictual on a dualistic ego matrix world view that is based on illusion. However, if we tune into the Heart and the intuitive knowing of our soul Self that we access there, we will realize that our connections with friends, family and community are more loving than they have ever been. And that we are more aware and conscious than we have ever been. Demonstrations of compassion, kindness, and service are being expressed by most people. The tumult and crises are being seen in a context of Light, revealing what should be and the changes we need to collectively make. The importance of the living natural world has never been more obvious and our need to foster and live in harmony with the Beauty of Earth. The tumult is bringing us all together and shaking us out of lethargy, complacency and isolation. It is a time of transformational possibility if we can collectively impose the necessary societal changes on the authorities and powers invested in

the moribund status quo. There is every reason for hope and excitement even, for it is obvious that the mass of humanity is allied in a common desire to recreate our society so that it works for everyone, in peace, harmony and mutual respect. The 'power over' ways of the past are no longer fitting or appropriate for the future. The problems in the world make that more obvious every day. We need to see and embrace this truth and then sweep away the resisters to the Light and Love, Unity and Harmony so that we may begin a New Age on the principle of Oneness with the divine Life and Consciousness within all.

§

347. Living our Dream:

We all have a deep dream of love filled life that we want to realize, live and manifest. As we bring these dreams to conscious awareness and share them we will discover that we are each in one another's dreams. All dreams are interrelated. By expressing and sharing these we will bring this inner world out and make it real and manifest. To achieve this we must see the dream as a reality in the world around us now and act on it. Instead of keeping our dreams to ourselves we must make these known. We then move from something inward, private and separate to something that becomes a new collective world that is enriched by everyone's unique contributions. The unknown infinite Mind of God precipitates new unfolding creation as we allow it to move through us. By doing so we embrace, embody and become it as we actually are extensions of God incarnated.

In my dream we are all part of the same eternal infinite ever new divine Life and loving Consciousness who have freedom and capacity to bring the divine seeds we discover within to manifest life. As sovereign divine beings who are one in God, we have the power of God to create and bring forth what divine Love would have become known and realized. As we wake up to who we really are and begin to be our Christ Self, we will transform our world and the Dream it is meant to become. To be our Self we must join with it and live in unity, realizing that this larger Self is who we really are, as we forget and release everything that we thought we knew. The new World that is coming into being through us is abundant, safe, joyous, good, harmonious, and alive. It is a portal and opening to a multidimensional universe of wonder and beauty beyond conception.

My dream is now spreading over the Earth, encompassing everyone and establishing a new context of life. New parameters now define our existence and new possibilities await acceptance. A new Light shines in the sky bringing a new Day that is free of the past and all doubt, guilt, fear, sorrow, and confusion. Join with me and share in my dream as I

share in yours. Let our dreams be the building blocks of the New Era that is coming into being now. Awareness of God is emerging within us. We are beginning to remember who we really are and what we are here to do. From far away a sublime song can begin to be heard wrapping all life in an eternal Purpose. God's Purpose for Earth is being revealed now and we all have a role in fulfilling it.

§

348. From projection to extension:

The ego projects, the soul extends. The ego, believing falsely in separation and thus creating a separate structure of consciousness based on its beliefs, projects its beliefs on to the world where it assumes the beliefs give it meaning. It's assumptions give meaning to the world. The soul, living in union with the divine Whole, extends that Whole which encompasses everything within it. Everything is included in the one divine Life and Consciousness within all Creation. As we stay centered and focused in the soul Self we are part of God that is within all. Therefore we can see and extend this reality to embrace everything that we see and experience. The soul uses the mind to extend its awareness. As long as our mind is one with the Heart we shall create and experience in oneness and God. If we let our mind hold separate thoughts we will then experience separation as a reality. Projection is really the result of the mind that has separated from the Heart and the consciousness of the Self. Believing in the reality of separation it experiences and perceives it, as thoughts identity with are creative and manifest themselves. Therefore our experience is our choice and our creation. We can continue to experience the delusion of separation from the divine Whole or we can rejoin our divine Self and live in Love, Unity and Reality. Then we extend the Love and Purpose of God into Life in the unfolding moment. We become agents of divine Creation.

§

349. Thoughts and divine seeds:

Thoughts are forms that are separate from us and who we really are. We are not our thoughts although we may believe that we are. In fact it is quite common to identify with one's belief system and therefore to feel attacked if those beliefs are attacked. The soul Self gives Love and Energy to ideas but consciousness is different from the mind that consciousness uses to create. The mind is part of the divine intelligent Life in manifestation in which consciousness resides. Consciousness is the divine Son linking the abstract Father/Purpose/Will with the manifest Mother/creative intelligent Life. As the Son shares its being with the Father and Mother God, it is also a Creator, bringing forth the potentials

seeded by the Father into the creative manifestation of the Mother. The divine seeds awaiting awareness and activation by us are more than ideas, they are really multidimensional living aspects of divinity which are meant to be manifested.

§

350. Entering the doorway:

The present moment is the doorway into the Eternal Now of ever new Life and Love. It is our opportunity to awaken to who we really are and be this Self of Love that is one in all. Now the Self of God is fully present in us as we are aware of it. We share in a Presence that unites us and makes us whole. Sharing in the same Life, Love and Consciousness brings joy and discovery of what would be brought forth, known and manifested. What do we feel now in this unfolding Now? In the Light we recognize our co-divinity and freedom. We recognize our equal need to be supported by the abundance of Life and our equal role in that process. As we each do as we are given to do, everything is taken care of. Living in unity and service to all, the self servers no longer intrude. One's position is determined by one's influence for good. A new structure of life is being formulated based on sharing and creating. Each finds his affinity group with whom he can collaborate with in a shared purpose. It's all cooperative. As human civilization on Earth transforms, it expands into higher dimensions of being, enlarging our experience of reality. We join with other spiritual Galactic worlds and beings. New awareness is grounded and given expression. New forms come into manifestation.

§

351. From separate ego to God:

On human path of spiritual development, the individual strives to do and achieve many things that he believes will be for his betterment. However, the soul, who is already whole and enlightened, just wants the individual to shut up and listen. The individual really just needs to realize that they are not the personal ego self but the soul incarnated and begin to attune and align with the soul. When that has been sufficiently accomplished by living as a soul and acting on the soul's impulses, he becomes the embodiment of the soul. Or the soul finally begins to live on Earth as its Self. This is another process as the soul is a vehicle for the spirit Self of God.

§

352. A new beginning:

Each moment we begin anew in Love, Light, Peace and Oneness with the Self. Accepting forgiveness and release of the past and what we have believed, we accept our freedom and the perfection of the moment. We look to what we are given now to be aware of and express in Love. Now our purpose is to foster the good of all. We are all part of a common Life and share a common Truth, that we must come to consciously know and manifest. There is a collective shift in consciousness happening on Earth now as we move from thinking of ourselves as separate human beings to experiencing ourselves as part of a larger divine Whole. Living in Unity with a collective Christ Self consciousness is to live as the soul we eternally and inwardly have always been. This is to live by an intuitive felt sense rather than by what we think. In collaborating and cooperating to make what we are now discovering real, we shall co-create the new divine civilization that is destined to arise on Earth.

§

353. Encompassing dualism in Wholeness:

As we begin to identify with the soul Self, we begin to experience the forms of separation in the world within the context of the Wholeness and Oneness of the Self rather than in the parameters of the ego's separation. In the Self, dualism becomes a spectrum of experience embraced within Wholeness. Individuals are encompassed in a larger Life and Consciousness. It is a 'both and' experience. The seemingly separate forms of the physical universe are infused by an energy that integrates them in a wholeness. Consciousness can apprehend this energy. Consciousness can transcend the physical empirical level of reality because it pervades both spirit and matter. Our human consciousness is sourced from beyond the body. As we shift out of the separate concrete level of the mind and connect to the Heart which is the seat of soul consciousness, we can begin to apprehend the holistic synthesizing Christ consciousness of the divine Self. Connecting with this transcendent and immanent consciousness we must then see it within the world of form around us. We must observe separate beings as expressions and extensions of a unitary Life and Consciousness. This reflects our necessary shift from passive knowers, receptive to inspiration, to active creators — from creators of separation, to divine co-creators extending Creation with God in Wholeness.

§

354. Inner directed life:

Inner directed life is life lived from and within the wholeness of the Self, relying on the intrinsic guidance of the Self rather than internalized conditioning. This guidance is discovered in the moment and is not preconceived. It comes as a revelation of Love and an intention and action that fosters the collective good. An inner directed life involves the surrender of the self and its beliefs to the Self and its knowing. It involves living in a space beyond time and dualistic experience that flows and unfolds from within as it is embraced and expressed. It is a dialogue or dance between creator and creation as two poles in one holistic life and consciousness.

§

355. The Awakening:

We are in a time of Great Awakening. We are awakening to the truth that we are extensions of the Self of God and co-creator with God of our experience. We are thus awakening from who we are not — a separate temporal human who is a vulnerable victim of his experience. We are beginning to realize that everything we experience is our choice. If we choose to identify with the one Self we are free of the world and instead extend divine being into life. We then see the Self in everything and let Love determine its flow into manifestation. The knowing of the Self is precipitated into form. If we don't identify with the Whole we will continue to experience that we have limited power and must accept the world's parameters of reality and control our circumstances rather than our identity. The Self does not invest in the reality of human civilization but invests in the divine world that is really all about us now. Human civilization is in transition from a fearful place based on an assumption of separation from God to a divine world where everyone experiences his union with the divine Life and Consciousness within Creation. As we awaken from the hypnotized sleep and forgetfulness of God and who we really are, we will necessarily have to divest ourselves from civilization as it has been so we can recreate it based on Love and Unity with God. This implies taking our power back that we have projected onto the false beliefs, systems and authorities of the world so that we can begin anew in Truth. To accomplish this we must rely on the intrinsic intuitive knowing of the Truth that we each have been given by our connection to our soul Self. This is discovered via the Heart which is the portal to the soul Self.

§

356. What's happening in the world?:

How can we understand what is going on in the widespread turmoil happening all over the world? It can not be understood by the secular perspective represented in the mainstream establishment because the basis for it is spiritual. As prophesied, Earth is in the destined transition to a New Age where an entirely new civilization will become manifest that will be based on awareness of the divine Life and Consciousness within all creation. Earth is now being infused and uplifted by higher energies that are beginning to liberate our awareness from the separative ego matrix programming that has circumscribed our experience of reality so that we can begin to live in Love, unity and peace as the divine souls we really are. Concurrent with this awakening to the positive Truth is an awareness of the negative truth of the extent that evil — materialistic, violent, predatory, deceptive — forces and beings have covertly been in control of civilization and the elites who are the authorities in its global institutions. A divine intervention is in process to disclose and defeat this evil group and its agenda of global totalitarian transhuman domination by an alliance of angels, benevolent extraterrestrials and awakened humanity. We are beginning to discover in the crises and turmoil the effects of evil's actions so humanity can see and reject this nefarious agenda and take our power back from the institutional elite and begin to transform society for the good. In this process we must begin to rely on the innate knowing of Truth we each have intuitively in our Heart and free ourselves from the indoctrination we have been conditioned to internalize that has been designed by the controllers to deceive and mislead us. This implies rejecting corrupt establishment authorities, informing ourselves of the truth and then acting on it.

§

357. A new molecule:

In Revelation I, Christ is prophesied to return with the clouds and be seen by everyone. One interpretation of this now is that when one becomes aware the Heart portal and the space of boundless Love within, one notices a Presence as real as any molecule. This holographic molecule which is everywhere the same reveals itself to be an access to a New World when one joins with it in union. We shift from separation seeking wholeness to wholeness seeking to express its Self. As Spirit and Love move through the Self, creation is extended into the world of form. The world of form and time is then encompassed by the oneness of the Christ Self. Duality becomes a spectrum of relationship within divine Wholeness.

§

358. Men and women in relationship:

Woman embody the energy, emotion and life of eternal divine Love, as man embodies the consciousness of Love. Each complements and completes the other. Women embody ever new life, joyous, beautiful and creative, ever unfolding, connecting and relating. Man embodies spirit at one with the unknown divine Will, free and identified with the Whole and discovered anew in every moment. Man embraces the life and Love of women, expressing what is given him to express by spirit in gratitude, appreciation and reverence of the embodiment of women. In mirroring what he sees and experiences in women, he shares his consciousness that women may absorb or internalize and so equalize, as men equalize by absorbing the force of Love that women embody. In this dynamic there is oneness encompassing relationship. Men must not impose a separate will or need but rather stay aligned with the divine Will and intuitive knowing that reveals the consciousness of the one Self that would be integrated and joined. Each shares their feelings that guide them forward and inward. This is the holy relationship of spiritual Being unfolding and manifesting its Self in the world. Women live in loving ever new connection to life, men live in freedom in connection to spirit and its conscious knowing that is discovered anew in every moment. Together they bring forth the New World ordained and prepared by God.

§

359. A timeless order:

Fragile light green tree tops
Swaying in the gentle spring breezes,
Distant muffled sounds,
Tranquil, serene peace,
Eternity experienced in this transient moment.

Traveling in Europe I experience a peace and serenity, a timeless order that has been established here over the centuries of conflict and cultural development. This experience of the archetypes of the form world is soothing. It inspires an appreciation of the mental ideas that crystallize the manifest form of life here and its nearness to the eternal soul. It is as if the world is seen from a transcendent height where the diversity is seen in a unity and order. Each nation has its soul archetypes. As we transition into the New Era these archetypes that order society will change as consciousness expands to unite with the divine soul.

§

360. In the Sanctuary:

In the sunny glade between the tall oaks
The blackbirds and doves sing a holy chorus
In a benediction of peace in this blessed sanctuary.
Grateful to be embraced in Her divine arms,
Living in Her divine Heart,
Everything is alive, new, fresh and joyous!
All creation united in Love! —
Pouring down in the light, moving in the cool breeze,
Heard in the songs sung in the divine now!
Hushed voices hesitate to intrude in this sacred space.

§

361. Immortal Love:

When one's loved ones pass on to Heaven, one loses connection to the person but not the soul. Actually the connection to the soul can be more pronounced as it is not mixed with personal reactions and judgments. One's awareness of the eternal soul rises like a bright star shining in the eternal firmament. One's vision and appreciation becomes clearer as primarily the good remains in sight.

§

362. Masculine and feminine in the soul:

The soul is both masculine and feminine, initiating and receiving. It is feminine to the spirit and masculine to its human vehicle. It reincarnates as both man and woman over the cycle that it incarnates through humanity. As a male it is more focused in its mind and will, as a woman it is more focused in its feelings and intuition, although this is variable. As a male or female it then naturally seeks to become whole by uniting with its opposite sex qualities that it unconsciously projects on to the other gender that it then attempts to unite with — until it integrates its projection and becomes one with its Self.

§

363. Identifying with space:

As I imagine observing with the eyes of Christ, my sight sees past the forms of creation and into the the space of loving consciousness that interpenetrates creation on Earth. As I move through the artificial boundary of the ego matrix that limits our sense of self, I expand to include the entire planet of Earth as the space of our conscious Self necessarily includes everything within it. We then identify with the Heart

space and not the forms within it. As we share this space with one another we will feel one with all and harmony, peace, safety, joy and freedom. This unity consciousness will require a reorientation of our sense of self, but the increased flow of Love within this space expedites this process of transforming awareness. This space is imbued with the will and intention for the good of all.

Although planetary consciousness is one, we are also drawn to our particular affinity group with whom we share a similar quality, interest and purpose.

§

364. Overcoming oppression:

Humanity's consciousness has been oppressed and confined to the separative ego matrix programming that we have been indoctrinated to believe and internalize. This is a structure of consciousness that begins with a fearful sense of vulnerability and identity with the body and all the related self beliefs that result from this — of lack, external need, deficiency, rivalry, mortality, victimization, needs to control, assert power over, desire possessions, project belief, etc. To resolve this oppressive ego programming we must overcome our identity with the beliefs in our concrete mind and listen to the intuitive knowing of the Heart. We are not our thoughts and beliefs. However, our mind is the creative agency that creates our experience based on the thoughts and beliefs that we give reality to. Therefore it behoves us to let the intuitive awareness of the soul provide the ideas that we choose to give form to and manifest. However, as Earth's vibration rises it will ascend above the ego matrix so that we may more easily come to identify with the soul and its spiritual knowing.

§

365. Being our Self:

As Jesus has told us, we should not endeavor to escape from the world or our experience but can give it to the Self knowing that we are more and cannot be judged or held by it. Then to listen in the Heart for the response of the Self, whatever that may be, and to express what Love prompts us to share.

I feel that the ideas shared by Jesus are really enjoining us to live and be the divine Self that we can now access within the Heart. This is to step into the unknown present where we can begin to manifest our destined future.

§

366. Going with the flow:

When we see each other, we are really seeing the same Self expressed differently in each. Remembering that we are the one Self changes the dynamics, however. We naturally want to foster the collective good and see that the needs of each are honored and met. And we need to change the system to accomplish this. We naturally feel Love and unity with all creation, and don't take so seriously the diverse thoughts and beliefs that people have. We listen to a deeper voice that transcribes everything and intuitively provides us with an appropriate response. There's no rush or pressure, everything unfolds as it is meant to. We can trust the inner flow of the Self unfolding in the ever new present.

§

367. Unity consciousness:

I used to think that I was different from everyone but now I experience that I am the consciousness within or encompassing everyone. It really doesn't matter what anyone says or does, it's all part of me. So naturally all I can do is Love it — Love the expression without taking it too seriously. I used to think that there was something that I needed outside of myself, but since now nothing is outside of my Self, I don't have that thought or desire. This results in peace and contentment. We are gradually shifting from identifying as separate selves to realizing that we are inwardly one, although we have different affinities. This accounts for the diversity of manifestation just as red and blue light are part of one spectrum of color. I am interested in unity consciousness and what this entails. This is the same as Christ consciousness or Oneness.

§

368. The next step for humanity:

Identifying with Christ Self consciousness entails disidentifying with the ego mind and its beliefs. One's intuitive Heart knowing and Spirit determine which ideas will be expressed through the higher mind that will reflect the knowing awareness of the soul. This implies that one is free from many of the world's assumptions about what is real or right and what others think.

An essential part of embodying the spiritual Self and living in unity with the Divine is expressing what inwardly we are becoming aware of and what Love would extend. This is related to our loving connection to the larger Whole and the Will of God that we would serve. This is our deepest intention and purpose. It's underlies our collective efforts to manifest the divine New World.

CSR III: The Divine Self

The difference between being a separate personality waiting in expectation and being one with the Divine, is noticing a presence via the Heart portal that opens onto a new world as we focus our awareness on it. This is an empty (devoid of thought) space that IS. This is a conscious connection with the soul and what the soul is aware of and knows. It is our task to give expression to this which is what humanity is needing to become aware of now.

The next step for humanity is the realization that it is now possible to become aware of and live as the soul, in unity with the larger divine Whole. We make this real by living from the Heart, from Love and sharing what we are experiencing and are intuitively knowing via our connection with the spiritual Self. This entails living from within in the ever new moment, one with the Christ Self consciousness in all.

As we collectively make this shift to living as soul we will necessarily have to create a new civilization that reflects the experienced truth of the soul and the higher dimension of reality where the soul resides. This is a plane of divine unity with all that is that has an awareness of the Will and Plan of God.

§

369. The Light is revealing what has been hidden and cleansing the darkness:

Earth is ascending in vibration now as ordained by God, despite the increasing turmoil in the world. The coming New Age will manifest Heaven on Earth. Accordingly, the ego matrix programming and the related beliefs, values, ways of life, laws and institutions must change as these are not suitable or in accord with our high vibration future. The turmoil is exposing its fraudulent basis, the faulty assumptions and deceitful elites perpetuating this harmful system and its resultant suffering. Disclosures and crises are making the causes more obvious so humanity can reject and disavow the falsity inherent in the present global system. We can not ascend to spiritual unity consciousness as long as we are attached to the fear based and separative delusions intrinsic to our present civilization. These must be seen in the Light now pouring into the world so they can be released.

§

370. The purpose of the dialogue blog:

I have intended this dialogue blog for expressly sharing what we are becoming aware of and intuitively knowing as we connect with our spacious Self in the Heart.

CSR III: The Divine Self

This blog is not about sharing what we think about the ideas in ‘*A Course of Love*’, or our personal reactions. And certainly not our disagreements. This is not about sharing quotes, links, memes or images. This is not about sharing what we think really, but rather sharing what we are feeling, sensing, apprehending, dreaming, imagining, and wanting to create and manifest that are engendered and impelled by Love.

It's natural when connecting and opening to one's authentic inner spiritual Self to think that this is just a deeper separate level of being. However we are beginning to discover that the presence of Self consciousness that we are becoming aware of via the Heart portal is really a shared group consciousness. It is part of the one Christ Self consciousness that we are awakening to as our real Self consciousness. We are thus in the process of collectively shifting from identifying as separate egos to an identification with the one Self within all creation. This is a shift to a soul centered unity consciousness that is grounded on a different dimension from the circumscribed 3D reality we have experienced.

Expressing what we are becoming aware of and intuiting is an essential part of the process of bringing the New World that is emerging from within into manifest reality. We are creators who are extensions of God/Goddess. We must begin to create from oneness with the divine Whole that we are an integral part of rather than continuing to create from a separate purpose. As we step into the unknown Self in the ever new now we will begin to sense that there are ideas and visions that Love would have us share, unfold and bring to life. This is a collective project and process. We each have a necessary role to play and a piece of the puzzle to contribute. This is what dialoging is all about — beginning this process and collaborating, cooperating, and co-creating the New.

§

371. Truth and truth:

When friends ask me what I am doing now I don't know exactly how to respond. I could say that I am not doing much of anything, or just doing what I really want to do now. But that's rather vague. I could say that I am doing a lot of meditating, contemplating, doing spiritual reading and inspired writing and that would be more specific. Indeed, I have shared this but invariably get little response. And that's rather frustrating and disconcerting. However, when I attempt to share more I usually feel rebuffed and that the other person is not really interested or open to taking in what I am saying. I'm sure many of us have had this

CSR III: The Divine Self

experience, particularly in the last three years when so many have not been aware of what has really been happening in the tumultuous events on Earth.

I feel these events relate to the two levels of Truth that we are experiencing now: The Truth that we are awakening *to*, and the truth that we are awakening *from*. Jesus Christ has been sharing the Truth we are awakening *to* of the emerging Christ Self consciousness that we are beginning to become aware of and embrace. The many truthers and world servers are sharing the related truth that we are awakening *from* of the ego matrix programming and the elite global powers who have controlled the world system and adversely impaired our experienced reality, to our distress. We cannot awaken to Christ consciousness while still believing in the authorities of the world and complying with their agendas. The divine Truth we are awakening *to* is like the sun at dawn bringing a hopeful and joyous new day. We are thus awakening *from* the fearful nightmares that we have been experiencing in truth — nightmares based on erroneous beliefs and artificial systems, that our entire civilization has been constructed on.

This all may seem unbelievable and overwhelming but the resolution of this confusion is really quite simple. It just requires that we begin to trust and live by the Truth that God has placed within our Heart and let this intuitive knowing override what the world's authorities have indoctrinated us to believe, that is ultimately based on fear and delusion. Love will guide us forward for God is Love and Truth. Our will to trust the Truth that we all know within and act on it will transform the world.

§

372. Recognizing the lies and the corruption:

I feel most of us realize that there is corruption in society — in politics, media, bureaucracy, criminal networks, etc., and the obscene disparity of wealth and power that invariably corrupts a democratic and constitutional process. However, I don't believe most of us realize how pervasive is the corruption that has infested most of our institutions — from, science, education, finance and religion to medicine, healthcare, entertainment and the technology industry. Thankfully, the extreme irregularities and issues are becoming impossible to hide or gloss over. Increasing whistleblower disclosures and internet truthers are breaking through the mainstream media's denials and the establishment's stonewalling. People are realizing that those who have been smeared as conspiracy thinkers, crazies or radicals have been telling us the truth. As the truth begins to dawn in our minds, we are realizing to our dismay that there is a global conspiracy but it's not the truth tellers who are the

CSR III: The Divine Self

issue, but the interlocking groups of the powerful and wealthy elite who are pursuing a nefarious agenda to establish a totalitarian transhumanist new world order.

Unfortunately humanity's distrust and even paranoia has been based on reality. However it's not the racial, class, ethnic, political or gender groups who we are being indoctrinated to oppose and fear that are the problem but the global Deep State elite who are orchestrating these conflicts to keep us deluded and disempowered. Until we realize that there is a hidden conspiracy of the selfish, materialist, wealthy and powerful and connect the dots we shall continue to be confused, victimized and used. We have to notice the disparity between what the institutional authorities of the world are saying that they are about and what they are actually doing. The mainstream media is little help in this regard as it is controlled by the Deep State and so just promotes narratives that support the Deep State agenda. Independent citizens with integrity acting out of love for the truth and their community's well being, often at great personal cost, are more to be trusted than institutional empty suits who are just protecting their vested interests and the official line. Much truth is now on the internet if we would make the effort to sort through all the disinformation that the Deep State has also inundated virtual reality with. This is a momentous historical moment of global planetary awakening, when humanity will realize that we are united against an outnumbered enemy that only has the power that we give them. Let us take our power back and transform the structure of the world so that it is fair and works for us rather than our controllers. God is on our side. Our time has come.

§

373. Braving the void:

We can't really know what specific effects what we express will have. Especially on the internet or social media it can seem like we are just shouting into the wind or the void. However, if we are expressing Love and light it must have a good effect. I feel that part of our motivation is the universal movement to lovingly serve the greater Whole and consciously reconnect with the larger Whole and Source from which we have come. Our journey through the experience of separation is nearing its end. We will be reconnecting with brothers and sisters in a joyous homecoming. Prepare to celebrate! This virtual medium of communication has a similarity to our spiritual connection. Inwardly we all share a common space and consciousness. We each in sharing our selves and our experience are giving voice to a shared knowing and truth. In a sense, we are all waking up to the same truth/reality/knowing that we each express in our own unique way with our own particular

interests. It's very satisfying to realize that as we each express ourselves from the Heart, that we each are really aware of the same thing and the same values. I believe that means it's time to realize that we are really souls who exist in oneness expressing ourselves through the personalities we believed we were. We are collectively moving toward a unity consciousness civilization where we shall live as soul in oneness with divine Life and each other. Once we release fear the empty void becomes an ever new unfolding divine life of Love.

§

374. The divine Plan for Earth:

Earth is the physical body of a divine Being who is an integral chakra of our solar Being as this Being is also part of a larger cosmic Life. For thousands of years Earth has experienced conflict between the forces of Good and evil. The forces of evil have actually established covert control and this is why there has been so much fear, violence, suffering, injustice, greed, ignorance, privation and exploitation. Our minds have been programmed to create a series of civilizations where the laws, values, institutions and systems legitimize and manifest the beliefs of the hidden controllers which we've unconsciously adopted. However, God has decreed that this cycle of dualism and suffering must end and has instituted a prophesied divine intervention to raise the vibration of Earth and liberate it from the control of evil forces and beings. This has already been successful in removing the upper echelon of the evil hierarchy who are negative extraterrestrials. However their human and hybrid minions who are the Deep State Cabal and the elite in the global system, continue to carry out their nefarious agendas. What is necessary now is that humanity awakens to these agendas, lies, conspiracies and intrigues. To accomplish this we must see through the establishment and mainstream media propaganda, narratives, deception and misinformation. As the 'white hat' good forces have now gained control, they are manipulating events behind the scenes to disclose the nefarious actors and actions so that humanity can see what is really happening and reject the evil agenda. This will begin a transformation of our civilization and Earth and begin a new spiritual Age of unity consciousness, Love, divine awareness, peace, and revelation of our place in the living Galaxy.

On Earth now there is a spiritual Alliance of awakened humanity, benevolent extraterrestrials and spiritual Beings who are cognizant of God's Plan and are working to implement it. The evil debt slavery monetary system is in process of being replaced by a global gold backed quantum financial system that will guarantee everyone on Earth secure financial abundance and prevent its misuse. The corrupt political

CSR III: The Divine Self

systems will be replaced by GESARA policies that devolve political power and freedom to the individual who will decide what policies will be enacted in each local community. New non polluting free energy technology will obviate the need for obsolete sources of energy and free us from the fear of climate change scenarios. New energetic medical technologies will restore health and vibrancy. Other technologies will resolve pollution, transform travel, revolutionize education, and generally expand and enhance our collective well being. These technologies already exist and are being prepared to be released to humanity once a sufficient number of us have awakened and freed ourselves from our attachment, belief in and compliance to the Deep State status quo. The Deep State players are creating crises to sabotage our awakening but this is gradually becoming apparent. At a certain point the 'white hats' may need to declare martial law to prevent any dire breakdowns and quickly round up the Deep State operatives. Thousands of sealed indictments are waiting to be charged so that these individuals may be tried in military courts. Suppressed facts of widespread money laundering, human trafficking, pedophilia, genetic modification, eugenics and Satanism will need to be disclosed. As well as the long standing presence and interactions with extraterrestrials, both good and bad.

All of the new technologies will be integrated in an secure global quantum Starlink system that each individual will be able to access. Nations and communities will have the choice about whether they will participate or not, but they really will feel compelled because of all the benefits. However, to join they will need to renounce war and control of their populations. Each individual will now freely decide on policies without corrupt middlemen. Military guardians will preserve the quantum Starlight system. World servers and not self servers will naturally be drawn to positions of influence. The quantum system will intelligently prevent corruption and misuse. All the complex details are now being worked on behind the scenes by the Earth Alliance but the first signs of the financial shift can be seen collapse and bankruptcy of the dollar and European fiat money and the complementary organization of gold backed BRICS+ alternative digital currencies. More of the nonaligned nations are moving toward BRICS+ and away from the G7. With the Deep State deprived of their ill gotten wealth they will loose most of their power. At a certain point the media will begin to broadcast the truth, and then things will rapidly change. Although many people will find it very difficult to release the beliefs they have been indoctrinated in and which have been part of their identity. They will feel totally bereft and lost. Fortunately the new spiritual energies and changes are carried on the positive wings of Love and joy, peace and freedom, truth and unity with the Divine. So expect some bumps but realize that we are in the unprecedented threshold of a totally new and better time that will be

CSR III: The Divine Self

here before we know it. Even sooner as more of us awaken sooner to what these turbulent times are really about.

However the Plan for Earth entails more than just humanity shifting from the ego matrix to a 5D unity consciousness. Humanity is just one of the chakras in Gaia's life. Humanity must better integrate with the higher spiritual centers on Earth as well as foster the lower kingdoms of nature. Instead of just perceiving and acting on a separate agenda we must foster the intrinsic needs of each life and the ecological Whole. We must foster communication, understanding and cooperation with other lives and beings both within the Earth and in the solar system and the galaxy. We have a necessary role to play in the larger Life beyond Earth. With our membership in the Galactic Federation we will begin to assume an expanded functioning and responsibility.

§

375. Soaring in Love:

In each free moment we greet a new experience of Love, a new opportunity to discover something good waiting to be revealed. Each new moment is a release, an exhilarating moment of the flight of spirit in the flow of now. Let go of your expectations and let your Self embrace and carry you high above the world of care. From these sublime heights the world shimmers as a vision of a living Whole. Let your wings unfold. Now you are free and everything is transformed in Light.

§

376. It's a heavenly day:

It's a heavenly day — a fresh cool fragrant breeze under a blue sky and the warm sun! Birds sing and flit about the blooming garden. It's very peaceful. The grass is a deep green and butterflies move about the flowers. As wonderful as this experience of nature is, I'm drawn to go within, to move through the Heart portal to merge with Presence within it all.

The Self is larger than the personality and includes the other. All the Self's needs are met without requiring anything from the other. Therefore being in holy relationship is merely an opportunity to be aware of what IS and to share what Love prompts us to share.

The ego's perception of its projections must change to an observation of the Self's oneness in all. When we each share this consciousness with each other, we can begin to sustain it and embody unity consciousness.

CSR III: The Divine Self

We begin to Be the one Self we really are. I feel actually affirming and expressing this fact with each other is essential.

I feel expression of what we are discovering or becoming intuitively aware of as we contact and unite with the Self allows this to move through us into manifestation and at the same time facilitates our expanding identification with the Self. Full Being requires expression not just awareness. Which is why dialoging is so important.

§

377. A clarion call:

I feel that as the vibrations of Earth continue to increase and the ego matrix programming that has circumscribed our experience of reality correspondingly dissolves, we shall be much freer in consciousness to become aware of more spiritual aspects of our multidimensional Self. This is a time when humanity has the opportunity to shift from a collective experience of separation that characterizes the ego and our civilization, to the unity consciousness of soul identity. The shift entails moving away from the artificial beliefs and separate agendas of the ego to an assumption of our real eternal identity as an aspect and extension of God and who shares the nature of God's creative Being. This assumption of our true Self nature will transform how we live and experience the world, for we will no longer live from our concrete minds but from the intuitive apprehensions of what IS that we will discover in the living Now. The Heart is the seat of the soul, and so Love will guide, inform, activate and animate us.

The mind will be used to create and give form to what we become aware of that we are given to bring forth and manifest. For in joining with our soul, we also join with a New divine World that is emerging into manifest existence through us. The world is being made new. Rather it is now time to give reality to something that has always been here unrecognized by all but the few spiritual knowers. God has always been here, we just have not been able to experience it as we have been confined to the artificial constraints of the fearful ego. Now, however, a portal and path are opening to a new land where we shall live in oneness with the Divine Life and Consciousness within all Creation, and take up our role as co-creators with God in the further unfoldment of his Plan and Purpose. We shall realize that we are larger than we thought we were and that reality is alive, mutable and more diverse and wondrous than we ever could imagine. Let us choose to take this path, affirm this newly discovered truth and proclaim what spirit is urging us to express and share with each other and the world.

CSR III: The Divine Self

We can continue to 'talk about' everything involved in this process, but then we would continue to be tempted to see reality as if we were separate from it as the ego does. Let us rather dive into the Life and the unity Consciousness of the soul and begin to live in a new way. Let us live from the Heart in the ever new flow of spirit. We are coming Home! Earth is being transformed as it merges with its higher Self nature. All life on Gaia will be effected and encompassed in this divine prophesied metamorphosis. Earth is becoming the sacred planet it has intended to be, integrated and synthesized by the energy of God. We will begin to live from within in oneness with the Divine that we are an integral and necessary aspect of. The present moment will come alive as the expression of eternal Love revealed in ever new infinite Life. We shall hear the music and song of God that thrills through and orders all Creation in Beauty. And we will feel peace, safety, abundance and joy as we create a new civilization that embodies all this. Let us begin to take up our place in this glorious procession. The clouds and darkness have passed, a new Day is here!

§

378. Morning revelations:

It's wonderful to sit in the garden in the jeweled early morning — the warm sun rising in the blue sky, the birds flirting about, the luxurious fragrances of flowers wafting in the hushed air. Now it's easy to feel the beauty and oneness of life unfolding in this magical living place. Consciousness opens to the Light and Love informing and the possibilities latent in this precious moment.

I feel now that everything I have ever wanted to know, say or do still somehow lies before me like an elusive rainbow we are chasing but can never reach. However, now I cease my running after and turn within. As I pass through the Heart's rainbow arch I apprehend an inner sun that had been throwing its rays upon me unawares as I sat. Here is the magical kingdom that nature is a reflection and symbol of. Here is the cause and the prototype that interpenetrates the outer external world of form and substance.

Now I am recalled from my 'to do' list and chores, for who will labor and toil when the angels are singing? Enraptured in the divine world in each blade of grass, I loose the mind that would keep me harnessed to delusion, compulsion and fear. Now I am free to roam in open timeless fields and realms beyond our own where all is Light and eternal bliss. The paradise of the New Earth is but the outer fringe of the boundless living universe that ascends to inconceivable heights beyond all imagination.

CSR III: The Divine Self

A new celestial vault can be experienced above that is now a conscious panoply of existence and living Being. The Light reveals new structures, processes, purposes and ideas. We have the freedom to explore it all. Love, however draws our attention to certain aspects that move us the most as a call from our very Source. It's this we now begin to harken to and gravitate towards. Although we are all part of the same divine consciousness, yet we are each drawn to embody and express some particular aspect that is our role in the greater Plan to channel.

Let us enter through the Heart portal into the new Land and allow ourselves to be enraptured in the beauty experienced and the inspiration. Then let us realize that this is no mere mirage or fantasy but rather the nascent experience of the New World that we will collectively begin to live in and make real. This is an actual conscious Presence that is merging with Earth as we become aware of it, open to it, live in it and embody it. As we begins to share what we are feeling and experiencing with each other it will become more real to us.

Let's not wait for the world to change. Let's change it by being the Cause, changing our consciousness and embodying the soul.

§

379. Looking past the world:

As we look out at nature and the world about let us not get stuck on the forms but look through these to the divine living Life moving through all that is — as a creation of a divine Consciousness — for an ultimately inscrutable but good Purpose. All we know is that we are also an integral aspect of this divine Being who are here to bring through the knowing that God gives to manifest that part of the Plan which we are given to. Love, which is God, guides us in this process. The forms seem solid but the energy these are composed of are derived from spirit given form through the divine Mind directed by divine Consciousness and Purpose. We are really living in the Mind of God, little as we realize it.

However, as soon as we direct our consciousness to God and center it there, we realize that we have moved from time to the timeless, from the limitations of space and form to the freedom and boundlessness of spirit. Suddenly the world is transformed for we have left it in consciousness and begun to live in the timeless realm of spirit. Now God's holy Breath bestows life more abundant on the scene about us and the song of Heaven is heard. This is where our true life begins. Here we must Be and share this — giving it appropriate expression. We are here to manifest Heaven on Earth! Let the celebration begin, the music,

the song, the dance and the rejoicing! The power of God will transform the world as we give it reality and let it move through us. Then we realize that we are living Spirit, one with the divine Creator.

§

380. Harmonizing with the flow of spirit:

The Earth is created and sustained by the ongoing Song of God. All the stars and planets have their Songs which seek to harmonize together in celestial choirs. We each need to listen within and begin to flow to that music and rhythm that puts us in synch with the larger Whole wherein we live and have our Being. When we have found our note we are at peace, and begin to let our life unfold in surrendered beauty and joy in harmony with the larger Life of which we are a part. We have to find an appropriate form or way to express our Self — who we really are and what we know and have to give — that fits into the unfolding divine Song of God. We then live from within by our own truth and not by internalized ideas from the world. We then live in the flow of spirit as it unfolds new in each moment.

§

381. Opening to the soul and its implications:

Our predeterminations and preconceptions of what 'is' block our being fully present in the moment to what IS. What IS is perfect, alive, real and conscious. This is our conscious Self that is one with God. When we forgive ourselves for everything we have believed, that has blocked our Self awareness, then we can be open to our freedom and our awareness of what the Self is showing us in each moment. Love keeps us aligned with Self as Self is the embodiment and expression of Love. Releasing our assumption that we are the beliefs of the ego mind that we then experience projected in experience, we can then open to the unknown Self who encompasses all. Now we are sensitive and open to the Presence and flow of Life and Consciousness in the now.

The many things happening in the world are an expression of our increasing awareness of the Self of God and our increasing willingness to attend to it. All the craziness will settle down when we stop giving it reality and instead trust and align with the Presence of the Divine. Then we need to shift where we are focused and identified so that we may begin to live as the soul we really are rather than the personalities we believed we were. Hopefully the increasing craziness will become so obviously absurd that it will make it easier to reject it all and choose the Self instead. This is the prophesied Second Coming where each may experience the Presence of Christ emerging from within. From within it is

CSR III: The Divine Self

easier to realize that Christ is not some 'other' but the conscious Self within that we each can embrace and express. What we are intuitively knowing is what the Christ Self is giving us to begin to share for the greater good.

The Great Awakening happening now is our collective awakening to the divine Self emerging into our awareness and liberating us from our confinement and suffering in ego. This is as gentle and peaceful as the sun rising on a new day, bringing vision, hope and joy. We are thus awakening to our true brotherhood as equal embodiments of the same loving Consciousness and Life. It will be easier to sustain and identify with the Self if we express it and let it pass through us into manifest form. We must find the appropriate ideas, actions, creative projects and visions to share what Love would prompt us to express. For now we are in the New Age of the manifestation of the divine Will of God. No longer can we be content with devotion to a beautiful ideal that is separate from us. We must now begin to make real and express the living reality which that ideal symbolized.

The truthers of the world and the new world servers are urging us to awaken not only to the presence of evil corrupting our societies and institutions, but the greater Presence of the Divine that is lifting and liberating us from our bondage, illusions, programming and suffering. We are on the verge of a collective embrace of a global unity consciousness that will allow a transformation of our beliefs, life and civilization. This shift will require that we release our small self and the fear that characterizes it, and embrace the larger free eternal Self that we really are. This entails living as soul, on a higher dimension of reality where life proceeds differently than on the dualistic 3D Earth we are leaving. Therefore the rules, laws and assumptions about reality that have structured our lives and experiences are no longer relevant or useful. We are arriving in a new land where the free breath of spirit makes everything new, alive and magical.

Let our imaginations give form to what our Heart is sensing, intuiting, longing for and dreaming of. We are all awakening to the same thing so our cooperation and collaboration is essential. No longer do we just look out for ourselves and our immediate loved ones. Everyone on the planet is now offered the same choice of soul identity and global citizenship. Once we decisively reject the evil schemes and the actors promoting them, we can begin to refashion our world so that it supports us rather than exploits us. Then step by step we take our power back from the elite authorities and establish what promotes the good of all. The breakdowns and crises are invoking an awareness of our collective truth

CSR III: The Divine Self

that will eventually lead to a new civilization that will be a divine manifestation and paradise on Earth.

We are now in the early phase of the Second Coming where Christ is emerging in the world before we have expected it or realized what is happening. Christ is emerging into our awareness from within, as he/it has always been within, unacknowledged. This is both an energy and a Presence embodying this energy. He is knocking at the door of our Heart that we may become aware of his Presence and accept his embrace. When we do, we will experience that we are embracing the Self who we really are, for humanity is Christ incarnated. We have been asleep and caught up in false dreams of delusion, fear and conflict but are now awakening to the eternal Light and an awareness of what IS really here and intended.

Now everything we have longed for is not only possible but also is beginning to happen. A benediction of Peace anoints the world. The sky has a clarity, the moment a clearness and serenity that harkens to the Presence of God now present. The turmoil in the world is like a drum roll announcing the imminent appearance of the King. That King and Father is here now in the Son who is One. As we embrace the Son, we will also begin to do the Father's Will and co-create Heaven on Earth that will serve as a beacon of Light and Love in the cosmos. Our time has come for our work to begin. Everything up to now has been a preparation to a historic shift will reverberate through the universe. Our Logos is engaged in a great work and Purpose and we are an integral part of it. Let us harken and begin!

§

382. The pre birth plan:

The realization of our dream for our life is not dependent on a particular person or circumstance but on our determination to make it real and manifest. We each have set ourselves a particular goal that we have intended to achieve in our incarnation and we must be steadfast and awake to realize it. Because this soul goal is not related to personality success but to integrating with the soul and may be something more like expressing love, learning to forgive, trust or be more tolerant, brave or compassionate. These qualities may lead to recognition and acknowledgment but these are really secondary. The dream is a dream of the Heart that the will and mind must empower. The soul will synchronistically arrange circumstances to facilitate this process when the personality devotes himself to it.

§

383. Awakening to our spiritual relationships:

Everyday a butterfly flits past carrying a message of trust, surrender and joy in its evanescent life. Everyday the flowers release their message of bliss in the divine Life that enfolds and moves through them. Everyday clouds pass jubilant in the sky, glorying in the free spirit that carries and molds them ever new. All are transported in an unceasing symphony of living life. We too are one with the ever new Divine Life into which we have incarnated. It is the living form through which we extend our Divine Consciousness of Self. Life is the intelligent Mind of God in action and expression. Consciousness is the Loving Self of God that would fulfill the latent Purpose of God, by co-creating in the Mind of God. Humanity embodies the union of mind and Heart to extend and bring forth the seeds of intention which are waiting to be apprehended and manifest. These are within the human and superhuman levels as well as within the subhuman kingdoms. We can act to integrate, synthesize and unfold divine Creation and Purpose of the larger planetary, solar and cosmic Lives of which we are an integral part. Soon Earth humanity will consciously join the Galactic Federation of Worlds and recognize the role and relationships we have with the other extra Galactic humanity's and beings. These have had significant influence on us, however we have mostly not been aware of it.

§

384. The revelation of the higher Mysteries:

Humanity has had its myths, stories and legends that have defined our collective understanding of what life means and what universal challenges are part of it. However, we are now at the end of history where a new Reality will shape human experience and render obsolete our previous conceptions and experience of life. This is a totally revolutionary moment unparalleled by the previous cyclic changes in Earth's civilizations. The duality, evil, conflicts and experience of separation from God will be transcended as all life on Earth is being lifted to a higher spiritual dimension where these former conditions will no longer exist. Consequently, humanity will have to discover and realize a new understanding that reflects our new experience of this higher Reality. The Eternal Mysteries will be released that will adequately impart a higher understanding of Reality, its processes, laws, structures, lives, possibilities and purposes. These will begin not with separation but from our eternal unity with the Divine Life and Consciousness within the multiverse, which will be our new daily experience. Earth isn't just a random planet coursing through the Galaxy, but is the embodiment of a Divine Being who has an ordered place and purpose in a chain of Galactic and spiritual Existences who are defined by qualities and purposes that give meaning and structure to the living universe. We will

now begin to become aware of this larger and higher scheme of Existential Reality which we have only little awareness of as yet. It's an exciting prospect!

§

385. Light revealing Truth:

There is a lot of Light flowing into the Earth now that is disclosing a clearer and wider perception of truth. Truth is broader than belief, ideology and 'isms' and corrects our attachment to the particular beliefs that we have internalized and often identify with as who we are. Because of our attachment it can be difficult to accept the new truth. However, truth, love, goodness, beauty, freedom and all positive qualities are all ultimately inherent in the divine Life of which we are a part, so it behooves us to seek these and embrace them, letting them correct our wrong thinking.

There is a movement for truth in the world now that is demonstrating most noticeably on the internet and social media, because this truth is being suppressed in the mainstream channels of communication. This truth is bringing new information to awareness as well as correcting imbalances and distortions in our understanding. As there is a diverse assortment of information, misinformation and disinformation on the internet and social media it is necessary to sort through it trusting our intuitive and rational discrimination. In this process we will be taking back the power and authority that we have unconsciously given the mainstream elite authorities and claiming that authority ourselves. This is an integral aspect of the necessary planetary awakening that is happening now.

What are some of the major disclosures that the Light is revealing?

- That the influx of Light, Love, and Truth are part of a Divine planned spiritual intervention to raise and spiritualize Earth and thus liberate it from the longstanding control of evil, materialist, exploitive forces and beings.
- That these positive energies are being channeled through an Alliance of celestial beings, benevolent extraterrestrials and awakened humanity that includes military, political, scientific and other actors in a covert coordinated plan.
- This is being directed against the agents of the corrupt status quo system who are the elite and powers of the various important societal institutions and their plan to establish a global transhumanist

CSR III: The Divine Self

totalitarian new world order, as articulated by the WEF and the UN Agenda 2030.

- That the main methods of imposing control of humanity have been mind control, deception, fear, violence, intimidation, division, chaos and confusion. We can see these in the turmoil and crises being instigated by the Deep State network. These crises are deliberately provoked in order to excuse and justify repressive change.
- That a necessary aspect of this transition and process is humanity's awakening to what is really going on, by seeing the evil being perpetrated the globalist Deep State, rejecting it and removing those individuals from power who have been its agents.
- When enough of humanity has awakened, there can be a rapid collapse of the old system and a transformation to new and better economic, political, technological systems that are already waiting to come online. The future will be wonderful in all respects.

§

386. Finding the God particle:

How do we find the God Self?

In the Heart portal we connect to the consciousness of Love.

Love connects us to our unity with the Self of God.

Where we focus our awareness determines what we experience.

Centered in the ego mind we experience its projections rather than what IS.

Centered in the Self, everything is embraced by Self.

Separate self identity is an illusion — we are all part of the Divine Self.

We are waking up to the Self of God in a world of form and time.

We are to be the Self, observing it in others

And sharing what we become aware of.

§

387. Sharing an awareness:

When I connect to Self, I experience several awarenesses that initially predominate, and wonder what others are experiencing —

I am aware of another level or dimension of reality that supersedes and is more real than the 3D personal level.

This dimension is a unity or Whole that is both within and encompasses the 3D dimension.

This dimension has a sentiency or consciousness that pervades it that I presume to be a divine Self, because I can shift my identity to it.

CSR III: The Divine Self

This Self embodies Love, Light, Peace, Freedom, Oneness, Harmony, Knowing and Intention.

I experience something of an eternal Now — an experience of being beyond time in yet an ever new moment.

I have a sense or intuition that my experience is something that we are all beginning to have, in perhaps different ways.

And that this is part of a destined spiritualization of Earth and humanity's consciousness.

This incipient awareness and experience is something that I would like to communicate about that would enhance the experience, the awareness and the knowing that is being accessed.

§

388. The integrating bridge in consciousness:

In esoteric teaching, the purpose of meditation is to build the bridge in consciousness — the antahkarana — between the personality focused in the concrete level of mind, and the soul focused in the higher causal level of mind. Later it is built to the spiritual triad located on the highest abstract level of mind. The purpose of this conscious avenue of connection is to facilitate communication and integration of the three aspects of the Self — the Monadic Self, the soul Self and the personal self. This is part of the journey of the separated self back to union with its God Source.

To build the first stage of this bridge it is easiest if the individual mindfully focuses on the Heart/Love which is the seat of the soul. It is through the conscious portal of the Heart that one can access the higher dimension of the soul and the boundless space of Light, Love and Intention that is the Presence of the soul. Here one has left the concrete level of the mind and its thought and belief. Here one has to use the intuition to access the knowing that is inherent to the soul.

To build the second stage of the bridge to the spiritual triad which is the expression of the Self, the soul centered self has to invoke the Self and its knowing and will and let it move though the integrated soul/personality as it is surrendered to the purpose of the Self. Active expression and manifestation of Being is necessary.

§

389. Which authorities?:

I feel that in the political disagreements going on in the country, people often refer to authorities, experts and fact checkers who are representative of the status quo institutional establishment. These often

are protecting their salary and the vested interests of their organization. I tend to favor the independent thinkers and researchers who, as often as not, are standing up for the truth out of love, at great personal cost to themselves. This general divergence has been very apparent in such serious situations as 9/11 or the recent pandemic where the corrupt establishment presented a united front in covering up and lying about what was really happening and what response needed to be implemented, where issues of constitutionality, patriotism, faith, duty, integrity and the future were clearly delineated and displayed. I hope and expect that in the coming months as more disclosures and truth come out that the polarization of belief currently afflicting our country will be gradually resolved.

§

390. Becoming One in Love:

As long as we are identified with the ego — the separate personal self — we will experience the inherent desire to become whole by joining with our soul self that we experience as an image projected on to the other who we have fallen in love with. Jung called this image the anima or animus depending on whether the opposite sex is male or female. In this deep experience of love one then experiences one's self in the other to the extent that the other conforms to the soul image that is being projected. This is an imperfect experience of oneness as the other unavoidably can not perfectly embody the soul image.

However, we can more successfully become whole and one with the soul that we inwardly are by joining directly with the soul who we access through the Heart portal. This requires that we leave our identification with the ego mind and connect in the Heart with the consciousness of Love, Light and Intention that is the soul. Then, instead of projecting, we extend the oneness experienced within to the world without, so that we experience oneness with all life. Everything is now within our embrace of Love and encompassed by the soul Self we are and have become one with.

Now we are not dependent on another for an imperfect experience of Love, Wholeness and Oneness, but claim the power that we have as a divine soul to release our identification with the ego and return to our eternal Self. Both paths to Oneness require expression and action to make the experience real and manifest. We must express what we feel in order for the energy to move through us into life. For the soul to express what it feels and intuitively knows and is aware of it must extend a higher vibration or dimension of reality than the 3D ego. This results in the precipitation of the New World that is the Kingdom of the

soul now becoming manifest on Earth. This is the prophesied shift that we are in the process of.

§

391. Shifting to soul knowing:

Humanity has placed a predominant importance on the mind and what we think, believe and know. However, we are coming to a place where we will realize that it is more important to become whole. To achieve this requires a different kind of effort and a different attitude to the mind. Rather than giving primary reality to what we think, we will need to give primary reality to what the soul is intuitively aware of and knows. We begin to focus on the mind of the soul that intrinsically knows. Thus we stop trying to gain knowledge and turn instead to the knowing that we already have within. This is apprehended in the silence, stillness and 'emptiness' of the soul as we connect with it in the Heart portal. The Heart portal is that doorway in the Heart center in the cave that opens to the dimension where the soul resides in unity with God. Here we may focus our awareness and align with the soul. As we express what we become aware of at a certain point will come a shift and we realize that we are really the soul and not the separate self who is seeking the soul. At that point we begin to be one with the Divine Life and Consciousness within all Creation. The more we embody, live and share this, the more encompassing our oneness becomes. Sharing this unity consciousness of the soul is the 'work' that many of us will take up in this coming time. It will be brought forth and spread until there is a new civilization on Earth that is a collective reflection of the soul Kingdom paradise.

Many of us through our spiritual reading, reflections and meditations are consciously contacting the soul. The reason that Jesus emphasizes the necessary of dialogue is that to take the succeeding step we must begin to express what we are beginning to intuitively become aware of through our connection with the soul. We must give our soul apprehensions appropriate creative forms and give them birth in the world. We must express as the soul and be our soul Self. The Life of the soul embodies ever new movement that we must let pass through us as it fertilizes the world with the divine seeds of possibilities given by God. The physical plane is a work in progress. We are to extend and manifest God's new creation which is a manifestation of Love. Love is an energy and mystery that ever moves us on toward more beautiful, wondrous and sublime experience that we will want to find a way to express on Earth.

§

392. Life and consciousness:

We are a point of consciousness in and of the greater Consciousness within all. We can align with this greater Self Consciousness and experience it in others. We are one Self experiencing our Self within all and thereby coming to know. Knowing requires relationship between the experience and the experiencer. The one Self embodies both in unity. As we identify with the one Self, we embody and are it, as we share our being with God.

It is a peaceful and warm summer day. The golden sun in the blue sky pours its energy on all. Nature revels in the energy and joy of life. The scents and perfumes of the plants and flowers are wafted on the gentle breeze. It is the rapturous breath of life. Nature unfolds new and alive in the glorious moment. I have incarnated in the midst of this magic divine Life. My body is part of it. But I am not my body although I express Self consciousness through it.

'I' is the conscious Self who gives to each his consciousness. We each individually experience that we have the same conscious Source. We all participate in the exchange and interrelationships of life, sharing who we are and what we know and have to give. Our being is moved by the breath and heartbeat of life. We are integral to creative life. We are the conscious Self within it. We may live in abundance and gratitude by grace.

§

393. Needed change:

The many difficult and intractable problems in the world indicate the need for systemic change. This change must come from fundamentally changing our consciousness and identity. This will automatically result in corresponding changes in the system. To just endeavor to change the structure without changing the consciousness that externalizes and creates this structure will only allow superficial change. However, this momentous moment affords the possibility of a profound transformation as humanity is being liberated from the separative ego consciousness that has defined our civilization and is moving into the embrace of divine soul consciousness. This conscious reunion with God will change our collective experience of reality and allow us to build a new Earth on a completely different basis. There are many world servers who will take up the pressing need to reform our civilization. But there are also many who will want to bring forth an entirely new conception and experience of life. This is life lived as one with the divine Consciousness and Life within all Creation. This implies a collective embodiment of Christ consciousness and divine co-creation. This is about the return of the

CSR III: The Divine Self

magic and beauty of soul centered life, lived in Love and harmony with unfolding ever new spirit.

§

394. It's here now:

As long as we remain identified with the thoughts and beliefs in the concrete mind we shall never discover and realize the potential our life has. We may act on various expansive ideas and create positive experiences and circumstances but we shall remain at the level of the separate temporal dualistic linear life of the ego. However, we are really more than a physical person. To begin to experience the life of the multidimensional eternal Self we really are, we need to begin to tune in on it and become aware of a Heart consciousness that is outside of and within our normal self consciousness. It's always there, observing, supporting, animating, revealing and guiding. However, to decipher the knowing of the spiritual Self we must learn to interpret our feelings and the intuitive sensations that bring a different kind of knowing than the thoughts we are accustomed to give reality to in the concrete mind.

Let us step outside the ego and the concrete mind for a moment. Imagine the space around and within you as pervaded by living Love and a conscious Presence. Allow your awareness to relax into this Presence and the emerging realization that it is a divine Self you are part of. Your consciousness is now free of all preconceptions. You forgive yourself for everything in the past you might have erroneously thought, felt or done. You realize the moment is filled with a pure eternal Light that comes from higher levels of spiritual Being. You feel the divine Self awareness of a sovereign spiritual Being who has incarnated to bring a higher Truth into expression on Earth.

As you look around you see all creation consciously expressing one divine Life. You notice that most people are caught up or polarized on the surface of life as personalities living from their ego minds and emotions. This bondage creates unnecessary suffering. You would like to free them from their imprisonment but to accomplish this you must free yourself from the fear of expressing who you really are and what you are aware of. Love will guide us now, showing us what we need to know, say and do, and giving us the power to accomplish and act. In this we will realize that really, the Self does it all. Our small part is merely to let the Self that we realize is who we really are, move through us as we give it appropriate expression in the world. Each person will have their unique interest and expression but the process is the same.

§

395. Freedom from the past to embrace the New:

This moment is totally new and has never happened before yet the ego sees it in terms of its past experiences and its preconceptions and assumptions that it projects onto the shimmering new moment. How do we see the now as it is without a projective interpretation? Of course we must get out of the ego mind and join with the living whole that the moment expresses. This is to join with the consciousness of the Heart which is one with the unfolding divine Life. Then we dive into the infinite well of the ever new moment and bring forth whatever treasure we discover. We cannot begin to grasp the moment while remaining separate from it. As the moment is without conflict, guilt, blame, regret, anger, judgement of fear, we experience only the shining luminescence of a Light and Love filled consciousness in the joyous rapture of life. What we bring forth is what we give reality to and thus create as our experience. We are thus the creator and the creation in an ongoing divine relationship that is our creative role as divine embodiments.

In this new time the world is being made new. It is our opportunity as spiritual pioneers to chart this new land, explore its processes, ideas, structures, processes, beings and lives and begin to create a civilization that is a synthetic embodiment of all aspects of life that exist within the influence of Earth. As the Earth is the embodiment of a sublime beauty and purpose in the wider cosmos, our new civilization must be a resonate reflection of this larger context. Gaia is the soul of Earth embodying a solar and cosmic Purpose and Being. As we create an integrated civilization including all lives on Earth in line with this Purpose, new facets will be discovered and unfolded. This civilization will naturally be radically better than what we have known which was essentially an artificial creation based on separation from the Divine based on delusion and resulting in suffering. Each person now, living in Love, peace and unity with the safe, abundant Divine in all life will have the opportunity to fulfill his soul purpose and bring his highest dreams and purpose to life. The blinders are being removed so that we will see wonders that have been hidden and know truths that will expand our vision and understanding. The present moment is the doorway into this glorious future that we are entering into now.

§

396. The Voice of the soul:

Despite what we think there is only one reality in truth. Just as there is only one empirical reality upon which science is based. People live in the reality of truth even when they experience a different reality, because they have identified with it in their mind. The reality of truth is the reality of our divine Life and Consciousness that is one with God and all

CSR III: The Divine Self

creation. If we're not experiencing this, it is because we have chosen to give reality to the ego and its beliefs that create a seemingly separate reality. However, we needn't give reality to the choices, delusions and experiences of those around us. We can always see through these to the divine truth and respond to this. Because even when people are ostensibly just communicating from their egos, there is always communication coming from the Self within. If we remain centered in the one Self, we can always respond from and with the Self in all. People may initially find this disconcerting but as it will remind them of the Self that they unconsciously also want to attune to, they will come to appreciate and value your communication which is the music of the Heart and mind in oneness in the soul. This is a song of freedom, Love, joy and celebration. Who wouldn't want to listen to this Voice and recall its memory and knowing?

§

397. Being in unity:

It's very difficult to remain detached from thought so long as one is identified with ego and thus functioning in the concrete mind. Pushing thoughts away just gives them energy. One must join with the Whole Self which encompasses thoughts but is more than thought, to really be able to achieve an aware detachment. Then one rests in something real and alive where one can Be. In this state we are beyond time and the duality of the mind.

§

398. Living by trust in feelings:

Expressing feelings is important and necessary. By expression do we build a bridge to the soul and allow the soul to be present and manifest. Feelings are essentially all about Love, acceptance, forgiveness, surrender, freedom, sharing, oneness, and peace, so expression takes one from a separate personal identification to a mutable larger identification with ever new eternal divine Life and Consciousness and our role and purpose in the greater Whole. Feelings take us beyond our attachment to beliefs and circumstances to a trust in life itself and the spirit guiding us. Fostering awareness of feelings involves cultivating a relationship with the guiding spiritual Self and relying on it and what it presents to awareness. Our consciousness becomes inner focused. However, we allow that inner knowing to pass through us in our expression of it in the world. In so doing we fuse the inner and the outer. We extend God that the soul lives in to the physical plane while we shift our polarization to God, seeing the one divine Life and Consciousness in

all. Collectively we create a civilization based on the unity consciousness of the soul.

§

399. Idealistic frustration:

Often idealists can have a difficult time realizing their beautiful ideals. They may spend many years so focused on their beautiful ideas and vision, that they don't notice that they are really not fulfilling those images. When they do, this awareness can lead to feeling frustrated and depressed. How can this issue be resolved? If one's ideal or goal is relating to an external accomplishment one may just strategize to become more effective. However, if one's vision is related to achieving an internal state, one has to adjust one's perspective. Internal goals ultimately relate to integration of the soul and spirit and this cannot be achieved by an ego attitude and effort alone, but by opening and surrendering to a deeper movement of being that is more centered in the larger life moving in the world. This experience may paradoxically require the personal self to release separate concerns and predilections out of Love for something greater. To join with soul, the self must also release dualistic judgments and beliefs to experience the holistic truth of the spirit that sees everything in the context of the one Life and Consciousness. Initially the ego tries to become spiritual, but later the personal self realizes that it is already spiritual if it would trust its Self and its intrinsic intuitive knowing. Becoming one with soul, the individual is less inclined to feel frustration from the imperfections and problems in the world, as it has overcome the imperfection of the separation from the divine, inherent in separate ego consciousness.

§

400. Establishing resonance with divine Life:

Often one's goals are visualized as things apart and separate from the whole of life. We should remember that we must rather learn to flow with the larger current of life and give it creative expression. We must learn to harmonize the song of our life with the sublime chorus of Life sung by the Creator. Imagine the call and response of two birds or the play of a dancer to the inspiration of the moment. Each act of expression of Love by us evokes a response from the Divine that leads to new melodies and compositions. This is a more fluid, musical art of living that helps us feel part of the larger patterns. It's more meaningful than a separate accomplishment because it realizes a larger identity — the soul as an integral part of a living divine Being.

§

401. Focusing on the positive:

It's normal for the ego mind to be analytical and critical, often focusing on what's wrong or the discrepancy with the ideal. Particularly in this time of world tumult it's easy to become preoccupied with the negative, the problems, the fears, the corruption and deception. However, the positive is here too and it's even more surprising and amazing. It's amazing that in this time when so many are being pushed to the limits and are stressed that so many are demonstrating consistent good will, kindness, compassion and helpfulness. It's remarkable that so many people are acting for the good of a larger purpose — truth, community, righteousness, justice, love, democracy, etc. — often at great personal cost, sacrificing reputation, friendships, income, safety, time and energy. It's heartening to feel the optimism, hopefulness, freedom, power and joy experienced by an ever larger segment of the population as they sense the possibilities imminent in this historic moment. It's very gratifying to begin to see outer signs of transformative change in various societal channels. It's exciting to sense the cracks in the predacious global system that are letting in new light, life and freedom. It's wonderful to hear of revelations and new technologies, futures and expanded realities that we can look forward to experiencing. It's exhilarating to feel the increased vibrations, new energy and life lifting all on Earth to a higher level of radiant divinely infused oneness. It's incredible to realize just how powerful, loving, good and beautiful the divine spirit really is and how wondrous is the destiny it holds out for us and all of creation.

§

402. The essential step of Christ consciousness:

Connection to Jesus Christ, through his Word, Consciousness or Energy, is connecting to our Self. This implies awareness of the intuitive knowing of the Self of Love. This is the One divine Self of our God that we are meant to awaken to and consciously reunite with. This is what humanity's shift to the unity consciousness of the soul is all about — along with expression and manifestation of the fruits of this consciousness. This knowing is different from the knowing of the ego which is based on thought and belief. The soul's knowing is based on experience in the now. This ever new state offers ever new awareness of life within the soul Kingdom that God intends to be made real and manifest. Thus our goal is not enlightenment as a separate state that exists in relationship to the Whole, but a progressive enlightenment that serves to allow the Love and Intention of God to be embodied and pass through us into form on the physical level. Our goal is living divine Creatorship. This presupposes relationship — a relationship with the Self as it expresses itself through all Creation, that we connect to within

the Heart. This may be heard in the silence and stillness in any circumstance, although it is easier to attune to the Self in peaceful circumstances.

In the open, formless, ever new space of the Self, we have the continual possibility to share what we become aware of results in the collective building of a new civilization on Earth which will be a conscious expression of the multidimensional Life and Consciousness of Earth in relationship with the larger cosmic Whole. This implies raising our collective consciousness to a higher dimension of reality where everything exists as part of a living unity. We loose our separate consciousness in realizing that we are extensions of one Life and Consciousness, but not our individuality. We each have our unique interests, qualities, purposes and paths within the infinity of the one Self. We share these with others as we collaborate on common projects. Now we are at the initial stage of developing awareness of the nature of this New Age and its potential. This is a new land that must be approached in a new way. This will not be through learning and the aspiration and effort of the concrete mind, but by relying on inner Heart infused experience and intuitive knowing. This path is not about the achievement of the ego, but a shift away from the ego to centering our identity and life in the soul, as it exists beyond time and place in the oneness of God. We must begin to share this new experience and the discoveries that come with it, in joy, peace, freedom, harmony, light and Love. This will lead to Oneness with the divine Self and the precipitation of paradise of Earth and in the greater cosmic Lives in which Earth is an integral part.

§

403. Joining the soul Self:

When we center our awareness in the Self in the Heart portal, we join with a common space beyond the body and the ego mind, in Love, light and peace. Although we unite with a unitary Presence, we may each derive or intuit something different from this experience. What we discover may vary, but it will all be complementary as different pieces of one puzzle. What we become aware of is another dimension of reality that IS within and supersedes the outer 3D level that we are familiar with. It has an intelligent consciousness that has a direction and purpose. As we attune to it and listen, we discover that it has an intention for us that is prescient and good. This is something that we innately want to articulate and share. This is different from expressing what as personalities we have thought and experienced because it exists on a higher dimension of reality. So it's somewhat difficult to express to others who do not have this awareness and experience.

However, as it is an expression of a universal state, even if a person is not conscious of it, sharing it has an effect on others to help restore the memory of this place and state of being. Because we all existed as soul before we incarnated as separate human beings, and we are meant by God to consciously reunite with the soul and maintain that awareness in our human form.

As we begin to live as soul, we will naturally want to create a society that reflects the nature and truth of the soul. This will result in new forms in our collective life that will allow the reality of the soul to be transparently reflected and expressed. To be more specific we will no longer have beliefs, values, laws and institutions based on fear, scarcity, conflict, greed, inequality, ignorance or power over others. We will create a society of abundance, love, safety, sharing, beauty, freedom, and joy that honors the divinity within all creation. The mind will be used only to create what serves the good of the Whole and the evolutionary purpose of God. Therefore, although living the new reality of the Christ conscious soul may difficult to initially express, its specific consequences on our civilization will be grounded, understandable and hopefully accepted by most everyone.

§

404. New Light:

Visualize Earth's civilization reformatting to align with the divine unity consciousness now beginning to pervade the planet. All life will be reformed to embody the new energies. The separate consciousness that has characterized humanity will give way to a collective experience of connection to the Divine and an identity with the soul Kingdom of our spiritual Self. Human DNA will be upgraded to include our original 12 strands and all the higher capacities that this will empower. Our long journey through darkness, evil, suffering and separation from God is ending. The sooner we embrace the new unity consciousness and see it emerging in the world through the tumult of events happening now, the sooner will it come fully into manifestation. Because the timing of the victory of Light depends on our willingness to accept it and concurrently release our belief and attachment to the obsolete and moribund ways we have known and lived.

§

405. The coming Age of Soul consciousness:

This unprecedented historic time on Earth is expanding our understanding of psychology and human nature. Evolution proceeds in cycles. Earth is being infused with new and higher energies now that will

CSR III: The Divine Self

transform our experience of reality and how we live. Consequently our civilization must change — and for the better. The fundamental change is an inflow of divine energy that will enable humanity to transcend the separative ego consciousness that has characterized human identity and to consciously connect to the soul level and the divine consciousness within all life. This shift from ego to soul, from separation to unity, from fear to love and from thinking to intuiting, will necessarily cause us to change our beliefs, values, our laws and societal institutions and how we go about life.

Ego consciousness is an identification of one's self with the physical body and thus a fearful sense of vulnerability, limitation, scarcity, need, and temporality. The ego must use its mind and will to control its life, to maintain itself, meet its needs and achieve its goals. It naturally values knowledge of the world as its emphasis is on the externals of life. It values loving relations but assumes that life is a struggle for achievement with others that can be competitive and conflictual. It assumes that people get what they deserve and to get more you must do more and be better. It assumes that there are evil forces in the world that one must be wary of and that being good and loving in the midst of all this struggle, conflict and uncertainty is a commendable virtue.

However, there is a deeper eternal center of self consciousness within us that is the soul. It is the soul that, prior to incarnation, decides what the purpose of its physical life will be and arranges circumstances behind the scenes to bring this about. However, to fulfill this plan the ego has to learn to listen to the soul who communicates to the ego via intuitive feelings. The problem is that the ego gives reality to the beliefs it internalizes from its environmental conditioning and so often overrides the still silent voice of the soul. However, in this transition time on Earth people will increasingly become aware of this inner knowing within and begin to tune in on it. The heart is the seat of the soul so as we listen to the promptings of love, to our intrinsic sense of truth and the dreams of what we hope to realize that are given by the soul and act on them, we will gradually begin to integrate with the soul.

The soul is one with the divine Life and Consciousness within everything. As we shift from ego to soul we will naturally shift what we think and believe and how we live. This involves becoming inner directed and shifting the locus of reality, authority and power from the external world to one's inner divine Self. It's natural to think when first accessing this inner place of authentic being within, that this is just a deeper part of the separate personal self. We are actually connecting with the unitary divine Self that the soul is an integral aspect of. This Self has an intrinsic knowing that will guide and support you. Your purpose is

CSR III: The Divine Self

really to bring forth the knowing and intentions held within the soul and to fully be who you really are within. This implies acting in love for the good of the whole that the soul is part of. This is to realize your dream of life as a co-creator with the Divine. The mind is the creative faculty. What we think and give reality to will become manifest. Therefore it behooves us to focus on what we become aware of when we connect to the heart centered soul.

§

406. In the Light filled now:

It's wonderful to feel completely at peace in the present — to feel totally glad and satisfied to be where one is without regret, bitterness, guilt, or longing for anything else. The past is over and the present extends in glorious Light unto infinity. The living moment is but the tip of an unfolding ever new experience of possibilities, of treasure awaiting our awareness. The past has brought us to this place and accomplished its mission in doing so. We can now let it go, along with all the thoughts and memories it has generated because everything real and necessary is here now. Embraced by God, we have need for nothing else because there is nothing else. God is all and we are in God and of God. As God we now cast our vision far and wide and survey the panorama where we find ourself.

We are looking out on a physical world while yet part of the spiritual realm which is the Source. Love is everywhere. This physical world has been created to manifest Love and extend the consciousness of God and God's purpose to this dense outer dimension of form and time. God has created this dimension and now is consciously present in it through us — the conscious extensions of God. Now we are awakening to who we really are. As we begin to share what we are becoming aware of, we will begin to fulfill our purpose here and build the structure of spiritual Being that God would have manifest here. Of all the myriad and infinite seeds of possibility, we will choose what we Love the most, and are most beautiful and bring them forth into manifest form. We will create the New World from its inchoate potential. As God we are sovereign and free to choose among the many seeds those which attract us the most and which seem most fitting, useful, beautiful and true.

The song and music of God thrills through Creation and we must harmonize with this chorus and weave our song and works into the collective effort. Earth is a place where God is consciously pushing into the outmost densest level to establish an outpost of divine Consciousness that will light the galaxy. We, who have arisen through the crucible of separate form and the conflict with evil are arising now in

CSR III: The Divine Self

prophesied victory to claim our inheritance and purpose, which only begins now. Everything up to now has been a preparation as we were not conscious of who we really are in God. Now we are awakening to this new Reality which totally transforms our experience of life. Now everything is living mutable energy to be molded into paradise. Let us 'roll up our sleeves' and get to 'work'.

§

407. Seeing with a spiritual eye:

Centered in our God Self, everything that we experience is also of God. We must choose to see and affirm this. In this new time, the Age of separation is past — the Divine has emerged to embrace all and reveal Itself in all. Let us release the ego mind and its beliefs by which we have experienced life and open to the newness and oneness of what IS here now.

§

408. Enlightenment:

Enlightenment is not just an experience of an impersonal awareness or wisdom but it involves identification with the consciousness and being of God. The Light reveals a Presence and this Presence is who we really are. As we express it we become it. To our surprise we are waking up in form and cannot remember how we got here. But it doesn't matter. What matters is now shifting to our divine awareness. This involves more than awareness of a higher dimension of reality, it involves awareness that we are one with the Life, Being and Consciousness of the Whole. Reality is a living Existence that we are an integral aspect of. We are here to express it, be it and further the creative unfolding of it where we are, here on Earth. Earth is an embodiment of a divine Being as is also the solar system and galaxy. Our enlightenment involves the progressive embodiments of more encompassing Wholes. It begins with accepting Jesus Christ as our Self.

§

409. Who are we?:

Are we human beings who are endeavoring to be more?
Or spiritual beings who have forgotten who we are?
If the former we need to strive, learn, think, act and accomplish.
If the latter we must remember, forgive, forget, trust and be.

§

410. Arise!:

Arise now ye sons of the Most High
Remember your oaths,
Remove your cloaks,
And let us see your radiant Light.
Let your voice be heard,
Your truth affirmed,
Your mission embraced.
The time is now for all sons and daughters of righteousness
To join the swelling army of Christ,
And take their part in the victory of Light,
And the establishment of the New World
That God has ordained!
Release fear and doubt, hesitancy and habit,
And let the Spirit now moving in the world
Lift and carry you forward!
Hear the sounding trumpets,
Feel the joy and anticipation arising,
Look around at the multitude harkening to the Call
And joining in the movement and the throe!
Blessed are those who are alive in this moment
And aware of these momentous happenings!
More blessed are those who are leading the charge!

§

411. Creating our experience:

In every moment we have a choice of what we give our attention to. What we focus on and give energy to becomes larger in our experience and more real to us. We thereby create the reality that we experience. In this there are two main choices. We can look through the ego mind or through the vision of the soul. The ego mind perceives the projections of its thoughts and beliefs. When we see a tree or read a news article its meaning is interpreted through the mind. We may have an uplifting sensory experience if we are out in nature but its meaning is determined by the mind's store of ideas. We likewise may feel inspired by what we read but the whole experience is within the parameters established by the ego mind. When we experience something via the soul we embrace it in loving consciousness and feel into it, letting its meaning be intuitively apprehended without any preconceived assumptions. As we cultivate this mode of relating, it slowly becomes easier and more natural. As we give more energy to the soul, we gradually become more identified as soul. We then experience everything as an interrelated unity unfolding in oneness rather than a linear progression of separate experiences.

§

412. From idealism to soul life:

Idealists naturally seek to internalize and focus on their lofty idealism. This idealism is an expression of the assumed nature of the soul. However, it is more effective to focus on identifying with the soul itself rather than the ideas that are presumed to be associated with the life and nature of the soul. To accomplish this it is necessary to go beyond thought and the concrete mind and focus on the Heart centered space where the soul is contacted in Love. This initially seems to be an empty space offering only peace, but on further experience will be found to be a conscious space, pervaded by Love, light and intention that is a Presence that can be joined. In the union with the soul — one's inner spiritual self — one can then access the intuitive knowing of the soul and consequently not rely on the beliefs and knowledge that one presumes to be the soul's truth. Joining with the unitary soul allows one a moment to moment access to the soul's intuitive knowing which reveals the right thing to think, say or do in every moment. Over time, by maintaining our focus in this Heart centered space, we shift our identity to the soul who is the conscious intermediary to God. We begin to live from within in the divine realm where all creation is one and immersed in God and the flow of God's Love, Life and Consciousness. We allow this to move through us by expressing what we come to know and thus become the co-creative extensions of God on the physical plane.

§

413. Clarifying our assumptions:

Are we personalities striving to be the soul or are we souls awakening in the body to what IS? Our beliefs are creative and shape our experience so it is important to assess one's core beliefs because we will manifest these. If we are personalities we are separate from the whole and striving to get what we lack and need. If we are soul, we are part of the whole of life and guided by God who is present in the moment. If we are soul there is no separation as we are connected and integral to the Life and Consciousness within all. Therefore it is necessary to release our unconscious assumption that we are merely a human being in a body, which will unavoidably shape our experience, even in meditation. We will be trying to get what we already have, but are not conscious of, so we will be invariably frustrated — like looking through the world for one's nose.

Imagining being the soul awakening in the body to what IS evokes an experience of connection to the whole of life that the soul is integral to. One feels a need to step back from being in the foreground so that one

might sustain an identification with the life and consciousness within all. As we release our hold on our separate self we push off from land and begin to float downstream in the river of life. This river is also flowing through us as we open to what IS in the unfolding moment. As we express and share what we are now experiencing it unfolds to the next moment and the next awareness and discovery and becomes more real. Everything is included in this moment — everything is embraced in the whole. We are on Earth, but Heaven is now here too. This surrender to soul is a surrender to Love. I now Love everything that IS because it is all part of a loving and wondrous experience of God. I stop trying to control life, and instead blissfully enjoy floating downstream to the sea.

§

414. “Christ consciousness is the relationship that allows the awareness that God is everything.”

Jesus, ACOL F:11:7

Imagine that you had a wondrous flashlight and no matter where you focused its light you could see through the form to God behind or within the form. Now imagine that this light comes from God within you. You are an extension of God in form in relation with its Self. Ponder on this, for this is the reality of our life. What do we do with the awareness that everything is part of God? We live with this awareness, continuously directing our light on to what we observe and hear and then sharing what we experience and what Love would prompt us say, do, express or create. Inwardly we share one consciousness of Love. Our separate forms allows us to share and extend what we are coming to intuitively know and thus make it manifest.

Our existence is part of the process of the externalization of the consciousness of God. God is already in the forms and matter because everything is God, but the consciousness of God, or Christ consciousness, has not collectively manifested yet. This is our role and our time. All we have to do is release our attachment to the separate ego mind and open to the light and Love of God which is flowing through us, allowing us to experience God, or what IS, in everything that we focus this God light on. We accept this light and Love by joining it and the God Self it comes from. We do not see in separation but in unity. In separation we experience separation, in unity we experience oneness in relationship. The separate form and the one Consciousness are united in a spectrum of divine oneness.

We are now awakening to an awareness that we have a larger life and consciousness that has knowing, Love and intention within us. We don't

know exactly what to make of this because it is in another dimension of reality than the one we have lived in and so our concepts can't adequately articulate it. It is consequently difficult to formulate and express. But let us trust Love to guide us and lead the way. We know that we are one human family, united in Love in one beautiful divine Being that encompasses all. Let us focus on bringing out what our world needs now to create the paradise that God would have manifest based on principles of oneness, divinity, freedom, equality, sharing, respect, abundance, and harmony.

§

415. Finding our access to unity consciousness:

When we close our eyes in meditation it's like going into a dark room where we must stumble around until we find the doorway out. The doorway out is a portal that connects us to a larger soul consciousness that frees us from the separation of ego. Uniting with this larger consciousness we have a holistic sense of identification. One transcends the 3D ego matrix and is now in a higher dimension of reality in a unitary consciousness within all. This is the Christ consciousness that is within us. Stumbling around the dark room to find the door we are guided by our sense of a presence and light coming from a particular direction. When we contact it we know. Now we have established a conscious connection to the Self within. As we express what we intuitively know, sense and feel when joined with this larger consciousness, it becomes more real and present to us. To maintain this awareness is to choose Love over the fear implicit in the ego which is afraid of the Whole.

§

416. Living in Love:

Everyone wants and needs loving relationships. As long as we stay centered in the Heart we can experience the Love that connects us all and give and receive that Love. Like the blood that is pumped by the Heart, Love gives life to us, carrying the air and nutrition we need. However, if we stay identified with the ego mind, the mind's thoughts and assumptions are projected on to the living field of the one loving Self and that changes our experience. Everything is then given a personal and dualistic meaning. The separate ego feels separate and Love becomes something that can be rejected, quantified and dispensed depending on circumstances and what we think. How much better it is to be experiencing the flow of Love all the time in an open and unrestricted manner! Staying centered in the soul, who is seated in the Heart, we are one with the divine Self of Love living within all life. We

then have access to the soul's intuitive knowing and guidance. Our life becomes an expression of Love in all we do.

§

417. Getting unstuck:

A person gets stuck when they let rigid judgments block the flow of inspiration and life. Freedom lies in accepting the Love and forgiveness of God that allows us to feel that we are free of the past and what we have thought or done — and gifted with new possibilities and hope. Visualize light pouring down on you cleansing your body and mind, making everything new and alive. Sense what you would like to do now and begin to let your self move in that direction.

§

418. Breaking free

We are at the collective stage of a butterfly who is struggling to free itself from its cocoon. We have been in a dark restrictive place for too long but feel the new energy transforming our reality. Now we sense the possibility of freedom into a new world of expanded life and light. The force within impels us to overcome the bindings of fear, deception, control and false belief and to assert our spirit, will and knowing. We are living for this moment. It is time to break free and fly!

§

419. From ego mind to soul love:

In thinking and talking about the world as it is now we are basically focusing on our fears because our civilization has been largely built on fear and the falsehood of our separation from God. This is ultimately a negative focus that keeps us in the ego matrix mind and thus in the circumscribed world that is the resulting experience. We may momentarily escape by some diversion, but the matrix parameters define the walls that keep us bound and restricted.

Let us turn instead to the Heart and its well of feelings, inspirations, dreams and visions that continually spring up from within. These are given to us by the God we are part of, to be expressed and brought to life. These are innately positive, life and joy affirming. They connect us to the larger living Whole and our role in co-creation with God. Let us share from the Heart with each other for we all have a valuable part to play in manifesting the Paradise that is to be on Earth now.

§

420. Living with faith:

It's easy to worry about many things and feel that one has to prepare for various possible adverse events. Some precautions are reasonable, but we must also trust the transcendental knowing of the soul and realize that if we listen within we will know intuitively what to do to navigate through the challenges in life. Often those who have less material security develop a trust in God more easily because they can experience it in the day to day transactions that keep them afloat. Just as they are often more generous in giving what they have knowing they are cared for by God as they listen within to their soul.

§

421. Joining the Alliance for Truth:

Despite the daily infusion of higher vibration energy into Earth, in this epochal planetary transition, humanity won't be able to embrace the emerging spiritual reality and create a civilization based on this until we see the corruption of the present system, release our investment in it and overthrow its leaders. The nefarious agenda of the global elites, leaders and authorities who control the system for their own benefit is becoming more obvious as their lies, machinations and strategies become more desperate and improbable and the crises become more extreme — impelling humanity's attention. Thanks to the internet and social media, whistleblower facts that the mainstream establishment suppresses are now available, along with copious confusing misinformation. Discrimination and trusting one's intuitive knowing is needed.

Fortunately humanity isn't alone in this effort of planetary awakening and liberation. A growing alliance of planetary servers in every nation who are aware of the real situation are battling together now to reveal the truth with the support of benevolent celestial and extraterrestrial forces. Because the changes happening now are really part of a prophesied spiritual event where the influence and presence of the Divine is pervading and transforming all life on Earth — and in the solar system. The separation from God that has characterized human consciousness is ending and a new soul centered humanity that is one with the Divine in all life is being incubated. The old fear and survival based global political economic system is no longer adequate to embody a totally different consciousness. However, there are those groups who profit from the present system and are loath to give up their power and privileges. They are willing to use any means to continue to exploit and control humanity. Their true nature and agendas must be recognized so that they can be outed and dealt with. The old exploitive order cannot long hold back the inevitable victory of God — the old system is

breaking apart. We must see the necessity of that and join the alliance for planetary transformation that God has decreed.

§

422. Embodying the Creative Force of God:

The purpose of human life isn't just salvation or enlightenment but oneness with the creative Force of God so that we become co-creative extensions of the larger divine Life and Consciousness of which we are an integral aspect. Our purpose is not realized until we fulfill our role in the larger ecology of our planetary and solar life. Humanity doesn't exist just for itself but also for the well being of the subhuman kingdoms and other lives within the related solar and cosmic domain of interrelated Life. Earth is the base chakra of our solar Being and thus is the custodian of solar kundalini. Earth humanity will eventually become enlightened units of the conscious creative Force to the other planetary lives in their hylozoistic chains. We will learn that each planet is a living Being with its unique quality, structure and purpose. Identifying with the Whole and with Christ consciousness, we will create the appropriate ideas, forms and processes to enhance and advance evolution in whatever way is needed.

§

423. The spirit of the New Age:

The spirit of the emerging New Age is said to embody limitless Love and Truth, Oneness with the Divine in each, and a Transforming energy that facilitates an ongoing unfolding of ever new awareness and quality as we open to it and embrace it. The Truth is Love which is ever New and ever revealing new possibilities and realities to Transform our present experience. Christ first seeded Earth with cosmic Love two thousand years ago and that spiritual yeast has gradually leavened in humanity thanks particularly to women who have primarily embodied it. Humanity has little known Truth as our entire identity has been based on the falsehood that we are egos who are separate from the Divine. The truther movement today is beginning to rectify that by informing us of the battle with planetary evil that is endeavoring to keep humanity ignorant and oppressed. Truth is proclaiming the reality of the divinely decreed intervention of celestial, extraterrestrial and human Alliance forces to liberate Earth and humanity from ignorance and tacit enslavement and to establish a spiritual Golden Age. This truth is being denied in the secular global mainstream which itself is controlled by the evil elite. As we open our hearts and minds to Truth and Love and release fear and our programming, we will immediately begin to experience an expanded sense of self and a more vibrant and joyous

relationship with all of life. The New Age involves a planetary birth into an emerging time of peace, brotherhood, abundance, joy, beauty, freedom connection, and expanded consciousness. Soon everything will be transformed as we allow ourselves to flow and be transformed by the spirit of the New Age.

§

424. Becoming conscious souls:

We are continually experiencing new life — sensations, emotions, thoughts, feelings, situations, imaginations, memories, desires, dreams, etc. However, we are the same conscious awareness observing and experiencing this ever new unfolding life. Even if we were in a dark prison, we would still continue to experience new internal stimuli of life. Life is ever new, consciousness is eternal. We believe that our consciousness is personal, however it is really the immortal soul in us who is the source of our consciousness. We just believe it is personal because we believe we are the separate body and mind that we are incarnating in. However when we focus our attention on the Heart portal through which we can consciously access the loving soul, we discover a conscious Presence of Love, Light and Intention that is devoid of thought or belief. As we have habitually given reality to thought and belief, this Presence seems empty — a nothing. However, it is the source of our consciousness that we have allowed to become caught up in the concrete mind which is part of the body. If we will stay focused in the soul space within, we will gradually realize that we can access the soul's intuitive knowing, guidance, desire, will and intention. These are of a higher frequency than personal concepts, concerns and reality so it doesn't translate so easily. However, if we are to become Whole we must align with the soul, attune with it and its knowing and begin to find ways to consciously express it. Because the soul is our eternal conscious self and the instrument of our God Self or Spirit.

As we center our awareness in the inner soul Presence, we align with a higher dimension of reality that is One within all. All souls are part of one Divine eternal consciousness of Love. We can therefore become aware of this One divine Consciousness that is within every person and existence. This is Christ consciousness. We can then maintain this inner identification while simultaneously experiencing the external profusion of unfolding life. The inner oneness encompasses the external diversity. God is both within and without as God is within everything. As the Presence of this unitary divine energy becomes more noticeable in the coming time it will become easier to choose to align with it. In our soul response to what is without we can choose to intuitively listen as soul to what God would make us aware of and share this. We respond to God

CSR III: The Divine Self

in matter, in life, by extending what we are given by God in Spirit. Christ Consciousness mediates and integrates between life in form and the Purpose behind life. Soul identified humanity will externalize God's Intent and God's Consciousness on the physical plane where we have incarnated. God's Consciousness is our eternal real consciousness as we are extensions of God's Being whose role is to co-create with God the new forms, processes, ideas and structures waiting as seed potentials to be discovered by us within, that will manifest God's Intent and our highest dreams in the emerging Golden Age.

§

425. Listen and hearken:

Let the sparkling new energies rolling down from on high lift, cleanse and release you from everything that has held you down and clouded your vision. Hear above the din the high notes from far off that announce that something new, glorious and long awaited is coming. Let your spirit rise up in hopeful exuberance and exaltation. Feel the peace, joy and benediction. Allow your spirit to soar in the wind and light now moving through the ethers. A divine chorus of deliverance thrills through creation. An invincible Power comes to transform and renew all life on Earth.

§

426. Utilizing the soul's knowing:

The mind, powered by will and emotion, creates our experience. We are continuously and unconsciously imagining what we believe and projecting this on to the world, which is like a screen upon which we see the movie that we believe is our real life, but which in fact is only the play we've created and the role we are acting out.

It behooves us to take control of our imagination and our mind by aligning with the soul and then imagining the heaven experience that we are meant to bring down and manifest on Earth. By uniting with the soul, by connecting through the Heart portal, we get an intuitive felt sense of what this level of reality entails. Express and share this; make it articulate; ground it in your life and actions; live it. Do not keep this most important and beautiful vision and experience locked away — a private dream. We are co-creators with God who are meant to bring forth and externalize the divine seeds of the higher potentials and possibilities the God would make manifest through us.

The matrix civilization that we live in now continually broadcasts fear based messages and related stories to deliberately keep us ignorant,

CSR III: The Divine Self

deceived and partners in creating a world where we are prisoners. As long as we accept the reality of these messages, fears, beliefs and narratives promulgated by the establishment and their elite, we will continue to be disempowered, controlled and unconscious collaborators with the world's powers. By believing the authorities and elite leaders rather than trusting the divine truth that we can access intuitively within, we empower the false narratives that keep us enslaved in delusion.

Let us step back from our habitual and naive trust in what we have been told is true. From our first moments of life, through many years of schooling and acculturation we have been indoctrinated, educated and programmed to believe and accept a fundamentally false view of reality. This paradigm which underlies our civilization and our ego self identity is that we are just separate vulnerable conscious physical beings in a world where we are separate from everything else, including God. We must therefore live in fear for our survival in a threatening place where we have to use our mind and will to control our circumstances, meet our needs and prosper. The structures of society have therefore been supposedly set up for our benefit to address these inherently dangerous conditions and provide necessary safety and support.

Accept that this is not true — it's just the narrative, that we are co-creating because we believe it. This understanding posits the existence of a powerful world controller group who derive benefit from keeping humanity deluded, exploited and essentially enslaved. This dynamic reflects the ongoing conflict between good and evil that has characterized life on Earth since time immemorial. Fortunately, as the ancient cultures and religions knew, this period of suffering must come to an end. That ending is now. God has decreed that the Earth be liberated from the control of evil and has instituted a spiritual intervention to raise the energy of Earth and free it from the control of evil.

We must do our part by freeing our minds from the control of the false programming that we have internalized and are thus empowering in our lives and our society. We must recognize the fake news and see the nefarious agendas that are being enacted by the Deep State controllers. We can do this by opening our minds and hearts to the truth that we each can access within our own soul to discern intuitively what is real and legitimate in the turmoil going on now. The internet has a broader range of information than the mainstream media that with discrimination we can sort through to come to an informed understanding that accords to our intuitive sense of the truth. Then we must act on this intuitive sense of the truth to assert it, share it and live by it.

CSR III: The Divine Self

We must not only focus on the deceptions and the deceivers and out them, we must also begin to clarify our soul's vision of the heaven world we want to manifest now on Earth in the divine Golden Age that has been prophesied and is imminent where Earth is lifted up into conscious embrace of God — and unity, Love and peace prevail. We do this by shifting our focus and attention from the false programming in our ego minds to the divine knowing of our soul self. This shift requires attending to what we feel, sense, intuit and are inspired to vision and dream of, rather than what we have thought and believed. This entails a shift from control to trust in the flow and guidance of spirit that we can experience in every new moment. This requires taking responsibility for our soul inspired visions, desires, feelings and intentions and acting to express and make them come alive. We each have a necessary role and part to fulfill in the new world that we will co-create together with God.

§

427. Living as a soul conscious human:

Centered in the Heart space within, we are connected and one with the divine Whole that we are an integral part of. Joined with the Whole we are both the experience and the experiencer. By our choice of what we give Love/Reality to, do we choose and create our experience of reality. This does not mean that we can deny, for example, the reality of a tree that we see, it implies that the reality of a tree consists of more than its form. When we tune into the Source we realize that the tree is really a living embodiment of a created divine idea that has consciousness and purpose. It lives in an interrelated dimension of intelligent conscious vital life. This dimension is also part of us and we can therefore tune in on it to intuitively discern its consciousness and purpose. Humanity, as the steward of Earth, is meant to tune in to the Earth and the other denizens of life. We are meant to foster the growth of the subhuman kingdoms and cooperate with the other beings and lives that are part of Earth's ecology.

In our relationships with other human and superhuman beings, we must learn to respect the divine truth and purpose that is within each — and within us as we embrace and encompass our experience of each. In our response to what we experience in our relationships and circumstances do we choose to animate what Love reveals to us, that is our particular path and destiny. As we awaken to who we really are as sovereign divine beings, we shall realize that we are free to manifest whatever Love/God holds out to us as a luminous possibility. As long as we always create from oneness with the divine soul — who is one with the Whole — and not from a separate purpose, we shall create in safety and harmony. We shall become adept in manifestation and will experience the magic and

miracles that are intrinsic to the soul's nature. We shall utilize the power of Love to realize the purpose of God — which is our purpose and highest dream of life.

§

428. The new energies and paradigms:

The new spiritual energies now infusing Earth carry within them new paradigms, archetypes, patterns and ways of being that will transform our habitual ways of thinking and living. They embody the new reality that we will want to accept and embrace for they reflect truth, life and the fulfillment of our purpose and being. To attempt to hold on to the old and obsolete, is to hold on to fear and reject the gifts that God offers us. As the past has been defined by humanity's fearful separation from God and the magic and abundance of divine Life and Consciousness, to maintain this denial is to suffer and contract from everything that is alive, real and good. Humanity will choose the Love and light that they will be able to feel that is surging within and allowing them to release their hold on the status quo that will increasingly be seen as corrupt, impaired, unjust and oppressive.

The new ways of life will reflect an expanded soul centered consciousness that is attuned to the Divine in all life. This will be a mutable free consciousness that is free to flow and unfold as spirit directs. The new forms will allow, support and expedite this creative unfoldment. The new paradigms will serve the greater Whole as well the individual. They will facilitate ease of movement, transparent communication, safety, security, health, knowing and connection with the diverse beings comprising multidimensional cosmic life. We shall have our spiritual capacities and power restored, and be conscious co-creators with God. Everything will be functioning on a higher dimension that will make possible an experience that couldn't happen heretofore in the 3D reality we have lived within.

Let us each attune to our intuitive sense of what needs to happen now and change. How do we now formulate our highest vision and hope of what we dream of realizing? What is right and necessary now that maybe wasn't in the past? How should we structure our daily life and community to facilitate realization of the most beautiful possibilities? How has our expanded consciousness changed our priorities and purpose? How can we effectively embody unity consciousness for all? As we articulate, express, share and create we will discover and manifest the new archetypes that will come to characterize the New World and Golden Age we are ascending into. We shall realize God's purpose for Earth by allowing Love to guide and inform us.

§

429. The Second Coming:

Everything exists already and is present within the Eternal Now. God, who is everything that was, is or will be, is omnipresent. Reality is multidimensional and it is just a matter of where one focuses one's awareness. Of course, more rarefied and subtle states require a correspondingly sensitive and expanded consciousness to apprehend these. One has to overcome the habitual attachment to the forms one is incarnating through so one can focus on the Source of one's consciousness and spirit. This changes us from looking for God, to God looking out on its Self. This is the Christ consciousness that is our destiny and essential nature. Jesus Christ demonstrated our future. That future is now. As we move into the Heart portal we shall become aware of a Presence of Love who is waiting to be recognized and embraced. This Presence is emerging within everyone in the world now. This is the Second Coming prophesied by Christianity but spoken of in different terms by all the major religions. Within the Heart is Christ who is our real Self. We are all part of this One Divine Being. Unity consciousness means Oneness with the Christ in all. In the past this consciousness was just embodied by a few. Soon it will be embodied by many who will extend and manifest a new Reality on Earth.

§

430. Being a divine Co-creator:

I feel that as divine co-creators with God, our role is to channel the dreams and purposes of God into physical manifestation. (These are really our dreams and purposes as well.) Thus we are not just to become enlightened, saved, realized or whole — we are to find a way to bring into being the latent possibilities that God would have brought forth and made real. We do this by embodying these as we sense them, letting these energies flow through us by expressing them in new forms we create. We see these magnetic dreams, visions, ideas and hidden seeds of possibilities latent within and call them forth. Everything is already within, it is our role to become conscious of it and let it move through us and be birthed into the world. This is what women do when they conceive and give birth. From union, something new is conceived that is given form and life. The soul is both feminine and masculine, both receptive and initiating.

Therefore, let us share our highest dreams of what life can be with one another. What is our greatest love, our deepest hope, our most radiant beauty? Let us see these as realities that are latent within the world that everyone is experiencing now. Because on the dream level, all is one. If,

CSR III: The Divine Self

for example, my dream is to experience oneness — everyone sharing in the same divine Life and Consciousness — then I should extend that into the world now and experience it happening even with people who don't seem to realize that it is. On the soul level they do. Sharing this soul level reality awakens people to the soul level. We discover that we all share the same divine Life and Consciousness. We push our conception out into the world as a woman pushes her baby out into manifest life. Everything that we extend remains a part of us as our embrace expands, because we co-create in wholeness. We naturally experience joy in this co-creative process.

This implies specifically that everyone is part of my dream of oneness, that I am experiencing happening in the world now. As we embody the same Christ Self in this vision, we are cooperating in unfolding the latent implications of this as we discover these in the moment. We do this by opening to the living moment within the Heart/soul and becoming aware of what is there that Love would prompt us to express and share. Imagine the stillness and peace of a holy moment of Love where one is inspired by feelings, visions, and impulses that would be shared and made manifest for the good of all. Everyone functioning on the 5D soul level is doing the same thing — fleshing out this New World that we are beginning to live in together. We are bringing down Heaven to Earth and beginning to create the new spiritual civilization that will soon flourish on Earth.

§

431. Taking back our belief in falsehood and delusion:

The truthers of the world have been exploring and reporting on humanity's battle with Earth's evil Deep State controllers — the Illuminati who have been the hidden powers behind the outer happenings on Earth for thousands of years. However, it's important to remember that this dark cabal only has power because they have convinced humanity to believe as they do in fear and our separation from the Divine within all life. We have given them power as we continue to do by believing in the Deep State elite authorities, experts and leaders of all the significant institutions in our society. We have thus disempowered ourselves and participated and made possible our victimization. As humanity far out numbers the elite controllers, all we really need to do is reconnect with God within and the intuitive knowing that we have intrinsically, and take back the belief and power we have given away to our grief. We must divest ourselves from our dependence on the system and its proponents. We must unplug ourselves from the mainstream propaganda and indoctrination that comes in 24/7 through media, entertainment, politics and education. Let us turn to the truth within and

see what resonates in the world. There is a spectrum of information on the internet now, and we must sort through it with an intuitive sense of discrimination. Let us inform ourselves, then join with other awakened world citizens to make the changes that are necessary in every aspect of life. The time has come and it is destined. God is reclaiming Earth from the suffering it has experienced and we must do our part.

§

432. Collaborative co-creation:

I've had experiences of connecting to my soul's intuitive truth and then finding that no one could relate to it, which made me feel isolated and frustrated. I feel we are now opening up to another dimension of reality — the dimension of the soul — that we are becoming aware of as this energy begins to strengthen and emerge into our consciousness. It's natural to assume that this level is just a deeper part of oneself — and it is — but I believe that it is also a group consciousness that we share with others and part of Christ consciousness. This is something that we need to collaborate to express to make it manifest in the world. This will require new conceptions, dreams and archetypes as 5D reality doesn't readily translate into the assumptions about reality prevalent in the 3D ego matrix reality that we have been living in. This entails a shift from thinking to being. Opening to this inner Heart centered space is to open to the unknown New as we become aware of it in the living moment. As we gradually accept and share what we are experiencing and intuitively knowing we will discover more as the moment unfolds.

We each have our unique gifts and way of expressing what we are coming in contact with that will enrich the whole. We will discover that the New World is actually emerging through us — we give it form and expression, although the seeds of possibilities have been planted by God. As we extricate ourselves from the ego matrix mind that is dissolving now, we will find that we can center our focus in the Heart and the higher mind that can formulate the soul's knowing. This is to tune into and harmonize with the flow of Love and awareness as it unfolds in the moment. This entails surrendering to life ever new as we become aware of it by our eternal loving consciousness. Within we will discover treasures waiting to be brought forth. Let us give these form and expression. We are pioneers setting out to explore a new and uncharted land. We get to name the new mountains and rivers, see the new species of life, sing the new songs and formulate the new myths that reflect the nature of life here. This is an inward exploration as if we had discovered a magic door leading into an inner spiritual kingdom of timeless wonder.

§

433. Going within:

When I go within now, increasingly there is only light and a feeling of being free of the past and of everything I have thought or done. 'I' is a consciousness that is spacious, large, felt and intuitively knowing. There is Love and a desire to somehow make this inward place that I feel is within all of us, more manifest and real. I feel that we are all opening up to this same place and awareness and thus should begin to share our experience and what we are becoming aware of. Our feelings, more than our thoughts, will guide us. Love will show us the way and provide the means.

§

434. Reflections on the nature of men and women:

I have always had an appreciation of the divine Feminine and women's embodiment of Her. I believe that the New Age we are moving into will see the divine Feminine assume Her equal and honored role in human civilization. The divine She will come out from behind the veil that has hidden Her and reveal to all the world Her splendor, majesty, power, and creative force. She will demonstrate the Christ conscious path that women will realize their Self by.

(Jesus has said that Mary's Christ consciousness was essential for his role. The Catholic and Orthodox churches have also proclaimed Mary's Christ consciousness.)

Men will cease trying to control women, or see them in terms of what they need from them, but will provide the structure wherein women can flourish and fulfill themselves.

In my view, women embody the emotion and power of Love and ever new creative life.

Men can embody the consciousness and will to Love.

Women are more identified with the various beings and life that Love flows through and the relationship between.

They embody receptivity to the flow of life and Love.

Men are more differentiated from the personal and can therefore identify more abstractly with the consciousness of spirit within the Whole.

They embody the initiation of spirit.

Women have over identified with emotion, men with thought. However, when shifting to identifying with the soul, both shall attune to the intuitive unity consciousness of the soul.

CSR III: The Divine Self

With regard to the divine Feminine, I sometimes feel that all I can do is be a conscious mirror and sing praises of Her. Perhaps this may help to consciously extend knowing. She just Is — the Goddess who Is incarnate and who reveals the sacredness within each moment and every situation. Everything that She touches is blessed as with a fairy dust that brings it alive and awakens it. She is everything beautiful, joyous and good. All I can do is praise the wonder and magic of Her.

In this way men and women can complement and balance each other. Women embody the divine Life and Love, men the Consciousness and Spirit. The divine Feminine is free as eternal Love manifesting in ever new Life. The divine masculine is free as the Spirit coming into conscious Being.

I have always had a connection to the divine She who seems to me to be more accessible than Jesus or the divine masculine Christ consciousness. Perhaps because my emotions are moved by Her. I experience Christ as an all encompassing and transcendent/immanent Presence who is more abstract.

As the soul has both masculine and feminine qualities, many people are endeavoring to integrate and express their other side to become Whole. Men are expressing their feelings, women their intellect.

§

435. Being here now:

Being here now sounds simple — and it is — but I don't mean just aware in one's senses but aware of the conscious Presence that is within the field of awareness. This is a more elusive awareness. The forms of outer reality are pervaded by conscious life and Love. There is One Divine Self within all manifest life. As we attune to this Self we discover that it has an intuitive knowing and intention for us that we can access, despite the fact that it is a field of energy devoid of thought or personality. This is the divine Soul who supplies our 'I am' consciousness. This Soul has been endeavoring to get our attention in this busy world where everyone's beliefs don't align with its timeless reality and truth. However, now it has our attention and we can begin to listen within and align with it. We can be here now because we are aware of the conscious divine Being who is here now. A new dimension of reality is emerging in our perception. Joining this divine Self we become larger and lose our personal separate identity. We assume the mantle of our true divine identity that is an extension of God. To make this real and manifest, however, we must express it and live it, doing what we are given to do by intuitive knowing, surrendering to its loving

flow and intention. This always embodies Truth and Love. This is to live fully in the Eternal Now.

§

436 Largely unbeknownst:

The real nature of the happenings and changes on Earth can't be understood in the secular parameters of our mainstream establishment thinking. As ancient cultures and religions knew, Earth's cycle of materialism, separation and conflict would come to an end and a period of spiritual transformation would usher in a new civilization where unity with the Divine would once again characterize human life. Spiritual energies are flooding Earth but as these are non empirical our scientists are not aware of them. Likewise extraterrestrial spiritual civilizations are intervening to help Earth in this transition but as they are non empirical, for the most part, we are not aware of them. The religious believe in such possibilities but the old scriptures don't readily translate into the realities of our modern circumstances. Fortunately many sensitive and intuitive people are making conscious contact and reporting what is really going on.

The immediate effects of this transition are the tumult and crises that we see in nearly every department of life as the moribund status quo that is incapable of embodying the new higher energies is shaken and people awoken to the new reality now present within them and within the world. People are beginning to realize that they have to release the established narratives if they are to understand and adapt to the changes sweeping the planet. Fortunately this God ordained process is being orchestrated behind the scenes to be as short and easy as possible. Everything that is happening will lead to the creation of a better and happier world that will be here before we know it. The essence of it is already emerging within us if we will focus on what Love would have us feel and know. Let us therefore trust Love which is the energy of God as it carries us to the future we all dream of. Let us do our part in this process by acting on Love's promptings and the service we would share with each other.

§

437. Trusting our innate knowing:

Reality is what it is regardless of what we believe. However, our beliefs do effect our experience of reality as these beliefs create their own effects as we are creators who share our being and nature with God. Thus humanity has created an artificial and temporary civilization on top of the universal and divine reality given by God and reflected in the natural world. As this civilization is based on the falsehood of our

separation from God, it naturally results in suffering which is a mechanism established by God to lead us back into alignment with the Divine. When we create with God, we create only positive, harmonious, healthy, and joyous effects. The evil war on humanity now strives to divest us from our divine knowing so that we may be confused and more easily controlled and used. The woke ideology being promulgated by the evil Deep State would have us doubt our intuitive knowing, our divine rights and freedoms based on what this small Deep State elite would have us believe. They would have us feel guilt, fear and self condemnation for the problems in the world so that we would give up our power to act on our own initiative. They would have us accept false blame so that we might give our power to them, who presumably know better. Let us wake up from self doubt and fear and claim the intrinsic knowing God has placed within us and act on it. Let us take back the power that we have given to the false leaders, experts and authorities and make the changes necessary in the world to create the divine harmony and unity with the God that will heal and transform the world for the better.

§

438. Letting go and letting God:

We need not fear letting go or releasing our attachment to the familiar, the habitual and traditional because what is real and eternally part of us can never be lost or released. Detachment is primarily for the mental beliefs that have provided the circumscribed landscape of our life. Now, however, as we release these we can experience a larger living panorama of divine possibility. We are entering into the Age of the Soul where we will discover that reality is much larger, more wondrous and beautiful than we had even imagined. The ego matrix programming that has defined our civilization and our life on Earth is dissolving and freeing our consciousness to explore the lighted divine realms comprising our multidimensional universe. We will find that we are eternal spiritual beings who have our home in God and that that it is our role to manifest the divine potentials within. Let us give thanks for our release and the gifts that are ours as the divine progeny of God. A tremendous influx of Light and Love is lifting all life on Earth to a new glorious ecstasy. Let us surrender to this process that we might experience the wondrous destiny awaiting us.

§

439. Embracing our family.

It may seem that we travel alone as we traverse the sky in the flight of spirit, but as we look around we will discover that others are winging in

CSR III: The Divine Self

the same direction, guided by the same spirit, hearing the same call, feeling the same Love and inspiration. Let us shout out to these brothers and sisters of our common family, recognize them for who they are and realize that we can depend on them as we depend on the Self we share in our common aspiration to bring our dream to fulfillment. This project requires everyone's efforts, everyone's contribution. We are creating a chorus that needs every note and instrument to achieve the full sound. As we harmonize with the divine Sound vibrating through the ethers, it requires our collective efforts to fulfill the chord assigned to us. Rejoice in the Brotherhood, the Oneness and collaboration. This dance is a celebration of divine Being and a supernal Purpose we are only now getting the faintest glimpse of. Our flock is now soaring above the clouds and Home is just beyond the horizon.

§

440. The Great Awakening:

The turmoil in the world is all a necessary part of the Great Awakening that humanity is beginning to undergo. We must realize that the corruption in society runs deep and is pervasive. It is not just political but is endemic in the establishment institutions and the elite leaders, authorities and experts who we have naively trusted and given our power away to. The interlocking structure of power presents a united block that serves the agenda of power and the globalist Deep State behind it. This Great Awakening will force us to begin to think for ourselves and trust our own inner knowing and not the media and the elite. Then we will begin to listen to those voices who have been crying in the wilderness about the danger we face and the opportunity for change.

The Deep State is deliberately endeavoring to frighten, confuse, kill, impoverish, delude and divide humanity to manipulate us to accept a totalitarian New World Order and a AI predatory future where we are enslaved. We are in a global cyber war and the system is being weaponized against us by those who control it. However, when we realize that the 'conspiracy thinkers' are telling the truth — that the pandemic was deliberate; the 'vaccine' dire; the lockdowns unnecessary and damaging; the woke culture war a deception; that the green carbon neutral policies are a path to societal impoverishment to justify a Great Reset; that the war against Russia and China is an aggression to maintain global domination; that the mainstream media is merely a purveyor of Deep State propaganda and fake news; that the scientific rejection of spiritual and extraterrestrial reality is a lie; that the establishment efforts to censor, cancel and criminalize free speech and dissent is showing the tyrannical nature of the controlling Deep State;

etc., we shall begin to free our minds from our conditioning to begin to see the truth.

Concomitant with our awakening to the truth of what is really happening outwardly is an inner awakening resulting from the higher vibrational spiritual energies flooding the solar system and lifting our awareness above the circumscribing ego matrix programming that has limited our experience of reality for eons. Our consciousness is expanding to embrace the soul and the divine knowing that we intrinsically have. We are entering a prophesied New Age where we will reestablish our place in God's divine order and fulfill our role in the planetary and cosmic scheme. The new civilization will be based on unity with the divine and co-creation with God.

§

441. The educated are paradoxically, more deluded:

Progressive and spiritual communities, being typically more educated are paradoxically more inclined to believe the woke and globalist beliefs and values being disseminated by the Deep State through their elite control of the institutions of society.

The average man trusts his instincts more and traditional religious belief which are at odds with the AI New World Order agenda being inculcated by the Deep State and its plan as enunciated by the WEF and UN Agenda 2030. It's the average man and woman, then, who can better see the truth of what is really happening in the world now and who can better accept the spiritual aspect underlying these planetary dynamics.

The attitude to science demonstrates the difference. The progressive elite believe in scientism and overlook science's collaboration with the Deep State establishment. The average man knows that science can't invalidate his religious beliefs and values because these relate to a different sphere of reality. He thus takes science or modern day scientism with a 'grain of salt'.

The truth is odd in that it is at odds with the pervasive propaganda that we have been indoctrinated with as normal and real. However, we are beginning to wake up to the fact that our world is an artificial reality based on lie. We are waking up from a fearful nightmare to a light that is coming into the world that is allowing us to see things as they really are in love, truth and unity with the eternal ever present Divine.

§

442. Participating in a prophesied transformation:

Awakening is not an intellectual process. It results from realizing that there is a Light and Love from God that we can open to, live in, and flow with that is not of this world. In this Light we can embrace all things and yet not be affected by any darkness. We can live in the world while being free of the world. This is our time to share our Light that brings peace and healing to those still mired in the matrix illusion. We are not alone or separate from God. We are part of the divine influx of spirit that is transforming the world. Let go of any effort to control this Light and Love and allow your Self to express it as it will. See it in everyone. See it in this moment that is now filled with the divine Presence. Let go of any intellectual need to explain or analyze it. It just IS here now and the world is being made new. We are the means by which God is made known and manifested on Earth and in the cosmos. God is pervading Earth and revealing Its Self. We are all part of this divine Self. Let us share the Light and Love with each other and create what is meant to be. It is that time. We are here to be part of this transformation.

§

443. Supporting the problems or the solution:

It's natural to be distressed when thinking about the turmoil in the world and the fear and negative thoughts these are related to. However, by perseverating on it we are actually giving it energy and making our experience of it more pronounced. It's also possible to open up to the spiritual Light that is coming into the world and to project it and see it in our circumstances as the divine Reality emerging from within now. By focusing on this and sharing it and its associated knowing we are likewise making it stronger and more manifest. By doing so we are contributing to the solution, and feeling better, more hopeful, connected, loving and peaceful at the same time. The first tendency is a reactive habit that can make us feel powerless, confused, angry or sad. The second approach is more empowered. By consciously choosing the Light reality we want to experience we are doing our part to make the world a better place where the Light predominates.

§

444. Treasure from God:

I feel, sometimes, like a man carrying a treasure chest from God who would like to disburse this treasure but people are not open or willing to receive. They can see the chest but imagining something fearful, they quickly move away. I have tried to explain that it contains wondrous gifts from God, but the more I extol, the more reticent they become. God, to their minds, conjures up images of things that would be unsettling and

upset the comfortable routines of their lives. And haven't they been warned about deceivers and been fooled before? They are in no hurry to address anything from God. When it comes as something they cannot avoid, then they will look. Meanwhile I move about hoping to find someone to gift.

§

445. Unchanging Love:

So many things are happening and changing in the world but I do not change. I just continue to expand my awareness to include more within my Self and release more that is not my Self. Now I live in the Self's Light and Love as much as I choose to remember that this is an option. Now I release fear and separate thought as much as I choose to. My experience is up to me. Inspiration like golden fruit picked off a bough in Heaven, is readily available. The eternal day unfolds in harmony and peace. The extremes and contrasts have blended and mellowed into a reverent contentment. Not needing the world to change, I am content with not being in the world in consciousness as I am carried along in the flow and unfolding situations. Love abounds.

§

446. Earth's Ascension:

Earth and the solar system are ascending in vibration everyday. This ascension will allow a corresponding shift from our human identities, that have been polarized as separate egos, to a soul centered identity that is one with the divine Life and Consciousness of which we are an integral aspect. Our experience of reality will shift from circumscribed 3D awareness to an expanded multidimensional awareness with 12 strand DNA faculties and capabilities. If we are expecting this shift in our experienced reality we can adapt to it much easier than if the frightened ego is suddenly confronted with a larger disconcerting unknown reality which it is not prepared for.

This new reality is embraced and understood by consciousness, not by mind. As we stay centered in the heart consciousness we will feel that we are connected and part of everything. We will feel that everything is animated with a conscious life energy that is bubbling up within all creation from some hidden Source. Each moment will have a vibrant newness such as we have never felt before, yet soothed by the presence of eternal Love. Everything will feel safe and harmonious. The petty concerns and worries of yesterday will be no more and our minds will be somehow washed clean of outdated beliefs and preoccupations. It is as if we are now standing at a viewpoint with a dazzling wide open

panorama only instead of looking outward we now look inward to the glorious divine realms within the manifest cosmos. We will realize that everything is alive and part of a multitudinous divine Being, and that as an embodiment of this Being we share its sovereign freedom and creatorship. Now we only have to sense what Love calls us to, and what we are here to discover, share, express and create in joy and holy relationship. We used to believe that we're just here to labor to make the best of a few short years, now we know that we are here to create an eternal kingdom of resplendent beauty on Earth that will serve the cosmos.

§

447. God in Creation:

God moves up through the mineral, plant and animal kingdoms evolving the forms of matter until in the human kingdom God can consciously begin to communicate with its Self. In the Soul kingdom of Self identified humans, God communicates as its Self through Souls in relationship. As Souls we make the shift to identifying with the Whole and expressing that which we find in the divine Whole which Love would have be known, shared and manifested. To accomplish this we must intuit the optimal form or method appropriate to God's intent and the ideas, impulses, purposes and visions that we are inspired to bring forth into created life. This is the White Magic of the Soul who demonstrates a higher spiritual power that transcends nominal reality and transforms the present. To co-create as a Soul we must identify with Self who encompasses Whole. Everything is part of us as we are.

§

448. Loving our Self:

Unless we admit that we love everyone, we will not be loving our Self or aware of our Self or God. Unless we realize that we are all free in God, we shall continue to imagine that we need something from others. Unless we are aware that we live eternally in God, we shall continue to believe that our thoughts are meaningful. Our immediate goal is oneness with the Soul. Realizing this requires the awareness that the Soul's intuitive knowing supersedes knowledge. This requires the awareness that we live in God in Love and Truth, and that the world is where we express and manifest this. We encompass the world and more besides. This more is what we are to bring forth to transform this world to a Heaven.

§

449. Just Being:

As the sun always shines on the Earth,
So do its rays move through the sky,
Stirring the sky to movement, the winds to blow,
The clouds to form, the rain to fall,
Nurturing life,
New in every moment.

I am the light and the sky,
The animator and the animated,
Love embracing life,
Life reflecting love.
In freedom and joy we frolic and create,
With each breath more becomes.

§

450. The Earth Alliance Plan:

My understanding is that the Alliance plan for the liberation of Earth entails:

1. Establishment of martial law in the US under Trump's continuity of government executive orders.
2. Arrests and military trials of indicted Deep State agents in government and private industry beginning in the US.
3. Emergency broadcast of truth to breakthrough mainstream Deep State propaganda and mind control..
4. Establishment of a new global digital gold backed quantum financial system that would entail the revaluation of all currencies and the establishment of global guaranteed income.
5. Establishment of NESARA/GESARA government and devolved political control using the global quantum system.
6. Disclosures of new technologies of free energy, health (med beds, etc.), transportation, education, freedom cities, termination of global military conflicts, etc.
7. Extraterrestrial and Agarthian disclosures.
8. Externalization of Earth's spiritual Hierarchy and restoration of the Mysteries.
9. Earth's conscious participation in the Galactic Federation.
10. Gaia's establishment of a mild harmonious global climate in a healing, cleansing Earth.

Once an integrated global digital system is established that includes guaranteed equitable finance, information, devolved voting, education, etc, that is maintained by military guardians, any country or group that

violates the GESARA principles upon which it is based will be automatically cut off from all the benefits of the global quantum system, thus insuring conformity. Thus individuals who still have selfish attitudes will not have opportunities to utilize these on a large scale and civilization on Earth will shift to a soul based 5D unity consciousness.

§

451. Opening to the Eternal Now of the Soul:

Once we connect through the Heart portal to Soul awareness, we discover that we are no longer separate from the world we are experiencing but are now within it. Everything is part of the Soul Self that we are. If we refrain from thinking about our awareness and just let the intuitive feeling arise, we will clarify incipient Soul knowing. By inhibiting the tendency to think, we allow an awareness of the underlying consciousness of the Soul to move into the foreground. This consciousness is one in all. We can then experience everything with the freedom, Love and oneness of the Soul. We now have the freedom to choose how to respond to everything in a present moment filled with Love and unity. This process of bridging consciousness is to build a pathway between the personality and the Soul so that one can function consciously as Soul who is one in Love with all.

In the Soul everything is always new and a fresh discovery because we always have a choice as to how we will respond. This choice is provided by God who offers us an infinite range of possibilities as to what we make of the present, depending on what we Love the most. This acknowledgement of our connection to the Divine in the present is an important awareness. The present moment becomes an Eternal Now as we remain in it, realizing that time has served its purpose in getting us to this place, this awareness. As we join with others in this conscious Soul space we can begin to unfold the manifold possibilities of Being that God would have brought forth now into life on Earth. We do this simply by expressing what we are aware of now and want to share and manifest. We begin to live and function on an inner and higher dimension of reality that is more real and substantial than the 3D illusion of separation that the personality has functioned in. This illusion was a projection of the contents of the concrete ego mind that had a circumscribed consciousness. Now, however, the path of ascension to Soul consciousness is open. Focusing on the Heart center in the head, or the 'cave' between the pineal and pituitary glands, is an open space where we connect to the Soul. In this space of loving consciousness we experience our unity with the Soul Self in all.

§

452. Our divine Power:

We have within us the power to transform our experience to make of our lives all we would dream. However, we don't know how to access and utilize this power. This is because we don't know who we really are and therefore endeavor to transform our personality life, or ego, when this is not who we really are. We can only fully access and utilize the power we have when we first of all shift our identity to the Soul who we are. Then the power of God is used for Love and Truth, rather than to perpetuate illusion. Our perception of the world and our experience in it becomes a screen that reveals the face of Christ. Everything expresses the same divine Life and Consciousness. Christ is always talking to us. All sounds express his Voice, his Word. To experience this is to commune with our sacred essence as the Self of God that we really are — a dance with divine Life and co-creation with God. Not needing to control life, we can let life in the moment unfold and reveal the beauty, magic and abundance. We discover that we don't need to do anything to realize our timeless divine dream of life — it is happening right now if we would open to it and become aware of it. It is a dream of God awakening and manifesting Heaven on Earth. All we have to do is be present to it and allow it to flow through us from within into manifest Being as we remain one with the Soul, who is one with the Whole. The Power to transform our life and experience comes from the God we are an extension of. We discover that we can create our reality when we discover that our reality is Divine.

§

453. A new choice:

We have a choice as to how we experience. We normally project the contents of our ego mind on our experience and thus perceive life from the standpoint of separation. However, we can join with the Soul in the Heart portal and then experience everything in the world within us in divine Love and oneness. This is a shift from thinking to feeling, from the head to the Heart, from time to an eternal Now of ever new life, from a linear 3D reality to an open ended experience of the unlimited possibilities that God offers us. As everything in the world is within us in our Soul experience, instead of going to our mind to determine what it means, we rely on God and our intuitive knowing. Our task then is to formulate and share what God would have be known and manifested. We co-create with God what Love would prompt us to express. In this way we bring our dreams alive and begin to create the 5D/Soul/unity civilization that is coming into Being. In the past the ego matrix programming circumscribed our experience of reality but now the portal through the Heart is open and an boundless vista of rapturous life beckons to us. Christ waits to embrace us and share his Self

consciousness with us. We each have a necessary role in this process. The New World is emerging now from within. It's our task to co-create the forms, processes, archetypes, ideas, patterns, attitudes and visions that will structure the new civilization that will arise now on Earth.

§

454. We are being raised:

A decent caring person is confronted by a bewildering and overwhelming array of human problems, misunderstandings, delusions, corruptions and separative materialist entrenched forces opposed to human betterment so that he doesn't know what to do. Each person can only do what they can in the sphere where they are to make the world a better place or to, indeed, bring forth the New Reality that is divinely emerging now into our awareness as prophesied. This latter possibility is a new choice resulting from the higher spiritual energies now lifting all life on Earth to a 5D/Soul/unity consciousness. This infusion of a higher reality lifts consciousness from the concrete level of the mind where it has been polarized in the ego matrix, to the soul level of intuitive awareness that is impressionable to the informing impelling spiritual will. As we shift where we are identified, our interest shifts from reforming an ego matrix civilization based on 3D assumptions to manifesting the 5D Soul based civilization of interconnected and conscious divine Life. To accomplish the latter, we must free our minds from the now outdated beliefs we have held and begin to open to the Soul's living awareness that is discovered in each moment. By surrendering to the Soul's inherent knowing we begin to live as Soul who is one with the larger divine Life encompassing all Creation. This implies embodying the nascent Christ consciousness of our spiritual Self. This shift in consciousness is actually much easier than the spiritual striving required by the aspirant in the past, because one is just opening to something that is already there, rather than having to laboriously create something new. The 'hard' part is just releasing our attachment to beliefs, attitudes and habits that no longer serve us. Let's begin.

We begin by expressing directly what we feel, intuitively know, desire and are given to create and share by Love. We are all connected and part of one divine Life and Consciousness. As co-creators with God it is our task to bring forth on the physical what God would have known and manifested now. We will each know what this is by allowing Love/God to direct us to the highest most beautiful ideas and visions that we are able to sense or touch. In the Light in which we now see, all are free sovereign aspects of God in an ever expanding movement of Love that is bringing all existence to unified conscious awareness. The various kingdoms of life on Earth — mineral, vegetable, animal, human, spiritual — each have

CSR III: The Divine Self

their necessary role in the divine incarnational process of spirit in the matter of Earth. Humanity is at that place of consciously reuniting with the spiritual Source which impelled its journey into matter and apparent separation. We do this by first of all becoming aware of the loving Soul consciousness within and then allowing the impelling spiritual Self to act through the Soul to fulfill the purpose of God. Now we live in the Light of God which shines in the Eternal Now of our unfolding divine Life. Now, this all becomes as simple and normal as the magic of the sun rising in the morning. The Earth has become sacredized or it has revealed its sacred eternal essence. When everything is perfect, what is to be done? Only the living and the being of the perfection this IS. Let us look around and admit that this is where many of us are at now. We are ‘rubbing the sleep out of our eyes’ as we gaze in amazed reverence at the transformation of our experienced reality. A wave of Light is pervading Earth and lifting all life to a higher level of conscious unity.

Now we become part of the solution of the problems of Earth by joining with the divine Light and Love that is emerging into our awareness from within. Now, as we begin to trust the intuitive knowing that we each have from God and begin to act on it in a devolved global process, we will gradually take back the power and control we have given to the separative materialist forces and remake society by a higher paradigm. This is the paradigm of a loving Soul consciousness that manifests the good of the Whole in freedom, peace and joy. This is the awareness of the Soul that would awaken each person to their divine nature, power and potential.

§

455. Stepping away from judgment and conflict:

When we read, see or hear of yet another crisis or conflict, our question should not be who is to blame but rather are we going to allow ourselves to be drawn out of our center of peace, love and reason to get manipulated into supporting the elite authority’s agenda of hate, attack, coercion, blame and suppression. We should know by now that the power structure is systematically corrupt and its spokesmen and leaders can not be trusted. We must rely on our inner intuitive knowing and those world servers of courage and integrity who are challenging the vested establishment powers and agenda. We do nothing constructive by getting involved and adding our energy to the false scenarios that are being used to deceive and betray us. We rather need to disinvest, deescalate and demur from the harsh rhetoric, scripted narratives and rushed imperatives that are being used to herd us against our own and the world’s good. The sooner we can stop energizing and supporting the Deep State agendas being orchestrated in the various global tumults,

the sooner can the mass of humanity take its power back from the one percent and begin to resolve the underlying issue. Because, as it should be obvious by now, the underlying problem is the control of the global civilization by a small powerful materialistic group of sociopaths. They have endeavored to keep their influence and power hidden but it has infiltrated and corrupted every institution. Let us step back from naive belief, support and compliance to the globalist leaders and experts and make our stand for the love and truth that we each have within us as a gift from God. The war, subjugation and propaganda machinery will grind to halt without our energy.

§

456. Being our Self:

What we want, we must give and accept for our Self. Our salvation comes from accepting our Self as who we are. We have one relationship that is with the divine Self in all life. This Self is all we want — to know it, to express it, to be it. Our Self encompasses all life in Love. Everything is part of us. Our Self speaks to us continuously — revealing what we would know, share, do and create. It reveals the Word or Voice that we would speak and embody. We are here to consciously be and share our Self, which is the One Self of God. We are no longer separate. We are joined in Wholeness, although we may each have a different aspect of this Oneness to express or make known. Fear is no more.

God has returned to Earth and we are part of the restoration of Divine awareness on Earth. Of course God has always been here, but this awareness was hidden from us as there was a veil. Now that veil is gone and we can see, hear and know the Truth. As we awaken from our hypnotized state we shall begin to experience everything in a new way — in Love and connection rather than fear and separation. We shall begin to act for the good of all rather than from a separate agenda. We shall create a new civilization on the basis of the One Divine Life that we are all integral aspects of. This is ultimately to live in the Love and freedom of God and God's infinite mind.

Thus we heal the trauma resulting from believing in a will that could challenge God or a reality that could replace God. This belief led to oblivion and the nightmare we are awakening from. Now we realize that we may be the Self of God through form but are not the form. We embrace the life of the form while being more. We consciously complete the life that gives us existence in form. Joining God in life we bring the consciousness of God to the life of God thus establishing Wholeness, Oneness and conscious Creation. The mineral, plant, animal and human kingdoms of creation all have separate consciousness. It's only the soul

kingdom that reunites these consciously with God in wholeness. As soul, we release the separate human mind for the higher universal mind. In this time of divine restoration, God has removed the evil that has oppressed us so that we may create in Love and awareness of the divine Self that we are all equal extensions of. We may now co-create heaven on Earth.

§

457. Evolving Creation:

In an unfallen universe there was no defense against evil because everything was one in Love. Yet evil defied the oneness and preyed on it, parasitically living off it to establish a cancer that infested the whole. Evil injected a poison into each cell that was the fearful belief in a separate reality. Yet in God who is all, there is nothing else except oblivion. God's gift of free will led to the denial of God and predation. Therefore God has learned to amend his Creation, to require that will be expressed only with Love. Miscreation will be abolished and forgotten. Mind must serve Love. Pain has produced awareness and change. God is evolving as is the multiverse. Mind cannot exist without Love. Love must guide will. In this transformed universe, Love rules intelligence. Love is the good of all and the Will of God.

§

458. Staying positive:

It's naturally distressing and confusing to hear about all the turmoil, corruption and suffering in the world. However, I don't want to give it energy or let it effect me so I assume that the transition to the New Age is in process and focus on Light and Love. Many people are also doing the same thing in their own way and focusing on what's right, good and loving as best they can in their lives. I believe that we need to have enough awareness of what's going on in the war with entrenched Deep State evil to avoid being adversely effected by it and the laws, policies, beliefs and values being promoted and imposed. This implies getting informed and trusting one's self and one's intuitive sense. We certainly can't stay in Love and Light if we're going to mindlessly believe everything the establishment authorities are telling us and comply with everything they are pressuring us to do. Each of us undoubtedly has things we can do now to maintain high loving vibrations and help one another. The vibration may be as important as the action for we have an effect on others by the energy we radiate. Cracks in the status quo are letting in new awareness, initiatives and ideas. A fundamental shift is in process. Perhaps soon our hopeful vision for the future will feel like a real possibility!

459. Reflections on becoming soul centered:

Attending to the heart and feelings allows a conscious connection to one's inner soul self. I have experienced making that connection to the soul by discovering that the heart isn't just a center of love but a portal to that dimension of being where the soul resides in unity with the larger divine life. Particularly now that the collective ego matrix is dissolving, which has circumscribed our experience of reality, we can connect to the soul and step beyond the concrete mind's beliefs and into the soul's intuitive knowing.

This is a shift from thinking to feeling, from the mind defining reality to the mind serving the heart's knowing and formulating the soul's awareness, from separation to unity consciousness, from striving and control of life to surrender to the unfolding flow of spirit, from time to an eternal Now, from a finite 3D experience to a wider multidimensional experience of divine Life and Consciousness, from creation based on a separate agenda to co-creation with God to enliven the seeds of the New World waiting to be activated and manifested now.

Young people are moving away from dualistic Piscean idealism to an Aquarian emphasis on expressing an holistic authenticity based on an intuitive inner sense of who they are. People are endeavoring to be whole and integrate both their masculine and feminine qualities. There is a sense of the possibility of realizing a deeper synthesis in the world and within ourselves that the soul embodies.

Connecting to our soul self is easier through feelings than through the mind as the soul is seated in the heart. Instead of mentally trying to achieve something we think we lack using will and mind, we merely open up to what is already there in the heart space within and accept what Love would prompt us to express, share and create for the greater good. As we express our soul's knowing we shift where we are identified and begin to live in oneness in the soul centered consciousness that we are beginning to manifest together on Earth.

In the soul we open to a mutable, abundant, expansive, rapturous divine Life and Consciousness. We release the symbols and experience the reality. We share in the joy of real community, family, brotherhood and home. We discover that oneness doesn't restrict our individuality but offers us the freedom of God's infinite mind to explore and our unique self chosen path and purpose to realize. We move from searching to discovering and sharing the treasures God holds out to us now in this momentous time on Earth.

460. Awakening in a moment in life:

Forgetting everything we thought we knew, remembering only what we really want, a new day begins in love, joy and oneness. Now there is no longer separation — everything is part of one interconnected life, one unfolding moment, one loving consciousness. Now we await each new discovery and blessing that will grace this day together. Our lives are now lit up by the Light of God. Everything now is infused with freedom, peace and Love. We are here to share the abundant gifts and bring into being the dream of Heaven that God would have manifest. Perfection is here now. Everything IS. Now we are awake and alive. The future is now present. Time has ended and eternity has begun. We each share the same life, the same purpose. We've awakened in the dream of life we were living to create the real dream of life in God. Now we no longer lack or need — everything is here, complete, whole and given. Now our procession has become a dance, our process a celebration, this place a paradise.

It is amazing that everything seeming ordinary is now imbued with an otherworldly sparkle. Everything has been transformed before our eyes revealing the divine holiness that has been here all along unseen. Music and song reverberate in the ethers. All are glad just to be. We no longer have to think as we now trust our intuitive knowing. We no longer have to try or struggle, everything comes naturally, freely. There is no worry or uncertainty only the safety and reality of the divine that is all encompassing. We are free now to explore the highest and most beautiful realms of God and to bring back whatever our heart loves the most. Earth has become a sacred life shining in the cosmos.

§

461. The 'I am' Self:

If we are all part of the same 'I am', the same Self, why aren't we aware of this? Actually we are unconsciously, but as the focus of our attention is on the ego which believes it is just a separate body, that is our chosen awareness. However, if we focus our attention on the space and light pervading our awareness, then we can experience a unity. Our awareness of the 'I am' Self is increasing. Consequently our identification with the ego mind and its beliefs is decreasing. The Light and Love of God is flooding the world and awakening us to who we really are as embodiments of this Light and Love. Our direct expression of the Self is different than expressing the thoughts, emotions or will of the ego. It requires the expression of the intuitive knowing of the Self. That is our role — to anchor this Light and Love of God and manifest it so it can be known.

§

462. Once upon a time:

Once upon a time in a beautiful kingdom far away, a powerful and evil sorcerer put a spell on the land that caused everyone to forget who they were and what they knew, which allowed them to be covertly enslaved. From this darkness over time new societies grew where people only knew themselves as the bodies they inhabited with the needs, fears and drives those bodies possessed. Structures, laws, traditions and beliefs developed that seemed to give some meaning to their unknowing, but as these were based on their forgetting, they always seemed somehow rather arbitrary, superficial and unsatisfying. Life in this kingdom was consequently sad and replete with suffering despite the beauty of the land and its bounty. People strove to find ways to achieve happiness, security and meaning but it was like trying to find a way out of a bad dream....

However, this sorcerer was not all powerful and had to comply with God's demand that the spell could be broken by each person if they found the key to unlock it. God allowed this evil, knowing that each person was meant to find the secret that would restore their divine awareness. This key was secured within everyone's heart so you would think it would be easy to find, but alas this wasn't so. Once the forgetting occurred people no longer thought to look within but became obsessed with the externals of life, the physical world and their minds, believing there was nothing else. People were valued for what they provided or thought. Bodies were prized for strength, beauty and intelligence but there was no awareness that there was a doorway within that led unto another divine dimension of reality. Teachers pretended to have answers to the people's incessant questions about the meaning of life, but no idea or practice really resolved the universal loss and ignorance people experienced....

However, one day a teacher was born who voiced a new teaching based on love and the divine being who could be found within the heart. People at first didn't know how to apply this and how to 'go within' their heart. They assumed this was symbolic or a metaphor for how could you go within your own body. But gradually some people here or there began to discover how to use the heart portal to the divine being within which unlocked their awareness and knowing of who they really were. These awakened ones however, spoke in a different way that didn't resonate with the people's beliefs, so they were doubted and attacked for challenging the status quo and resident authorities. Yet their numbers increased. As the kingdom was fraught with turmoil, many people realized that they must seriously consider all possibilities. They somehow still had a hope that there was a solution to their despair. Now the time has arrived to find it....

§

463. Ascending:

The world we live in and the dimension of reality that we experience is our choice as multidimensional spiritual beings. So why not live in the highest vibration possible? All the time or rather beyond time? It's only by habit that our consciousness is third dimensional. In this very moment we can open up to an awareness of the eternal living divine world where our soul lives in oneness. Here everything IS unfolding like a flower in harmony and beauty. Here there are no secrets, everything is accessible and the Truth known and shared by all. Here everything lives to be and fulfill its Self in perfection and peace without thought or doubt. Here everything is part of us and this magic even if they don't realize it. It's our joy to make it known, to inform, inspire, bless and manifest. Now we are forgetting the reality we once thought was real and are beginning to live in God's dream — a timeless realm that is now coming into being and form on Earth. As we each accept what we are becoming aware of now and are given to know, and allow ourselves to express what Love would impel, we will shift dimensions and begin to make the higher/inner real and embodied. What joy there is just to Be, in the divine chorus of eternal life! What a relief to be finally fulfilling our purpose in this sacred place! Now we no longer act alone or for separate purpose, but in union with the larger life we are carried along in the flow of spirit. The entire world is ascending with us.

When the old world with its conflicts and suffering is too much, realize that we can shift out of it now and move into the New World emerging from within. It's here now waiting to be claimed and populated. The gates are open.

§

464. Tired of waiting:

I'm tired of waiting for someone or something to fix the problems and dissatisfaction and make it better. I'm opting out and not waiting anymore for the conditions or future I want, but am choosing to experience and live it now. Now I see the sun is shining and the world is new born. Love vibrates in the ether and all is light and peace, life and beauty. Forgetting all sense of lack and imperfection, I revel in the fullness and bounty of the now. Each moment offers new inspiration, new awareness. Life unfolds in oneness and grace.

§

465. Correcting an old mistake:

Because humans, a long time ago, collectively decided that they were the bodies that their consciousness was incarnating through, rather than staying identified with the divine Self, this belief created the resulting experience of separation implicit in the belief. This is because the mind, as the creative faculty, manifests or makes real those beliefs that are given emotional energy and these are projected as the world that is experienced.

So naturally to the separate ego, which is a consciousness based on a mental belief, the solution to every problem in life must also be mental and based on some idea or other. This ego belief was then internalized in the culture and passed on through incessant conditioning. Humans never stop to examine this underlying assumption as the cause of their unhappiness, as they inherently believe fulfilling some external lack that the ego experiences as a result of its separation would rectify the problem. However, humanity has begun to realize that no amount of material largess will ever completely fulfill anyone until the fundamental issue of the ego's conscious separation from its Self is resolved.

God encourages us to reconnect to our divine Self by the Love within our hearts that connects us to the larger Whole and positive experiences related to such qualities as joy, peace, freedom, inspiration, gratitude, oneness, grace, and intuition that are associated with our divine Self. Through giving more attention to love in its innumerable expressions we are gradually led out of our identity with the ego self into the larger flow and oneness of the divine Self in the world. By attending more to our feelings and intuitive knowings and less to the ego thoughts we have incorporated, we gradually live more by love and trust as the divine Soul that we really are in union with God.

We are discovering that we can live in and through the separate body while not having a consciousness of or identified with the body. We can identify with the whole divine Self that is manifesting through all life. Incarnating in a physical world of separate forms does not imply that one's Source or nature is physical. The outer dimensions are the resultant effects of inner spiritual acts of Will and Mind on a higher level of reality. As we remember our Source and who we really are in our divine Self and Consciousness, we can express our Self in the physical world of Earth without being trapped or restricted by it. We can utilize the innate capacities, knowing and power that are integral to our divine Self, while incarnating. As a result of the ascension of Earth humanity will consciously reconnect with their divine Self and have their full genetic spiritual powers restored.

§

466. Our commonality:

I created this blog space as a result of feeling that we need to share from the Heart our emerging awareness of the 5D/Soul/Christ/Unity/ Divine consciousness that is transforming our self identity along with the dreams, visions, ideas, desires, intuitions, and impulses to share and create the New World that is coming into being. I believe that God is awakening and liberating Earth from control by evil and is now reuniting Earth with the divine Consciousness that has ever been within creation. We all have an equal role in this process as we share the common Truth that we are each discovering.

§

467. Remembering who we are:

People have forgotten that their real life is really a magical fairy tale that they can choose to consciously live in. (People believe too much in the reality of the mundane everyday world.) There is a portal to this timeless land that is open to all and that calls to us to make it real by living within it. Expressing and sharing this with others is essential which is why I've been endeavoring to network and connect with other like minded souls who sense the possibility of co-creating a new reality and way of being on Earth. I feel that the Word of God that animates all Creation is really the most beautiful song that we must learn to harmonize ourselves with to bring the beauty and magic of eternal and infinite being to life on Earth. This involves not just new forms of thought and structures of activities but expressions of spirit living from a dimension of oneness, light and revelation. It's the Heart freed from the strictures of belief to soar to supernal realms and return with treasure. It's Love that opens all the doors and reveals the sacred, the sublime and the ineffable.

I have been feeling very hopeful. The old and ossified structure of belief is collapsing and freeing us to establish a new consciousness based on our awareness of our oneness with the divine Life and Consciousness within all and the Love that impels all Being.

§

468. Becoming Self actualized:

It's normal to rely on others for knowledge and support for a long time but eventually we have to become more Self reliant. As sovereign souls we are responsible for co-creating our experience of reality with God. Therefore it really doesn't matter what others think — it's what we intuitively know and want that matters. We must learn to be less

CSR III: The Divine Self

concerned with the authorities and whatever passes for wisdom or knowledge and focus instead on what we are given to know and are aware of. Of course this may be in relation or in response to circumstances in the world that are demanding clarity and understanding. However, the soul is the initiator, the master of circumstances and co-creator of reality. “Co” because we rely on what we are given to know and want to create from our union with the one divine Whole of God that we live within.

Let us cease striving for something that we think we don't have and our concern for what other people think and are doing. Let us admit and accept that we feel love and are part of the same loving consciousness. This loving Self consciousness is one, eternal and Divine. Let us now explore what this Self consciousness is aware of, what it intuits, desires, knows and wants to express in love. Everything that we've been striving for is here now. All the love and connection that we've wanted to experience is here waiting to be acknowledged. Everything we've ever wanted to say and do is waiting to be expressed now. This is the moment we've been waiting for that we can now share with each other. Christ has returned as the conscious awareness within us. We are all part of this common Self consciousness that is here now.

Let us admit that we love each other and will always. Let us accept that it is time to fully be our Self in the world and express who we are and what we know. Let us not be concerned for the differences and discrepancies but affirm the truth of our unitary Self consciousness and the love that unites and impels us. A great tidal wave of conscious divine Love and Truth is sweeping over the Earth and will wash away all remnants of the old structures built on fear, separation and delusion. Humanity is awakening to our common divinity, our shared Self consciousness. Let us take each other's hand and begin to co-create the New World that will arise from sharing our Being and what is within that has been given by God to be made real and manifested. Conscious Love has come into the world and we must embody it.

§

469. Noticing:

I am very grateful and appreciative when people share from the Heart. I value both the particular ideas expressed and the caring. The feelings connect us. This experience relieves my own sense of isolation and reinforces my soul knowing and my strength to stay in soul.

The vision of a truly joyous divine filled life is very compelling. It's like a vision of real life one might have when looking out of a window from

CSR III: The Divine Self

prison. It evokes a distant memory like the notes of a beautiful song carried on the wind from far off.

A sense of deep purpose is essential — it is something like an eternal flame that burns up all and carries us through the heavens to the Highest!

I remember that I am forgiven everything and thus free of everything because I am not of this world but here to bring out the spirit's knowing and being. Therefore I suffer most from the pressure of what I have not expressed.

§

470. Co-creating with God:

The ego expresses a dualistic consciousness that talks 'about' its experiences, thoughts, emotions, sensations and life as if it was separate from them — as if they were happening to it, something it is having. The nondual soul intrinsically knows that its experience is its creation, its choice — something it is therefore responsible for. The ego therefore believes and feels that it has limited power over its circumstances although it endeavors to willfully control life to maximize its experience. It does this, however, from the ego perspective of having external needs that it must fulfill. Its reality is based on its beliefs which it projects onto external reality that it feels separate from. What it really has limited power over is its beliefs because once it has separated its consciousness from the larger whole of God, it loses awareness of the power it has to create its experience with God. It becomes trapped in its dualistic beliefs which it can only act out. Acting out dualistic beliefs can only create a dualistic experience, thus the ego can never free itself and experience a reality that is different, holistic, peaceful, and one with God. The ego is doomed to stay on the wheel of death and rebirth until the self consciousness frees itself from the ego and rejoins God via soul consciousness. Once it has centered its identity in the soul, which is one with the Divine All, it can utilize the power of God to co-create what it would experience and manifest. Then its experience is an expression of its divine Self. It is not something happening to it but something that is a momentary expression and extension of its being.

§

471. Embracing unity consciousness:

I believe that it is axiomatic among the truther and spiritual community that Earth and humanity is transitioning and ascending from a 3D dualistic experience of an ego matrix programming that circumscribes

CSR III: The Divine Self

our experience of reality, to a Soul centered identification with the Divine Life and Consciousness that is actually within all Creation. We are really multidimensional spiritual beings and in the New Age that is unfolding now, we will be able to function as such with our original 12 strand crystal DNA restored and our innate capacities and power activated. Our awareness of who we really are and what we are here to know and do is now slowly emerging in our expanded awareness.

This new choice is a place where we can begin to express and share our 5D/Unity/Soul awareness and what Love is prompting us to co-create and manifest now. Thus we would be expressing directly from the Heart consciousness where the Soul is seated. I feel that in opening to a deeper authenticity now that we are actually opening to a common 'I am' Self of God that is one in humanity. This is called Christ consciousness in Christianity but is actually a universal experience. We are all part of an integral Life and Consciousness. Therefore when we each explore what we are discovering now in the moment within, we are each connecting to the same Truth. We can therefore collaborate with each other in bringing to articulate awareness what God has placed within that is meant to be brought forth and manifested now. We all have an essential role in this process as extensions of God functioning on the physical plane.

To accomplish this we shift from talking 'about' things and thoughts, which is an innately dualistic mentality, to expressing directly what we intuitively know, feel and are aware of. Our consciousness and polarization shifts from the concrete ego mind to the Heart, from what we think and believe to what we feel, experience and are aware of, from being separate to living in oneness and unity with the larger Divine Life and Consciousness within all. The Soul has its own innate knowing that we are learning to remember and access now. Our feelings are revealing new dreams, visions and potentials that God has placed within that are awaiting our awareness to be formulated and made real. This is one of the purposes of humanity. Another is to act to bring forth the Divine potential within the subhuman kingdoms on Earth which we can know by identifying with the same One Divinity. Another purpose relates to extending our Unity consciousness to the Galactic lives and dimensions that we are beginning to have relationships with.

At any rate, we can begin to express and share Unity consciousness now.

472. Realizing a soul dream:

In my soul dream of the life that I want to experience, everyone is consciously part of the same Divine Life and Consciousness that is eternally new, abundant, beautiful, loving, peaceful, harmonious and free. This entails living on the timeless living inside of Life rather than on the outside and trapped in a separate form. A divine Song animates and harmonizes all Creation and everything is perfect and grateful to be. However, nothing is static as the Eternal Now continually unfolds ever more. In this life we lack for nothing, everything is shared and everyone has all they need. Thus the old 3D Earth is realized to be just a nightmare one is grateful to have awakened from. Life is now more like a fairy tale and things formerly impossible are now part of the magic, mystery and wonder of existence. Reality is now much larger and numinous for us, consisting of countless realms ascending beyond conception, myriads of beings and a plethora of worlds all held together in divine order. In our particular world there is a deep feeling of being home with one's own family and kin. We share allied goals and affinity. We are fulfilling a larger purpose that underlies everything we do. However, this life is characterized by beauty, divine music, heavenly scents, glorious vistas and joyous relations. Life is a celebration of reverent gratitude, creativity and bliss. As we each share our soul dreams with each other we act to bring into being the many different aspects of this New World that is emerging within us. We each fill out a different part of the same inner landscape that progressively becomes richer and more varied. Like the old Earth, there are many different interests, occupations, places and activities but here everting is One. Perhaps this dream seems impossible when we look at the current world happenings. However, I feel it's just waiting within us to be given reality and to be lived out.

§

473. The necessity of sharing:

I feel that one of the core principles that the New Golden Age will be based on is sharing. This presumes the reality of an abundant universe of Love that rewards giving. The more we give the more we have. To give all is to have all. From a 3D perspective of limited resources it doesn't make sense. However we are ascending to a higher dimension of reality that operates by different laws that we must learn to adjust to. Therefore the fearful assumptions of scarcity, lack and vulnerability that underlie our outdated ego matrix civilization are no longer relevant. Everyone will be granted the necessities of life and provided the opportunity to realize their potential. Sharing presumes that we are all part of one family and thus the well being of one another is our common concern. Sharing assumes that we each have our equal role to

contribute to the whole that we endeavor to foster. Sharing posits the underlying reality of God who shares all, and is all. Sharing is actually essential to realize our Self, because we must express and give out everything that we are given within to realize and manifest our Self. This implies giving our Self knowing for the greater good or larger divine purpose — which is our good as our Self really is. This is why Jesus, in Mari Perron's "*A Course of Love*" emphasized the importance of dialoging or sharing with each other what we are becoming aware of and intuitively know as souls. This is to share being, rather than just thinking.

§

474. 5D Earth:

We hear a lot about the ascension of Earth to 5D unity consciousness that is happening now and humanity's impending shift from separative ego consciousness to a civilization based on soul consciousness that is one with the larger divine Whole. I feel that we can access this holistic consciousness now by utilizing the heart portal to focus on the energy of Love within where our soul self has its being. As we release the ego mind and center our awareness in this deeper open authentic feeling we can apprehend an intuitive knowing that we can formulate and express. If we can stay attuned to this silent still inner voice we can begin to live as the soul self we really are. The mind then becomes the servant which acts to give form to the dreams, visions, ideas, intuitions, desires and impulses to create that we continually experience once we have embraced the larger divine Whole that the soul is part of.

I feel that many of us are opening to this unitive consciousness and life, which lives by different laws than the personality in 3D has assumed. It's a new land that we now have the joy of bringing into manifest being on Earth. God has planted seeds of possibilities that we are tasked with bringing into awareness and form. I feel that we will discover in the moment as we go within that this process is the process of realizing our highest dreams and co-creating heaven on Earth. I feel that we will discover that our deepest authentic Self is really One with everyone else's Self, and that we are therefore necessarily collaborating on bringing forth a shared truth and purpose. Naturally this boundless inner realm offers an infinite choice of possibilities to discover, explore and realize, so we need not fear becoming identical clones. We each have the freedom to pursue our unique destiny. However, in the New Age that is impending there will be new archetypes, myths, structures and processes, communities, technologies, and art forms. We can begin now to share what we are dreaming and how we want to live and be together.

475. Love and Truth:

I feel that Love and Truth are two divine principles or energies that human life must be based on. Two thousand years ago Christ anchored the divine principle of Love on Earth that has slowly, like a yeast, been raising the consciousness of humanity. The mass of humanity is now good hearted and can be trusted — more so than the establishment elite.

However, our entire civilization has been founded on the untruth of our presumed fearful separation from God (the conscious living Whole). As the mind is the creative agency, our belief has thus created an artificial ego based civilization based on an illusion. This has been made more severe and traumatic by the control the Forces of Darkness established on Earth in Atlantis and their dumbing down of our DNA and the imposition of mind control programming. We have lived in a circumscribed reality cut off from the higher dimensions and doomed to reincarnate. We have not known the Truth of our circumstances and even when great spiritual teachers incarnated on Earth, their teachings were subtly distorted by the Darkness that has infiltrated the world.

However, as prophesied, our collective journey through the Darkness of ignorance, suffering and conflict is now at an end. A divine intervention is infusing the solar system with higher spiritual energies, dissolving the circumscribing ego matrix and freeing our consciousness to reconnect with the soul and God. A divine intervention of benevolent extraterrestrials has been removing the higher echelons of the Dark Forces and supporting the Earth Alliance Forces to overcome the Deep State agents that have covertly infiltrated and controlled most governments and institutions.

The truther movement has been instrumental in disclosing the widespread corruption, deception, propaganda and nefarious agendas. The internet and social media have been instrumental in getting around the Deep State control of mainstream media and establishment politics, communication, education and entertainment. Whistleblower disclosures, intrepid reporters, outraged citizens, principled scientists, and self sacrificing world servers have been awakening humanity to the truth of what's really going on now. We are collectively awakening from the bad dream of what we thought reality was that we have been experiencing. At the same time at the spiritual end of the truther spectrum, there are many communications coming from spiritual dimensions that are awakening us to our divine reality and the Forces of

CSR III: The Divine Self

Light and Love that are pervading and lifting our consciousness that we may reconnect with the Truth of our soul and God.

Love and Truth will be the basis of the Golden Age as we embody these divine energies.

§

476. Mindfulness is just the first step:

Mindfully observing whatever one is experiencing is a spiritual practice to help disidentifying with experience and instead identify with the 'I am' observer who is more than anything observed and is unaffected by it. As long as we're experiencing an effect, we are still observing from the mind as a separate self consciousness. However, that is not the nature of the 'I am' observer who is Love. Pain shows us where we are misidentified. We don't need to do a spiritual practice that is painful. We need to realize that if we are experiencing pain, that is showing us that we are in the separate mind and not in the transcendent loving Self who we really are. Then we can turn to Christ who is our loving Self and rest in him, focusing on what he is telling us and what we are becoming aware of. This is different from the initial experience and is what we really should be giving our attention to. Therefore observing the experience is just the first step in getting in touch with our Christ Self and expressing what that Self would share in Love. In other words, mindfulness for the separate self must transition to Self awareness and expression of the 'I am' Self. Detachment must lead to attachment or identity with the divine Self.

§

477. Being in the Golden New Age now:

Most of us want this never ending transition to the impending Golden Age to be over and the bliss of 5D/soul/unity consciousness/life/civilization to begin. I feel that this energy is already within this moment waiting for us to express and embody it. I imagine a perfect garden world in an eternal Spring and imagine being able to speak directly from my Heart sharing every divine thought and feeling that Love impels. I imagine beauty, music, love, companionship, oneness and every wonderful thing that the Heart can desire. What would you express in this divine moment when you have everything you've ever wanted and the world has been made new?

§

478. A portal leading to the promised land:

I would have everyone know that the door to the Heart portal leading to the Summerland awaiting humanity is now open. Come to visit and be refreshed or come to stay and begin the life you have been yearning to live. Even now we are dwelling in that garden paradise together, the golden sun filling the sky, birds singing, music and laughter carried on the fragrant breeze and all care and worry forgotten. For now, everything pulses with divine life and love and we are finally home and at peace. The turbulent past has become a fading dream. Now we can truly just be and give expression to every inspiration that moves through us. Here we have everything, the world is divinely ordered and everything has its place. Eternal day unfolds in perfection revealing ever new gifts. We are one with all Creation. As we gaze about in reverent wonder we are amazed that somehow we have been transported to another dimension of Earth — a Summerland prepared for humanity by God.

§

479. Self realization and unity consciousness:

I feel that the nominal path to Self realization and unity consciousness in the Piscean Age that we are now transitioning out of suffered from at least three fundamental issues that made its accomplishment more difficult and resulted in the fact that relatively few individuals achieved Self realization considering how many religious and spiritual aspirants there have been over the centuries. And by Self realization I mean at least functioning in conscious oneness as a soul, although this state is actually intermediate to Monadic identity.

The first problem is that humanity has collectively internalized and identified with a separate ego consciousness that stems from the fearful belief that one's self is the vulnerably body that it is incarnating in. As the mind is the creator, once this belief was given reality in the mind there constituted around it a related dualistic structure of belief in things like lack and external need, needs to control life and utilize will to achieve mental goals, fear and a sense of vulnerability to life, projection on to external reality of one's beliefs of what things are, etc. Once one's identity became based on belief then it became natural to assume that one's inherent sense of incompleteness could be assuaged or rectified by a better mental realization — an enlightenment, wisdom or successful accomplishment of an idealism that required severe effort to order and control mind, emotions and body. However, having an enlightened mind or achieving one's ideals typically doesn't result in the oneness with the soul and God that one unconsciously seeks.

CSR III: The Divine Self

The second problem also results from the intrinsic dualism of the ego, and that is the assumption that what one seeks is outside and external to the self, so that one is always striving for some ideal, ideal state or person that one assumes one is needing. Oneness with the soul or God or even oneness in love is very difficult to achieve if one assumes one has to merge with an idea or with another separate Self. As the mind is the creator and shapes the experience one has, if the desire for Self realization is based on the assumption of lack, all one's effort will only serve to justify and reinforce the seeming reality of that lack. One may accumulate things, but the essential sense of incompleteness and longing will remain. Although having a loving relationship is better than not.

A third problem results from the ego matrix mind control programming erected by the Dark controllers of Earth ever since Atlantis. A frequency fence has been placed around human consciousness that has circumscribed our experience of reality and limited our contact with the dimensions of the soul and God and made it more difficult to therefore realize the higher vibrations of the spiritual Self. Humanity has been genetically dumbed down and our original twelve DNA reduced to two leaving us significantly impaired and our spiritual capabilities reduced. However, thanks to the divine spiritual intervention now in process the ego matrix is dissolving and our full crystalline DNA makeup is being resurrected allowing us to more easily access the vibrations of the soul and Monad.

The shift from dualistic Piscean idealism to Aquarian authenticity and manifestation also has risks. Accepting and expressing all aspects of one's self will also not result in Self realization and unity consciousness if one chooses to just give attention to the personal, physical, sexual, emotional, mental aspects of one's Self. Self realization in the unfolding Aquarian Age must combine Aquarian authenticity with the Piscean realization that there is a divine Life and Consciousness— a larger Whole that we each are integral to. Only we must now begin with the assumption that this is not an 'other' that we are separate from, but is something that we already have within and can access, rely on, live from and be. This entails shifting into the 5D dimension of the soul, unity consciousness and divine Self. This can be experienced most easily through the Heart, not the mind.

§

480. The magic kingdom:

For many years I endeavored to find and enter that magic kingdom which always seemed to vanish like an illusive mirage every time I

CSR III: The Divine Self

neared it. I heard the enchanting music wafting on the wind and saw distant glimpses of an ephemeral enchantment that drew me here or there but no sooner had I rushed forward did it disappear and leave me alone and bereft. Finally following another guide that I became aware in my Heart, I have somehow managed to find myself within the golden gates more and more, like a beautiful lucid dream one repeatedly has. Now from the other side I call out to one and all to come too, this magic kingdom is no vain myth but a reality that lives, albeit in another dimension. Now would I extend a hand to all who would come this way and find the land of eternal Life where Love and Light, Joy and Peace, vibrate in the ether and everything is as perfect as could ever be. And I've come to feel that the more people I can share this state of consciousness with, the more tangible it will become.

It is, perhaps like a fairy tale of finding a treasure, key, hidden door, magic device or some wizard which transports us to another realm where everything operates differently than the Earth that we've left. Of course this is a place we've always longed to go, unconsciously, where everything is in all ways better. Here our hearts are set free to do or be whatever wonderful thing we imagine — and others imagine, for we all have a role in filling out this place with whatever beautiful vision or intention we have. It's like an invisible world that sometimes overlaps and interpenetrates the old Earth and in these places the veil is thinner between them. Dreamers and sensitive folk can catch a glance sometimes or visit in sleep and come back with new ideas and remembrances of a place that one is called to that feels like home. I've come to believe that as life evolves on Earth that it is meant to sequentially incorporate more rarefied levels of the boundless divine reality that Earth evolves within. At any rate, a new magical world begins to draw Earth within its aura that it may merge.

But now I notice that in thinking about it the experience begins to dissipate. It needs to be pumped up by the Heart and the remembrance of the song that reverberates there. This is ultimately a place and dream of Love where every character, situation and story is a construction of Love. For Love is eternally unfolding more of itself from out of its infinite abundance. To get back to the tale and the kingdom we must join it and become one — a character within and the spirit that animates. I must don the vesture and leave my old mind. This whole process is so much easier without all the obsolete beliefs that weigh one down and prevent ascension into the rarefied ethers that beckon. Now, everything is possible and the world is new. Now there is no fear or prejudgments hindering me. For magic exceeds the known possible and relies on a spiritual power that is accessible here.

I dreamed today of a world at peace
and lo, so it became.
I dreamed some more of a world as one,
and one it now became.
I dreamed that Love filled every heart
and joy filled every day,
No sooner was the thought released
than so it all became.
Amazed I paused to consider how
such power was mine to own,
I realized the Truth of God is ever fruitful sown.
Though you might see abundant pain
and flaws under the sun,
God sees only eternal Truth,
and so it will become.

§

481. The transformation of life on Earth:

As Earth ascends into 5D unity consciousness, and is liberated from the Darkness that has controlled humanity since Atlantis, the spiritual Hierarchy of enlightened Masters will come out and once again teach in public and restore the Mystery Schools. Truth will be made known and with the resurrection of our full 12 strand genetic heritage we will have our superhuman capacities activated so that we can begin to live in oneness with the Divine as the immortal souls we are. Not only humanity will achieve expanded consciousness but the Planetary Logos will take an initiation and Earth will become a sacred planet in which the spiritual Being incarnating through Earth establishes full conscious control of its body of manifestation. The separation that has characterized all aspects of life on Earth will be eliminated and humanity will achieve awareness and working collaboration with all the other kingdoms of life on, in and outside the planet. We shall take our place in the Galactic Federation and serve as a point of light in the larger cosmos where Earth has an integral role. On Earth the divine Feminine will assume Her equal place in the new civilization and everything will come into balance and harmony. Humanity will work with the devas and the forces of nature to foster their fulfillment and the health and beauty of life. New miraculous technology will transform civilization from fear, scarcity and conflict to love, peace and unity. This is all imminent, as the old order collapses and the new begins to be instituted.

§

482. Emergent soul consciousness:

Humanity is polarized in the foreground of consciousness — in thoughts, emotions and sensations — while the still, silent, omnipresent “I am that I am” Presence of God is the background we don’t notice as it seems to be an emptiness or a context of nothingness that we take for granted. However, if we would pay attention to the space of Love within the Heart portal where this Presence can be most easily apprehended, as God is Love, we would discover that this space is filled with Light, Love, Consciousness and Intention. And by uniting with this Presence that is now emerging into our collective awareness we will intuitively become aware of a knowing that Love will prompt us to express. As we stay centered in this space within we will discover that we can access a guidance that we can live by. We will discover that this inner place is a deeper authentic center of consciousness that is integral to the larger divine Life that we live within. We may initially take it to be a deeper personal consciousness but we will soon realize that we are connecting with the Divine.

If we can stay in unity by sharing what IS in our experience, we will be able to shift from identifying as a separate personal self to being a soul who is one with the Divine. Then our mind becomes repurposed from giving reality to belief, to formulating the soul’s awareness of one’s inner experience and intuitive knowing. Our feelings rather than our thoughts keep us attuned and aligned. We release ourselves from the confines of the concrete mind to flow with and co-create with spirit. This is surely more how we want to live. No longer needing to control life in a struggle to survive, we can live with the freedom of our spiritual Self, opening to and expressing the inspiration we are given by God to embody and manifest. In the coming time, besides reformatting our civilization, many of us will be grounding the consciousness of 5D reality of the spiritual soul Kingdom. As this consists of a higher dimension, life will be experienced differently when living in unity and oneness. And the structure of our society must reflect this. We will be pioneers in establishing a new consciousness as well as a new civilization on Earth. This new consciousness of love, light, peace, freedom, harmony, joy and oneness is waiting within us now to be joined and expressed.

§

483. Realizing our dreams:

People tend to talk about everything except their most beautiful dreams and feelings, yet by sharing these we take a step to making them real and manifest. In my dream of the life I would experience, everyone is connected as one loving family who are all part of the same loving divine Consciousness and Life. This is true for all even if they don’t realize it

and act like this is true. Thus you are all in my dream. In my dream I am larger than my old self and everything is somehow part of me. In my dream everyone lives in an Eternal Now of ever new abundant joyous life where all needs are filled and each moment offers a new awareness and gift that we can share. As such life is inherently creative and we are continually discovering more within that we are expressing and bringing forth. This process is guided by Love and the larger Purpose of God that we are collaborating with each other to realize. We are first of all, grounding the reality of soul or unity consciousness. As we share with each other what we are becoming aware of that is given by God, we collaborate in bringing what God would have manifest now. We are co-creating the new civilization on an Earth made new.

§

484. Multidimensional synthesis:

As multidimensional beings we exist in different dimensions at the same time, although we may not be aware of that. As we open and let our consciousness expand we realize that we can choose to access higher/inner aspects of ourself and bring these into physical expression. Indeed, this is integral to our purpose and creative function. Thus we integrate and synthesize the various aspects of our immortal divine Self and fulfill our role. Being in the world or in the sphere of collective human consciousness is a choice. Ultimately our physical body becomes the instrument through which we bring down the Light, Love, Knowing and Inspiration from the higher dimensions to fertilize Earth with the seeds of potentials latent in the Mind of God. Thus the level of consciousness gradually evolves on Earth. At present we are making a quantum jump to 5D unity consciousness as the Love, Light and Truth being beamed into Earth is absorbed, embodied and expressed. These energies are pushing us to shift to the soul level, for they cannot all be integrated on the personal level. Once functioning on the soul in unity with the divine Whole, it's easier to recognize and integrate higher energies and aspects. The New Age will be characterized by synthesis and awareness of how everything in our expanded perception of reality harmonizes in one divine order of being.

§

485. Embodying unity consciousness:

I feel that there are a sequence of steps entailed in embodying the higher 5D energies that are now infusing and uplifting Earth.

- We have to be open to a larger conscious experience — new ideas, inspiration and what Love impels.

CSR III: The Divine Self

- We have to forgive ourselves for past actions, beliefs, fears and prejudgments and be willing to release these that serve to block and restrict us.
- We have to become aware of what we are really experiencing within by accepting feelings, intuitions and inspirations.
- We have to find ways to share these by giving them appropriate form and expression.

Thus we let these higher energies flow through us as is our co-creative function and by doing so we gradually shift our center of consciousness from the separate personality to the unitive soul. These energies are actually flowing through us all the time but until we are willing to release the ego matrix programming of fear based belief, we automatically distort and block the awareness, expression and embodiment of the higher vibrations. We need to express what we are becoming aware of now to embody it.

Despite the global turmoil, I paradoxically feel more peaceful and more filled with light than I have ever. I feel there is but a very thin veil separating us from experiencing that we are all in the same space, sharing the same consciousness of oneness, free of the past and our judgments. This delicious feeling of peace, freedom, awareness of divine reality, and unity is wonderful. We may think this inner space is empty, but it is actually feeding all who are aligned with it. I feel that if we would just focus in the Heart portal rather than our concrete minds, we would more easily realize the Presence of a new dimension of reality that is revealing that we are more than the separate personalities we have believed ourselves to be. In awakening to this new dimension divine reality, I feel we are opening to our larger eternal Self. We have now to learn how to be here and share what we are becoming aware of.

§

486. In the open new land before us:

Connecting to the Soul self through the Heart portal, I connect to a boundless field of Love and Light that allows me to see through the physical world of form and effect to the dimension of cause. Here all is Peace and still, yet moving and breathing. The causal dimension is one in all and a unity. Here I wait in patient expectation for awareness of what is here now and being presented to me from my divine Source. I am aware that I can maintain this locus all the time if I will choose to stay in this receptive attitude. Here there are no thoughts, but the mind can still be used to express what I experience. Here with every breath, I inhale the divine energy that pervades. I feel that each individual has their own unique purpose but that these are all interrelated and supportive of each other. My purpose now is to embody the experience

CSR III: The Divine Self

of oneness in our shared divine Consciousness and Life. And to affirm the possibility of shifting our self identity to that “I am that I am” Being who we all are extensions of. From that place of unity consciousness we can then co-create on the causal dimension, the new reality that will be manifested in the external world of effect. This is merely to awaken to who we really are and begin realizing our eternal being by just being our Self, sharing what we are given from God, doing what we Love. The complexities of the mind are resolved when the Soul is prioritized so that the mind serves the Soul.

§

487. Being enlightened:

We don't enlighten the ego. We liberate ourselves from the ego by shifting our conscious identity from the personal self to the enlightened divine Self.

‘Everything is within’ implies, in part, that everything within the external world is within and encompassed by our Self consciousness. Therefore, no matter what anyone says or does it is all part of us as we really are. This implies that we shouldn't identify with it or become attached to our perceptions and experiences. Because we always have a choice about what we give reality to. In any situation or circumstance we can see the perfect Divine that is within or we can see a dualistic and conflictual world that is a projection of our beliefs. We see the Divine by choosing to focus on the Light within the world which is one. Then we listen to the silent inner Voice of the Self and respond as Love directs.

‘Everything is within’ also implies that everything we think that we need is within and available. We are only limited by our thoughts and beliefs. Therefore we need to be free of thoughts and beliefs. This itself is a thought that we must translate to an experience by focusing on the divine Whole rather than the particular. Focusing on the Whole is to focus on the Light of God who we share our Being with. As God is a powerful Creator, so are we. We create our experience by choosing what we give reality or Love to. As the mind is the creative agency, what we hold in our mind and energize with Love becomes real or manifest to us. Therefore we need to keep our mind clear of everything except what our God Self would have become manifest. As we have our being in God, we can see everything good, beautiful, true and eternal. That is our role in the coming Age — to co-create with God and bring Heaven into manifestation.

§

488. Meditation:

Meditation for me entails stepping away from the world and everything I've been thinking and concerned about and moving under of shower of higher Light that washes away the lower vibrations and attachments, cleansing, refreshing and inspiring me with a new apprehension of what IS. Accepting forgiveness, I am free of everything from the past so I can look on the present with a completely open mind and without prejudgments. What IS always aligns me with my divine Source, Purpose and Knowing.

§

489. Trust the Force:

I feel sometimes as God must surely feel, looking at his children caught up in suffering, knowing they would be happy instead if they would feel the divine Love that ever supports them and know that their quickest path Home extends before them now if they would trust the knowing God has planted within them.

§

490. Just Being:

Ideally we all have a community of family and friends where we feel comfortable, safe and accepted. Ideally there we also feel loved and conversely love those we feel connected to. It's the same when we identify as soul except that everyone is part of that community of love and connection. Fear is a stranger here because Love is all encompassing leaving no room for anything else. We might not feel that Earth is our home but we feel that we can be at home and our Self on Earth, no matter where we are. Because no matter where we are, if we stay soul centered we are manifesting the energy and consciousness of our spiritual Self on Earth. If we chose to align with Christ, we see that everyone is part of the same 'I am' Being. Thus we are never alone. We bring the energy and consciousness of the Divine Whole into the moment and space we are at, and just flow with it as we are carried. Our choice is how we respond by listening within.

§

491. Noticing God's propelling Force:

I feel that being human on Earth is to always have a feeling that there is a level of beingness that is possible but unattainable that draws one on. However, hope springs eternal and we must journey on. Like kayaking down a river, we are carried by the flow of spirit but can also navigate in that river. This river of life is propelled on its evolutionary path by the

CSR III: The Divine Self

Force of God animating and driving all aspects of life, initially into form and later back to conscious reunion with its Source. Therefore, to optimally align with the propelling Force of God we should explore the drives moving us to see how we may best fulfill them. Each chakra has a drive or purpose that must be fulfilled — for self preservation, self integration, self aggrandizement, self knowing, self expression, Self realization and synthesis with God's Purpose.

§

492. Being grateful for it all:

Human life consists of manifold aspects, activities, processes, and conditions. Being spiritual is thus broader than we customarily conceive it to be and includes everything that results from the authentic movement of spirit through matter. The evolution of human consciousness on Earth requires a vast differentiation of experiences, challenges and opportunities. People are learning, growing and evolving in every possible situation and circumstance. We need to abstain from judgment when we relate to others and always look for the Divine in them, seeing the good, the beautiful and the eternal truth which is ever within. The world needs its rich diversity. It's something to be grateful even as we awaken from our hypnotized ego matrix programming. We have incorporated many learnings that will be useful as we move forward into the Light of cosmic service.

§

493. Living our stories:

Myths and stories remind us that our lives act out many universal themes and dramas, that seen from the timeless perspective of the Soul, are part of the voyage of life. By seeing these portrayed we gain a transcendent perspective that facilitates understanding and integration of the meaning and learning of the story. This enables us to step back from our involvement to a degree and appreciate the rich diversity of the play that we are living and to see with increased clarity the themes, roles and characters we are so involved with. This connects us with our common humanity and the God Self who is within it.

§

494. A new paradigm and experience of life:

I feel that the imminent New Age and New Earth will be infused with new and higher energies that will require a new paradigm for humanity to integrate these and effectively live in a new civilization. Fear and separation based 3D ego assumptions about life and reality will be

obsolete. Our experience of self will expand to include metaphysical dimensions and a vast range of spiritual beings who are now outside of our purview. Our innate powers and faculties will likewise expand as our original genetic potential will be resurrected and activated. Various psychic powers will become widespread along with a complementary higher knowing to be able to use these powers wisely. Manifestation will become more instantaneous, thus the learning that comes along with it will be quicker. We shall be less confined by the limitations of time and space and will live more in an Eternal Now with access to both past and future. We will all more clearly find our place and role in the new civilization but at the same time have more freedom to explore the infinite possibilities latent within the multidimensional universe and the infinite Mind of God. The experience of Universal Love and an awareness of the Divine in all will be the foundation of our life and civilization. Our hylozoistic relationships to the larger cosmic Beings and order will be known and provide a meaningful and purposeful metaphysical context. On Earth we shall have a stronger sense of being Home and connected to everyone of shared affinity. We will be more able to speak directly from our Soul's knowing and not be confined to just what we might think or believe. Our Heart will be freed and we will be able to life from our Heart's knowing. Living in oneness with the Soul we shall experience conscious unity with all life. We shall be able to transition from living on the outside of life to actually move within it and establish relationships to the deva lives that comprise the inner livingness of life. New technology and global structures and processes will transform our civilization but these will necessarily be based on this new 5D Unity/Soul consciousness that we are beginning to sense impinging on our awareness now, bringing with it a new experience of life and all that's entailed.

§

495. All One Self of God:

If we will close our eyes when listening to an orchestra and imagine that every instrument is being played by the same Virtuoso, so is it when we are in a crowd and everyone is expressing in different ways the same divine Self. This is an experience of Unity with the Divine that we can look forward to having in the New Age of the Soul that is coming into Being through us. Seeing an individual as an extension of a divine Self isn't to diminish their unique nature for indeed everyone's expression of the Divine Self is unique in the manner and matter of expression. That is, as the divine Self of God has an infinite nature, the particular aspect of its Self that is being expressed and the manner it is expressed will always be unique. If something as simple as a snowflake can be unique

CSR III: The Divine Self

amongst the infinite number of snowflakes that have fallen, how much more singular are we embodying the infinite nature of God.

The purpose of our Self expression is to make God manifest through the relationship we have with God within all. This is to bring divine Being into form, as all is expressed in form on Earth. As the mind is the creator, we use it to formulate the ideas, processes, and structures on the different planes of Earth that facilitate the expression of God's holy Nature and Purpose. That which we call nature is a creation of God, as we are. We are to add to that Creation by co-creating with the divine Self to establish a fuller manifestation of the Divine in our consciousness and civilization that is in harmony with nature and is a perfection of it.

§

496. Realizing our connection with God:

It's a very big step when we experientially realize that we are part of God. Concurrent with this realization is an awareness that the man made world and the person we thought we were are delusions — self creations resulting from ego consciousness. The living natural world is a creation by God but what we have made with it and our interpretation of it is our responsibility. If we can maintain our awareness of our unity with God, we can transform our experience from living in separation to living in oneness. Living in oneness is to experience everything as the Self of God expressing. It can express in unity or in separation from the consciousness of God. When it expresses in separation we can help bring it back to unity by responding in unity what we are given to know and become aware of as a result of our awareness of God.

§

497. In Truth:

I feel that in Truth we are all brothers and sisters who share a common Source, Nature, Self and Creator. In our sharing of our Self and our Truth with each other, we extend the Truth of the Heaven our spirit Self lives within and make it real and manifest where we are now. It is always present but we must focus our attention on it, feeling and listening for that which God would have be known and expressed in Love. We are always in communication with God but we must attune to it and find ways of expressing and embodying it. Some things God is saying now are—

You are my creation and are an extension of me.
You share my being, nature and purpose.
You are to extend creation freely with me in joy.

CSR III: The Divine Self

You have abundantly everything that I have.
What you give, you receive awareness that you have.
Everything is part of you as it is part of me.
You are here to bring Heaven to Earth and thus transform Earth.
You bring Heaven to Earth just by being and sharing your Self.
You exist in an ever new living eternity.
You exist in a oneness, harmony and unity with all creation.
The miscreations that I didn't create are for learning and won't persist.
You learn from positive experience what IS Truth, Love, Good, my Will, etc.
And from negative experiences what is not.
Now is the time to shift where your consciousness is identified to the soul.
The soul is your inner eternal Self consciousness.
The soul uses its mind to formulate its knowing that it would express and embody.
Its intuitive knowing is given by God in each new moment.
This knowing already is present within, it just has to be brought to awareness.
God gives to each their unique purpose which is what they Love the most.
You are now to collaborate with one another to bring your shared Truth into manifestation.

What do you hear, feel or intuit God saying?

§

498. Opening to the present moment:

I feel that in this New Time that we are moving into, being in the present moment will be far more essential than it has been. Actually it has not been emphasized as collectively we have been more focused in the past or the future — in our memories and internalized conditioning from the past or our ideas about what are trying to create in our future. We have been in our head, and efforts to get out of it have been more aimed at relaxation or distraction. Now, however, the present moment will become more like a doorway into an Eternal Now and an inner dimension or New Earth of abundant new life, new discoveries and inspirations. We are moving from a dualistic focus on the separate externals of life to a consciousness of the underlying connection and oneness of all life and thus shifting our emphasis from the head to the Heart which is one in all. I imagine this doorway into Life as it IS now to be something like the 'looking glass' that Alice stepped through to an inner dimension of being. Actually there are such portals on Earth and if we were to visit the Agarthans in inner Earth we would need to pass

CSR III: The Divine Self

through such a portal to their world. At any rate, as we learn to go within the moment we open to a deeper level of life, inspiration, love, joy and connection. As we move beyond the outer facade of life and our beliefs and assumptions about reality we discover that reality is much more mutable, alive and responsive than we had thought. Feelings, intuitions, sensations, visions and desires will bubble up to awareness that can be formulated creatively and shared. As we accept these and allow this movement of spirit to move through us into the world, our world will become richer, our consciousness larger and our identity more authentic. We integrate inner aspects of our multidimensional Self and begin to live more fully in the open ended present than we ever have. By doing so we will begin to co-create the structure of the soul based civilization that will arise on this New Earth, which will be a precipitation of the consciousness of the soul kingdom, overlit by spirit.

§

499. Waiting in the last month:

In this quiet shadowed December morning, rain drops glisten like jewels on the bare tree branches and fall like notes of a cleansing song that the divine Mother is blessing the world with today. The old is being washed away, the new is being nourished. Peace and a hushed stillness abide. Everything is well and being prepared for what is to come. The air is chilly, damp and alive. The sky is slowly lightening. Inside we are grateful, reverent and expectant. Time moves inexorably toward a glorious birth. The world awaits in fervent prayer and desperate hope — all Creation cries out. Please let it Be!

§

500. The Great Awakening:

There is a Great Awakening, Liberation or Ascension that is happening now on Earth as a result of the influx of higher spiritual energies. The process involves two main experiences.

It is first of all an awakening *from* the temporary truth of the hypnotized nightmare of powerlessness, victimization, delusion, separation, fear, suffering, guilt, sin, scarcity and condemnation we have been trapped in. In this state we have not recognized the control of Earth by the forces of evil and their minions who have ruled as the powerful elite. In waking up we are becoming aware of their hidden parasitic control, predatory agendas and nefarious activities. We are freeing our minds, affirming our free will, taking our power back from the controllers and making necessary changes in the structure of our global civilization.

CSR III: The Divine Self

This involves awakening **to** the eternal Truth of who we really are as divine free Beings who are tasked by the God of Love we live in, to co-create a Heaven on Earth. This we will accomplish now by accepting our resurrected Self and its innate knowing and power to manifest what we are intuitively becoming aware of and want to create as we return to conscious life in God. This is an awakening to love, light, peace, abundance, safety, joy, beauty, oneness, harmony, knowing and freedom without fear or limitation. We are waking **from** the nightmare **to** the reality of a new divine day where everything is as it is meant to be. Now we need but to forget the nightmare and all the thoughts we believed while in it and return to our Heart's knowing and our Spirit's oneness with God's Purpose which will lead to our fulfillment and happiness.

§

501. The magic, wonder and beauty of life:

In these times, with all the turmoil in the world, it may be difficult to appreciate how wonderful and magical life is. Yet just as God is ever present, so is the wonder and beauty of the great cosmic Song that is unfolding here. Something stupendous beyond our capacity to appreciate it is hidden in every moment and the most concrete everyday things and experiences. At the heart of it is a profound Love and Purpose surpassing understanding that is available to us with every beat of our heart. We little appreciate the blessing of life and the intimate Presence of God in all, and what is being given to us. We are satisfied with the comforts and pleasures of mundane happiness while the real essence of the supernal blessing can be felt even in moments of intense suffering. In this season of light, hope and giving let us open to the divine Mystery we are part of that we may live with this reverent awareness and share this with one another with Love and gratitude.

§

502. In the naked Now:

I feel that if we would release all the conceptions that we have that we normally project on to our experience and instead are naked in the raw now, as we apprehend it in Love, we would have an experience of the Soul at one with divine Life. We would then see the innumerable forms of life connected and suffused with the one divine Presence and life Force. It will be easier then to tune into a quiet still sense and knowing that can guide our perceptions and actions. This inner voice is harder to notice when we are habitually caught up in our mind, emotions and sensations, but our awareness of it is increasing as this vibration is increasing and the ego matrix programming that has circumscribed

CSR III: The Divine Self

humanity's experience of reality is dissolving as Earth transitions into the New Era. This entails a shift to the sanity of our authentic Soul self. If all of humanity would attain this consciousness there would be no more fear, war, poverty, exploitation, or conflict, as the civilization we create is the precipitation of our consciousness. So rather than attacking the conflicted dualistic ego matrix, we could affirm and embody the Love, Unity and Peace of the dimension of the Soul that we are now beginning to notice and align with. Of course this would imply taking back the power and authority that the ego projects on the elite leaders of the global system and our willingness to comply with their edicts and laws. The system will fall apart without our support and belief in its legitimacy. It's not legitimate as it is the externalization of a false belief in the fearful separation of our identity from the divine Whole. Let us therefore not fear to release our attachment to ideas we have believed. Underneath these is a divine conscious living Reality awaiting our discovery. This is what the New Era that we are moving into will be based on. Let us get free and then be the Souls who we really are, sharing what we really want to create here on Earth and building a new civilization.

§

503. Expressing our felt truth:

Many people are sharing uplifting links, memes, thoughts and quotes online now. However, I feel that we each need to step beyond the mind and into the Heart in the unknown Now, directly sharing what we are feeling and are aware of now, in this living ever new eternal moment. We are here to fully Be and embrace all life and that which is within us in the consciousness of the Love that we are. This is our time to step out and fully manifest our divine Self. As a butterfly emerging from its cocoon, as an eagle ascending into the sky of God's Mind, let us shout out in joy our oneness and freedom from all limitation. Christ's spirit pervades the world and lifts all Creation into an exhilarating unity. We embrace all life as the Light reveals yet higher splendor before us. We share this same divine Self of God now born into a New World we will co-create together, guided by the Love that impels us. Let us trust the Truth that we share within us, which is One, and let it blaze!

§

504. Resolving one's shadow:

The shadow facets of our personality — qualities, behaviors, attitudes, fears, actions and memories, etc. — that we negatively judge and then often repress and deny that we have, resist integration and resolution. We need to realize that one's soul self does not consist of these so we can allow ourself to accept awareness of them but then release them,

CSR III: The Divine Self

and integrate the energy they contain. For example, if one has done something one is ashamed of, to just admit that it was done but is not what one is. Doing this is accepting love and forgiveness for oneself. This will also entail clarifying the lesson or learning involved. This integration facilitates recognition of one's real soul self and one's purpose.

§

505. It's here now:

What a blessing to know and experience that the divine Presence is always here, present, guiding and supporting. We don't have to do anything to deserve it, strive to attain it, or pray for it. 'It' is always available and accessible within. 'It' is called by many names but is really our connection to the divine Self, Consciousness and Life that we really are. In the New Age that Earth is transitioning into, we will live in unity with the Divine and take up our role as co-creators of the New Earth and civilization that God would have us bring into being now. This is a luminous possibility that God has already seeded our dreams with and that Love is animating and inspiring in us. Love shows the way! Only that which is most beautiful, true and good for all is fit for the future!

§

506. The Trinity:

Our Self is the conscious Son of God who lives in the creative ever new life of the Mother aspect of God as we respond to and do the will of the Father aspect. As we live in unity with the Trinity we live in oneness with our divine Self. The Father's Voice is silent and heard in the stillness and silence within. However, it impresses us with a knowing that supports and guides us and that we must express and embody if we are to be our Self and fulfill what we are given to know and do. As the Son, I refer everything to God the Father, who is the Source and the Power. Because I am one with him I have Power, Knowing and Being. The Mother is creative active intelligence, the Father is spiritual will and purpose, the Son links these in consciousness, living in the Mother with the purpose of the Father.

§

507. Bringing the unknown Now of God into manifest Being:

We can create the most amazing constructions and weave elaborate webs of thought but unless these are based on love they count for little. Let us stay centered in the soul and its knowing and allow only Love to guide our thoughts, speech and actions. Feel oneness with all life and a

CSR III: The Divine Self

Love that joins us with the divine Life and Consciousness in which we live and move and have our Being. We feel a natural compassion for everyone and a desire to help free humanity from its confinement. We experience a freedom, joy and grace that comes from trusting the divine loving spirit animating and flowing through us. We experience the abundance of the divine world when we are living in harmony with it. We experience the gift and blessing of each new moment as we open to it and let it move through us. What we would express and share and how, will always be our free choice and as varied as the infinite stars in the cosmos. Because in this very moment God is always offering us something new that we must find an appropriate way to bring out into manifest form. As the co-creative extensions of God, our role and purpose is to bring forth the divine possibilities that God would have extended into manifest Being. This can happen in innumerable ways. As we maintain our identity as soul, we extend this vibration and consciousness into the world no matter what we do. However, we are affiliated with particular affinity groups depending on our Ray make up and will be collaborating on shared projects as we tune into God's intentions, which are nascent in the ethers, and endeavor to make these manifest in different ways.

§

508. Love:

Love can be a confusing feeling to experience. When we feel love for another we naturally are drawn to be closer, more intimate and share more of who we are and what we feel and think, which can be disconcerting. We may not consciously know why we are drawn to the other. We naturally will value the other person and want to foster their well being. Love ultimately allows us to release our personal investment and wants for the greater good of the other. Thus Love leads us on the path of finding the deeper eternal reality that ever draws us on. Feeling a romantic love will inspire a desire to connect and join together to create an experience of the other as part of one's Self. This is possible because inwardly and spiritually we are all part of the same Divine Being. However, physical or sexual intercourse alone isn't sufficient to experience this oneness. There must be a deep resonance of a shared and complementary nature and purpose and a conscious willing to open to experience the other as part of one's Self in freedom and Love.

§

509. A needed education:

I wish that in childhood everyone would be educated to understand that we are not our bodies or human personalities that we are incarnating

CSR III: The Divine Self

through, but are part of the eternal loving divine Consciousness that is manifesting through all Creation. Everything on Earth that we see, feel and experience is thus encompassed by us, as we really are. We are thus to consciously align with this larger divine Self consciousness and attune to the specific purpose that we have to bring into form and being here now. This requires using our mind and will to act and create what we are given to express and manifest for the evolutionary good of the divine Whole that we are an embodiment of. This requires forgiveness and release of everything we encounter here so that we might acknowledge and reveal the Divine within. Thus Earth is transformed and raised to Oneness and conscious Unity with its Source. This is accomplished by the divine Presence that is here now that is the revelation of our Christ Self. In the past a veil blocked our awareness of this Reality so we created in separation an artificial world. Now, however, we will co-create in Unity and Truth, and Earth will be the sacred planet it essentially is. Let us learn to access the inner loving divine Consciousness and its intuitive knowing that we must give voice and expression to. Education must therefore teach our divine Brotherhood and our shared divine Purpose in embodying the consciousness of Christ and his plan.

§

510. Masculine and Feminine:

The Feminine is eternal divine Love, ever new creative life, beauty, joy, harmony, reception, connection and everything good.

The Masculine is free divine spirit, identity with divine will and purpose, animating impulse, truth and conscious knowing.

We all are a mixture of both, but women are mostly feminine, men mostly masculine.

§

511. Simply being one's Self:

The separate personality thinks it has to 'do' to achieve what it wants. The conscious Self knows that it is simpler than that and just has to allow its Self to Be and express its Self as it will. What it feels and intuitively knows guides the process of the unfolding Self in the ever new moment. The Self always feels the joy, peace and safety of divine Love moving through everything. We are now free. Nothing can hold, limit or define us. We encompass everything but are always more. We are the more coming into manifest Being and revealing what has been waiting to be seen and experienced. We don't need any external

validation or support, we are here to extend, not to get. We already have everything that we need within us. Our purpose is simply to extend and express what we are and are given to know into the place where we are at. As an extension of God, we extend what God would have become known into the physical, emotional and mental planes. At home in God, we are content to express what we feel and what our Self is aware of now that would become known. I let my Love out and my Light shine. I don't need to prove or defend my Self. We are eternal spirit and part of God. Fear does not exist here. We no longer pay any heed to the concrete mind and its beliefs. Being awakened we have moved beyond suffering, lack, need and powerlessness. We have the power of God to be as we are. We now live in the Divine Life and Consciousness. We shine Light on everything. Joy comes from connecting the Light in our Self to the Light within all and experiencing the Presence of the Divine in all Creation. Sharing this joy we exult in our humanity. We have moved through the darkness and are now out on the other side, in Love, Unity and Life Divine. Let us surrender to That Being that we are and let it come into manifestation through our acceptance and expression. Let feelings be the wings that lift us into the Heaven of life as spirit.

§

512. Unity consciousness:

The New Age that we are moving into is the time of Unity, where we consciously join the Presence within all that is our divine Christ Self. Thus we shift our identity out of being a separate personality and into the Soul that is connected and one with all life. Living as Soul, we refer our awareness to the larger Whole that we are an extension of and do our part to bring into manifest being, what we are given to know and become aware of. Love prompts us to express and act, do and create. Spirit moves through us and into the world. Thus we maintain an alignment with Spirit and an ongoing communion, listening, invoking, being sensitive to what we become aware of that is here now in the living moment. We simply authentically express our Self without need to be accepted by anyone. That we accept our Self is enough. That we are simply being who we are is enough explanation to those who do not understand what is happening and now possible on Earth. This awareness doesn't place ourselves above anyone, rather we are merely demonstrating our divine equality. We have no need to force anyone to accept our awareness, our expression of Love and Light, Joy, Freedom and Oneness leaves others free to be as they wish. However, we won't oblige their desire for us to affirm their beliefs. To do so would be to give in to fear, which we no longer do.

§

513. Everything we've been told is a lie:

Everything we've been told and are living is a lie. Society has been scripted to enslave us to serve those who have surreptitiously created and control society. Everything we've been programmed and indoctrinated to believe from the earliest age has deceived us to believe that the world is normal and natural and that we must accept it as reality when in fact it is all propaganda and mind control. We don't realize that all the elites, leaders and authorities are working together to further their advantages and power at our expense. They deceive us to compete and fight each other while they luxuriate. The few exceptions to this have been allowed in order that we believe that there is freedom, when there really isn't any in the global system. We are free to reject it all, but then must create our sovereign reality or suffer the punishment of the system if we still want its objectives, as in "the American Dream". It's difficult to play the system's game and win, because privilege and possessions don't bring fulfillment to the soul. The soul must live for a larger, higher good. One can try to be a benefactor or server, but much of one's energy gets expended in coping with the destructive system.

§

514. Just Being:

Just Being leads to Oneness — Just trusting Being and letting it unfold. God IS. God is ever new, ever good, ever more unfolding. Why should we try to determine what is best when God embodies it? Let us surrender to God consciousness and just Be. In doing so we align with God's nature and purpose and assume our destined place and function.

§

515. The magic mirror:

Love is like a magic mirror that enables us to see our Self. When we acknowledge our feelings and follow where they lead, the mists on the mirror begin to dissipate and we can see farther and more clearly what lies within. We discover the eternal spiritual Being who we are and what we're about. In this process we must release the many superficial attitudes, beliefs and attachments that initially arise in our perceptions so that we can see beyond these to the real Self. We finally come to a place where we see with God in Peace, Oneness and Light.

§

516. Some thoughts on realizing unity consciousness:

I feel that we can begin to understand 5D unity consciousness that Earth is ascending into via the universal drive we all have to experience

CSR III: The Divine Self

wholeness that manifests as our human impulse to fall in love and seek to experience oneness with another. The soul self contains both male and female qualities but when we incarnate into male or female bodies we experience a separation from the unitary soul and our opposite sex qualities that we unconsciously project on to the other gender. We then endeavor to become whole by externally joining with the other who we have fallen in love with who seems to embody what we lack and need. When people fall in love they usually always desire, to a degree, to experience a oneness. They unconsciously want to unite with the soul but try to accomplish this by uniting with the other who they have fallen in love with who seems to embody to them, their other half. We want to experience a shared love, life, consciousness and purpose. Often when people fall in love and are married they want to keep their deepest feelings in their relationship private. However, the opposite attitude allows the extension of love and oneness to others, so that we may all realize that we are all part of the same shared Being.

In love we can experience that the other is connected with one's self which is a step to experiencing unity consciousness where we experience everyone as part of one Divine Self. The unity experience of oneness entails realizing that personal selves are extensions of a deeper eternal Christ consciousness of Love. Oneness with others and all life is Christ consciousness. Knowing that inwardly we are part of the same divine life, consciousness and spiritual purpose is first of all to share love and connection with others and secondly to share awareness of our inner oneness and what we are given to know, express and manifest. Resting in this inward awareness we can allow whatever wants to happen to unfold and be. In unity consciousness each one supports the other to fully be their soul Self as they support you in being your soul Self. As we are part of the same divine Self, we collaborate in making the truth of the divine Self known and manifest.

This feeling and experience of love is the most important thing because it is integral to realizing who one really is and why one is here on Earth. We can only be our whole Self by embodying Love and its consciousness and purpose. Its purpose is Self realization or realizing that we are part of the Christ conscious Self of God. This implies that we can live as such and rely on the intuitive knowing, grace and power that we have from our shared Being in God. Living in oneness then affords us the opportunity to learn to trust our shared Self, to live from the Heart and extend the blessings of God as we receive them. Outwardly we are given to do different things and may have different superficial interests but inwardly as soul come from the same place of extending and supporting love and Self awareness. That awareness implies each soul

tuning into what they are inwardly given to Love and want to realize. This is living in 5D unity consciousness.

§

517. Evil's multi-pronged war against humanity and the ascension of Earth:

Humanity needs two fundamental qualities to evolve — Love and Truth.

Humanity has been gradually leavened by Love since Christ grounded it on Earth 2000 years ago.

Humanity, however, has little awareness of Truth, although that is changing.

The retrograde forces of fear, selfishness, greed, domination, violence, deception, chaos, and predation that are acting through the Deep State elite who have infiltrated and control the globalist institutions in the world are desperately exploiting every opportunity and method that they have the ability to utilize to retain control of Earth and prevent Earth's ascension and humanity's liberation.

- They are provoking wars in Europe, Africa, the Middle East and Asia.
- They are polluting the Earth and our bodies with toxins.
- They are creating virus bioweapons to cull and sicken humanity.
- They are pushing medical interventions that would establish genetic transhuman control of humanity.
- They are developing AI technology to lead humanity into an artificial controlled virtual world.
- They instigating totalitarian measures to surveil and enforce compliance to deny freedom and rights.
- They repress freedom of speech and thought, censoring information and promoting misinformation.
- They have established a woke culture war on science and spirit to confuse and manipulate humanity.
- They are utilizing Satanism to extort and control the rich and powerful and corrupt human values.
- They are promoting the fake need to limit fossil fuels that will create an economic crisis to justify a Great (totalitarian) Reset and New World Order.
- They are promoting the digitalization of the global financial system so that they can control it and further loot humanity's wealth.
- They are creating fear, destruction, delusion, deception, chaos and confusion in every way they can to lower the vibrations of Earth and keep humanity disempowered.

CSR III: The Divine Self

Humanity needs to recognize that all these troubling developments and others unmentioned are not accidental and disconnected but are in reality part of a conspiratorial agenda by the Deep State Dark Forces that have covertly ruled Earth. If one will dispassionately examine any of society's institutions one will discover that their actions are often diametrically opposite to their professed good purpose — indicating the extent of corruption. In this time of Great Awakening humanity will begin to see what's really been going on so action and change can overturn the Deep State agents and their plans. New and better ways are waiting to be instituted. The New Golden Age decreed by God is imminent.

§

518. The spiritual path:

To be on a spiritual path is to have a dualistic linear experience of being separate from that which is being sought while moving toward it. The path or practice leads to an eternal Now where one experiences God within all and in just Being facilitates that which God would have become manifest. We become co-creative extensions of God, transforming matter and bringing a higher potential into life. Our consecrated life and consciousness becomes a channel for beauty, truth, goodness and revelation of the nature and purpose of God. We reveal the holiness of life, its mystery and magic. We live in the timeless realm of spirit and bring that down to Earth. Anything is possible when one's consciousness is reunited with God. But there are no arbitrary creations, everything that IS is created for and by Love. Freedom from all constraint is God in thought and action.

§

519. Using imagination:

Where are we in any moment? It's important to realize that where we are is always our choice and not be limited by judgements and so called realistic assumptions. The mind is the creator so we must be careful about what we think for it will create that experience. Recognizing that, let us open our consciousness to be in the highest, most loving and beautiful space and live and create from there. Now supernal Light streams into the living world and all is one. This Light and Love infuses consciousness and brings it to an awareness of the Divine Presence that infuses all life. This is a moment of awakening to God. Sweet fragrance and music fills the air, harmony, peace and joy reverberate, and a destined New Day awaits our creation. For we are the artists that will, sing, paint and build the Golden New Earth that will ascend in the morning mists in this fairy tale moment. We are high on God and the Life Divine that we now live in. The old world is but a sad dream we have

awakened from that is gladly forgotten in this new bliss we are experiencing. Let us each now recognize who we are and begin the collaborative dance of bringing in the New! A new reality is emerging to our amazed awareness that exceeds everything that we believed was real and possible. A new dimension of being lifts our perceptions to a higher level beyond the limits we heretofore experienced. A magical paradise can now be created for we have the freedom to explore the lighted eternal realms and bring to Earth whatever will suit.

§

520. Group Consciousness:

God is here now as the Divine living Life that is all creation, as the Divine Consciousness that is within all, and as the Divine Spirit animating all in perfection, harmony, joy, order and oneness. We can open our awareness to this tripartite Heaven now and surrender to it by releasing our attachment to the ego mind which judges and restricts. Now like the bird of paradise we may sing in bliss and gratitude for the abundant blessings God imbues the moment with — ever new seed like gifts to discover, unwrap and share. Now we are free and bathed in the supernal Light and Love pervading. Now we sense the Christ Presence within all Life. We are part of this Christ Consciousness that links Divine Life with Divine Spirit and Purpose. As extensions of God our task is to co-create with God by attuning to Spirit and transmitting and embodying what we experience and become aware of in consciousness, form and Life. We let spirit move through us into manifest Being.

When we express ourselves from oneness with the larger Whole of Life, we share who we are and what we feel rather than just what we think. We let God's energetic ideas become a part of us before birthing them in form. We take our part in the Trinity of Mother Life, Father Spirit and Son who consciously links both. We transform Life by sowing new creative seeds that are gifted by Spirit. We give our Love to these seeds before releasing them in an appropriate form to become part of Creation. This is the White Magic of the Soul Self who embodies the Divine Consciousness. It is not the consciousness of the separate personalities but the Consciousness united with the Divine Whole that is capable of giving an appropriate expression to divine inspiration. In the coming New Age, we shall collectively collaborate to bring into awareness and expression the seeds of intentions that God would have manifest now that we will become intuitively aware of. In so doing we gradually encompass more of Life and Spirit and the Divine Whole, gradually shifting our center of identity to a higher dimension.

§

521. Living in Unity in a Soul group:

I intuit that when we experience any negative state — fear, pain, guilt, anger, self doubt, resentment, bitterness, sorrow, fatigue, lack, loneliness, confusion, etc. — that we are in a separative ego state and need to reconnect with the expansive state of Love/God which encompasses and transforms the negativity. The Soul Self consciousness of Love, Light, Peace, Oneness and Knowing results.

The salient question then is how do we consciously reconnect to the Soul Self? Which is to say, how do we become aware of something that is the omnipresent, universal, eternal Reality — that is the Consciousness within which the thought or issue is arising? How do we see our God Self?

The mirror of relationship can be used if one realizes that within everything is the same Reality, the same God Self. We can begin to share with each other what we are becoming aware of and experiencing when we connect to the Soul Self of God. In this way we can begin to make manifest the qualities, ideas, dynamics, and processes of the Reality of the Christ Self.

This is different from sharing our beliefs about this process, which is what the head centered individual is predisposed to do, which has characterized the historical human ego. No, we must dive into the raw data of actual Soul Self experience to extract the feeling and intuitive knowing that we can formulate into something that we can express, share, create or do with others who are trying to do the same thing.

I feel that this way of living is a feature of 5D Unity/Soul consciousness that we are moving into that will entail a human consciousness that is no longer separate from the Divine Life and Consciousness within all Creation, but which will now actively focused on bringing the latent potentials within God out into manifest Being.

This entails a collective shift to the group consciousness of the Soul, which although one, is also composed of a number of affinity, Ray or purpose groups that delineate one's path into a greater experience of the Divine Whole, depending on one's nature. Each individual extension of God has qualified Soul nature that can be delineated, in part, by Rayological and Astrological factors.

Rather than progressing individually as in the past, the spiritual structure of human life has changed to incorporate a group process that will hopefully prevent the influence of separative, anti-evolutionary evil that has delayed destined progress and caused so much suffering.

522. Invoking and experiencing God:

Jesus tells us that “God has promised He will hear my (our) call and answer me (us) Himself”, ACIM W327. Any effort to consciously reconnect with God is a call to God for it is God who does it all and makes us aware of our connection in consciousness. In answering us, God causes an awareness of something or other that we are given to know, articulate, express and share. We are not just doing this for our individual purpose but because it is also a purpose that we collectively share and therefore are beginning to collaborate to realize. We are invoking Christ consciousness. This is experienced as a succession of experiences until we have totally shifted our identity to the Soul and are continually living as Soul. This process requires and is expedited by collaboration. Collaboration is expedited by Love, forgiveness, trust, faith, freedom, sharing and community.

§

523. The Great Awakening:

The awakening of humanity will be expedited by seeing and realizing the extent to which the world is being wrecked and caused suffering to all by the elite authorities and leaders governing the global institutions. This will lead to the realization that we must trust ourselves and our own intrinsic knowing and stand up for the truth and the good of humanity and the world.

§

524. Brotherhood:

All humanity shares in the brotherhood of Christ. That is, we are equal expressions of the same Self of God. Let us be forgiven for our separate judgments and beliefs and remember the reality of our divine nature which is not effected by what we have thought or done. Let us see one another as a brother or sister who is an embodiment of the same Son of God. This Truth will set us free of our ego minds and allow us to experience the freedom of God.

§

525. A new day for Earth:

As spiritual energy continues to infuse and lift the vibrations of Earth, our consciousness is also being lifted out of the ego matrix programming that has circumscribed our awareness of reality and defined our self identity. The ego is based on the falsehood of belief in our separation from God and an identification with the body and mind. This is associated with a consequent sense of fearful vulnerability and lack and

CSR III: The Divine Self

a resulting need to control life to meet one's needs. Further falsehood was incorporated into the world when evil self servers persuaded humanity to establish a civilization based on fear, power, violence, greed, inequality, deception and exploitation. Naturally, those who have more power and privileges in this system are more invested in the principles underlying it.

The ascending energy of Earth is lifting humanity's consciousness out of the ego matrix and enabling us to consciously reconnect with the Soul and the Divine within all. We are now able to free our self identify from the mind and through Love, connect to the Christ Self of God that we are each part of. We are increasingly able to live as the Soul that we are, trusting in the ever new Divine Life and the Spirit guiding us. This naturally requires withdrawing our belief in and support of the ego matrix civilization and those who are its elite leaders and authorities. When we examine what is really going on in the tumult of events now we shall see that the evil elite are desperately trying to maintain their power and system of control by any and all means. However, it is now time to create a new civilization based on unity with the Soul and Life Divine.

Let us awaken to the awareness of the Presence of our Soul Self and the Divine we are all part of. Let us begin to share what we are now experiencing and are becoming aware of and act on the Truth we are apprehending. From the brain of the ego mind its thoughts are projected on to the world and experienced there. From the consciousness of the Soul in the Heart the intuitive knowing of the Soul Self is extended and experienced within the world. Everything in the world is thus experienced within Christ consciousness. We have a choice between living in the falsehood of a separate artificial world of suffering and conflict, or living in Truth in Unity with living Divine Reality. We can now directly contact and live from the Christ consciousness of the Soul. Let us affirm the Truth we are becoming aware of and create the new civilization on Earth that will reflect and embody the nature and purpose of God.

§

526. Salvation is happening:

Human thought and the civilization built on it are based on the false premise of the ego and separation from God. Our experience of reality has been circumscribed by this. From this position of disempowered ignorance we have further allowed ourselves to become indoctrinated and victimized. From a programmed mind an artificial civilization resulted. We need to free ourselves from this entrapment and consciously reconnect to God and our divine Spirit. This is increasingly

CSR III: The Divine Self

possible now as God is lifting us above the 3D dimension of form and time that we may shift our identity to our immortal Soul who lives in oneness with the Divine in all. This entails awakening from the nightmare of human life we have been living and opening to the magical ever new abundant world where we will co-create with God in Love, Wisdom, Peace, Freedom and Joy. In the process we will recreate our civilization to manifest a Golden Age paradise that reflects the the reality of the larger divine Life and Consciousness we will be living in. Let us help one another to awaken now and act on the intuitive knowing that our Soul has. We will have to take back the belief, authority and power that we gave to the world and those who speak for it and cease complying with its dictates. They do not have our best intentions or the vision of the New Divine World that is now emerging. Let us move from ego to Soul, from conflict to unity, from fear to Love, from belief to knowing, and from powerlessness to empowerment in God that we may live in freedom, oneness and joy and fulfill God's Plan for Earth.

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527. Group work:

This transitional time can elicit feelings of stress, uncertainty and loneliness so the sooner we can disconnect from the 3D reality that is breaking down and begin to get involved building the forms of the 5D reality that is breaking through, the sooner we will feel stable and consistently positive. In 5D unity consciousness we are all connected and supported by divine Love and Light that is revealing in each moment what we are given to intuitively know and do to extend this awareness and experience. We are opening to the same space which we will each express in our own unique way. Some people will share our particular group consciousness and some will resonate to another facet of the larger purpose of the various soul groups that in their totality comprise the soul kingdom.

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528. A glorious new morning:

Earth is a beautiful divine Being composed of countless divine Beings. Why let a few specks of darkness color our minds and perceptions when these are only created by denying this beautiful divine Reality. Let us live in the ever new eternal Light and Love, Life and Joy of God who is in Earth in this moment and do and create what we are given to by spirit. Humanity will shake off its dark dreams and awaken to a glorious new morning — a golden future to create together.

§

529. Resurrected life:

I feel that the influx of spiritual energy is having the effect of lifting us out of our personal identity, in a sense, and connecting us to our soul self. However our soul self doesn't identify with the ego mind so we now look out on our experience with an open mind and have to rely more on the Heart's intuitive knowing to determine what we are to think and do in any situation. We paradoxically experience that everything is part of us while feeling that nothing is— i.e. that we are larger than everything. We are part of the one divine Self of Love in all, but what we are to do about this is not known yet. One thing we can do is see the divine Self in each person and relate to them as such. This entails forgiving them for everything they've believed and done. We are now free to live in Unity and Truth as the divine souls we really are. In doing this we will realize that we have been more afraid of life than death. We die everyday by repressing everything we would say or do if we lived by spirit. So we are familiar with death. It's the full impulse of life that would take us into the dreaded unknown and beyond the comfortable and safe. It's our spirit that we shy away from which seems to ask too much of us. Perhaps we are willing to take a few steps, but who dares to totally trust the spirit? What would others think? How could it be justified? However, our belief that it is our responsibility to succeed and accomplish our goals, is an error. It is our responsibility to ask Jesus Christ to show us what we are to do or say to fulfill the Will of God. This is the same as saying how we are to live in Love and Truth, which is how we really want to live in joy, peace, freedom and oneness. As we are Sons of God, doing God's Will is doing what we really want. Listening to Christ's Word tells us what is right for us. Accepting and living our resurrected life allows Heaven to be manifest on Earth.

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530. Prepare for a tsunami of Love and Light!:

Prepare for the tsunami of Love that is going to burst through the structures of the world and carry us to a Heaven of Light, Peace, Joy and Unity with the Divine! Prepare for purification, revelation exaltation and transformation! Prepare to be lifted up above the dualistic world to experience a unitary level of conscious reality beyond the strictures of time and space. God has created this dense physical plane so that the consciousness of God could be extended here to manifest aspects of its Self that have been yet unexpressed. We are here as embodiments of the Self of God to each bring forth what we are being given from within. This is what we are becoming aware of as we attune to the Heart where the intuitive knowing of the soul is apprehended. By inner listening in the silence and stillness within we will each discover what Love is giving us to express, share, do and create. Let go of the paradigms of the past

that have defined our worldview and possibilities. A new larger unbound vista is emerging from within now. This is the New World that God has prepared where we will co-create the prophesied future.

§

531. God's Plan for Earth:

Earth is more than the physical planet. Earth is a multidimensional living Being composed of a system of worlds, dimensional realities, and structures of living kingdoms of multitudinous lives and ecological processes, both involutory and evolutionary. It is the creation of a divine Spirit - the Planetary Logos — and divine Gaian Soul who are an integral chakra of our Solar Being. As that is part of a larger hylozoistic cosmic Life, etc. Earth has a definite Purpose in the cosmic scheme of life. The specific divine Plan for humanity is established and held in consciousness by Christ who is not a Christian conception but the universal Consciousness of the Logos. Our co-creative work now to establish the new civilization on Earth in the imminent Golden Age is therefore delineated by Christ's Plan which is held in the Mind of God. As we each attune to the soul consciousness and it's spiritual purpose we will each find our destined place and function in realizing the Plan. This will be related to what we Love the most and what we intrinsically find the most meaningful and beautiful. Beauty will become more important in the coming time for Beauty is at the Heart of the nature of Earth and the divine Feminine Life that will flower in the coming Golden Age.

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532. Here to serve by being our Self:

Earth is not where we have originated, Earth is where we have incarnated in order to bring through the Light, Love and Knowing from where we have come. As God is omnipresent, it is up to us to consciously connect to this Source, channel its Truth and Life and live in it now. This entails shifting our center of awareness from the personality to the spirit animated soul who lives in oneness with God. This is a process of embodying ever more inclusive Love. We have to be 'out of our mind' to do this as the ego mind's beliefs don't reflect the reality of Source. However, latent within the seeming silence and stillness of our Self consciousness is the knowing and impelling purpose of Love as it resides in God. Allow it to pervade your awareness, inspire your imagination and impel your will.

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533. Affirming Truth:

Jesus's admonition to 'Forgive them for they know not what they do' has a wide application. When people are not in their right mind and consequently are acting mindlessly what they are doing amounts to nothing as it is based on nothing — the delusion of the ego, which is based on the denial of God. If we get angry or distressed we are giving reality to acts that have no reality. It's better to see them forgiven and then affirm the Truth of God they are denying.

There is a lot of craziness in the world now. Let us see it for what it is and withdraw our belief in its legitimacy and normality. Let us withdraw our trust and faith in those who are thus acting mindlessly and perpetuating policies that are based on denial of the Truth. It's time to awaken from the delusion that attack can ever get us anything good, and that hate or anger is ever justified. As we return to our right mind that is one with Christ we shall see the battlefield of Earth in peace — it's weary sons and daughters embracing each other in Love and affirming the Truth that is one in all.

§

534. The Rays in the New Age:

1. The imperatives and purpose of oneness
2. The consciousness of oneness
3. The mental panorama of oneness
4. The process of oneness
5. The science or knowledge of oneness
6. The vision of oneness
7. The manifestation of oneness

The energy of the Sixth Ray Piscean Age we are leaving was the energy of idealism where the separate ego strove to realize it's beautiful ideas and ideals. The Seventh Ray Aquarian Age will emphasize authenticity, wholeness and manifestation. We will shift or identity to the group conscious soul and establish a civilization where everything is in divine order.

As soul, we live by grace as God — free, eternal and one with our Source. We listen to your Word, Father, and make it ours. We are the holy Son of God Himself, and are in need only of the Truth.

§

535. The mirror:

A mirror is used to see our Self. We each mirror one another as we embody the same Self of God. We may have different qualities and purposes but inwardly share one divine Being.

The divine Feminine expression is receptive, intuitive, loving — ever new life, beauty, joy, goodness, harmony, creation and connection. The divine Masculine expression is abstract, one pointed, strong willed, purposeful, dedicated to the greater good. Women are beautiful divine beings, men are living spirits.

§

536. The sky is clearing:

I had a beautiful dream where I experienced that everything needed for the New World of Love to come into being had been accomplished and that we can now live fully in Love and Peace and Unity. We needn't worry if there are still parts of the old script playing out. The dark line of thunderstorms and lightening are moving away and the sky is clearing and bright blue.

§

537. Sharing our highest dreams:

Why just keep our highest dreams private and hidden? We all dream of having a certain kind of experience. These are all dreams of Love in one form or another. As everything is here now and theoretically accessible, that experience is also available. Therefore we can focus our awareness on the experience we want and desire and cognize and express it. As we share it we can visualize it present and happening now. By sharing our dreams with each other we make them real and manifest. We can begin to live in our highest dreams rather than being separate from them. We can begin to move away from the world that we experience now, which is somebody else's dream. The Heart is the Source of our dreams. The mind creates them. The new Seventh Ray energy infusing the Earth gives us the opportunity to transmute the present reality of Earth and to manifest the New World of our highest dreams of Love. When we connect to our highest dreams we connect to the Divine and begin to live in unity with the Divine. Our highest dreams are not just something that we make up. They are given by God to be realized. The New Age that we are on the threshold of, will be the time when we collectively co-create with God the dream of Unity, Love, Harmony, Abundance, Beauty, Goodness, Truth, Freedom, and Joy that God Wills become manifest now.

538. The cycle of civilizations:

The great spiritual civilizations of the past were based on myths of a divine Life that encompassed and ordered all aspects of human life. Human life was seen and experienced within a structured living ecology that was infinite and eternal. All aspects of creation were believed to be imbued with divine Life and Consciousness and had their place and purpose in the divine scheme of things. Like nature, the structures of civilization were beautiful, harmonious, rich and varied yet all part of a unifying pattern characteristic of that civilization. However, as the formulation of the myths were imperfect the realization of past civilizations likewise had limitations that eventually led to their collapse.

Earth has more recently been progressing through a non spiritual Age characterized by materialism, rationalism and separatism. It has been an Age of ignorance, conflict, fear, evil and suffering where we have lost our connection to the Divine. However, life evolves cyclically in the universe and a New Age will be born from the collapse of our present civilization. Soon we will have the opportunity to collectively experience God again and to build with God the new civilization that will arise in the coming time. We will build with God based on the divine ideas that we will each intuit and that our lives will embody. This time Love will unify and complete all co-creation so that the new mythology will not lack this essential factor. We will each become sovereign divine co-creators and no longer dependent subjects as in the past. Before there were few who could function as souls, but now most will be able to live in oneness with God.

Let us therefore begin to go within and connect to the divine Presence that is emerging into our collective awareness. Releasing the old mind of the beliefs of the dying civilization, let us open to the new numinous Love animated intuitions, visions, ideas and urges that are impressing us now. A new reality would be born on Earth now that needs new myths, archetypes, processes, understandings, structures, and values to become manifest in the forms of a new civilization. New inventions are needed to allow it to express the rich diversity of potential that the New Age affords. We each have an exiting role as discovers, explorers, pioneers and creators of a New World and Golden Civilization that will surpass anything that has come before. Let's let the script of the collapse play out and begin to focus on bringing in the New.

539. Wholeness:

In every moment and situation God is present and can be experienced if we would join with the Wholeness and the Self of God in everyone and everything. Then we are at peace for we are not denying, withholding or attacking. We are just accepting what IS there. We need to greet this moment with Love for Love is always present. We consequently need to express Love if we would express what is there and what we are aware of and be our Self. Then we let things just be as they are. We see the Wholeness and join it. This is unity or Christ consciousness.

§

540. Secular scientism:

The status quo mainstream is increasingly dominated by secular scientism. This is not science but an atheistic rational materialistic belief system based on the idea that only empirically tested experience is real, i.e., physical matter is all there is. It therefore denies the possibility of metaphysical experience and thus denies and suppresses information on the spiritual experiences that are an essential and universal aspect of humanity. Scientism is based on a contradiction and a deception in that its assumption that only empirical experience is real is a belief held in the mind that is not itself empirical but an aspect of consciousness. Real science is an inductive way of establishing truth that includes both empirical and metaphysical domains as accessed through consciousness.

Humanity has always experienced a wide variety of spiritual, paranormal and metaphysical experiences because we are really spiritual beings incarnate in physical reality and our consciousness retains the ability to transcend the empirical physical level of reality. Some of these experiences include: parapsychological experiences such as telepathy, precognition, extra sensory perception, remote viewing, clairvoyance, psychometry, psychokinesis, past life recall, out of body and near death experiences, communication with deceased, spiritual and extraterrestrial beings, spiritual healing and experiences that transcend what is physically possible, bilocation, materialization, remarkable synchronicities, miracles, ghosts, divination, prophecy and transcendent knowing, etc.

The scientism that has come to dominate our culture, education and media actively dismisses, denigrates and ignores this essential area of human nature and impugns its legitimacy so that now it's normal for people to feel guilty and hesitant about admitting and talking about the spiritual and paranormal experiences that they have had. This is unfortunate because these experiences are typically intensely

meaningful. A momentary spiritual experience can have a lifelong effect and change a person's life. Recognizing that consciousness and the mind are actually metaphysical aspects of our spiritual being that utilize but are not the same as the brain, would clarify our understanding and open up new areas of scientific study. As it is, scientism is really a fallacious religious (in the sense that it is based on faith) belief system that is being used by the Deep State to confuse and disempower humanity so humanity can be controlled, exploited and enslaved. We need to wake up and reject this influence and its agenda.

§

541. Just Being Whole:

We think it is difficult to achieve Self Realization, Enlightenment and Oneness, but it is all available now and is as simple as becoming aware of what IS here now, sharing and responding. All it takes is listening in the Heart and having the courage to express what Love would prompt. Each moment is new and full of the Presence of the Self of God. Each moment offers its gifts to share and receive. The moment unfolds leading ever inward and closer to the Source within all. There are no judgements, prohibitions or restrictions on this process of divine Life. Likewise our consciousness must be open, accepting, and forgiving so that everything can be embraced without judgement, fear or preconception. Awareness does not imply attachment. We see everything embraced by one Self and listen to how that Self would respond to our experience. Like breathing it is a simple and natural process of being — listening and expressing, accepting and releasing, invoking and evoking. Wherever we are at is perfectly where we are meant to be and where we can fully begin to be the divine Self that we are, in relationship with the divine Self in all Creation.

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542. The foundation for life:

The ego is loathe to admit that it really doesn't know anything, it just has beliefs, emotions and sensations. Sensation don't seem to imply anything beyond physical existence, emotions seem very fluid and transitory and beliefs have all been rather arbitrarily internalized from a great pool of confusing and contradictory beliefs. Nothing seems to offer the ego a reliable basis for understanding what life is really all about. Although there are many who would propose to explain everything and have constructed elaborate belief systems to do just this. But how legitimate is it to take on someone else's ideas? Shouldn't one establish a knowing that springs organically from one's experience? This leads the ego to a search within to that which is the most intrinsically

meaningful. And that ultimately leads to Love. Love, is however, more than it seems to be initially — an attractive emotion leading one to feel connection and caring. On deeper reflection it is realized to be a powerful energy leading one beyond the ego into realms of transcendent meaning, beauty, truth and goodness. Here one finds a reliable basis for an understanding of what life is all about. Christ's teaching of a loving God is all well and good, but what if one has never experienced a divine Father or a Holy Spirit? What if one is a Buddhist, Moslem or an atheist? On the foundation of Love itself, which is universal, we can begin to construct an ennobling civilization. It is more than sufficient. I remember when I was younger after years studying philosophy, science, religion and psychology, I realized that all I really knew was that I loved and sought a deeper understanding. And from Love that understanding and everything else unfolded.

§

543. Life is a journey:

Life is not like a high speed train taking us to our destination but more like an extended trek with highs and lows, days and nights and a diversity of experience along the way — some wonderful and some difficult. Yet God is ever present, so the challenge is to see the good in the seeming bad, the light in the dark and to persevere. Just as we can always light a candle in the dark to see, so can we always turn within to see with the eyes of Love the eternal Truth and the way forward. This entails seeing the positive and the good in experiences that we are inclined initially to judge against. As in God everything is good, so we must be able to see that in whatever we experience. This effort must lead us beyond the circumscribed and dualistic beliefs of the ego into the transcendent knowing of our eternal soul who lives in God. This attitude encourages patience, tolerance, humility, openness, compassion, trust, and faith. We learn that although the journey of life has its risks, that when we allow ourselves to follow the guide of Love and the dreams of Love that God has placed in our Heart, we shall be rewarded with many gifts along the way. Some of which come from those difficult situations that we would have wished to avoid. And, I dare say, as we share our dreams of Love with others we meet along the way, the journey becomes the destination — fulfilling and complete in its own right.

§

544. The New Earth civilization:

Civilizations on Earth for the last twenty six thousand years at least have embodied the conflict between a Hierarchy of Good spiritual energies

CSR III: The Divine Self

and Beings and a corresponding hierarchy of evil, separative, anti-evolutionary energies and beings. Both Forces have been endeavoring to influence and shape human civilization. Evil has striven to mind control humanity, to deceive, enslave, to use and to prey on humanity. The Good has endeavored to enlighten, empower, liberate and consciously reconnect humanity to its divine Source and purpose. On Earth there are consequently humans who are under the influence of evil and the majority who strive to the Good. We are at a juncture in time where both Good and evil are endeavoring to formulate a new civilization in this solar transition to a New Age with new energies pervading and changing Earth's vibrations.

Evil wants to establish a totalitarian New World Order as articulated by the WEF and other Deep State organizations. This would entail an eugenic culling of most of the world's population with the remaining population enslaved in an artificial transhuman reality where they would serve their master's agenda of galactic war, domination, exploitation and predation — a dark future indeed. The divine Hierarchy of Good is now intervening on Earth to help establish a spiritual civilization on Earth where all will live in conscious connection with God in freedom, peace, safety, abundance, Love, joy and harmony with all life.

There is obviously no comparison between these two scenarios and it would be an easy choice if humanity realized what is really going on behind the turmoil of events and issues that we are being confronted with. Unfortunately we don't, because our view and interpretation of these events and situations are still determined by the evil Deep State elite who still control the establishment organs of communication. Thus everything the media, politicians, and other institutional elite do and say misrepresents and distorts what is really happening. Fortunately, the more powerful Forces of Good are now scripting events to include more disclosures of the truth and circumstances that will enable people to really see what's going on, because up to now, the evil that has controlled civilization has kept its influence and agenda hidden.

The divine Plan for Earth will include reactivation of humanity's original DNA capabilities that will allow a release of our latent multidimensional powers. We shall collectively function as divine souls on a 5D dimension of consciousness rather than as separate egos on a dualistic 3D world. The new civilization will be gifted with many new technologies for free energy, healing, transportation, information and creativity. War, fear, divisiveness and exploitation will be no more. The world will be united in a quantum technology that allows equal participation and enjoyment for all, yet which also facilitates devolved control for all communities and freedom to pursue everyone's unique purpose and creative endeavor.

Earth will take its place in the Galactic Federation of Worlds and our understanding of the nature of Reality and the divine Mysteries will explode.

§

545. The divine Feminine emerging:

After ages of suppression, denial, judgment, abuse and control, the divine Feminine is emerging now to bless, heal and transform the world. Freeing Herself from the matrix mind, She now steps forth in her radiant beauty to bring Love, harmony, joy, oneness and everything good to restore hope, life and peace to weary mankind. Her powerful energies soothe, uplift and sanctify life. Everything is revealed to be perfect and holy. The ever new moment is transformed and experienced now within Her eternal living Life and Consciousness. We are returned to sanity and can now relax and just be in thankful gratitude for our deliverance. She brings the revelation of the meaning of life and Love in Her divine Presence. Not needing to do anything special, we realize just how wondrous life itself is. Now the divine She orders Creation and reveals the divine Plan for Earth. New creativity flourishes. Following the simple dictates of the Heart, all is brought into harmony and dynamic peace. All glory and honor to Her who reveals the Divine and shows us the way to life and Love more abundant. All women now have their archetype activated, empowering them to likewise fully embody the divine Love and life that is who they really are. Now balance can be restored with the divine Masculine and a truly spiritual civilization become manifested on Earth.

§

546. From humble first steps:

I sometimes think that all I really know is that I love — that I feel a connection with my fellow man and feelings of affinity, attraction, repulsion, admiration, appreciation, compassion, devotion, reverence, inspiration, desire and so forth. I know that we share something in common and can therefore communicate and understand each other. This is all on the feeling level. On the mental level, our thoughts separate and divide as much as anything. They create a complex and confusing world despite efforts to understand life. It's frustrating. However, when the mind is joined to Love, there is an opportunity and possibility for constructive meaning. It begins with basic love of the human self and respect for its integrity and value. It begins with humility and the need for honesty, heart felt communication and sharing. What unites us reveals that we are larger than we might think. Our common humanity is a bond as well as a doorway to an awareness and experience that we

are unavoidably drawn to. By sharing who we are we become more. Everyone's stories become our own. We become a collective Self and transcend who we thought we were. As we let our spirit out we began to merge with the larger flow of life, with nature, the seasons and the stars. Life soon takes over and begins to live me, to carry and unfold the moment and my experience and I am carried along, singing in wonder of it all.

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547. Surfing the tsunami of Love:

I've decided to believe in another creation myth. Not a Big Bang of atoms exploding or man being cast out of heaven for whimsy, but a divine process happening now that I have a necessary role in as I am an extension of this conscious divine Life that is unfolding. We are on the forefront of this Creation process — the moment when what has never happened before, happens. We have a role in determining how this happens and what happens. We can choose to create something wonderful, loving, beautiful and good — or not. I believe that most of us are trying to be beneficent creators. But we can improve our game. We do this by consciously creating from Love, tuning into the highest sense and vision of what Love would bring into being now. This implies seeing the world differently than we have — seeing the Divine happening now rather than in the past or future. This implies becoming aware of the perfection and oneness now and allowing ourselves to be embraced by it and express it. We can arise and ride the crest of a wonderful wave. It's exhilarating! In each moment I just need to trust my intuitive sense to know and do what is required. But if I loose it I can just get back on the next creative wave. The sky is scintillating, the energy alive, the sun brings everything to life. And here we are in this wondrous divine moment when conscious Love is inundating the world like a tsunami of energy, lifting everything, washing it clean and revealing the beauty.

Now the scene is transposed and there is just ordinarily miraculous life, lived in union.

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548. Embodying our divine Idea:

If we are really embodiments of divine Ideas, it behooves us to meditate on which divine Idea we most want to realize and manifest. Shifting to soul consciousness we naturally are going to be shifting our identity out of a specific physical focus and moving into Christ consciousness where we are one with the Self of God that is within humanity and Creation.

CSR III: The Divine Self

However, there are probably more specific interests and purposes related to this that reflect our unique Idea. It's worth thinking about.

When I ponder this question I begin with an impression of being immersed in spiritual Light streaming down from the highest divine realms. In this Light that connects me to my Source all is eternal Love, Peace, Safety, Abundance, Etc. If I will live in this Light I can then bring forth the Knowing within it which is related to my divine Idea. This supersedes any other need or purpose, for how could any transient purpose be more important? So step one; live in the Light, one with God in all. Step two must be to respond to the Self in all, and live in relationship to It. This entails living in Love and expressing what God would have us know and share. Then we just trust the process of God revealing Its Self and what we are to become aware of, know and do.

This new way of being is a new step for humanity away from the ego's controlling approach to life that was based on fear, survival, self aggrandizement and external need. Now we shift to our need to live in oneness with our internal Source which resolves all our external needs. We have an experience of living within a transcendent spiritual realm while physically being incarnate on Earth. And we can see that divine World, experience that divine Self, and know that divine Consciousness that is within all. We are channels to bring down the Divine Awareness and Life to Earth and by doing so, to act to transform Earth. Our consciousness apprehends divine impulses, ideas, intentions and possibilities that we then formulate with our minds to give these form and manifest expression.

An essential aspect of this process is staying united with the larger Whole of the one Self of God, and letting that Be and unfold rather than trying to use the process for any personal or separate purpose. We allow the Self with its knowing, being and acting to move through our physical embodiment and by doing so, we become larger and embody more of who we really are. We extend the Creation of God as we are conscious extensions of God on the physical plane. God would bring new aspects into birth here and in the process raise and transform the vibrations. Matter is transformed, consciousness evolves, divine purpose is fulfilled in the universe.

§

549. Love is a fairy tale:

Our real path forward is not so much determined by what we think we should do, but by what we feel we would love to do. Love and the dream of life inspired by Love guide us on our path. What we think

merely provides the practical steps based on the Heart's directions. What we feel are the wings that lift us into the heights bringing vision and propelling us forward. Our in and out breaths are as the beating of wings lifting us and carrying us on. The Heart calls as well as providing the motive force. Every moment we are imbued with the Divine. Daily life is really a space of flowing energy in the Divine Mind. Everything is really a precipitation of consciousness. We are as angels descended from Heaven to bring Heaven to Earth. God has created the forms and processes of nature. We are to create new forms that ground the consciousness of God here. Bringing the fairy tale to life.

§

550. Everyone will consciously embody the one Self of God:

Imagine the Self of God simplistically as a universal stratum of conscious Love that provides our individual self consciousness. When we each express ourselves, we each speak from and with this collective Self. The fact that we have different physical bodies only refers to a difference in outer expression, not a difference in Source. The reason that we don't realize that we have the same Source is because we identify with the body, mind and emotions through which the Self connects to the world. And our beliefs assume separation. If we would meditate on this understanding and endeavor to detach from the body and mind, and attach to the loving Self, we could begin to have a different experience, as the thoughts we believe and live create our experience. What if we stopped having thoughts and just stayed in the intuitive awareness of the Self? We would stop reacting to our experiences as if we knew what to think of them and would instead remain in the stillness, silence, peace and Love of the Self. We would feel connected and part of the life about us and would feel an innate desire to express our Self and what we are aware of and intuitively feel in the moment. Daily life would unfold organically and would not result from things we thought we should do. If we would begin to share this new mode of being with others, I am sure we would gradually ground new patterns of life, new ideas and a new reality that would order a new civilization. For the Self of God exists on a different plane of reality from the 3D ego self that has been our reality. This new reality that we are opening to is the Christ conscious soul which, although one, we shall each express in our own way. We shall not be expressing preconceived thoughts and beliefs, but formulating the experienced awareness and knowing of the soul who is one with the Self of God.

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551. The Dark Force's woke ideology:

The woke ideology and agenda that the Dark Forces are promoting and imposing through their agents and controlled institutions is a nefarious agenda to confuse, disempower and detach humanity from its moorings in science (the X and Y chromosomes determining gender don't change with surgical or hormonal interventions), spirit (the binary nature of creation isn't changed because we would like it to. Or is it right or healthy to integrate humanity with an AI metaverse), tradition and family, so that humanity can be manipulated and used for the Deep State's evil purposes. This nefarious agenda is based on the deception that a minority ideology ostensibly about freedom can rightfully be imposed on the majority who are not free to oppose it, as they are wont to as it violates their beliefs and values. This is how communism/cultural Marxism/and totalitarianism work that the Dark Forces would impose on humanity. There is no freedom or justice when a minority agenda is coercively imposed on an oppressed majority with threats of being cancelled, fired, smeared, fined, taken to court, ostracized or other punishments if one is not compliant. Evil is based on lie, deception, intimidation and coercion. Humans have free will given by God, but that doesn't imply that it is right to use that free will to dominate others. Adults have freedom granted to them to believe and live as they will so long as they comply with majority norms. However woke ideology is a belief promoted by the Deep State minority indicating that they have gained control of the mainstream institutions in society to the detriment of the majority population. Humanity is endeavoring to be tolerant, open, compassionate, and accepting of differences but is beginning to realize that the Deep State controlled establishment is taking things too far by experiencing that they are being oppressed and subjected to laws, policies and indoctrination that are unjust, harmful to themselves, their families, their values, their way of life and many things that they hold dear.

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552. The Second Coming:

The Second Coming or the Reappearance of Christ is now happening. Christ has, of course, never left and has always been with us and within us but we have thought otherwise. Now, however, the time has come to walk through a newly opened portal through which we can access Christ, who is waiting to embrace us in Love and restore awareness of who we really are as embodiments of the Christ conscious Self of God. As we traverse this Heart portal we must leave our thoughts behind to stand in the New World that God has prepared us for in this New Age where unity with the Divine in all Creation will become our new experienced reality. The old artificial human world was created from

fearful beliefs of separation from God. This has been a nightmare that we are now awakening from. As we pass through the portal we shall awaken to our eternal Self in the land of Love, peace, harmony, freedom, oneness and joy where we will begin to co-create together the new civilization that will arise on Earth. This will happen as simply and naturally as living from our Heart, expressing what we are intuitively coming to know, and acting with spirit to realize the beautiful vision of life that God has placed within us. Brotherhood and cooperation will rule, not fearful competition and struggle. Christ has come 'like a thief in the night' and is emerging from within us. Being authentic will ultimately imply connecting and living from the deepest eternal aspect of our Self. In the process we will come to realize that we are more than separate personalities in physical bodies that are doomed to die. We actually include and transcend all Creation and are meant to continue Creation by bringing forth and manifesting what we will discover as we live in oneness and wholeness with the Divine. Let us give thanks and celebrate together in oneness on the other side of the portal to the Paradise that now lies before us!

§

553. Glad to be my Self:

I am who I am and will think, say and do as I am given to despite lack of approval or agreement from others. Nothing feels better than being the Self that I am so I will continue this habit that have developed. And it seems to me that we have no real choice. For choosing between fear and love, servitude or freedom is not a choice that anyone in their right mind can contemplate for long. And I also must believe that what is right and best for one, is right and best for all, as I have never experienced that the truth is ever hurtful to anyone. Oh, it may hurt feelings, pride, ego and one's cherished beliefs, but these are superficial things that we are well relieved of. I am glad to give my Self permission to be imperfect, to make mistakes, to say or do things at the wrong time or in the wrong way. This is all part our our necessary learning that gets better with time and practice. Love must begin with one's Self for then we have it to give and don't depend on it from anyone.

§

554. Just being here now:

When we connect to the Heart and unity consciousness we experience Love, peace and grounding in an inner Self. It's often difficult to translate the intuitive knowing that we then experience, and to express what we become aware of. Like sitting in meditation in a beautiful garden on a lovely Spring morning, we become enraptured but have a hard time

CSR III: The Divine Self

translating this state into articulate concepts. Despite this difficulty we feel a need to explore awareness of this experience to bring out its meaning and purpose. Although we may not know exactly how to express this state, if we will just begin by expressing what we are feeling, as best we can, this will allow the information in this moment to be unfolded. Doing this is an act of Love and an expression of Love — love for our Self and the larger Life moving through us. Honesty and Truth is a spiritual path leading us to a fuller embrace of Life and everything that is part of this. We needn't do anything special — just being in the divine ever new moment is enough. Just becoming aware of our feelings and expressing them in Love is sufficient.

We realize that our life is lived in relationship, as an ongoing dialogue with God experienced through our feelings in whatever situation we are in. It may be with a particular person, or just within the Self that embraces the situations and circumstances of the moment. It is always a dialogue of Love. When we look about we can observe many people acting on Love as well as belief. They may not be aware that going to work or sweeping the floor are acts of Love but these most likely are. If we can bring the Love that is implicit in these daily behaviors to awareness it helps us maintain a unity consciousness. Then it becomes easier to discern when we are only acting on an internalized belief that doesn't authentically resonate with our Self. It then becomes easier to step away from these learned but artificial patterns. Staying in an inauthentic pattern comes from fear and a denial of the Self we are. Love leads us to freedom and the joyous full expression of one's Self.

§

555. Connecting with future knowing now.

In these tumultuous times it's natural to feel some uncertainty. However, we are multidimensional spiritual beings and can access our future self, which is our higher Self, to gain clarity. The future self is really a more realized embodiment of the divine Self. Simply ask your future/higher Self what you will be knowing, feeling and experiencing in a hundred or 500 years and wait until you receive an impression, feeling or vision. How will you look back at this time when you are well on the other side of the present and living in Earth's New Golden Age? In the future, what you are hoping for and striving for now, will be a lived everyday experience and more besides that you had never imagined. Keep this communication channel open so you can sustain that state of consciousness that is already within you on an inner/higher level waiting to be accessed and lived.

CSR III: The Divine Self

Our experience now is largely shaped by the collective Weltanschauung of the society we live in. In the future in the Golden Age that Earth is moving into this will be totally different and thus our daily lived experience will be transformed. We will not feel separate or believe that we need to struggle just to acquire the necessities of life. We shall experience that we are an integral part of an infinite cosmic divine Life and Consciousness that is unfolding in ordered beauty, Love, abundance and joy. We will experience that our life has an intrinsic meaning and purpose that we are grateful for that is an expression of the Love within all Creation. The questions that we have now about life will all be answered in the conscious recognition of the structure of the living Cosmos. We can begin to manifest this knowing now simply by staying in touch with the knowing of our future/higher Self now and sharing that as we are given to in each moment. We each have our small but necessary role to play.

§

556. Love and Truth:

Love and Truth are two fundamental aspects of Creation or Life. Love may be thought of as the more feminine aspect and Truth the more masculine but men and women have and need to embody both of these divine aspects. Love refers to the divine motive energy of Life, its power, its consciousness and its ultimate purpose. In humanity it's related to the emotional energy and life force that animate and empowers life and holds everything together in oneness. Truth refers to the structure and reality of conscious life, and the spirit that is ever transcendent and positive to it. In humanity it's related to the spiritual will that responds to and is cognizant of the Whole, and directs the mind to co-create with it.

Humanity fell from grace and conscious connection to God thousands of years ago. Integral to its fearful miscreation of a separate ego self, it also lost its conscious connection to Love and Truth. We collectively have wandered since through the long dark valley of ignorance and suffering. Two thousand years ago Christ incarnated and grounded the principle of cosmic Love on Earth again and since then Love has gradually leavened the consciousness of humanity as we have begun to embody it. Truth, however has yet to be grounded, although in Reality Love and Truth are really aspects of the same Divine Reality. Truth has not been grounded because humanity is still living as egos based on the false assumption of fearful separation from God in a consequently artificial civilization created from a separate ego mind. Present day truthers are beginning to look behind the false facade of collective belief but we are really awaiting the coming Avatar to fully ground divine Truth on Earth. May this happen soon!

§

557. Arising as conscious Spirit:

I feel that I will have reached my destination when I no longer concern myself with the world and what I think — when I move through the world as wind moves through the trees or as sunlight through the clouds, bringing Light, Love and welcoming to the sons and daughters of God who are awakening to Spirit, Self and Life. Now we arise in freedom and unity as one breath of the divine Spirit now conscious in the world. Now we hear the Angel's trumpets and Christ's call. For we are not alone. A great movement of Spirit stands poised to sweep through Earth, lifting and awakening all to the Divine Presence that is here now, to claim and transform Earth. This will activate and empower Earth to begin to fulfill its role in the larger solar and cosmic Life of which it is a part. Earth's ascension is part of the larger plan of evolution in the cosmos. We awaken integral to the Self of God who consciously emerges in the matter of its form in time and space. We lift as we are lifted. We share conscious Light as we are enlightened. We have everything we need as we are integral to the divine Whole. We therefore bring Oneness for we embody and are the one Self of God. We have all the power we need to fulfill our role of sharing of Self, our Light, Love and gifts from God to seed new creation. What is happening now is more astounding and beautiful than we have imagined. Our eyes are blessed with a vision of a supernal conscious Life arising in the world that has been hiding its hidden Self. Everything is encompassed and part of this divine Being who we are conscious extensions of. Now we are freed from our bondage in form and time to glory in the eternal Spirit that is our nature and home. Now we join to celebrate our birth in Christ consciousness and extol the sacredization of Earth.

§

558. Resting in unfolding Being:

Now I rest in peace, in Being, in Self. Releasing thought, I commune with the Self of Love that moves through all in this divine moment. Everything is contained in this Self. Everything is an expression of it. I express it as I am moved to. I revere the peace, silence and stillness. Sunlight lights the day, the room and conscious awareness. I am here to share awareness of the Light and Love within, to reveal its gifts and intentions. It offers us the gift of freedom, of connection to the Divine, the gift of knowing, of purpose and joy. Beauty is the harmonious expression and embodiment of it. Now the mind can serve the Whole, the Self of God. Now I just accept what IS here, in wholeness and trust, and allow my Self to just express what IS here. In each new moment Love brings new impressions to awareness that would be given form,

shared and manifested. Thus do we co-create with God and fulfill our divine purpose. For we live not for our separate self but that we may fulfill the Word and Plan of God that is also ours, as the embodied Christ conscious Self of God.

§

559. From knowing nothing to knowing:

It's disconcerting to stand in the now knowing nothing. Releasing all my thoughts and assumptions I am left with nothing but my feelings in a body in a place in a moment in time and space. However, Love is here and a feeling of connection to life around and within me. I am not alone. We are in this together. But what to make of it? It's as if I have just arrived from outer space and am still trying to sort out what is going on here on Earth and what the purpose of it all is.

Fortunately I am now willing to accept Jesus Christ as the way out of this 'not knowing' and into life more abundant. I re-member who I am by uniting with the Consciousness and Life within that is union with my Self and Christ. In Truth we exist in unity. To identify with the Self is to surrender separate control. It is to re-member who one is and project and observe that in the world, as everything is encompassed by the Self of God. This implies disengagement from thinking about the details of life and a focus instead on the intuitive awareness of what IS in the moment. Accepting and allowing this to be expressed in Love.

§

560. Becoming one with Christ:

The Heart portal to the Self is an access point to unity consciousness through which our infinite Self flows into expression in the physical. This point is found in the now, where timelessness flows into time. Through this process of acceptance and expression, the self can become the Self rather than be just momentarily inspired by the Self. This Heart portal is opening now collectively to allow humanity to attain unity with the Christ conscious Self of God that has always been the Source of life within the outer self. To identify with the Self is to live as an embodiment of the Spirit within the physical and to channel the Love and knowing of the Christ Self into manifestation. Latent within the Self are new divine ideas and patterns that God/Love would have brought to awareness, expressed, lived and manifested to fulfill our role as divine co-creators with God. Our Self consciousness is an integral part of the divine Whole of life which exists in unity with all Creation and in relationship to God. No separate special relationships are needed for we are complete in God. We are forgiven the past and what we have believed and done —

CSR III: The Divine Self

and are free in God. God is abundant with infinite possibilities available to us. Our ability to know and be our Self is contingent on our ability to know and accept Jesus because he IS — the Way, the Truth and the Life. He IS the conscious Son of our God of Love. We are inwardly One with him. To know Jesus is to know our Self. Jesus represents our birth into what is beyond form. There is no myth to project what this will entail because the story comes after the accomplishment of oneness and collective Christ consciousness. The fulfillment of the creation story needs to be lived to become real. Jesus can lead us to this fulfillment, to Paradise and Home. The ego cannot lead us home or fulfill our desire for life more abundant. We only create in Truth from unity with the Whole of the one Self of God. We have a relationship with the Christ conscious Self of God within Creation that allows us to know what we are given to bring into manifestation. Expressing knowing leads to living in unity with God/Self/Christ. We must observe the one Self in all and what IS in the moment to express it. To express what IS, is to let it flow through us, embodying it.

§

561. A Divine Love story:

Just as we all breathe the same air, are energized by the same energy from the sun, and are part of the same Life, so do we have the same consciousness as our Source. It does not seem so as in the 3D density of Earth we have been identified with the particular body this Consciousness has been incarnating in, and the particular concrete mind that this body has. But if we would step back from the body and ego mind we would discover that we are part of a larger inclusive Consciousness and Life. Shifting our center of identity is the objective of the various spiritual practices and teachings of religion. We will discover in this process that we do not become a more expansive separate self, but necessarily take on the capacities and power that this divine Consciousness has. It is not some larger 'other' but is the one Reality that consists of the Consciousness of Being, the Impulse and Purpose of Spirit and the Expression of Mind and form, that is the All. Although we can touch this and become aware of this Reality momentarily, to embody it we must express it, share it and live it until 'it' becomes who we are as we gradually expand to include more of it. In this process we don't lose our self, we only lose what we have believed. For the one eternal Consciousness is more real than our separate sense of self and its beliefs. We may view this process of integration and union as a Love story, where we, as self consciousness, court the ever new divine Life who we Love by expressing what we feel that Spirit gives us to share. In this process we become the one divine Self consciousness and live on a higher dimension of Reality. We are inspired by Spirit as we in turn

fertilize Life and manifest New Creation. New creation comes from unity just as physical fertilization comes from joining in unity. This is a power of Love.

§

562. The extent of the Dark corruption:

As the global political-economic system has been covertly controlled by the Deep State Cabal, every major institution in society has been infiltrated and corrupted by it. In this momentous historical time when the Forces of Darkness are battling the Forces of Light to maintain their control of Earth and prevent Earth's liberation and ascension, every institution is being used as part of the war on humanity. The Deep State elite leaders, authorities and experts at the top of the interrelated global power structure establish the narratives, agendas and policies that are then delineated and acted on by those below them in each institutional hierarchy. If we dispassionately examine the structure of society in any area we shall observe materialistic, deceptive, violent, exploitive, degrading, divisive, fearful values and policies corrupting every good purpose each institution also has.

Science — Atheistic scientism precludes wider knowledge. Profit and self interest drive research.

Politics — Big Money vested interests control politics not democratic constitutional principles. Bureaucrats, intelligence, NGO's think tanks, the UN are all controlled by the Deep State.

Religion — Assumptions of sin, separation from God, dependence on authority, disempower and mislead humanity.

Culture and entertainment — Woke, degrading arts are pushed to dispirit humanity.

Economics and finance — A parasitic debt slave banking system and an exploitive economic and financial system maintains humanity in bondage.

Communication and media — The media propagandizes and is used for mind control.

Technology — The Deep State goal is to ensnare and control humanity in an artificial transhuman world. Medical means are being used to establish tyranny.

National security — Is an excuse for surveillance, population control and weapon development to establish global hegemony and a totalitarian New World Order.

Education — Is used to indoctrinate humanity to beliefs and narratives that serve the Deep State.

Human rights — Human rights are being restricted by the Deep State to the right to obey and conform.

It is necessary that we awaken to the Dark agenda, connect the dots and begin to inform ourselves and oppose the Deep State's plan. We must stand up for the Truth and for what is right and best for the world.

§

563. Humanity is consciously reuniting with God to establish Earth as a divine Light station:

To identify with Christ consciousness is to unite with the whole of creative life that is experienced in the moment and the consciousness within it. It is a relationship between divine Life or Creation, consciousness and God. Life is what is actually happening in the now, God is what potentially could happen and Consciousness is the relationship that brings the potential to realization. Life is unfolding God in the subhuman kingdoms. In the human kingdom consciousness can consciously join with God to foster the purpose of God within creation. This is accomplished by releasing attachment to the separate forms through which God is manifesting in human consciousness, and then identifying with the Source.

In humanity this implies releasing attachment to the physical sensations, emotions and concrete thoughts and then shifting one's focus to the consciousness of the whole behind and within all creation. Because abstracting from the personal leads to connecting with the universal. This is an act of Self Love. And this Love, which is God, guides us to choose what we are to co-create and bring into manifest being with God. Humanity is the creative extension of God on the physical plane. In this way, God becomes consciously present in his physical vehicle of manifestation.

Staying joined to unity consciousness is to stay receptive to what God is giving us in the moment to know, share and manifest. This is what we Love and what Love gives us to intuitively know and do. This is determined more by our feelings than our mind. The mind is used to formulate the intuitive knowing into something that can be brought into manifest Being. The mind is the creative faculty. The mind of God creates the universe and all within it. The human mind adds to that creation by extending what God would add to creation that has begun by God in creating the subhuman kingdoms — the elemental, mineral, vegetable and animal.

It is obvious that we are to create a paradise on Earth and become a station of Light and Love in the solar system and galaxy where all the beauty, goodness and wonder of God is manifest along with the

intelligence to overcome evil. Up to now human consciousness has remained trapped in separative 3D consciousness for the most part that has left us susceptible to the influence of evil. Now, however the vibrations of Earth are rising and a portal to the unity consciousness of Christ is opening, that will allow humanity collectively to begin to shift our consciousness to Christ and fulfill our destiny of co-relatively extending the purpose of the consciousness of God on the physical plane.

§

564. Utilizing the Heart's knowing:

We incarnate into a world created by God and ourself. God creates the physical world and our sensory form and we create the mental and emotional content by the beliefs, values, attitudes and behaviors we adopt. As the mind is creative, our beliefs are projected on to the world to shape and interpret our experiences. As collectively humanity has believed it is composed of separate ego's, that fearful assumption has characterized human experience down the centuries. To overcome this conditioning we must first of all become aware of it otherwise we are like fish swimming in water that we are not aware of because we've never known anything else. To overcome the limiting beliefs of the ego that circumscribe our experience of reality, we can challenge them one by one as we become aware of them as restricting factors. Or we can endeavor to focus our identity in the Heart that leads us beyond the separate ego, and express what we feel. This will undoubtedly challenge the mental programming of the ego. However, the process of expressing the Heart's knowing will overcome and deactivate contradictory programming. Affirmation is another method however what we think we need to affirm is less succinct and effective than what the Heart knows.

§

565. Experiencing forgiveness and freedom:

We sometimes wish that we were in a 'better' place — more secure, comfortable, healthier, more beautiful or loving. This moment offers the opportunity to go within and release this judgment and find peace. Ask for help to surrender to Christ and the Light and Love that frees us from the ego, fear, judgment and suffering.

§

566. Life purpose:

We are extensions of God — the conscious All — incarnated to extend God's consciousness and intentions — which are also ours. Love guides and inspires us in this process. We Love to express and share what our soul Self gives us to know, Love and manifest.

§

567. Wake up!

If you think that you are living in a democracy, you need to wake up!

If you trust the authorities, elites and experts, you need to wake up!

If you believe what the media and politicians tell you, you need to wake up!

If you think the laws and structure of society are legitimate, you need to wake up!

If you think wars and global crises happen by themselves, you need to wake up!

If you believe pandemics are natural, you need to wake up!

If you think you are just a human being, you need to wake up!

If you believe that there is no evidence of life beyond Earth, you need to wake up!

If you believe that God is not Love, you need to wake up!

If you think that there are no answers or solutions, you need to wake up!

If you think that you can't live with complete integrity, you need to wake up!

§

568. Embracing the New:

To adapt graciously to the inflow of new bright living energies infusing Earth we must realize that these are all good and loving energies that we can more easily integrate if we can release old outmoded notions and patterns so that we can let ourselves flow and unfold with the new in trust and joy. The unknown we all sense that is slowly emerging is all Love, light, harmony, beauty, oneness and joy. The tumult we all see and hear about in the media signifies the collapse of negative fearful patterns doomed to extinction. We have to be grateful about this as it's the result of divine energy now purifying Earth and human consciousness. First the dirt is released as in a washing machine and we can see the water become dark and frothy but soon it will all be washed away leaving our consciousnesses clean. If we go within now we can sense that everything is already lighter and freer. Let us get out and commune in nature now where we can already feel lifted in consciousness by the song of divine Life we can hear ringing out in the chorus of living Creation within which we move. God is making her

CSR III: The Divine Self

Presence known and is pushing into our very awareness, waiting behind our mind to be noticed and embraced. Now is actually the revelation of our divine Self, for our voyage through the sorrowful valley of separation has been but a turbid dream that we are collectively awakening from. Thus we are awakening not only to a new Earth but a transformed identity of who we are and why we are here.

§

569. How to ascend:

Imagine that you want to take off in a hot air balloon on a voyage through the wide sunlit sky. Every fear you release, every negative preoccupation and judgment released lifts you higher as the ropes and weights that were keeping you to Earth are released. And every focus on beauty, inspiration, love, truth and God lifts you higher as the propane blasts of fire heating the air in your balloon. As you do so you are carried up and along with the wind, savoring the wonderful views and the feelings that inspire and further carry you forth on this glorious adventure of life.

§

570. Becoming a spirit of transformation:

We are multidimensional spiritual beings in a universe that is Itself a conscious living Being that is Self aware. Everything in this universe is created from and in the Mind of God. Thus we live in the multidimensional Mind of God as conscious particles of God who can access higher dimensions of reality beyond the space and time that seem to confine us now. As we are now recovering from our collective experience of being separate from our Self and God, it now behooves us to re-member who we really are as eternal divine Spirit and begin the process of manifesting our spiritual knowing and purpose. This is a collective project that will result in a new civilization on Earth where we assume our conscious role in the cosmic order, bringing Love, light, harmony and Life divine to all with whom we are in contact with in the galaxy. This new reality is not limited by the old 3D laws that have confined us but can magically transform present circumstances to bring out a higher dimension of reality. We thus act as catalysts of loving transformation as the kundalini power of transfiguring life. That is Earth's role as the base chakra in the solar system, that is itself the heart chakra of its larger Galactic Life.

§

571. Incipient knowing:

What do we have to share with one another except love. Love carries all thoughts and feelings, all inspirations and intentions. It's the context and the animation of life. It's where we begin from and where we are always. One Love that enfolds all. We are points of conscious being where the limitless space and energy of conscious Love becomes Self aware. What does it experience, sense and know that it would share? 'It' is our Christ Self that is within us all. Silent, ever present, gentle, alive, conscious, and intentional. What would it make known and manifest? First of all, it's Presence. It is awakening us to Itself which is a deeper authentic, eternal strata of being. We are realizing that we are more than the separate personalities we believed that we were. We are beginning to realize that we can, in fact, shift our center of identity to this larger Self and live from there or at least begin the process of doing so. For it takes time while we are in this process of becoming that involves expressing what we become conscious of when aware and joined with this Self.

When we commune together in this state we each share the common Truth that we are all experiencing. We cooperate in bringing forth what God would have become known and manifest. This is to extend Creation into the dimension or world where we are at. God has already created a basic framework, but it is up to us to fill it out as a beautiful, meaningful place of joy, healing, expansion, wisdom, power and unlimited possibility. Now we are in Paradise and just have to pick the lushest fruits hanging from the trees, or the most radiant jewels lying on the ground and share these and everything they inspire. It's a treasury we are beginning to explore and share together. This New World of Unity consciousness requires new civilizational paradigms, patterns, understandings, principles and policies. We have the opportunity to create anew and this time base our creation on what God is revealing to us rather than on separate thoughts and beliefs. Building the New World will require various aspects, qualities and elements that each have their differentiated purpose in the holistic ecological structure that will be the manifestation of divine Consciousness and Intention. This is the view from this moment in the process. However let's move further along. Or rather, let's allow this process to unfold by continuing to accept and express it.

We are now going about life in a new way. Rather than thinking, learning, controlling and doing (in fear), we are feeling or intuiting, accepting, allowing, trusting and expressing (in love). Everything that we need is already here — there's no lack or scarcity. Divine life is abundant. We're not accumulating for separate purpose — everything is shared and given to all. We are not living for the future or some ulterior purpose, but

CSR III: The Divine Self

are fully present in the moment that is always new and alive and offering fresh discoveries and awareness. The old uncertainties and questions are gone as we are connected to the answer. Everything is experienced in oneness and unity with the Divine. Everything has become holy and sacred. Earth is now a living Temple of divine Life overlit and animated by divine Love, Light and Intention. We have the freedom to focus on and do exactly what Love impels us to. There is no restriction, coercion or obligation. There is no guilt, doubt or self condemnation. Why should we fear when we know that we are eternal, invulnerable and one with all. When I encompass everything there is nothing that can oppose me. Now we hear the song of life that thrills through Creation and animates it. Now we can understand the gift that every thing embodies and offers. Now the Plan of God encompassing the future perfection is sensed and apprehended. Now we have a better sense of our role in this glorious unfoldment. It doesn't matter if we forget it momentarily and focus our awareness elsewhere. It's always there within, waiting, supporting, inspiring.

§

572. Easter:

Easter is a holy day that reminds us of our true nature and eternal life that was demonstrated by Christ Jesus. Before that historical moment humanity lived in ignorance and separate consciousness. In resurrecting the body Christ revealed the nature of the spiritual beings who we are and would become if we trusted and lived by the Holy Spirit of God within us. And he revealed the nature of the loving God we can be one with, like him. Easter, like Spring, is a sign of eternal hope and renewal, life and life more abundant. It is a hope that we are meant to realize. For Christ enjoined us to take his life as ours now.

§

573. Being Whole:

As long as we are denying some unpleasant feeling or other, we shall be blocking our Self and the flow of life. Until we allow awareness of all feelings we will not realize that we are more than feeling and will not accept the gift that the feelings hide. We don't need to become attached or identified with the feeling — awareness is enough. Then we turn it over to the Self to let it determine what to make of it. The Self's response to the feelings determines what we are going to express, create and experience. Our life becomes identified with the whole Self that expresses itself through the self of form. Like breathing we move from inner oneness to outer expression of that oneness in form and back again as we invoke a response from the Self in the next iteration of

CSR III: The Divine Self

the Now. We are both the Self and the experience, the knower and the known. Love guides the progressive unfoldment. The divine Self encompasses all in whatever circumstances we find ourselves. As we become aware of particular feelings or experience that we are creating within the Self, we let the Self determine what to make of it and then express what Love would have us share to create anew. This inner directed life is perpetually making the unknown known and bringing the unmanifest into being. Love is a mystery. It ever draws us on. Destinations become way stations in a never ending voyage of unfolding Being.

§

574. Ego vs Soul:

The separate ego uses what it has and acquires to make what it believes it needs to fulfill its felt lacks and needs. It has a controlling attitude to life. The Soul is one with all and has no needs that remain unfulfilled so it lives to be and express its Self. It gives to receive and lives by grace, experiencing the abundance of God. The Soul embodies and experiences the power of Love to create, transform and bless. The ego is one among many. The Self conscious Soul is one with the one Self in many. The Soul creates its reality by choosing what thoughts it will give reality to. The ego gives reality to a belief in separation from the Self of God so all it's creations are based on this falsehood. As the Self gives reality to only those thoughts that it has in God, it experiences only God.

§

575. Just arriving on Earth:

Humans take their sense of self for granted and assume that they are who they believe they are as defined by their body, their history and conditioning, their circumstances and their thoughts, feelings and emotions. What else could they be? But spiritually our eternal nature transcends these conditions that just characterize a momentary incarnational experience. It is the consciousness and spirit within the outer person that is who we really are. How can we shift our sense of focus and identity so that we identify with the inner soul and spirit rather than the outer form? We must find a way of freeing our consciousness from attachment to the body, mind and emotions so that we we can experience the inner divine Being.

We can do this most easily by directing our awareness to the Heart, which is the seat of the Soul. There is a heart chakra in the chest but also one in the head in the space between the pineal and pituitary

CSR III: The Divine Self

glands where the energy of the Soul consciously meets the personality. There is a portal here to which one can direct one's consciousness that opens to a higher dimension where the Soul exists in oneness with the divine Life in all Creation. If we can maintain awareness in this portal we can begin to sense and intuit a knowing that we can begin to express and live by. This space is beyond the personal and dualistic mind. It puts us in touch with an apprehension of what IS in the moment — a reality we can become aware of and share. This is a shared reality as it is one within all. It's accompanied with a joyous feeling of awakening and being one's authentic Self.

However, it is difficult to share and articulate as this dimension of reality doesn't readily translate into the three dimensional concepts of human understanding. Because this consciousness transcends space and time. It is as if we have just arrived from an eternal Heaven where we still reside in consciousness and that we can see hidden within Earth and all who are here. It is our task to make this Paradise seen, visible, manifest and experienced by humanity here. Therefore we must stay centered in this eternal Now and this divine Self and just be who we are, and express what we are given to intuitively know, and in the process manifest and create the New civilization that is destined to come into being. This entails living in Love in unity with the divine Life and Consciousness.

§

576. Unfolding the Divine Plan:

From the inner space of oneness and wholeness everything 'external' is really encompassed by the consciousness of union. This experience is one's resultant creation. This is buddhi overshadowed by atma or the divine will or intention. Buddhi is our shared consciousness of intuitive knowing. The knowers, sages and seers of Earth have shifted their center of identity to buddhi followed by atma as they begin to work with the Plan of God or Logos of Earth. Each then is tasked with formulating and manifesting a portion of the Plan, depending on one's innate qualities, interests and karma. In this coming Age of Soul group consciousness we will collaborate to embody and build the New consciousness and civilization. The dark ego matrix structure and control is collapsing now in the turmoil and chaos we see in the news. Soon the new forms of economics, politics, education, technology, religion, and culture will slowly established by those new knowers, leaders, and teachers. I believe this will begin with the Quantum gold backed digital financial system, the GESARA political principles and the global integrated Starlink communication and technology system as initiated by the spiritual Earth Alliance Forces.

§

577. Men and women:

Women channel the Love of God, the Life, emotion, power, beauty and joy of God. Men channel the Self Consciousness of God. Women retain a separate consciousness as they channel and express God's energy and Love. Men identify with the spirit, Will and Self of God and express as God that they identify with. Men and women equally complement and complete each other and establish a wholeness and completeness. Receptive and dynamic, Life and Consciousness, separation and oneness, spirit and matter. Men exalt and revere women, women honor and revere men. Women embody ever new creative Life and Love. Men embody conscious divine Spirit. Their relationship results in harmony, new creation, knowing, manifestation and fulfillment of the Will and Purpose of God. Opposites are harmonized in a relationship of oneness.

§

578. Humanity has to exceed itself to fulfill its purpose:

Humanity is a transitional species. We are a macrocosm of the subhuman kingdoms transitioning to the spiritual kingdoms. We are not complete as we are but must consciously embody the spirit of God within us to become Whole and Self realized. Humanity is a species of life that embodies the process of God consciously reuniting with the separate forms of life that were created to manifest physically in the dense outermost realm of creation. This is part of the divine process of involution and evolution. God first infuses matter with consciousness and life creating elemental forms. These become more complex until they can embody progressively more divine attributes as life proceeds through the mineral, vegetable and animal kingdoms. In the human kingdom life is given Self awareness and the capability of consciously becoming aware of its originating Source. Once it is able to sustain this awareness it becomes part of the soul kingdom. What results from the establishment of the conscious soul kingdom is the ability of God to consciously enter his creation and act directly through it. This allows a greater capacity to add new possibilities to the existing creation. We are part of this process. Humanity doesn't exist just for itself but that we may fulfill our role in God's larger creation Plan. We are now on the verge of establishing a soul consciousness civilization on Earth that will manifest divine potentials beyond our current imaginings. The future is never ending and beyond our conception.

§

579. Now and always:

Quit looking, striving, desiring, thinking.

In the silence in every moment and place Christ is here.

God is omnipresent.

Release judgments, fears, compulsions, anxieties.

Surrender to the Peace, Love, Light and Presence.

In the stillness, within everything, just now, always.

Listen, feel and give thanks.

§

580. Love:

I was mystified by love when I was younger — this force that caused one to see one's self and one's welfare in people and things outside one's self, and that impels one to endeavor to join, have or become one with that which is loved. This love object can be a thing, an idea or image, or a person. Love is certainly a powerful attractive and impelling force that can result in considerable self sacrifice. It can result in giving more importance to the love object than to one's own self and welfare.

While one can choose to resist the force of love, one can not escape the consequences this choice, which deprives one of probably the most meaningful aspect of life. Love then provides us with meaning in life by connecting us to those things, ideas or people that are meaningful for us. Love is something we can feel and receive as well as give. The fact that we can give love is also a puzzle. Love seems to be a force that moves through us but that in doing so we can then channel it.

Depending on how successful one is in achieving one's love objectives seems to largely determine one's happiness in life. So we really need to attend to what we feel and not override this by what we think. Because Love is primarily noticed by feeling although it also affects our thoughts.

If love is God, as Christ has informed us, that explains a lot. Love directs us purposely to our benefit and the greater good even though we may not fully understand the process. Love attracts us to identify with aspects of life that expand our sense of who we are. Love moves us to overcome our fears, blocks and judgments and flow freely in the life and consciousness of God. Love moves us not only for our benefit but for the good of all and the ultimate purpose of God. Therefore we need not understand the point of our specific feelings of love, we need only embrace and express these in trust. This can seem confusing so we need to explore love so we don't misinterpret its purpose. Two qualities that can clarify whether it is Love that we feel, are, 'Is this eternal?' and 'Is this for the greater good?' As love always acts for the greatest good, it may cause us to release our personal investments. As we cleave to love, abide by love and live in love, we discover that it is a conscious

CSR III: The Divine Self

Life that unfolds and brings us to peace, never ending glory and sublime realization.



Index

1. Utilizing the Light:
2. Guiding questions for Self awareness:
3. Everything leads to God:
4. Moving beyond mental answers:
5. Resolving Earth's problems:
6. Remembering:
7. Her divine embrace:
8. The coming Dawn:
9. Resolving dualism:
10. Our task now:
11. Kingdom come:
12. Finding one's Self:
13. We experience what we invest our consciousness in:
14. Revelation:
15. Every relationship is with God:
16. Living from soul awareness:
17. 5D is here now:
18. The Age of Soul:
19. Earth's planetary shift:
20. The turmoil in the world:
21. Inner listening:
22. A divine consummation:
23. The promise of the 60's:
24. Contemplating:
25. Beginning:
26. Our superpower:
27. The secret garden:
28. The Great Awakening:
29. Reflecting within:
30. The planetary shift:
31. God is emerging:
32. The coming transformation:
33. Group consciousness:
34. Becoming one:
35. The sacred Heart:
36. Where are we?
37. Nature's healing balm:
38. All adoration to the Goddess!
39. White Magic:
40. Mindfulness:
41. Waking up from delusion:
42. Listening to the Voice within:
43. Meditation in the Heart:
44. Leadership:
45. A New Day:
46. Waking up in the world:
47. The mirror of the mind:
48. The tsunami of Love:
49. Tending my garden:
50. Bringing everything to Light:
51. God's purpose for humanity:
52. Oneness:
53. Seeing and hearing as Self:
54. Help in waking up to the Truth:
55. Ascending vibrations:
56. Timelines diverging:
57. Staying in God:
58. War:
59. New community:
60. The New World now:
61. The future is now:
62. Freedom means freedom to be and express our Self:
63. The creator mind:
64. Meditation without thought:
65. Ongoing meditation:
66. One problem and one answer:
67. Relying on necessary experience:
68. Seeing only the Good, the True and the Beautiful:
69. Love and Truth:
70. Truth:
71. Resolving duality:
72. Being Love:
73. Living in Love:
74. Moving to the song of Love:
75. Living by the Heart:
76. The Heart's approach to spirit:

CSR III: The Divine Self

77. The utility of discord:
78. Ascending vibrations:
79. Ascension:
80. A changing priority:
81. The doorway to the New World:
82. The power of Now:
83. Hypocrisy, deception and Truth in the world:
84. Meditation to link to the inner planes of the Self:
85. Simply living:
86. A choice is upon us:
87. Observation in the Heart of what IS:
88. Falling in Love with God:
89. Making the shift:
90. The fellowship of the one Self:
91. Starting anew:
92. A new 'brain':
93. Earth is ascending:
94. Choosing reality:
95. Leaving our roles:
96. Our gift to the world:
97. We are the solution to the problems of the world:
98. The New World is here now:
99. A divine marriage:
100. Resolving duality:
101. Co-creating with God:
102. Who we are:
103. Being in the garden:
104. The living moment:
105. Moving as one:
106. What does the Self know?
107. Once upon a time:
108. The danger of technology:
109. A new path and opportunity:
110. Embodying Truth:
111. Steps to Christ consciousness:
112. The coming spiritual communities:
113. The fundamental problem in the world:
114. Yearning for Life:
115. What IS:
116. Earth's fundamental conflict:
117. The truther movement:
118. A garden gateway:
119. Questions:
120. Being in God's garden:
121. Forgiveness is a beginning:
122. Peak experiences:
123. Awareness as the Self of God:
124. Going within:
125. Unity within:
126. Finding the eternal Love we sought:
127. Just Being:
128. The Keys to the Kingdom:
129. Accepting Jesus Christ:
130. Choosing union:
131. The unlearning involved in being the spiritual Self:
132. Intellectual knowledge and intuitive knowing:
133. Being Self:
134. What's coming:
135. The New World now:
136. Co-creating with God:
137. The 'I':
- 138: Changes entailed in the shift to 5D unity consciousness:
- 139: Finding Truth:
140. Spreading Love and awareness:
141. Navigating through life:
142. Masculine and feminine on Earth:
143. Living as Self:
144. Reflections in the garden:
145. The Heart is the seat of the soul and our compass in life:
146. Mindfulness:
147. Being informed by Spirit:
148. One Consciousness:
149. A prayer:
150. Living meditation:

CSR III: The Divine Self

151. Making the unknown known:
152. Establishing community:
153. Creating a New World of Love:
154. Self guidance:
155. The answer to our prayers:
156. Co-creation with God:
157. Becoming our Christ Self:
158. Waking 'to' and 'from':
159. Fully being in the moment:
160. You are a divine Being:
161. Divine life lived:
162. The creative power of the Heart:
163. Relationship dialogue:
164. Unity with the Heart of God:
165. Overcoming evil's deception by turning to the Heart:
166. New energies are infusing Earth:
167. Our modern shire:
168. The path of mind vs the path of Heart:
169. Moving beyond the mind:
170. The imminent New Age:
171. Creating the New:
172. Living off the ego matrix grid:
173. The facade begins to crack open:
174. Changing the ideas that we give life to:
175. Loosing my mind:
176. Implications of evil:
177. Imagine coming Home:
178. Moved by Spirit:
179. Staying above the conflicts:
180. Moving beyond the system:
181. Humanity's need for both Love and Truth:
182. Soul life:
183. Positivity for ascension:
184. The portal to God:
185. The shift:
186. Not blocking soul life:
187. Creating the reality that we experience:
188. A new energy, a new way:
189. Holy marriage:
190. The spectrum of oneness and its expression:
191. Relying on Jesus' Word:
192. Living in divine Wholeness:
193. A shift in consciousness:
194. Steps in the exploration of consciousness:
195. The view from the mountain:
196. Sorting out trust and mistrust, truth and deception:
197. Science and occultism:
198. Oneness with God:
199. Beginning from the Source:
200. Omnipresent God:
201. A prayer:
202. Experiencing Love:
203. A new energy is here:
204. A new spiritual approach:
205. Know thy Self:
206. Speaking from the Heart:
207. Love and Truth:
208. Our super power:
209. Claiming our divine knowing:
210. Changing the past to change the present:
211. Simply being:
212. Taking steps to do what's right:
213. Getting out of my head:
214. Living from Oneness:
215. A Presence waiting:
216. Space is the future:
217. Consecrating our mind to co-creation:
218. The emerging awareness of Christ in us:
219. Empowered Self creation:
220. Recognizing our divine nature, rights and freedoms, and their opposition:
221. Earth's transition:

CSR III: The Divine Self

- 222. Ascending:
- 223. Being Spirit:
- 224. Christ does not return alone:
- 225. Self only:
- 226. The New World:
- 227. Diving into Soul:
- 228. Leaving limited conception:
- 229. Living in unity:
- 230. Imagining the future:
- 231. Divine spirits we are:
- 232. Experiencing the one Self in others:
- 233. Resolving polarization:
- 234. Diverging timelines:
- 235. Overcoming a pernicious assumption:
- 236. Being interdependent:
- 237. Awakening to corruption and truth:
- 238. Christ returns now through us:
- 239. We give life to divine ideas:
- 240. Changing one's interpretation of what Love means:
- 241. Manifesting a vision of the Soul:
- 242. What's all the tumult about?
- 243. Giving life to ideas:
- 244. The shift from Sixth Ray to Seventh:
- 245. Releasing separate intention:
- 246. Love and the dark forces:
- 247. Peace:
- 248. Awakening to the Light:
- 249. The last days of the futile beast:
- 250. Shifting from thinking to feeling:
- 251. Opening to the Heart:
- 252. Needing to embody both Love and Truth:
- 253. The Sacred Heart:
- 254. A fundamental choice:
- 255. The mystery of Life:
- 256. Just Being:
- 257. Creating a living ecology of being:
- 258. The Great Awakening:
- 259. A collective process of discovery:
- 260. The problem with ideals, 'shoulds', and belief:
- 261. Divine spirit:
- 262. Love will guide us:
- 263. Staying aligned:
- 264. The occult roots of oppression:
- 265. Focusing on the Whole:
- 266. Trusting our feelings:
- 267. An imminent divine embrace:
- 268. Overcoming matter:
- 269. Waking up from deception:
- 270. Standing in the Light:
- 271. Progressives and the Deep State:
- 272. In the moment:
- 273. Like 'a thief in the night':
- 274. The shift to 5D:
- 275. Something new and destined is now present:
- 276. Bringing Heart knowing to conscious awareness — sharing some impressions and intuitions
- 277. Attuning within:
- 278. Planetary liberation:
- 279. Meditation in the Heart:
- 280. The mind's purpose is to manifest the Heart's knowing:
- 281. We are God incarnate:
- 282. The new Path and destination:
- 283. One Truth, Life and Consciousness:
- 284. Observing the 'power over' presence of evil:
- 285. Christ, the Trinity and our purpose:
- 286. The artificiality of the ego:
- 287. Sharing our Self:

CSR III: The Divine Self

288. Self sabotaging negative thinking:
289. A hopeful new awareness:
290. Seeing through the Heart:
291. Pondering:
292. Beyond the mind:
293. Opening to the Eternal Now:
294. Synthesizing Spirit:
295. Love:
296. Necessary holism:
297. The way out is to go in:
298. The shift to soul:
299. The Deep State plan:
300. Our return to God and its expression:
301. Boundaries:
302. The hypocrisy and deception of secular scientism:
303. Gifts of the Goddess:
304. Going within:
305. The purpose of the mind is to serve the Heart:
306. Overcoming ego belief:
307. A new Path:
308. Embracing the world:
309. Observing with the eyes of Christ:
310. The soul and gender:
311. Disillusionment:
312. Making our collective dreams real:
313. Mind expansion:
314. Inner discovery:
315. Time for another revolution:
316. Our common situation:
317. Being fully present:
318. Remembering:
319. The New World emerging:
320. Embodying the Self is Love, Truth, Freedom and Goodness:
321. Pervasive deception in the world:
322. Creating as Soul:
323. A pregnant moment:
324. Light from on High:
325. Solar kundalini:
326. Uniting with God:
327. Coming into balance:
328. Using mind:
329. Clarifying consciousness:
330. Impending revelation:
331. Touching a Dream being born:
332. The portal to a golden world:
333. Waking up:
334. Connecting with Christ:
335. An exercise in forgetting:
336. The flow of Love:
337. The shift in perspective:
338. God emerges to walk with us:
339. Owning the projection of Love:
340. Ascension:
341. Arise!
342. The unknown ever new Now:
343. Awareness of Presence:
344. Co-creating with God:
345. Pole shift:
346. Feeling the Love, Light and Beauty emerging in the world:
347. Living our Dream:
348. From projection to extension:
349. Thoughts and divine seeds:
350. Entering the doorway:
351. From separate ego to God:
352. A new beginning:
353. Encompassing dualism in Wholeness:
354. Inner directed life:
355. The Awakening:
356. What's happening in the world?:
357. A new molecule:
358. Men and women in relationship:
359. A timeless order:
360. In the Sanctuary:
361. Immortal Love:
362. Masculine and feminine in the soul:

CSR III: The Divine Self

363. Identifying with space:
364. Overcoming oppression:
365. Being our Self:
366. Going with the flow:
367. Unity consciousness:
368. The next step for humanity:
369. The Light is revealing what has been hidden and cleansing the darkness:
370. The purpose of the dialogue blog:
371. Truth and truth:
372. Recognizing the lies and the corruption:
373. Braving the void:
374. The divine Plan for Earth:
375. Soaring in Love:
376. It's a heavenly day:
377. A clarion call:
378. Morning revelations:
379. Looking past the world:
380. Harmonizing with the flow of spirit:
381. Opening to the soul and its implications:
382. The pre birth plan:
383. Awakening to our spiritual relationships:
384. The revelation of the higher Mysteries:
385. Light revealing Truth:
386. Finding the God particle:
387. Sharing an awareness:
388. The integrating bridge in consciousness:
389. Which authorities?:
390. Becoming One in Love:
391. Shifting to soul knowing:
392. Life and consciousness:
393. Needed change:
394. It's here now:
395. Freedom from the past to embrace the New:
396. The Voice of the soul:
397. Being in unity:
398. Living by trust in feelings:
399. Idealistic frustration:
400. Establishing resonance with divine Life:
401. Focusing on the positive:
402. The essential step of Christ consciousness:
403. Joining the soul Self:
404. New Light:
405. The coming Age of Soul consciousness:
406. In the Light filled now:
407. Seeing with a spiritual eye:
408. Enlightenment:
409. Who are we?:
410. Arise!:
411. Creating our experience:
412. From idealism to soul life:
413. Clarifying our assumptions:
414. "Christ consciousness is the relationship that allows the awareness that God is everything."
415. Finding our access to unity consciousness:
416. Living in Love:
417. Getting unstuck:
418. Breaking free
419. From ego mind to soul love:
420. Living with faith:
421. Joining the Alliance for Truth:
422. Embodying the Creative Force of God:
423. The spirit of the New Age:
424. Becoming conscious souls:
425. Listen and hearken:
426. Utilizing the soul's knowing:
427. Living as a soul conscious human:
428. The new energies and paradigms:
429. The Second Coming:
430. Being a divine Co-creator:
431. Taking back our belief in falsehood and delusion:

CSR III: The Divine Self

- 432. Collaborative co-creation:
- 433. Going within:
- 434. Reflections on the nature of men and women:
- 435. Being here now:
- 436 Largely unbeknownst:
- 437. Trusting our innate knowing:
- 438. Letting go and letting God:
- 439. Embracing our family.
- 440. The Great Awakening:
- 441. The educated are paradoxically more deluded:
- 442. Participating in a prophesied transformation:
- 443. Supporting the problems or the solution:
- 444. Treasure from God:
- 445. Unchanging Love:
- 446. Earth's Ascension:
- 447. God in Creation:
- 448. Loving our Self:
- 449. Just Being:
- 450. The Earth Alliance Plan:
- 451. Opening to the Eternal Now of the Soul:
- 452. Our divine Power:
- 453. A new choice:
- 454. We are being raised:
- 455. Stepping away from judgment and conflict:
- 456. Being our Self:
- 457. Evolving Creation:
- 458. Staying positive:
- 459. Reflections on becoming soul centered:
- 460. Awakening in a moment in life:
- 461. The 'I am' Self:
- 462. Once upon a time:
- 463. Ascending:
- 464. Tired of waiting:
- 465. Correcting an old mistake:
- 466. Our commonality:
- 467. Remembering who we are:
- 468. Becoming Self actualized:
- 469. Noticing:
- 470. Co-creating with God:
- 471. Embracing Unity consciousness:
- 472. Realizing a soul dream:
- 473. The necessity of sharing:
- 474. 5D Earth:
- 475. Love and Truth:
- 476. Mindfulness is just the first step:
- 477. Being in the Golden New Age now:
- 478. A portal leading to the promised land:
- 479. Self realization and unity consciousness:
- 480. The magic kingdom:
- 481. The transformation of life on Earth:
- 482. Emergent soul consciousness:
- 483. Realizing our dreams:
- 484. Multidimensional synthesis:
- 485. Embodying the unity consciousness :
- 486. In the open new land before us:
- 487. Being enlightened:
- 488. Meditation:
- 489. Trust the Force:
- 490. Just Being:
- 491. Noticing God's propelling Force:
- 492. Being grateful for it all:
- 493. Living our stories:
- 494. A new paradigm and experience of life:
- 495. All One Self of God:
- 496. Realizing our connection with God:
- 497. In Truth:
- 498. Opening to the present moment:
- 500. The Great Awakening:

CSR III: The Divine Self

501. The magic, wonder and beauty of life:
502. In the naked Now:
503. Expressing our felt truth:
504. Resolving one's shadow:
505. It's here now:
506. The Trinity:
507. Bringing the unknown Now of God into manifest Being:
508. Love:
509. A needed education:
510. Masculine and Feminine:
511. Simply being one's Self:
512. Unity consciousness:
513. Everything we've been told is a lie:
514. Just Being:
515. The magic mirror:
516. Realizing unity consciousness:
517. Evil's multi-pronged war against humanity and the ascension of Earth:
518. The spiritual path:
519. Using imagination:
520. Group Consciousness:
521. Living in Unity in a Soul group:
523. The Great Awakening:
524. Brotherhood:
525. A new day for Earth:
526. Salvation is happening:
527. Group work:
528. A glorious new morning:
529. Resurrected life:
530. Prepare for a tsunami of Love and Light!:
531. God's Plan for Earth:
532. Here to serve by being our Self:
533. Affirming Truth:
534. The Rays in the New Age:
535. The mirror:
536. The sky is clearing:
537. Sharing our highest dreams:
538. The cycle of civilizations:
539. Wholeness:
540. Secular scientism:
541. Just Being Whole:
542. The foundation for life:
543. Life is a journey:
544. The New Earth civilization:
545. The divine Feminine emerging:
546. From humble first steps:
547. Surfing the tsunami of Love:
548. Embodying our divine Idea:
549. Love is a fairy tale:
550. Everyone will consciously embody the one Self of God:
551. The Dark Force's woke ideology:
552. The Second Coming:
553. Glad to be my Self:
554. Just being here now:
555. Connecting with future knowing now.
556. Love and Truth:
557. Arising as conscious Spirit:
558. Resting in unfolding Being:
559. From knowing nothing to knowing:
560. Becoming one with Christ:
561. A Divine Love story:
562. The extent of Dark corruption:
563. Humanity is consciously reuniting with God to establish Earth as a divine Light station:
564. Utilizing the Heart's knowing:
565. Experiencing forgiveness and freedom:
566. Life purpose:
567. Wake up!
568. Embracing the New:
569. How to ascend:
570. Becoming a spirit of transformation:
571. Incipient knowing:
572. Easter:

CSR III: The Divine Self

- 573. Being Whole:
- 574. Ego vs Soul:
- 575. Just arriving on Earth:
- 576. Unfolding the Divine Plan:
- 577. Men and women:
- 578. Humanity has to exceed
itself to fulfill its purpose:
- 579. Now and always:
- 580. Love: